Activities for Core OCAN Training Session

ONTARIO COMMON ASSESSMENT OF NEED (OCAN)



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Activities for Core OCAN Training Session

Icebreakers	Title	Duration	Group Size	Optional
a)	Community Introductions	30 minutes	12 or less participants	Yes
b)	Getting to know you Bingo	20 minutes	15-30 participants	Yes
c)	Community Introductions	20+ minutes	any size	Yes

Activities	Title	Duration	Group Size	Optional
1)	Mental Health Functional Centre Use	30 minutes	Small groups of 2 -4 or one large group working together	No
2)	Housing Definition	10-15 minutes	Small groups of 2 -4 or one large group working together	No
3)	Develop an understanding of a consumer's situation using Core OCAN	60 minutes including debrief	Small groups of 2 -4	No

a) Community Introductions

Intent	Community introductions are intended to involve the entire group of participants in the introduction of their classroom colleagues. People will learn many things about their group members depending on the type of question they ask. This is a great activity to debrief around questioning styles.
Duration	30 minutes
Group size	Due to the rather long debrief for this activity, it's recommended for group sizes up to 12 participants.
Materials	Community Introductions Worksheet (see next page) Participants will need paper / pens to record answers Name tags will help for participants who do not know each other
How to facilitate	Participants will ask questions of each of their colleagues, and there are three rules: 1. participants cannot answer a question they've already answered 2. participants cannot give more information than is asked in the question 3. questions must be open-ended, not yes/no questions
Debrief	What were some of the challenges of this exercise? What were some of the benefits of this exercise?

Community Introductions Worksheet

Colleague Name	Information

b) Getting to Know You Bingo

Intent	Get to know you Bingo is a game designed to introduce you to other workshop participants in a fun way. It works well even when you may already know the participants because you'll get to learn something new about your colleagues.
Duration	Allow the participants 10-15 minutes to get the information or until someone yells "Bingo." Debrief, if used, can take 5 minutes.
Group size	The best group size for Get to know you Bingo is 15 – 30 participants.
Materials	Bingo sheets (see next page) Pens, markers or pencils Room to move around & mingle
How to play	Each participant receives a bingo sheet. At the start of the game, participants get up and walk around the room introducing themselves to others and finding out whether people fit into the categories on the bingo form. Winning the game is at the discretion of the facilitator. For smaller groups winning can be just one completed line, horizontal, vertical or diagonal. Or, you can allow participants to record a person's name more than once. For larger groups, filling the whole sheet will allow participants to meet more in the group. Consider not allowing participants to record a name more than once. The winner yells "Bingo" and will read back their winning results. The group will verify if the results are correct. Consider offering a token prize for the winner.
Debrief	What were some of the challenges of this exercise? What were some of the benefits of this exercise?

Getting to Know You Bingo

had cereal for breakfast this morning	traveled out of the country this past summer	likes to watch television	enjoys math	rides a bike for exercise
can speak more than 2 languages	likes to play board games	has an older sister	is a really good cook	likes the rain
is afraid of spiders	has a birthday in December	would like to win one million dollars	likes to play soccer	can drive a motorcycle
does not like candy	can tap dance	has been married for more than 2 years	can play the piano	has read all of the Harry Potter books
would like to travel to France	owns a pet bird	does not like shopping	can juggle	is wearing something purple

c) Introduce Your Partner

Intent	Introduce your partner is an ideal activity for a group with even or odd numbers of participants. The intent is to get to know some key information about one or two people in close proximity to you. This icebreaker works best when the participants don't know each other or they come from different HSPs.
Duration	Depending on the group size and debrief, this activity can take 20 minutes or longer.
Group size	Any size of group is fine. Debrief can be time consuming depending on the amount of information to be presented or the size of the group. If it is a particularly large group, choose one interesting fact to introduce your partner.
Materials	Flipchart / markers (optional)
How to facilitate	Ask the participants to break into pairs. If there is an odd number in your group, there may be one group of 3 participants. Depending on the information that's important to gather, consider having participants answer the following questions from their partner: - person's name - HSP or department / program name - length of time with the HSP - most memorable moment at work - most memorable moment not at work - something unique about the person - background / experience with training others To assist with memory, you may write these questions on a flipchart or whiteboard. The facilitator will ask the partners to introduce each other.
Debrief	What were some of the considerations in sharing the information about your partner with the larger group? What were some of the challenges of this exercise? What were some of the benefits of this exercise?

Activity #1 Mental Health Functional Centre Use

Intent	To give learners the opportunity to practice completing Part 5 of the Core OCAN, "Mental Health Functional Centre Use (for the last 6 months)" with information collected from a fictional scenario.
Duration	30 minutes
Group size	This activity can be conducted with small break-out groups of 2 to 4, or as a bigger group working together.
Materials	Copy of scenario for each learner and partially completed Mental Health Functional Centre Use form (see next page)
How to facilitate	Explain the instructions for the activity to the group Set the time for completion Read the scenario out loud to the entire group Walk around the groups, if you've broken out into smaller work groups, provide assistance where necessary Provide correct answers and debrief with the larger group
Scenario 1	You are a program coordinator for an ACT team at a local hospital where your main role is determining who may qualify for the program. You have just received a referral from a family physician at The University of Degrassi's Student Health Services referring Natasha J. to your program on February 11, 2009. You are swamped with work today and put the referral in the "To Do" pile for the next day. After carefully reviewing Natasha's referral, you accept her into your program and set up her first appointment for March 3, 2009 at 0900hrs.

Scenario 1: Hospital ACT Team

You are a program coordinator for an ACT team at a local hospital where your main role is determining who is suitable for the program. You have just received a referral from a family physician at The University of Degrassi's Student Health Services referring Natasha J. to your program on February 11, 2009. You are swamped with work today and put the referral in the "To Do" pile for the next day.

After carefully reviewing Natasha's referral, you accept her into your program and set up her first appointment for March 3, 2009 at 0900hrs.

Mental Health Functional Centre 1
OCAN Lead:*
Staff Worker Name:*
Staff Worker Phone Number:* Ext:
Organization LHIN:* 6
Organization Name:* New City Hospital
Organization Number:* 000
Program Name:* New City ACT Team
Program Number:* 1111
Functional Centre Name:* Clinic/Program - MH Assertive Community Treatment Teams
Functional Centre Number: 715 10 76 20
Service Delivery LHIN:* 6
Referral Source:* Family Physician
Request for Service Date (YYYY-MM-DD): 2009-02-11
Service Decision Date (YYYY-MM-DD): 2009-02-12
Accepted: Yes
Service Initiation Date (YYYY-MM-DD): 2009-03-03
Exit Date (YYYY-MM-DD): (don't know at this time)
Exit Disposition: (don't know at this time)
otos:
otes:

Activity #2 Housing definition

Intent	To give learners the opportunity to practice referencing the user manual for definitions to complete item #23 of the Core OCAN.
Duration	10-15 minutes
Group size	This activity can be conducted with small break-out groups of 2 to 4, or one large group working together
Materials	User manual for each learner Copy of scenarios to complete for each learner Copy of User Reference Guide
How to facilitate	Explain the instructions for the activity to the group Have the large group break out into smaller groups of 2-4 Read the scenario out loud to the group Direct learners to the user manual to complete the activity while referencing the User Reference Guide Stress why its important to be familiar with standardized definitions in the User Reference Guide
Instructions	Refer to the User Reference Guide to identify the housing type in each of the following scenarios
Scenario 1	Joe is new to your HSP and you learn about various parts of his life. Among the details you hear, Joe tells you that he lives with his parents in their home and does not pay rent. What is the Housing Type in this situation?
Answer Key	Accommodation – Private House/Apt. – Other/Subsidized
Scenario 2	Susan has been in your HSP for several years. You are now completing a Core OCAN in your HSP. Susan Lives in Valley View Adult Care facility which is funded by the municipality and privately owned and operated What is the Housing Type in this situation?
Answer Key	Domiciliary Hostel – Municipal funded, privately owned and operated accommodation providing room and board. Note: while this may not be common, this provides the participants an opportunity to look
	up definitions.

Activity #3 Develop an understanding of consumer's situation using Core OCAN

Intent	To give learners the opportunity to interpret Core OCANs they might receive and to gain a better understanding of the importance of completing Core OCAN accurately.
Duration	60 minutes including debrief
Group size	This activity can be conducted with small break-out groups of 2 to 4, debrief in a larger group.
Materials	Copy of complete Core OCAN Paper to record notes
How to facilitate	Explain the instructions for the activity to the group Have the large group break out into smaller groups of 2-4 Set time limit Move about room to provide assistance if needed Read the instructions out loud to the entire group
Instructions	Review the completed Core OCAN provided in a small group. Discuss the information and what the client profile might be. Report back to the large group your understanding of the consumer's situation.
Answer key	The scenario points us to the following assumptions: Tiffaney is a young woman of mixed racial background. She does not feel comfortable in giving a great deal of information. We estimate her age to be in the early thirties. She presents to the sandy Hill Community Mental Health Center asking for assistance in getting off the streets. She is from Northern Canada (Yukon), having come to Ottawa about a year ago. She has an elderly grandmother in Ottawa. She does not have a family doctor, and does not share any information about a psychiatrist. She does not mention having connection with any other services in Ottawa at this time. She does not have a Power of Attorney, and indicated she has no concerns about her own capacity to manage her own affairs. Tiffaney does share that she has had 'problems' with drugs for about 10 years, she does not want to tell any details of this and came to this HSP asking specifically to get help with finding a place to live and any other help that she would be able to get from the service.
	She has family in the Yukon, and her mother's family is aboriginal.

CORE OCAN



Using CORE OCAN

This agency is using the Core OCAN which comprises only the Consumer Information Summary and Service Use and not the Consumer Self-Assessment or Staff Assessment parts of OCAN. The Core OCAN captures the information that this agency reports as a community mental health service provider.

Start Date (YYYY-MM-DD)*: 2010-09-13

Consumer Information Summary				
1. OCAN Lead Assessment				
OCAN completed by OCAN Lead?*	Yes □ No			
2. Reason for OCAN (select one)*				
Initial OCAN	☐ Review			
□ Reassessment	☐ Re-key			
☐ (Prior to) Discharge	☐ Other (e.g., consumer request)			
☐ Significant change				
3. Consumer Information				
First Name:	Date of Birth (YYYY-MM-DD):*1981-06-19 ☐ Estimate			
Middle Initial:	□ Unknown			
Last Name:	Health Card Number: 234-567-890			
Preferred Name: Tiffaney	Version Code: RL			
Address:	Issuing Territory: Yukon			
City:	Service Recipient Location (county, district, municipality):*Ottawa			
Province:	LHIN Consumer Resides in:* Champlain			
Postal Code:				
Phone Number: Ext:				
Email Address:				
3b. Gender (select one)* ☐ Male	Female ☐ Other ☐ Consumer declined to answer ☐ Unknown			
3c. Marital Status (select one)				
☐ Single ☐ Partner or signi	ificant other ☐ Separated ☐ Consumer declined to answer			
☐ Married or in common-law relationship	☐ Divorced ☐ Unknown			
4. Mental Health Functional Centre Use (for the last 6 months	s)			
Mental Health Functional Centre 1	Mental Health Functional Centre 2			
OCAN Lead:* Yes □	□ No OCAN Lead:* □ Yes □ No			
Staff Worker Name:* Susan Smith	Staff Worker Name:*			
Staff Worker Phone Number:* 613-777-1111 Ext: 1237	Staff Worker Phone Number:* Ext:			
Organization LHIN:* Champlain	Organization LHIN:*			
Organization Name:* Sandy Hill Community Health Centre	Organization Name:*			
Organization Number:* 00000	Organization Number:*			
Program Name:* Peer Support	Program Name:*			
Program Number:* 01234	Program Number:*			
Functional Centre Name:*	Functional Centre Name:*			
Functional Centre Number:*	Functional Centre Number:*			
Service Delivery LHIN:* Champlain	Service Delivery LHIN:*			

Referral Source:* Self		Referral Source:*				
Request for Service Date (YYYY-MM-DD): 2010-09-13		Request for Service Date (YYYY-MM-DD):				
Service Decision Date (YYYY-MM-DD): 2010-09-13		Service Decision Date (YYYY-MM-DD):				
Accepted:		Accepted:				
Service Initiation Date (YYYY-MM-DD): 20	10-09-13	Service Initiation Date (YYYY-MM-DD):				
Exit Date (YYYY-MM-DD):		Exit Date (YYYY-MM-DD):				
Exit Disposition:		Exit Disposition:				
Mental Health Functional	Centre 3	Mental Health Functional Centre 4				
OCAN Lead:*	□ Yes □ No	OCAN Lead:*	☐ Yes	□ No		
Staff Worker Name:*		Staff Worker Name:*				
Staff Worker Phone Number:*	Ext:	Staff Worker Phone Number:*	Ext:			
Organization LHIN:*		Organization LHIN:*				
Organization Name:*		Organization Name:*				
Organization Number:*		Organization Number:*				
Program Name:*		Program Name:*				
Program Number:*		Program Number:*				
Functional Centre Name:*		Functional Centre Name:*				
Functional Centre Number:*		Functional Centre Number:*				
Service Delivery LHIN:*		Service Delivery LHIN:*				
Referral Source:*		Referral Source:*				
Request for Service Date (YYYY-MM-DD):	:	Request for Service Date (YYYY-MM-DD):				
Service Decision Date (YYYY-MM-DD):		Service Decision Date (YYYY-MM-DD):				
Accepted:		Accepted:				
Service Initiation Date (YYYY-MM-DD):		Service Initiation Date (YYYY-MM-DD):				
Exit Date (YYYY-MM-DD):		Exit Date (YYYY-MM-DD):				
Exit Disposition:		Exit Disposition:				
5. Family Doctor Information						
☐ Yes ☐ No	None available	\square Consumer declined to answer \square	Unknown			
Name:		Address:				
Phone Number:		City:				
Ext:		Province:				
Email Address:		Postal Code:				
Last seen:						
6. Psychiatrist Information						
☐ Yes ☐ No	☐ None available	Consumer declined to answer	Unknown			
Name:		Address:				

Phone Number:			City:			
Ext:			Province:			
Email Address:			Postal Code:			
Last seen:						
7. Other Contact						
Yes □	No		☐ Consumer	declined to answer Unknown		
Contact Type: Significant Other						
Name: Genevieve Kentillia (grandmo	ther)		Address: Thorwood Place Retirement			
Phone Number: 613-555-1111			City: Ottawa			
Ext:			Province: Ont	tario		
Email Address:			Postal Code:			
Last seen: 2009-12-25						
Other Contact						
□Yes	No		☐ Consumer	declined to answer Unknown		
Contact Type:						
Name:			Address:			
Phone Number:			City:			
Ext:			Province:			
Email Address:			Postal Code:			
Last seen:						
8. Other Agency						
□Yes	No		☐ Consumer	declined to answer Unknown		
Name:			Address:			
Phone Number:			City:			
Ext:			Province:			
Email Address:			Postal Code:			
Last seen:						
9. Consumer Capacity (select all tha	t apply)					
9a. Power of Attorney for Personal Car	e:	☐ Yes	No	☐ Consumer declined to answer	☐ Unknown	
Power of Attorney or SDM Name:						
Address:						
Phone Number:	Ext:					
9b. Power of Attorney for Property		☐ Yes	No	☐ Consumer declined to answer	☐ Unknown	
Power of Attorney:						
Address:						
Phone Number:	Ext:					

9c. Guardian		☐ Yes	No	☐ Consumer d	eclined to an	swer 🗆 Unkn	own
Name:							
Address:							
Phone Number:	Ext:						
9d. Areas of concern							
Finance/property:		☐ Yes	No	☐ Unknown			
Treatment decisions:		☐ Yes	No	☐ Unknown			
10. Age in years for onset	of mental illness: 10		Estimate	☐ Consumer declined	I to answer	☐ Unknown	□ N/A
11. Age of first psychiatric	hospitalization:		☐ Estimate	Consumer declined	I to answer	☐ Unknown	□ N/A
12. Date when consumer fi (YYYY-MM): 2010-09-10		ion	☐ Estimate	☐ Consumer declined	I to answer	Unknown	□ N/A
13. What culture do you (co	onsumer) identify with?						
Mixed ethnic group							
14. Aboriginal Origin (selec	ct one)*						
Aboriginal	☐ Non-aboriginal		☐ Consum	er declined to answer	☐ Unkno	own	
15. Citizenship Status (sele	ect one)						
■ Canadian citizen □ Temporary resident □ Consumer declined to answer							
☐ Permanent resident	□ Refug	jee		☐ Unknow	'n		
16. Length of time lived in	Canada (number of years/	months)	: 29 years				
17. Service recipient prefer	rred language:* English						
18. Language of service pr	ovision:* English						
19. Do you currently have	any legal issues? (select o	ne)*					
☐ Civil ☐ Crimin	nal 🗆 None		Con	sumer declined to answ	er 🗆	Unknown	
20. Current Legal Status (s	elect all that apply)						
Pre-Charge			Outcor	nes			
☐ Pre-charge diversion			☐ Cha	rges withdrawn			
☐ Court diversion program			☐ Stay	of proceedings			
Pre-Trial			☐ Awa	iiting sentence			
☐ Awaiting fitness assessm	ent		☐ NCF	₹			
☐ Awaiting trial (with or with	out bail)		☐ Con	ditional discharge			
☐ Awaiting criminal respons	sibility assessment (ncr)		☐ Con	ditional sentence			
☐ In community on own rec	ognizance		☐ Res	training order			
☐ Unfit to stand trial			□ Pea	ce bond			
			☐ Sus	pended sentence			
Custody Status			Other				
☐ ORB detained – community access ☐ ORB conditional discharge			□ No legal problem (includes absolute discharge and time served –				
		end	end of custody)				

☐ On parole		Consumer declined	d to answer		
☐ On probation		□ Unknown			
21. Where do you live? (select one)*					
☐ Approved homes & homes for special care		☐ Private non-profit h	ousing		
☐ Correctional/probation facility		☐ Private house/Apt. – SR owned/market rent			
☐ Domicillary hostel		☐ Private house/Apt. – other/subsidized			
☐ General hospital		☐ Retirement home/senior's residence			
☐ Psychiatric hospital		☐ Rooming/boarding house			
☐ Other specialty hospital		☐ Supportive housing	g – congregate living		
No fixed address		☐ Supportive housing	g – assisted living		
☐ Hostel/shelter		☐ Other			
☐ Long term care facility/nursing home		☐ Consumer declined	d to answer		
☐ Municipal non-profit housing		☐ Unknown			
22. Do you receive any support? (select on	e)*				
☐ Independent	☐ Supervised non-fac	ility	☐ Consumer declined to answer		
☐ Assisted/supported	☐ Supervised facility		Unknown		
23. Do you live with anyone? (select one)*					
□ Self	☐ Children		☐ Non-relatives		
☐ Spouse/partner	☐ Parents		☐ Consumer declined to answer		
☐ Spouse/partner and others	☐ Relatives		Unknown		
24. What is your current employment statu	s? (select one)*				
☐ Independent/competitive	☐ Non-paid work expe	erience	☐ Consumer declined to answer		
☐ Assisted/supportive	☐ No employment – o	ther activity	□ Unknown		
☐ Alternative businesses	Casual/sporadic				
☐ Sheltered workshop	☐ No employment of a	any kind			
25. Are you currently in school? (select one)*					
Not in school	☐ Vocational/training centre		☐ Other		
☐ Elementary/junior high school	☐ Adult education		☐ Consumer declined to answer		
☐ Secondary/high school	☐ Community college		□ Unknown		
☐ Trade school	☐ University				
26. Psychiatric History					
26a. Have you been hospitalized due to your mental health during the past two years? (select one)*					
☐ Yes ☐ No		Consumer declined	d to answer □ Unknown		
26b. If Yes,					
Total number of admissions for mental hea	lth reasons:				
If <u>Initial OCAN</u> , list hospital admissions for the past 2 years OR if <u>Reassessment</u> , list hospital admissions since last OCAN					

Total number of hospitalization days for mental health reasons: If <u>Initial OCAN</u> , list total number of days spent in hospital for the past 2 years OR <u>If Reassessment</u> , list total number of days spent in hospital since last OCAN				
26b. If Yes,				
Total number of admissions for mental hea	Ith reasons:			
If Initial OCAN, list hospital admissions for	the past 2 years OR if I	Reassessment, list hospital admissions since last OCAN		
Total number of hospitalization days for me	antal haalth raacans:			
•		past 2 years OR If Reassessment, list total number of days spent		
in hospital since last OCAN	ent in nospital for the p	vast 2 years OK ii Keassessinelli, list total humber of days spent		
27. How many times did you visit an Emerg	ency Department in the	e last 6 months for mental health reasons?*		
□ None	2 - 5	☐ Consumer declined to answer		
□1	□ > 6	□ Unknown		
28. Community Treatment Order:*				
☐ Issued CTO)	☐ Consumer declined to answer ☐ Unknown		
29. Diagnostic Categories (select all that apply)* This information is collected from a variety of sources, including self-report, and should not be used for diagnosis without being confirmed by a qualified diagnosing practitioner.				
☐ Adjustment disorders		Mood disorder		
☐ Anxiety disorder		☐ Personality disorders		
☐ Delirium, dementia, and amnestic and cogr	nitive disorders	☐ Schizophrenia and other psychotic disorders		
☐ Developmental handicap		☐ Sexual and gender identity disorders		
☐ Disorder of childhood/adolescence		Sleep disorders		
☐ Dissociative disorders		☐ Somatoform disorders		
☐ Eating disorders		Substance related disorders		
☐ Factitious disorders		☐ Intellectual disability or impairment		
☐ Impulse control disorders not elsewhere cla	oulse control disorders not elsewhere classified ☐ Consumer declined to answer			
☐ Mental disorders due to general medical co	onditions	□ Unknown		
30. Other Illness Information (select all that	apply)			
☐ Concurrent disorder (substance abuse)				
☐ Dual diagnosis (developmental disability) ☐ Other physical disabilities		☐ Other physical disabilities		
31. What is your highest level of education? (select one)*				
☐ No formal schooling ☐ Some secondary/high school ☐ College/university		gh school ☐ College/university		
☐ Some elementary/junior high school	☐ Secondary/high sch	nool		

☐ Elementary/junior high school	☐ Some college/university		□ Unknown	
32. What is your primary source of income? (select one)*				
□ Employment	Social assistance		☐ Other	
☐ Employment insurance	☐ Disability assistance		☐ Consumer declined to answer	
☐ Pension	☐ Family		□ Unknown	
□ ODSP	\square No source of income			
33. Presenting Issues*				
☐ Activities of daily living	I	☐ Problems with addic	ctions	
☐ Attempted suicide	☐ Problems with relat		onships	
□ Educational	Problems with subs		tance abuse	
☐ Financial	Sexual abuse			
Housing	☐ Specific symptom o		of serious mental illness	
□ Legal	☐ Threat to others			
☐ Occupational/employment/vocational		Threat to self		
☐ Physical abuse	☐ Other			
34. Comments: Tiffaney was not comfortate from the clothing room and we have invited			er to find housing, supply her with clothing	

Completion Date (YYYY-MM-DD)*: 2010-09-13