

# Dear Customer,

This shipment contains Empi's newest neuromuscular electrical stimulator: Continuum. This new device replaces the 300PV as Empi's primary NMES device and going forward, NMES orders will be filled using the Continuum.

Continuum offers all the same therapeutic benefits of 300PV (including NMES, TENS, and Edema programs) with some significant improvements, including:

- *Simplified programming*
- *Larger screen*
- *Additional pre-set programs for NMES and TENS, including the proprietary SMP waveform for TENS*
- *New battery-saving waveform for Edema treatment*
- *Additional safety features*

The process for prescribing Continuum is identical to the process for prescribing 300PV, and all relevant paperwork is included in the device kit. Additionally, Continuum can be used with all the same accessories as 300PV, including electrodes, leadwires, or hand/foot switches.

Please see the other side of this document for a simple guide to help you program the Continuum's therapy options. If you have further questions about this device, consult the User's Manual or contact your local Empi representative or Empi Customer Service at **800.328.2536**. Before using the device, please see the User's Manual for complete indications, contraindications, warnings, precautions, dangers, and adverse reactions.

**Empi Continuum**<sup>™</sup>  
Neuromuscular Electrical Stimulator



See back for a brief  
Continuum Start Up Guide





# Continuum Easy Start-Up Guide

This start-up guide will help you begin using the new Empi Continuum NMES device. Here are simple programming steps for the most commonly used features:



## PROGRAMMING STANDARD NMES:

- Select "NMES" (top left) from the Home menu
- Select Large or Small muscle therapy
- To use a pre-set NMES program, select "Atrophy" for standard NMES treatment, "Spasm" to treat muscle spasms or "Trigger" to relax muscles in a localized area
- To use default settings, press "OK" (bottom row, right) to begin therapy
- To adjust settings, toggle through parameters using left buttons and adjust settings using right buttons. Press "OK" to begin therapy
- To set custom NMES therapy, select "Custom" (bottom right) from the NMES menu
- Toggle through parameters using left buttons and adjust settings using right buttons
- Press "OK" (bottom row, right) to begin therapy
- Use side buttons to increase/decrease channel intensity

## PROGRAMMING TENS:

- Select "TENS" (bottom left) from the Home menu
- Use left buttons to toggle through treatment site options. Press "OK" to select
- To adjust settings, toggle through parameters using left buttons and adjust settings using right buttons then press "OK"
- To set custom TENS therapy, select "Custom" from treatment site list
- Toggle through parameters using left buttons and adjust settings using right buttons
- Press "OK" to begin therapy
- Use side buttons to increase/decrease channel intensity

## PROGRAMMING EDEMA FUNCTION:

- Edema therapy requires special accessories. Contact your local Empi representative to have your Continuum kitted with the required items
- Select "Edema" (top right) from the Home menu
- Select Acute or Chronic therapy
- The red leadwire will always deliver the direct current. The device will automatically switch polarity based on program selection
- Use the right buttons to set treatment time
- Press "OK" to begin therapy
- Use side buttons to increase/decrease channel intensity

## LOCKING PROGRAMS:

- Select "Config" (lower right) from the Home menu
- Select Set (top right)
- Use left buttons to scroll to program types (NMES, TENS and Edema)
- Use right buttons to toggle lock/unlock of program
- If you have previously set up a program that program will lock. If you have not previously set any programs, the default custom settings will be the program locked

This device can be used with the standard Empi electrotherapy accessories, including the hand or foot switches. Contact your local Empi representative to request Continuum devices kitted with these or other specialized accessories.

For further questions, contact Empi Customer Service at **800.328.2536** or contact your local Empi representative.

Empi Neuromuscular Electrical Stimulation products are prescription devices. Contact your local Sales Representative for more information or if you want to prescribe the device.



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