



Total RNA isolation from FFPE samples

User manual

NucleoSpin[®] totalRNA FFPE

NucleoSpin[®] totalRNA FFPE XS

Dezember 2013 / Rev. 02



























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Total RNA from FFPE samples

Protocol-at-a-glance (Rev.02) – page 1

	NucleoSpin® totalRNA FFPE	NucleoSpin® totalRNA FFPE XS
1 Sample preparation	Insert FFPE section(s) in a microcentrifuge tube	Insert FFPE section(s) in a microcentrifuge tube
2 Deparaffinize sample	 1 mL Paraffin Dissolver 56 °C, 5 min Vortex hot sample	 1 mL Paraffin Dissolver 56 °C, 5 min Vortex hot sample
	 16,000 x g, 2 min	 16,000 x g, 2 min
	 170 µL MLF  16,000 x g, 2 min	 140 µL MLF  16,000 x g, 2 min
	Remove Paraffin Dissolver	Remove Paraffin Dissolver
3 Lyse sample – A (perform method 3A or 3B)	 15 µL Proteinase K Mix gently 56 °C, 15 min	 12 µL Proteinase K Mix gently 56 °C, 15 min
	 15 µL MKA Vortex 0 °C, 5 min	 12 µL MKA Vortex 0 °C, 5 min
	 16,000 x g, 5 min	 16,000 x g, 5 min
	 Transfer sample 80 °C, 15 min	 Transfer sample 80 °C, 15 min
Lyse sample – B (perform method 3A or 3B)	 15 µL Proteinase K Mix gently 56 °C, 90 min	 12 µL Proteinase K Mix gently 56 °C, 90 min
	 15 µL MKA Vortex 0 °C, 5 min	 12 µL MKA Vortex 0 °C, 5 min
	 16,000 x g, 5 min	 16,000 x g, 5 min
	 Transfer sample	 Transfer sample
4 Adjust binding conditions	 500 µL MX Vortex RT, 1 min	 400 µL MX Vortex RT, 1 min

To continue the procedure, please see back page.

Total RNA from FFPE samples

Protocol-at-a-glance (Rev.02) – page 2



















	NucleoSpin® totalRNA FFPE		NucleoSpin® totalRNA FFPE XS	
5 Bind RNA		Load sample 16,000 x g, 15 s		Load sample 16,000 x g, 15 s
6 Wash and dry silica membrane	 1 st	700 µL MW2 16,000 x g, 15 s	 1 st	400 µL MW2 16,000 x g, 15 s
	 2 nd	250 µL MW2 16,000 x g, 1 min	 2 nd	200 µL MW2 16,000 x g, 1 min
7 Optional: Digest DNA		50 µL rDNase RT, 15 min		25 µL rDNase RT, 15 min
		100 µL MX RT, 1 min		50 µL MX RT, 1 min
	 1 st	700 µL MW2 16,000 x g, 15 s	 1 st	400 µL MW2 16,000 x g, 15 s
	 2 nd	250 µL MW2 16,000 x g, 1 min	 2 nd	200 µL MW2 16,000 x g, 1 min
		30–50 µL RNase-free H ₂ O RT, 1 min		5–30 µL RNase-free H ₂ O RT, 1 min
8 Elute highly pure RNA		16,000 x g, 1 min		16,000 x g, 1 min

Table of contents

1	Components	4
1.1	Kit contents	4
1.2	Reagents, consumables, and equipment to be supplied by user	6
1.3	About this user manual	6
2	Product description	7
2.1	The basic principle	7
2.2	Kit specifications	8
3	Storage conditions and preparation of working solutions	10
4	Safety instructions	12
4.1	Risk and safety phrases	12
4.2	GHS classification	13
5	Protocols	15
5.1	NucleoSpin® totalRNA FFPE	15
5.2	NucleoSpin® totalRNA FFPE XS	19
5.3	DNA digestion in the RNA eluates	23
6	Appendix	24
6.1	Troubleshooting	24
6.2	Ordering information	27
6.3	References	27
6.4	Product use restriction / warranty	28

1 Components

1.1 Kit contents

NucleoSpin® totalRNA FFPE			
REF	10 preps	50 preps	250 preps
	740982.10	740982.50	740982.250
Paraffin Dissolver	15 mL	60 mL	300 mL
Lysis Buffer MLF	10 mL	10 mL	50 mL
Precipitation Buffer MKA	1 mL	1 mL	5 mL
Binding Buffer MX	15 mL	35 mL	180 mL
Reaction Buffer for rDNase	3 mL	3 mL	30 mL
Wash Buffer MW2 (Concentrate)*	6 mL	25 mL	100 mL
RNase-free H ₂ O	15 mL	15 mL	15 mL
rDNase, RNase-free (lyophilized)*	1 vial (size A)	1 vial (size C)	5 vials (size C)
Liquid Proteinase K	0.6 mL	0.8 mL	5 mL
NucleoSpin® RNA Columns (light blue rings)	10	50	250
Collection Tubes (2 mL)	10	50	250
Collection Tubes (1.5 mL)	10	50	250
User manual	1	1	1

* For preparation of working solutions and storage conditions see section 3.

1.1 Kit contents *continued*

REF	NucleoSpin® totalRNA FFPE XS		
	10 preps 740969.10	50 preps 740969.50	250 preps 740969.250
Paraffin Dissolver	15 mL	60 mL	300 mL
Lysis Buffer MLF	10 mL	10 mL	50 mL
Precipitation Buffer MKA	1 mL	1 mL	5 mL
Binding Buffer MX	15 mL	35 mL	180 mL
Reaction Buffer for rDNase	3 mL	3 mL	20 mL
Wash Buffer MW2 (Concentrate)*	6 mL	25 mL	100 mL
RNase-free H ₂ O	15 mL	15 mL	15 mL
rDNase, RNase-free (lyophilized)*	1 vial (size A)	1 vial (size C)	3 vials (size C)
Liquid Proteinase K	0.2 mL	0.8 mL	3 x 1.25 mL
NucleoSpin® RNA FFPE XS Columns (light blue rings)	10	50	250
Collection Tubes (2 mL)	10	50	250
Collection Tubes (1.5 mL)	10	50	250
User manual	1	1	1

1.2 Reagents, consumables, and equipment to be supplied by user

Reagents

- 96–100 % ethanol (preferably undenaturated ethanol)

Consumables

- 1.5 mL microcentrifuge tubes (for sample lysis)
- Disposable pipette tips

Equipment

- Manual pipettors
- Centrifuge for microcentrifuge tubes
- Vortex mixer
- Thermal heating-block (adjustable to 56 °C and 80 °C)
- Personal protection equipment (lab coat, gloves, goggles)

1.3 About this user manual

It is strongly recommended that first-time users of **NucleoSpin® totalRNA FFPE (XS)** kit read the detailed protocol sections of this user manual. Experienced users, however, may refer to the Protocol-at-a-glance instead. The Protocol-at-a-glance is designed to be used only as a supplemental tool for quick referencing while performing the purification procedure.

All technical literature is available on the internet at **www.mn-net.com**.

Please contact Technical Service regarding information about changes of the current user manual compared to previous revisions.

2 Product description

Formalin-fixed and paraffin-embedded (FFPE) tissue is commonly used in histopathological analysis. Recently, there is more and more interest in also investigating DNA modifications, RNA expression or miRNA profiles of old, archived FFPE samples. However, fixation, embedding and storage lead to crosslinking and fragmentation of RNA. Especially crosslinks cannot be detected by standard quality control assays, such as gel electrophoresis, spectrophotometry or microfluidic analysis, but the efficiency of enzymatic reactions is significantly reduced, for example in RT-PCR. Standard RNA purification procedures do not remove these chemical modifications and therefore result in low RNA yield or poor downstream application performance. The **NucleoSpin® totalRNA FFPE (XS)** procedure implements buffers and procedural steps to efficiently decrosslink nucleic acids and yield high quality RNA for the most demanding applications.

2.1 The basic principle

The **NucleoSpin® totalRNA FFPE (XS)** kits provide a convenient, reliable, and fast method to isolate RNA from formalin-fixed, paraffin-embedded (FFPE) tissue. Odorless and non-toxic Paraffin Dissolver (patent pending) replaces the flammable and odorous xylene or d-limonene commonly used for deparaffinization.

The tissue sample is then heat incubated with Proteinase K to digest the fixed tissue, release nucleic acids, and gently remove crosslinks. Optimal binding conditions for even small RNA (e.g., miRNA) are adjusted and the lysate is applied to the **NucleoSpin® RNA Column / NucleoSpin® RNA FFPE XS Column**. RNA is bound to the silica membrane. Residual DNA remaining on the membrane is removed by convenient on-column rDNase digestion. Washing steps remove salts, metabolites, and macromolecular cellular components. Pure RNA is finally eluted in a small volume of RNase-free water, yielding highly concentrated RNA.

Nucleic acid preparation using **NucleoSpin® totalRNA FFPE (XS)** can be performed at room temperature. The eluate, however, should be treated with care. RNA is very sensitive to trace contaminations of RNases, often found on general lab ware, fingerprints, and dust. To ensure RNA stability keep RNA frozen at -20°C for short-term or -70°C for long-term storage.

2.2 Kit specifications

NucleoSpin® totalRNA FFPE (XS) is recommended for the isolation of total RNA from formalin-fixed, paraffin-embedded (FFPE) tissue samples, typically as thin sections (approx. 3–20 µm thickness). Formalin-fixed samples which are not embedded in paraffin can also be used as sample material by omitting the deparaffinization steps.

The sample size can be up to ~10 sections (1–20 µm) of FFPE. The amount of embedded tissue can be up to 50 mg for **NucleoSpin® totalRNA FFPE** or up to 5 mg for **NucleoSpin® totalRNA FFPE XS** (1x 10 µm section with 1 cm² tissue is approximately 1 mg).

RNA yield strongly depends on sample type, quality, and amount. Furthermore, the procedures of tissue sampling, post sampling delay before fixation, fixation time, embedding, and storage conditions have a high impact on RNA quality and yield. For more details see, for example, Chung J.Y. *et al.* (2008); van Maldegem F. *et al.* (2008); von Ahlfen S. *et al.* (2007); Castiglione F. *et al.* (2007); Leyland-Jones B.R. *et al.* (2008).

RNA concentration: RNA can be eluted highly concentrated and ready-to-use in a small volume of 30–50 µL (**NucleoSpin® totalRNA FFPE**) or even 5–30 µL (**NucleoSpin® totalRNA FFPE XS**).

RNA size distribution: RNA isolated from formalin-fixed, paraffin-embedded tissue shows size distribution from 15 to 5,000 bases. Often short sized RNA from ca. 100–300 bases predominate, especially when the sample material is old. However, samples which were subjected to good tissue fixation, embedding, and storage conditions can yield RNA even larger than 5,000 bases.

RNA integrity: RNA Integrity Numbers (RIN) according to Agilent 2100 Bioanalyzer assays depend on sample type and quality. In general the quality of RNA extracted from FFPE samples is poor. Typical RIN of RNA isolated with NucleoSpin® totalRNA FFPE (XS) kits are in range of 2–6.

rDNase is supplied with the kit for a convenient removal of DNA by on-column digestion. For more demanding downstream applications, DNA can also be digested in solution as described in section 5.2.

Table 1: Kit specifications at a glance

Parameter	NucleoSpin® totalRNA FFPE	NucleoSpin® totalRNA FFPE XS
Technology	Silica-membrane technology	Silica-membrane technology
Format	Mini spin columns	Mini spin columns – XS design
Sample material	Up to ~10 sections with up to 50 mg of tissue	Up to ~10 sections with up to 5 mg of tissue
Typical yield	Strongly depends on sample quality and amount	Strongly depends on sample quality and amount
Elution volume	30–50 µL	5–30 µL
Preparation time	70 min/6 preps (90 min including optional rDNase digest)	70 min/6 preps (90 min including optional rDNase digest)

3 Storage conditions and preparation of working solutions

Storage conditions:

- Store lyophilized rDNase and Proteinase K at 4 °C upon arrival (stable for at least 1 year).
- All other kit components should be stored at room temperature (18–25 °C) and are stable for at least one year. Storage at lower temperatures may cause precipitation of salts. If precipitation occurs, incubate the bottle for several minutes at about 30–40 °C and mix well until the precipitate is redissolved.

Before starting any **NucleoSpin® totalRNA FFPE (XS)** protocol prepare the following:

- **RNase-free rDNase:** Add the indicated volume of Reaction Buffer for rDNase to the rDNase vial and incubate for 1 min at room temperature. Gently swirl the vial to completely dissolve the rDNase. Be careful not to mix the enzyme too vigorously as rDNase is sensitive to mechanical agitation. Dispense into aliquots and store at -20 °C. The frozen working solution is stable for at least 6 months. Do not freeze/thaw the aliquots more than three times.
- **Wash Buffer MW2:** Add the indicated volumes of 96–100 % ethanol to the MW2 concentrate. Stored at room temperature (18–25 °C), the buffer is stable for at least one year.

NucleoSpin® totalRNA FFPE			
REF	10 preps 740982.10	50 preps 740982.50	250 preps 740982.250
Wash Buffer MW2 (Concentrate)	6 mL Add 24 mL 96–100 % ethanol	25 mL Add 100 mL 96–100 % ethanol	100 mL Add 400 mL 96–100 % ethanol
RNase-free rDNase (lyophilized)	1 vial (size A) Add 0.75 mL Reaction Buffer for rDNase	1 vial (size C) Add 3 mL Reaction Buffer for rDNase	5 vials (size C) Add 3 mL Reaction Buffer for rDNase to each vial


NucleoSpin® totalRNA FFPE XS			
REF	10 preps 740982.10	50 preps 740982.50	250 preps 740982.250
Wash Buffer MW2 (Concentrate)	6 mL Add 24 mL 96–100 % ethanol	25 mL Add 100 mL 96–100 % ethanol	100 mL Add 400 mL 96–100 % ethanol
RNase-free rDNase (lyophilized)	1 vial (size A) Add 0.75 mL Reaction Buffer for rDNase	1 vial (size C) Add 3 mL Reaction Buffer for rDNase	3 vials (size C) Add 3 mL Reaction Buffer for rDNase to each vial

4 Safety instructions

The following components of the **NucleoSpin® totalRNA FFPE (XS)** kits contain hazardous contents.

Wear gloves and goggles and follow the safety instructions given in this section.

4.1 Risk and safety phrases

Component	Hazard contents	Hazard symbol	Risk phrases	Safety phrases
Inhalt	Gefahrstoff	Gefahrstoff-symbol	R-Sätze	S-Sätze
rDNase, RNase-free	rDNase, lyophilized <i>rDNase, lyophilisiert</i>	✗ Xn	R 42/43	S 22-24
Liquid Proteinase K	Proteinase K, liquid (1–10 %) <i>Proteinase K, flüssig (1–10 %)</i>	✗ Xn	R 42-43	S 24
Paraffin Dissolver**	Mineral oil distillate 90–100 % <i>Dest. Mineralöl 90–100 %</i>	✗ Xn*	R 65-66	
MX	Dioxan 10–90 % <i>Dioxan 10-90 %</i>	 F ✗ Xi*	R 11-19-36/37-40-66	S 9-16-36/37-46

Risk phrases

R 11	Highly flammable. <i>Leichtentzündlich.</i>
R 19	May form explosive peroxides. <i>Kann explosionsfähige Peroxide bilden.</i>
R 36/37	Irritating to eyes and respiratory system. <i>Reizt die Augen und die Atmungsorgane.</i>
R 40	Possible risk of irreversible effects. <i>Verdacht auf krebserzeugende Wirkung.</i>
R 42	May cause sensitization by inhalation <i>Sensibilisierung durch Einatmen möglich</i>
R 42/43	May cause sensitization by inhalation and skin contact <i>Sensibilisierung durch Einatmen und Hautkontakt möglich.</i>
R 43	May cause sensitization by skin contact <i>Sensibilisierung durch Hautkontakt möglich.</i>
R 65	Harmful: May cause lung damage if swallowed. <i>Gesundheitsschädlich: Kann beim Verschlucken Lungenschäden verursachen.</i>
R 66	Repeated exposure may cause skin dryness or cracking. <i>Wiederholter Kontakt kann zu spröder oder rissiger Haut führen.</i>

* Hazard labeling not necessary if quantity per bottle below 125 g or mL (certificate of exemption according to 67/548/EEC Art. 25, 1999/45/EC Art. 12 and German GefStoffV § 20 (3) and TRGS 200 7.1). For further information see Material Safety Data Sheet.

** Disposal considerations for Paraffin Dissolver: Please observe local regulations for collection and disposal of waste and contact waste disposal company, where you will obtain information on disposal (waste code number 16 05 06).








Safety phrases

- S 9 Keep container in a well-ventilated place.
Behälter an einem gut gelüfteten Ort aufbewahren.
- S 16 Keep away from sources of ignition - No smoking!
Von Zündquellen fernhalten. – Nicht rauchen!
- S 22 Do not breathe dust.
Staub nicht einatmen.
- S 24 Avoid contact with the skin.
Berührung mit der Haut vermeiden.
- S 36/37 Wear suitable protective clothing and gloves.
Bei der Arbeit geeignete Schutzhandschuhe und Schutzkleidung tragen.
- S 46 If swallowed, seek medical advice immediately and show this container or label.
Bei Verschlucken sofort ärztlichen Rat einholen und Verpackung oder Etikett vorzeigen.

4.2 GHS classification

Only harmful features do not need to be labeled with H and P phrases up to 125 mL or 125 g.

Mindergefährliche Eigenschaften müssen bis 125 mL oder 125 g nicht mit H- und P-Sätzen gekennzeichnet werden.

Component	Hazard contents	GHS symbol	Hazard phrases	Precaution phrases
Inhalt	Gefahrstoff	GHS Symbol	H-Sätze	P-Sätze
rDNase, RNase-free	rDNase, lyophilized <i>rDNase, lyophilisiert</i>	  Danger <i>Gefahr</i>	317, 334	261, 280, 302+352, 304+341, 333+313, 342+311, 363
Liquid Proteinase K	Proteinase K <i>Proteinase K</i>	  Danger <i>Gefahr</i>	317, 334	261, 280, 302+352, 304+340, 333+313, 342+311, 362
Paraffin Dissolver	Mineral oil distillate <i>Dest. Mineralöl</i>	No labeling		
MX	Dioxan 10–90 % <i>Dioxan 10-90 %</i>	   Danger <i>Gefahr</i>	225, 319, 335, 351, EUH019, EUH066	202, 210, 261, 280, 304+340, 305+351+338, 308+313, 312, 337+313, 403+233, 403+235, 405


Hazard phrases

H 225	Highly flammable liquid and vapour. <i>Flüssigkeit und Dampf leicht entzündbar.</i>
H 317	May cause an allergic skin reaction. <i>Kann allergische Hautreaktionen verursachen.</i>
H319	Causes serious eye irritation. <i>Verursacht schwere Augenreizung.</i>
H 334	May cause allergy or asthma symptoms or breathing difficulties if inhaled. <i>Kann bei Einatmen Allergie, asthmaartige Symptome oder Atembeschwerden verursachen.</i>
H 335	May cause respiratory irritation. <i>Kann die Atemwege reizen.</i>
H 351	Suspected of causing cancer. <i>Kann vermutlich Krebs erzeugen.</i>
EUH019	May form explosive peroxides. <i>Kann explosionsfähige Peroxide bilden.</i>
EUH066	Repeated exposure may cause skin dryness or cracking. <i>Wiederholter Kontakt kann zu spröder oder rissiger Haut führen.</i>

Precaution phrases

P 202	Do not handle until all safety precautions have been read and understood. <i>Vor Gebrauch alle Sicherheitsratschläge lesen und verstehen.</i>
P 210	Keep away from heat / sparks / open flames / hot surfaces – No smoking. <i>Von Hitze / Funken / offener Flamme / heißen Oberflächen fernhalten. Nicht rauchen.</i>
P 261	Avoid breathing dust. <i>Einatmen von Staub / Dampf vermeiden.</i>
P 280	Wear protective gloves / eye protection. <i>Schutzhandschuhe / Augenschutz tragen.</i>
P 302+352	IF ON SKIN: Wash with plenty of soap and water. <i>BEI BERÜHRUNG MIT DER HAUT: Mit viel Wasser und Seife waschen.</i>
P 304+340	IF INHALED: Remove victim to fresh air and keep at rest in a position comfortable for breathing. <i>Bei Einatmen: Bei Atembeschwerden an die frische Luft bringen und in einer Position ruhigstellen, die das Atmen erleichtert.</i>
P 304+341	IF INHALED: If breathing is difficult, remove to fresh air and keep at rest in a position comfortable for breathing. <i>BEI EINATMEN: An die frische Luft bringen und in einer Position ruhigstellen, die das Atmen erleichtert.</i>
P 305+351+338	IF IN EYES: Rinse continuously with water for several minutes. Remove contact lenses if present and easy to do – continue rinsing. <i>BEI KONTAKT MIT DEN AUGEN: Einige Minuten lang behutsam mit Wasser spülen. Vorhandene Kontaktlinsen nach Möglichkeit entfernen. Weiter ausspülen.</i>
P 308+313	IF exposed or concerned: Get medical advice / attention. <i>BEI Exposition oder falls betroffen: Ärztlichen Rat Einholen / ärztliche Hilfe hinzuziehen.</i>
P 312	Call a POISON CENTER or doctor / physician if you feel unwell. <i>Bei Unwohlsein GIFTINFORMATIONSZENTRUM oder Arzt anrufen.</i>
P 333+313	If skin irritation occurs: Get medical advice / attention. <i>Bei Hautreizung oder -ausschlag: Ärztlichen Rat einholen / ärztliche Hilfe hinzuziehen.</i>
P 337+313	Get medical advice / attention. <i>Bei anhaltender Augenreizung: Ärztlichen Rat einholen / ärztliche Hilfe hinzuziehen.</i>
P 342+311	If experiencing respiratory symptoms: Call a POISON CENTER or doctor / physician. <i>Bei Symptomen der Atemwege: GIFTINFORMATIONSZENTRUM oder Arzt anrufen.</i>
P 362	Take off contaminated clothing. <i>Kontaminierte Kleidung ausziehen.</i>
P 363	Wash contaminated clothing before reuse. <i>Kontaminierte Kleidung vor erneutem Tragen waschen.</i>
P 403+233	Store in a well ventilated place. Keep container tightly closed. <i>Behälter dicht verschlossen an einem gut belüfteten Ort aufbewahren.</i>
P 403+235	Store in a well ventilated place. Keep cool. <i>Kühl an einem gut belüfteten Ort aufbewahren.</i>
P 405	Store locked up. <i>Unter Verschluss aufbewahren.</i>

For further information please see Material Safety Data Sheets (www.mn-net.com).
Weiterführende Informationen finden Sie in den Sicherheitsdatenblättern (www.mn-net.com).

 The symbol shown on labels refers to the precaution phrases of this section.

Das auf Etiketten dargestellte Symbol weist auf die P-Sätzen dieses Kapitels hin.

5 Protocols

5.1 NucleoSpin® totalRNA FFPE

Before starting the preparation:

- Check that rDNase and Buffer MW2 were prepared according to section 3.
- Set incubator(s) to 56°C (for paraffin melting and lysis step) and 80°C (for decrosslink step).

1 Sample preparation

Insert FFPE section(s) in a microcentrifuge tube (not provided with the kit).

2 Deparaffinize sample

Add **1 mL Paraffin Dissolver** to the sample.

Incubate **5 min** at **56°C** (to melt the paraffin).

Vortex the hot sample.

Make sure that paraffin completely melts during the heat incubation step and mix well after melting to completely dissolve the paraffin.

Centrifuge sample for **2 min** at **16,000 x g**.

Attention: Check Buffer MLF prior to use! If a white precipitate is visible, heat the buffer for several minutes at 30–40 °C until the precipitate is completely dissolved and mix thoroughly.



Add **170 µL Buffer MLF**. Do not mix!

Centrifuge sample for **2 min** at **16,000 x g**.

Remove and discard Paraffin Dissolver by pipetting it off.

Note: Slight residues of Paraffin Dissolver do not affect the following steps.



**+ 1 mL
Paraffin
Dissolver**

56°C, 5 min



**Vortex
hot sample
16,000 x g,
2 min**



+ 170 µL MLF



**16,000 x g,
2 min**

**Remove
Paraffin
Dissolver**

3 A Lyse sample – method A (perform method 3 A or 3 B)

Add **15 µL Proteinase K**.

Mix by gently shaking or pipetting up and down. Do not vortex!

Incubate for **15 min** at **56 °C** to lyse sample tissue.

If tissue is still visible, continue incubation until sample is digested.



**+ 15 µL
Proteinase K**

Mix gently

56 °C, 15 min

Add **15 µL Buffer MKA** and vortex briefly.

Incubate for **5 min** on **ice**.

Centrifuge for **5 min** at **16,000 x g**.



+ 15 µL MKA

Vortex

0 °C, 5 min

**16,000 x g,
5 min**



Transfer clear supernatant to a new 1.5 mL microcentrifuge tube (not provided).

Incubate at **80 °C** for exactly **15 min**.

Shorter incubation or lower temperature leads to incomplete decrosslinking. Longer incubation might lead to degradation of RNA.



**Transfer
sample**

80 °C, 15 min

3 B Lyse sample – method B (perform method 3 A or 3 B)

Add **15 µL Proteinase K**.

Mix by gently shaking or pipetting up and down. Do not vortex!

Incubate for **90 min** at **56 °C** to lyse sample tissue.




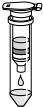
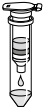
If tissue is still visible, continue incubation until sample is digested.



**+ 15 µL
Proteinase K**

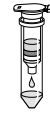
Mix gently

56 °C, 90 min

<p>Add 15 µL Buffer MKA and vortex briefly.</p> <p>Incubate for 5 min on ice.</p> <p>Centrifuge for 5 min at 16,000 x g.</p>			<p>+ 15 µL MKA</p> <p>Vortex</p> <p>0 °C, 5 min</p> <p>16,000 x g, 5 min</p>
<p>Transfer clear supernatant to a new 1.5 mL microcentrifuge tube (not provided).</p>			<p>Transfer sample</p>
<p>4 Adjust binding conditions</p> <p>Add 500 µL Buffer MX and mix by vortexing (2 x 5 s).</p> <p>Incubate for 1 min at room temperature (18–25 °C).</p>			<p>+ 500 µL MX</p> <p>Vortex</p> <p>RT, 1 min</p>
<p>5 Bind RNA</p> <p>Place a NucleoSpin® RNA Column in a new Collection Tube (2 mL).</p> <p>Load sample onto the column and centrifuge for 15 s at 16,000 x g.</p> <p>Discard flow-through and place the column back into the collection tube.</p>			<p>Load sample</p> <p>16,000 x g, 15 s</p>
<p>6 Wash and dry silica membrane</p> <p>1st wash</p> <p>Add 700 µL Buffer MW2 to the NucleoSpin® RNA Column.</p> <p>Centrifuge for 15 s at 16,000 x g.</p> <p>Discard flow-through and place the column back into the collection tube.</p>			<p>+ 700 µL MW2</p> <p>16,000 x g, 15 s</p>

2nd wash

Add **250 µL Buffer MW2** to the NucleoSpin® RNA Column.



+ 250 µL MW2

Centrifuge for **1 min** at **16,000 x g** to dry the membrane completely.

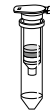


**16,000 x g,
1 min**

If the flow-through in the collection tube has touched the NucleoSpin® RNA Column after 2nd wash, discard flow-through and centrifuge again.

7 Optional: Digest DNA

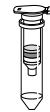
Add **50 µL rDNase** directly onto the silica membrane of the NucleoSpin® RNA Column.



**+ 50 µL
rDNase
RT, 15 min**

Incubate at **room temperature** (18–25 °C) for **15 min**.

Add **100 µL Buffer MX**.



**+ 100 µL MX
RT, 1 min**

Incubate for **1 min** at **room temperature** (18–25 °C).

Centrifuge for **15 s** at **16,000 x g**.

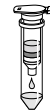


**16,000 x g,
15 s**

Discard flow-through and place the column back into the collection tube.

1st wash

Add **700 µL Buffer MW2** to the NucleoSpin® RNA Column.



+ 700 µL MW2

Centrifuge for **15 s** at **16,000 x g**.

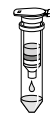


**16,000 x g,
15 s**

Discard flow-through and place the column back into the collection tube.

2nd wash

Add **250 µL Buffer MW2** to the NucleoSpin® RNA Column.



+ 250 µL MW2

Centrifuge for **1 min** at **16,000 x g** to dry the membrane completely.

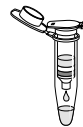


**16,000 x g,
1 min**

If the flow-through in the collection tube has touched the NucleoSpin® RNA Column after 2nd wash, discard flow-through and centrifuge again.

8 Elute highly pure RNA

Place the NucleoSpin® RNA Column in a new **Collection Tube (1.5 mL)**.



**+ 30–50 µL
RNase-free
H₂O**

Add **30 µL** (for high concentration) **or 50 µL** (for high yield) **RNase-free H₂O** to the column.

Incubate for **1 min** at **room temperature** (18–25 °C).

RT, 1 min

Centrifuge for **1 min** at **16,000 x g**.



**16,000 x g,
1 min**

Keep the eluted RNA on ice or freeze at -20 °C (short-term storage) or -70 °C (long-term storage).

5.2 NucleoSpin® totalRNA FFPE XS

Before starting the preparation:

- Check that rDNase and Buffer MW2 were prepared according to section 3.
- Set incubator(s) to 56°C (for paraffin melting and lysis step) and 80°C (for decrosslink step).

1 Sample preparation

Insert FFPE section(s) in a microcentrifuge tube (not provided with the kit).

2 Deparaffinize sample

Add **1 mL Paraffin Dissolver** to the sample.

Incubate **5 min** at **56 °C** (to melt the paraffin).

Vortex the hot sample.

Make sure that paraffin completely melts during the heat incubation step and mix well after melting to completely dissolve the paraffin.

Centrifuge sample for **2 min** at **16,000 x g**.



**+ 1 mL
Paraffin
Dissolver**

56 °C, 5 min



**Vortex
hot sample**

**16,000 x g,
2 min**



***Attention:** Check Buffer MLF prior to use! If a white precipitate is visible, heat the buffer for several minutes at 30–40 °C until the precipitate is completely dissolved and mix thoroughly.*

Add **140 µL Buffer MLF**. Do not mix!

Centrifuge sample for **2 min** at **16,000 x g**.



+ 140 µL MLF



**16,000 x g,
2 min**

Remove and discard Paraffin Dissolver by pipetting it off.

***Note:** Slight residues of Paraffin Dissolver do not affect the following steps.*

**Remove
Paraffin
Dissolver**

3A Lyse sample – method A (perform method 3A or 3B)

Add **12 µL Proteinase K**.

Mix by gently shaking or pipetting up and down. Do not vortex!



**+ 12 µL
Proteinase K**

Mix gently

Incubate for **15 min** at **56 °C** to lyse sample tissue.

If tissue is still visible, continue incubation until sample is digested.

56 °C, 15 min

Add **12 µL Buffer MKA** and vortex briefly.

Incubate for **5 min** on **ice**.

Centrifuge for **5 min** at **16,000 x g**.



+ 12 µL MKA

Vortex

0 °C, 5 min

**16,000 x g,
5 min**



Transfer clear supernatant to a new 1.5 mL microcentrifuge tube (not provided).

Incubate at **80 °C** for exactly **15 min**.

Shorter incubation or lower temperature leads to incomplete decrosslinking. Longer incubation might lead to degradation of RNA.



**Transfer
sample**

80 °C, 15 min

3 B Lyse sample – method B (perform method 3 A or 3 B)

Add **12 µL Proteinase K**.

Mix by gently shaking or pipetting up and down. Do not vortex!

Incubate for **90 min** at **56 °C** to lyse sample tissue.

If tissue is still visible, continue incubation until sample is digested.



**+ 12 µL
Proteinase K**

Mix gently

56 °C, 90 min

Add **12 µL Buffer MKA** and vortex briefly.

Incubate for **5 min** on **ice**.

Centrifuge for **5 min** at **16,000 x g**.



+ 12 µL MKA

Vortex

0 °C, 5 min

**16,000 x g,
5 min**



Transfer clear supernatant to a new 1.5 mL microcentrifuge tube (not provided).



**Transfer
sample**

4 Adjust binding conditions

Add **400 µL Buffer MX** and **mix** by vortexing (2 x 5 s).

Incubate for **1 min** at **room temperature** (18–25 °C).



+ 400 µL MX

Vortex

RT, 1 min

5 Bind RNA

Place a **NucleoSpin® RNA FFPE XS Column** in a new **Collection Tube (2 mL)**.

Load sample onto the column and centrifuge for **15 s** at **16,000 x g**.

Discard flow-through and place the column back into the collection tube.



Load sample

**16,000 x g,
15 s**



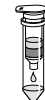
6 Wash and dry silica membrane

1st wash

Add **400 µL Buffer MW2** to the NucleoSpin® RNA FFPE XS Column.

Centrifuge for **15 s** at **16,000 x g**.

Discard flow-through and place the column back into the collection tube.



+ 400 µL MW2

**16,000 x g,
15 s**



2nd wash

Add **200 µL Buffer MW2** to the NucleoSpin® RNA FFPE XS Column.

Centrifuge for **1 min** at **16,000 x g** to dry the membrane completely.

If the flow-through in the collection tube has touched the NucleoSpin® RNA FFPE XS Column after 2nd wash, discard flow-through and centrifuge again.



+ 200 µL MW2

**16,000 x g,
1 min**



7 Optional: Digest DNA

Add **25 µL rDNase** directly onto the silica membrane of the NucleoSpin® RNA FFPE XS Column.

Incubate at **room temperature** (18–25 °C) for **15 min**.



**+ 25 µL
rDNase**

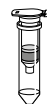
RT, 15 min

Add **50 µL Buffer MX**.

Incubate for **1 min** at **room temperature** (18–25 °C).

Centrifuge for **15 s** at **16,000 x g**.

Discard flow-through and place the column back into the collection tube.



+ 50 µL MX

RT, 1 min

**16,000 x g,
15 s**



1st wash

Add **400 µL Buffer MW2** to the NucleoSpin® RNA FFPE XS Column.

Centrifuge for **15 s** at **16,000 x g**.

Discard flow-through and place the column back into the collection tube.



+ 400 µL MW2

**16,000 x g,
15 s**



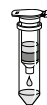
2nd wash

Add **200 µL Buffer MW2** to the NucleoSpin® RNA FFPE XS Column.

Centrifuge for **1 min** at **16,000 x g**.

Discard flow-through and place the column back into the collection tube.

Centrifuge for **5 min** at **16,000 x g** to dry the membrane.



+ 200 µL MW2

**16,000 x g,
1 min**



**16,000 x g,
5 min**



8 Elute highly pure RNA

Place the NucleoSpin® RNA FFPE XS Column in a new **Collection Tube (1.5 mL)**.

Add **5 µL** (for high concentration) to **30 µL** (for high yield) **RNase-free H₂O** to the column.



**+ 5–30 µL
RNase-free
H₂O**

Incubate for **1 min** at **room temperature** (18–25 °C).

Centrifuge for **1 min** at **16,000 x g**.

Keep the eluted RNA on ice or freeze at -20 °C (short-term storage) or -70 °C (long-term storage).

RT, 1 min

**16,000 x g,
1 min**



5.3 DNA digestion in the RNA eluates

Comments on DNA removal:

Although the on-column rDNase digest in the standard protocol is very efficient, there are still certain applications which require even lower quantities of residual DNA.

For example, RT-PCR reactions with primers that do not differentiate between cDNA (derived from RNA) and contaminating genomic DNA.

DNA digestion in solution can efficiently degrade contaminating DNA. This requires stringent RNase control and optionally repurification of the RNA (in order to remove buffer, salts, DNase, and digested DNA).

The high quality, RNase-free, recombinant DNase (rDNase) provided with the kit facilitates such a digestion in solution.

A Digest DNA (Reaction setup)

Add **1 / 10 volume of rDNase** (dissolved in Reaction Buffer for rDNase) to the eluted RNA (e.g., add 3 µL enzyme to 30 µL RNA eluate).

B Incubate for 10 min at 37°C.

C Inactivate rDNase

Incubate the sample for **5 min at 75 °C** to inactivate the rDNase. Put the sample on ice.

In most cases a further purification (in order to remove inactivated rDNase, buffer and salts) is not necessary. If nevertheless a repurification is required, NucleoSpin® RNA Clean-up XS is recommended (see ordering information).

6 Appendix

6.1 Troubleshooting

Problem	Possible cause and suggestions
Poor RNA quality or yield	<p><i>RNase contamination</i></p> <ul style="list-style-type: none"> Create an RNase-free working environment. Wear gloves during all steps of the procedure. Change gloves frequently. Use sterile, disposable polypropylene tubes and filter strips. Keep tubes closed whenever possible during the preparation. Glassware should be oven-baked for at least 2 hours at 250 °C before use.
	<p><i>Poor sample quality</i></p> <ul style="list-style-type: none"> Sample quality very much influences the obtainable RNA amount and quality. For aspects concerning sample harvest, fixation, embedding, and storage refer to: Castiglione F. <i>et al.</i> (2007), Chung J.Y. <i>et al.</i> (2008), Leyland-Jones B.R. <i>et al.</i> (2008), von Ahlfsen S. <i>et al.</i> (2007), von Maldegem F. <i>et al.</i> (2008).
	<p><i>Reagents not applied or restored properly</i></p> <ul style="list-style-type: none"> Always dispense exactly the buffer volumes given in the protocols! Always follow the given instructions closely, with specific attention paid to order and mode of mixing (shaking, vortexing, etc). Add the indicated volume of 96–100% ethanol to Buffer MW2 Concentrate and mix thoroughly. Store kit components at room temperature (18–25 °C). Storage at lower temperatures may cause salt precipitation. If precipitation occurs, incubate the bottle for several minutes at about 30–40 °C and mix well until the precipitate is redissolved. Keep bottles tightly closed in order to prevent evaporation or contamination.

Poor RNA quality or yield (continued)	<i>Ionic strength and pH influence A_{260} absorption as well as ratio A_{260}/A_{280}</i>
	<ul style="list-style-type: none">• For absorption measurement, use 5 mM Tris pH 8.5 as diluent. Please also see: Manchester K.L. (1995) and Wilfinger W.W. <i>et al.</i> (1997).
	<i>Proteinase digestion time</i> <ul style="list-style-type: none">• Depending of the nature of the sample, an optimal digestion time from 15 min to 3 hours has to be determined empirically. If tissue residues are still visible after 15 min continue the incubation for up to 3 hours. If a large portion of the sample still remains undigested, continue digestion overnight. An overnight incubation is not recommended if the tissue digested well within 3 hours.
Contami- nation of RNA with genomic DNA	<i>rDNase not active</i> <ul style="list-style-type: none">• Reconstitute and store lyophilized rDNase according to instructions given in section 3.
	<i>rDNase solution not properly applied</i> <ul style="list-style-type: none">• Pipette rDNase solution directly onto the center of the silica membrane and close the lid in order to press the solution into the membrane.
	<i>Too much cell material used</i> <ul style="list-style-type: none">• Reduce quantity of cells or tissue used.• Use larger PCR targets (e.g., > 500 bp) or intron spanning primers for RNA analysis.• Use support protocol for subsequent rDNase digestion in the eluate (section 5.2).

- Suboptimal performance of RNA in downstream experiments
- Carry-over of ethanol or salt*
- Do not let the column flow-through touch the column outlet after the second Buffer MW2 wash. Be sure to centrifuge at the recommended speed and time in order to remove ethanolic Buffer MW2 completely.
 - Check that Buffer MW2 has been equilibrated to room temperature before use. Washing at lower temperatures lowers efficiency of salt removal.
 - Depending on the robustness of the RT-PCR system used, RT-PCR might be inhibited if complete eluates are used as template for RT-PCR. Use less eluate as template.

Store isolated RNA properly

- Eluted RNA should always be kept on ice for optimal stability since trace contaminations of omnipresent RNases (general lab ware, fingerprints, dust) will degrade the isolated RNA. For short term storage freeze at -20 °C, for long term storage freeze at -70 °C.

Discrepancy between A_{260} quantification values and PCR quantification values

Silica abrasion from the membrane

- Due to the typically low RNA content in very small samples and the resulting low total amount of isolated RNA, a RNA quantification via A_{260} absorption measurement is often hampered due to the low sensitivity of the absorption measurement. When performing absorption measurements close to the detection limit of the photometer, the measurement may be influenced by minor amounts of silica abrasion. In order to prevent incorrect A_{260} -quantification of small RNA amounts centrifuge the eluate for 30 s at $> 11,000 \times g$ and take an aliquot for measurement without disturbing any sediment. Alternatively, use a silica abrasion insensitive RNA quantification method (e.g., RiboGreen® fluorescent dye).

Unexpected A_{260}/A_{280} ratio

Measurement not in the range of photometer detection limit

- In order to obtain a reliable A_{260}/A_{280} ratio it is necessary that the initially measured A_{260} and A_{280} values are significantly above the detection limit of the photometer used. An A_{280} value close to the background noise of the photometer will cause non reliable A_{260}/A_{280} ratios.
-

6.2 Ordering information

Product	REF	Pack of
NucleoSpin® totalRNA FFPE	740982.10/.50/.250	10/50/250 preps
NucleoSpin® totalRNA FFPE XS	740969.10/.50/.250	10/50/250 preps
NucleoSpin® RNA XS	740902.10/.50/.250	10/50/250 preps
NucleoSpin® RNA Clean-up XS	740903.10/.50/.250	10/50/250 preps
NucleoSpin® RNA	740955.10/.50/.250	10/50/250 preps
NucleoSpin® RNA/Protein	740933.10/.50/.250	10/50/250 preps
NucleoSpin® TriPrep*	740966.10/.50/.250	10/50/250 preps
rDNase Set	740963	1
Paraffin Dissolver	740968.25	25 mL
Collection Tubes (2 mL)	740600	1000

Visit **www.mn-net.com** for more detailed product information.

6.3 References

Castiglione F. et al. (2007): Real-time PCR analysis of RNA extracted from formalin-fixed and paraffin-embedded tissues: effects of the fixation on outcome reliability. *Appl Immunohistochem Mol Morphol* 15(3): 338-342.

Chung J. Y. et al. (2008): Factors in tissue handling and processing that impact RNA obtained from formalin-fixed, paraffin-embedded tissue. *Journal of Histochemistry & Cytochemistry*. 56(11): 1033-1042.

Leyland-Jones B. R. et al. (2008): Recommendations for collection and handling of specimens from group breast cancer clinical trials. *J. Clin. Oncol* 26(34): 5638-5644.

Manchester K.L. (1995): Value of A_{260}/A_{280} ratios for measurement of purity of nucleic acids. *Biotechniques* 19, 208–209.

* DISTRIBUTION AND USE IN THE USA IS PROHIBITED FOR PATENT REASONS.

von Ahlften S. et al. (2007): Determinants for RNA quality from FFPE samples. PLoS ONE. Issue 12, e1261.

von Maldegem F. et al. (2008): Effects of processing delay, formalin fixation, and immunohistochemistry on RNA recovery from formalin-fixed paraffin-embedded tissue sections. *Diagn Mol Pathol.* 17(1): 51-58.

Wilfinger W.W. et al. (1997): Effect of pH and ionic strength on the spectrophotometric assessment of nucleic acid purity. *Biotechniques* 22, 474–481.

6.4 Product use restriction/warranty

NucleoSpin® totalRNA FFPE/NucleoSpin® totalRNA FFPE XS kit components are intended, developed, designed, and sold FOR RESEARCH PURPOSES ONLY, except, however, any other function of the product being expressly described in original MACHEREY-NAGEL product leaflets.

MACHEREY-NAGEL products are intended for GENERAL LABORATORY USE ONLY! MACHEREY-NAGEL products are suited for QUALIFIED PERSONNEL ONLY! MACHEREY-NAGEL products shall in any event only be used wearing adequate PROTECTIVE CLOTHING. For detailed information please refer to the respective Material Safety Data Sheet of the product! MACHEREY-NAGEL products shall exclusively be used in an ADEQUATE TEST ENVIRONMENT. MACHEREY-NAGEL does not assume any responsibility for damages due to improper application of our products in other fields of application. Application on the human body is STRICTLY FORBIDDEN. The respective user is liable for any and all damages resulting from such application.

DNA/RNA/PROTEIN purification products of MACHEREY-NAGEL are suitable for *IN VITRO*-USES ONLY!

ONLY MACHEREY-NAGEL products specially labeled as IVD are also suitable for *IN VITRO*-diagnostic use. Please pay attention to the package of the product. *IN VITRO*-diagnostic products are expressly marked as IVD on the packaging.

IF THERE IS NO IVD SIGN, THE PRODUCT SHALL NOT BE SUITABLE FOR *IN VITRO*-DIAGNOSTIC USE!

ALL OTHER PRODUCTS NOT LABELED AS IVD ARE NOT SUITED FOR ANY CLINICAL USE (INCLUDING, BUT NOT LIMITED TO DIAGNOSTIC, THERAPEUTIC AND/OR PROGNOSTIC USE).

No claim or representations is intended for its use to identify any specific organism or for clinical use (included, but not limited to diagnostic, prognostic, therapeutic, or blood banking). It is rather in the responsibility of the user or - in any case of resale of the products - in the responsibility of the reseller to inspect and assure the use of the DNA/RNA/protein purification products of MACHEREY-NAGEL for a well-defined and specific application.

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