TRUE

PERFORMANCE SERIES



Core Drive™ (Single Crank)	Drive System
Fixed - 21" (53 cm)	Stride
25 - 450 Watts	Workload Range
Advanced Custom LED	Display Type
Time, Distance, RPM, Heart Rate,	Data Readouts
Level, METs, Watts, Calories	
16 Character Alphanumeric	Message Center
Yes	Quick Start
Numeric Keypad	Key Functions
Yes	Express Command Keys
4 - Random, Fat Burn, Cardio, Hills	Pre-Set Workouts
No	Entertainment Ready
Contact Heart Rate + Wireless	Heart Rate Monitoring
Yes	HRC (Heart Rate Control®)
1 Target	HRC Workouts
Yes	Cruise Control®
No	Pause Feature
Yes	Reading Rack / CD Holder
Yes	Accessory / Water Bottle Holder
Extended Handrails for Easy Entry	Safety Features
& Exit, Side Step-on Areas & Low	
Step-up Height	
Ergonomically Designed	Upper-Body Only Arms
2" (5 cm)	Pedal Spacing
Soft Step™ Cushioned	Footpad Surface
Anti-fatigue Material	
Foot Skate Lowest Position: 11" (28 cm)	Step-up Height
2 in front	Transport Wheels
Self Generating	Power Source
Powder Coated Welded Steel	Frame
63"H x 61"L x 35"W	Footprint
(160 cm x 155 cm x 89 cm)	
352 lbs (160 kg)	Elliptical Weight
300 lbs (136 kg)	Maximum User Weight
Frame (Life),	Warranty
Parts (3),	

Labor (1)



PERFECTLY BALANCED TOTAL-BODY WORKOUTS

TRUE Fitness® has set the cardio standard with a revolutionary new design in elliptical technology. Developed specifically for the light commercial market, the TRUE PSX with its patented Core Drive™ system is centered to deliver a perfectly balanced, total-body workout. The natural motion of the PSX is unmatched by front- or rear-drive elliptical machines, and the exclusive side steps allow the user to "step off" and isolate the upper-body. The compact footprint along with the self-generating power source allows for placement virtually anywhere − maximizing valuable floor space. The PSX is the only full-body, cross-training elliptical machine for your facility.

