



USER'S HANDBOOK
FOR MODELS CITY 2211, YUNAI PB & POWER BRAIN II
ENGLISH



WITH MEGABRAIN UNITS, YOU CAN DEVELOP YOUR MENTAL POWER
MAKE GROW YOUR BRAIN!



THE WORLD IN YOUR HANDS

USER'S HANDBOOK FOR MODELS:

- CITY 2211
- YUNAI PB
- POWER BRAIN II



CONTAINED RELATIONSHIP

- UNITS COMPOSITION

- City 2211
- Yunai PB
- Power Brain II

- UNITS CONNECTIONS

- INSTRUCTIONS OF USE

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 - Theta
 - Megabrain Commitment

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- WARRANTY

We thank you the acquisition of the **Megabrain** synchronizer:

This unit is built by means of a strict control of quality and inspection.

If you have the suspicion of an incorrect operation, contact your supplier or with an authorized representative as soon as possible.

To take out the maximum profit of this product, read the instructions carefully before putting into operation the unit.

USER'S HANDBOOK - UNITS COMPOSITION

MODELS: CITY 2211, YUNAI PB & POWER BRAIN II

CITY 2211 MODEL

UNIT COMPOSITION:

- 1 Processor **CITY 2211**
 - 1 Binaural Glasses
 - 1 Transformer - feeder
 - 1 Headphones
 - 1 Connection cable of audio
 - 1 User's handbook
- Everything presented in a cardboard box



YUNAI PB MODEL

UNIT COMPOSITION:

- 1 Cardboard box containing:
 - 1 Processor **YUNAI PB**
 - 1 Binaural Glasses
 - 1 Transformer - feeder
 - 1 Headphones
- 1 Audio connection cable
- 1 User's Handbook



POWER BRAIN II MODEL

UNIT COMPOSITION:

- 1 Anti-shock professional handbag containing:
 - 1 Processor **POWER BRAIN II**
 - 1 Binaural Glasses
 - 1 Headphones
- 1 Audio connection cable
- 1 User's handbook



USER'S HANDBOOK - UNITS CONNECTIONS

PROCESSOR CITY 2211 CONTROLS

Before connecting the apparatus to the electric net, it is necessary to check if it corresponds to the tension of the same 110V or 220V

The steps to continue are the following ones:

1. Connect the transformer - feeder to the processor and then to connect it to the net.
2. Connect the binaural glasses in the suitable place.
3. Connect the headphones in the suitable place.
4. If we want to use a source of audio external, (walkman, reproducer of CDs or other), we will connect it in the suitable place by means of the cable for audio included in the unit.

The unit is ready to be used, following the instructions indicated in the user's handbook.



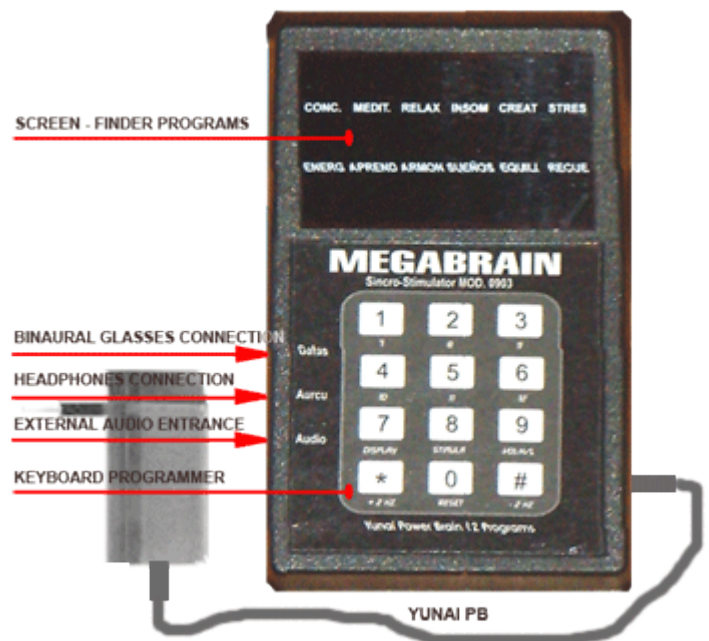
PROCESSOR YUNAI PB CONTROLS

Before connecting the apparatus to the electric net, it is necessary to check if it corresponds to the tension of the same 110V or 220V

The steps to continue are the following ones:

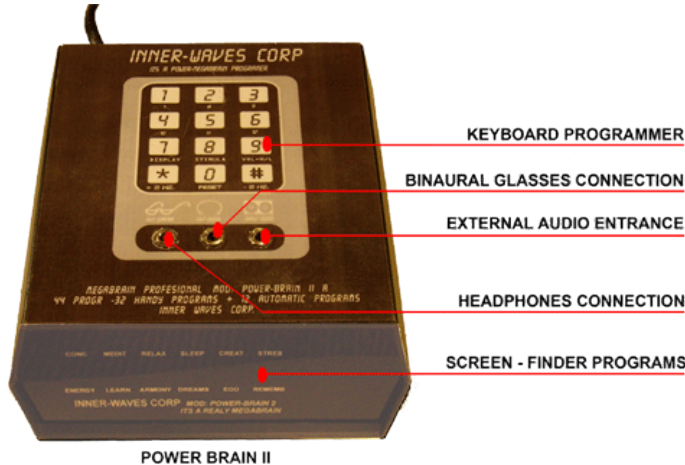
1. Connect the transformer - feeder to the processor and then to connect it to the net.
2. Connect the binaural glasses in the suitable place.
3. Connect the headphones in the suitable place.
4. If we want to use a source of audio external, (walkman, reproducer of CDs or other), we will connect it in the suitable place by means of the cable for audio included in the unit.

The unit is ready to be used, following the instructions indicated in the user's



handbook.

PROCESSOR POWER BRAIN II CONTROLS



Before connecting the apparatus to the electric net, it is necessary to check if it corresponds to the tension of the same 110V or 220V

The steps to continue are the following ones:

1. Connect to the electric net.
2. Connect the binaural glasses in the suitable place.
3. Connect the headphones in the suitable place.
4. If we want to use a source of audio external, (walkman, reproducer of CDs or other), we will connect it in the suitable place by means of the cable for audio included in the unit.

The unit is ready to be used, following the instructions indicated in the user's handbook.

EXPLANATION FOR MULTIPLE USERS

In the event of wanting to connect more than one user, second user's kits should be bought that can make lack, according to the maximum number admitted by each unit and to follow the instructions included in the mentioned kits.

INSTRUCTIONS OF USE

INTRODUCTION - HOW TO BEGIN

INTRODUCTION

We congratulate you for the purchase of a personal computer **Megabrain**. Using this technology of last generation regularly, you will make that the time, which dedicates to the improvement of your psycho-physical state, take advantage with the maximum effectiveness.



The **Megabrain**, will lead you, to your natural state of balance, taking out this way, the maximum profit to the activity that you want to develop. The operation like we will indicate you later on, it is simple; Their technology has been designed to help you to reach the maximum possibilities of the potential that you possess.

By means of the different **Megabrain** programs will make you to arrive to states in which your brain will reach a high yield level.

This unit takes place by means of a strict control of quality and inspection.

If you have the suspicion of an incorrect operation, contact your supplier or with a representative authorized as soon as possible.

To take out the maximum profit of this product, read the instructions carefully before putting into operation the unit.

UTILIZATION'S INSTRUCTIONS - HOW TO BEGIN

In the first time it must take out the unit of their box and move away the packing bag.

Make sure that all the connections correspond those that are indicated in the section of CONNECTIONS or noticing the printed graphics in the team.

The feeding of the unit can make it by means of batteries if you have acquired this way, by means of rechargeable batteries or transformer to the net.

This type of unit uses a tension of 12 v. reason why any is not in danger of electric shock unless it moves away some cover or manipulate its interior.

PLACE: Look for a comfortable place, to be possible put to bed, put the unit near the place where you will carry out the session, for not noticing any tension with the cables, closing the eyes and press the button of the wanted program..

Starting from this moment you should relax yourself, to close the eyes and to be allowed to take for the visual and acoustic stimuli.

ACOUSTIC EXPERIENCE: You will listen an intermittent blow through the headphones, this sound corresponds to the specific acoustic stimulation of the program, (sounds *Hemi-sync*). This stimulation is different in each part of the program, since the microprocessor sends different signs according to the program or wave sequence: **ALPHA, BETA, THETA, DELTA.**

VISUAL EXPERIENCE: Once you have put on the glasses, DON'T FORGET TO CLOSE THE EYES, AND TO BECOME COMFORTABLE. The glasses has a regulator in the interior part that is good to adjust the most comfortable luminous intensity for you, (you will observe a small white wheel on a black button. To even the intensity, you will make rotate the white trundle with a screwdriver or a knife).

If you have adjusted the intensity of light to the minimum one and you still find it intense, don't worry, you will get used to the few minutes and once overcome this first period will feel a wonderful sensation full with colors and forms.

(DON'T FORGET TO CLOSE THE EYES, AND TO BECOME COMFORTABLE). Any risk doesn't exist for your eyes, although you use contact lenses The type of light that emit the LEED diodes it is inoffensive.

WE ONLY LACK TO WANT A HAPPY TRIP TO THE INTERIOR OF YOUR MIND.

IMPORTANT NOTE OF FORCED READING

It is proven that this type of stimulator doesn't create any dependence. It is recommended to use the team 2 times a day, one in the morning and another for the afternoon or night, but you can end up using up to four times a day, also to obtain a maximum of effectiveness, the caution should be had to making the sessions at the same hours of the day, at least during one week.

These units should not be used by people with **EPILEPTIC ANTECEDENTS**. Only who suffer **PHOTOSENSITIVE EPILEPSY**, they will consult with their doctor before using a *Megabrain*. The use of these units for these people could generate an epileptic crisis. If it happened, there is not any danger, before the first symptoms the supervisor of the session will take out the glasses to this person.

Also neither the use is recommended people that suffer heart pathologies or that they suspect to be pregnant. It is recommended that during the first minutes of the first session you remain accompanied by some person that supervises the session.

F.F.R. EFFECT

Independently of these experiments, **Robert Monroe**, one of the most outstanding scientists in the sound sector with neurological efficiency, devised the **METHOD HEMI-SYNC: (Synchronization of the cerebral hemispheres by means of sounds)**. the same as a glass resonates when a pure tone, the brain is emitted it resonates when receives certain frequencies of waves, being synchronized with these, (similar to the previous with the flashes of light) effect that is known as **FFR (Frequency Following Response)** (pursuit answer to a frequency).

It is simple, by means of stereo headphones are sent sound signs separately to each hearing, for example 2 signs of 300 and 304 Hz., in a hearing it will only be listened the sign of 300 Hz and with the other one only that of 304, but since the sounds combine inside the brain, this will listen a third sign of 4 Hz that is the difference among the two sound impulses.

This third sign is not an audible sound, but an electric sign that only it can be created by the cerebral hemispheres acting to the unison, and it can happen inadvertent, taking place as a result that the two hemispheres focuses simultaneously in the same state of conscience, increasing this way the cerebral power.

INVESTIGATIONS

Toward 1950 the neuroscientist **W. Flock Walter** carrying out experiments, in those that used strobe apparatuses to send rhythmic flashes of light to the eyes, observed astonished that the twinkling of the light could alter the activity of the whole cerebral bark, instead of exclusively the areas associated with the vision. The subjective experiences of those that received the flashes were even more curious they related to have seen **"lights like comets, ultra fantastic colors, color mental"**.

On the other hand, Walter discovered that certain visual stimuli of a certain frequency, they could make that the brain responded being adjusted quickly to the same frequency of the stimulus that received..

10 years ago the neuropsychiatrist of **Cleveland, Dr. Denis Gorgges**, carried out the synthesis of these discoveries and applying the most avant-garde technology, he designed the first apparatus of stimulation optic-acoustics..

The fact that it was able to promote, according to your inventor **"an increment of the capacities and functions of the human mind"** untied an investigation movement and experimentation without precedents, catalyzed by **M. Hutchinson** through your famous book **Megabrain** that is developing inside and outside of universities from all over the world.

A dozen of solid studies on this type of apparatuses is being carried out in nine North American universities, in areas that include education and learning, abuse of substances, gerontology, pharmacology and physiology, as well as reduction of the pain. In Europe, in the university of Vienna, a special subject has been created to deepen in the study of these apparatuses **CEREBRAL HEMISPHERES**.

The neurological investigations in the last 15 years, they have shown that our cerebral hemispheres work independently. Each hemisphere picks up the same information that its sensors (eyes, hearings, pleasure, tact, and olfaction) and it processes it in a different way. Our thoughts outline this influenced by the prevalence of the left hemisphere, logical and analytic thought. Right hemisphere, creative thought, visualization, and it is the one that carries out a holistic

synthesis. In the later part of the brain it is where the intuitive thought resides (subconscious).

Evidently to use one of the two hemispheres or one or another of the cerebral regions, limits our capacities seriously. The good operation of our brain, comes given by the synchronization of the two hemispheres: By means of the stimulation alternating left-right and before-behind, takes place almost simultaneously, an emission of cerebral waves of identical width and frequency. In this way it is possible **TO THINKING WITH ALL OUR BRAIN**.

Other scientists have demonstrated that the users of stimulative optic-acoustic as the **Megabrain** they can drive both cerebral hemispheres to a synchronization state that allows them to improve: the memory, the intelligence coefficient, concentration, sensorial sharpness and creativity, among other things.

The **Megabrain**, only has exclusively a reserved analogy to the practitioners of the meditation, yoga and other inner techniques. The ZEN monks in the university of Tokyo and previously, with yogis in the India, they showed that during the meditation appeared a predominance of waves alpha and theta in their encephalograms. During the relaxation state and meditation, the cerebral waves of fields hemispheres, generally not linked, they changed and they moved, with one only and synchronous rhythm that was characterized by their coherence.

The result of this harmony, among the hemispheres, is to prepare of our it authenticates capacity, achieving this way, the possibility of deep relaxation combined with serenity, well-being, mental clarity, self-control, creativity, as well as the increase of the intellectual functions.

THE BRAIN CAN GROWS

The brain is comparable to a muscle that we can stimulate and to develop.

The experiments carried out by the **Dr. Marck Rosenaweig** in **V.C. Berkeley**, they have demonstrated that the brain, through external stimuli can grow and to be developed permanently and that should not necessarily deteriorate with passing of the time. **Resenaweig** placed groups of rats in different ambient and then he compared the results.

The first group was maintained in a poor environment in external stimuli. A second was provided certain quantity of stimuli: game partners, labyrinths, cylinders. As was waiting, the second group obtained better results in the intelligence tests.

But the most surprising thing was when the investigators measured and they weighed the brains of the rats: The brains of the second group, the most clever rats, they had grown and livestock weight. New synapses had been created, the connections among the neurons had multiplied. This study ruins the well-known hypothesis according to which our neurons die one after other and our brain ages hopelessly.

These results were so extraordinary that, investigations carried out by other laboratories confirmed them and they were still further on. They found that these answers to the stimulation happened instantly and not only in laboratory animals, but also in human beings.

In the neurobiologist's words **Gary Lynch**, of the **U.C. Irvine**, when the brain receives certain stimulation types-only a "beep" literally that short, the nervous circuits are activated..

RELAXATION, LEARNING AND CREPUSCULAR ZONE

When we couch in the bed, during a brief period of time in the one that are not awake neither completely sleeping, cross a twilight area that **Arthur Koestler** described as dream state. A lot of people even associate this sleepy state with images more fleeting and unbasted than in the dreams and compares it with a quick and jolting pass of slides. Great quantity of artists and scientists have

attributed their creations and discoveries to these images visualized in the twilight state.

Koestler describes this way the process "When temporarily the conscious controls disappear, the mind is liberated of the repressions... At the same time they also enter in activity another type of images, belonging to more primitive levels of the mental organization. Recreating the twilight state, by means of the help of the **Megabrain** the psychologists are achieving important results in people's preparation to accept statements and inductions for a positive change of behavior. For it **Megabrain**, has recordings of **PERSONAL IMPROVEMENT** and **SPECIAL SOUNDS**. The recordings of improvement personal are since an element important cocktails with the use of any pattern of **Megabrain** you can achieve in each case, an accented answer.

MUSIC, SOUNDS AND PERSONAL IMPROVEMENT COURSES

MUSIC

It is important that the music that is chosen for the sessions is of certain type, otherwise the effect **HEMI-SYNC** could diminish. Next we indicate some characteristics that it should complete the music that uses during the sessions.

MUSIC TO AVOID: Family music, music with too many percussion effects, lyrical music. To avoid the music that induces the person to move, music with abrupt changes of width, music that requires the listener's attention, and music of violins.

MUSIC TO USE: You can use any relaxation music, but although the offer in the market is very wide and in general of good quality, it should be attempted that doesn't have none of the characteristics described in the previous paragraph and if it is possible that is adapted to the purpose that is wanted, how for example those recorded by the authors **ARDEN & JACK WILKEN** (**Music to Change**).

HEMI-SYNC SOUNDS COLLECTION

The **HEMI-SYNC** sounds collection, it is composed by three volumes:

Volume 1 - **MEGABRAIN SOUNDS** (Ref. HEMISINC1)

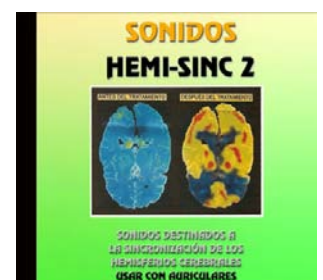
Volume 2 - **HEMISINC 2 SOUNDS** (Ref. HEMISINC2)

Volume 3 - **HEMISINC 3 SOUNDS** (Ref. HEMISINC3)

This collection "**HemiSinc Sounds**" and "**Megabrain**" is the culmination of recent investigations, that they assure that certain sounds can make that our state of spirit and the synchronization of our cerebral hemispheres, they can be corrected by means of some special sounds, created especially to achieve a state of ideal fullness.

This work is specially suitable to put it as bottom music in places where one works or a great concentration is required and also to help the children and bigger in its studies. Indispensable in the home, the work and while drives.

The loss by heart that behaves the age or neurological alterations, they can be overcome by means of mental techniques that they rejuvenate and they train the mind with simple techniques that you can learn.



IMPORTANT NOTE:

The sounds **HEMISINC**, due to the recording system that produces exits with different frequencies in each hearing, should be used with headphones to obtain the best results.



PERSONAL IMPROVEMENT COURSES

Megabrain, it has designed twelve courses that can be used combined or separately of the units.

These courses cover most of personal and used necessities of improvement in way combined with the units; they offer some highly satisfactory results. The mentioned courses, **only published in Spanish**, they are the following ones:

CD 1 - THREE COURSES IN ONE CD



This CD contains the following courses:

- Rendimiento profesional
- Súper-concentración
- Superar la impotencia o frigidez.

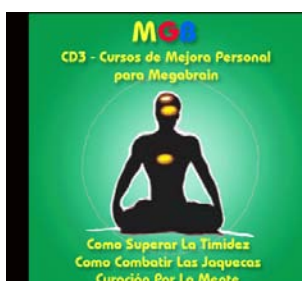
CD 2 - THREE COURSES IN ONE CD



This CD contains the following courses:

- Combatir el estrés
- Adelgazar con control mental
- Materializar sus deseos.

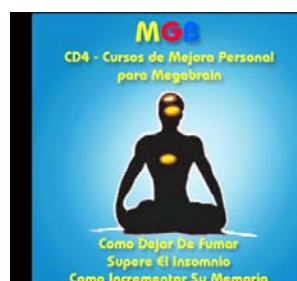
CD 3 - THREE COURSES IN ONE CD



This CD contains the following courses:

- Como superar la timidez
- Como combatir la jaqueca
- Curación por la mente.

CD 4 - THREE COURSES IN ONE CD



This CD contains the following courses:

- Como dejar de fumar
- Supere el insomnio
- Como incrementar su memoria.

GRILL OF COMPATIBILITY OF COURSES AND PROGRAMS

PROGRAMS	COURSES	01	02	03	04	05	06	07	08	09	10	11	12
MEDITATION													
CONCENTRATION													
RELAXATION													
INSOMNIA													
CREATIVITY													
ANTI STRESS													
ENERGIZER													
LEARNING													
HARMONY													
DREAMS													
BALANCE													
MEMORIES													

COMPATIBILITY=



IT INDICATES THE BEST HABITUAL ANSWER, ALTHOUGH THE COURSES CAN BE USED WITH ANY PROGRAM

TYPES OF WAVES AND THEIR DIFFERENT STATES

ALPHA WAVES FROM 8 HZ TO 13 HZ

HABITUAL STATE: Relaxation and rest, in the frequency lower 8 Hz are where the phase of dream begins (dream).

HABITUAL FEELING: Total integration between the body and the mind. The subconscious one begins to appear.

BETA WAVES FROM 14 HZ TO 30 HZ

HABITUAL STATE: This type of waves registers when the person is awake in a state of normal activity.

In superior frequencies to 30 Hz the individual passes to a state of STRESS in which the coordination of the ideas and the normal physical activity are seriously altered.

HABITUAL FEELING: To be all the senses overturned toward the exterior, the restlessness, the fears, and the stress can accompany to this state.

DELTA WAVES FROM 1 HZ TO 3 HZ

HABITUAL STATE: It arises mainly in the deep dream, in very strange occasions it can be experienced being awake unless with a very hard training or with a synchronizer of hemispheres like the *Megabrain*.

PSYCHICAL STATE: Corresponds to sleep without dream, to the trance, deep hypnosis. The waves Delta are of great importance in the healing processes and of invigoration of the immune system.

THETA WAVES FROM 4 HZ TO 7 HZ

HABITUAL STATE: During the dream or in the deep meditation, autogenous training, yoga (whenever the formations of the subconscious one act).

PSYCHICAL STATE: Plastic memory, learning capacity, fantasy, imagination, creative inspiration.

MEGABRAIN COMMITMENT

The *Megabrain* units, has been subjected to exhaustive and meticulous tests for what is guaranteed that the units synchronizers have gone with satisfactory result the severe control of quality to which undergo, by what are prepared to work in all the types of waves described here. It will allow you to to reproduce to will the characteristic mental states of the different mental states

INCLUDED PROGRAMS IN THE MEGABRAIN UNITS

**PROGRAM 1 -
CONCENTRATION**
(Duration approx. 30 min.)

**UNITS THAT INCLUDE
IT: YUNAI PB AND
POWER BRAIN II**

WORKING: To press the buttons 0 and 1

CHARACTERISTIC: The first minutes they are dedicated to the gradual adaptation from the user to the system, later the program goes into in a game of repetitive waves, to conclude in BETA WAVE of 20-30 Hz in stairway

form. This program is specially suitable for states that, for an excess of effort, or for a lack of continuous activity, the rhythm of the brain doesn't end up putting on to its normal activity.

INDICATIONS: Stimulant, power the concentration power, favors the learning to be located in frequencies in which the mind is predisposed especially to this activity. Programs specially suitable for the study.

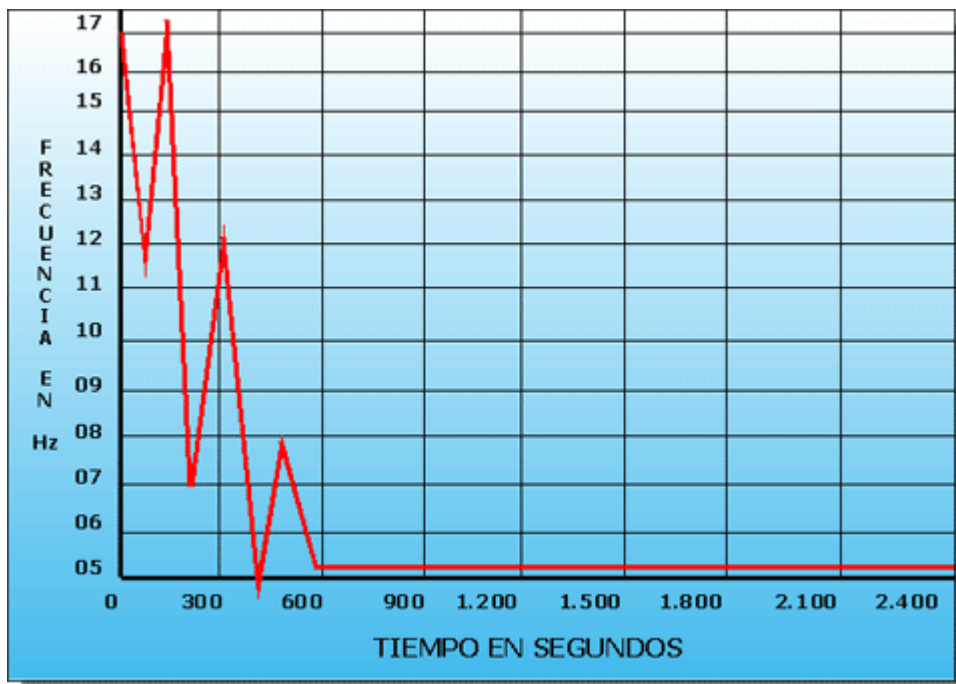


**PROGRAM 2 -
MEDITATION (Duration
approx. 40 min.)**

**UNITS THAT INCLUDE
IT: YUNAI PB AND
POWER BRAIN II**

WORKING: To press the
buttons **0** and **2**

CHARACTERISTIC: The
first minutes they are
dedicated to the
adaptation from the user
to the program, 12
minutes of introduction,
followed by some minutes
of frequency of resonance
SHUMAN of 7.83 Hz. It
uses both focus and
expansion modalities also.



The end of the program stays during some minutes in modality THETA with the purpose of getting a good meditation state.

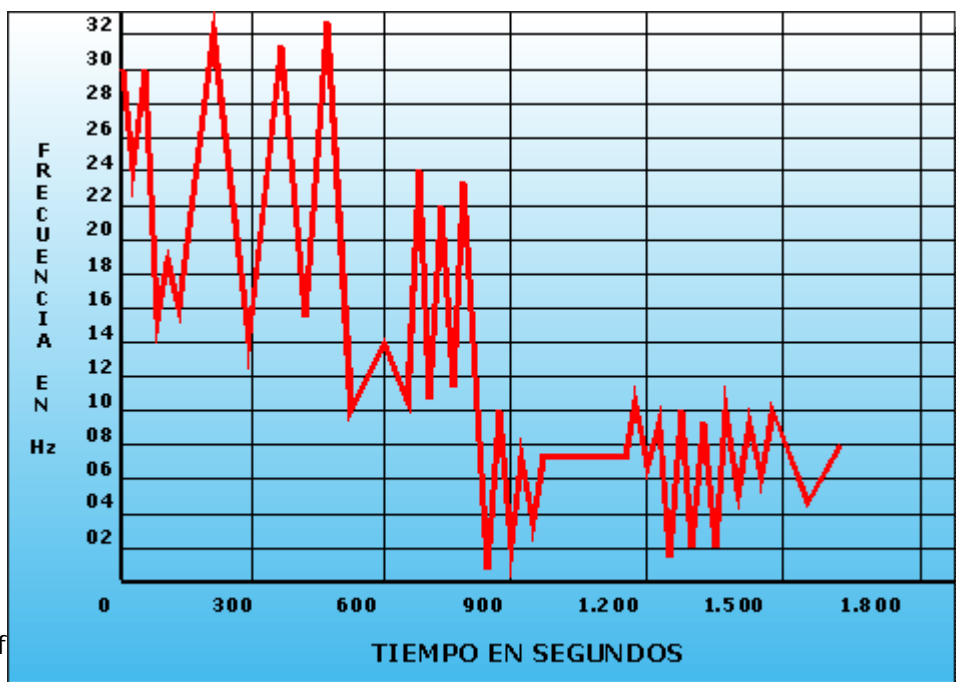
INDICATIONS: It predisposes to the meditation.

**PROGRAM 3 -
RELAXATION (Duration
approx. 28 m.)**

**UNITS THAT INCLUDE
IT: CITY 2211, YUNAI
PB and POWER BRAIN
II**

WORKING: Press the
buttons **0** and **3** in **YUNAI
PB** and **POWER BRAIN
II**. In the **CITY 2211**,
press the button **3**
(RELAX)

CHARACTERISTIC: This
program is ideal to arrive
to a perfect harmony body
/ mind, with the purpose of
arriving to a deep state of
relaxation. In this state the
mind is predisposed better to solve any behavior problem.



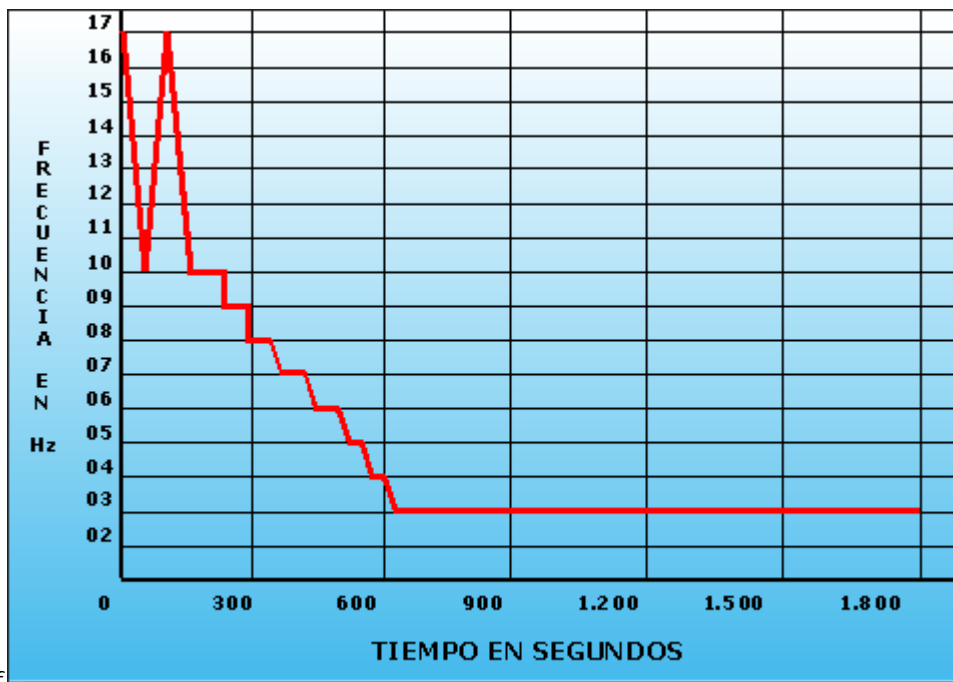
INDICATIONS: Balanced of the nervous system and invigoration of the immune system, improve of the memory, ideal for the use of courses for personal improvement, relaxation experiences, to enjoy the music.

**PROGRAM 4 -
INSOMNIA (Duration
approx. 30 min.)**

**UNITS THAT INCLUDE
IT: CITY 2211, YUNAI
PB and POWER BRAIN
II**

WORKING: Press the
buttons **0** and **4** in **YUNAI
PB** and **POWER BRAIN
II**. In the **CITY 2211**,
press the button **4**
(INSOM)

CHARACTERISTIC: This
program induces mainly to
low waves, type delta.
These waves are emitted
by the brain in the stage of
deep dream. The waves
DELTA can rarely be experienced being awake, for what the experiences lived during this state are
characterized by a great intensity.



INDICATIONS: The dream is indispensable for the human being's psycho-physical balance. This program strengthens the defense mechanisms and believes a connection among the conscious one and the unconscious that gives a bigger knowledge of oneself.

This program induces to the dream, but in certain occasions in that it is possible to conquer this state, a state is experienced solely comparable to the experienced one in the momentous meditation.

**PROGRAM 5 -
CREATIVITY (Duration
approx. 30 min.)**

**UNITS THAT INCLUDE
IT: CITY 2211, YUNAI
PB and POWER BRAIN
II**

WORKING: Press the
buttons **0** and **5** in **YUNAI
PB** and **POWER BRAIN
II**. In the **CITY 2211**,
press the button **5**
(CREAT)

CHARACTERISTIC: This
program is specially
designed to increase the
individual's creative
potential.



This program uses a system of multi-modality, by means of which the two hemispheres are stimulated alternating, with object of obtaining an abundant quantity of occurrence replicas. The frequencies in those that one works go from ALPHA to BETA.

INDICATIONS: This suitable one to be able to do with more clarity the problems that perturb us and to be able to solve them in a more effective and more serene way.

Gives a bigger knowledge of our interior world and of our environment. It is also empowering of

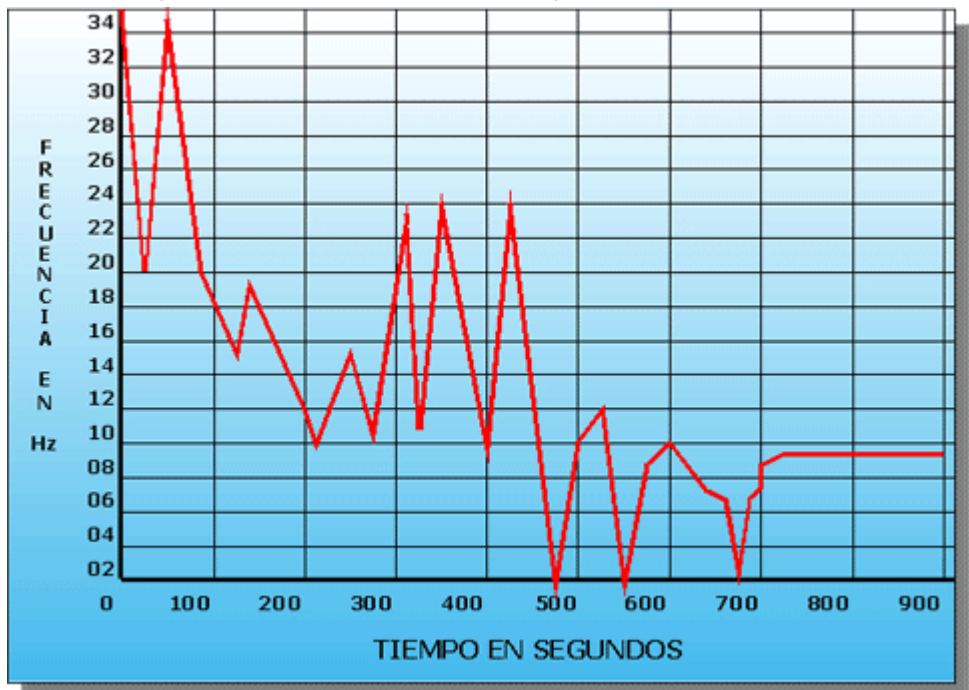
our creative instinct being able this way to develop it in a plastic way in all their forms.

PROGRAM 6 - ANTI-STRESS (Duration approx. 15 min.)

UNITS THAT INCLUDE IT: CITY 2211, YUNAI PB and POWER BRAIN II

WORKING: Press the buttons 0 and 6 in YUNAI PB and POWER BRAIN II. In the CITY 2211, press the button 6 (STRES)

CHARACTERISTIC: This program is suitable for the regularization of the hemispheric constants, either in rhythm and/or in intensity.



If for an or another reason, the hemispheres suffer a rhythmic imbalance, the program impacts in them, until getting a regular rhythm to a low frequency, until adapting them to a correct work frequency.

This program looks for a frequency of resonance, by way of I rake until the brain decides to follow it for resonance. Later on the low program slowly of frequency until arriving to a constant of 9 Hz/sec.

Once in 9 Hz/sec. the person is prepared to use any other program to relax himself, to sleep or simply to continue with the activity that she was carrying out.

INDICATIONS: Stress, nervous alterations, concentration lack, tobacco addiction, alcoholism, and all the dysfunctions related with the nervous system.

PROGRAM 7 - ENERGIZER (Duration approx. 30 min.)

UNITS THAT INCLUDE IT: CITY 2211, YUNAI PB and POWER BRAIN II

WORKING: Press the buttons 0-1-7 in YUNAI PB and POWER BRAIN II. In the CITY 2211, press the button 1 (ENERG)

CHARACTERISTIC: This program is especially designed, to increase the frequency of work of the brain. Usually the main cause of the energy loss, is

an inadequate rhythm, in the moment to carry out a specific task. This program leaves of a low frequency (alpha), and goes it increasing slowly, in stairway form, until arriving to a frequency BETA, with which is possible to put to the brain in a good state to carry out any task or physical



activity that it represents an additional effort.

This is a very experienced program in sportsmen, with some really surprising results.

INDICATIONS: Before a competition, before speech in public, recoveries after long periods in bed, postoperative, chronicle tire, energizer in general.

PROGRAM 8 - LEARNING
(Duration approx. 40 min.)

UNITS THAT INCLUDE IT: CITY 2211, YUNAI PB and POWER BRAIN II

WORKING: Press the buttons 0-2-7 in YUNAI PB and POWER BRAIN II. In the CITY 2211, press the button 2 (LEARN)

CHARACTERISTIC: This program is suitable to predispose to the brain to the assimilation easy of knowledge, information, etc. and for a good understanding. This is carried out by means of stimuli in a high frequency ALPHA that is the most appropriate so that the person assimilates correctly new knowledge. It is also suitable for the use of courses of personal improvement, to correct bad habits and bad habits.

INDICATIONS: Learning of languages, matters before an exam, memorization of information, people with difficulty for the studies, it improves personal, eradication of fears and phobias (application with medical supervision).

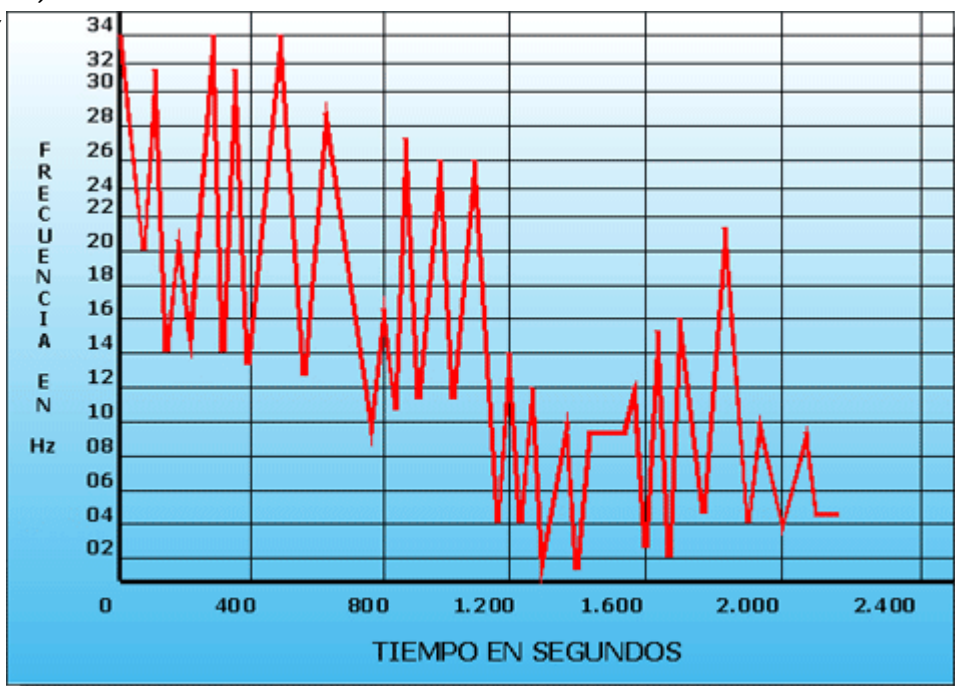
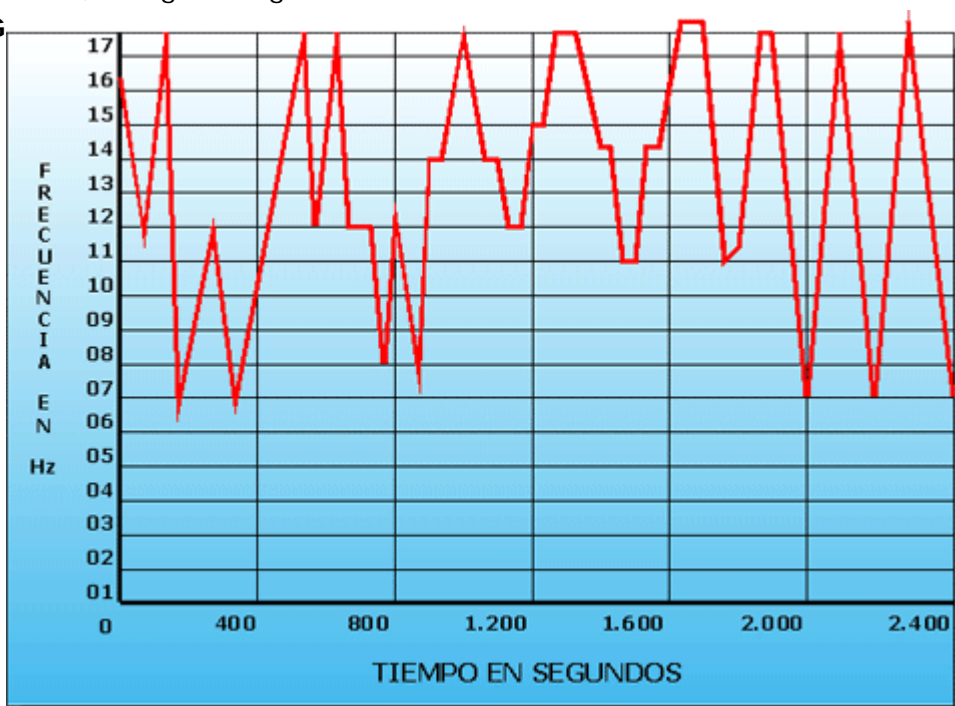
For learning, you can use the system during the session or later. Studies carried out with the **Megabrain** indicate that the best results have been obtained during the session, listening to a tape or CD with the previously recorded matter. (Languages, courses of improvement, induction by means of microphone, etc.).

PROGRAM 9 - HARMONY
(Duration approx. 40 min.)

UNITS THAT INCLUDE IT: YUNAI PB AND POWER BRAIN II

WORKING: Press the buttons 0-3-7 in YUNAI PB and POWER BRAIN II.

CHARACTERISTIC: This program is suitable to harmonize the right hemisphere and the left one by means of stimuli right left and advance behind, alternating the bifocal way with the alternative one.



Their INDICATIONS are many, since a balanced stimulation of the two hemispheres is gotten, for which the intellectual and intuitive potentials harmonize and they are supplemented, with all the benefits that this behaves.

INDICATIONS: To harmonize the two main parts of our brain and empower the one that fewer developed is. Empowering the intuition, the analytic sense and to acquire a new state of conscience.

PROGRAM 10 - DREAMS
(Duration approx. 30 min.)

UNITS THAT INCLUDE IT: YUNAI PB AND POWER BRAIN II

WORKING: Press the buttons **0-4-7** in **YUNAI PB** and **POWER BRAIN II**.

CHARACTERISTIC: For all it is known the difficulty that they have some people to remember the dreams. The cause of the forgetfulness is the lack of connections (right hemisphere) and the aware one that it manages the left hemisphere. By means of this program of simultaneous stimulation, it is tried to generate a flow of energy that goes of left to right and vice versa, with the purpose of obtaining a bigger union among these two worlds.



For the experiences carried out with this program in people that never remembered the dreams, a result of 72% it was obtained that remembered 90% of the dream practically (with the use of the program during 10 days). The other 28% remembered only the last instants of that dream of an extraordinary clarity.

INDICATIONS: They are multiple, mainly in the field of the psychology and the psychoanalysis, with all the advantages that it takes I get the memory of the dreams.

In people with capacity of advanced meditation, it is very suitable for transpersonal regressions, because the type of stimulation power this innate ability in the human being.

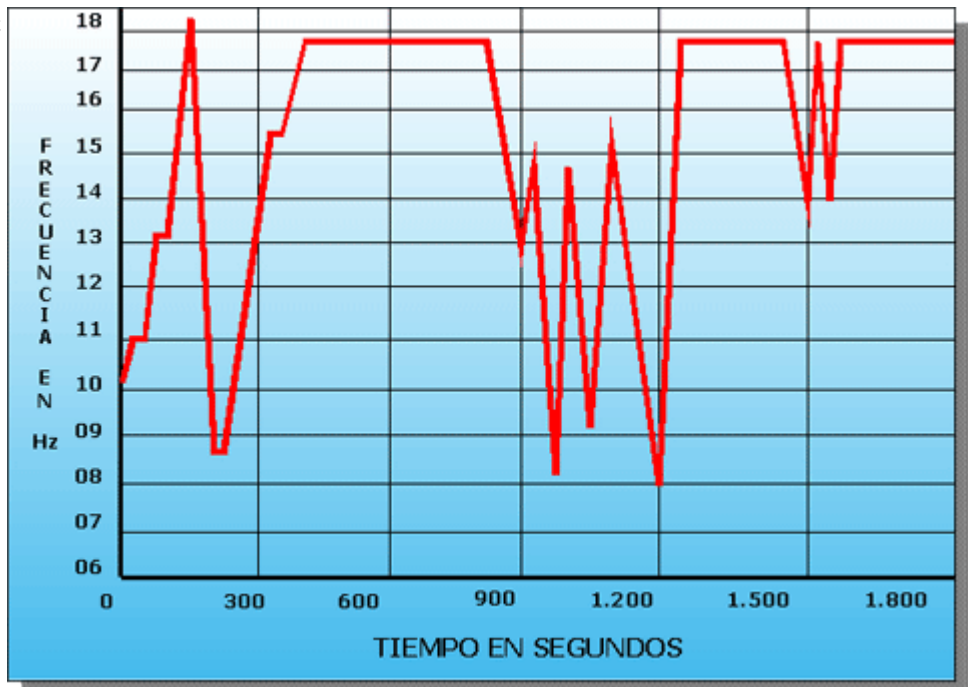
The form of using the program is the same as in the other ones, the result is visible when waking up in the morning, having used the **Megabrain** in previous days, it doesn't care the hour of the day.

PROGRAM 11 - PSYCHIC BALANCE (Duration approx. 30 m.)

UNITS THAT INCLUDE IT: YUNAI PB AND POWER BRAIN II

WORKING: Press the buttons **0-5-7** in **YUNAI PB** and **POWER BRAIN II**.

CHARACTERISTIC: This program is very useful to balance the nervous centers and to calm anxieties fruit of alterations psychosomatic of the central nervous system.



In many occasions the nervous system is unbalanced and it can produce important psychosomatic alterations, the constants lose temper and imbalances that can produce illnesses arise.

This program maintains the typical constants of a healthy person and it reproduces them so that the organism it assimilates them for its later reproduction.

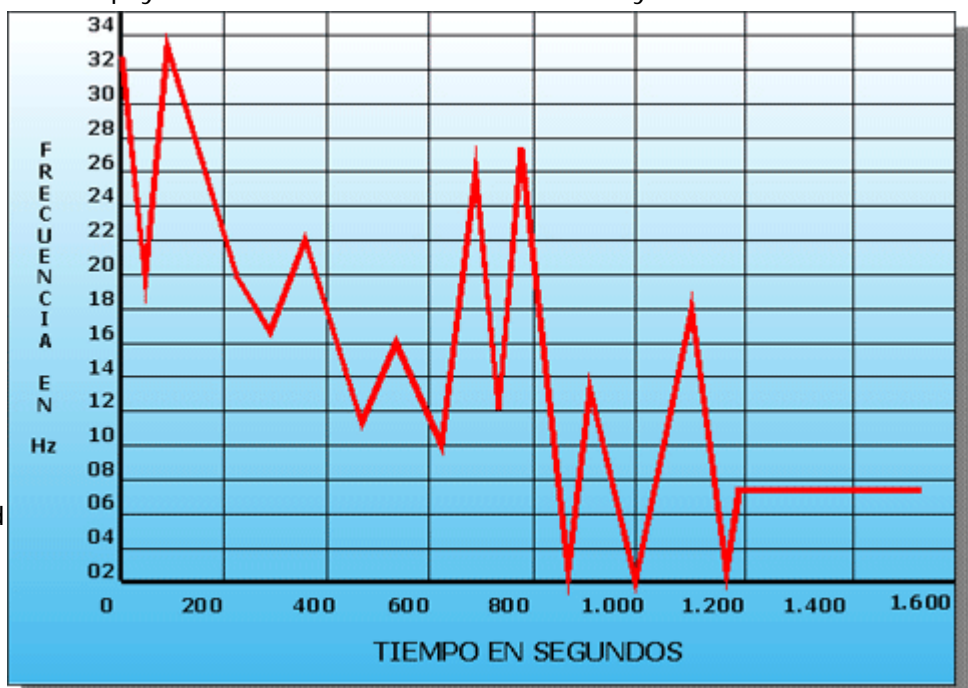
INDICATIONS: To rediscover the psychic balance and to calm the anxiety.

PROGRAM 12 - MEMORIES (Duration approx. 25 m.)

UNITS THAT INCLUDE IT: YUNAI PB AND POWER BRAIN II

WORKING: Press the buttons **0-6-7** in **YUNAI PB** and **POWER BRAIN II**.

CHARACTERISTIC: The program of memories, is a program specially designed to stimulate by means of certain audio-visual frequencies the memory capacity and therefore the memories far from the time.



For it, a bias is required and something of training, being helped for diverse technical that the user can choose. However the program accentuates the connections of the passive memory with the conscious one by means of stimulations in frequencies ALPHA.

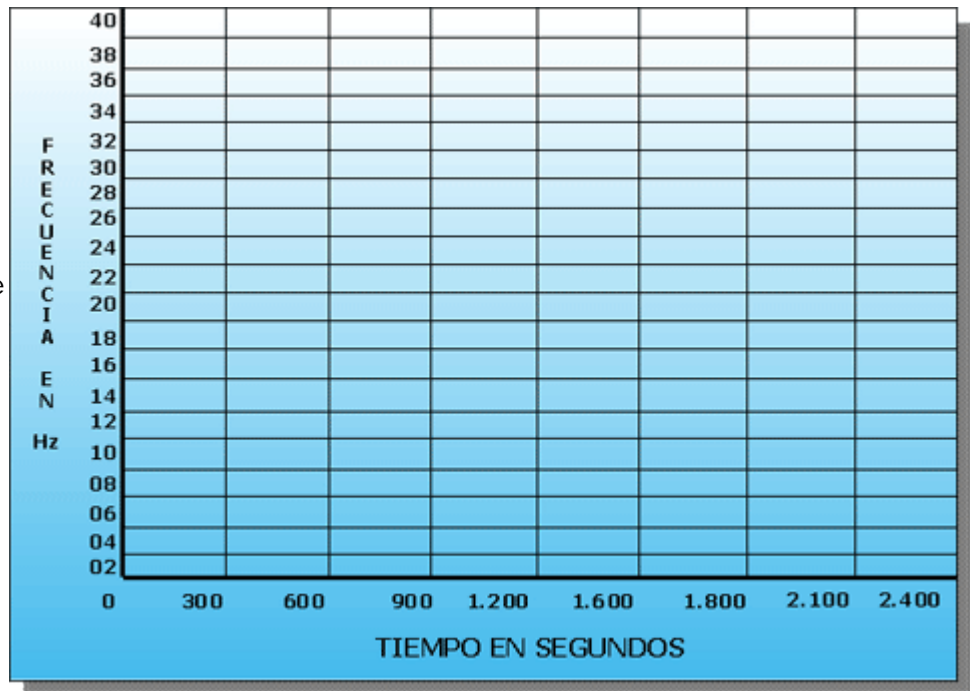
INDICATIONS: Empowering the memory, to stimulate the memories, for people with capacity of advanced meditation, rebirths, etc.

MANUAL PROGRAMS

UNITS THAT INCLUDE IT: POWER BRAIN II

CHARACTERISTIC: The manual programming is a very useful tool for the professional and for people that carry out meditation exercises, yoga, technical of relaxation, visualizations, etc...

The operation is very simple, and by means of three buttons the whole possibilities of frequencies and modalities can be gotten that provides the microprocessor.



OPERATION OF THE MANUAL PROGRAM: Pressing the button (#) the program begins the operation in the frequency but low approx. 2 Hz/s, to increase that frequency approximately up to 34 HZ/s to press to intervals the key (*). Also exists the possibility of generating alternating and continuous stimuli, this is gotten by means of the key (8). This key is very useful to generate effects in the two hemispheres. The alternating effects stimulate the connection among hemispheres and to certain frequencies they activate important metabolic processes. The continuous effect is good for focuses images, to project ideas, introspections, hypnosis and in general for therapeutic and psychological uses. (See Megabrain Book)
The graph of to the side, it allows you to design your own programs and to keep a review of the same ones.

WARRANTY

WARRANTY CONDITIONS

Megabrain, guarantees its units during 2 years from the date of acquisition of the product, in all its parts, against material defects and of manpower. The 2 year's guarantee understands all the internal parts of the team, doesn't include its peripherals as binaural glasses, transformer, headphones and cables.

The mentioned guarantee, it is limited to the parts specifically manufactured by **Megabrain**.

Megabrain will substitute the product or anyone on its behalves that has not completed that specified in the guarantee, for a unit or new pieces without any cost for the consumer, (except the transports until and from the local of our technical service that are in charge to the client).

In case the unit failed inside the first 12 months of use, the substitution of the unit will be immediate.

Should have in consideration that all the repairs, they will be carried out by the qualified personnel of our Technical Service.

Don't put the team in places with excessive humidity, neither under the sun or near sources radio stations of heat.

If the unit doesn't work, disconnect the cable of the electric net and consult immediately with the technical service or with the distributor. Don't disassemble the covers, in the interior there are not repairable parts for you.

It is recommended to connect the unit to a plug where have easy access.

The units **Megabrain**, are endowed with an unique identification number that goes recorded digitally in all its components, for which is identified as owner of the guarantee, the holder of the purchase reflected in the invoice or purchase voucher.

THE GUARANTEE WON'T BE VALID

If the unit is not operated of agreement with the INDICATIONS specified in the User's Manual

If the suitable warnings have not been observed to the User's Manual

If it has suffered an irreparable and serious deterioration for attributable causes to the user

If it has been connected to a nominal voltage different to indicated one or they have been used feeding sources different to those given

If the apparatus has been altered or attempted to repair for personal unaware to the Technical Service of **Megabrain**