



BELLA

Model FS80982
Model FS80983
Model FS80984

FEATURES:

- 100 meters H2O
- Day/date
- EL backlight
- 10 lap memory chronograph
- Countdown timer
- Alarm
- Dual time

CONTROL BUTTONS

- S1 – Start/lap Button
S2 – Stop/reset Button
S3 – Mode Button
S4 – Light Button



DISPLAY MODES

The watch has five display modes:
NORMAL TIME (TIME),
CHRONOGRAPH (Chro), RECALL
(RCL), ALARM (AL) and TIMER (TMR).

The change from one display mode to another, press S3 button once.

TO SET THE TIME AND CALENDAR

1. Press S3 button to select NORMAL TIME mode.
2. Press S1 button to toggle between NORMAL TIME mode and TIME 2 mode to set.
3. Press and hold S2 button for around 2 seconds, the second digits will blink.
4. Press S1 button to reset the second digits to 00.
5. Press S3 button once, the hour digits will blink.
6. Press S1 to set the hour digits. Holding down the button will speed up the process.
7. Press S3 button once, the minute digits will blink.
8. Press S1 button to set the minutes digits.
9. Follow the same pattern to set the

- day (of the week), year, month, date and hour format.
10. To set the hour format, press S1 button to toggle between 12-hour and 24-hour format. The P.M. indicator may be displayed to indicate the time period 12:00 A.M. – 11:59 P.M. in 12-hour format.
 11. After finish making all the settings, press S2 button to confirm.

NOTE: The chosen hour format will apply to both NORMAL TIME mode and TIME 2 mode.

NOTE: In TIME 2 settings, only hours, minutes, day, year, month and date are open to setting.

TO USE THE CHRONOGRAPH (STOP WATCH)

1. Press S3 button to select CHRONOGRAPH mode.
2. The chronograph will then be displayed in its current state – reset, running, or stopped.
3. To resume a counting, press S1 button to resume from where it left off.
4. To start a new counting, reset the chronograph to zero first. Press S1 button to stop counting, then press S2 button to reset counter to zero.

For changing the chronograph display format:

- In CHRONOGRAPH mode,
1. Press S2 button to toggle between SPLIT format and LAP format.
 2. If SPLIT format is selected, the split time (cumulative lap time) will be displayed. If LAP format is selected, the lap time (individual lap time) will be displayed.

For the measurement of elapsed time:

- In CHRONOGRAPH mode,
1. Press S1 button to start counting.
 2. To stop counting, press S2 button. Press S1 button to resume from where if left off.
 3. To reset to zero, press S2 button to stop counting, then press S2 button again to reset the counter to zero.

For the measurement of split time:

- In CHRONOGRAPH mode,
1. Press S1 button to start counting.
 2. While the chronograph is running, press S1 button once to register a lap.
 3. Depends on the chronograph display format selected, the cumulative lap time (if SPLIT format is selected) or the individual lap time of the previous lap (if LAP format is selected) will be displayed. After around 5 seconds, the currently accumulated time will be displayed.
 4. Repeat the last step until all the laps have been registered.
 5. To stop counting, press S2 button.

- Press S1 button to resume from where if left off.
6. To reset to zero, press S2 button to stop counting, then press S2 button again to reset the counter to zero.

TO USE THE RECALL FUNCTION

1. Press S3 button to select RECALL mode. The lap record of the previous chronograph counting will be displayed.
2. Press S1 button to cycle the first nine to the last split/lap record.
3. Press S2 button to return to CHRONOGRAPH mode.

NOTE: The lap record will be cleared when chronograph is reset.

TO SET THE ALARM TIME

1. Press S3 button to select ALARM mode.
2. Press S2 button toggle between HOME ALARM (HOME) and TIME 2 ALARM (T2) to set.
3. Press and hold S2 button for around 2 seconds, the hour digits will blink.
4. Press S1 button to set the hour digits. Holding down the button will speed up the process.
5. Press S3 button once, the minute digits will blink.
6. Press S1 button to set the minute digits.
7. After finishing making all the settings, press S2 button to confirm.

NOTE: The alarm will automatically be activated after being set.

TO TURN ON/OFF THE ALARM AND HOURLY CHIME

- In ALARM mode,
1. Press S2 button toggle between HOME ALARM and TIME 2 ALARM to set.
 2. Press S1 button once to activate the hourly chime. Chime indicator will appear.
 3. Press again to activate the alarm. Alarm indicator will appear.
 4. Press the third time to activate both functions. Both of the indicators will appear.
 5. Press the fourth time to deactivate both functions. Both of the indicators will disappear.

WHEN AN ALARM OR HOURLY CHIME GOES OFF

A beep will be emitted by the hour if the hourly chime is activated.

An 20-second alarm tune will be emitted at the designated time when the alarm is activated. To stop the tune, press any button.

TO SET THE TIMER

1. Press S3 button to select TIMER mode.
2. Press and hold S2 button for around 2 seconds, the hour digits will blink.
3. Press S1 button to set the hour digits. Holding down the button will

- speed up the process.
4. Press S3 button, the minute digits will blink.
 5. Press S1 button to set the minute digits.
 6. Press S3 button, the second digits will blink.
 7. Press S1 button to set the second digits.
 8. After finish making all the settings, press S2 button to confirm.

TO USE THE TIMER

- In TIMER mode,
1. Press S1 button to start counting.
 2. To stop counting, press S2 button. Press S1 button to resume from where it left off.
 3. To reload the timer, press S2 button to stop counting, and then press S2 button again.
 4. After reaching zero in a countdown, a tune will be emitted. To stop the tune, press any button.

TO USE THE BACKLIGHT

Press S4 button to turn on the backlight for 3-5 seconds.

OTHERS

In any setting procedure, if there is no key manipulation for around 1-2 minutes, the watch will automatically save the entered data and exit the setting procedure.

WATER RESISTANCE GUIDE	
WATER RESISTANCE	SUITABLE ATMOSPHERE
3 ATM / 30 METERS H2O	Suitable for washing hands and light splashing
5 ATM / 50 METERS / 165 FEET / 30 METERS H2O	Suitable for light swimming. E.g.: Bathing in a pool or low tide waters, but not suitable for diving
10 ATM / 100 METERS / 330 FEET / 100 METERS H2O	Suitable for most water sports, E.g.: Swimming, surfing and snorkeling, but not suitable for deep water diving
20 ATM / 200 METERS / 660 FEET / 200 METERS H2O	Suitable for most water sports including deep water diving

FOLLOW THESE 8 TIPS TO GET THE MOST OUT OF YOUR NEW WATCH!

1. Never pull out the crown or operate the pushers/buttons under water.
2. Make sure your crown is returned to the original position before you expose your watch to water.
3. If your watch is exposed to saltwater it is very important to wash it thoroughly under tap water and wipe dry with a soft cloth. Keep it clean!
4. Severe impacts or drops may affect your watches water resistance and performance.
5. Avoid exposing your Freestyle watch to extreme temperatures such as in a hot shower, Jacuzzi, sauna or hot tub. The combination of extreme heat and water may cause your watch to lose some of its water resistance.
6. Avoid exposing your watch to chemicals, soaps or solvents as they deteriorate the water resist seals in your watch.
7. Never try to remove the caseback, leave this to a certified watch repair technician or Freestyle service center. This will help in preventing water leakage from improper battery replacement.
8. It is advisable to have your watch pressure tested annually and to re-furbish your watch every 2-3 years to extend the life of the watch.

LIMITED LIFETIME WARRANTY
Freestyle U.S.A. warrants, to the original purchaser, that its watches are free from defects in materials and workmanship for the lifetime of the watch (under normal use) from date of original purchase. The following are not covered under warranty: battery, strap/bracelet/ band and crystal.

Accidental breakage or damage due to normal wear or misuse of the product, including but not limited to the mathematical accuracy of the product, is not covered under this warranty. Some states do not allow limitations on how long an implied warranty lasts, or the exclusions of or limitations on consequential damages, so the above limitation may not apply to you. This warranty gives you specific legal rights, and you may have other rights, which vary from state to state.

Under this warranty FREESTYLE will make any necessary repairs, if applicable, at no cost to you the consumer. Any repair needed that is not under warranty will be at the cost of you the consumer. Proof of purchase and / or original receipt it needed to validate your warranty.

Your warranty is voided by any servicing out by a non-authorized agent. Any other form of guarantee to you by the retailer is his / her responsibility. This warranty applies to watches purchased in the United States. For watches purchased outside the United States, please contact you authorized FREESTYLE dealer for warranty information.

Please send to the address below and include the following (w/ the form included on either this page or the flipside)

- 1) A copy of your original sales receipt
- 2) Your printed name, address, phone number and a brief description of the problem.
- 3) A Check, Money Order payable to Freestyle USA in the amount of \$8.50 for processing and handling. If using a Credit Card, be sure to include card number and expiration date on included form.

FREESTYLE
Attn: Individual Returns
47-50 33rd Street
Long Island City, NY 11101
1-888-222-5230 ext.502
www.freestyleusa.com

Should the warranty on your watch no longer be valid or found to be voided, please see the enclosed mailing form (on this page or flipside) for replacement costs per item. Please do not include any special watchband or any other items of personal value in your shipment. Allow 30 days for processing and the return of your serviced watch.



Freestyle®

Attn: Individual Returns
47-50 33rd Street
Long Island City, NY 11101
1-888-222-5230 ext.502
www.freestyleusa.com

Battery	\$ 4.00
Case	10.00
Bezel	6.00
Band(Polyurethane)	12.00
Band(Leather)	12.00
Band(Metal)	20.00
Band(Nylon)	7.00
Processing and handling	8.50
Total	\$ _____

Check or Money Order
 Master Card
 Visa

_____ Card #

_____ Exp Date

_____ Name

_____ Address

_____ Phone #

_____ Signature

visit our site
www.freestyleusa.com