

5 Secrets

To Successful Hearing Aid Use



MDHearingAid[®] >>>

Five Tips, the Right Fit, 21 Days, and you're on your way...

1. Expect a period of adjustment.

New hearing aids are different from new eyeglasses — **you won't hear perfectly right away.** Medical studies show what you hear on day 1 will sound much more natural and clear on day 21.

Use your hearing aids daily for 3 weeks before deciding if they meet your needs.

2. Many sounds will seem too loud at first.

Initially, everyday sounds like running water and rustling papers can seem overwhelming. However, your brain will recall how to turn down its internal volume control so these sounds become less noticeable. If you wear your aids consistently, **after the 1st week household sounds will begin to fade into the background.**

3. Nothing will restore what has been lost.

Hearing aids will make the most of your hearing capabilities and you'll hear better. Once you have suffered hearing loss, **even the most expensive hearing aids will not restore all of your hearing or eliminate all background noise.** Fortunately, you can acquire listening skills to help make up the difference.

4. Whistling is an indicator of improper fit.

Most hearing aids squeal (acoustic feedback) when not properly inserted in the ear. It helps to keep the Hearing Aid OFF until the aid is seated on your ear, and the Ear Dome is snug inside your ear canal. Then turn the hearing aid ON, and raise the volume slowly. If you still encounter whistling, try a Closed Ear Dome. (See User Manual for diagram.)

5. Read your User Manual.

Your User Manual expands on these topics and gives you more information and knowledge to help you get the most out of your **MDHearingAid**® hearing aids.

Our Product Support team understands everyone's hearing experience is unique. Do not hesitate to contact us if you need more guidance.

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