

# wego™

heart rate monitor

# PULSE

## USER MANUAL

measure your **heart rate**  
for a better, healthier you!



[JoinWeGo.com](http://JoinWeGo.com)

# CONTENTS

Welcome to WeGo™	1	Regulatory & Safety Notices	8-9
Key Functions	2	Care & Maintenance	10
Watch Reset	2	Trouble Shooting	11
General Operations	3-7	Warranty	12-13
All Modes	3	The WeGo™ Line of Products	14
HRM	3		
Time Mode	4		
Chrono Mode	4		
Alarm Mode	5		
Set Mode	5		
Time Setting	6		
User Setting	6		
HRM Setting	7		
Alarm Setting	7		

# WELCOME TO WEGO™

WeGo™ allows users to **SEAMLESSLY TRACK** their fitness progress and goals. Our line of activity trackers and heart rate monitors are engineered for **QUALITY** and **VALUE**, using the **LATEST TECHNOLOGY** in data tracking. WeGo's line includes products for all individuals—regardless of their fitness level or activity type.



## **BE HEALTHIER**

prevent injury  
and overtraining



## **BE SMARTER**

achieve the most  
effective workout



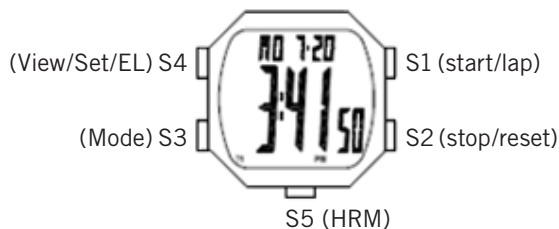
## **BE HAPPIER**

improve personal  
fitness levels

# KEY FUNCTIONS

This is a Touch Heart rate monitor watch. The watch also features a full auto calendar with Year range of 2014 to 2059. It has also an Electro Luminescent back light and two daily Alarms.

## Push button assignment



- S1** – increase adjust
- S2** – decrease adjust
- S3** – next digit
- S4** – exit

2-3 min auto exit if no key operation

## WATCH RESET:

**WARNING:** All data will be lost after reset including time, alarm, and personal information settings.

To reset the watch press and hold S1, S2, S3, and S4 together. All segments will light up followed by a beep sound then EL back light ON. The software code will be displayed, and then the Time mode. The watch will need to be set again after reset.

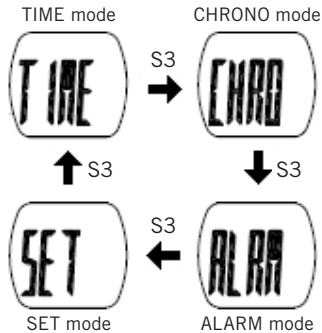
**This watch is water resistant up to 5 ATM.**

Battery Type: CR2032

# GENERAL OPERATIONS

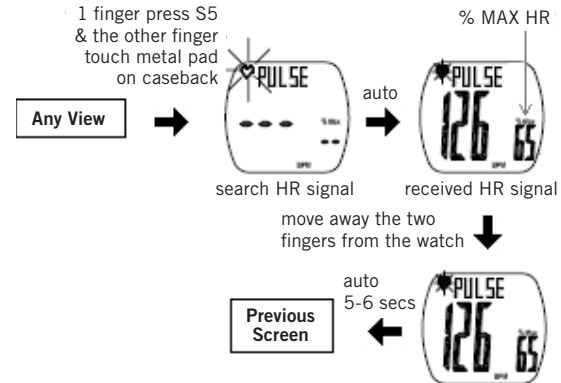
## ALL MODES

Scroll through the various modes of the watch by pressing S3. The modes are Time mode → Chronograph mode → Alarm mode → Set mode → back to Time mode.



## HRM

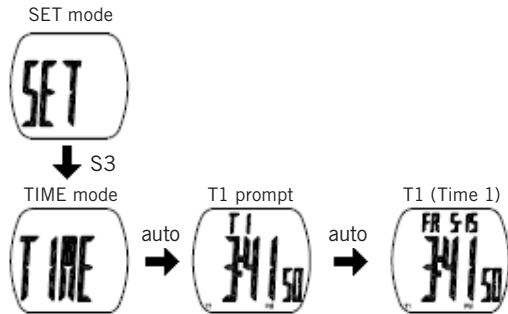
From any view you can take your Heart rate by placing 1 finger on S5 and another finger on the metal plate (case back). Wait a few seconds and it will then display your Heart rate. The watch will continue displaying the HRM as long as you keep your fingers touching the S5 and the metal plate. 5 to 6 seconds after the fingers are removed, the watch will go to the previous view. HRM range is 30 to 240 BPM.



# GENERAL OPERATIONS

## TIME MODE

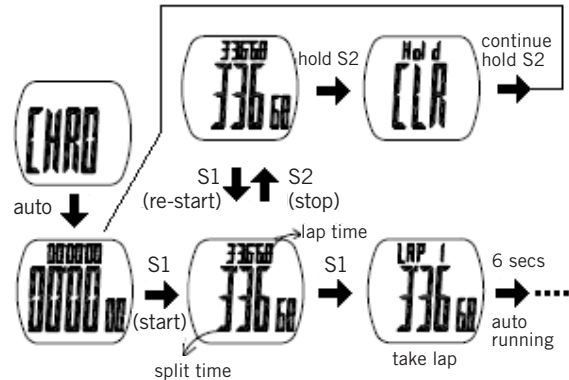
Press S3 from SET mode to go to TIME mode. The watch will momentarily display “TIME” and seconds later, it will display the T1 prompt, and then the T1 display.



Note: Press S2 to change view from T1 to T2 and vice versa.

## CHRONO MODE

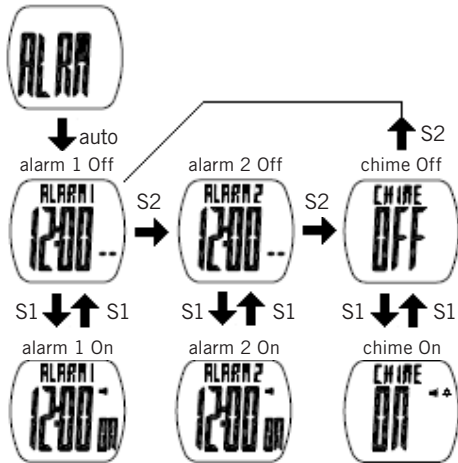
Press S3 from TIME mode to go to Chronograph mode. Press S1 to start/re-start and take lap. Press S2 to stop and press and hold S2 to clear or reset.



# GENERAL OPERATIONS

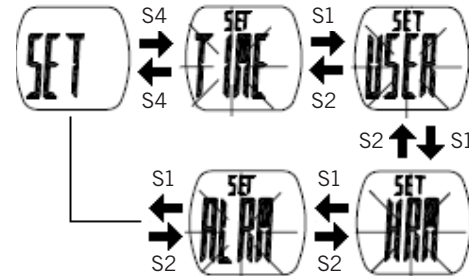
## ALARM MODE

Press S3 from Chronograph mode to go to Alarm mode. The watch will display "ALRM" and seconds later, it will display Alarm 1. Press S2 to scroll through Alarm 1, Alarm 2, and Chime ON/OFF. Press S1 to toggle between Alarm ON/OFF or Chime ON/OFF



## SET MODE

Set up your personal details before exercising. Press S3 from ALARM mode to go to SET mode. Press S4 to enter Time set mode. Press S1/S2 to change between Time set mode, User Set mode, and Alarm set mode.









# REGULATORY & SAFETY NOTICES

**WARNING:** Heart rate monitoring systems maybe inaccurate. Over exercising may result in serious injury or death. If you feel faint stop exercising immediately.

This is not a medical device. Should not be used to diagnose or treat any medical condition. Consult your doctor for prevention, diagnosis and treatment. See the user guide for further guidance.

This is not a toy. Keep away from children.

## BATTERY SAFETY INFORMATION

- Do not allow children to play with button cell batteries, and keep button cell batteries out of your child's reach.
- Never put button cell batteries in your mouth for any reason as they are easily swallowed accidentally.
- If a button cell battery is ingested, immediately seek medical attention.
- Non-rechargeable batteries are not to be recharged

- Rechargeable batteries must be removed before recharging
- Rechargeable batteries should only be recharged under adult supervision
- Exhausted batteries are to be removed
- Do not mix old and new batteries
- If this product will not be used for an extended period of time, remove the batteries from the product
- The supply terminals are not to be short-circuited
- Batteries are to be inserted with correct polarity
- Clean the battery contacts and also those of the product prior to battery installation
- As always, dispose of batteries in an eco-friendly manner

## IMPORTANT

**Do not press the Button under water.  
Do not wear product while diving.**

# REGULATORY & SAFETY NOTICES



The WEEE symbol on the product or on its packaging indicates that the product must not be disposed of with normal household waste. Instead such marked waste equipment must be disposed of by arranging to return to a designated collection point for the recycling of waste electrical and electronic equipment. By separating and recycling this waste equipment at the time of disposal will help to conserve natural resources and ensure that the equipment is recycled in a manner that protects human health and the environment.

Keep this manual and packaging for future reference since it contains important information

# CARE & MAINTENANCE

- NEVER attempt to disassemble or service your unit.
- DO NOT expose the unit to extreme heat, shocks, magnetic fields, electrical noise, strong vibration or long-term exposure to direct sunlight.
- DO NOT drop or step on the watch.
- TO CLEAN THE UNIT: wipe with a lightly moistened cloth. Apply mild soap to the area if there are stubborn stains or marks. Do not expose the unit to strong chemicals such as gasoline, cleaning solvents, acetone, alcohol or insect repellents, as they may damage the unit's seal, case and/or finish.
- STORE the unit in a dry place when you are not using it.

## **BATTERY REPLACEMENT**

Battery replacement will be required from time to time, and should occur when:

1. The display fades in part or completely
2. The heart rate function will not activate
3. Backlight System does not operate
4. The battery icon is visible

To replace the battery of your WeGo™ Heart Rate Watch, we recommend you take it to a watch repair service center or certified jeweler. This will ensure that the water resistance will be retained after battery replacement.

# TROUBLE SHOOTING

## POTENTIAL CAUSES FOR NO HEART RATE READING OR LONG RESPONSE TIME

CAUSE: Dry skin

SOLUTION: Apply conductive gel thoroughly to chest area (for Chest-Strap measurement) or finger (for Finger-Touch measurement). Tap water may help if conductive gel is not available.

CAUSE: Chest strap is not contacting with skin

SOLUTION: Make sure the chest strap is firmly over the chest and the Watch is securely on wrist.

CAUSE: Muscle tremors caused by pressing on sensors too hard (finger touch)

SOLUTION: Decrease finger pressure on the Sensor Pads.

CAUSE: dead skin on wrist, finger or chest.

SOLUTION: Rub off excessive dead skin with a towel.

CAUSE: a thin layer of body grease insulates the ECG signal preventing the chest strap or watch from detecting ECG heart rate

SOLUTION: Wipe chest/wrist and the back of Chest Strap/watch with a tissue or soft towel.

CAUSE: Hairy skin

SOLUTION: Apply conductive gel to chest area or wrist.

CAUSE: Low battery

SOLUTION: Replace the battery in watch/transmitter and try again.

CAUSE: Electrical field interference from RF devices (chest-strap measurement) such as Overhead power lines, etc.

SOLUTION: Leave the area where RF source potentially exist.

# WARRANTY

## GUARANTEE CERTIFICATE – FOR PURCHASES MADE IN THE U.S.

If at any time within one (1) year from the purchase date of this product, it fails to perform properly because of defects in material or manufacturing, return it prepaid to: **EB SPORT GROUP, 585 OAK RIDGE ROAD, HAZLETON, PA 18202**

Complete this Guarantee Certificate and enclose it (or a copy of it) with the product. Please contact Customer Service at 866-694-4575 or [CustomerService@JoinWeGo.com](mailto:CustomerService@JoinWeGo.com) for a return authorization number, prior to sending in your product.

(PLEASE PRINT CLEARLY)

**Name:**

**Phone:**

**Address:**

**Store Purchased From:**

**Date of Purchase:**

**Purchase Price:**

**State:**

**Zip:**

**Problem With Product:**

# WARRANTY

## REPLACEMENT

This product has been carefully designed, manufactured and packaged. If any parts are missing or damaged, please contact us at the address above and we will replace the unit at no charge. (Guarantee does not cover crystal or battery.)

## FOR PURCHASES MADE IN THE UK

Should you experience problems with this item, please return it to the point of purchase. This will not affect your statutory rights. Alternatively return it to the address shown below for a repair/replacement.

**EB Brands UK, Berkeley Business Park, Wainwright Road, Worcester WR4 9FA**

[www.JoinWeGo.com](http://www.JoinWeGo.com)

**Distributed in the UK by EB Brands UK, Worcester WR4 9FA**

# THE WEGO™ LINE OF PRODUCTS

## ACTIVITY TRACKERS



### ELITE+

- Sleep Quality
- Goal Setting
- User Replaceable Battery
- Sync Wirelessly



### HYBRID+

- Sleep Quality
- Goal Setting
- Sync Wirelessly
- Water Resistant
- Replaceable Straps
- Silent Alarm Vibration



### RELAY

- Caller ID/Text Notification
- Auto Sleep
- Sleep Quality
- Sync Wirelessly
- Water Resistant
- Replaceable Straps
- Silent Alarm Vibration

## HEART RATE MONITORS



### CARDIO/ENDURO 100

- 5.3k Chest Strap
- Time, Chronograph, Heart Rate
- BPM, HR Zone/Alarm
- Date, Lap/Split Time
- Water Resistant 50M



### ENDURO 200

- 5.3k Chest Strap
- Time, Alarm, HR, Data Record
- HR Zone/Alarm, Avg/Max HR, BMI
- Run/Lap Memory, Calorie Burn, Recovery HR Monitor/Timer
- Dual Time Zone, Daily Alarms, Lap/Split Time, Night Mode
- Water Resistant 50M



### ENDURO 300

- Optical Heart Rate Technology
- Time, Alarm, Chronograph, HR
- HR Zone, % Max HR, Calorie Burn
- Custom User Profile
- USB Rechargeable Battery and Charger Included
- Water Resistant 1ATM



### PULSE/PACE

- No Chest Strap Required
- Time, Alarm, Chronograph, HR
- HR Zone/Alarm, BPM and % Max HR Display
- Date, Dual Time Zone, Daily Alarms, Lap/Split Time
- Water Resistant 50M



### PULSE/PACE PLUS

- Optical Heart Rate Technology
- Time, Chronograph, HR
- Quick On-Demand HR Reading
- HR Zone, % Max HR
- Custom User Profile
- Water Resistant 1ATM

WeGo™ is the **fitness motivator** that makes it easy to track daily activities. These **easy to use** activity trackers and heart rate monitors can help support a **happy, healthy lifestyle**.



**CAUTION:** *This is not a medical device. Should not be used to diagnose or treat any medical condition. Consult your doctor for prevention, diagnosis and treatment. See the user guide for further guidance. This is not a toy. Keep away from children.*

**CALIFORNIA PROPOSITION 65 WARNING:** *This product may contain chemicals known to the State of California to cause cancer, birth defects and/or reproductive harm.*

**WARNING:** *Heart rate monitoring systems may be inaccurate. Over exercising may result in serious injury or death. If you feel faint stop exercising immediately.*

*Made in China. WeGo™ is a trademark of EB Sport Group, Hazleton, PA 18202. Distributed in the United Kingdom by EB Brands (UK), Worcester WR4 9FA. All Rights Reserved ©2015. Designed and engineered by EB Labs.*