

USER MANUAL



Kinecticons

Version 2.5

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TEXAS CHRISTIAN UNIVERSITY

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Revision History

The following is a history of document revisions.

Version	Changes	Edited
Version 1.0	Initial draft	2/19/2013
Version 2.0	Updated to version 2, made revisions	2/19/2013
Version 2.1	Updated screenshots of GUI.	4/16/2013
Version 2.2	Updated wording, finished practice test and full test sections.	4/23/2013
Version 2.3	Updated GUI, inserted window explanations	4/27/2013
Version 2.4	Corrected spelling issues, as well as Figure numbering.	5/03/2013
Version 2.5	Corrected figures and explanations.	5/7/2013

Revision Sign-off

By signing the following, the team member asserts that he has read the entire document and has, to the best of his knowledge, found the information contained herein to be accurate, relevant, and free of typographical error.

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1. Introduction

The Therapy Kinection system is designed to provide assistance to therapists in the grading of the Vail Sport Test. The system allows for patient information to be stored and accessed. The system keeps track of patient test results and the dates of each test.

1.1. Purpose

This document provides the user with a full explanation of the Therapy Kinection system. Included are an overview of the systems components, installation instructions and a walkthrough of features.

1.2. Overview of Document

The document contains the following sections:

Section 2 - The System: Describes the components of the Therapy Kinection system and provides the requirements for running the software.

Section 3 - Installation & Setup: Details how to install the Therapy Kinection software on a computer and how to connect the Microsoft Kinect for use with the system.

Section 4 - Window Explanations: Provides a detailed explanation of the various windows of the program.

Section 5 - System Walkthrough: Provides a detail walkthrough of all functions of the software.

Section 6 - Glossary of Terms: Defines key terms related to the system.

Section 7 - Appendix: Provides a copy of the Vail Sport Test for reference with the software.

2. The System

2.1. System Components

Therapy Kinection is a system designed to assist with the administration of the Vail Sport Test, the system consists of three components; the desktop program, database, and the Kinect. The components are outlined below.

2.1.1. APPLICATION

The application provides an interface for the user between the database and the Kinect on a Windows PC when administering the Vail Sport Test. The four components of the Vail Sport Test are performed by a patient, and analyzed using the Kinect. There are two different modes: practice mode and full test mode. In practice mode, the patient can perform the Vail Sport Test, but test results will not be saved to the database. In full test mode, the test results will be saved to the database. When the test is running, in either mode, real-time feedback is displayed. The application also allows the user to view, update, and delete patient information, as well as view test results stored in the database.

2.1.2. DATABASE

The database will act as a repository for patient information and test results to be stored. All interaction with the database will be performed solely through the application. The therapists will enter in all the patient information that has already been provided to them on the patient's record. This includes things like name, Texas Health Resources ID number, physician, diagnosis, and subject ID.

2.1.3. KINECT

Kinect is a motion sensing input device by Microsoft for the Windows PCs. Based around a webcam-style add-on peripheral, it enables users to control and interact with a PC through a natural user interface using gestures and spoken commands. The Kinect also recognizes 20 joints on the human body at a capture rate of 30 Hz.

2.2. Environment

Therapy Kinection requires the following operating environment:

- PC:
 - Windows 7
 - Minimum 2.6 GHz Dual Core Processor
 - Minimum 2 GB of RAM
 - Microsoft .NET Framework 4.0
- Kinect Driver v 1.6.0

3. Installation & Setup

3.1. Kinect

On the Therapy Kinection DVD is an executable of the V1.6.0 Kinect Runtime from Microsoft. Double click the “KinectRuntime-v.16-Setup.exe” and begin installation. A new driver may be released by Microsoft. Visit their [website](#) to get the latest driver, but Therapy Kinection has only been tested with V1.6.0, and may not work with other versions of the Kinect Runtime. Once installation is complete plug the Kinect into a USB port, and plug it into a power source.

3.2. Therapy Kinection Desktop Program

On the Therapy Kinection DVD is an executable named “Setup.exe”. Double click the icon to install the software on the computer. Launch the Therapy Kinection application found in install directory. Go to Section 4 for an overview of the windows in the program. Skip to Section 5 for a walkthrough of how to use the software.

4. Window Explanations

This section provides illustrations for each window and descriptions of their key elements.

4.1. Main Window

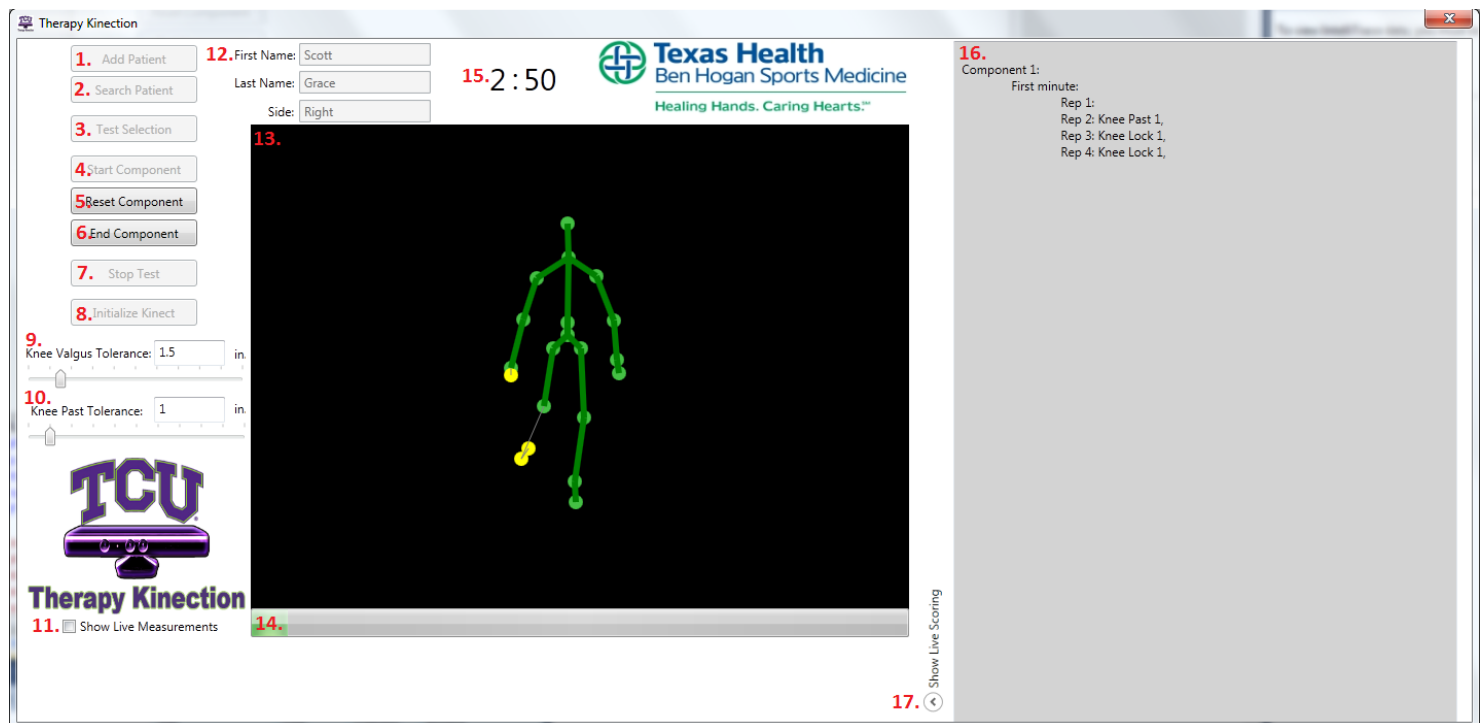


Figure 4.1

#	Field Name:	Function:
1	Add Patient	Displays the “New Patient” window, which allows for a new patient to be added to the database.
2	Search Patient	Displays the “Find Patient” window, which allows for a patient to be found in the database.
3	Test Selection	Displays “Test Selection” window, allowing for the therapist to choose either practice mode to test a component of the Vial Sport Test or go through the full test.
4	Start Component	Starts the current component of the test, once the patient is ready.
5	Reset Component	Resets the current component of the test, data collected during the component is not saved. Once it is reset “Start Component” can be pressed to begin the execution.
6	End Component	Ends the current component of the test early. Test results saved for the portion completed.
7	Stop Test	Stop testing. If the patient is running a full test, the uncompleted part of the test will be recorded as failed.

8	Initialize Kinect	Initializes the Kinect to ensure it is ready to begin gathering data for testing.
9	Knee Valgus Tolerance Slider	This allows the therapist running the test to increase or decrease the amount of tolerance for the knee valgus standard.
10	Knee Past Toe Tolerance Slider	This allows the therapist running the test to increase or decrease the amount of tolerance for the Knee Past Toe standard.
11	Show Live Measurements	Check box to display live measurements such as the current knee angle, knee lock angle, knee past toe, and knee valgus.
12	Patient Name/Side	Displays the first and last name of the selected patient as well as the side of the patient's injury.
13	Skeleton Display	Shows the skeleton and joints of the patient that the Kinect sees in real-time.
14	Initialization Progress Bar	Fills up during initialization before testing, test is ready to begin once it is full. Generally takes 5 seconds to initialize.
15	Timer	The countdown timer for the currently running test component.
16	Live Scoring Area	The live scoring area will display each rep and what errors the patient performed.
17	Show Live Scoring	Press the arrow to expand the live scoring box to the right of the window.

4.2. Add Patient Window

New Patient Information

1. First Name: 7. DX:

2. Last Name: Involved Side: ☐ Left ☐ Right 8.

3. Middle Initial: MD: 9.

4. Study: Surgery Date: 10.

5. Subject ID: THR ID: 11.

6. IC to GT (cm): IC to ASIS (cm): 12.

13.

14. 15.

Figure 4.2

*Fields marked in red must be filled out

#	Field Name:	Function:
1	First Name	First name of the patient being entered, this is a required field.
2	Last Name	Last name of the patient being entered, this is a required field.
3	Middle Initial	Middle initial of the patient.
4	Study	Study name used in studies to validate the Vail Sport Test.
5	Subject ID	ID of a patient participating in a study.
6	IC to GT (cm)	Measurement from the Iliac Crest to the Greater Trochanter which is the value that is used for the Y-offset for the hip. This is required for a proper Knee Flex angle measurement by the Kinect. This is a required field.
7	DX	Diagnosis
8	Involved Side	Side of the injury, right or left leg. This is a required field.
9	MD	Medical Doctor

10	Surgery Date	Date of the patient's surgery. This is a required field.
11	THR ID	The Texas Health Resources ID for the patient.
12	IC to ASIS (cm)	Measurement from the Iliac Crest to the Anterior Superior Iliac Spine which is the value that is used for the X-offset for the hip. This is required for a proper Knee Flex angle measurement by the Kinect. This is a required field.
14	Save	Saves the information of the new patient in the database. The “New Patient Information” window will stay open allowing for another patient to be entered.
13	Save and Test	Save the patient in the database which will exit the “Add Patient” window and load that patient into the Main Window ready for testing.
15	Cancel	Does not add the patient to the database, and goes back to the Main Window.

4.3. Search Patient Window

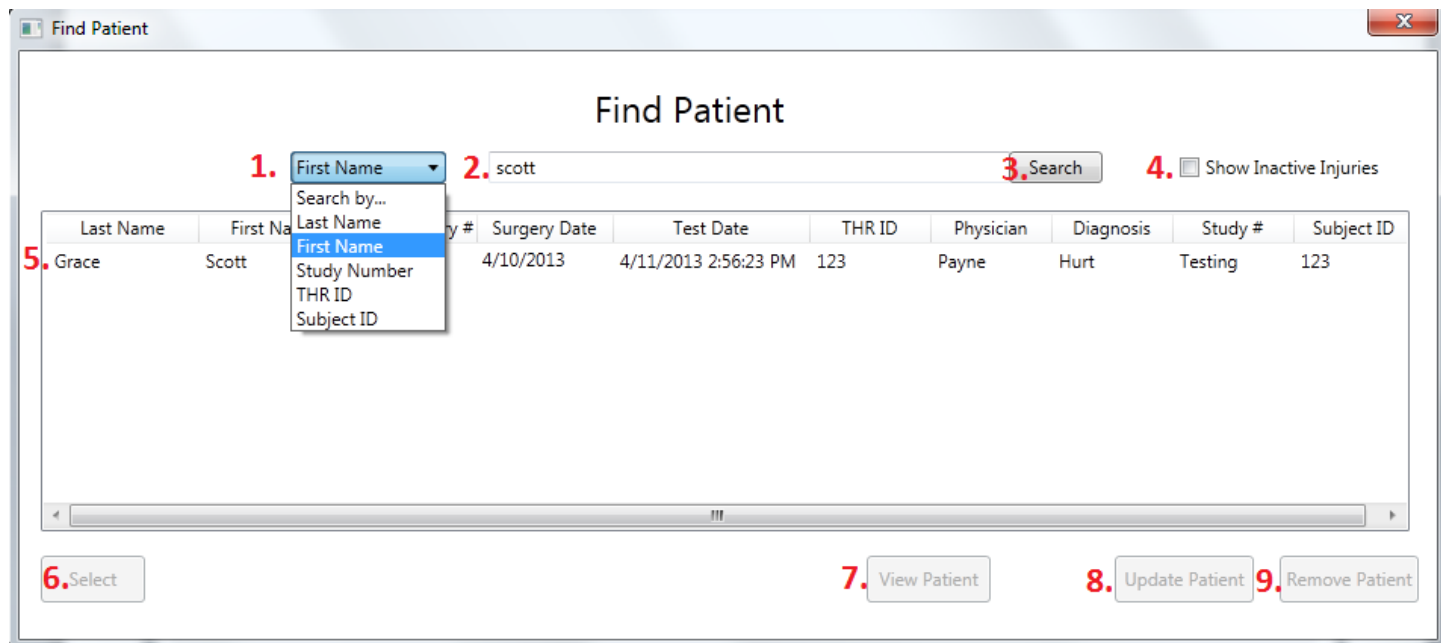


Figure 4.3

#	Field Name:	Function:
1	Search by...	Drop down menu used to select what criteria to search patients by.
2	Search Field	Box where the user types in the search phrase.
3	Search Button	Press to search the database using the criteria and the search phrase.
4	Show Inactive Injuries	If box is checked during searching, the search will return all patients with active and inactive injuries.
5	Search Results	Displays the patient information for those who meet the search criteria. The patients will show up according to injury, so a patient with multiple injuries will show up multiple times if they meet the criteria.
6	Select	Uses the patient selected in the table for testing, and closes the search window.
7	View Patient	Displays the window to show the information for the selected patient in the table.
8	Update Patient	Displays the window to update the information for the selected patient in the table.
9	Remove Patient	Removes the selected patient in the table from the database, after the action is confirmed.

4.4. View Patient Window

The screenshot shows a window titled "Patient Information" with a close button (X) in the top right corner. The window contains the following elements:

- 1.** A dropdown menu labeled "Injury Number 1, R Knee" is open, showing options: "Select", "Injury Number 1, R Knee" (highlighted), "Injury Number 2, Left MoreHurt", and "Injury Number 3, R Knee".
- Form fields for:
 - First Name: Jim
 - Last Name: Bob
 - Middle Initial: D
 - MD: Dr. Frog
 - Start Date: (empty)
 - Surgery Date: 4/9/2013 12:00:
 - Study: 1234
 - THR ID: 123456789
 - Subject ID: 5678
- 2.** A dropdown menu labeled "Test Number 1, 1/1/2013 12" is open.
- 3.** A list of test data:
 - Test Number 1, 1/1/2013 12:00:00 AM
 - Component 1
 - Single Leg Squat Total Points: 13/15
 - Minute 1: 5/5
 - Minute 2: 4/5
 - Minute 3: 4/5
 - Component 2
 - Lateral Bounding Total Points: 12/15
 - Half-Minute 1: 5/5
 - Half-Minute 2: 3/5
 - Half-Minute 3: 4/5
 - Component 3
 - Forward Jogging Total Points: 9/15
 - Minute 1: 6/6
 - Minute 2: 3/6
 - Component 4
 - Backward Jogging Total Points: 9/15
 - Minute 1: 6/6
- 4.** A button labeled "Select Patient for Testing".
- 5.** A button labeled "Export Patient Data".
- 6.** A button labeled "Back to Search".

Figure 4.4

#	Field Name:	Function:
1	Injury List	Lists all of the injuries of the selected patient.
2	Test List	Lists all of the tests of the selected injury.
3	Test Data	Displays the test data for the selected test.

4	Select Patient for Testing	Selects the patient that is being viewed as the patient that is going to be tested.
5	Export Patient Data	Save the test data as a .txt file in the executable location of the program.
6	Back to Search	Displays the search window, closing the view patient window.

4.5. Update Patient Window

Update Patient Information

1. First Name: Jim DX: Knee

Last Name: Bob Involved Side: ☒ Left ☐ Right

Middle Initial: D MD: Dr. Frog

Study: 1234 Surgery Date: 4/9/2013

Subject ID: 5678 THR ID: 123456789

IC to GT (cm): 10 IC to ASIS (cm): 7

2. Therapy Complete? ☐ Yes ☒ No

3. Status? ☒ Active ☐ Inactive

4. Add Injury

5. Update 6. Cancel

Figure 4.5

*The fields outlined in red are required.

#	Field Name:	Function:
1	Patient Information	See Section 4.2 for explanation on the patient fields.
2	Therapy Complete	Check box to select if the patient has completed their therapy.
3	Status	Set the injury to active or inactive.
4	Add Injury	Allows the therapist to add a new injury to an already existing patient.
5	Update	Saves the modified information for an existing patient to the database.
6	Cancel	Does not save the modified information for existing patient to the database.

4.5.1. ADD INJURY

Add Injury

1. Study 4. DX:

2. Subject ID: Involved Side: ☐ Left ☐ Right 5.

3. Surgery Date: Select a date 15 MD: 6.

7. 8.

Figure 4.6

*The fields outlined in red are required.

#	Field Name:	Function:
1	Study	Study name used in studies to validate the Vail Sport Test.
2	Subject ID	ID of a patient participating in a study.
3	Surgery Date	Date of the patient's surgery.
4	DX	Diagnosis
5	Involved Side	Side of the injury, right or left leg.
6	MD	Medical Doctor
7	Save	Save the new injury to the database.
8	Cancel	Cancel and close window

4.6. Test Selection

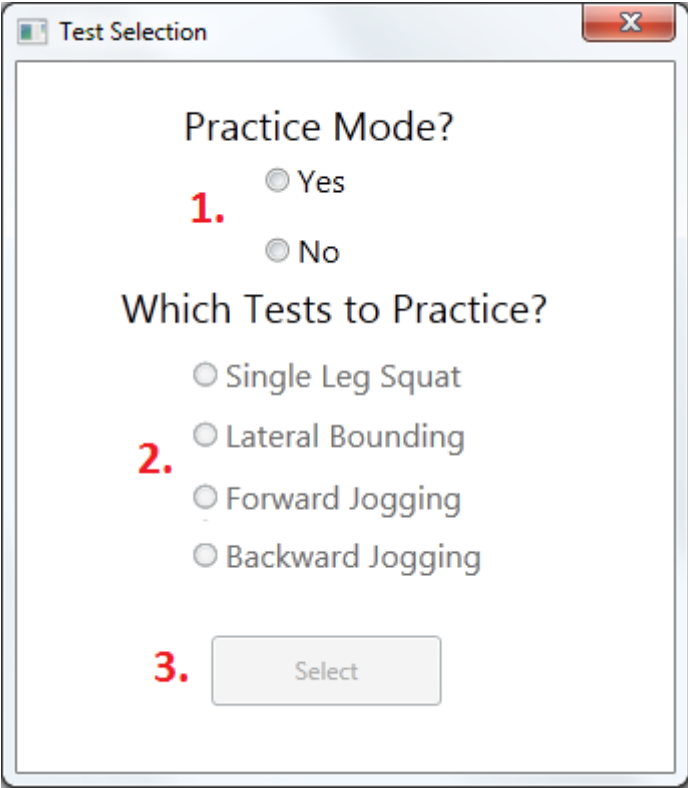


Figure 4.7

#	Field Name:	Function:
1	Practice Mode	Choose “Yes” for practice mode and “No” for full test mode.
2	Component to Practice	Select which component to practice in practice mode.
3	Select	Button to begin the test in the selected mode.

5. System Walkthrough

This walkthrough provides detailed step-by-step instructions for all of the features of the Therapy Kinection system. Once all of the Therapy Kinection components are installed, double click the Therapy Kinection icon to start the application, or find the application in the start menu. Before being able to run test on a patient the user must select an existing patient (Section 5.2), or create a new patient (Section 5.1).

5.1. Adding Patient

Once the application is started press the “Add Patient” button, shown in Figure 5.1.

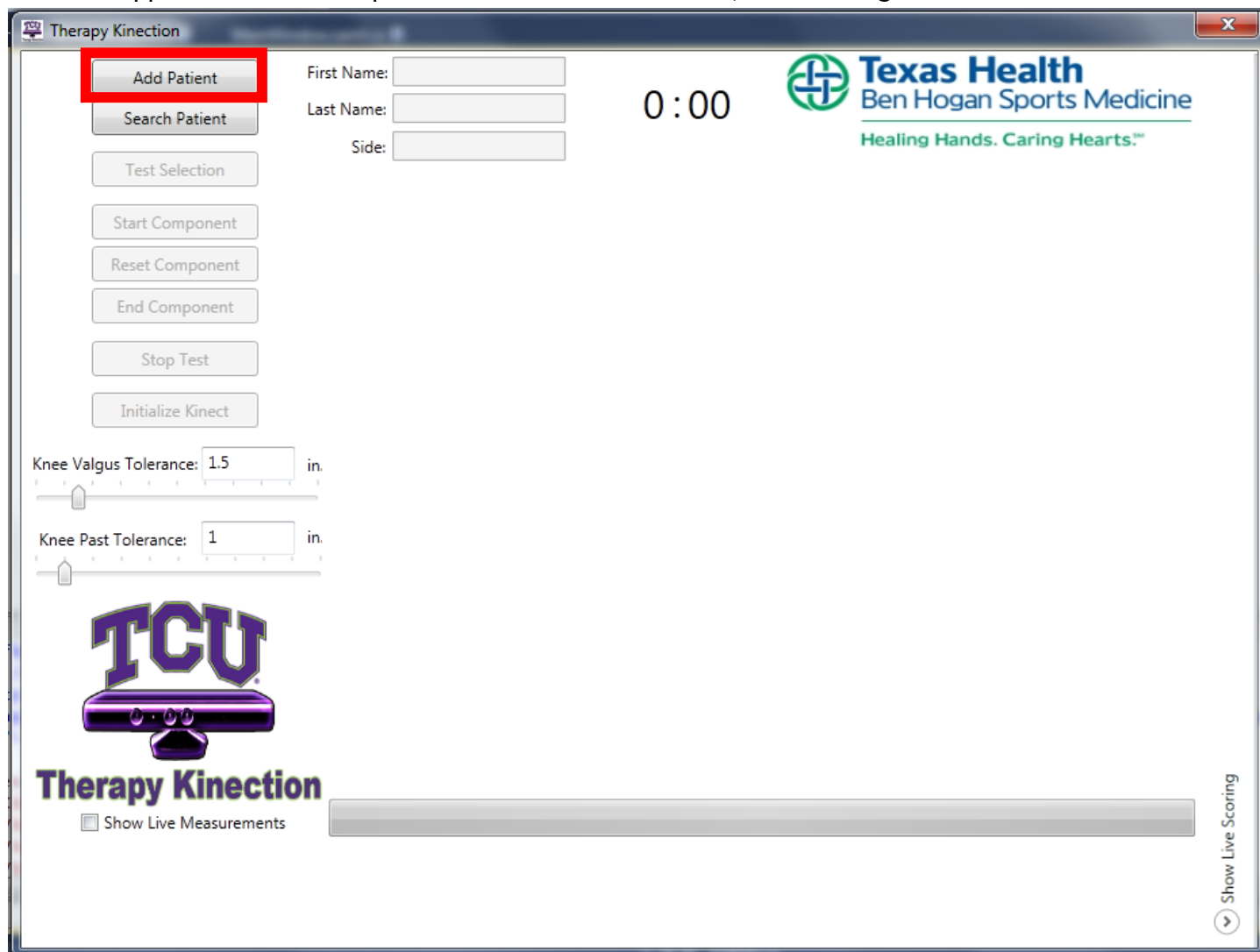


Figure 5.1

A window, shown in Figure 5.2, will be displayed where the user can enter the new patient's information.

Figure 5.2

Field Name:	Function:
First Name	First name of the patient being entered.
Last Name	Last name of the patient being entered.
Middle Initial	Middle initial of the patient.
Study	Study name used in studies to validate the Vail Sport Test.
Subject ID	ID of a patient participating in a study.
DX	Diagnosis
Involved Side	Side of the injury, right or left leg.
MD	Medical Doctor
Surgery Date	Date of the patient's surgery
THR ID	The Texas Health Resources ID for the patient
IC to GT (cm)	Measurement from the Iliac Crest to the Greater Trochanter which is the value that is used for the Y-offset for the hip. This is required for a proper Knee Flex angle measurement by the Kinect.
IC to ASIS (cm)	Measurement from the Iliac Crest to the Anterior Superior Iliac Spine which is the value that is used for the X-offset for the hip. This is required for a proper Knee Flex angle measurement by the Kinect.

Once the information is entered, there are three choices of buttons that are available for selection. The three buttons are color-coded in Figure 5.3.

The screenshot shows a window titled "New Patient Information". Inside, there are several input fields arranged in two columns. The left column contains: "First Name:", "Last Name:", "Middle Initial:", "Study:", "Subject ID:", and "IC to GT (cm):". The right column contains: "DX:", "Involved Side:" with radio buttons for "Left" and "Right", "MD:", "Surgery Date:" with a date picker showing "15", "THR ID:", and "IC to ASIS (cm):". At the bottom of the window, there are three buttons: "Save" (highlighted with a green border), "Cancel" (highlighted with a yellow border), and "Save and Test" (highlighted with an orange border).

Figure 5.3

Button Name:	Function:
Save	Saves the information of the new patient in the database. The New Patient Information window will close without selecting the patient for testing. The user will be taken back to the Main Window.
Cancel	Does not add the patient to the database, and goes back to the Main Window.
Save and Test	Save the patient in the database which will exit the “Add Patient” window and load that patient into the Main Window ready for testing.

If “Save and Test” is chosen, the patient will be taken to the screen shown in Figure 5.4 with the selected patient's name in the fields marked by the red box.

Therapy Kinection

Add Patient

Search Patient

Test Selection

Start Component

Reset Component

End Component

Stop Test

Initialize Kinect

First Name: Scott

Last Name: Grace

Side: Right

0:00

Texas Health
Ben Hogan Sports Medicine
Healing Hands. Caring Hearts.™

TCU

Therapy Kinection

☐ Show Live Measurements

Show Live Scoring

Figure 5.4

Go to Section 5.2. Searching Patient to see a walkthrough of how to select a different patient.

Go to Section 5.4. Full Test to see walkthrough of how to run a test on the chosen patient.

5.2. Searching Patient

This section covers how to find an existing patient in the Therapy Kinection database. Further sections cover how to update, add injuries, view stored patient information and export test data.

Begin by starting the application. Press the “Search Patient” button, shown in Figure 5.5.

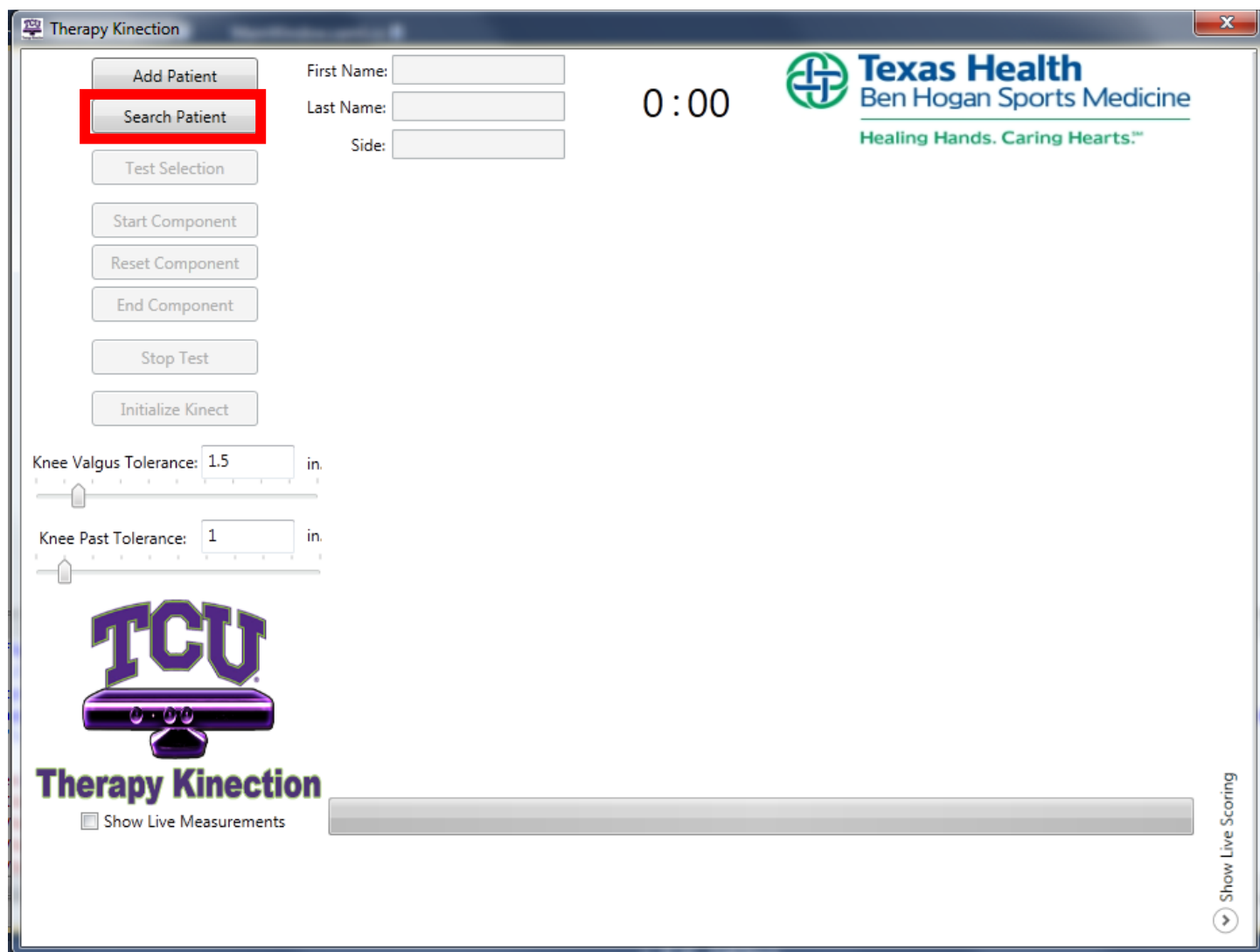



Figure 5.5

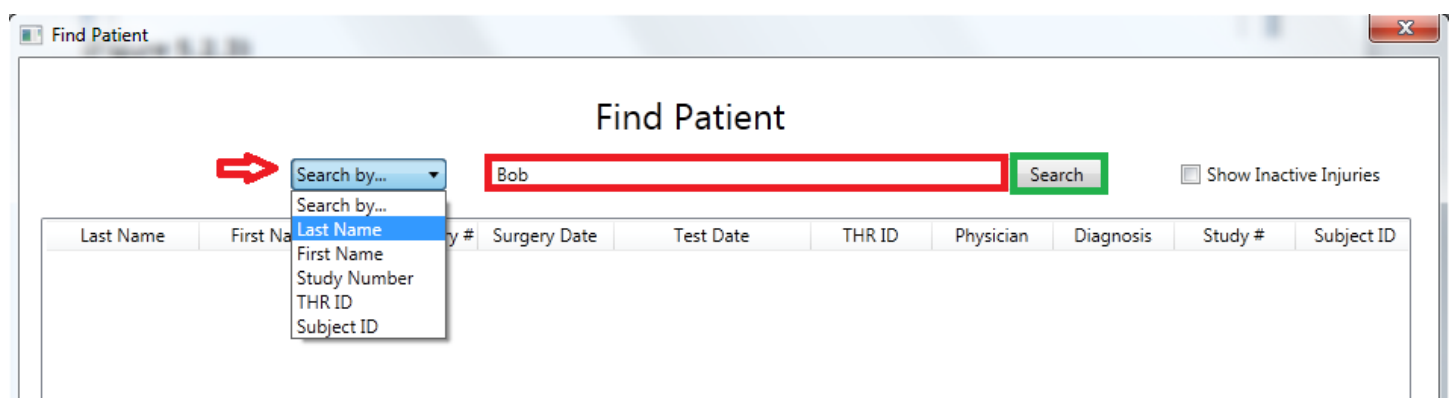
The window shown in Figure 5.6 will appear.



The screenshot shows a window titled "Find Patient". At the top, there is a "Search by..." dropdown menu, a text input field, and a "Search" button. To the right of the "Search" button is a checkbox labeled "Show Inactive Injuries". Below these elements is a table with the following columns: Last Name, First Name, M.I., Injury #, Surgery Date, Test Date, THR ID, Physician, Diagnosis, Study #, and Subject ID. The table is currently empty. At the bottom of the window, there are four buttons: "Select", "View Patient", "Update Patient", and "Remove Patient".

Figure 5.6

Refer to Figure 5.7. Choose the search criteria from the drop down list the red arrow is pointing at. Type in the information you are searching for inside the area surrounded by the red box. Press "Search", marked by the green box.



This screenshot shows the "Find Patient" window with the search criteria dropdown menu open. A red arrow points to the "Search by..." dropdown menu. The dropdown menu is open, showing a list of search criteria: "Last Name", "First Name", "Study Number", "THR ID", and "Subject ID". The "Last Name" option is highlighted. A red box highlights the text input field, which contains the text "Bob". A green box highlights the "Search" button. The "Show Inactive Injuries" checkbox is also visible. The table below the search area is empty.

Figure 5.7

The patients who meet the search criteria and have an active injury will be displayed as a search result, illustrated in Figure 5.8.

To include patients who do not have active injuries check the “Show Inactive Injuries” box to the right of the “Search” button.

Click on the patient you wish to choose, you will see a blue highlight around his or her information. Once they are selected there are four choices of buttons, color-coded in Figure 5.8.

Find Patient

Last Name: Search ☐ Show Inactive Injuries

Last Name	First Name	M.I.	Injury #	Surgery Date	Test Date	THR ID	Physician	Diagnosis	Study #	Subject ID
Bob	Jim	D	1	4/9/2013		123456789	Dr. Frog	Knee	1234	5678
Bob	Jim	D	3	4/15/2013		123456789		Knee	123	456

Select View Patient Update Patient Remove Patient

Figure 5.8

Button Name:	Function:
Select	Selects the chosen patient, closes out of the Find Patient window and loads him/her in to the Main Window for testing. Go to Section 5.4. Full Test to see a walkthrough of the testing process.
Update Patient	Displays the Update Patient Information Window for the selected patient. Go to Section 5.2.1. Update Patient to see walkthrough of updating process.
View Patient	Displays the window to show the information for the selected patient in the table. Go to Section 5.2.3 to see details on viewing patient information.
Remove Patient	Removes the selected patient and all of his corresponding injuries from the database. A safety box asking “Are you sure you want to delete patient?” will appear as a final safeguard. Press “Yes” if you are absolutely sure you want to delete the patient. WARNING: REMOVAL IS PERMANENT!

5.2.1. UPDATE PATIENT

This section covers how to change existing patient information. Begin by selecting the patient in the “Find Patient” window and then press the “Update Patient” button, shown in Figure 5.9.

The screenshot shows a software window titled "Find Patient". At the top, there is a search bar with a dropdown menu labeled "Last Name" and a text input field containing "Bob". To the right of the input field is a "Search" button and a checkbox labeled "Show Inactive Injuries". Below the search bar is a table with the following columns: Last Name, First Name, M.I., Injury #, Surgery Date, Test Date, THR ID, Physician, Diagnosis, Study #, and Subject ID. The table contains two rows of data. The first row is highlighted in blue. Below the table is a horizontal scrollbar. At the bottom of the window, there are four buttons: "Select", "View Patient", "Update Patient" (which is highlighted with a red box), and "Remove Patient".

Last Name	First Name	M.I.	Injury #	Surgery Date	Test Date	THR ID	Physician	Diagnosis	Study #	Subject ID
Bob	Jim	D	1	4/9/2013		123456789	Dr. Frog	Knee	1234	5678
Bob	Jim	D	3	4/15/2013		123456789		Knee	123	456

Figure 5.9

The “Update Patient” window, shown in Figure 5.10, will appear.

Figure 5.10

To update the patient, click in any of the text fields and change the information. If the patient has finished his therapy then click the “Yes” bubble for Therapy Complete. If the patient has gone inactive then change the Status bubble to “Inactive”. When your editing is complete, click the “Update” button.

Button Name:	Function:
Update	Saves the modified information for an existing patient to the database.
Cancel	Closes out of the Update Patient Information Window taking the user back to “Search Patient” Window.
Add Injury	Displays the window to add an injury for the patient selected in the “Update” window. See Section 5.2.2 for walkthrough of adding an injury.

5.2.2. ADD INJURY

This section will walkthrough adding an injury to a patient who is already in the database, but has re-injured him/herself and has returned to therapy.

See Section 5.2 on how to search for a patient and Section 5.2.1. on how to pull up the “Update Patient Information” window before proceeding.

Pull up the “Update Patient Information” window as show in Figure 5.11.

Update Patient Information

First Name: Jim DX: Knee

Last Name: Bob Involved Side: ☐ Left ☒ Right

Middle Initial: D MD: Dr. Frog

Study: 1234 Surgery Date: 4/9/2013 15

Subject ID: 5678 THR ID: 123456789

IC to GT (cm): 10 IC to ASIS (cm): 7

Therapy Complete? ☐ Yes ☒ No

Status? ☒ Active ☐ Inactive

Add Injury

Update Cancel

Figure 5.11

Press the “Add Injury” button, shown in Figure 5.11, to bring up the “Add Injury” window shown in Figure 5.12. Type in all the information for the new injury and press “Save” to add the injury or “Cancel” to close the window.

Figure 5.12

Button Name:	Function:
Save	Saves the new injury for existing patient to the database.
Cancel	Closes the Add Injury Window returning to the Update Patent Window.

5.2.3. VIEW PATIENT INFORMATION

This section outlines how to view a patient's stored information. For a walkthrough on how to search for patients see Section 5.2.

Begin by selecting the patient from the list and pressing the “View Patient” button shown in Figure 5.13.

The 'Find Patient' window displays a search interface with a dropdown for 'Last Name' (set to 'Bob') and a 'Search' button. A checkbox for 'Show Inactive Injuries' is present. Below is a table of patient records:

Last Name	First Name	M.I.	Injury #	Surgery Date	Test Date	THR ID	Physician	Diagnosis	Study #	Subject ID
Bob	Jim	D	1	4/9/2013		123456789	Dr. Frog	Knee	1234	5678
Bob	Jim	D	3	4/15/2013		123456789		Knee	123	456

At the bottom, there are buttons for 'Select', 'View Patient' (highlighted with a red box), 'Update Patient', and 'Remove Patient'.

Figure 5.13

The “Patient Information” window, shown in Figure 5.14, will appear. Click on the first dropdown menu and select the desired injury for the patient.

The 'Patient Information' window displays the following fields:

- First Name: Jim
- Last Name: Bob
- Middle Initial: D
- Start Date: [empty]
- Surgery Date: 4/9/2013 12:00
- Study: 1234
- THR ID: 123456789
- Subject ID: 5678

A dropdown menu is open, showing the following options:

- Select
- Injury Number 1, R Knee
- Injury Number 2, Left MoreHurt
- Injury Number 3, right Knee
- Injury Number 4

At the bottom, there are buttons for 'Select Patient for Testing', 'Export Patient Data', and 'Back to Search'.

Figure 5.14

Once the injury has been selected, the user can select a test to view from the bottom dropdown box as shown in Figure 5.15.

The screenshot shows a web application window titled "Patient Information". At the top, there is a dropdown menu currently displaying "Injury Number 1, R Knee". Below this, the form is organized into two columns of input fields. The left column contains: "First Name: Jim", "Last Name: Bob", "Middle Initial: D", "Start Date:" (empty), "Study: 1234", and "Subject ID: 5678". The right column contains: "DX: Knee", "Involved Side: R", "MD: Dr. Froq", "Surgery Date: 4/9/2013 12:00:", and "THR ID: 123456789". Below these fields is a large empty rectangular box. A dropdown menu is open, showing "Select" at the top and "Test Number 1, 1/1/2013 12:00:00 AM" as the selected option. At the bottom of the window, there are three buttons: "Select Patient for Testing", "Export Patient Data", and "Back to Search".

Figure 5.15

The test information for the selected test will be displayed in the box at the bottom of the window. Press the branch icons to expand the information in the window as shown in Figure 5.16. At any time you can change the injury or test chosen to view different information.

The screenshot shows a software window titled "Patient Information". At the top, there is a dropdown menu showing "Injury Number 1, R Knee". Below this, there are several input fields for patient information:

- First Name: Jim
- Last Name: Bob
- Middle Initial: D
- Start Date: (empty)
- Study: 1234
- Subject ID: 5678
- DX: Knee
- Involved Side: R
- MD: Dr. Froq
- Surgery Date: 4/9/2013 12:00:
- THR ID: 123456789

Below the input fields, there is another dropdown menu showing "Test Number 1, 1/1/2013 12". Below this is a scrollable area containing a tree view of test components:

- Test Number 1, 1/1/2013 12:00:00 AM
 - Component 1
 - Single Leg Squat Total Points: 13/15
 - Minute 1: 5/5
 - Knee flexion angle between 30 and 60 degrees
 - Yes
 - Patient performs repetitions without dynamic knee valgus
 - Yes
 - Patient avoids locking knee during extension
 - Yes
 - Patient avoids patella extending past the toe during knee flexion
 - Yes
 - Patient maintains upright trunk during knee flexion
 - Yes
 - Minute 2: 4/5
 - Minute 3: 4/5
 - Component 2
 - Component 3

A red arrow points to the "Minute 1: 5/5" item in the tree view. At the bottom of the window, there are three buttons: "Select Patient for Testing", "Export Patient Data", and "Back to Search".

Figure 5.16

There are now several options to choose from after looking at the test results, shown in Figure 5.17.

The screenshot shows a software window titled "Patient Information". At the top, there is a dropdown menu showing "Injury Number 1, R. Knee". Below this, there are several input fields for patient information: First Name (Jim), Last Name (Bob), Middle Initial (D), Start Date (empty), Study (1234), Subject ID (5678), DX (Knee), Involved Side (R), MD (Dr. Froq), and Surgery Date (4/9/2013 12:00). Below these fields is another dropdown menu showing "Test Number 1, 1/1/2013 12". Underneath the dropdown is a list of test results for "Test Number 1, 1/1/2013 12:00:00 AM". The list includes "Component 1" with "Single Leg Squat Total Points: 13/15", and "Minute 1: 5/5" with several "Yes" responses for specific criteria. Below the list are three buttons: "Select Patient for Testing" (highlighted with a green border), "Export Patient Data" (highlighted with an orange border), and "Back to Search" (highlighted with a yellow border).

Figure 5.17

Button Name:	Function:
Select Patient for Testing	Closes out of the Patient Information Window and loads the patient in to the Main Window ready for testing. Go to Section 5.3 or 5.4 for a walkthrough of running practice mode and full test mode.
Export Patient Data	Exports the chosen test data to a text file named by the patient name, injury, and test number. The file is located in the installation folder.
Back to Search	Closes out of the Patient Information Window and returns you back to the Select Patient Window.

5.3. Practice Test

Practice mode allows for a patient to perform a component of the Vail Sport Test without his or her performance being stored into the database. For a walkthrough of how to run the full test see Section 5.4.

Once a patient has been selected, press the “Test Selection” button as shown in Figure 5.18. A window will appear asking whether to run practice mode, select “Yes”. Next, choose one of the 4 components to practice. Once the selection is made, press the “Select” button.

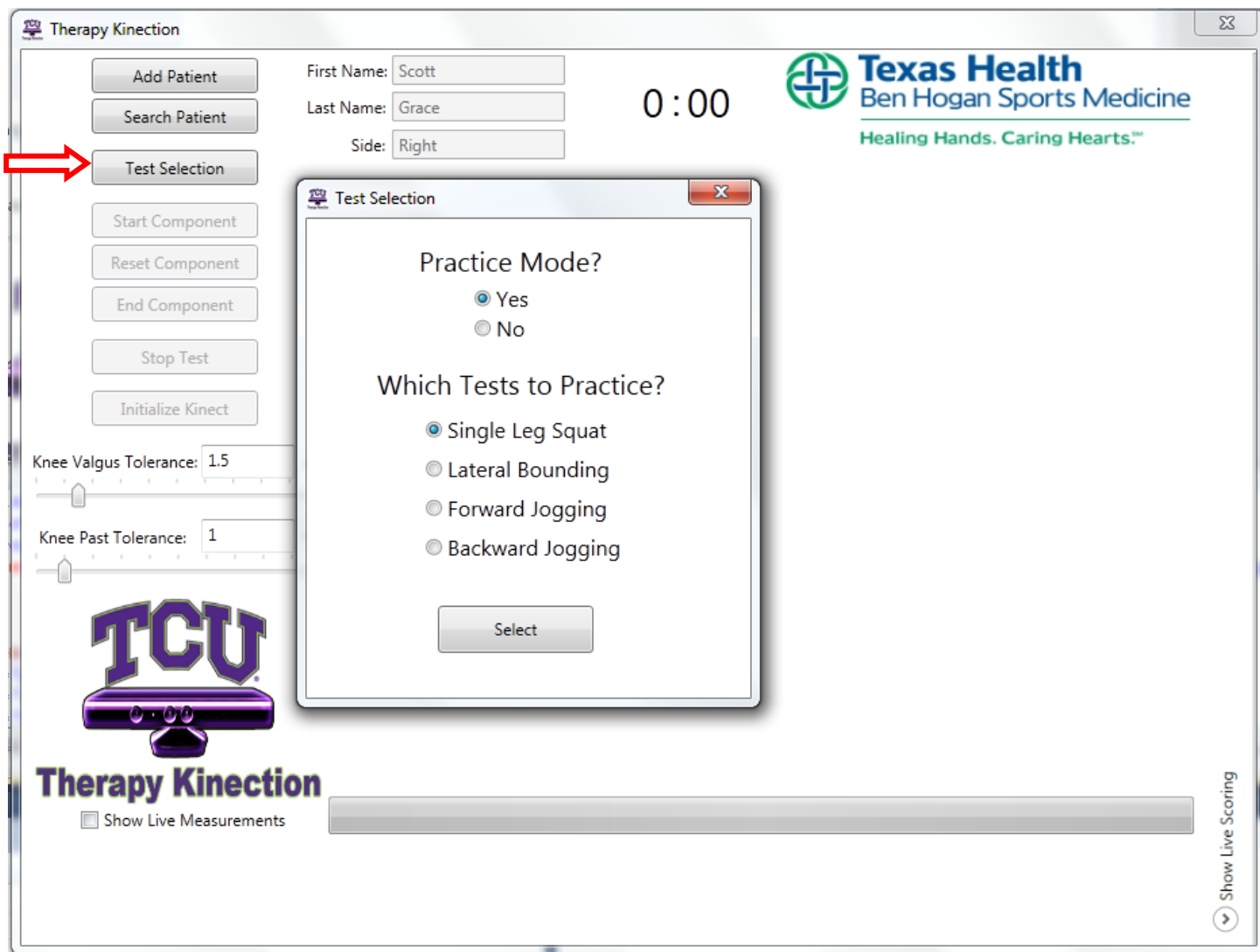


Figure 5.18

The initialization will become available. Make sure the patient is standing in front of the Kinect in a neutral standing position with his/her knees locked, see Figure 5.20 for details. Once the patient is ready, press the “Initialize Kinect” button, marked red in Figure 5.19.

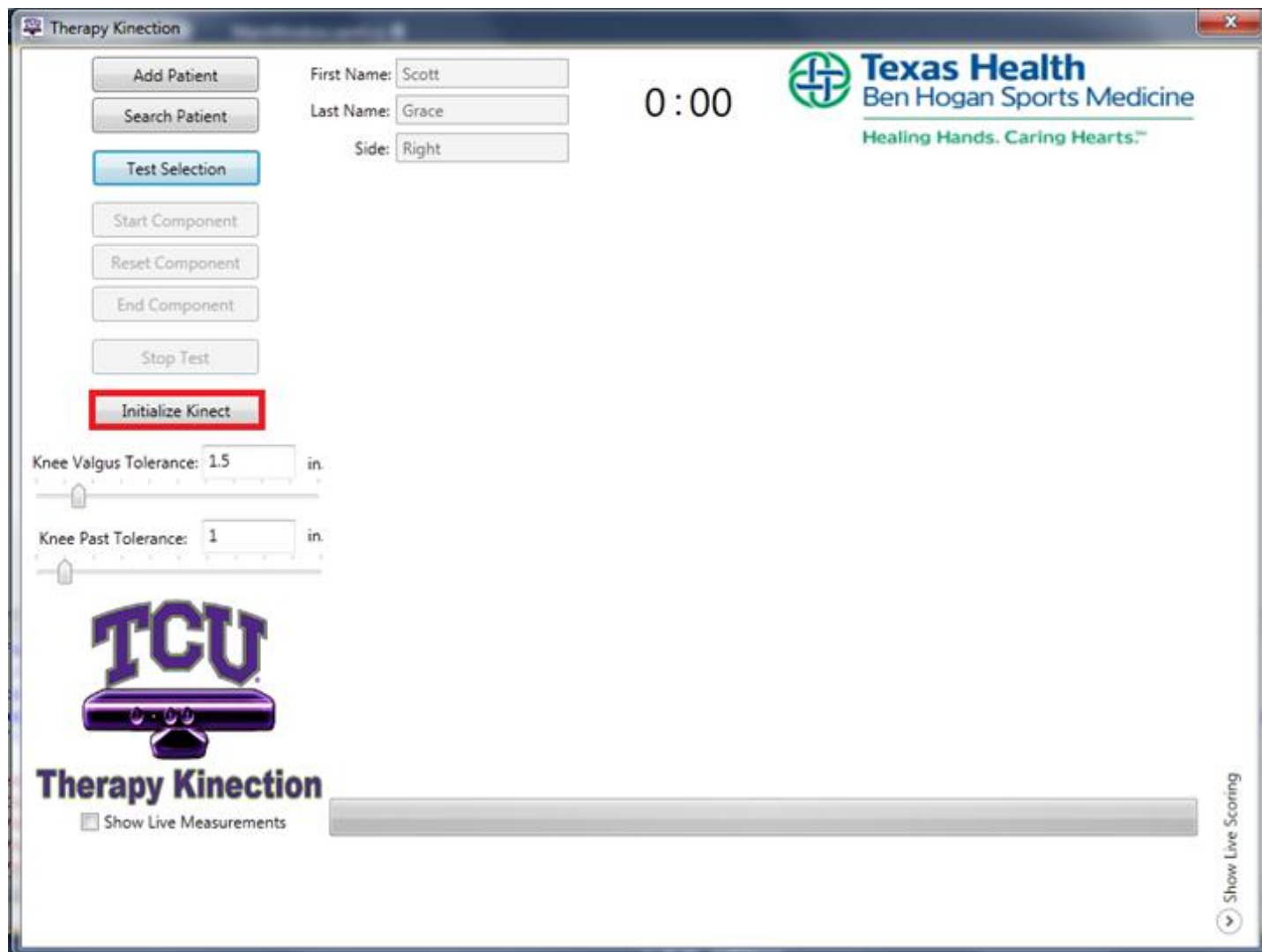


Figure 5.19

The initialization bar at the bottom of the screen will fill up green; once it is full the “Start Component” button will become available, as shown in Figure 5.20. Press the expand button pointed at by the red arrow to expand the real-time data screen to the right of the program window.

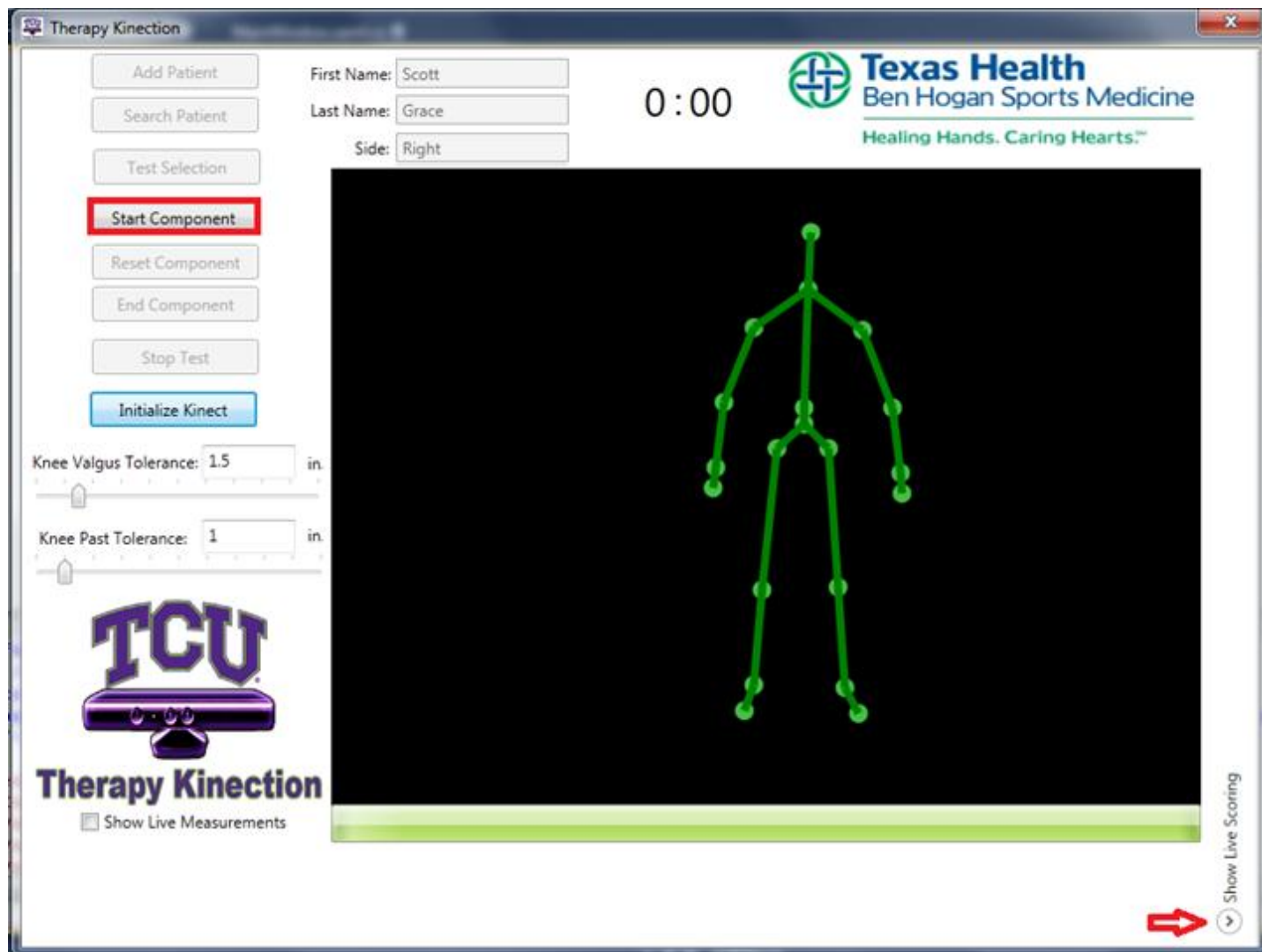


Figure 5.20

Press the “Start Component” button marked in red in Figure 5.21 to begin execution and grading of the component.

If the Kinect becomes disconnected during the test, press the “Initialize Kinect” button again.

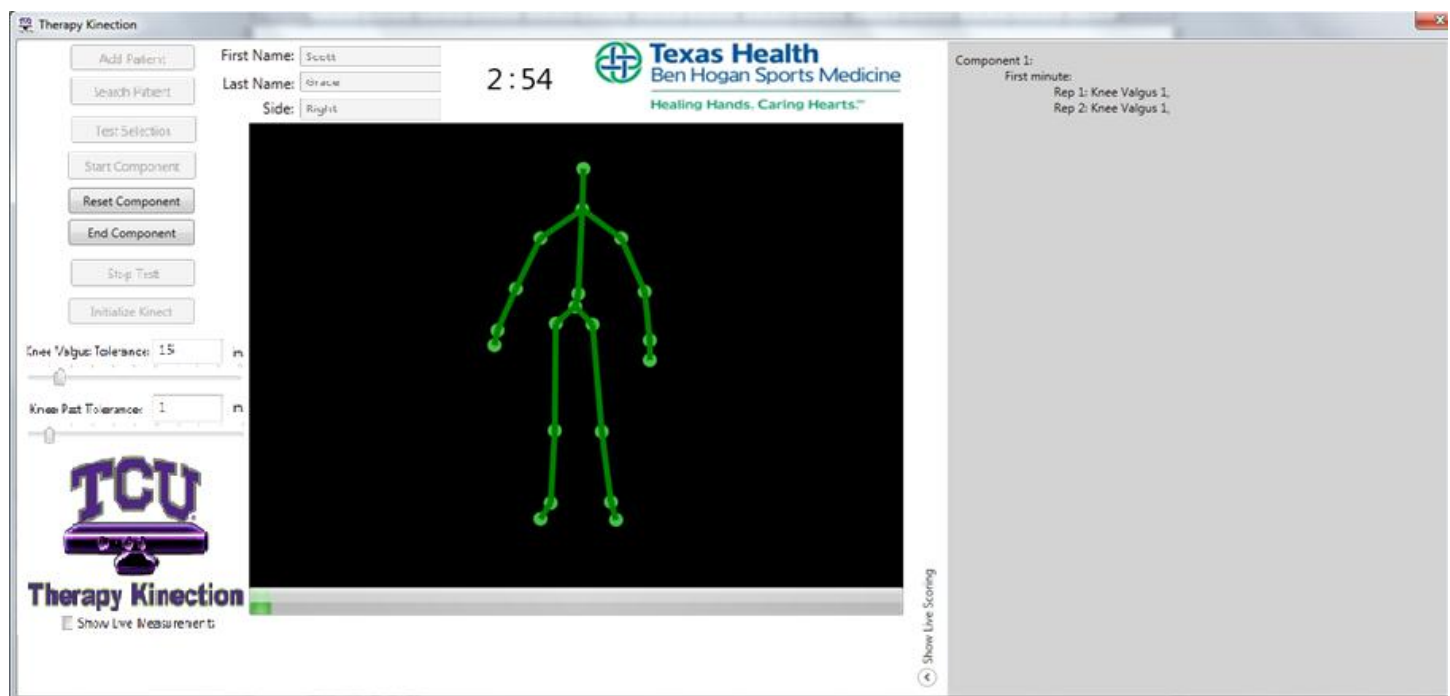


Figure 5.21

The component is now executing with the countdown timer at the top.

Once the countdown reaches 0:00, the user will be taken to the initial Main Window screen. The user can then start another test or search/add another patient.

5.4. Full Test

Full test mode allows for the evaluation of the patient in all four components of the Vail Sport Test. The data taken during the test will be stored into the database under the patient's name for later access.

Once a patient is logged in, press the “Test Selection” Button as shown in Figure 5.22. On the window that is displayed select “No” for practice mode. The choice of tests to practice will be grayed out. Press “Select” to begin testing of the patient.

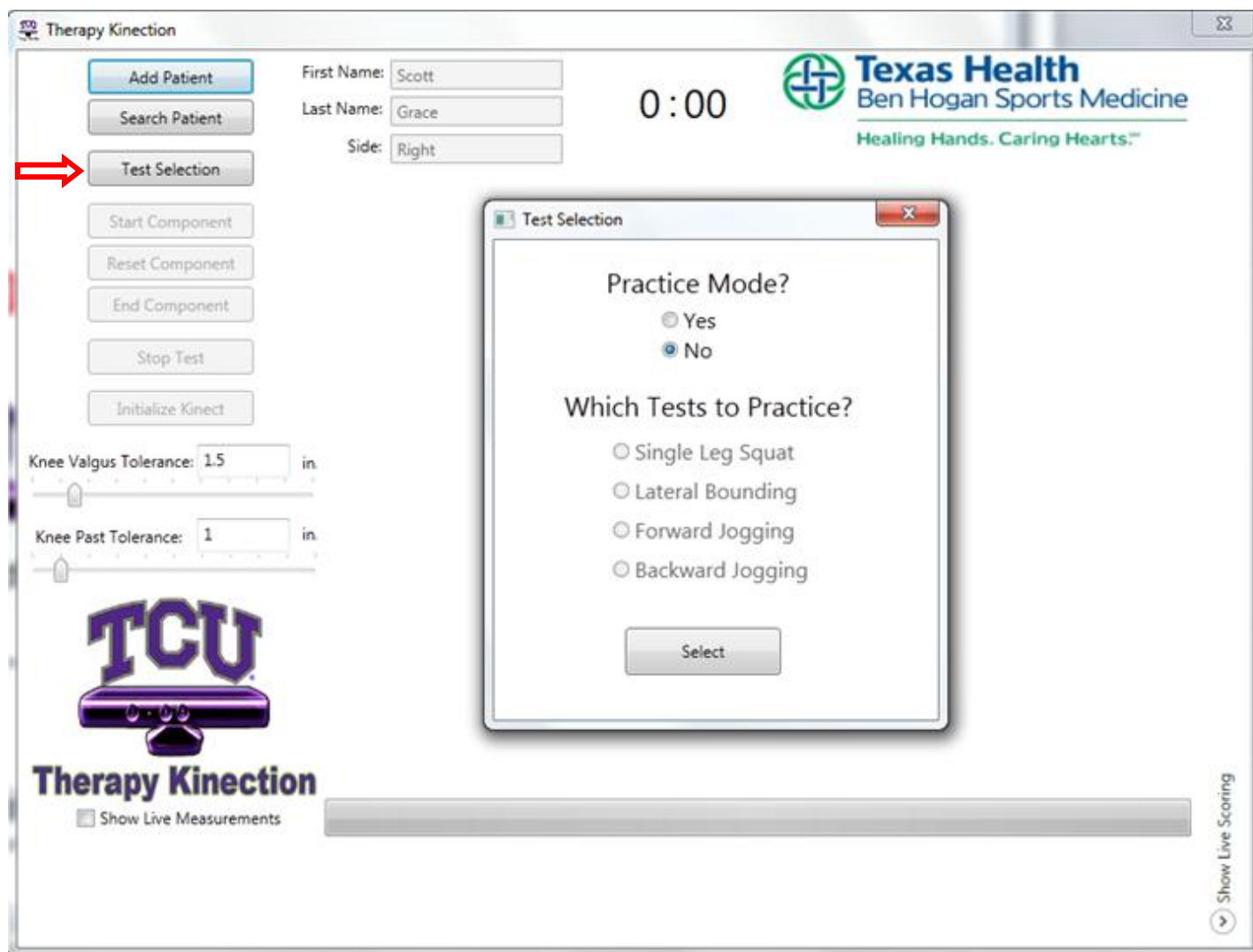


Figure 5.22

Once the test is chosen press the “Initialize Kinect” button as shown in Figure 5.23.

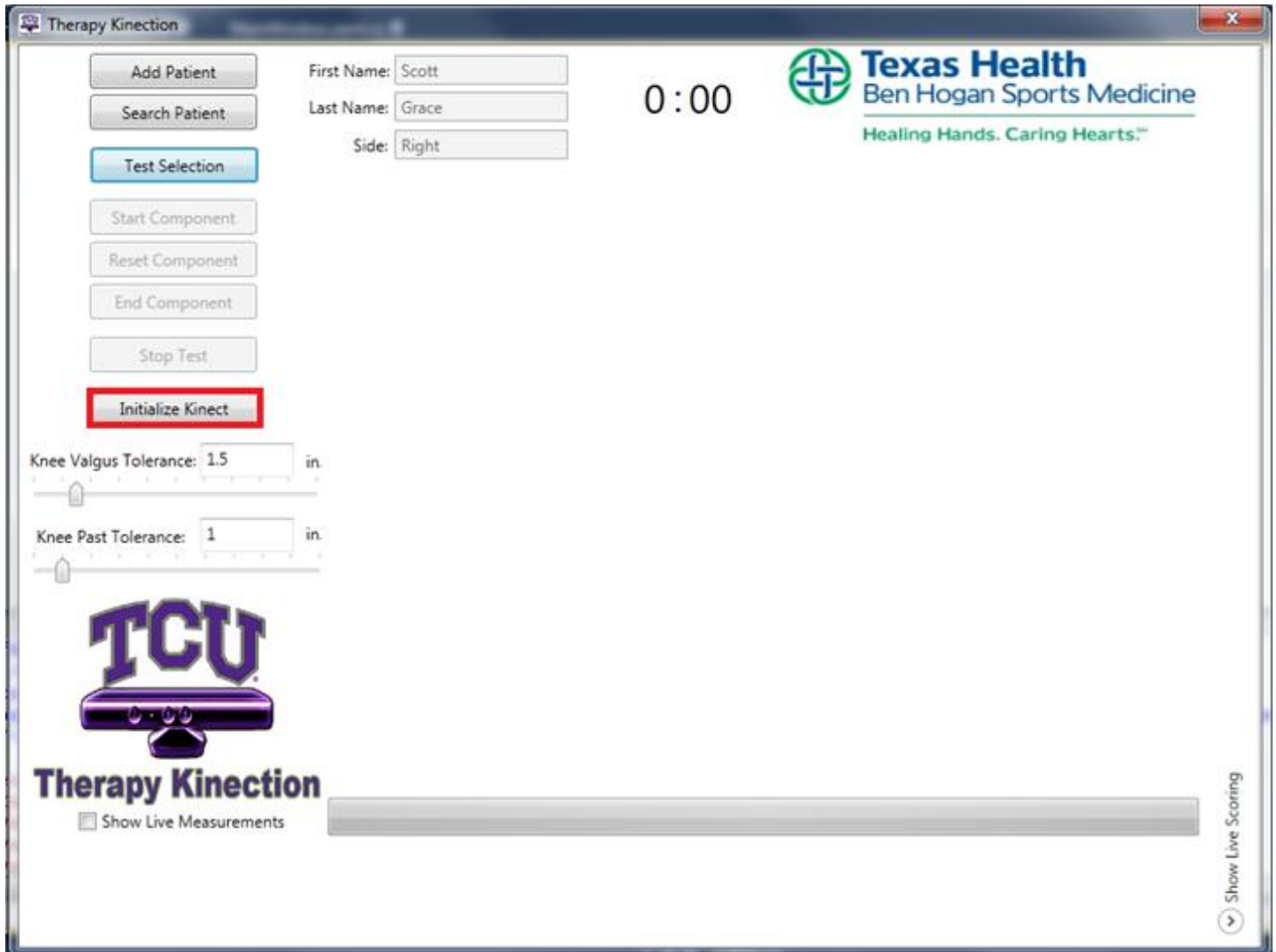


Figure 5.23

Make sure the patient standing in front of the Kinect in a normal standing position with his/her knees locked. The initialization bar at the bottom of the screen will fill up green; once it is full the “Start Component” button will become available, as shown in Figure 5.24. Press the expand button pointed at by the red arrow to expand the real-time data screen to the right of the program window.

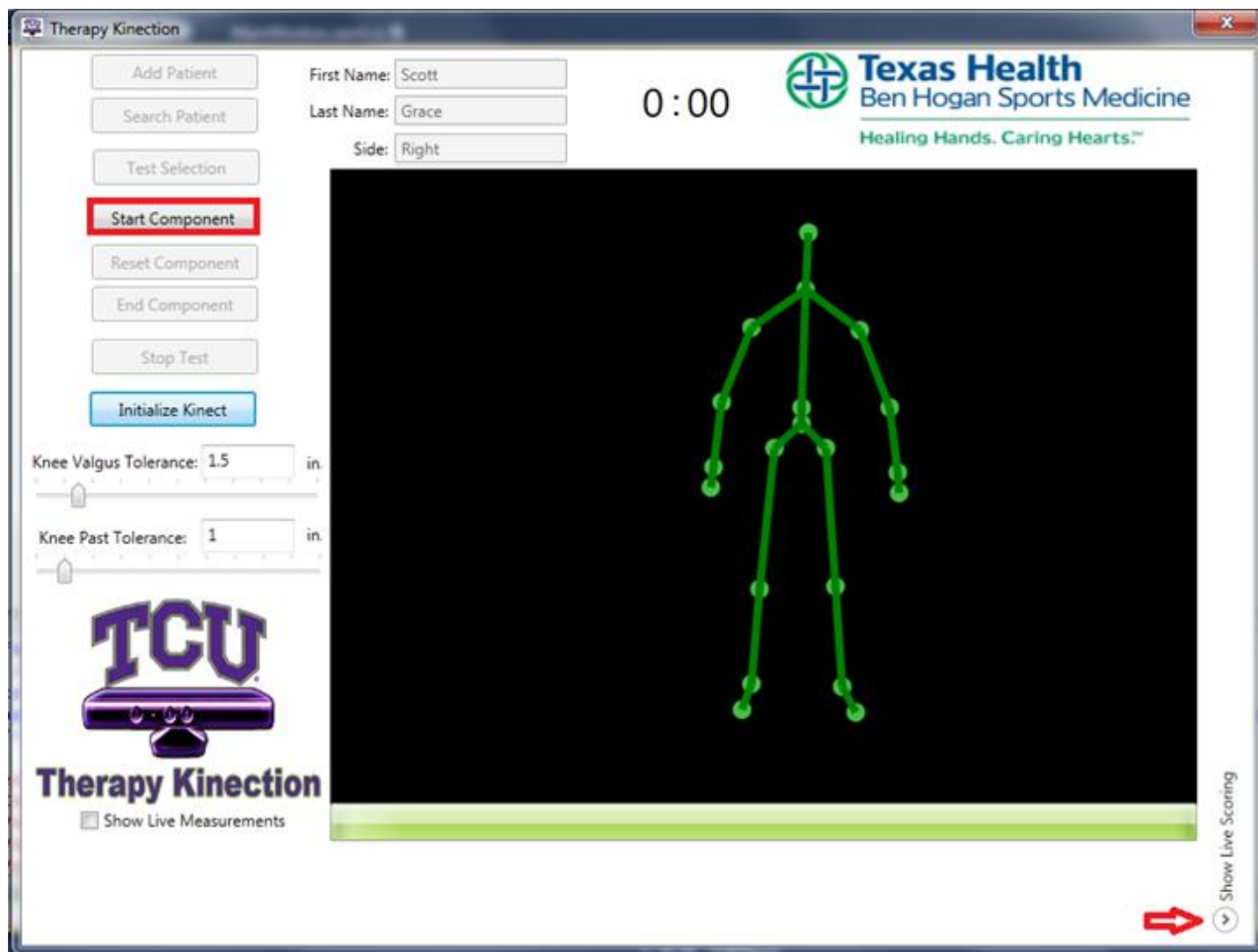


Figure 5.24

Press the “Start Component” button marked in red in Figure 5.25 to begin execution and grading of the component.

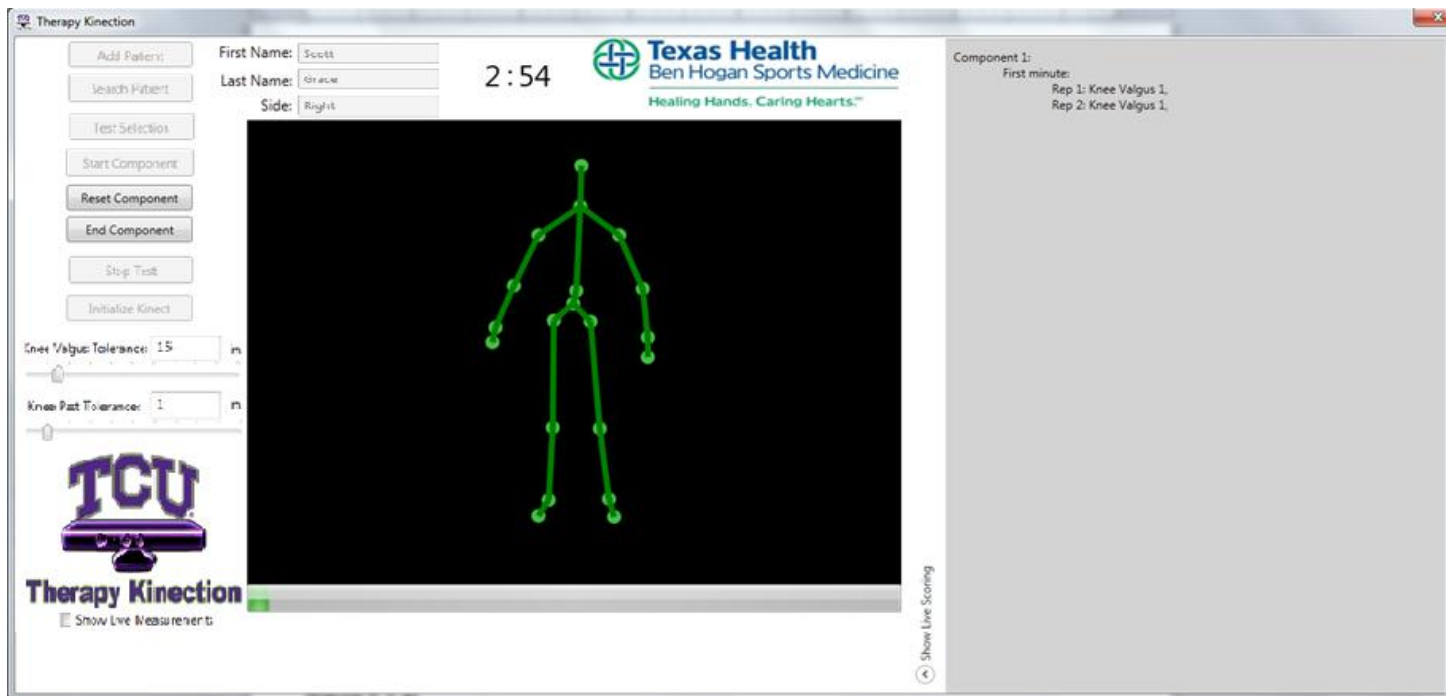


Figure 5.25

The component is now executing with the countdown timer at the top. The program will run through each of the four components in the following order; single leg squat, lateral bounding, forward jogging, and backward jogging.

When the countdown timer on each component reaches 0:00, the “Start Component” button will become available. Press the button to begin execution of the next component.

One may want to rest a component if an error occurs during testing, to do this press the “Rest Component” button to rest the grading of that particular component. The “Start Component” button will become available; press it to begin the component and testing again.

To skip a component press the “End Component” button and then the “Start Component” button to begin execution of the next component in the test. If you are at the last component and end the component the test will end.

To stop the test completely before it is finished press the “End Component” button followed by the “Stop Test” button. The user will be taken back to main window as seen in Figure 5.27.

At the end of component 4 only “Stop Test” button will be available.

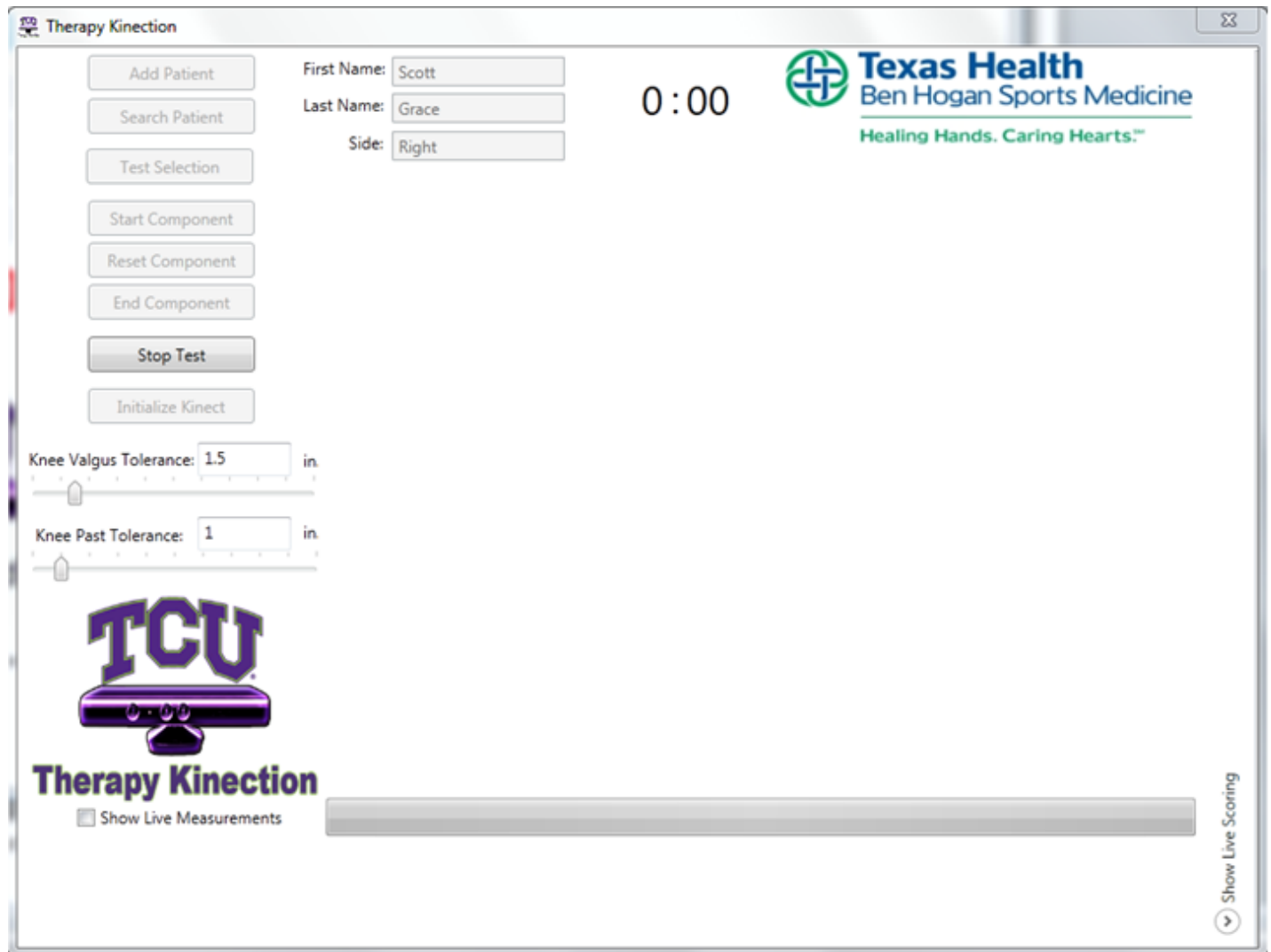


Figure 5.26

Once the test is completed, press the “Stop Test” button to be taken back to the initial screen as shown in Figure 5.27.

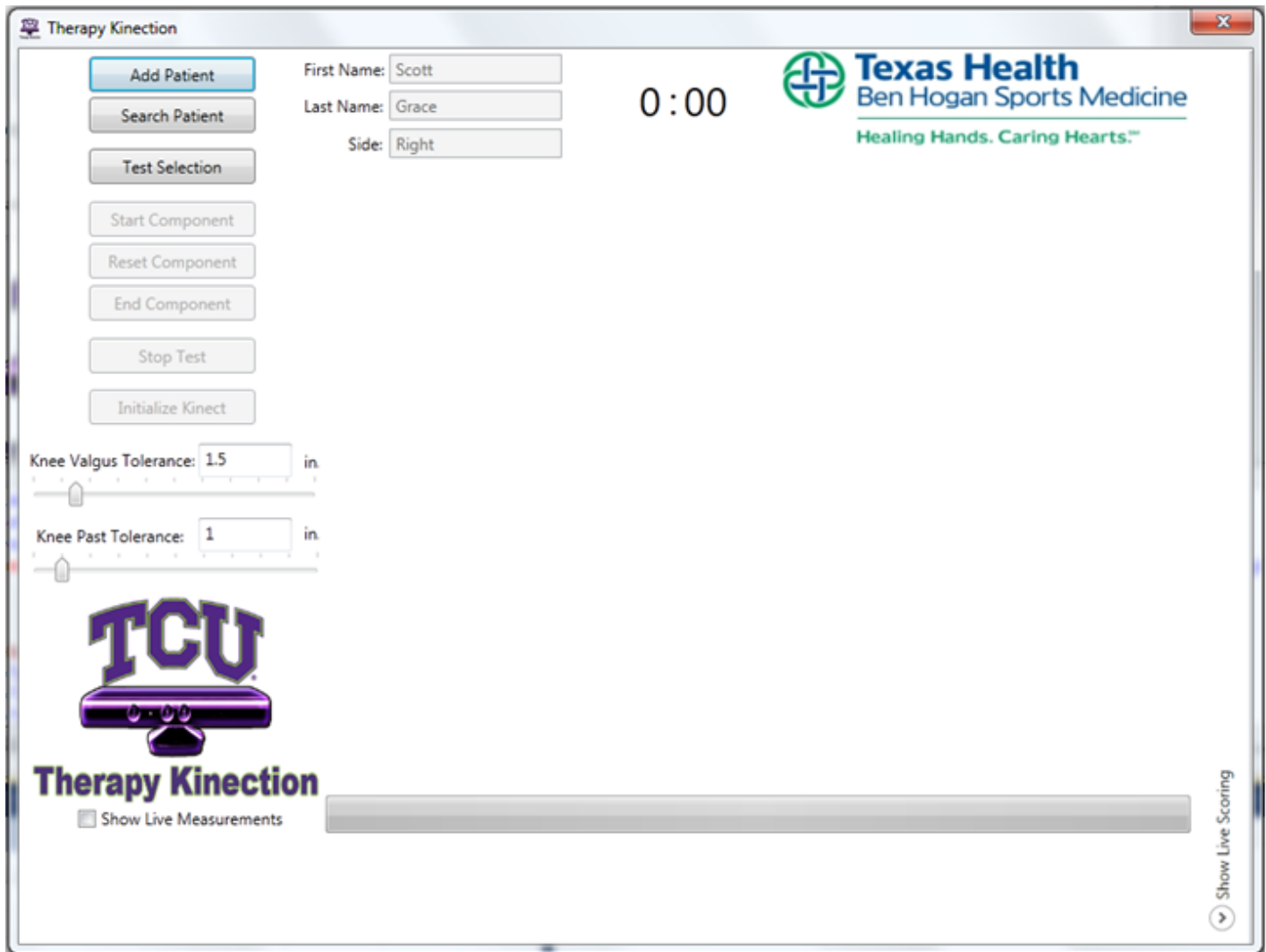


Figure 5.27

6. Glossary of Terms

Anterior Cruciate Ligament (ACL) - One of the 4 major ligaments of the human knee.

C# - Programming language developed by Microsoft. The language is used for Kinect and general Windows Application programming.

Database (DB) - Structured collection of data that contains the patient and test information.

Dynamic knee valgus - The bending angle of the knee inward, past the big toe, towards the opposite leg during the exercise.

Knee flexion - The angle the knee makes while bending the leg.

Microsoft Kinect - Kinect is a motion sensing input device by Microsoft for the Windows PCs. Based around a webcam-style add-on peripheral, it enables users to control and interact with PC through a natural user interface using gestures and spoken commands. The Kinect also recognizes 20 joints on the human body at a capture rate of 30 Hz.

Microsoft Visual Studio 2010 - An IDE that is used for many different types of programming languages, primarily languages developed by Microsoft.

Patella extending past big toe - During the leg squat the patient cannot have their knee pass in front of their big toe during the squat.

Upright trunk - Defined by Craig Garrison as the trunk of the patient being straight up and less than 30 degrees off center in any direction.

Vail sport test - A physical therapy test, co-developed by Craig Garrison, that is used to determine if the patient has regained the proper strength in his or her ACL to return to normal physical activity. A research paper concerning the test can be found here:

http://www.texashealth.org/workfiles/THR%20System/Ben_Hogan/Garrison%202012.pdf

7. Appendix

7.1. Appendix A: Vail Sport Test

VAIL SPORT TEST™

Name: _____ Date: _____

MD: _____ DX: _____ Mo. S/P: _____

Total Points: _____/54 * Patient must score 46/54 on the test in order to pass

Single Leg Squat (goal: 3 minutes)

1. Knee flexion angle between 30 and 60°

Yes (1) No (0)

2. Patient performs repetitions without dynamic knee valgus

*knee valgus = patella falls medial to the great toe

Yes (1) No (0)

3. Patient avoids locking knee during extension

Yes (1) No (0)

4. Patient avoids patella extending past the toe during knee flexion

Yes (1) No (0)

5. Patient maintains upright trunk during knee flexion

Yes (1) No (0)

Minute 1 _____ Minute 2 _____ Minute 3 _____

Single Leg Squat Total Points: _____/15

- If patient repeats error on 3 consecutive repetitions after correction, they are not eligible to receive a point for that particular standard (within each 1 minute timeframe).

Lateral Bounding (goal: 90 seconds)

1. Knee flexion angle is 30° or greater during landing

Yes (1) No (0)

2. Patient performs repetitions without dynamic knee valgus

*knee valgus = patella falls medial to the great toe

Yes (1) No (0)

3. Patient performs repetitions within landing boundaries

Yes (1) No (0)

4. Landing phase does not exceed 1 second in duration

Yes (1) No (0)

5. Patient maintains upright trunk during knee flexion

Yes (1) No (0)

1st 30 sec _____ 2nd 30 sec _____ 3rd 30 sec _____

Lateral Bounding Total Points _____/15

• If patient repeats error on 3 consecutive repetitions after correction, they are not eligible to receive a point for that particular standard (within each 30 second timeframe).

Forward Jogging (goal: 2 minutes)

1. Knee flexion angle between 30 and 60°

Yes (1) No (0)

2. Patient performs repetitions within landing boundaries

Yes (1) No (0)

3. Patient performs repetitions without dynamic knee valgus

* knee valgus = patella falls medial to the great toe

Yes (1) No (0)

4. Patient avoids locking knee during extension

Yes (1) No (0)

5. Landing phase does not exceed 1 second in duration

Yes (1) No (0)

6. Patient maintains upright trunk during knee flexion

Yes (1) No (0)

Minute 1 _____ Minute 2 _____

Forward Jogging Total Points _____/12

- If patient repeats error on 3 consecutive repetitions after correction, they are not eligible to receive a point for that particular standard (within each 1 minute timeframe).

Backward Jogging (goal: 2 minutes)

1. Knee flexion angle between 30 and 60°

Yes (1) No (0)

2. Patient performs repetitions within landing boundaries

Yes (1) No (0)

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3. Patient performs repetitions without dynamic knee valgus

* knee valgus = patella falls medial to great toe

Yes (1) No (0)

4. Patient avoids locking knee during extension

Yes (1) No (0)

5. Landing phase does not exceed 1 second in duration

Yes (1) No (0)

6. Patient maintains upright trunk during knee flexion

Yes (1) No (0)

Minute 1 _____ Minute 2 _____

Backward Jogging Total Points _____/12

- If patient repeats error on 3 consecutive repetitions after correction, they are not eligible to receive a point for that particular standard (within each 1 minute timeframe).