Technaxx®

Fitness Wristband Classic TX–37
User Manual

The Declaration of Conformity is under the Internet link: **www.technaxx.de**/ (in bottom bar "Konformitätserklärung"); Before using the device, read the user manual carefully.

**Wristband to monitor your fitness, your sleep and your active phases**

Features

● Displays real activity step, distance covered and calories burned
● Clock & date display, vibrating alarm clock function
● Anti-loss function
● Connection via Bluetooth 4.0, controllable via APP
● Free iOS and Android APP
● Track your sleep rhythm and wake up silently with a vibrating alarm
  (intelligent analyzer for activity and sleep quality)
● Instant access to up-to-the-minute status via the OLED display
● Motivates to achieve desired goals and reminds to be active
  (resistant to scratches, abrasion and bumps)
● Energy consumption and sleep data measurable and synchronisable
● Compete and share your success with friends via Facebook & Twitter
● Ideal for making friends with sports companions

Technical specifications

Bluetooth version 4.0	Your Hardware version must support BT 4.0
Display	0.91" OLED display (2.3cm)
Battery	Built-in rechargeable lithium 60mAh battery (charge via USB port)
Charging time / Stand-by	~ 2 hours / stand-by time ~ 120 hours
Weight / Dimensions	15.5 g / (L) 28.5 x (W) 2.0 x (H) 0.95 cm
Package Contents	Fitness Wristband Classic TX-37, USB charging cable, 3.5mm jack cable, User Manual
Apple iOS Devices: iPhone 4S / 5 / 5S / 5C, iPod touch 5, iPad 4, iPad mini / iPad mini with retina display / iPad Air	
(Apple iPhone iOS version 7.0 or above)	
Android Devices: Samsung S3 / S4 / S5 / Galaxy Note 2 / Galaxy Note 3	
(Android version 4.3 or above; approve which Android version your Smartphone is using)	

FACEBOOK & TWITTER CONNECTION: Press the icon and you see the symbol at the right corner of your mobile device. Press this symbol. Select either Facebook or Twitter (see picture), then you can share or publish your activities with your friends via Facebook or Twitter. When you are already logged in Facebook or Twitter, you see at the right hand side of your mobile device the picture of "My Fitness Activity". Now you can edit a text and then select, share or publish.
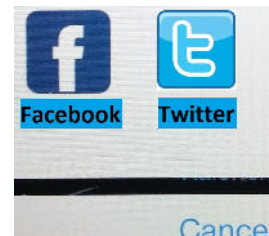
ATTENTION: Before using Facebook or Twitter with "My Fitness", you must login to a Facebook or Twitter account. How to use Facebook or Twitter, read the manual from each carrier and follow the instructions.

1. Power management and Charging

1.1. To switch the wristband ON, press and hold the button for 5 seconds until the wristband will show the icon . In any mode, press and hold the button for 5 seconds, the wristband will show and shut down. To switch the wristband back to ON, press and hold the button for 5 sec. again, and the wristband will show and starts up again.

1.2. The wristband has a built-in (cannot be disassemble) battery for power supply. **Charge the wristband before first use,** then synchronize it with your mobile device. While charging, the screen of the wristband will indicate a charging symbol. The button of the wristband will not respond during charging.
**NOTE:** The wristband need at least 3 hours to be fully charged. 3 hours charging time will last approx. 5 – 6 days of use.

2. APP Installation

1) Apple iPhone (iOS version 7.0 or above), download Technaxx "**My Fitness**" Sport software at APP store, then install it on your smart phone.

2) Android phone, download Technaxx "**My Fitness**" Sport software in Google Play, then install it on your smart phone. If the download fails please try again and re-install.

When installation is completed, you see the picture MY FITNESS and after the picture in the right. Customize all requirements in **"My Profile", "Workout Goal" and "Smart Alarm"**. Then start to synchronize your wristband.
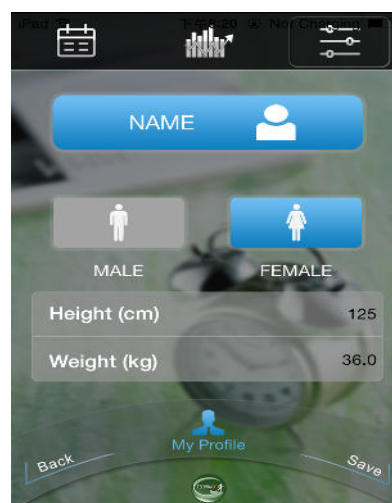
3. Customise your wristband – 3.1. Start with "My Profile"

Click on to **"Setting"** and put in your information. First, under **"My Profile",** it is important to record accurate information to ensure that the reading and outcome will be more beneficial to the user. Here you can add informations such as your name, your size and your weight.
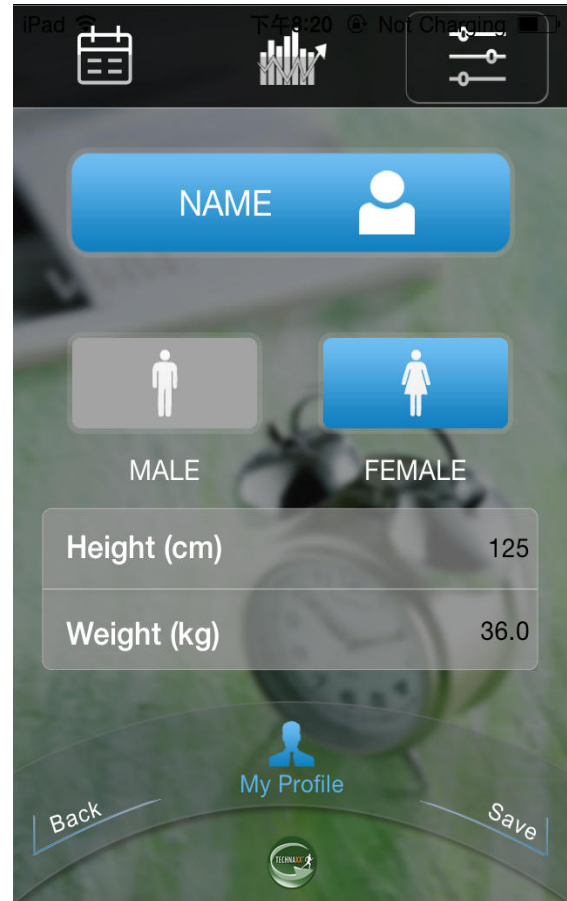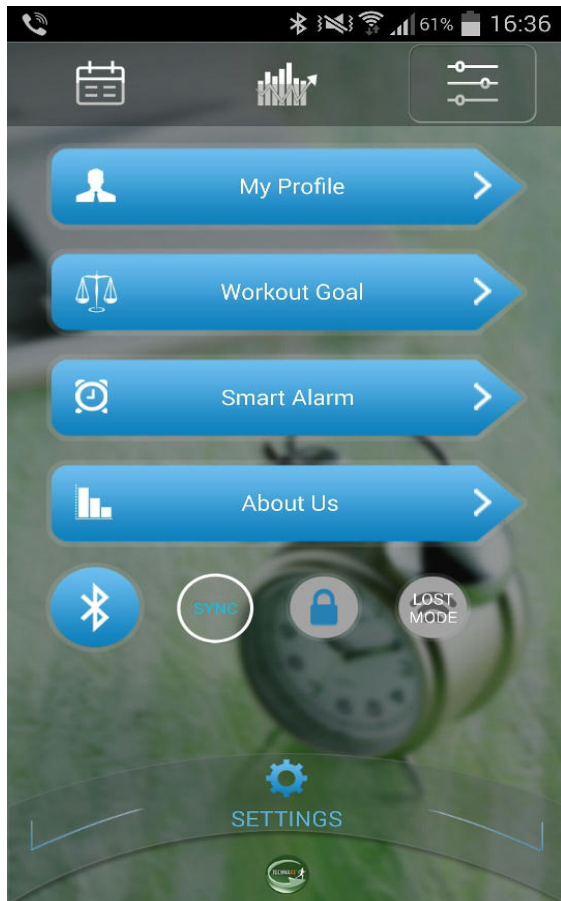

3.2. Workout Goal – Set your daily workout goals

Click **"Workout Goal"** to set your daily sport goals. Choose the daily goal listed in the options and click **"Save"** and **Sync**.
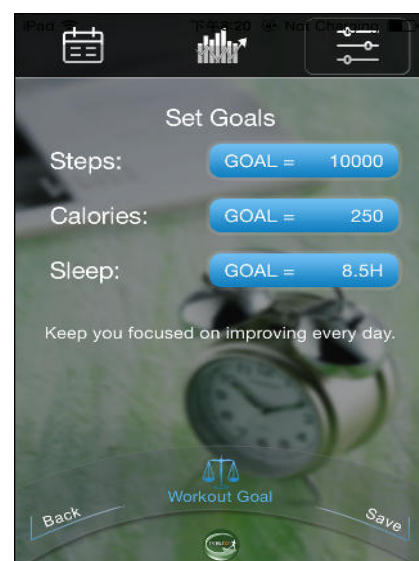
3.3. Smart Alarm

Click on **"Smart Alarm"** to enter alarm setting interface. After alarm setting, the wristband will remind you silently (it vibrates) to make some exercise.

The **Monitoring Period** is the time period, the wristband is still vibrating to remind you to be active. You can adjust the time period between 1 – 60 minutes, to let the wristband vibrate continuously.
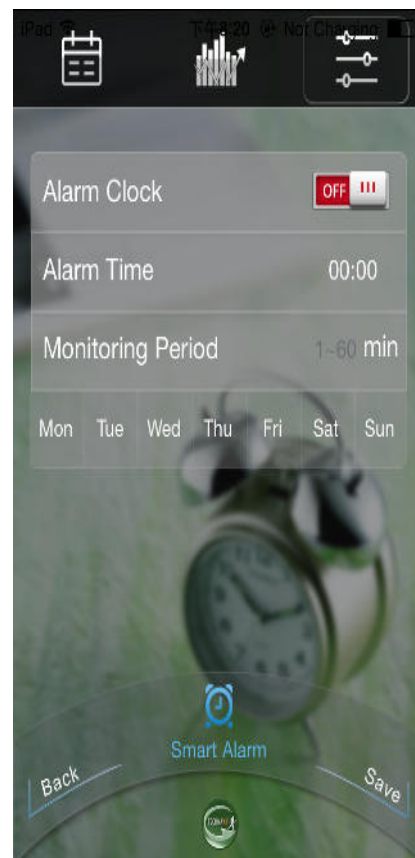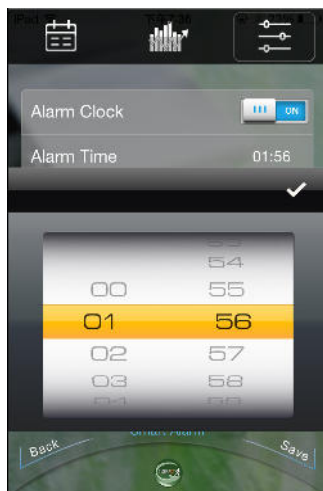
IMPORTANT NOTICE: After you change any setting like Smart Alarm, Working Goal, etc. you need to SYNC the wristband again to save all settings. Only after you SYNC, all new settings will be saved in your APP "My Fitness" and on the wristband.

Reminder Setting

Click on **"Reminder Setting"** tow set activity reminder function, for anywhere between 15 minutes and 2 hours, the wristband will vibrate to remind you to exercise and be active.

Alarm Clock: here it must be on "ON" when reminder for Exercise is needed, otherwise put it on "OFF".
Alarm Time: when Alarm Clock is in "ON" position you must also set the Alarm Time when you want to remember.
Monitoring Period: this is the Alarm monitoring time. It can be set between 1 – 60 minutes.

Alarm Clock, Alarm Time and Monitoring Period can also be set for the specific day and time.
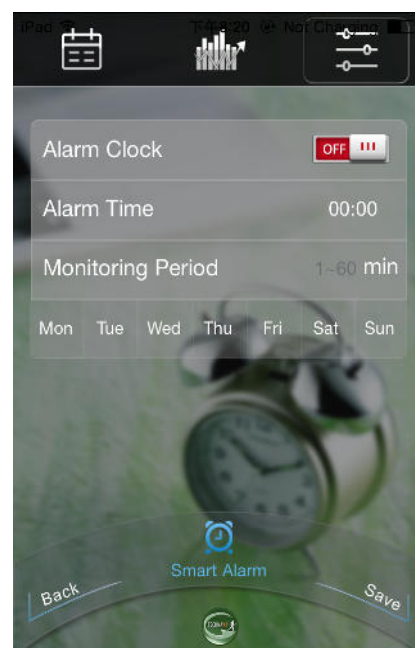
5. SYNC

NOTE: The wristband must be synchronized with the APP every three days to avoid data loss on the wristband.

There are two ways to synchronize the data on the wristband with your mobile device. You synchronize either via Bluetooth or by the 3.5mm jack of your mobile device. **NOTE:** the 3.5mm jack synchronization only works with Android devices!

Starting the wristband: hold the button on top of the wristband for 5 seconds to switch it on. If synchronizing via Bluetooth make sure, the Bluetooth connection of your mobile device has been enabled.

GENERAL INFORMATION: For each setting the wristband has to be connected via Bluetooth with your mobile device.

5.1. Sync via Bluetooth

(a) Click on the button of the wristband to light up the display screen. Select the **Bluetooth** mode . **(b)** Directly after that, tab on the APP icon **SYNC** to pair the wristband wirelessly. Then "Bluetooth connecting……" will be displayed on the APP. The APP will scan for approx. 30 seconds. The wireless connection is successful, when "Bluetooth connection is successful" appears. On the wristband will the Bluetooth icon will be displayed and then the data will be synchronized to the APP. If the synchronization is successfully done, you see on the display of your mobile device in the APP "My Fitness" that the Key icon is locked . That means your Bluetooth connection to your wristband is saved. For any other change in the settings of My Fitness APP you can synchronize even if the Key icon is locked.

Attention: In case a NEW version of MY FITNESS is available, you MUST (!) uninstall the old version first, before you install the new version on your mobile device!

To save power consumption, the Bluetooth connection between the wristband and the mobile device will turn off automatically after each synchronization.

ATTENTION: If the Bluetooth connection was not successfully with your mobile device, you must use the 3.5mm jack cable to synchronize! Simply connect it with the 3.5mm Earphone jack of your mobile device and the other end with your wristband. Then synchronize again.

5.2. Sync via 3.5mm jack (only for Android version, not for iOS version)

(a) Tab the button shortly two times continuously to enter into SYNC selection mode. Choose 3.5mm SYNC.

(b) Insert the supplied 3.5mm plug into the earphone jack of your phone. The APP will indicate "Audio jack is connected, begin to sync" and "sync finished". Do not withdraw the 3.5mm plug while synchronizing.

(c) Pull out the 3.5mm plug after synchronization is completed.

ATTENTION: When, after several tries of synchronization, the key icon **still is unlocked, you have to repeat the steps 5.1 or 5.2 !**

6. Anti-loss function

6.1 Switch the wristband to the Bluetooth mode.

6.2. In the APP tap on the icon for **"Anti-loss mode".**

6.3. The word **"SEARCH"** shortly is been displayed; after 10–15 seconds you are connected to the "Anit-loss mode".
In case you forget to take you mobile device (e.g. your Smartphone) with you and you are going away, in a distance of approx. 5m the Bluetooth connection between your mobile device and your wristband is decreasing; in a distance of approx. 20m your wristband give a vibrating alarm; this indicates that you do NOT have your mobile device with you.
The "Anti-loss mode" only gives you a vibrating alarm which indicates the LOSS of your mobile device, it does not tell you, where you lost it.

6.4. In the APP tap on the icon **"Back"** to leave the "Anti-loss mode" ➔ the wristband is vibrating shortly.

7. Track your Activity & Sleep

The wristband has three main modes. Shortly press the ON/OFF button two times continuously to change between the three modes.

7.1. Sync mode: Here you have two methods of synchronizing, connecting via Bluetooth or with 3.5mm jack cable.
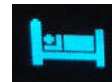 and .

7.2. Sport mode: This is an Activity mode. When you want to make some excercise then you must select this mode. It can change from sleep to activity mode automatically when you are awake for more than 5 minutes.

7.3. Sleep mode: When you want to go to bed then you must select this mode.

a) When in activity mode, press the button two times shortly to enter sleep mode .
The wristband will vibrate and show sleep mode symbol.

b) When in sleep mode, press the button shortly to review the current time (month, date, time, power lever).

c) When waking up in the morning, the wirstband will get automatically into Activity mode while doing certain amount of exercise.

d) Synchronize your wristband to review your sleep quality of last night; you can also review previous sleep quality (per one day / one week / one month / one year).

In Activity mode, just click the button to check the 6 kinds of data:
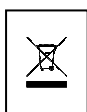
 Ttime / Date/ Battery

 Step

 Distance

 Calories

 Goal

After synchronizing your data, you can review your daily activity situation, you can also review history (per one day / one week / one month / one year).

Hints for Environment Protection: Packages materials are raw materials and can be recycled. Do not disposal old devices or batteries into the domestic waste. **Cleaning:** Protect the device from contamination and pollution (use a clean drapery). Avoid using rough, coarse-grained materials/solvents/other aggressive cleaner. Wipe the cleaned device. **Important Notice:** Should battery fluid leak from a battery, wipe the battery-case with a soft cloth dry.
Distributor: Technaxx Deutschland GmbH & Co.KG, Kruppstr. 105, 60388 Frankfurt a.M., Germany