

LYMPHASYS-9 QUICK SET-UP GUIDE

(This guide is intended as a quick reference once the user manual has been read in full)

1. Place the device somewhere easily accessible.
2. Plug your power lead in, ensuring it is not a trip hazard. (Often you will need to visit the bathroom during treatment due to the fluid extraction).
3. Connect cuff hose to the device and the smaller end of the hose to the cuff.
4. Position your body on a bed or couch where your affected limb is elevated and supported.
5. Place your limb into the sleeve by unzipping it part-way.
6. Fasten cuff zip and Velcro tabs.
7. Turn the controller on by pressing "Power".
8. Adjust the pressure knob and treatment time as specified by your therapist/nurse; or if wearing compression garments, set to a similar pressure.
(press the appropriate blue arrow and then rotate the + / - dial).
9. Press the Mode arrow till your required mode is highlighted and then press the Start button.

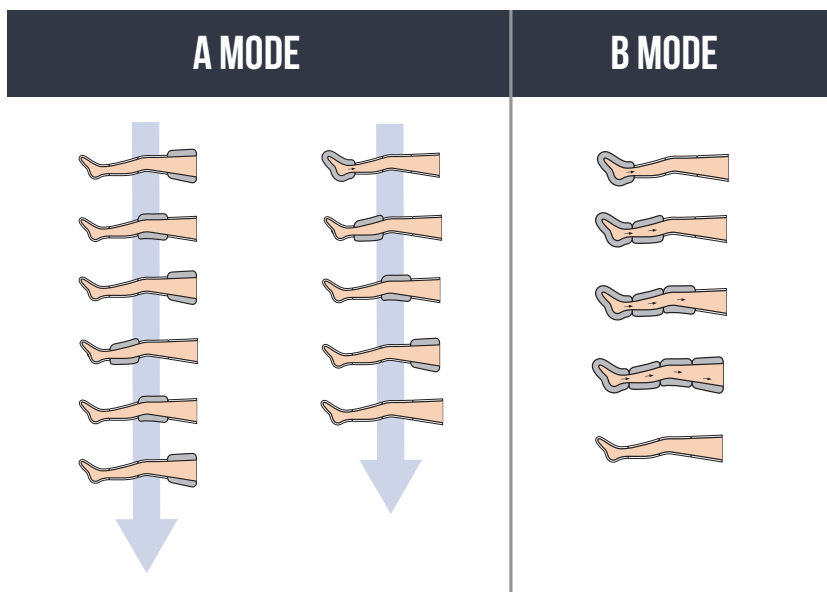
To pause therapy at any time, press the Start button again.

A. *Massage - Pre-treatment Mode*

The pre-treatment massage readies the limb for therapy.
This session is often suggested for 10 minutes.

B. *Circulation Mode*

In this mode, the pump will inflate sequentially from the end of your limb towards your body. This session is usually suggested for 30 minutes - 1 hour.



Note: It is normal for the cuff to feel loose during the first one or two cycles.

On the third cycle it will begin inflating each chamber at the selected pressure.

10. After treatment, remove the cuff and put on your compression garments (if appropriate) to achieve maximum benefit.