



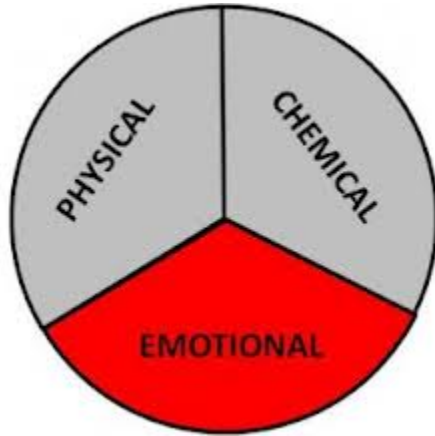
# DETA RITM 13

# USERS MANUAL





## Introduction



Poor environmental and social conditions, constant psychological and emotional stress, and generally low immunity with exposure to harmful factors all lead to a significant deterioration in the health of the nation as a whole. New diseases appear and old ones develop more severe forms. A feature of our times is the progressive increase in the number of chronic diseases caused by environmental disturbances. This is aggravated by such factors as:

- High expectations of pharmacological drugs
- Antibiotic-resistant strains of microbes on the increase
- Allergic reactions to medications on the increase
- Almost all medicines have side effects

Successes in the development of natural methods of healing have brought a new impetus to health by being able to treat acute as well as chronic diseases, significantly reducing the number of man-days lost, not to mention long stays in bed due to chronic diseases. This all equates to huge savings for the county as a whole.

Low-intensity electromagnetic field therapy based on resonant oscillations of the organs and physiological systems of the human body have been used for years with good effect, causing no harm to the person.

## Historical background

The idea of the presence of energy in the human body and the dependence of health on its circulation was first expressed by ancient healers from China, India and Egypt. The branch of medicine in the Far East called acupuncture has been used for over 3,000 years to treat many diseases by impacting pressure points on the body. Empirical knowledge about the connection of biologically active points on the skin to internal organs has subsequently been confirmed by scientific research.

In Europe, the method became well-known and understood as a result of work by German physician Dr. Reinhold Voll (1953). His extensive experimental studies established the electric (electromagnetic) nature of the phenomenon, the consequence of stimulating Biologically Active Points (BAP), and proposed replacing classical acupuncture with electroacupuncture.



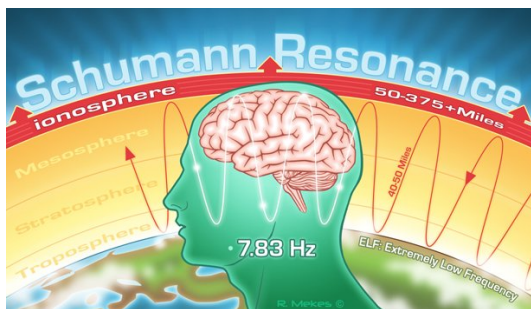
Dr. Voll developed a detailed system of diagnosis based on measuring the electrical conductivity of acupuncture points, and validated on a universal scale with results that are easy to interpret. Dr. Voll published over 500 scientific papers, textbooks, atlases and a variety of manuals on electroacupuncture diagnosis and therapy. As a result, acupuncture diagnosis and therapy was set on the tracks of modern science and received a powerful impetus for further development.

Among other things, Dr. Voll made a discovery. He discovered that the therapeutic effect of an electric current on acupuncture points not only depends on the current strength, but above all on its frequency. It turned out that different, and sometimes just very slightly different frequencies can produce dissimilar results in the treatment. The fundamental nature of this discovery began to show up much later.

## External Electromagnetic Radiation

Electromagnetic oscillations occur naturally in the surrounding world and accompany any chemical and physical process. Leading scientists, naturalists, physicists, biologists and doctors are certain that electromagnetic oscillations occupy a paramount place in nature.

The human body is an open dynamic biological system that communicates with surrounding matter and energy. Electromagnetic oscillations that exist within a living organism are only partly dependent on the oscillations that exist outside of it. Although the body's oscillations are stimulated by the oscillations of external electromagnetic fields, they are formed in various organs and systems, and again in a specific form. Thus, the body does not respond to the entire range of oscillations.



However, the earth emanates a set frequency which is known as the Schumann Waves - with a frequency of 7.83 Hz. Interestingly, the heart also has the same resonant frequency of 7.83 Hz and so does the brain, particularly the A-waves which are important when we are in a deep state of relaxation. Another interesting fact is that lightning also has

a resonant frequency of 7.83 Hz - so lightning may be an important way of recharging the earth's Schumann Wave with the energy at this frequency.

Maybe it is not coincidence that the brain and heart, two extremely vital systems actually resonate with the same frequency as the earth. Astronauts



who leave the ionosphere where the Schumann Wave stretches to, get ill, both physically, emotionally and psychologically.

It is of particular importance to note an important property of material bodies. Any material body has its own oscillatory frequency, and when exposed to an external stimulus which has a frequency equal to the natural oscillations of the body, then resonant oscillations will occur in it.

Spectroscopic analysis shows that every molecular structure corresponds to a unique frequency combination which in turn corresponds to the sum of all frequencies of the chemical bonds that they contain.

Every organ and every cell performing a specific function in the body has its own speed and range of biochemical reactions, and consequently, its own spectrum and specific characteristics of oscillations (form and appearance, as well as frequency).

Maintaining these oscillations depends on the Q-factor of the resonator cell, organ, tissue or organism as a whole. If the Q-factor of the resonator cell is damaged or corrupted, pathological electromagnetic vibrations may occur. If these self-regulation mechanisms in the body are not able to neutralise these pathological frequencies, then some disease process and clinical symptoms are likely to occur (F. Morell, 1989). The development of pathological processes leads to a change in the frequency spectrum in the form of pathological (disharmonious) oscillations occurring. These abnormal oscillations can be eliminated using external electromagnetic oscillations.

In a healthy organism, a relative balance of electromagnetic oscillations that make up the homeostasis is maintained, and in the event of pathological abnormalities, damage to harmony of oscillations is observed. Consequently, when maintaining these variations at the original frequency spectrum, this cures the body.

## **Impact of the Pathological Factor on the Human Body**

The body and its functioning systems are sources of extremely weak electromagnetic fields in a wide range of frequencies. These electromagnetic oscillations stimulate and control all vital processes in the body.

When the body organs and tissues get sick, new pathological frequencies are introduced into the body that will upset the energetic balance of the body, leading to symptoms of different kinds. This disturbance to the dynamic equilibrium between healthy and pathological oscillations will lead to informational energy blockages, leading to dysfunctional cells and organs and a myriad of symptoms leading to specific diseases.



If we could eliminate these pathological frequencies then the energetic balance will be restored and subsequently the symptoms will also disappear. This can be done by using bioresonance therapy.

Another consequence of this energy imbalance, is that the cells and organs can no longer detoxify the toxic by-products produced by the cell, as well as those toxins that we take in from the environment, and this leads to greater degrees of toxicity. Toxins can also be produced by microbes such as parasites, viruses, fungi, bacteria, heavy metals and others.

When toxins enter the body, they accumulate in different cells and tissues and under the influence of the earth's magnetic field, form clusters (see Fig. 1).

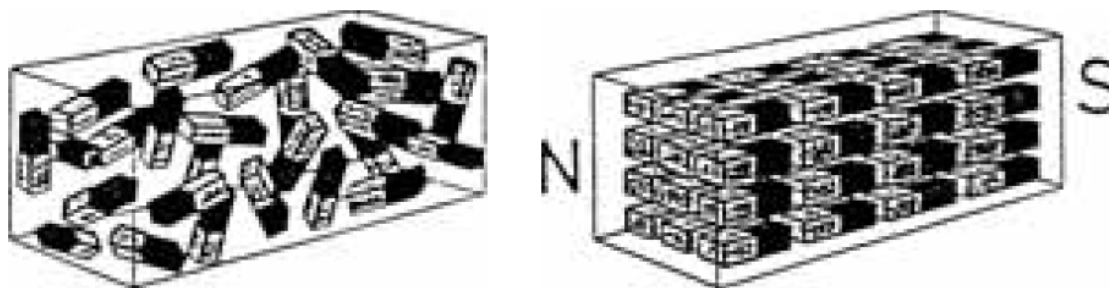


Fig. 1 Formation of clusters of fragmented toxins which have entered the body

Since toxins are influenced by internal and external electromagnetic fields, they are arranged in strict order and, like a magnet, form poles. Electromagnetic fields of a disharmonious nature (pathological), which are inherent in toxins, are concentrated at these poles. Introducing a disharmonious disturbance to a harmonious system, the cluster causes the body to work at a different frequency, which leads to disruption of the organs and systems.

In cases of fatigue and maladjustment of the body to factors of the surrounding environment, even a slight deviation from the resonant frequency causes a distinct decrease in amplitude of electromagnetic frequencies of the body, and consequently, there is a decrease of energy in the body. Over time, the body weakens and cannot resist the pathological frequencies of the toxins and disease occurs. (Fig. 2)

This could be considered an “energetic explanation” to why people develop fatigue and disease over time.



The main idea of using resonance is that even with a very low signal, by selecting the correct frequency, therapeutic effects are possible which significantly enhance the normal (physiological) oscillations, or weaken the pathological ones, in the biological system.

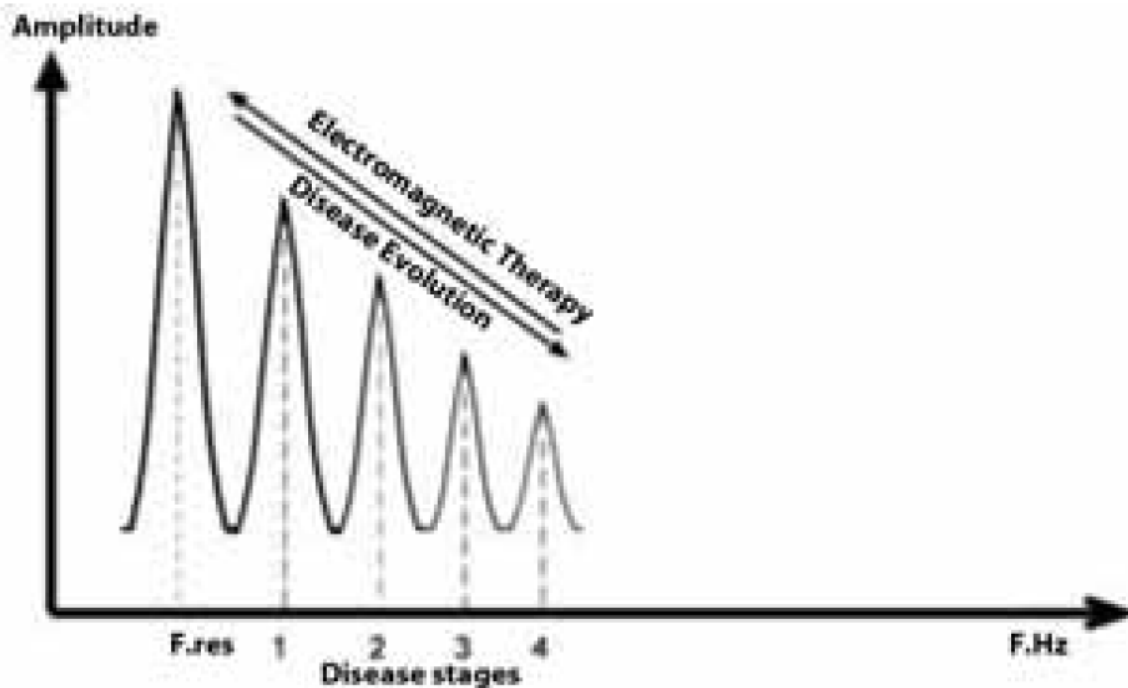


Fig. 2 Diagram showing the change in frequency range

From the data in Fig. 2, we can either increase or decrease the amplitude of the wave, therefore stopping the formation of further pathological waves, while also eradicating them in the process. This will put a stop to the development of symptoms leading to disease.

Let's examine in a little more depth the energetic development of a pathological process and the various stages that it goes through:

1. A healthy organ. A healthy organ basically has no pathological factors influencing it - it is made up of only the healthy oscillations of its cells and tissues. In this mode, the body is functioning healthy, with no pathologies and the energy production is optimal.
2. The first stage - this involves pathological frequencies which imbalance the optimal levels of functioning. Given that these pathological oscillatory frequencies are weak initially there is no fatigue in the body. At this stage, the energy in the body is enough to return to its normal state.
3. The second stage - at this stage the pathological oscillatory frequencies increase and there is a state of stress and fatigue that is noticeable. Recovery



is possible but the patient needs to make some proactive lifestyle changes in order to optimize health.

4. The third stage - at this stage there is an impediment of energy circulation in the acupuncture meridians. Energy in the body is not sufficient for its normal functioning. At this stage, the body is no longer able to return to a normal condition without help. Therapeutic procedures are required for recovery.

5. The fourth stage - here we have a systemic metabolic disease and the degeneration of tissues and organs. The physiological and biochemical processes of the body are dysfunctional which gives rise to chronic diseases. With a further shift of frequencies, there is organ degeneration and death of tissue. This is the final stage of the rapid development of chronic disease. Often at this stage it is not possible to restore the function of human organs and systems. A further shift in frequency leads to death.

It is possible to use the DETA Ritm-13 which emanates weak electromagnetic fields that are at the resonant frequency of normal organs. This helps to up-regulate organ systems, therefore preventing them from reaching the point of degeneration.

The DETA Ritm-13 has 13 pre-installed therapy programmes, but there is the possibility of adding a further 1,500 programmes by using the Therapy 8.0 USB device. This allows bespoke treatment programmes for all patients with different disease processes.

Thousands of people have been able to reduce their drug dosages, and in some cases have been able to stop their medication, while regaining complete health. The method of using healthy resonant frequencies to up-regulate organs is contrary to the symptom suppression model used by allopathic medicine, which often further imbalances organ systems energetically. Additionally, there are no side-effect from these gentle, healing frequencies, unlike the many side effects of pharmaceutical drugs and invasive medical procedures.



## LIST OF TREATMENT PROGRAMMES

Below we will examine in detail the 13 pre-installed programmes that come with the Deta RITM 13:

### 1. ACTIVE PROTECTION



the body.

The “Active Protection” program is a universal programme intended for prophylactic and preventative measures. It is designed to protect the human body from the negative pathogenic frequencies from many sources already mentioned above, as well as optimizing energy production and increasing the adaptive capacity of

Since the human body exists in a constantly changing internal and external environment, to which it must constantly adapt, the alignment of processes and functions of the body are the main factors that maintain health.

Damage to regulatory processes in people is encountered very often today. The reasons for this damage are varied: nervous exhaustion, stress, poor unbalanced diet, bad habits, the impact of an ecologically unfavourable environment, etc.

This programme consists of a complex of different frequencies that run consecutively and cover the following areas of health:

- In the first stage, the psychological state normalizes, and fatigue and exhaustion are relieved.
- In the second and third stage, a total energy charge takes place. The musculature of the body receives the necessary energy and so muscle fatigue accompanied by pain is eliminated.
- At this stage, regulation of peripheral vessels and the heart takes place. Energy output increase.
- In this stage, there is an additional charge of energy to the body. This frequency is used in cases where the healing process is slow and for the treatment of colds and flu.
- To relieve fatigue, it is necessary to further strengthen the function of the heart. In addition, regulation of the hypothalamus and phosphorus and calcium metabolism also takes place.
- This stage is for restoring the protective functions of the body - boosting the immune system.





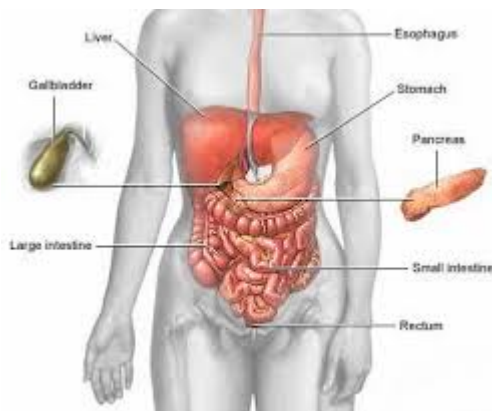
- The final stage enhances the psychological and emotional wellbeing of the individual. It uplifts the spirit and helps alleviate depression and anxiety.

### **Application:**

The “Active Protection” programme has worked well for the prevention of disease, stress, overexertion and fatigue. Its main application is in restoring the immune system, relieving fatigue, irritability and tension, improving performance, attention span and vitality.

In addition, people who work with many different people daily can use this programme to recover from any negative “people” energies that they may have picked up.

## **2. REGULATION OF THE GASTROINTESTINAL TRACT**



The “Regulation of the gastrointestinal tract” programme is a universal complex of frequencies for treating the gastrointestinal system. Digestion is a complex physiological process which consists of mechanical and chemical processing of food, absorption of nutrients, and excretion of waste. If any of these functions are damaged, the whole digestive system will suffer.

Damage to dietary regimen with spicy, rough or irritating foods, alcohol consumption, smoking and stress often results in abnormalities in one or more functions of the gastrointestinal tract. Heavy metals, preservatives, dyes, stabilizers and many drugs and other toxic substances contained in the water and food have a negative impact on the function of the digestive system.

Negative emotions, long-term psychological strain and pathological stimuli from the affected organs during their disease also lead to the development of gastrointestinal diseases.

This programme can help to prevent and treat various gastrointestinal tract disorders, such as:

- Gastritis
- Duodenitis
- Peptic ulcers and duodenal ulcers
- Colitis
- Enteritis
- Pancreatitis
- Biliary dyskinesia



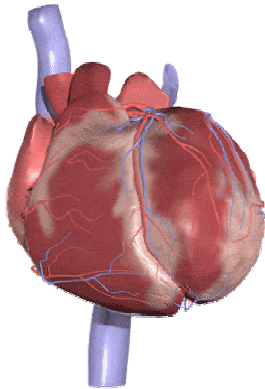
- Spasms of various bowel segments
- Chronic constipation

### **Application:**

The “Regulation of the gastrointestinal tract” programme may be used at any time but the optimum time to use it is from 7 a.m. to 9 a.m. In the event of acute illness, repeat the session in 30 minutes. For treatment, it is necessary to switch on the device and place it in a breast pocket or close to the body, with the keypad and screen facing away from the body.

Treatment prognosis is favourable. For successful treatment, it is recommended to maintain a healthy dietary regimen and avoid high emotional and physical stress.

### **3. HEART REGULATION**



The “Heart regulation” programme is generally used for treating heart disease. Damage to the heart may occur due to structural changes in the conduction system, various diseases of the heart, influence of vegetative, endocrine or electrolyte metabolism abnormalities, intoxication, drug side-effects or stress.

“Heart regulation” is a complex of frequencies that helps to:

- Stimulate the parasympathetic nervous system.
- Regulates circulation.
- Regulates the “cardiac centre” and normalizes cardiac blood supply.
- Regulation of blood pressure and stabilization of blood circulation.
- Regulation of the blood supply to all organs.

The heart regulation programme has demonstrated good results in the treatment of the following diseases:

- Arrhythmia
- Systolic hypertension
- Stenocardia and spastic hypertension
- Tachycardia
- Endocarditis
- Extra systole



## Application:

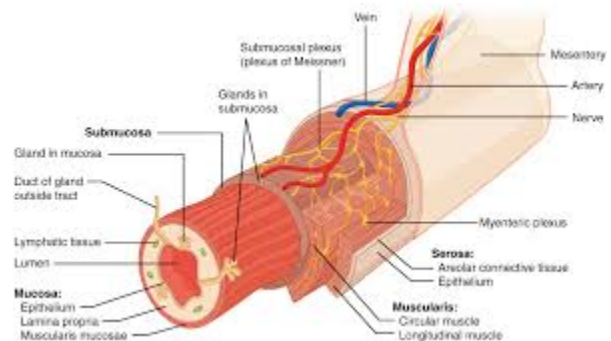
The “Heart regulation” programme can be used at any time of the day, but the optimum time for treating heart disease and circulatory problems is from 11 a.m. to 1 p.m. The device is best placed in the breast pocket or next to the heart.

The programme can also alleviate cardiovascular arrhythmias. In cases of severe heart diseases (cardiac pacemaker, myocardial infarction), the device should be placed away from the heart, perhaps in the trouser pocket would be better. During treatment, physical activity and strenuous exercise should be avoided.

**Attention!** The programme should not used within two months of a myocardial infarction.

## 4. REGULATION OF CIRCULATION

The programme is designed to regulate general and local blood circulation. Every cell in our bodies needs oxygen and nutrients, and releases carbon dioxide and waste substances from cell respiration.



However, this cellular exchange is only possible if the circulatory system is functioning well. Severe pathological changes in organs and tissues can develop where there is poor circulation. Disruption of arterial circulation in the large and medium arteries and veins dramatically reduces working efficiency and stamina.

A slowing of the flow of fresh blood to the capillary bed reduces the quality of microcirculation.

Where there is a depletion of blood in the capillaries, the nutrition of cells and excretion of toxins from the intercellular space will be disrupted. As the stagnation of blood in the capillaries and veins increases, the walls of the veins become stretched and varicose veins begin to appear. Further, inflammation and thrombosis of these veins often develops.

The “Regulation of circulation” programme produces:

- A direct influence on capillaries
- Recovery from local circulation dysfunction
- Regulation of complex circulation
- Regulation of the cardiac centre and normalization of cardiac blood supply



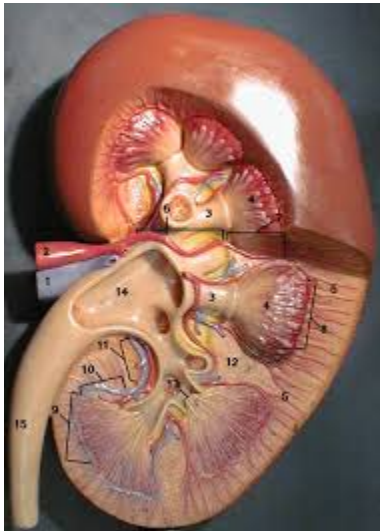
- Regulation of oxygen consumption
- Treatment of varicose veins and restoration of circulation
- Regulation of the blood supply centre as well as regulation of blood supply to all organs

### **Application:**

The “Regulation of Blood Circulation” program can be used at any time of the day if needed. The optimum time for treatment of heart diseases and circulatory disorders is from 11 a.m. to 1 p.m. The device is best placed in a breast pocket or close to the body.

**Attention!** The programme should not be used within one month of myocardial infarction. In the case of severe heart diseases (cardiac pacemaker, myocardial infarction), the device should be placed away from the heart, preferably in a trouser pocket.

## **5. REGULATION OF KIDNEY CLEANING**



After the liver, the kidneys represent the second most important organ in the body. They are involved in the removal of waste products and toxins, and they regulate water and electrolyte exchange, acid-base balance, sodium concentration in the body and the volume and pressure of blood and liquids. They filter and excrete excess water from the body, as well as urea, creatinine, uric acid and salts.

The influence of bacterial infections and metabolic disorders leads to various diseases of the kidneys and urinary tract, which eventually can lead to renal insufficiency. In cases of kidney dysfunction, the patient suffers from the formation of kidney stones such as urates, oxalates and phosphates. An important role in stone formation is attributable to the liver since it generates urea, which is removed through the kidneys. So, we can again see how the dysfunction of one organ can lead to dysfunction of another, especially the kidneys. It also indicates the necessity of a complex approach to the issue of cleansing the body.

Please remember to drink no less than 30 ml per kilogram of body weight. As water is a solvent, this will facilitate the flushing of toxins which will be excreted in increased urination.



### **Application:**

The “Regulation and kidney cleansing” programme can be used at any time of the day, but the optimal time to use the programme according to the meridian clock is between 5 p.m. and 7 p.m.

## **6. REGULATION OF THE MALE UROGENITAL SYSTEM**

The “Regulation of the male urogenital system” programme is designed to treat diseases of the male genitourinary system.

The programme covers a wide range of men’s issues and is very useful for men of all ages, but particularly important the older we get. The most common problem of the urogenital system in men is prostate disease. It is known that by age 60, half of all men have a benign tumour of the prostate, and one in three people aged 18 to 80 suffer from prostatitis.



Therefore, the need for preventive measures to reduce the risk of these diseases and reduce the potential consequences is obvious. The program is used to treat and prevent diseases and conditions such as:

- Urination difficulties
- Adenomas of the prostate
- Prostatitis (acute and chronic)
- Cystitis
- Urethritis
- Orchitis
- Potency disorders

The main effect of the programme lies in the regulation of functions of the hypothalamus-pituitary-genital gland system. It helps to regulate the function of the testicles and prostate, as well as helping in cases of impotency.

### **Application:**

For treatment, it is important to use the device daily - the optimum time for use is from 9 p.m. to 11 p.m. For prevention, the program may be used 1-2 times a week. The device must be placed in a trouser pocket or close to the body.



## 7. REGULATION OF THE FEMALE GENITOURINARY SYSTEM

The “Regulation of the female urinary system” programme is used to treat the female genitourinary system. The programme covers a wide range of women’s issues and is very useful for women of all ages.



The programme covers a wide range of diseases of the female urinary and genital areas, namely:

- Premenstrual syndrome (premenstrual tension)
- Menopause (correction and treatment of menopausal disorders is carried out in order to improve the quality of life in pre-menopausal

women, including psychological and sexual issues)

- Metabolic syndrome (syndrome with disturbance of menstrual and reproductive function with a background of obesity)
- Postnatal obesity
- Correction of various disorders of the menstrual cycle
- Dysfunction of the ovaries
- Amenorrhea (absence of menstruation)
- Oligomenorrhea (infrequent menstruation)
- Hyperpolymenorrhea (frequent and heavy menstruation)
- Dysmenorrhoea (painful menstruation)
- Functional ovarian cysts
- Uterine myoma and more.

The main effect of the programme lies in the regulation of functions of the hypothalamus-pituitary-genital system. Sessions may be conducted not only for treatment of female urogenital diseases, but also for their prevention.

For treatment, it is necessary to carry out sessions daily. The optimum time to use the program is from 9 p.m. to 11 p.m.

For prevention, the program should be used once a week.

**Attention!** The program should not be used during pregnancy or if a woman plans to become pregnant (see Contraindications to electromagnetic therapy).



## 8. BACK FATIGUE

The “Back fatigue” programme is designed for the treatment of the spine, as this bears the full load of the body. Spinal injuries often occur while carrying heavy objects - athletes and individuals engaged in hard physical labour are the most prone. A predisposition to spinal injuries usually begins in childhood and is related to poor sitting and sleeping positions.

In most cases, pain can be eliminated by using this programme a number of times.

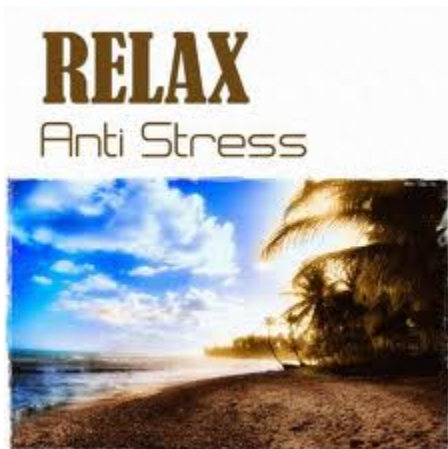
The “Back fatigue” programme has been used extensively and the best results were achieved with the following problems:

- In relieving muscle spasm
- In the treatment of osteochondrosis
- In the treatment of scoliosis
- In the treatment of spinal injuries
- In damage to intervertebral discs
- In relieving back pain against a background of osteochondrosis
- In the treatment of vertebral artery syndrome
- In the treatment of lumbago

### Application:

The “Back fatigue” programme may be used at any time of the day and as many times as is required to alleviate pain conditions. The device should be placed directly on the injured part of the spine.

## 9. ANTI-STRESS



The “Anti-stress” programme is targeted at eliminating stress and helping with sleep disorders.

The term “stress” was introduced by Canadian scientist Hans Selye (1936), who described stress as a reaction to neuropsychological stimuli that occur in extraordinary situations and is intended to mobilize the body’s defences. A moderate level of neuropsychological stimuli results in emotional or creative excitement. However, excessive or



long-lasting stress (chronic stress) leads to a decrease of cerebral activity as well as energy depletion over time.

The programme has proved itself when used in the following cases:

- Sleep disturbances
- Stress
- Insomnia
- Increased mental and physical stress
- Neuroses
- Depression

The programme performs the following:

- Relieves vagal stimulation and normalizes the sympathetic nervous system
- Regulates the nervous system and decreases tearfulness and irritability
- Regulates the limbic system
- Normalizes the state of mind
- Regulation of sleep, control over the process and depth of sleep
- Treatment of sleep disorders (sleep phase)

This programme has also shown positive results in the treatment of mental exhaustion.

### **Application:**

The “Anti-stress” programme is best used before sleep - when you go to bed, simply place the device under your pillow. When the programme is complete, the device switches off automatically. If you do not fall asleep at the end of the programme, you may repeat it again immediately.

**Attention!** This programme should not be used at work or while driving as it could lead to drowsiness. The manufacturer does not bear any responsibility for any car accidents occurring while running the programme while driving which is strictly ill-advised.

## **10. DEEP BODY CLEANING**



The liver is the main laboratory of the body and takes part in over 70 physiological functions in the body from digestion, detoxification, deamination of proteins and many other types of metabolic processes.

The “Deep body cleansing” program is a programme intended for the removal of toxins of various origins from the body.





The program is recognized to be quite effective in removing toxins of molecular weight less than 4,000, including snake venom mainly through the vascular system. This will not include microbes such as bacteria and viruses whose molecular weight is over 4,000. These toxins are mostly eliminated through the lymphatic system.

The “Deep body cleansing” programme regulates the function of the hepatobiliary system and can be used to prevent and treat disorders, such as:

- Cirrhosis of the liver
- Toxic and infectious damage to the liver
- Chronic aggressive hepatitis
- Chronic persistent hepatitis
- Cholecystitis.

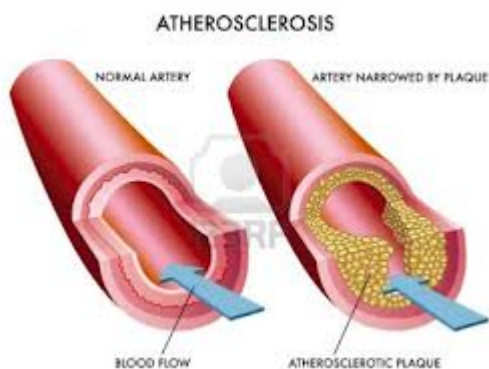
### **Application:**

The optimum time to use the programme is from 11 a.m. to 1 p.m when the liver meridian clock is at its most efficient.

The device is best placed in a breast pocket or next to the body, even resting on the liver. If necessary, in the event of toxic or infectious damage to the body, repeat the programme in 30 minutes.

In severe poisoning, it is important that medical intervention be sought as the electromagnetic therapy is not going to be effective enough in such a short period of time.

## **11. ATHEROSCLEROSIS**



Hypercholesterolemia (high cholesterol levels) is not a disease, but a risk factor for atherosclerosis.

This term denotes the high content of cholesterol in the blood. Generally, cholesterol is a substance that the body needs for a number of important processes such as the production of sex hormones as well as adrenal hormones such as corticosteroids. In addition, bile

acids produced in the liver and required for digestion also requires cholesterol to be produced.

Moreover, cholesterol forms part of all the cell membranes of the body. However, excessive amounts of cholesterol in the blood lead to the formation of atherosclerotic plaques due to the oxidation of the cholesterol. Factors that increase blood cholesterol include smoking, being overweight or obesity and



overeating or lack of physical activity, an unhealthy diet (plenty of saturated fats in the diet), lack of trace elements and vitamins, and alcohol abuse, as well as some endocrine disorders, including diabetes and a lack of thyroid and sex hormones.

Atherosclerosis is one of the most pressing diseases of the century as it is among the top four most common diseases and causes of death worldwide. The essence of the disease lies in the fact that large arteries are clogged by so-called atheromas which interfere with the normal blood supply to organs, especially the heart and brain.

Reducing blood cholesterol levels is therefore an important step towards preventing the formation of atherosclerosis. This can be achieved by optimizing nutrition, basically reducing the intake of saturated, animal fats and refined carbohydrates such as sugars. In addition, increasing foods high in fibre (fruit, vegetables, bran) and pectin (apples, black currants, etc.) will help to remove intestinal cholesterol.

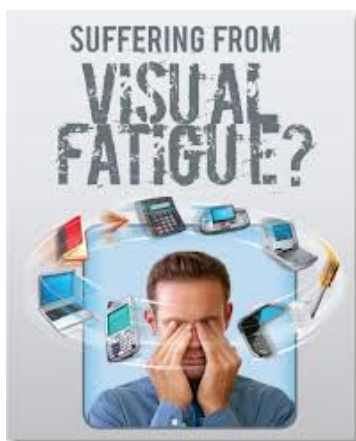
Use of the “Cholesterol” programme will:

- reduce blood cholesterol
- reduce the risk of atherosclerosis
- help clear and strengthen blood vessels.

### **Application:**

The Cholesterol Programme should be run for about 30 consecutive days but the more chronic the problem, the longer is required to run the programme. For prevention, the programme can be used 1-2 times a week.

## **12. ELIMINATION OF VISUAL FATIGUE**



Tired eyes can occur in varying degrees with any occupation requiring a lot of work with the eyes. Working with computers and watching T.V or working in dim lighting can lead to a rapid impairment in eyesight. In addition to visual impairments, stress can also cause muscle spasms in the face, with subsequent headaches.

This is exacerbated when there are bright lights from computer screens which is becoming a more common problem with many occupations being reliant on computers for most of the working day. Indeed, health professionals have been observing the development of what they have called “computer vision syndrome”, a specific form of eye fatigue, which has several causes. The most common cause is the inability to perceive certain images on the screen as the user moves their eyes



from the computer screen to the keyboard which is much closer - this constant need to accommodate to different distances fatigues the eye muscles leading to this syndrome.

The main symptoms of eye fatigue are blurred vision, difficulty in focussing from a near object to one further away, or vice versa, an apparent change in the colour of objects, a burning sensation in the eyes, and a redness of the eyelids.

### **Application:**

Use of the programme helps relieve eye fatigue and can be used whenever required.

### **Prevention:**

For every hour of hard work, rest your eyes for 10-15 minutes. The best thing to do is look out the window: admire the scenery, looking away from close objects to distant ones, or the sky. Adjust the position and brightness of the monitor, as well as lighting in the workplace and premises in general. Avoid sudden changes in lighting (such as working with a brightly lit monitor in a dark room). Work in a comfortable position. For good vision a good blood supply is important. Therefore, when taking a break from the monitor, exercise or massage the neck area.



### **13. ANTI-PAIN**

The "Anti-Pain" programme is intended to eliminate pain from specific causes. Pain, according to Dr. Voll, is the tissue's cry for flowing energy. This programme does not cover all types of pain that humans suffer from, but it certainly covers many different types of pain.

Listed below are the types of pain for which this program is most effective:

- Earache
- Toothache
- Pain from osteochondrosis or damage to the spine
- Gastrogenic headache
- Headache from diseases of the urogenital area
- Headache from diseases of the visual organs
- Headache from diseases of the small and large intestines
- Headache from meningitis
- Headache from dysfunction of the parathyroid glands
- Headache from impairment to cerebral blood vessels



- Headache from ovarian dysfunction
- Headache from premenstrual tension syndrome
- Headache of endocrine origin due to pituitary gland dysfunction
- Headache of endocrine origin due to ovarian dysfunction
- Headache caused by hormonal disorders
- Vascular headache of various origins
- Tonsillogenic headache

**Application:**

The “Anti-Pain” programme may be used whenever it is required. If an hour after running the programme the pain has not gone, the session should be repeated.

**GENERAL CONCLUSION REGARDING THE DETA RITM 13**

The DETA RITM 13 bioresonance device can be used successfully with any illness not requiring urgent medical attention provided the correct diagnosis has been made. A health professional should be consulted for a proper diagnosis so that the correct programmes can be applied. There are often different causative factors behind the same health problem - so 10 people with headaches may have different causative factors behind this symptom - this is where the importance of correctly identifying these causative factors is important.

**APPENDIX A – USER GUIDELINES**

**Purpose**

The DETA RITM 13 bioresonance device emits low-frequency electromagnetic frequencies to help treat and prevent a large array of health conditions.

The device works at a frequency range between 0.1 to 100 Hz, and allows the user to use a wide variety of different frequencies and complexes using the Therapy 8.0 USB programming device.

The research for the development of the DETA RITM was based on the work of famous researchers such as Dr. Klaus (Hanau), Dr. Heske (Frankfurt am Main), Dr. Voll (Plochingen), Paul Schmidt and the method of weak electromagnetic field impact therapy developed by ELIS Research & Development Enterprises.

The DETA-RITM-13 comes with 13 pre-installed programmes and each programme is designed to treat a particular ailment or group of diseases. The therapeutic effect is achieved by the accuracy of the frequency setting.



## Main specifications of the device

### Basic parameters and dimensions

- The device requires 2 x AA batteries
- Total dimensions of the device: not more than 111 x 70 x 25 mm
- Device weight: not more than 0.15 kg
- Frequency range 0.1 Hz ÷ 100 Hz
- Number of pre-installed programmes: 13
- Accuracy of the entire frequency range  $\pm 1\%$
- Programme storage time: minimum 5 years
- Input current during operation: not more than 10.0 mA
- 6.0 mA during standby
- Continuous operating time of the device: not less than 20 hours
- Operation mode setup time: not more than 2 seconds
- Average service life of the device: minimum 5 years

### Information about the device

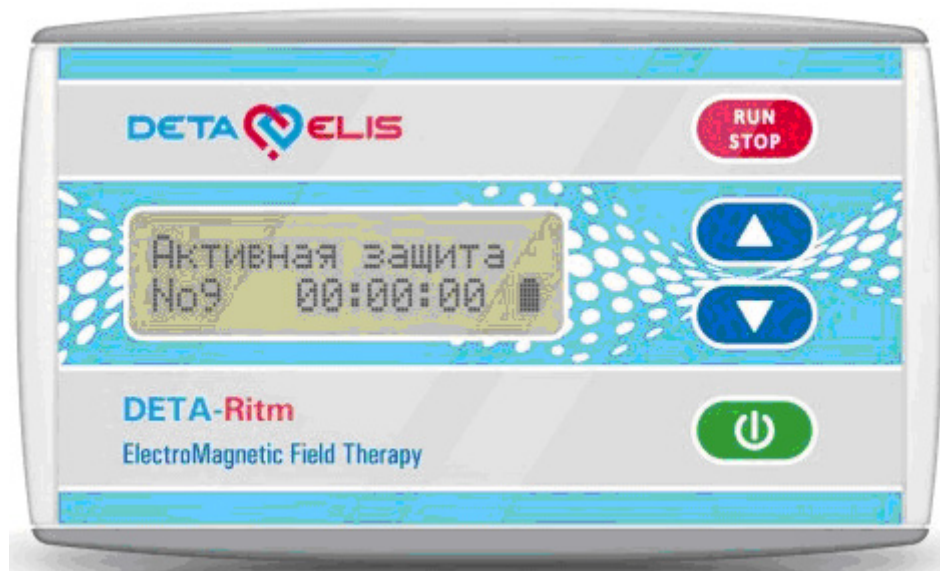


Figure 1 - Front Panel:



- Power button at bottom right
- UP and DOWN scroll arrows to alternate between programmes
- Start/Stop button on top right to begin programmes
- Screen (switched on).

The side of the device has one socket where the Therapy 8.0 USB device (not supplied) is plugged in for programming the device. The device can be reprogrammed any number of times.

## Getting started

Insert the batteries into the battery compartment, observing correct polarity. The device will now start and perform a test for functionality. The appearance of a message on the display (see Fig. 2) and audible signal indicates the functionality of the device.

To change the batteries, open the battery compartment on the bottom of the housing (see Fig. 3). Do not attempt to open it with scissors or a knife. This can cause damage to the latch and the cover will no longer close. The DETA-RITM-13 retains the stored treatment programmes when changing the batteries.

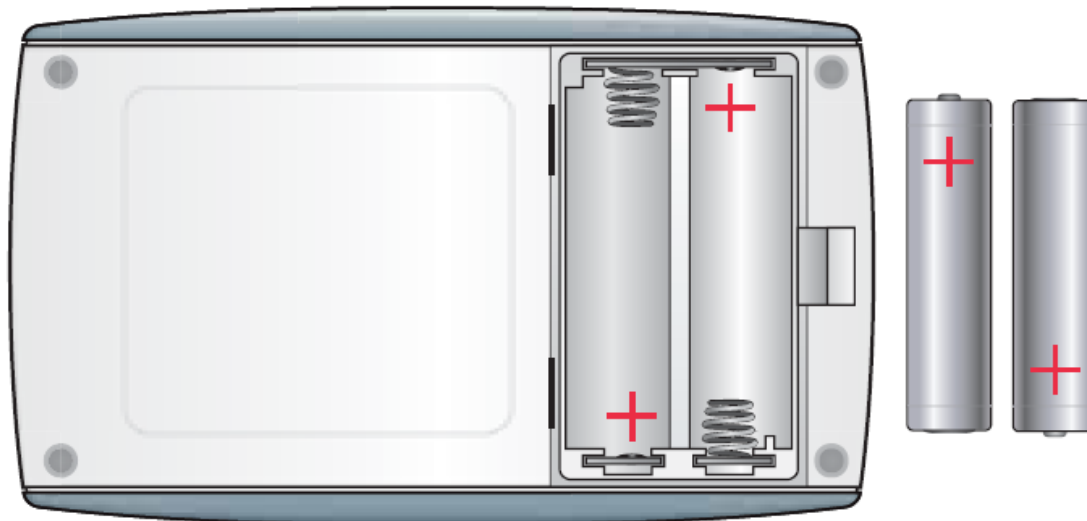


Fig. 2 - Changing batteries

## Operation

Switch on the device, by pressing and holding the green or blue button at the bottom right-hand corner of the device and hold it for 3 seconds (this helps protect against accidental operation) before moving to the treatment



programme selection mode. A single audible signal should sound. The display will read: the name of the programme in the top row, and the bottom line will contain the number of a program, the programme time in hours:minutes:seconds, and the battery indicator - if this reached around one-quarter then the batteries will need changing otherwise the device will keep switching off after a few minutes.

After switching on the operating mode, the device switches to “Select Program”. If no programmes have been selected within 30 seconds, the device switches off automatically. Programmes are selected by pressing on the UP and DOWN arrows.

To start the program, press the START button. The device will begin count down in reverse order and will switch off automatically when the required run-time has been exhausted.

You can stop the programme by pressing button the STOP. The program stops and the device switches to “Select Program”. Pressing again restarts the programme. However, if you do not press the “start” button within 30 seconds the device will automatically switch off.

The most effective way to use the DETA RITM is to place the device with the keys facing away from you at a distance of not more than 10 cm. The emitting antenna is located on the back of the device so this part must be placed on the body. The device can also be placed in your breast pocket or under your pillow at night.

To switch the instrument off, press the START button and hold down for 2 seconds until you hear the audible beep. The 2-second delay was especially designed so that the device cannot be switched off by accident when pressed in a pocket.

## **Directions for use of the device**

**Point of effect.** The device has a mild, healthy effect on the body, and can be used for both adults and children with no age restrictions.

Therapy is carried out using a course of treatments consisting of a number of individual sessions.

The therapeutic effect is achieved by the impact of the electromagnetic Field that the device emanates on the human body.



Due to the high penetrative capability of the electromagnetic field, it is not necessary to remove clothing as it will penetrate all types of clothing, including leather and even a pillow when sleeping with the device under it at night.

The most pronounced therapeutic effects results from a course of treatment. In this case, a course of treatment is 6 consecutive day's exposure followed by a one day break. This cycle may need to be repeated 5 - 6 times over a period of weeks to help more chronic diseases.

It should be noted that during therapy, the underlying disease may be aggravated, which may be accompanied by general tiredness, a temperature, weakness, a headache, muscle pains and the like. In natural medicine this is known as a "healing crisis" and is associated with the elimination of the infectious pathogen. In the case of a "healing crisis" it is best to stop treatments for a couple of days and allow the body to drain and detox.

You can actually run the "Drainage" and "Detoxification" programmes during this time of rest to facilitate the draining process of the body. When you begin treatments again go slowly and monitor your reactions and stop again as and when necessary.

### **Contraindications to use**

Contraindications to the use of DETA-RITM-13 include:

- Pregnancy
- The presence of a transplanted organ such as a kidney or liver as the immune stimulation and up-regulation may lead to the body rejecting the transplanted organ
- Congestive heart failure



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