

# Instructions for Use



# **Quick Start:**

- When you first open your Silk'n Blue<sup>TM</sup>, charge the Blue batteries for the first time by plugging the Base Unit to electrical current and placing the Applicator in it for up to 6 hours.
- Before treatment the skin should be clean, dry and free of any powder, gel or cream.
- Press the Power On/Off Switch. The green Ready/ Treatment Indicator Light (I) will start blinking, and shortly afterwards will be lit steadily.
- Your Blue is ready for treatment.
- Place the Treatment Surface on your skin. The LED light will automatically activate.
- Keep holding the Blue Applicator against the skin area for 3-4 minutes. The Treatment Surface temperature will slowly increase.
- Move the Treatment Surface to the next location and perform the treatment for 3-4 minutes on each area of concern.
- Treat daily for 6-8 weeks. Repeat the treatment twice a week for maintenance.







# **Table of Contents**

Before You Start	4
What is Silk'n Blue?	4
Silk'n Blue device description	4
Package contents	5
Safety with Silk'n Blue	6
When to avoid using Silk'n Blue	6
Reducing the risk of injury	6
Possible side effects using Blue	7
Protect your Silk'n Blue	8
Skin Treatment the Blue Way	9
The benefits of Silk'n Blue	9
Silk'n Blue facial treatment areas	9
First Steps with Silk'n Blue	9
Silk'n Blue setup	9
Silk'n Blue battery charging	9
Plan your Silk'n Blue treatment for best results	
Treating with Silk'n Blue for the first time	
What to expect when treating with Silk'n Blue?	
After treating with Silk'n Blue	
Maintenance of Silk'n Blue	
Cleaning Silk'n Blue	
Storage	
To protect the environment	
Removing the rechargeable batteries	
Troubleshooting	
Customer Service	
Specifications	
Labeling	
Français	



# Before You Start

Before using Silk'n Blue for the first time, please read this manual in its entirety. Pay particular attention to sections on device use procedures, device operation, and after-use procedures.

#### What is Silk'n Blue?

Silk'n Blue is a hand held light emitting diode (LED) device for Acne treatment.

Typical areas for Blue treatment include all face and body areas with acne problems.

#### Silk'n Blue device description

Silk'n Blue device consists of a Base Unit, an Applicator and an Adaptor.

The Blue Applicator is a hand held unit that contains a Treatment Surface at the tip, On/Off Switch and Light Indicator Panel.

The Blue Base Unit is used to charge the Applicator batteries.



A	A Treatment Surface	G	Plug
В	B On/Off Switch	Н	Base Unit socket
С	Indicator Panel	l (Green)	Lit - Ready for treatment, Blinking - Battery Low
D	Applicator	J (Yellow)	Error - Charge the unit and try again
Е	Base Unit	K (Orange)	Battery Charging
F	Adaptor	L (Green)	Battery Full

#### **Package contents**

Upon opening the Silk'n Blue package, you will find the following:

- Blue Base Unit and Applicator
- Adaptor
- User manual

# Safety with Silk'n Blue

To protect your skin, a temperature sensor is embedded in the treatment tip of the Silk'n Blue. This sensor ensures the skin's surface will not exceed  $41^{\circ}C / 106^{\circ}F$ .

#### When to avoid using Silk'n Blue?

Certain conditions may temporarily prevent the use of Silk'n Blue. DO NOT USE Silk'n Blue if any of the following conditions apply to you:

- If you have eczema, psoriasis, lesions, open wounds or active infections, such as cold sores in the area to be treated. Wait for the affected area to heal before using Blue.
- If you have abnormal skin conditions caused by diabetes or other systemic or metabolic diseases.
- If you are currently or have recently been treated with Beta-Hydroxy Acids (BHAs), topical retinoic or azelaic acid.
- If you have been treated with Accutane<sup>®</sup> (isotretinoin) within the past 6 months.
- If you have been on a steroid regimen within the past 3 months.
- If you have a history of herpes outbreaks in the area of treatment, unless you have consulted your physician and received preventative before using Silk'n Blue.

#### **Reducing risks**

- · Keep Silk'n Blue out of the reach of children.
- Keep Silk'n Blue out of the reach of persons with reduced physical, sensory or mental capabilities.



Keep Silk'n Blue away from water! Do not use or store Silk'n Blue in a wet environment (e.g. near a shower or a bathtub)!

- Keep the device and its adaptor dry!
- Do not use Silk'n Blue if the Adaptor or the Applicator is damaged!
- If the Applicator is damaged, make sure it is replaced with an original part from the manufacturer

If you are unsure if Blue is safe for you to use, please consult with your doctor or dermatologist.

### Possible side effects using Silk'n Blue

When used according to the instructions, side effects and complications associated with use of Silk'n Blue are rare.

However every cosmetic procedure, including those designed for home use, involve some degree of risk. Therefore it is important that you understand and accept the risks and complications that can occur with energy based systems designed for home use.

Silk'n Blue treatments are generally very well-tolerated. Most users sense the moderate heat applied by the device during use, with no further discomfort.

### Minor Skin Discomfort

Your skin may become slightly irritated after using the device.

This is a typical and transient phenomenon. If the irritation does not disappear within three days, please consult a physician or a dermatologist.

### • Skin Redness

Your skin may become slightly red right after using Blue. This should disappear a few hours after treatment.

#### Protect your Silk'n Blue

- Store the device in a clean area free of dust.
- Do not cover the ventilation slots during use.
- Never shake or drop Silk'n Blue or subject it to severe shocks.
- Silk'n Blue is sensitive to environmental temperature during use. Do not expose the Blue to environmental temperatures lower than 15°C / 59°F or higher than 35°C / 95°F during use.
- Silk'n Blue device can not tolerate extreme change of tem perature.

When moved from a cold environment (under  $10^{\circ}C / 50^{\circ}F$ ) to a warm environment, avoid use for approximately 3 hours.

- Do not expose Silk'n Blue to direct sunlight or UV light for long periods of time.
- Silk'n Blue is designed for occasional home use (as opposed to exhaustive commercial or professional use). Avoid such ex haustive use.
- Avoid covering Silk'n Blue and its adaptor during recharge.

# Skin Treatment the Blue Way

### The benefits of Silk'n Blue

Using Blue according to the instructions is expected to result in the destruction of the bacteria causing acne, the reduction in the appearance of new pimples and quick healing of existing pimples.

Best results can be expected 3-7 weeks after completing the recommended course of treatment.

#### Silk'n Blue facial treatment areas

Typical areas for Blue treatment include all face and body areas with acne problems.



# First Steps with Silk'n Blue

## Silk'n Blue Setup

I. Remove Silk'n Blue Base Unit, Applicator, Adaptor and other components from box.

2. Before using the Silk'n Blue for the first time, fully charge the battery. This may take up to 6 hours.

# Silk'n Blue Battery Charging

Insert the Applicator into its cradle in the Blue Base Unit.

= Plug the Adaptor Plug into the Base Unit socket.

Plug the Adaptor into an electrical outlet. An orange Battery – Charging - Indicator Light (K) will illuminate to indicate that your Silk'n Blue is in the process of charging.



When Battery – Charging - Indicator Light (K) turns off and Battery – Full - Indicator Light (L) illuminates, your Silk'n Blue is fully charged and ready to start.

(Recharging will be needed when Ready Mode Indicator I (Green) is blinking)

#### Plan your Silk'n Blue treatment for best results

The efficiency of the results varies from person to person and according to the frequency of use. Some may see results sooner than others.

A Silk'n Blue treatment course should include daily treatments of all infected areas, over a period of 6-8 weeks

For maintenance use Blue over the infected areas once a week, spending 3-4 minutes in each problem area., the same way, once a week.

#### Treating with Silk'n Blue for the First Time

The skin should be, clean, dry and free of any powder, gel or cream.

- Remove Silk'n Blue Applicator from its cradle in the Base Unit.
- Press the Power On/Off Switch. The green Ready/Treatment Indicator Light (I) will start blinking, and shortly afterwards will be lit steadily.
- Your Blue is ready for treatment.
- Place the Treatment Surface on your skin. The LED light will automatically activate.
- Keep holding the Blue Applicator against the skin area for 3-4 minutes. The Treatment Surface temperature will slowly increase.
- Move the Treatment Surface to the next location and hold against the skin for another 3-4 minutes.
- Perform the treatment for 3-4 minutes on each infected area.
- Throughout the treatment course and maintenance period, it is recommended to wash the infected areas daily.



What to expect when treating with Silk'n Blue? During a Silk'n Blue session it is normal to experience and feel:

- A Sensation of Warmth During the Silk'n Blue session you may feel slight warmth. This is normal and should disappear up to an hour after the session.
- Some Mild Red Color After each Silk'n Blue session you may notice a slight reddening of the skin (mild erythema) over the treated area. This is normal and should fade within an hour or two.

Best results can be expected 3-7 weeks after completing the recommended course of treatment.

### After treating with Silk'n Blue

- When the Blue session has been completed, turn off the device by pressing the Power On/Off Switch.
- After each session it is recommended that you clean your Blue device, especially the Applicator Tip (See Section: "Cleaning Silk'n Blue").
- Place the Applicator in its Base Unit cradle to recharge the batteries (See Section: "Silk'n Blue Battery Charging").

# Maintenance of Silk'n Blue

## Cleaning the Silk'n Blue

After each session, it is recommended to clean your Silk'n Blue device:

- Turn the Blue off by pressing the Power On/Off Switch.
- Unplug Silk'n Blue from the electrical outlet
- Allow cooling down of its Treatment Surface.
- Use a dry, clean cloth and a specially formulated cleaner for electronic equipment togently wipe the device and especially its Treatment Surface.



- Never immerse Silk'n Blue or any of its parts in water!
- Never clean the Blue or any of its parts under the tap or in the dishwasher.

### Storage

 Store the clean device and all its parts in a dry place, at a temperature of between -10°C to 60°C / 14°F to 140°F

### To protect the environment

At the end of its life, do not discard Silk'n Blue with the normal household waste. Dispose of it at an official recycling collection point.



Remove batteries and dispose at an official collection point for batteries. Please call your local recycling depot for locations and proper recycling instructions.

### Removing the rechargeable batteries

Remove the rechargeable batteries only if they are completely empty and cannot be recharged.



Undo the screw at the bottom panel of the Applicator.



Lift and remove the top panel of the Applicator.



Push the three snaps and pull out the electronics card.



Cut the tow wires that connect the rechargeable batteries pack to the Applicator.



Cut the tow wires that connect the electronics card to the lower panel of the Applicator.

# Troubleshooting

This chapter summarizes the most common problems you could encounter. If you are unable to solve the problem with the information below, contact your local Silk'n Customer Service Center for further support.

Problem	Possible Cause	Solution
Silk'n Blue does not work	The rechargeable batteries are empty	Charge the Applicator
	The Applicator is broken	Contact your local Silk'n Customer Service Center
Silk'n Blue suddenly switches off	The rechargeable batteries are empty	Charge the Applicator
Device temperature rises during recharge	This is normal	No action is required

Battery – Charging - Indicator Light (K Orange) does not turn on when connecting the PLUG into the Base Unit Socket	The ADAPTOR is not plugged in the electrical outlet	Insert the Plug into the Base Unit Socket Connect another appliance to the wall socket to check if the electrical outlet is live If the Applicator still does not charge, contact your local Silk'n Customer Service Center
	The Adaptor is not inserted properly into the electrical outlet and/or the PLUG is not inserted properly into the Base Unit Socket	Make sure the Applicator is inserted properly into the electrical outlet and/ or Plug is inserted properly into the Base Unit Socket
	The Applicator is broken	Contact your local Silk'n Customer Service Center
Applicator temperature rises during use	This is normal	No action is required
Ready Mode Indicator I (Green) is blinking	The rechargeable batteries are empty	Charge the applicator
Ready/Treatment Mode-Indicator (I	Batteries are empty	Charge the applicator
Green) does not lit when pressing the On/Off Switch	Batteries are full (L Green) indicator lit when applicator is placed in base unit charger	Press the On/Off Swith twice to switch the applicator off and on again. If Ready/ Treatment Mode-Indicator (I Green) does not lit again, contact your local Silk'n Customer Service Center
The Yellow System Error – Indicator Light (J Yellow) is Blinking	Malfunction of the Applicator	Press the On/Off Switch twice to switch the Applicator off and on again. If System Error - Indicator Light () Yellow) illuminates again, contact your local Silk'n Customer Service Center
The Orange Battery – Charging and Green Battery – Full - Indicator Lights are illuminated alternately	Malfunction of the Adaptor	Disconnect the Adaptor from the electrical outlet, press the On/Off Switch twice to switch the Applicator on and off again. Connect the Adaptor to the wall socket, If the problem persists, contact your local Silk'n Customer Service Center
	Malfunction of the Applicator	Press the On/Off Switch twice to switch the Applicator off and on again. If the problem persists, contact your local Silk'n Customer Service Center

# **Customer Service**

#### For USA and Canada customers:

For more information about Silk'n  ${}^{\rm TM}$  products please visit www.silkn.com.

If your device is broken, damaged, in need of repair, or for any other user assistance, please contact Silk'n™ Customer Service:

I-877-DO-SILKN / I-877-367-4556, contact@silkn.com

#### For International Customers:

For more information about Silk'n products or to find a list of International Silk'n websites please visit www.silkn.eu or www.silkn.com.

If your device is broken, damaged, in need of repair, or for any other user assistance, please contact your local Silk'n<sup>™</sup> Customer Service or write to: info@silkn.com (International) or contact@silkn.com (US and Canada).

#### Manufacturer:

Home Skinovations Ltd. Tavor Building, Shaar Yokneam POB 533 Yokneam 20692 Israel

# Specifications

Rated voltage (Adaptor)	100V - 240V
	Model: UE08WCP-105040SPA
Rated frequency (Adaptor)	50Hz - 60Hz
Rated Current (Adaptor)	400 mA
Applied part	Type BF
Protecting rating	IP20 (EN60529)
Storage condition	Temperature: -10°C to 60°C/14°F to 140°F
	Relative humidity: 5% to 95%
Operating condition	Temperature: I5°C to 35°C / 59°F to 95°F
	Relative humidity: 10% to 80%
	Atmospheric pressure: 700 to 1060 hPa
Light source	Light Emitting Diodes
	Wavelengths peak emission wavelength: 470nm
	Intensity power: 90mW ±35%
Lithium ion battery	2 × 3.7V, 750±50mAh
Max. charging time	6 hours

Labeling



Degree of protection against electric shock type BF applied part	₹.
WEEE - Waste Electrical and Electronic Equipment	X
CSA Mark	<b>.</b>
CE Mark	œ

Degree of protection against ingress water: ordinary

This device is not suitable for use in the presence of flammable anesthetic mixture with air or with Oxygen or Nitrous Oxide.

The symbol **i** on the label affixed to this device means "Attention, consult accompanying documents".

# **EC Declaration of Conformity**

We Home Skinovations Ltd. declare under our sole responsibility that the home Skin treatment products

Brand Name	Home Skinovations
Model name	Model Number
Silk'n Blue	ASI018321

Are fully in conformity with the essential requirements of EMC Directive 2004/108/EC and Low Voltage Directive 2006/95/EC.

This declaration is based on the full compliaance of the products with the following European standards:

EMC:	EN 55022:2006
	EN 55024:1994;(A1:2001)(A2:2003)
	EN 61000-3-2:2006; (A2:2005),
	EN 61000-3-3:1995; (A1:2001)
Electrical Safety:	EN 60335-1:(2002),
	EN 60335-2-23:(19963)

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Gabi Lavi General Manager Yokneam, Israel December 1, 2010

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