

# **Activity Monitor Bluetooth Wristband**



AM1304 **Product Manual** 



## 1 Getting Started

#### What's included

Your nu-beca Wireless Wristband Activity + Sleep Tracker includes:

- nu-beca tracker
- USB charging cradle
- Wristhand
- User manual



To save the battery, the Activity Tracker is set into hibernation mode when out the factory. Before first use, please long press screen for 10 seconds to activate the device. The progress bar will change from empty to full to indicate full activation as below:



Install APP on your smartphone/ tablet/PC













Run APP to search the device then connect



Set personal information







1. Touch the screen once within 8 seconds to show the screens as below











2.Long press the screen for 2 seconds till the sleep mark shows, then short touch the screen to enter the sleep mode, if not touch within 2 seconds, the tracker stay at activity mode.

3.Long press the screen for 2 seconds till the people mark shows, then short touch the screen to enter the activity mode, if not touch within 2 seconds, the tracker stay at

4. Wake up alarm(Default is all alarm off): Total five alarms can be set, and you can set from Monday to Sunday, in vibration mode.

After an alarm occurs, alarm starts every 10 seconds (One alarm consists of 3 small vibrations), alarm is max 3 times, you can touch screen to stop the alarm during the 3 alarm periods.

5.Activity Alarm(The default alarm time is 6AM- 7AM, interval of 45 minutes):

Activity time and alarm interval can be set. Default setting is if you walk less than 100 steps within 45 minutes during activity time period, the device will remind you to exercise with vibration (3 small vibrations).



How to wear activity tracker

- -Use the wristband to wear on your wrist
- -It's water resistant
- -Wear it in the shower!





## Battery charge

- -The empty battery mark will display when the battery low or runs out.
- -The whole charging procee will normally take 1 or 2 hours.
- -A full charged tracker should last for apporximately 4-5 days.

Note: Please charge the battery at least once a month to prolong battery life even not use the activity tracker for a long time.



### Specification

Product Name: nu-beca Activity Monitor Bluetooth Wristband

Main body:38\*15.5\*11mm Wristband:235\*19mm

Weight: 108 g

Battery: rechargeable lithium polymer battery

Display: 0.91" OLED Data Memory: 30 days

Walking distance: Max 999.99km Calories burned: Max 9999.9kcal Activity time: 99h59min.