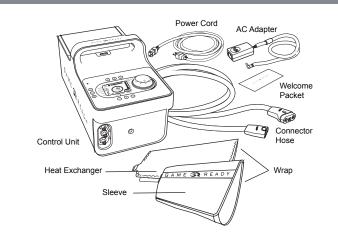
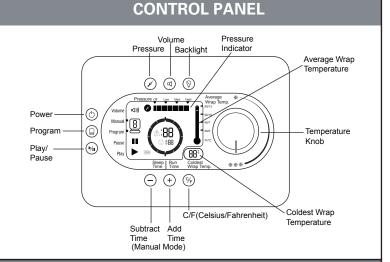
# **QUICK START GUIDE**

### GAME S READY™

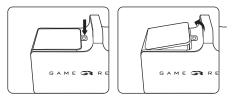
## YOUR GAME READY SYSTEM





## **GETTING STARTED**

STEP 1 Push the door release button to open the ice box door.

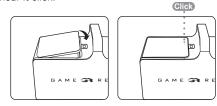


STEP 2 Fill the ice box completely with ice, and at least 1/2 full with clean water.





STEP 3 Close the ice box door. Make sure you hear it click.



**STEP 4** Place the Control Unit in the location where you plan to use it. The Control Unit should only be used in the upright orientation as shown.

discoloration or welts occur.

CAUTION: Federal law restricts this device to sale by or on the order of a licensed

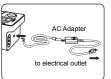
healthcare practitioner. Warning: Improper placement or prolonged use of Game

of your health care practitioner. Discontinue use immediately if you experience burning, itching or increased pain and swelling. Monitor the skin receiving cold

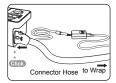
Ready could result in tissue damage such as frostbite. Follow the recommendations

therapy frequently and discontinue use if changes such as blisters, increased redness,

STEP 5 Connect the AC Adapter to the Control Unit and the grounded electrical outlet. Note: The Control Unit should be powered up prior to attaching a Wrap.

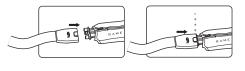


STEP 6 Connect the larger end of the Connector Hose to the Control Unit. Make sure you hear it click. To disconnect, simply press the button and remove the connector from its port.



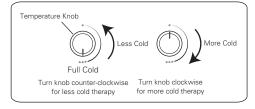
STEP 7 Apply the selected Wrap (consult the Use Guide for each Wrap for application instructions).

STEP 8 Connect the smaller end of the Connector Hose to the Wrap. Make sure you hear it click. To disconnect, simply press the button and remove the connector from its port.



STEP 9 Press the power button.

STEP 10 Adjust the temperature by turning the temperature knob. Turning the knob right, toward 3 snowflakes, will provide more cold therapy. Turning the knob left, toward 1 snowflake, will provide less cold therapy. Always start the Control Unit with the knob at full cold and run it that way for at least two minutes.



STEP 11 You can choose to operate in either Manual Mode or Program Mode. Manual Mode allows you to adjust time and pressure settings. Program Mode allows you to choose one of six programs that provide treatment for a set time then sleep (no treatment) for a set time,

continuously, at a specific pressure setting. See page 15 in the Control Unit User's Manual for details. The System defaults to Manual Mode.

#### Manual Mode:

Set the time by pushing the +/- button. (-) Set the pressure by pushing the pressure button. (🖍)

#### **Program Mode:**

Push the program button to enter program mode. Continue to push the program button to scroll through available programs.  $(\Box)$ 

STEP 12 Press the play/pause button. (M)

Caution: Handle the Control Unit with the same care as you would a laptop computer. Do not drop it, kick it or otherwise abuse it unnecessarily. Such abuse may void all Game Ready warranties.



See page 5 of the Control Unit User's Manual for additional warnings and contraindications.

Game Ready Quick Start Guide P/N 703026 Rev F