



IonPod®

**Alkalizing & Energizing
Water Bottle!**

800.604.6766

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QUICK START

- 1. Open your IonPod® & remove the top mineral cartridge, inspection slip and/or pH reagent.**
- 2. Replace the mineral cartridge.**
- 3. Add hot water to your IonPod®. Replace the cap and shake.**
- 4. Repeat the hot water rinse until the water runs clear, not cloudy.**

Your IonPod® is now ready to use.

- Leave the top mineral cartridge in place.
- Fill your IonPod® with water.
- Replace the cap.
- Wait approximately 5 minutes.
- Turn your IonPod® upside-down a few times during the 5 minutes.
- Enjoy your healthy alkaline, antioxidant water!

IonPod® water may be transferred to another container for drinking or short term storage. The IonPod® will alkalize hot, cold, regular or purified water.

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Water pH Testing

You may use the following methods to determine water pH. pH reagent drops (May be provided.)



1. Make IonPod® water according to the aforementioned instructions on pg 2.
2. Pour the specified amount of IonPod® water into a separate container.
3. Add the specified amount of pH reagent to the test water. **Do not add reagent to the IonPod®.**
4. Match the color of the water to the pH color chart provided with the test strips. **Discard water after test.**

IonPod® Cautions

1. First time users should start with 10 oz daily and gradually increase to standard daily consumption.
2. Kidney or Liver stressed people should consult their healthcare professional prior to using the IonPod®.
3. Prescription drug users should not use IonPod® water to take drugs & should wait at least one hour before or after taking drugs before consuming IonPod® water.
4. As you begin consuming alkaline water your body may begin to cleanse. Please decrease consumption or stop using if this cleansing process becomes uncomfortable.

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Cleaning & Maintenance

Daily Cleaning Method

1. Rinse the IonPod® & mineral cartridge with hot water.

Monthly White Vinegar Cleaning Method:

1. Remove the cap & leave off while cleaning.
2. Add 2-3 tablespoons of white vinegar & 4 oz of water to a separate container.
3. Pour the vinegar solution through the top mineral cartridge and swirl in the IonPod® for 10 seconds (without the cap).
4. Remove top mineral cartridge & pour vinegar solution into a separate container.
5. Replace mineral cartridge & repeat until the white film and/or particles, disappear.
6. Rinse mineral cartridge & IonPod® with large amounts of clean water until no vinegar odor remains.

Questions, comments or ordering replacement mineral cartridges:

800-604-6766

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