Welcome to state of the art radiation protection





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SaferWave Ltd. Arden House 263 Blossomfield Road Solihull B91 1TA United Kingdom

Email: info@saferwave.com Web: www.saferwave.com



Safer use of mobile phones - together with SaferWave

- ✓ Without SaferWave protection, keep phone usage to < 10 minutes per day. 30 minutes per day is designated as "heavy use".
- ✓ With SaferWave protection you can talk for many hours per day if you also maintain a good separation when talking (e.g. phone on the table whenever possible or in your hand when walking).

Personal use Out and about Usina technoloav ✓ Use a SaferWave Don't use on trains! ✓ Put on table away from Protection system. vou when not in use - or Don't use on buses! switch off Use a hands free kit- with Don't use in cars a SaferWave ferrite core. ✓ Get a high signal. or use an external In buildings go to the In car use an external. aerial . window or outside aerial Hold it away from you ✓ Select a low SAR phone. Use it less. when talking and Use the speaker phone Select GSM mode). walking. when possible. Restrict use Text rather than call. Restrict who uses it or Keep it out of bedroom 00 is exposed to it: (don't use as an alarm!) - Babies Keep it away from sensitive - Children organs: head, breast, liver, - Teens kidneys, sex organs. Avoid energy intensive activities-sending pictures, videos internet



Signal strength: A higher signal reduces the amplification and the strength of the radiation that you experience. Ironically, the closer you are to the aerial, the less harmful the signal will be. You can optimize signal strength by looking at the signal bar and checking direction for the best signal.

The SaferWave safe (and unsafe) use photo gallery

Here we have set put some situations and given qualitative indictors about safer use-however we should adopt all safety measures. We know that technology has dangers, we know quite a bit about some of these, but it is unlikely that we know all the issues and dangers.

Supportive approaches for mobile phones

It is not easy to make the phone 100% safe - it is possible to minimize danger

The best

Even with good protection (SaferWave) there may be other elements that have an effect: these are hypothesized to be the low frequency fields and these fall off rapidly with distance.

- SaferWave (protector and headset with ferrite).
- Distance from the phone (separation).
- When not out and about put the phone on a table away from you.

Mobile phones – methods of separation when talking (more signal)





When talking hold the phone in your hand away from you - even with a ferrite.





On the table on speaker phone is good too!





If you keep your phone in a handbag, preferably switch the phone off and keep the handbag away from you.

Textina Texting is a bit safer...



Harm factor Unprotected:

(6/10) SAFERWAVE: (1/10)

Texting is generally a bit safer- but keep away from your body (and be aware that fingers are also pick up points. There are still the signals that check for contact and the signal when you send the text.

But NOT when preanant!



Harm factor



No tests have been made or are possible for babies. Thus as a most sensible precaution mobiles should not be used anywhere near a baby in any mode of working.

Poor separation: some not so good options

Bad places > the worst? Note that even with headset these are not good places. They are too close to organs.

Harm the brain model



Harm factor Unprotected:



For all ages, all sexes.

Harm the aenitals!



Harm factor

Unprotected: 111111111 (10/10) SAFERWAVE:

(1/10) From either direction

Harm the breasts and beart!



Harm factor

Unprotected: (10/10) SAFERWAVE:

(1/10)

For all ages, all sexes.

Men are affected just as much



Harm factor Unprotected:

(10/10)



From here you can affect the kidneys, adrenals, liver, pancreas, spleen, genitals.



Harm factor Unprotected:

11111 (10/10) SAFERWAVE: (1/10)

Even if you are wearing it in a pouch.



Harm factor Unprotected:

(10/10) SAFERWAVE:

(1/10) Men have hearts too- and they also get damaged-

even with a ferrite.

The bedroom is really a no-no place for mobiles: don't use as an alarm clock Bad place for DECT phones

Bad place for mobile phones



Harm factor Unprotected: (8/10)

SAFERWAVE: (1/10)



Harm factor Unprotected: (10/10)

SAFERWAVE: (5/10) OK for landline phones



Harm factor Unprotected: (0/10)

SAFERWAVE not needed.

Bluetooth mode-personally and in car

Bluetooth does not show such rapid health disturbances as the phone. HOWEVER: continued exposure provides a lower level disturbance and this is expected to have a significant effect over the long term. It does not make phone use in car safer - the signal bounces around and can be more harmful than in open spaces.



Unprotected:

(9/10) SAFERWAVE:

(1/10)



Harm factor Unprotected:

(10/10)



Being practical - what you can do:

- Use SaferWave
 - SaferWave protector:
 - headset with ferrite.
- Keep phone as far away from all your body as possible; not just the brain.
- Check where the signal is strongest: if on the back keep this pointing outwards in use and when carrying.

Mobile phones - hands free



Harm factor Unprotected:

11111 (10/10) SAFERWAVE: (1/10)

Brain is protected - ferrite on head set; SaferWave on Phone. However we suggest the phone is better kept elsewhere.



Harm factor Unprotected:

11111 (6/10)SAFERWAVE:

(1/10)Handbag Mode - a bit better

These options may be OK for carrying (airplane mode) or listening but not for talking. There is also a strong pulse after you hang up! If you keep your phone in a handbag-keep the handbag away from you. If you are pushing a child then have the handbag well away from him/her.





Harm factor Unprotected:

(10/10)

SAFERWAVE: (1/10)

Poor babies - and stunted testosterone!





Harm factor Unprotected:

(10/10) SAFERWAVE:

(1/10)

Where really special and extra care is needed

Mobile phones: fertility, pregnancy: a do not use situation.

Becoming pregnant - with a healthy baby



You should really do everything to minimize phone use, like everything else you do to have a healthy strong child.

This includes computer and DECT phone use- not just mobiles.

When you are pregnant





Landlines are safer!



Harm factor

Unprotected: (0/10)

SAFERWAVE not needed.

This is great way for daddy to listen to baby talk!

With your baby

Babies are vulnerable



Harm factor

SAFERWAVE: (7/10) Danger level for baby

Unprotected: (10/10) Harm factor Unprotected:

(10/10) SAFERWAVE:

Double whammy!

(7/10) Danger level for baby

Keep your phone



Harm factor Unprotected:

(10/10) SAFERWAVE: (7/10)

Danger level for baby

Kids are very vulnerable

They should not use phones at all!





Harm factor Unprotected:

(10/10) SAFERWAVE:

(7/10)



Harm factor Unprotected:

(10/10) SAFERWAVE:

(7/10)

Kids brains are rapidly developing- cells are multiplying, relying on quality DNA for good cells. DNA acts like an aerial and if it receives bad signals its information can become corrupted. Children should only have phones for emergency use and then with the lowest possible SAR value.

Teens are also vulnerable

Do you want smart or dumb adults? Teens brains are still developing- and they seem to spend a lot of time on the phone.

This is not safe! - no separation



Harm factor

(10/10) SAFERWAVE: (4/10)

Unprotected:

Holding away helps - but ferrite would help



Harm factor Unprotected:

(10/10) SAFERWAVE: (4/10)

Texting is a



Harm factor

Unprotected: (10/10)

(4/10)

Spreading the harm

The signal from phones spreads to around a metre: so please take care of your friends out and about and in the office! Sharing some things is OK - but not phone signals - there is no separation here!

Dumhheads?



Harm factor Unprotected: (10/10)

SAFERWAVE:

Don't harm your friends



Harm factor Unprotected:

(10/10) SAFERWAVE: (2/10)

This is not good sharing!



Unprotected:

(10/10) (SAFERWAVE:

Mobile phones when travelling

In any metal enclosure the signal is amplified and bounces around.

Cars - use external aerial only



Harm factor Unprotected: (10/10) SAFERWAVE: (9/10)



Harm factor Unprotected: (10/10)

(8/10)



Unprotected: (10/10)

SAFERWAVE: (8/10)