

# Always here to help you

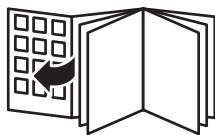
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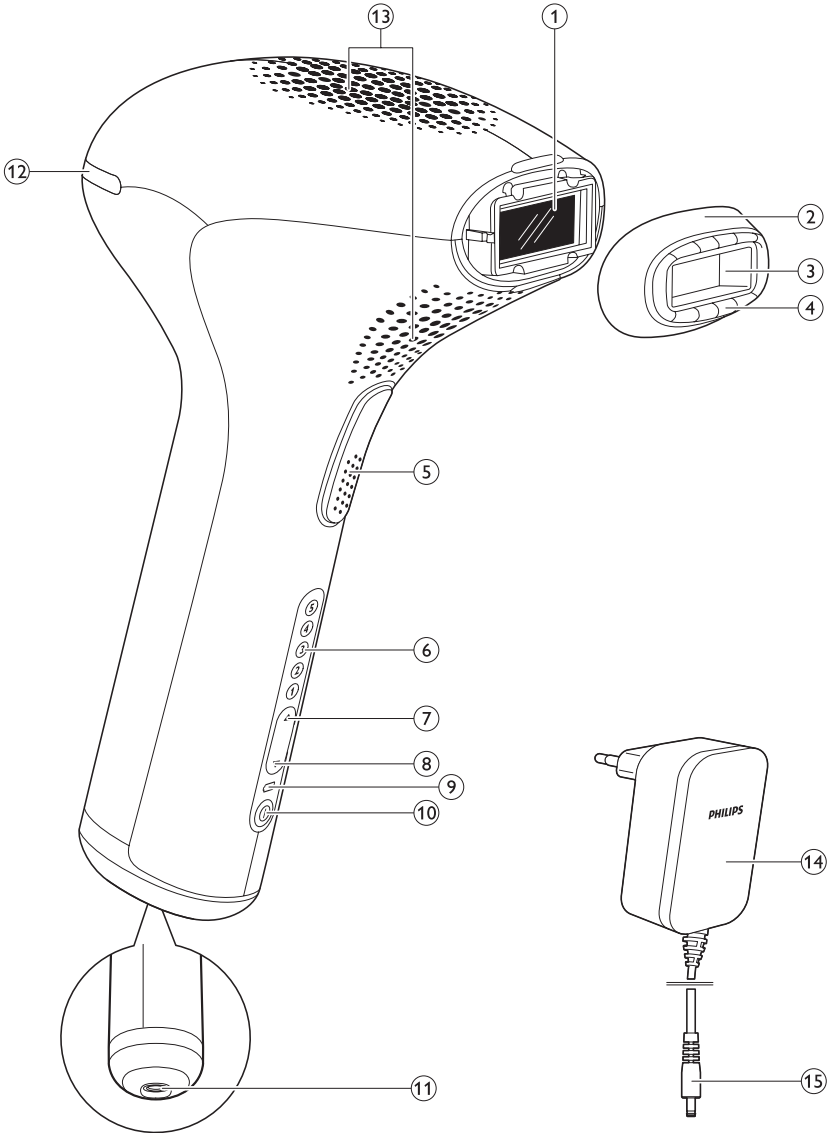
SC2004



# User manual

# PHILIPS







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## Introduction

Congratulations on your purchase and welcome to Philips!  
To fully benefit from the support that Philips offers, register your product at [www.philips.com/welcome](http://www.philips.com/welcome).

Light-based hair removal is one of the most effective methods to treat unwanted body hair with longer-lasting results. It is different from current home hair removal methods because it significantly reduces hair regrowth. Philips has been investigating this method together with leading dermatologists for over 10 years. You can now use this innovative technology comfortably in the privacy of your own home, whenever and wherever you want.

This appliance has been specifically designed and optimised for use by women, but can be used by men as well.

Philips Lumea enables treatment of unwanted hair below the neck, using the tailored attachment.

Philips Lumea is designed for use by one person only.

For more information about Philips Lumea and movies about how to use Lumea, see [www.philips.com/lumea](http://www.philips.com/lumea). Check our homepage regularly for updates.

## Benefits

This appliance provides the following benefits:

### **Intense Pulsed Light (IPL) technology for home use**

Philips Lumea uses a light-based technology called 'Intense Pulsed Light' (IPL). IPL is also used in the professional beauty market for hair removal and has been in use for the last fifteen years. Philips Lumea now brings you this innovative technology for safe and effective use in the comfort of your home.

### **Effective hair regrowth prevention for everyday smoothness**

This method provides you with long-lasting hair regrowth prevention and silky-smooth skin. Our studies have shown a significant hair reduction already after two treatments. Optimal results were generally achieved after four to five treatments. A reduction in hair density is visible from treatment to treatment. How fast the effect becomes visible and how long the results last varies from person to person. For more information, see section 'How to achieve optimal results' in chapter 'Using the appliance'.

### **Gentle treatment, even on sensitive body areas**

Philips Lumea has been developed in close cooperation with leading dermatologists and has been tested by over 2000 women for an effective and gentle treatment, even on the most sensitive body areas.

### **Cordless operation for maximum freedom and flexibility**

Because the appliance runs on rechargeable batteries, it is portable and can be used anywhere.

### **Long-lasting battery for complete body treatment**

A fully charged battery provides a complete body treatment (underarms, bikini line and lower legs) in one go, without recharging breaks.\*

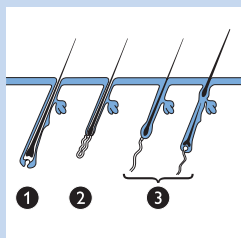
\*Based on the average treatment times for each area and the recommended intensities for one user.

### **No replacement parts needed, no hidden costs**

Philips Lumea is equipped with a high-performance lamp which does not require replacement. This lamp can generate over 100,000 flashes and should enable you to continuously maintain results for more than 5 years\* while saving money on expensive replacement lamps.

\*Based on the average treatment times for each area and the recommended intensities for one user.

### **How Philips' Intense Pulsed Light technology works**



#### **Hair growth**

Hair growth rates differ from person to person, depending on age, metabolism and other factors. However, everyone's hair normally grows in 3 phases.

##### **1 Growing phase (anagen phase)**

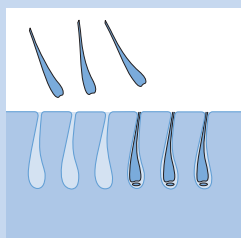
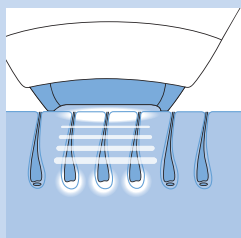
The hair grows actively from the root. In this phase the concentration of melanin is highest. Melanin is responsible for the pigmentation of the hair. Melanin concentration is also the determining factor for the efficacy of this method. Only hairs in the growing phase are susceptible to treatment with light.

##### **2 Degradation phase (catagen phase)**

Hair growth stops and the root shrinks before the hair sheds.

##### **3 Resting phase (telogen phase)**

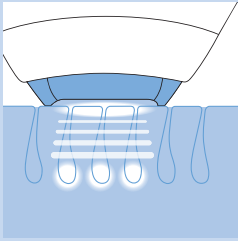
The old hair separates from its hair follicle and sheds. The follicle remains at rest until the biological clock tells it to become active again and grow a new hair.



#### **Working principle**

- The appliance works by heating up the hair and root beneath the skin. The melanin in the hair and hair root absorbs the released light pulses. The darker the colour of the hair; the more light can be absorbed. This process stimulates the hair to go into the resting phase.
- In between treatments, hair sheds naturally and regrowth is inhibited. Hairs can take one or two weeks to shed.





- Optimal hair removal cannot be obtained with a single session, since only hairs in the growing phase are susceptible to treatment with light. During a treatment, hairs on the treated area are usually in different stages of the hair growth cycle. To effectively treat all hairs you have to repeat the treatment every two weeks for a few times.

An integrated optical filter ensures that no UV light reaches the skin and guarantees that the appliance is safe for the skin.

### General description (Fig. 5)

- 1 Light exit window with integrated UV filter
- 2 Body attachment (suitable for all body areas below the neck)
- 3 Metallic frame inside the attachment
- 4 Safety system (safety ring with contact switches)
- 5 Flash button
- 6 Intensity lights (1- 5)
- 7 ▲ Intensity increase button
- 8 ▼ Intensity decrease button
- 9 Charging light and battery low indication
- 10 On/off button
- 11 Appliance socket
- 12 'Ready to flash' light
- 13 Air vents
- 14 Adapter
- 15 Small plug

### Important

Read this user manual carefully before you use the appliance and save it for future reference.

### Danger



- Water and electricity are a dangerous combination. Do not use this appliance in wet surroundings (e.g. near a filled bath, a running shower or a filled swimming pool).
- Keep the appliance and the adapter dry.
- If the appliance is broken, do not touch any inner part to avoid electric shock.
- Never insert any objects into the appliance.

### Warning

- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.

- The appliance is not intended for children under the age of 15 years. Teenagers aged between 15 and 18 years can use the appliance with the consent and/or assistance of their parents or the persons who have parental authority over them. Adults from 19 years and older can use the appliance freely.
- Only charge the appliance with the adapter supplied.
- Do not use the appliance or the adapter if it is damaged.
- The adapter contains a transformer. Do not cut off the adapter to replace it with another plug, as this causes a hazardous situation.
- If the adapter is damaged, always have it replaced with one of the original type in order to avoid a hazard.
- Do not use the appliance if the UV filter of the light exit window is broken.

### **To prevent damage**

- Make sure nothing obstructs the air flow through the ventilation slots.
- Never subject the appliance to heavy shocks and do not shake or drop it.
- If you take the appliance from a very cold environment to a very warm environment or vice versa, wait approximately 3 hours before you use it.
- Store the appliance in a dust-free place to prevent it from becoming dusty.
- Never leave the appliance unattended when it is switched on. Always switch off the appliance after use.
- Do not expose the appliance to direct sunlight or UV light for several hours.
- Do not flash against any other surface than the skin. This can cause severe damage to the attachment and/or the light exit window. Only flash when the appliance is in contact with skin.

### **Caution**

- Never use the appliance around the eyes and near the eyebrows to avoid the risk of eye damage.
- Use this appliance only at settings suitable for your skin type. Use at higher settings than those recommended can increase the risk of skin reactions and side effects.
- This appliance is only intended for removing unwanted body hair from areas below the neck. Do not use it for any other purpose.

### **Keep the following things in mind to avoid compromising the lifetime of your Philips Lumea:**

- Do not expose the appliance to temperatures lower than 15°C or higher than 35°C during use.
- The appliance is equipped with a built-in overheat protection. If the appliance overheats, it does not flash. Do not switch off the appliance, but let it cool down for approx. 15 minutes before you continue with your treatment.
- Always return the appliance to a service centre authorised by Philips for examination or repair. Repair by unqualified people could cause an extremely hazardous situation for the user.
- Never use the appliance in any of the cases mentioned in the section 'Contraindications'.

**For whom is Philips Lumea NOT suitable?**

Philips Lumea is not designed for everyone. If any of the following is true for you, then this appliance is **not** suitable for you to use!

**Contraindications****Never use the appliance if you are pregnant or breast feeding.****Never use the appliance if you have an unsuitable skin and/or hair colour, i.e.:**

- If your natural hair colour in the treatment areas is light blond, white, grey or red.
- If you are of skin type VI (you rarely or never get sunburnt and you tan very darkly; your skin colour is brownish black or darker). In this case you run a high risk of developing skin reactions, such as discolourations, strong redness or burns, when you use Philips Lumea. See also chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

**Never use the appliance if you suffer from any of the diseases listed below, i.e.:**

- If you have a skin disease such as active skin cancer; you have a history of skin cancer or any other localised cancer in the areas to be treated.
- If you have pre-cancerous lesions or multiple atypical moles in the areas to be treated.
- If you have a history of collagen disorder; including a history of keloid scar formation or a history of poor wound healing.
- If you have a history of vascular disorder; such as the presence of varicose veins or vascular ectasia in the areas to be treated.
- If your skin is sensitive to light and easily develops a rash or an allergic reaction.
- If you have infections, eczema, burns, inflammation of hair follicles, open lacerations, abrasions, herpes simplex, wounds or lesions and haematomas in the areas to be treated.
- If you have had surgery in the areas to be treated.
- If you have epilepsy with flashlight sensitivity.
- If you have diabetes, lupus erythematoses, porphyria or congestive heart disease.
- If you have any bleeding disorder.
- If you have a history of immunosuppressive disease (including HIV infection or AIDS).

**Never use the appliance if you take any of the medications listed below, i.e.:**

- If your skin is currently being treated with or has recently been treated with Alpha-Hydroxy Acids (AHAs), Beta-Hydroxy Acids (BHAs), topical isotretinoin and azelaic acid.
- If you have taken any form of isotretinoin Accutane® or Roaccutane® in the last six months. This treatment can make skin more susceptible to tears, wounds and irritations.
- If you are on painkillers, which reduce the skin's sensitivity to heat.
- If you are taking photosensitising agents or medications, check the package insert of your medicine and never use the appliance if it is stated that it can cause photo-allergic reactions, photo-toxic reactions or if you have to avoid sun when taking this medicine.

- If you take anticoagulation medications, including heavy use of aspirin, in a manner which does not allow for a minimum 1-week washout period prior to each treatment.
- If you take immunosuppressive medications.

**Never use the appliance on the following areas:**

- On the face.
- On nipples, areolas, labia minora, vagina, anus and the inside of the nostrils and ears.
- Men must not use it on the scrotum and face.
- Over or near anything artificial like silicone implants, pacemakers, subcutaneous injection ports (insulin dispenser) or piercings.
- On moles, freckles, large veins, darker pigmented areas, scars, skin anomalies without consulting your doctor. This can result in a burn and a change in skin colour, which makes it potentially harder to identify skin-related diseases (e.g. skin cancer).
- On warts, tattoos or permanent make-up. This can result in a burn and a change in skin colour (hypopigmentation or hyperpigmentation).
- On areas, where you use long-lasting deodorants. This can result in skin reactions. See chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

**Never use the appliance on sunburnt, recently tanned (last 48 hours) or fake-tanned skin:**

- All types of tanning can influence the safety of the treatment. This applies to exposure to natural sunlight as well as artificial tanning methods, such as tanning lotions, tanning appliances etc. If you are tanned or are planning to tan, see chapter 'Preparing for use', section 'Tanning advice'.

*Note: This list is not exhaustive. If you are not sure whether you can use the appliance we advise you to consult a doctor.*

**Electromagnetic fields (EMF)**

This Philips appliance complies with all applicable standards and regulations regarding exposure to electromagnetic fields.

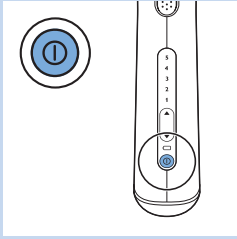
**Charging**

Fully charge the batteries before you use the appliance for the first time and when the batteries are empty. Fully charging the batteries takes up to 1 hour and 40 minutes.

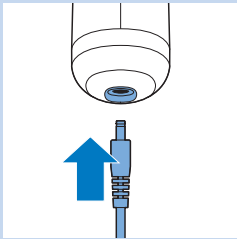
Charge the appliance when the charging light lights up orange during use to indicate that the battery is low and will run out soon.

Fully charged batteries provide at least 370 flashes at light intensity 5.

Fully charge the appliance every 3 to 4 months, even if you do not use the appliance for a longer time.

**Charge the appliance in the following way:**

- 1 Switch off the appliance.



- 2 Insert the small plug into the appliance and put the adapter in the wall socket.
  - ▶ The charging light flashes green to indicate that the appliance is charging.
  - ▶ When the batteries are fully charged, the charging light lights up green continuously.

**Notes:**

- The adapter and the appliance feel warm during charging. This is normal.
- You cannot use the appliance during charging.
- This appliance is equipped with battery-overheat protection and does not charge if the room temperature exceeds 40°C.

**Never cover the appliance and adapter during charging.**

- 3 After charging, remove the adapter from the wall socket and pull the small plug out of the appliance.

**Preparing for use**

For optimal results and greatest effect, prepare the areas on which you intend to use the appliance in the manner described below.

**Preparing treatment areas**

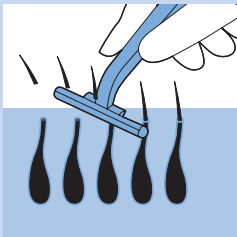
- 1 Shave the areas you intend to treat as long as you still experience hair regrowth.

*Note: If your last depilation method involved removing hairs by the roots (e.g. epilating, waxing etc.), wait until you notice significant hair regrowth before you use Philips Lumea. Do not use depilatory creams instead of shaving.*

**Please note that treatment on unshaved or improperly shaved areas has a number of undesired effects:**

- The light exit window and attachment may become contaminated with stray hairs and dirt. A contaminated light exit window and attachment can reduce the life and efficacy of the appliance. In addition, burns or black spots that appear on the light exit window and attachments due to contamination can cause the treatment to become painful or cause skin reactions like redness and discoloration.
- Hairs on your skin can burn, which can result in an unpleasant smell.

- 2 Clean your skin and make sure it is hair-free, entirely dry and free from oily substances (e.g. present in cosmetic products like deodorants, lotions, perfumes, tanning creams and sunscreens).



- 3** Check the appliance, especially the light exit window and attachment, for trapped hair, dust and fibres. If you see any contamination, clean the appliance according to the instructions in chapter 'Cleaning and maintenance'.

Notes:

- If shaving causes wounds or lesions, your skin may be more sensitive and the light treatment may sometimes feel uncomfortable.
- Once the hairs stop growing back, which usually happens after 4-5 treatments, you no longer have to shave before you use the appliance.

### Setting the light intensity

Philips Lumea is an appliance developed for consumer use at home and therefore not comparable with professional light-based appliances with respect to pain sensation. The pulses of light delivered by Philips Lumea are gentler than those from professional appliances and therefore you can expect a **convenient** and **effective** treatment.

You have to adjust the light intensity to your skin and body hair colour and to a level you find comfortable.

The recommended light intensities table below helps you to establish the right light intensity

- 1** Consult the table below to determine which light intensities are most suitable for your skin and body hair colour and to check if this method is suitable for you (if it is not, this is indicated with x in the table).
- 2** Each body area and possibly even parts of a body area may require a separate appropriate light intensity according to the recommended light intensities table below. The method is more effective at higher intensities, but you should reduce the light intensity if you experience any pain or discomfort.

*Note: The required light intensity for different body areas may vary due to different skin colours. For example, the skin of the lower legs can be darker than the skin of the underarms due to more sun exposure.*

Persons with darker skin run a higher risk of skin irritation because their skin absorbs more light. Therefore lower intensities are recommended for persons with darker skin.

The light pulse can feel warm or hot on the skin but should never be painful. To prevent skin reactions, see chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

### Recommended light intensities (1-5)

In the table below, 'x' means that the appliance is not suitable for you.

Skin colour and characteristics:	White (always sunburn, no tanning)	Beige (easy sunburn, minimal tanning)	Light brown (sometimes sunburn, good tanning)	Mid brown (rarely sunburn, fast and good tanning)	Dark brown (rarely sunburn, very good tanning)	Brownish black and darker (rarely to never sunburn, very dark tanning)
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Body hair colour:

dark blond/light brown/brown/dark brown/black	4/5	4/5	4/5	3/4	1/2/3	x
white/grey/red/light blond	x	x	x	x	x	x

### Important

To check whether Philips Lumea is suitable for you, see section 'For whom is Philips Lumea not suitable?.'

If your skin has been exposed to natural sunlight or an artificial tanning method, it may be darker than during the previous treatment. Check the table above to determine which settings are suitable for your skin colour.

### Tanning advice

#### Sun exposure before treatment

- If your skin is tanned, perform a skin test (see chapter 'Using the appliance', section 'First use') on the area to be treated to determine the appropriate light intensity. A failure to do so causes a risk of developing skin reactions after treatment with Philips Lumea.
- Wait at least 48 hours after sunbathing before you use the appliance. Sunbathing can cause skin to darken (tan) and/or can cause sunburn (reddening of the skin).
- After these 48 hours, check the skin for any remaining sunburn. Do not use Philips Lumea as long as sunburn persists.
- When the sunburn has disappeared, perform a skin test (see chapter 'Using the appliance', section 'First use') on the area to be treated to determine the appropriate light intensity.

#### Sun exposure after treatment

- Wait at least 24 hours after treatment before you expose treated areas to the sun. Even after 24 hours, make sure that the treated skin does not show any redness from the treatment anymore before you expose it to the sun.
- Cover treated areas when you go out into the sun or use a sunblock (SPF 30+) in the two weeks after treatment.
- Exposing treated areas to sunlight without protection immediately after treatment can increase the risk of adverse side effects and skin reactions. See chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

#### Tanning with artificial light

- Follow the instructions in 'Sun exposure before treatment' and 'Sun exposure after treatment' above.

### Tanning with creams

- If you have used an artificial tanning lotion, wait until the artificial tan has fully disappeared before you use Philips Lumea.

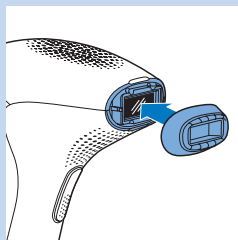
*Note: For more details on unwanted skin reactions, see chapter 'Using the appliance', section 'Possible side effects and skin reactions'.*

### Using the appliance

Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to determine which light intensities are most suitable for your skin and body hair colour. Use the appliance in a **well-lit** room; this reduces the perceived brightness of the flash. Shave the area you intend to treat before you use the appliance (see chapter 'Preparing for use', section 'Preparing treatment areas').

If the treatment becomes intolerably painful at any point in time, reduce the light intensity setting until the treatment is comfortable again. If you notice skin reactions stronger than slight redness, stop the treatment immediately and read section 'Possible side effects and skin reactions' in this chapter.

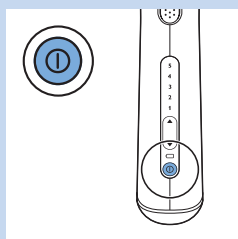
### First use and skin test



#### 1 Attach the body attachment to the appliance.

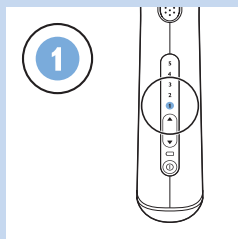
The body attachment can be used to treat unwanted body hair on all body areas below the neck (for exceptions, see chapter 'Important', section 'Contraindications').

#### 2 Choose an area close to the area you intend to treat.



#### 3 Press the on/off button to switch on the appliance.

- ▶ The appliance always starts automatically at the lowest setting.



#### 4 Apply one flash at the lowest recommended intensity for your skin type (for instructions on how to release a flash, see steps 6 to 9 of section 'Subsequent use' in this chapter).

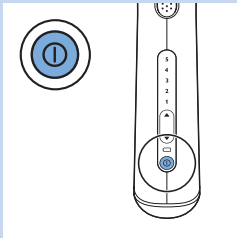
#### 5 As long as it feels comfortable (not painful), increase the setting by one level within the recommended range for your skin type and apply one flash for each setting. Do not apply more than one flash on the same spot.

#### 6 After the skin test, wait for 24 hours and check your skin for any reaction. If your skin shows reactions, choose the highest setting that did not result in any skin reaction for subsequent use.



When you use the appliance for the first time, we advise you to perform a skin test on the area to be treated to check your skin's reaction to the treatment and to get accustomed to light-based treatment.

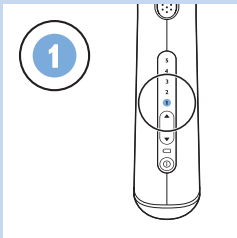
### Subsequent use



- 1 Before every treatment, clean the attachment, the light exit window and the metallic frame inside the attachment of Philips Lumea. For more information see chapter 'Cleaning and maintenance'.

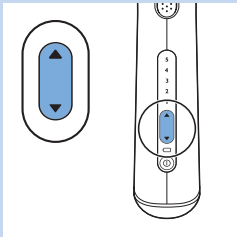
- 2 Press the on/off button to switch on the appliance.

*Note: It is normal that the appliance and the attachment become warm during use.*



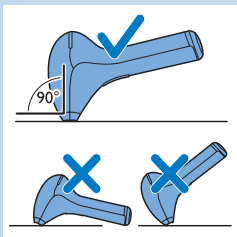
- 3 Start each treatment by selecting the light intensity very carefully, based on your skin's sensitivity and on how comfortable treatment feels.

Your skin may react differently on different days/occasions for a number of reasons and especially after tanning. See section 'Possible side effects and skin reactions' in this chapter for more information.

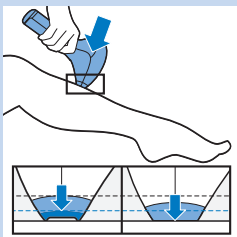


- 4 Press the ▲ button to increase the intensity. To lower the intensity, press the ▼ button.

- ▶ Every time you press the button, the corresponding intensity light starts to flash. This takes a few seconds.

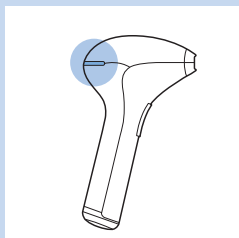


- 5 Place the appliance at a 90° angle on the skin so that the attachment and the safety ring are in contact with the skin.



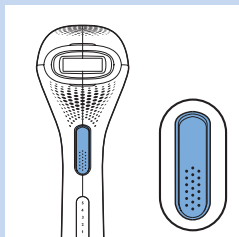
- 6 Press the safety ring fully onto the skin with slight pressure.

*Note: The safety ring has contact switches that together are the safety system of the appliance. This safety ring prevents unintentional flashing without skin contact.*

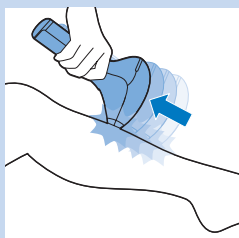


- The 'ready to flash' light on the back of the appliance lights up green when all contact switches of the safety ring are in contact with the skin and the device is charged. This may take a few seconds.

*Tip: For easier use, stretch the area of skin you want to treat. On areas with softer skin, you may need to exert more pressure on the appliance to push in all contact switches.*



- 7** Press the flash button to release a flash. Now you have 2 options to release the next flash:

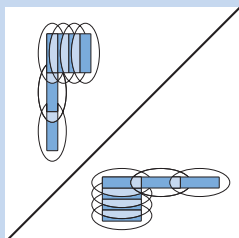


- A Keep the flash button pressed. The appliance releases one flash after another as long as the safety ring is in full contact with the skin. Immediately after the appliance has flashed, slide the appliance to the next area. Make sure the safety ring is fully pressed onto the skin. This 'Slide & Flash mode' is especially convenient for treatment of larger areas like the legs.
- B Let go of the flash button after each flash. For the next flash, place the appliance on the area right next to the previously flashed area. Make sure the safety ring is fully pressed onto the skin. This 'Step & Flash mode' guarantees a precise treatment of e.g. the knees or ankles.

*Note: After a few seconds, the appliance is ready to flash again, so make sure that you move it to the next area immediately after it has flashed.*

Do not treat exactly the same area multiple times during one session. This does not improve the effectiveness of the treatment, but increases the risk of skin reactions.

*Note: The visible light produced by the appliance is the reflection of the flash on the skin and is harmless to your eyes. It is not necessary to wear goggles during use.*



- 8** To avoid untreated areas, always make sure there is a slight overlap with the previously treated area when you place the appliance on the skin. The effective light only comes out of the light exit window. Make sure the flashes are produced close to each other.
- 9** Switch off the appliance after you have finished the treatment.
- 10** Check the light exit window and the attachment for hairs and dirt and clean the appliance after use (see chapter 'Cleaning and maintenance').

## Guidelines for treatment

### Average treatment time

Area	Approx. treatment time
Underarms	1 minute per underarm
Bikini line	1 minute per side
Entire bikini area	4 minutes
One lower leg	8 minutes
One full leg	14 minutes

*Note: The average treatment times above have been observed during research and tests. Individual treatment times may vary from person to person.*

*Note: Fully charged batteries offer at least 370 flashes at intensity 5. How long you can use the appliance depends on the size of the area to be treated and the intensity setting used.*

### Using the appliance on the legs

Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your legs.

- You can move the appliance up and down or across the leg, whichever is more convenient to you.

*Note: Bony areas like shinbone and ankles are more sensitive than other areas of the body. When you press the attachment hard onto these areas, the skin can be more susceptible to skin reactions, such as skin irritation and redness. See section 'Possible side effects and skin reactions' in this chapter. Press the attachment onto the skin just hard enough to make the 'ready to flash' light go on, but not harder.*

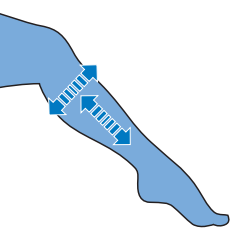
**Tip: The appliance may leave imprints on the skin in the treated areas. These imprints may show you where you can make the treated areas overlap.**

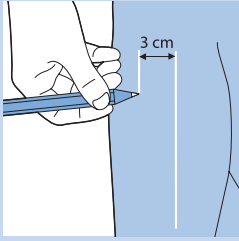
If you use the appliance to treat both your lower and upper legs, you may have to recharge the appliance during the treatment. This is normal. How long you can use the appliance depends on the size of the treatment area and the intensity setting used.

**Tip: Many users combine leg treatments with other activities around the house such as watching TV or listening to music. You can also try this to make the experience more enjoyable and relaxing.**

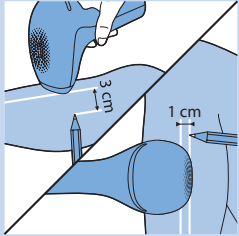
### Tip: White eye pencil

To help you remember what part of your skin you have already treated, you can mark sections on your leg with a white eye pencil.





- 1 Take a white eye pencil and draw a line on your leg. Start at any point of your leg and draw a straight line.



- 2 Draw additional lines at a distance of 3cm from the first line if you use the appliance horizontally or at a distance of 1cm if you use the appliance vertically.

Perform the treatment section by section. If you need to take a break during a session, just mark the last treated area with the same eye pencil and resume the treatment later.

**Note:** Only use a white eye pencil. Any other colour absorbs the light and may cause skin irritation.

### Using the appliance in the bikini area

Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your bikini area.

In principle, Philips Lumea is safe and gentle enough for treatment of the entire bikini area (e.g. for 'Brazilian' or 'Hollywood' style). Use a lower setting on darker pigmented, more sensitive skin in the bikini area. Do not use the appliance on inner labia, vagina and anus. Men who wish to treat their pubic area must not use the appliance on the scrotum.

**Note:** For hygienic reasons, always clean the body attachment before you start treating another body area.

### Using the appliance on the underarms

Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your underarms.

Make sure you remove any deodorant, perfume, cream or other skin care product from your underarms before treatment.

**Tip:** To achieve optimal results on your underarms, stand in front of a mirror to get a good view of the area to be treated and the 'ready to flash' light. Raise your arm and place your hand in your neck to stretch the skin in the underarm area. In this way the safety ring can be pressed more easily onto the skin, which makes the treatment easier to perform.

**Note:** The reflected light does not harm your eyes. If the scattered light is unpleasant, close your eyes when you release a flash.

### How to achieve optimal results

- It is normal that hairs are still visible after the first few treatments (see chapter 'Introduction', section 'Working principle' for more information).
- To remove all hairs successfully and prevent the hair follicle from becoming active again, the treatments have to be repeated once every two weeks for the first two months. Your skin should be smooth by then.



Please read section 'Maintenance phase' to find out how you can keep these results.

### **Maintenance phase**

- To ensure that your skin stays smooth, we advise you to repeat the treatment every 4 to 8 weeks. The time between treatments may vary based on your individual hair regrowth and also across different body areas. If too many hairs grow back between treatments, simply shorten the treatment interval again, but do not treat any area more often than once every two weeks. When you use the appliance more frequently than recommended, you do not increase the effectiveness but you do increase the risk of skin reactions.

### **Possible side effects and skin reactions**

#### **Common skin reactions:**

- Your skin may show slight redness and/or may prickle, tingle or feel warm. This reaction is absolutely harmless and disappears quickly.
- A skin reaction similar to sunburn may occur on the treated area for a short while. If this does not disappear within 3 days, we advise you to consult a doctor.
- Dry skin and itching may occur because of the combination of shaving and light treatment. This is harmless and disappears within a few days. You can cool the area with an ice pack or a wet facecloth. If dryness persists, you can apply a non-scented moisturiser on the treated area 24 hours after the treatment.

#### **Rare side effects:**

- Burns, excessive redness and swelling: these reactions occur very rarely. They are the result of using a light intensity that is too high for your skin colour. If these reactions do not disappear within 3 days, we advise you to consult a doctor. Wait with the next treatment until the skin has healed completely and make sure you use a lower light intensity.
- Skin discolouration: this occurs very rarely. Skin discolouration manifests itself as either a darker patch (hyperpigmentation) or a lighter patch (hypopigmentation) than the surrounding area. This is the result of using a light intensity that is too high for your skin colour. If the discolouration does not disappear within 2 weeks, we advise you to consult a doctor. Do not treat discoloured areas until the discolouration has disappeared and your skin has regained its normal skin colour.
- Skin infection and inflammation: This occurs very rarely and may be caused by using the appliance on wounds or cuts that resulted from shaving, on already existing wounds or on ingrown hairs.
- Excessive pain: this can occur during or after treatment if you have used the appliance on unshaved skin, if you use the appliance at a light intensity that is too high for your skin colour, if you flash the same area more than once and if you use the appliance on open wounds, inflammations, infections, tattoos, burns, etc. See chapter 'Important', section 'Contraindications' for more information.

#### **After use**

- Do not apply any perfumed cosmetics to the areas treated immediately after treatment.
- Do not use deodorant immediately after treating the underarms. Wait until any skin redness has disappeared completely.
- See chapter 'Preparing for use', section 'Tanning advice' for information about sun exposure and artificial tanning.

## Cleaning and maintenance

To ensure optimal results and a long life for the appliance, clean the appliance before and after each use and, if necessary, also during the treatment. The appliance loses its effectiveness if you do not clean it properly.

Never clean the appliance or any of its parts under the tap or in the dishwasher.

Never use scouring pads, abrasive cleaning agents or aggressive liquids such as petrol or acetone to clean the appliance.

Never scratch the light exit window or the metallic frame inside the attachments.

*Note: Make sure that the contact switches of the safety ring do not get congested with dirt.*

*Note: Stop using the appliance when it is no longer possible to clean the light exit window or the attachment. For replacement, see chapter 'Ordering accessories'.*

- 1 Switch off the appliance, unplug it and let it cool down.

*Note: The light exit window becomes hot during use. Make sure it has cooled down before you clean it.*

- 2 To remove the attachment, put your fingers in the recesses at the top and bottom and pull gently. The attachment should come off easily.

- 3 Moisten the soft cloth supplied with the appliance with a few drops of water and use it to clean the following parts:

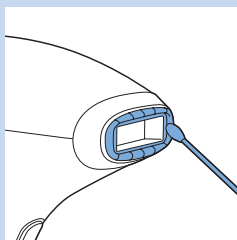
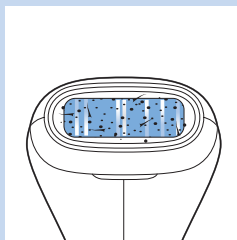
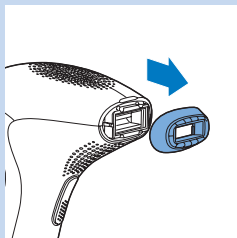
- the light exit window
- the outside surface of the attachment
- the metallic frame inside the attachment

*Note: If water does not clean effectively, use a few drops of high-percentage alcohol to clean the parts mentioned above.*

*Note: A contaminated light exit window and/or attachment can look like this picture. Make sure you clean the appliance before and after each use and, if necessary, also during the treatment according to the instructions in this section.*

*Tip: If it is no longer possible to clean the edges of the attachment with the enclosed cleaning cloth, use a cotton bud instead. Make sure that no fluff or fibres stay behind on the attachment or on the light exit window.*

- 4 If necessary, clean the outside of the appliance with the dry soft cleaning cloth supplied with the appliance.



## Storage

- 1 Switch off the appliance, unplug it and let it cool down.
- 2 Clean the appliance before you store it.
- 3 Store the appliance in a dust-free and dry place at a temperature between 0°C and 60°C.

## Environment



- Do not throw away the appliance with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.

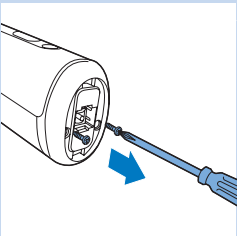
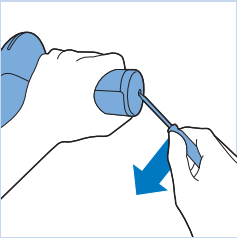


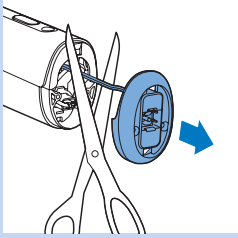
- The built-in rechargeable batteries contain substances that may pollute the environment. Always remove the batteries before you discard and hand in the appliance at an official collection point. Dispose of the batteries at an official collection point for batteries. If you have trouble removing the batteries, you can also take the appliance to a Philips service centre. The staff of this centre will remove the batteries for you and will dispose of them in an environmentally safe way.

## Removing the rechargeable batteries

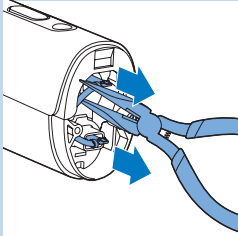
Only remove the rechargeable batteries if they are completely empty.

- 1 Disconnect the appliance from the adapter.
- 2 Let the appliance operate until the batteries are completely empty. Switch on the appliance and release flashes until you can no longer switch on the appliance.
- 3 Insert an awl or another pointed tool into the bottom cap of the appliance and pry off the bottom cap.
- 4 Undo the two screws in the bottom of the handle with a screwdriver.

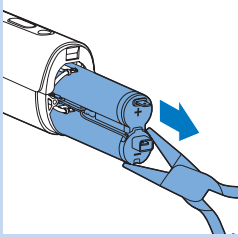




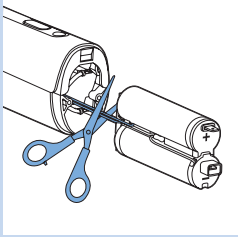
- 5 Remove the bottom part of the handle and cut the two wires that connect the bottom part to the appliance.



- 6 Pull the battery connectors off the battery terminals with long nose pliers.



- 7 Pull the rechargeable batteries out of the appliance with long nose pliers.



- 8 Cut the two wires one at a time to ensure that no mishaps due to possible residual charge occur.


### Guarantee and support

If you need information or support, please visit [www.philips.com/support](http://www.philips.com/support) or read the separate worldwide guarantee leaflet.



## Technical specifications

### Model SC2004

Rated voltage	100V-240V
Rated frequency	50Hz-60Hz
Rated input	7.5W
Protection against electric shock	Class II 
Protection rating	IP 30 (EN 60529)
Operating conditions	Temperature: +15° to +35°C Relative humidity: 25% to 95%
Storage conditions	Temperature: 0° to +60°C Relative humidity: 5% to 95%
Spectrum of body attachment	>570nm
Lithium-ion battery	2 x 3.7 Volt 1500 mAh

## Troubleshooting

This chapter summarises the most common problems you could encounter with the appliance. If you are unable to solve the problem with the information below, visit [www.philips.com/support](http://www.philips.com/support) for a list of frequently asked questions or contact the Consumer Care Centre in your country.

Problem	Possible cause	Solution
The appliance does not work.	The rechargeable batteries are empty.	Charge the appliance (see chapter 'Charging').
	The appliance is defective.	Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
The appliance suddenly switches off.	The rechargeable batteries are empty.	Charge the appliance (see chapter 'Charging').
The adapter becomes warm during charging.	This is normal.	No action required.
The charging light does not go on when I put the small plug in the appliance socket.	You have not put the adapter in the wall socket.	Insert the small plug into the appliance socket and put the adapter in the wall socket.
	The wall socket is not live.	Connect another appliance to the wall socket to check if the wall socket is live. If the socket is live but the appliance still does not charge, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

Problem	Possible cause	Solution
	The adapter is not inserted properly into the wall socket and/or the small plug is not inserted properly into the appliance socket.	Make sure the adapter is inserted properly into the wall socket and/or the small plug is inserted properly into the appliance socket.
	The appliance is defective.	Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
I have switched on the appliance but I cannot increase or decrease the light intensity.	The appliance has to be reset.	To reset the appliance, switch off the appliance and then switch it on again. If you still cannot adjust the light intensity, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
The 'ready to flash' light does not go on when I place the appliance on the skin.	You have not put the attachment with safety ring properly on the skin.	Place the appliance at a 90° angle onto the skin in such a way that all contact switches touch the skin. Then check if the 'ready to flash' light is on and press the flash button.
		If this does not work, place the appliance on a part of your body where it is easy to establish full skin contact, for example on your lower arm. Then check if the 'ready to flash' light works. If the 'ready to flash' light still does not go on when you place the appliance on the skin, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
	The safety ring is dirty.	Clean the safety ring carefully. If you are unable to clean the safety ring properly, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre to replace the attachment.
The 'ready to flash' light does not go on when I place the attachment on my skin, but the cooling fan works.	The overheat protection has been activated.	When the overheat protection has been activated, the fan still works. Do not switch off the appliance and let it cool down for approx. 15 minutes before you continue to use it. If the 'ready to flash' light still does not go on when you place the appliance on the skin, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
The 'ready to flash' light is green but the appliance does not produce a flash when I press the flash button.	The appliance needs to be reset.	To reset the appliance, switch off the appliance and switch it on again. If the 'ready to flash' light is green but the appliance still does not produce a flash when you press the flash button, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

Problem	Possible cause	Solution
The appliance becomes warm during use.	This is normal.	No action required.
The appliance does not show light intensity 1 when I switch it on.	The appliance needs to be reset.	To reset the appliance, switch it off and on again. If the appliance still does not show light intensity 1, contact your Customer Care Centre, your Philips dealer or a Philips Service Centre.
The appliance produces a strange smell.	The attachment and/or the filter glass is dirty.	Clean the attachment carefully. If you are unable to clean the attachment properly, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre to replace the attachment.
	You have not shaved the area to be treated properly.	If there are hairs on the area to be treated, these hairs may get burnt when you use the appliance. As a result, you notice a strange smell. Shave the area to be treated properly before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use a comfortable setting.
	You stored the appliance in a dusty environment.	The strange smell disappears after a few flashes.
The skin feels more sensitive than usual during treatment.	The light intensity you use is too high.	Check if you have selected the right light intensity. If necessary, select a lower light intensity.
	You did not shave the areas to be treated.	Shave the areas to be treated before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use a comfortable setting.
	The UV filter of the light exit window is broken.	If the UV filter of the light exit window is broken, do not use the appliance anymore. Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
	The appliance is defective.	Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
I experience an unacceptable pain sensation when I use the appliance.	You did not shave the areas to be treated	Shave the areas to be treated before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use a comfortable setting.
	You treated an area for which the appliance is not intended.	You must not use the appliance on your face, inner labia, vagina, anus, nipples, areolas, and inside the nostrils and ears. Men must not use it on their face or scrotum.
	You have used a light intensity which is too high for you.	Reduce the light intensity to a level that is comfortable for you. See chapter 'Preparing for use', section 'Setting the light intensity'.

Problem	Possible cause	Solution
	The appliance is not suitable for your skin colour.	Do not use the appliance if you have a very dark skin. Do not use it either if your body hair is light blond, red, grey or white.
The treated areas become red after the treatment.	Slight redness is harmless and normal and disappears quickly.	No action required.
The skin reaction after the treatment lasts longer than usual.	You have used a light intensity which is too high for you.	Select a lower light intensity the next time. See chapter 'Preparing for use', section 'Setting the light intensity'.  If the skin reaction lasts longer than 3 days, contact your doctor.
The hair-removal results are not satisfactory.	You have used a light intensity which is too low for you.	Select a higher light intensity the next time.
	You did not make enough overlaps when you used the appliance.	For proper hair-removal results, you have to make overlaps when you use the appliance. See chapter 'Using the appliance', section 'Subsequent use', step 9.
	You do not use the appliance as often as recommended.	To remove all hairs successfully and to prevent the hair root from becoming active again, the treatments have to be repeated once every two weeks for the first two months. To ensure that your skin stays smooth, we advise you to repeat the treatment every four to six weeks. The time between treatments may vary based on your individual hair regrowth and also across different body areas. If too many hairs grow back between treatments, simply shorten the treatment interval again, but do not treat any area more often than once every two weeks. When you use the appliance more frequently than recommended, you do not increase the effectiveness but you do increase the risk of skin reactions.
	The appliance is not suitable for your hair or skin colour.	Do not use the appliance if your body hair is light blond, red, grey or white. Do not use the appliance either if you have very dark skin.

Problem	Possible cause	Solution
Hair starts to grow again in some spots on the treated areas.	You did not make enough overlaps when you used the appliance.	For proper hair-removal results, you have to make overlaps when you use the appliance. See chapter 'Using the appliance', section 'Subsequent use', step 9.
	Hair starts to grow again as part of the natural cycle of hair growth.	This is normal. It is part of the natural cycle of hair growth that hair starts growing again. The hairs that come back, however, tend to be softer and thinner.