# Med-Storm Pain Monitor™



# **User manual**

VERSION 1.0 ENGLISH MA001- 25, Part number 4001

Manufacturer/Distributor:
---------------------------

Med-Storm Innovation AS Gimle Terrasse 4 NO-0264 Oslo Norway

Telephone: Internet: +47 90 93 98 10





# **IMPORTANT**

The user manual covers the operation of the MED-STORM Pain Monitor.

Read all instructions, warnings and precautions prior to use. Only a trained physician or nurse should use the system.

Users of the equipment must be familiar with the medical aspects of the conditions for which the MED-STORM Pain Monitor is used.

MED-STORM considers itself responsible for any effects on safety, reliability and performance of the equipment only if:

- assembly operations, extensions, re-adjustments, modifications or repairs are carried out by persons authorized by MED-STORM, and
- the electrical installation complies with national standards, and
- installation and configuration of software is carried out by persons authorized by MED-STORM, and
- no other software is installed on the computer or the Measuring unit unless explicitly accepted by MED-STORM, and
- the equipment is used in accordance with the product documentation.

MED-STORM makes no warranty of any kind with regard to this material, including, but not limited to, the implied warranties of merchantability and fitness for a particular purpose.

MED-STORM shall not be liable for errors contained herein or for incidental or consequential damages in connection with the furnishing, performance, or use of this material.

#### DISCLAIMER

THE MED-STORM PAIN MONITOR IS NOT A SUBSTITUTE FOR YOUR PROFESSIONAL JUDGMENT. MED-STORM SHALL NOT BE LIABLE IN ANY MANNER WHATSOEVER FOR THE RESULTS OB-TAINED THROUGH THE USE OF THE PAIN MONITOR. PERSONS USING THE PAIN MONITOR ARE RESPONSIBLE FOR THE SUPER-VISION, MANAGEMENT AND CONTROL OF THE PAIN MONITOR.

## **TABLE OF CONTENTS**

1	Introduction	4
	1.1 Definitions	4
	1.2 Intended use	4
	1.3 Normal use	4
	1.4 Intended user	4
	1.5 Indications for use	4
	1.6 Contraindications for use	4
	17 Preuse checks	·
2	Warnings	
2	2.1 Electrical shock bazard	5
	2.1 Electrical Shock Hazaru	5
	2.2 Environmental conditions	J
~	2.3 Warning and information symbols	5
3		6
	3.1 System overview	6
	3.2 Measuring Unit (MU)	7
	3.2.1 Power supply	8
	3.3 Computer	8
	3.3.1 Power supply	9
	3.3.2 PC stand	9
	3.3.3 Power supply holder	9
	3.3.4 Pain Monitor application software	9
	3.4 Electrode cable	9
	3.5 Electrodes	9
4	Operating Instructions	. 10
	4.1 Instrument setup	. 10
	4.2 Skin electrode placement	. 11
	4.2.1 Artifacts	11
	4.2.2 Skin electrode placement on adults	12
	4.2.3 Skin electrode placement on infants	13
	4.3 Software and settings	13
	4 3 1 Stress Detector user interface overview	14
	4.3.2 Getting started	15
	Calculated measurement values	17
	4.3.3 Choose application mode	. 17
	4.3.3 Choose application mode	. 17
	4.3.4 Fedicites III Faili Morillor	. 20
	4.5.5 Data transfer	. 23
~	4.4 Error conditions	. 23
5	Care and maintenance	. 24
	5.1 Life time	. 24
	5.2 Preventive maintenance	. 24
	5.3 Simplified function tests	. 24
	5.4 Support information	. 24
	5.5 Cleaning	. 24
	5.6 Scrapping instructions	. 25
A	pendix A - Environmental and handling conditions	. 26
A	pendix B - Technical specifications	. 27
A	pendix C - Safety Standards and regulations	. 29
А	pendix D - Electromagnetic compatibility	. 30
А	pendix E - Protection against data virus	. 34
А	pendix F – Pre use checklist	. 35
А	pendix G – Physiological and clinical function of the Skin Conductance Mon	itor
		. 36

# 1 Introduction

The manual corresponds to hardware of series C or higher and software of version 1.0 or higher.

## 1.1 Definitions

SCMS	Skin Conductance Monitoring System= Skin ConductanceAlgesimeter =
	Pain Monitor
MU	(Skin conductance) Measuring Unit
NRS	Numerical Rating Scale
VAS	Visual Analog Scale
NFSC	Number Fluctuations of Skin Conductance

## 1.2 Intended use

The Pain Monitor is intended to determine a patient's sensitivity to pain.

## 1.3 Normal use

Normal use is 24 hours/day 200 days a year. The electrodes do not allow continuously use for more than 48 hours, after 48 hours they have to be changed.

## 1.4 Intended user

Only trained physicians or nurses shall use the system.

## 1.5 Indications for use

Indications for use are for

- patients undergoing anaesthesia
- postoperative patients
- patients in the intensive care units
- infants from 25 weeks of gestational age

## 1.6 Contraindications for use

- The device shall not be used at patients with skin conditions which may affect skin conductance. E.g. injury of the skin.
- The device shall not be used with patients with electrically sensitive life support systems (e.g. implantable pacemaker or defibrillator).
- The device shall not be used when the patient has an injury affecting the sympathetic skin nerves.

## 1.7 Pre use checks

Before using the device we recommend filling in the pre use checklist from appendix F, for each patient.

# 2 Warnings

Read the entire operating manual before operating this Pain Monitor.

It is the responsibility of the user to ensure that any applicable regulations regarding the installation and operation of the Pain Monitor are observed.

The Pain Monitor must be used together with dedicated software and accessories.

## 2.1 Electrical shock hazard

There are exposed voltages inside the measuring unit. There are no user-serviceable parts inside. Do not open the measuring unit. Send to qualified personnel approved by Med-Storm Innovation for servicing

## 2.2 Environmental conditions

Do not use, transport or store above or below the recommended environmental intervals in Appendix A.

Do not immerse the Pain Monitor or cables in any liquid, or allow liquid to enter plugs or connections. Do not use cables if connectors become wet.

## 2.3 Warning and information symbols

The following symbols are used on the Pain Monitor as warning and information symbols.



 Table 2-1 Warning and information symbols

## 3 Technical overview/Technical manual

## 3.1 System overview

The Pain Monitor is an electronic conductance meter for detecting skin conductance changes on palmar and plantar skin sites to determine a patient's sensitivity to pain.

#### Note.

The use of accessories, transducers and cables other than those specified may result in increased emission or decreased immunity of the system.

The Pain Monitor from Med-Storm consists of:

Measurement equipment	# in sketch	Part #
Measuring Unit (MU)	1	1001
Power supply unit for MU with a power cable	4	1002
Mains cable for power supply MU, European	6	2001
Electrode cable adult, European	2	2010
Communication cable	3	2012
Presentation software	[not in sketch]	3001
Manual, version 1.0 English	[not in sketch]	4001
Short manuals, infants, postoperative and intensive	[not in sketch]	4002
care, and anaesthesia		

Operator station	# in sketch	Part #
PC	7	6001
Power supply unit with power cable	8	6002
Mains cable for power supply PC, European	9	6003
PC table stand	10	6008
Accessories	# in sketch	Part #
Mains cable for power supply MU, American	6	2002
Electrode cable, infant European	2	2011
Electrode cable, adult American	2	2013
Electrode cable, infant American	2	2014
Mains cable for power supply PC, American	9	6004
Power supply holder with rubber rings and cable collector band	[not in sketch]	5001



Figure 3-1 System overview sketch

## 3.2 Measuring Unit (MU)

The measuring unit, Figure 3-2 has three connectors and one power ON/OFF button. The electrode cable connector [4] is placed on one side. The power supply inlet [1], ON/OFF button [2] and communication connector [3] are found at the opposite side.



Figure 3-2 Measuring Unit

## 3.2.1 Power supply



Figure 3-3 Measuring Unit power supply

The power supply unit used together with the Measuring Unit is of medical grade. Do not use any other than the recommended power supply unit, unless it has been tested and verified by Med-Storm that it works together with the Measuring Unit.

The power supply unit, Figure 3-3 has a cable which connects to the Measuring Unit. On the opposite side is a stick for power.

## 3.3 Computer

The computer recommended by Med-Storm is of medical grade with a display screen and PC in the same housing. The PC can be manoeuvred using the touch screen or by connecting an external keyboard and mouse (USB).



The connectors and ON/OFF button are placed on the rear side of the screen.

Figure 3-4 Connectors at the rear side of the screen.

To connect the Med-Storm Pain Monitor the following connectors and buttons (Figure 3-5) are used:

- power supply inlet [1]
- ON/OFF button [2]
- Communication cable connector [5]



Figure 3-5 PC connectors

For data transfer or system management, the following connectors (Figure 3-5) can be used:

- Network cable connector [3]
- 4 USB connector [4]
   (for optional connection of Keyboard, Mouse and/or Memory stick)

If any other PC than the by Med-Storm recommended one is used, make sure the system specifications in Appendix B are followed.

## 3.3.1 Power supply

The PC power supply unit (Figure 3-6) has a cable connecting to the computer. The connector for the mains cable [1] is on the opposite side.



Figure 3-6 PC power supply unit

## 3.3.2 PC stand

A table stand can be used to operate and work comfortably with the system. The mounting mechanism of the stand has to be VESA-75 compatible.

## 3.3.3 Power supply holder

Rubber rings can be used to attach the measuring unit power supply and the PC power supply to the holder at the back of the computer.

## 3.3.4 Pain Monitor application software

The Pain Monitor application software allows the user to view and analyze a graph of the conductance in real time. It also allows the user to record the measurements for analysis at a later time.

The software is operated by using the touch screen (recommended) or an external keyboard and mouse.

## 3.4 Electrode cable

There are two different electrode cables. One is used for adult patients (Figure 3-7) and the other for premature infants.

The electrode cable has one connector for the MU [1] and three connectors for the electrodes [2]. Se Figure 3-7.



### 3.5 Electrodes

Different electrodes can be used for adult patients and premature infants after tested and recommended by Med-Storm.

Med-Storm recommends that electrodes from Med-Storm are used.

Figure 3-7 Electrode cable



Figure 3-8 Electrodes for adult patients

# 4 Operating Instructions

The following instructions describe all necessary steps required to set-up and operate the Pain Monitor.

#### Note.

This system must not be used on a patient with an implanted pacemaker or defibrillator.

#### Note.

The device shall not be used on patients with skin conditions which may affect skin conductance, e.g. injury of the skin bellow the electrodes or when the patient has an injury affecting the sympathetic skin nerves. Moreover, local nerve blocks at the measuring area will affect the method.

#### Note.

Medical electrical equipment needs special precautions regarding EMC and needs to be installed and put into service according to the EMC information provided in Appendix D.

### Note.

Portable and mobile RF communications equipment can affect medical electrical equipment.

## 4.1 Instrument setup

When assembling the system, a power supply holder could be mounted together with the table stand. The holder is placed between the PC and the table stand and shares the same screws as the stand.

#### Connect the power cable to the MU. See

1. Figure 3-41.

2. Connect the communication cable to the MU. The connector is keyed for correct connection. Make sure the groove [1] is aligned with the peg on the MU connector. Tighten the threaded locking collar for a secure connection.



Figure 4-1 Communication cable connecting to the MU

- 3. Connect the communication cable to the COM1 port on the PC. Secure the cable by tightening the screws clockwise.
- 4. Connect the power cable to the PC. Make sure the connector is orientated according to the key in the power connector.
- 5. Connect the electrode cable to the MU. The cable connector has a peg marked with two arrows, to be aligned with the groove in the MU connector.

#### Note.

To disconnect the electrode cable, pull straight out. Do not twist the connector.

6. If the power supply holder is used, attach both power supply units to the holder at the back of the computer using the rubber rings. Use the two smaller rings to attach the MU Power supply to the holder and the two larger rings to attach the PC power supply to the holder.

Slip one of the large rubber rings over the PC power supply unit. Place it towards the end, opposite the fixed power cable.

Place the PC power supply unit in the holder with the mains cable connector pointing down. Slip the other large rubber ring over both the power supply unit and the metal holder from the lower end, until it fits in the fixing position. Roll the upper attaching ring to the top of the holder and then down until it fits in the fixing position.

 Slip one of the small rubber rings over the MU power supply unit. Place it towards the end opposite the fixed power cable.
 Place the MU power supply unit in the holder with the mains cable connector point-

Place the MU power supply unit in the holder with the mains cable connector pointing down. Slip the other small rubber ring over both the power supply unit and the metal holder from the lower end until it fits in the fixing position. Roll the upper rubber ring to the top of the holder and then down to the fixing position.

8. Connect the mains cables to both power supply units and a wall socket.

## 4.2 Skin electrode placement

The electrodes can be attached to the patient with reliable measurement result for a

#### Note.

To disconnect, pull out each electrode connector separately. Do not pull on the electrode cable itself.

maximum time of 48 hours.



Figure 4-2 Correct way of disconnecting the electrodes



Figure 4-3 Do not pull on the electrode cable itself

### 4.2.1 Artefacts

Artefacts can be seen when moving the hand / foot where the electrodes are attached or by pulling at an electrode. If the Measuring electrode is wrapped, the movement artefacts should be improved / eliminated.

If the measuring electrode is fastened to the extremity with regional block, no response to pain/noxious stimuli will be observed because the skin sympathetic nerves are blocked.

Artefacts can also be seen if the electrodes are attached to injured skin.

Artefacts have been seen in the registration during tetanic stimuli if there were more than one EEG (Electroencephalography) monitor connected to the patient.

#### 4.2.2 Skin electrode placement on adults

The intended placement of the electrodes on adults is on the palm of the hand.

1. Place the electrodes according to Table 4-1 and Figure 4-4.

The distance in between each electrode shall be at least 7 mm. The M-electrode is placed at the hypothenar emminence because this area on the palm gives highest stability and thus less movement artifacts.

2. Attach the connectors of the electrode cable to the electrodes according to Table 4-1.

Electrode	Characterization	Connector	Placing
	in Figure 4.4	color	
Reference	R	Blue	Below long
			finger of the
			hand
Measure	М	Black	Hypothenar
			eminence of
			the hand
Current	С	Yellow	Hyperthenar
			eminence side
			of the hand



 Table 4-1 Skin electrode placement on adults

Figure 4-4 Skin electrode placement on adults

## 4.2.3 Skin electrode placement on infants

The intended placement of the electrodes is under the foot on infants.

- 1. Place the electrodes according to Table 4-2 and Figure 4-5. The distance in between each electrode shall be at least 7 mm.
- 2. Attach the connectors of the electrode cable to the electrodes according to Table 4-2

Electrode	Characterization in Figure 4.5	Marking color	Placing
Reference	R	Blue	On either side of the ankle
Measure	М	Black	On the sole of the foot
Current	С	Yellow	On either side of the ankle

 Table 4-2 Skin electrode placement on infants



Figure 4-5 Skin electrode placement on premature infants

## 4.3 Software and settings

No other software than Med-Storm approved software shall be installed on the display unit (PC).

The Med-Storm application software comes pre-installed on systems delivered with the recommended touch screen computer.

Software is also supplied on a CD. The 'Setup' file on the CD automatically installs the software on computers running Windows XP or Vista. For detailed computer requirements, please refer to Appendix B of this manual

Areas outlined in red in the figures are areas on the screen that have to be touched to perform specific actions. Areas outlined in black are areas referred to in the text.

The software is developed for touch screen use but can also be operated with a mouse connected to the PC.

## 4.3.1 Stress Detector user interface overview



#### Figure 4-6 Stress Detector user interface overview

- 1. Patient ID field
- 2. Current measurement values
- 3. Skin conductance graph
- 4. Time scroll bar
- 5. Start/Stop/Go online button
- 6. Load saved data
- 7. Export data to Excel format
- 8. Configure settings

- 9. Event marker
- 10. Close the Stress Detector Application software
- 11. Auto fit time scale to 15 sec
- 12. Zoom out
- 13. Zoom in
- 14. Overview graph
- 15. Choose application mode

## 4.3.2 Getting started

- 1. Turn on the computer using the on/off button. Se part **3.3 Computer**.
- 2. The Pain Monitor application software should auto start. If not, touch the desktop icon "SCMS" to start the Pain Monitor application software.



Figure 4-7 Start SCMS software

3. The Pain Monitor application software starts and following window will be visible on the screen. The software starts in a mode that shows measured data without saving it.

ee+0		Application Huston				
Enter patient ID>		Anaesthe	sia			
e entrone (stal	Podular	nesp feet (c)	Average free Tere (pl. h)	Type Links		
0.00	0.00	0.00	0.00			
(Independent)			Datase			
			16			
			14			
			42			
			- u -			
			48			
120	10.20 m Line	A REAL PROPERTY AND A REAL	Industry II.	N THE OF		
1 4				I DQQ.		
ten Last Course Codan	*					

Figure 4-8 Pain Monitor software

 To enter an ID for a patient touch the "Patient ID" box and a keyboard window will appear on top of the Pain Monitor software window.

Write a patient ID by typing on the onscreen keyboard. When finished, touch the on-screen keyboard "**Enter**" button. When the ID is written the data starts to be saved.



**Figure 4-9 Enter Patient ID** 

 Choose application mode by touching anywhere within the "Application Mode" field and then point on the desired mode.

In these "Getting started" instructions we choose the "Anaesthesia" mode.

For further information about the different modes se chapter 0.



Figure 4-10 Screen mode Anaesthesia

6. The "**Start**" button automatically turned into a "**Stop**" button, when the patient id was entered. The date and time when the measurements took place are shown above the graphs.

othern 123 ABC	0.00	Anaest 0.00	hesia	0.00 Online	lgriladi	_	Patient 123	ABC	Pedater	Anae:	sthesia	and a	Sand Sudy
0.00	0.00	0.00		0.00 Orine			Annual constant	-	Podular:	Amperied bill	Average free Taxe	0.00	Sand South
0.00	0.00	0.00		Onine			0.0	-					
Sedularia (c)				- trans			0.0	0	0.00				-1
				Commission of the local data			0.0	•	0.00	Patient	neasurement started	Monday, October 1	5,200710330PM
				10			10						
							69						
												2.5	
				1.1									
							64						
				42			62					82	
				· · ·			63					**	
				41			47						
				44			44					44	
				**			05						
							4.5					*	
				10			10						
	Contraction of the second seco	C S C P	The furner of	de la			122,2279		10.874	104099	Time (Minestic)	10.01	100.00%
				1		Q ==							
	•						and the second second						سالشندا لمشالد
and East Contern						(Date	N	East Larger	1.0				

Figure 4-11 Start/Stop button

Figure 4-12 Measurement date and time

7. Verify that a graph is seen in the "Skin Conductance  $[\mu S]$ " window and that an overview is created in the graph window to the right.

Calculated measurement values for the data visible in the left graph are updated continuously.

8. To end and store a session, use the "**Stop**" button. The button will turn into a "**Go online**" button and the location where the file is stored is shown above the graphs.



Figure 4-13 End and store session

9. To start measuring again, touch the "Go online" button. To start a new session start again from number 4.



Figure 4-14 Go online after ending session

### Calculated measurement values

One skin conductance peak is defined as a minimum followed by a maximum in conductance values. In the detailed graph the minimum of one peak is marked with a blue square and the maximum with a red square, Appendix G – Physiological and clinical function of the Skin Conductance Monitor.

From the skin conductance peaks, number of measures can be calculated. The measures are calculated within the time window shown by the detailed graph (typically 15 seconds). The refresh rate is each sec.

#### Peaks per second [Hertz - Hz]

This is the number of peaks in the window divided by the time span of the window.

#### Average Peak [micro Siemens - µS]

The difference in conductance value between the identified maximum and minimum of one peak is its peak value. The average is calculated from all peaks in the time window.

#### Rise time [micro Siemens per second - µS/s]

Rise time is the rate of increase or decrease from the start to the end of the measurement window.

#### Area huge peaks [micro Siemens seconds - µSs]

This measure is calculated by establishing a horizontal base line from the first peak minimum in the time window. The area that is calculated is the accumulated difference between the conductance values at the registration curve and the established baseline when they are larger than the baseline. This is illustrated in Figure 4-15

User Manual



Figure 4-15 Calculation of area huge peaks

#### Area small peaks [micro Siemens seconds - µSs]

This measure is calculated by establishing a line between two adjacent peak minimum points. The area is the accumulated difference between the line and the skin conductance registration curve values when they are larger than the line. This is illustrated in Figure 4-16.



Figure 4-16 Calculation of area small peaks

#### Area under curve [micro Siemens seconds - µSs]

In some situations it is valuable to look at the larger of the two measures "Area huge peaks" and "Area small peaks". This is then referred to as "Area under curve".

#### Signal quality

Signal quality is not a measurement value but is used to determine when measurement values are reliable. It is shown as a horizontal bar in the interface and when the signal quality falls below a certain limit, the background of the detailed graph gets a yellow colour. There are two ways signal quality is measured, for each the warning limit giving yellow background can be set in the configuration dialog.

The first quality index measures the distortion of the reference signal applied to the skin. Normally, the signal is clean and the index has a small value. However, it will increase in the presence of other electrical devices attached to the patient (such as electrocoagulation devices), that disturb the reference signal. The second quality index provides a check of the integrity of the measured signal. It detects external interference, such as ESD discharges near the equipment, which may cause spikes in the measurement data. Both indices are compared to the threshold settings, in order to provide a warning that the quality of the measurement may not be trustworthy.

For further information on the quality index see also chapter 4.4.

## 4.3.3 Choose application mode

Choose between different application modes by touching anywhere in the "Application Mode" field and then mark one of the modes, fig. 4-17.

The different modes affect which measurement values are displayed above the graph windows.

measurement values shown are, fig. 4-18:

Figure 4-17 Choose application mode

**During anaesthesia** 

Peaks/sec

Area under curve



Figure 4-17Anaesthesia mode

If the "Peaks per sec" measure is 0 the patient is sufficiently or too much sedated. If there are peaks, 2 or more in the analysing window of 15 sec, there are bursts in the sympathetic nerves and the patient's sensitivity to pain is reached during anaesthesia, the colour coded peaks per sec is yellow and may turn into red, the patient needs more analgesics, fig. 4.18. If the "area under" the curve increases to 10 the patient is about waking up from the stimulus. When the "area under" the curve turns to blue, the patients need more analgesics and hypnotics (forceful bursts in the sympathetic nerves when the patient is about waking up); fig. 4.19, the preset refresh time of one sec is recommended.

Patient 123 ABC

WHITE: 0.00-0.07 peaks per sec
LIGHT YELLOW: 0.14 peaks per sec
YELLOW: 0.21-0.27 peaks per sec
ORANGE: 0.33 peaks per sec
RED: 0.40 peaks per sec or more
Figure 4-18

WHITE: 0.0-2.0 LIGHT BLUE: 2.0-5.0 BLUE: 5.0-10.0

### **Post operative**

Figure 4-19

In "Post operative" application mode the measurement values shown are, fig. 4-20:



Figure 4-20 Post Operative mode

For post-operative pain the mode is based on peaks per sec. The peaks per sec increase when the patient's sensitivity to pain measured by the Numeric Rating Scale (NRS) or Visual Analogue Scale (VAS) increase, 0 is no pain and 10 is worst thinkable pain (Fig 4-21). The peaks per second (number fluctuations of skin conductance=NFSC) shows the rate of firing in the sympathetic nerves. This index changes background colour (from white to yellow to orange to red) according to the increase in NRS or VAS score (Fig. 4.22): the sensitivity to determine pain less than 3 or like 3 on the NRS or VAS has the peaks per sec less than or like 0.21 peaks per sec (color from white to light yellow), the sensitivity to determine pain more than 3 but less or like 5 on the NRS or VAS has the peaks per sec more than 0.21 peaks per sec but less than or like 0.27 peaks per sec (color yellow), the sensitivity to determine pain more or like 6 but less or like 10 on the NRS or the VAS, has the peaks per sec more than 0.27 peaks per (colour orange to red). The index is also validated for pain in children and adult. The index may also be influenced from other sympathetic nerve stimulation like nausea, vomiting and anxiety. The analysing window should be 15 sec and the refresh time should be each sec.



Figure 4-21 Level of pain (Ledowski T et al. The assessment of postoperative pain by monitoring skin conductance results of a prospective study. Anaesthesia 2007, 62:989-993).

WHITE:	No pain
0.00 – 0.07 peaks per sec	
LIGHT YELLOW: 0.13 - 0.21 peaks	No pain or VAS 1-3
per sec	
YELLOW:	Patient is active, can be pain VAS 4-5 or other
0.27 peaks per sec	stressors
ORANGE:	Patient is possible in pain, VAS 6-8, go and
0.33 peaks per sec	evaluate the situation
RED:	The patient is probably in pain, VAS 8-10, go
0.40-0.70 peaks per sec	and find out how to help the patient
Figure 4 22	

Figure 4-22

#### Infants

In the "Infant" application mode the measurement values shown are, fig. 4.23:

- Peaks/sec

Figure 4-183 Pre term mode

The 'peaks per second index' shows the rate of firing in the sympathetic nerves. It increases when the behavioural state increases. The behavioural state can be recorded according to Prechtl's Five Point Scale, se Table 4.

The index, 'peaks per second', changes colour when the behavioural state changes and then it is possible to determine the patient's sensitivity to pain. When the infant is calm and moving a little (Prechtl's scale 1-2-3), the peaks per sec are less than 0.21 peaks per sec., the background colour is white or light yellow/yellow. As the infant starts to be active/fuzzy (Prechtl's scale 4), the peaks per sec are 0.21 peaks per sec or more, but less than 0.33 peaks per sec, the index is yellow. Eventually, when the infant is crying or is in significant pain (Prechtl scale 4- 5), then the peaks per sec are more or like 0.33, and the index turns from orange to red, figure 4-24. The analyzing window should be 15 sec and the refresh time each sec.

Prechtl's Five Point Scale					
1	Eyes closed, regular respiration, no movements.				
2	Eyes closed, irregular respiration, small move- ments.				
3	Eyes <b>q</b> pen, no movements.				
4	Eyes open, gross movements.				
5	Crying (vocalisation)				

Prechtl's Five Point Scale,

WHITE: 0.00-0.07 peaks per sec	The infant is calm
LIGHT YELLOW: 0.14 peaks	The infant is calm and move a little
per sec	
YELLOW: 0.21-0.27 peaks per	The infant is active, observe the infant, pain / dis-
sec	comfort threshold is reached
ORANGE: 0.33 peaks per sec	The infant is probably in pain / discomfort, evaluate
	the situation
RED: 0.40 peaks per sec or more	The infant is in increasing pain /discomfort
Figure 4-24	

#### Analysis/Research

Depending on if the Pain Monitor application is used online or offline, the title displayed is "**Research**" or "**Analysis**". The measurement values shown are in both cases, Fig. 4-25:

- Area huge peaks
- Area small peaks
- The hugest of these areas are also seen.
- Peaks/sec
- Average Peak
- Average Rise Time
- Signal Quality

### 4.3.4 Features in Pain Monitor

#### Time scale

Adjust the time scale by using the three buttons in the lower right corner, Fig. 4-26.



Zoom in

Zoom out

Auto fit time scale to 15 s zoom

Figure 4-196 Features in Pain Monitor







#### Mark event

To mark events of interest during a measuring session, press the button in the left lower corner, fig. 4-27. The event will be marked in the graph as a vertical line with a \* at the top. An on-screen keyboard will appear on top of the Pain Monitor program window to allow writing a comment corresponding to the event in the "**Enter comment**" area, Figure 28. If a comment is written to a marked event, the \* will automatically change into a C (for Comment). When analyzing the recorded data the comment can be read if pointing at the marked event.





Figure 4-27 Mark event

#### Scrolling

To look in detail on a specific measurement time period you can use the scroll bar together with the time scale buttons. When you offset your viewpoint from the latest measurement values, the automatic scrolling will stop. To restart automatic scrolling press the rightmost button on the scroll bar.

### Configuration

To change settings for the program, touch the "**Configure**" button. A window will appear on top of the Pain Monitor program window where changes to the settings can be made, Fig. 4-29.

To select communication port, touch the communication port down pointing arrow and select the desired port. The default communication port is set to COM 1.

To choose data path for data recording, select "**Choose data path**" and browse the desired path. The default data path is set to



#### Figure 4-29: Configure

COM1	~			
Choose path				
m				
1	*			
Popup keyboard				
	_			
16	ОК			
8				
0,02	Cancel			
	COM1 Choose path Tm 1 16 8 0,02			

C:\Medstorm to set the refresh time, touch the refresh time area and set the desired refresh time.

The recommended refresh time is 1s.

If the box "Popup keyboard" is chosen, the system is set to show an on screen keyboard when needed in the application (recommended when using touch screen).

Under the heading "Analysis", the settings for "Bad signal limit", "Bad signal limit 2" and "EDR amplitude limit" can be changed by selecting each area. The default settings for these values are the values shown in Figure 4.28. All signal limit values are reset to their default values when starting the program. If a setting is changed, the user is asked to confirm. Press "Ok" to confirm the changed settings or "Cancel" to leave the settings unchanged.

#### Analyze recorded session

To load a session recorded earlier, use the "**Load patient**" button on the screen, Fig.4-30. A window will appear on top of the Pain Monitor program window where available patient measurements can be chosen. Choose a recorded session and then choose the data and time point of the session and touch the "**Ok**" button

If no or the wrong files are available when touching the "**Load patient**" button, another path than the desired are chosen in settings. The files available depend on which data path that has been set.



Figure 4-30 Load patient

#### **Export recorded data**

To use the "**Export**" feature, a mouse and keyboard must be used, Fig. 4-31. The Export feature will work on computers with Microsoft Excel and Med-Storm software installed.

If Microsoft Excel is not installed on the computer used for recording measurement data, then the data file can be moved from the recording computer to the "Excel computer" with e.g. a USB memory stick. (See chapter 4.3.5). On the "Excel computer" the data can be read with the "Load Patient" function in the Med-Storm software program, and then exported to Excel.

To export recorded data to Excel, use the button "**Export to Excel**". An export tool will appear on the screen where the export preferences can be set.

#### Figure 4-31 Export data

The export tool will export information that is inside the detailed graphs timeframe. By

using the scroller under the detailed graph, or by changing the value in the start time field inside the export tool, the start time for the export can be changed.



The timeframe can be changed either by using the zoom buttons, or by changing the value in the duration field inside the export tool.

The box "Auto update" will be unchecked if the "Start time" and "Duration" fields in the export tool are used to set the time window. If measurement data is to be exported, change the "Duration" or the "start time" until the whole timeframe of interest is shown in the detailed graph after using "Show". Alternatively use the time scroller and zoom tool to select the timeframe of interest. Keep the "Auto update" box checked if using the zoom buttons or the scroller to set the desired time window.

When the button "**Export Measurements**" is selected, the user will be able to insert a comment in the excel sheet before Microsoft Excel is started and the measurement values are exported.

If the button "**Export Analysis**" is selected, all derived analysis values will be inserted to one row in an excel workbook. For each time the button "**Export Analysis**" is selected, a new row with the analysis values for the detailed graph in view is exported.

To change the workbook to which the values are exported, the current workbook must be closed. A new workbook will then be created at the next export.

The data saved by the "**Export**" button is limited to a maximum of eight minutes (one limit in excel of maximum data points accepted).

### 4.3.5 Data transfer

To transfer data from the PC to another PC, connect a USB memory stick to one of the USB connectors in the Computer. Se Figure 3-5. Touch the "**Start**" button and chose "**My Computer**". Browse and choose the files which are to be transferred.

## 4.4 Error conditions

The Pain Monitor measures very small changes in skin conductance and is extremely sensitive. Simultaneous use of electro surgery will for example disturb the measurements made with the Pain Monitor.

If any interference occurs, the system will automatically recognize the interference and indicate this by a red warning text "Bad signal quality". The graph window will also turn yellow for the duration of the interference to indicate that the recorded signal is not reliable. See Figure 4-32

Patient izz ABC Anaesthesia reference in a set of the intervence o

If the measuring unit looses contact with the M electrode, the error state will be indicated by a red warning text "Electrode error", and with a brown background in the graph.



If the measuring unit looses contact with the operator PC, fig. 4-33, the error state will be indicated by a red warning text "Connection lost to MU" and with an orange background in the graph.

Using heating mattress, GVP Elettronica, SCL-MED (DM-WARM-12 commercial brand) gvp\_md1@gvp.it, interference has been observed at the Skin Conductance registration curve.



Figure 4-33 Contact lost warning

# 5 Care and maintenance

Routinely inspect all electrical plugs and connections. Do not use if damaged.

## 5.1 Life time

The minimum life time of the system is 5 years conditional that the instructions in this manual are followed.

## 5.2 Preventive maintenance

The Pain Monitor does not need to be calibrated during specified lifetime years, presuming the instructions in this manual are followed.

The latest version of the Med-Storm application software will always be available for download from <u>www.med-storm.com</u>.

Please follow the setup instructions when installing or upgrading

## 5.3 Simplified function tests

- 1. Start the PC unit and the measuring unit.
- 2. Make sure that the needed connections do not have any visible damage and are connected correctly according to instructions in chapter 4.1 Instrument setup.
- 3. Start the Pain Monitor application software according to chapter **4.3.2 Getting** started
- 4. Verify that a graph is created in the Pain Monitor application software window and that the current measurement values are presented.

## 5.4 Support information

Email	support@med-storm.com
Skype	Med.storm.support
Tel	+47 909 398 10

## 5.5 Cleaning

Always disconnect the Pain Monitor and accessories from its power supply before cleaning.

After each patient, the electrodes used shall be removed, and the Pain Monitor and its accessories may be cleaned by wiping a clean cloth dampened with 70% isopropyl alcohol or mild hospital cleaning detergent/bactericide.

#### Note.

Under no circumstances should the Pain Monitor and accessories be immersed in any liquid cleaning agent. Nor should it be exposed to steam or hot air sterilisation, or chemical sterilisation using ethylene oxide. Never use ether or petroleum-based solvents.

## 5.6 Scrapping instructions

All parts of the Pain Monitor are to be returned to Med-Storm Innovation AS for proper electronic material reuse or recycling. Do not dispose any part of this unit.

# Appendix A - Environmental and handling conditions

Measuring Unit		
Operating	Ambient temperature	$+10^{0}C - +30^{0}C (50^{0}F - 86^{0}F)$
	Ambient pressure	700hPa – 1060hPa (10.2 PSI – 15.4 PSI)
Transport	Ambient humidity Ambient temperature	30% - 75% $-10^{\circ}C - +70^{\circ}C$
	Ambient pressure	500hPa – 1060hPa (7 3 PSI – 15 4 PSI)
Storage	Ambient humidity Ambient temperature	$\frac{10\% - 90\%}{+10^{0}\text{C} - +30^{0}\text{C} (50^{0}\text{F} - 86^{0}\text{F})}$
	Ambient pressure	700hPa – 1060hPa (10.2 PSI – 15.4 PSI)
Degree of enclosure pro- tection	Ambient humidity IP X0	30% - 75%
Vibration / Shock / Bump	It is possible to transport the system worldwide by air, road, ship and train	
Drop / Free fall	It is possible to transport the system worldwide by air, road, ship and train.	
EMC/ESD	The Pain Monitor meets requirements in accordance with IEC 60601-1-2 Electromagnetic compatibility. The device complies with Part 15 of the FCC Rules"	

Appendix	В-	<b>Technical</b>	specifications
----------	----	------------------	----------------

Measurements ac-	Noise level $(1 - \sigma)$ below 0,002 $\mu$ S.		
curacy			
	This applies for resistive measurements on 100 $\mu$ S.		
Measurement	1-200 μS		
range			
0			
Classification of	Class II A		
medical device			
Maximum current	36 µA RMS		
definition	The maximum value of current that can be supplied to a patient		
	trough the C electrode.		
Storage capacity	Disc capacity is 2 GB.		
Power supply	The measuring unit operates on power from an external power		
	supply of medical grade. Do not use any other than the provided		
	power supply unit, unless it has been tested and verified by Med-		
	Storm that it works together with the Measuring Unit		
	Mains power input to measuring unit power supply is 100-		
	240VAC, 50-60Hz.		
	PC operates on power from an external power supply. Mains		
	power input to PC power supply is 100-240VAC, 50-60Hz.		
	Power consumption is 53 W (PC: 50 W, MU 3W)		

Table B-1 Technical specifications

#### PC minimum configuration

- Windows XP or Windows Vista
- Minimum 512 Mbytes RAM
- Minimum 10GB Hard drive
- CD-ROM drive or compatible media
- RS232-port or USB-RS232 adapter

When a PC is connected, the user must ensure that the entire system meet requirements in IEC 60601-1-1.

- The PC must be IEC 60601-1 graded if used within the patient environment.
- The PC must be IEC 60950 or similar graded if used outside the patient environment. It should always be grounded (protective earth) in the same room as the patient, if the PC should be outside the room of the patient.

Table B-2

#### Mechanical dimensions

Part	Weight [kg]	Dimensions [mm]	
Pain Monitor	~0,37	210x113x41	
Measuring unit			
_		(incl. On/Off button and rubber feet)	
PC	4.54	348 x 287 x 92	

 Table B-3 Weight and dimensions

List of cables and maximum lengths of cables

Cable	Maximum length [m]	Manufacturer	Model or part #
Electrode cable,	2	Med-Storm Inno-	2010
adult		vation AS	
Electrode cable,	2	Med-Storm Inno-	2011
infant		vation AS	
Communication	2,5	Med-Storm Inno-	2012
cable		vation AS	
Mains cable, PC	2		6003
Mains cable, MU	2		2001

Table B-4 Cable lenghts

The table of cable lengths also represents the list of cables and transducers sold by the manufacturer as replacement parts for internal components.

Alternative mains cables might be used, but a mains cable that complies with the requirements in IEC60601-1 and any national deviations must be used when installing the Pain Monitor.

# Appendix C - Safety Standards and regulations The Pain Monitor meets the requirements of the following safety standards and regula-

tions:

Standard	<b>Referred to as</b>
The DIRECTIVE 93/42/EEC	93/42/EEC
IEC 60601-1 Medical electrical equipment	IEC 60601-1
IEC 60601-1-1 Safety requirements for medical electrical systems	IEC 60601-1-1
IEC 60601-1-2 Electromagnetic compatibility	IEC 60601-1-2
IEC 60601-1-4 Programmable electrical medical systems	IEC 60601-1-4
UL 60601-1 Medical Electrical Equipment	UL 60601-1

The device complies with Part 15 of the FCC Rules.

# **Appendix D - Electromagnetic compatibility**

Guidance and manufacturer's declaration – electromagnetic emissions			
The Pain Monitor is intended for use in the electromagnetic environment specified below. The customer or the user of the Pain Monitor should assure that it is used in such an environment.			
Emissions test	Compliance	Electromagnetic environment - guid- ance	
RF emissions CISPR 11	Group 2	The Pain Monitor must emit electromag- netic energy in order to perform its inter- nal function. Nearby electronic equipment may be affected.	
RF emissions CISPR 11	Class B	The Pain Monitor is suitable for use in all establishments, including domestic estab-	
Harmonic emissions IEC 61000-3-2	Class B	the public low-voltage power supply net- work that supplies buildings used for do-	
Voltage fluctuations/ flicker emissions IEC 61000-3-3	Complies	mesue purposes.	

 Table D-1 Electromagnetic compatibility 201

 The device complies with Part 15 of the FCC Rules"

#### Guidance and manufacturer's declaration - electromagnetic immunity

The Pain monitor is intended for use in the electromagnetic environment specified below. The customer or the user of the Pain Monitor should assure that it is used in such an environment.

Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment – guidance
Electrostatic dis- charge (ESD) IEC 61000-4-2	+/- 6 kV contact +/- 8 kV air	+/- 6 kV contact +/- 8 kV air	
Electrical fast tran- sient / Burst IEC 61000-4-4	+/- 2 kV for power supply lines +/- 1 kV for input/output lines	+/- 2 kV for power sup- ply lines +/- 1 kV for in- put/output lines	
Surge IEC 61000-4-5	+/- 1 kV differential mode +/- 2 kV common mode	+/- 1 kV differential mode +/- 2 kV common mode	
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	<5 % U <sub>T</sub> (>95 % dip in U <sub>T</sub> ) for 0,5 cycle 40 % UT (60 % dip in UT) for 5 cycles 70 % UT (30 % dip in UT) for 25 cycles <5 % UT (>95 % dip in UT)) for 5 sec	<5 % U <sub>T</sub> (>95 % dip in U <sub>T</sub> ) for 0,5 cycle 40 % UT (60 % dip in UT) for 5 cycles 70 % UT (30 % dip in UT) for 25 cycles <5 % UT (>95 % dip in UT)) for 5 sec	
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	3 A/m	3 A/m	
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8 NOTE $U_T$ is the a.c. m	3 A/m ains voltage prior to applicat	3 A/m	

Table D-2 Electromagnetic immunity 202

Guidance and manufacturer's declaration – electromagnetic immunity			
The Pain Monitor is intended for use in the electromagnetic environment specified below. The customer or the user of the Pain Monitor should assure that it is used in such an environment.			
Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
			Portable and mobile RF communications equipment should be used no closer to any part of the Pain Monitor, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.
Conducted RF IEC 61000-4-6	3 Vrms 150 kHz to 80 MHz	3 V	Recommended separation distance $d = 1, 2\sqrt{P}$ $d = 1, 2\sqrt{P}$ 80 MHz to 800 MHz
			$d = 2,3\sqrt{P}$ 800 MHz to 2,5 GHz
Radiated RF IEC 61000-4-3	3 V/m 80MHz to 2,5GHz	3 V/m	where <i>P</i> is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and <i>d</i> is the recommended separation distance in meters (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey, <sup>a</sup> should be less than the compliance level in each frequency range. <sup>b</sup> Interference may occur in the vicinity of equipment marked with the following symbol.
NOTE 1. At 20MHz and 200MHz, the higher frequency range applies			

NOTE 1 At 80MHz and 800MHz, the higher frequency range applies.

NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflected from structures, objects and people.

<sup>a</sup> Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the Pain Monitor is used exceeds the applicable RF compliance level above, the Pain Monitor should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the Pain Monitor.

<sup>b</sup> Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.

 Table D-3 Electromagnetic immunity 204

Recommended separation distances between portable and mobile RF communications equipment and the

#### **Pain Monitor**

The Pain Monitor delivery system is intended for use in the electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the Pain Monitor can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the Pain Monitor as recommended below, according to the maximum output power of the communications equipment.

Rated maximum output power of transmitter	Separation distance according to frequency of transmitter (m)		
(₩)	150 kHZ to 80 MHz	80 MHz to 800 MHz	800 MHz to 2,5 GHz
0,01	0,12	0,12	0,23
0,1	0,38	0,38	0,78
1	1,2	1,2	2,3
10	3,8	3,8	7,8
100	12	12	23

For transmitters rated at maximum output power not listed above, the recommended separation distance d in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE 1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.

NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

#### Table D-4 Recommended separation distances 206

## Appendix E - Protection against data virus

Data virus is a threat to the functionality of the Pain Monitor PC Unit. The following actions reduce the risk for virus attacks on the PC.

- 1. Do not use diskettes or CD's in the computer.
- 2. Protect the network on which the PC resides with a firewall.
- 3. If considered necessary, install virus protection software on the PC Unit.

#### Management of virus protection software

A virus protection software running on the same computer as the PC Unit may interfere with the Pain Monitor application software functionality. It may slow down the computer while inspecting files for virus or it may affect the Pain Monitor application software when removing a detected virus. New data viruses appear and thus the virus software needs to be updated. This update procedure may also affect the Pain Monitor application software functionality temporarily or permanently.

To avoid potential hazards associated with the management of virus protection software, the following rules shall be followed.

- 1. All installation or update of virus protection software on the PC Unit shall be supervised.
- 2. After installation or update of virus protection software or definition files, a functional test must be executed.
- 3. If virus has been detected on the PC Unit and rendered harmless, a functional test must be executed to verify that functionality was not affected.

# Appendix F – Pre use checklist

Check	Signature
Verify that the system is <b>not</b> going to be used with a pa-	
tient with skin condition which may affect skin conduc-	
tance (e.g. injury of the skin).	
Verify that the system is <b>not</b> going to be used with a pa-	
tient with electrically sensitive life support system (e.g.	
implantable pacemaker or defibrillator).	
Verify that the system is <b>not</b> going to be used when the	
patient has an injury affecting the sympathetic skin	
nerves.	
Verify that the system is <b>not</b> going to be used more than	
<b>48 hours</b> in row, on the same patient, due to the electrodes	
that have to be changed.	
Verify that the electrodes are placed according to this	
manual.	
(Ch 4.2.2 for adults, Ch 4.2.3 for premature infants)	
Verify that the electrodes are of the correct type and ap-	
proved by Med-Storm.	
Verify that if you temporarily disconnect any of the elec-	
trodes from the measuring unit, you get an error, reporting	
"electrode error" or "Bad signal quality".	
Verify that you have a secondary monitor to determine	
the patient's sensitivity to pain, such as e.g. blood pressure	
measurement.	

For reasons of safety, the device may only be used if all of the requirements above are satisfied.

# Appendix G – Physiological and clinical function of the Skin Conductance Monitor

Skin conductance is a measure of how easily electric current will travel through the skin based on the humidity of the skin. The Stress Detector system is measured in micro-Siemens [ $\mu$ S]. The physiological process is shown in Figure G-2.



#### Figure G-1 Physiological process which the Stress Detector measures

The skin conductance is to a large extent determined by the number and activity of sweat glands. Sweat glands are controlled by the sympathetic nervous system. Since acetyl choline acts on the muscarine receptors, the skin conductance response is not influenced from changes in blood circulation or medication acting on the blood circulation. Moreover, the skin conductance response is not influenced from neuro muscular blockers (acting on nicotine receptors). When the skin sympathetic nervous system is firing, sweat is released within 1-2 sec and the conductance increase. When the sweat is reabsorbed the conductance decreases. This process creates one skin conductance peak. The number of skin conductance peaks correlates directly to the firing rate in the skin sympathetic nerves. Moreover, the amplitude of the peaks and the relatively area below the curve (accumulated difference between the conductance values at the registration curve when they are larger than the lowest microsiemens levels at the y-axis where the registration curve was observed in the analyzing window) correlate directly to how forceful the skin sympathetic nerves are firing. This is illustrated in Figure G-2.



Figure G-2 Correlation between the firing rate in the skin sympathetic nerves and the number of skin conductance peaks. Moreover, small bursts in the sympathetic nerves give small skin conductance peaks and huge bursts in the sympathetic nerves give huge skin conductance peaks.