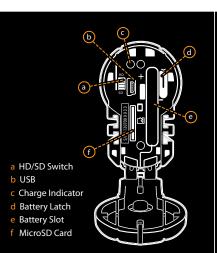


ContourHD Wearable Camcorder

User's Guide





Getting Ready

- Open the back door.
- Insert battery with (+) aligned and close orange latch.
- Align back door slightly above camera and slide down until it locks in.



Power Up

- Push and hold power button
- (1 second) to turn on.
- Camera beeps and lights turn off.
- You are ready to record



Note: Power up with record switch forward to enable silent mode.

Record

- Start recording: slide switch forward.
- Stop recording: slide switch back.
- Congrats, your first video!



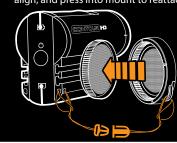
Share

- Turn camera on and connect to computer with USB cable.
- Install VholdR Desktop directly from MicroSD card provided or download at: www.VholdR.com/support/software.
- Import, clip and share your videos...

Note: HD is beautiful but some computers cannot play smooth HD video. Visit www.vholdr.com/support for the latest information on computer requirements.

Flat Surface Mount

- Unhook leash on base and loop through camera.
- Slide camera onto rails until it clicks.
- Adhere mount to flat surface (top or side of helmet recommended).
- Hold base, pull camera away, rotate to align, and press into mount to reattach.



Goggle Mount

- Slide camera on rails until it clicks.
- Press thumb on large tab (top of mount) and pull camera away.

f Memory Status

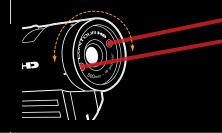
- Slide goggle strap into base.Align vertical angle of camera.
- Snap rails back into mount over strap.
- thumb tab

- s until it clicks. Press power button to activate lasers.
 - o (top of away.

 Aim at your hand, a wall, or other object.
 - Rotate lens to align lasers horizontally.

Align

• Remove and reorient mount rails to adjust mount angle. Aim a little high for the best shot.



Resolution Settings

- Use switch under back door to select video resolution.
- HD: Amazing Clarity
- 1280 x 720 at 30fps 30 min avg record time/GB 135 deg. field of view
- SD: Fast Action 848 x 480 at 60fps 60 min avg record time/GB 90 deg, field of view
- 2GB microSD card included. Accepts up to 16GB microSD (SDHC Compatible)

Note: Always power off before ejecting card.

Power

Recharge

- Connect to computer with USB cable.
- Red light indicates charging.
- Charge complete when camera beeps and red light turns off. (about 3 hrs)

Power Off

- Press and hold power button 3 seconds.
- Hear a double beep and lights turn off.
- Camera automatically turns off after 15 min of inactivity.

Status

- Press power button to check status.
- Memory / Battery Available Green > 80% | Yellow 20-80% | Red <20%
- Record Status Green = ready | Red = recording

Flashing = memory full or corrupt

- Error Conditions
- Memory full: (3) beeps, recording stops.
- Memory corrupt: (3) beeps, shuts off.Battery dead: lights flash, beeps, shuts off.
- No beeps: camera in silent mode.

We are here to help

Keeping Shoot and Share simple is what we are all about. We would love to help you have a great ContourHD experience so please contact us with any quesitons you have.

Hours: Monday - Friday (9am to 6pm PST)

Toll Free: 866.397.6920 (USA) International: 206.792.5226

Email: support@vholdr.com

Web: www.vholdr.com/support