CANYON

Article: CNS-DPM2 User Manual v1.0

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Thank you for purchasing **CANYON CNS-DPM2**, a multi functional yet fashionable pedometer equipped with latest technology designed specifically for sports-active users. You have made an excellent choice and we hope you will enjoy all of its exciting features. To fully utilize the functions and features of **CANYON CNS-DPM2**, please read through the user manual carefully before using the product, and follow all of the procedures in the manual to fully enjoy all features of the product.

Introduction

Safety Precautions

Please observe all safety precautions before using the device. Please follow all procedures outlined in this manual to properly operate the device.

- Do NOT attempt to disassemble or alter any part of the device that is not described in this guide.
- Do NOT place the device in contact with water or any other liquids. The device is NOT designed to be liquid proof of any sort.
- In the event of liquid entry into device interior, immediately disconnect the device from the computer. Continuing use of the device may result in fire or electrical shock. Please consult your product distributor or the closest support center.
- To avoid risk of electrical shock, do not connect or disconnect the device with wet hands.
- Do NOT place the device near a heat source or directly expose it to flame.
- Never place the device in vicinity of equipments generating strong electromagnetic fields. Exposure to strong magnetic fields may cause malfunctions.
- Avoid exposing the device to extreme temperatures.
- Avoid taking a pulse reading while the finger is in direct sunlight. Strong sun light will generate interference through the finger to the pulse sensor.
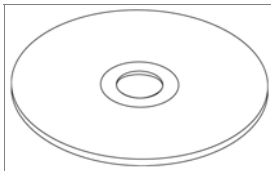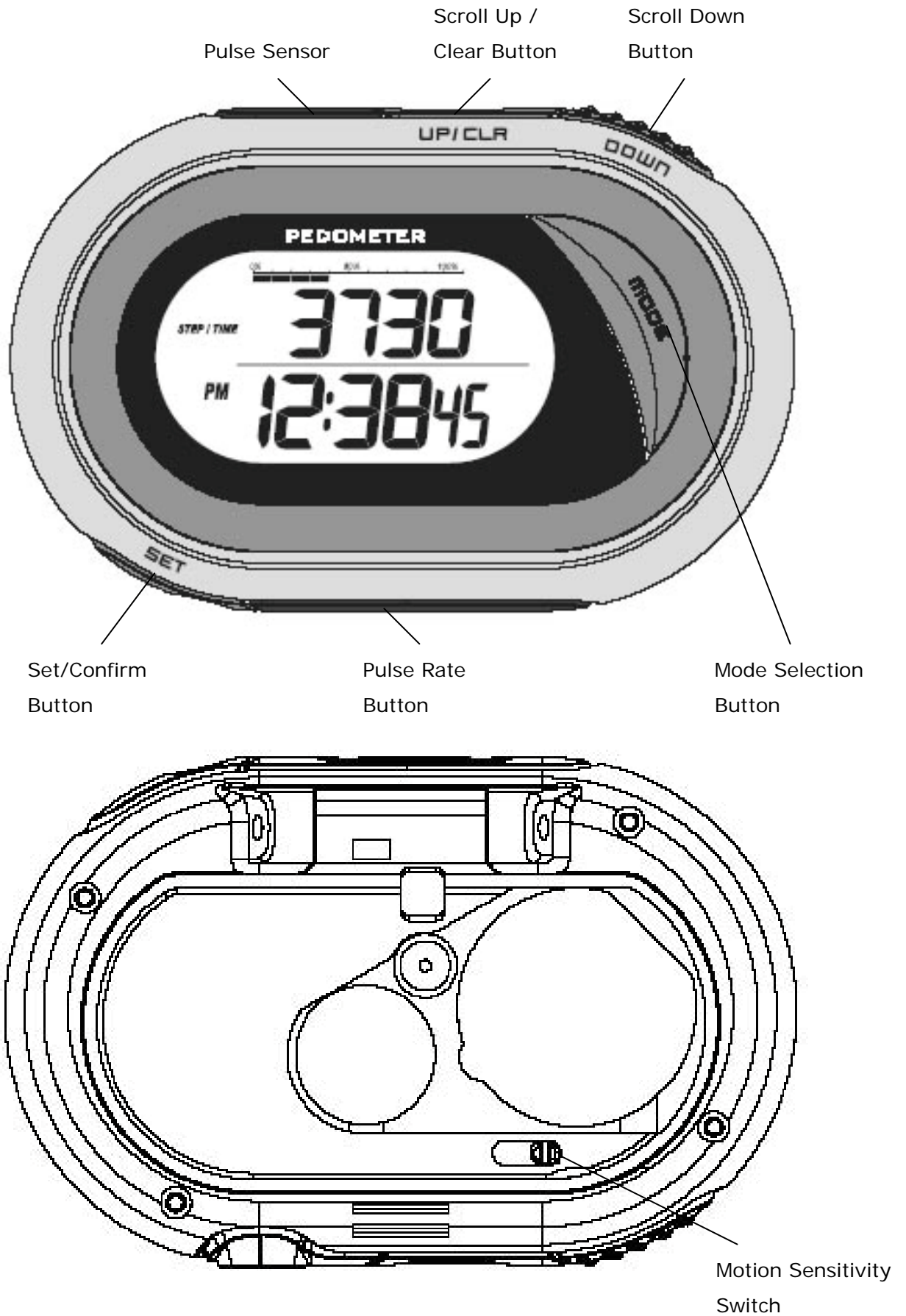
Package Contents

Product Image	Item Name
	CANYON CNS-DPM2 Main Unit
	User Manual
	Driver and Documentation CD

Hardware Overview

Pulse Sensor

Scroll Up /
Clear Button

Scroll Down
Button

UP/CLR

DOWN

PEDOMETER

ON   50%   100%

STEP / TIME

3730

MODE

PM

12:3845

SET

Set/Confirm
Button

Pulse Rate
Button

Mode Selection
Button

Motion Sensitivity
Switch

Basic Operation

Step/Time Mode

Press **MODE** to cycle through modes until **STEP/TIME** is displayed as shown.
Step Count is displayed at the top portion of the screen while **Time** is displayed at the bottom.

Press **SET** to adjust time/time format/personal data setting:

- Press **UP/CLR** or **DOWN** to toggle between **12Hr/24Hr** time format. Press **SET** to confirm.
- Press **UP/CLR** or **DOWN** to adjust hours and minutes. Hold the buttons for faster scrolling. Press **SET** to confirm.

- Press **UP/CLR** or **DOWN** to adjust stride distance. Press **SET** to confirm.
- Press **UP/CLR** or **DOWN** to adjust user weight. Press **SET** to confirm.

Distance/Stopwatch Mode

Press **MODE** to cycle through modes until **DIST/STW** is displayed as shown.
Accumulated Distance Traveled is displayed at the top portion of the screen while **Stop Watch Function** is displayed at the bottom.

Press **SET** to begin counting timer. Press **SET** again to stop and Press **UP/CLR** to reset counting timer.

Calories/ODO Mode

Press **MODE** to cycle through modes until **KCAL/ODO** is displayed as shown.
Accumulated Calories Burned (unit: KCAL) is displayed at the top portion of the screen while **Accumulated Distance Traveled** is displayed at the bottom.

Set Calories/Day Calories Mode

Press **MODE** to cycle through modes until **SETCAL**/**DAYCAL** is displayed as shown.
Target Calories is displayed at the top portion of the screen while **Actual Daily Calories Burned** is displayed at the bottom.

- Press **SET** to adjust **Target Calories**. Press **SET** to switch between digits and press **UP/CLR** to adjust values.
- A bar scale located at the top edge of screen displays the **Percentage of Target Calories**. Both **Actual Daily Calories Burned** and **Percentage of Target Calories** will be reset daily.

Pulse Rate Monitor Function

- Press **Pulse** to activate pulse reading mode.
- Place a finger (preferably the index finger) on the pulse rate sensor located at the edge of **CANYON CNS-DPM2**. The device automatically begins the pulse examination once the finger is detected.

NOTE:
- Please avoid placing excessive pressure on the pulse rate sensor. The results might not be accurate.
- The device may take more than 10 seconds to correctly display the current pulse rate. The pulse rate is measured with BPM (Beat per minute) unit.

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Motion Sensitivity Switch
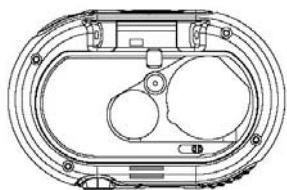
To adjust the device sensitivity in regards to user motions, slide the motion sensitivity switch under the rear cover at the back side of device.

Note:

Experiment with different settings to fine tune device sensitivity conforming to individual user.

Attaching Device

CANYON CNS-DPM2 is equipped with a clip that can be conveniently clipped onto either side of the hip portion of trousers or shorts. For best results keep the unit in line with the "Crease line" of trouser pants.

Various actions may affect the accuracy of the step counting:

1. The device isn't directly perpendicular to the ground. It is necessary to position the device at least 60 degree to the ground.
2. Feet dragging, walking with sandals or sandals like shoes, or uneven footstep in a crowded area or uneven surface.
3. Inside a vehicle (bicycle, motorcar, train, bus and other vehicles), unexpected vibration might render the result differently.
4. Motion of standing up or sitting down.

Replacing Battery
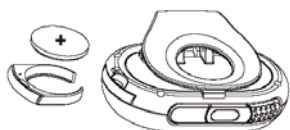
1. Unlock the battery holder compartment by releasing the screw.
2. Pull out the battery holder.
3. Take out the old battery and replace with a CR3032 (3V) battery. Please make sure the polarity is aligned correctly as instructed on battery holder.
4. Push the battery holder back into the device and fasten the screw.