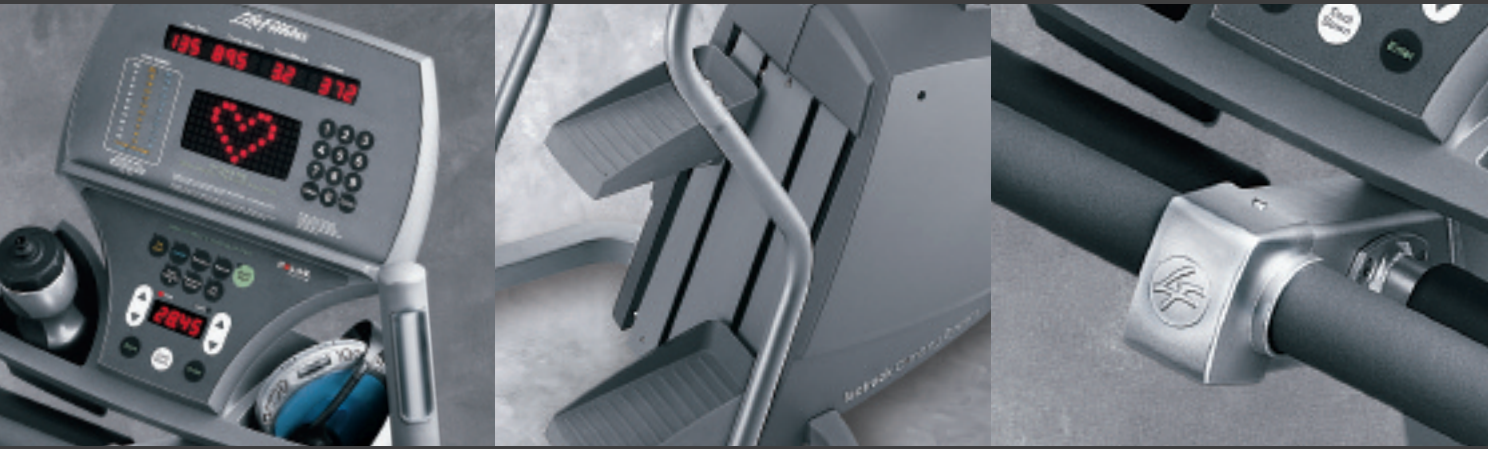




*955e*



# 90 SERIES

## CARDIO STAIRCLIMBERS

### *Step up to a full line of cardio*

The 90 Series stairclimbers complete our family of cardio products and add even more depth to your offering. The technology and ergonomic design of these virtually maintenance-free, self-powered, independent-motion stairclimbers will give your facility a leg up on the competition.

### *Performance features*

#### ▶ SMOOTH-STEPPING EXERCISE

The IsoTrack™ climbing system with mono-roller, belt-driven design ensures a smooth, low-impact exercise experience.

#### ▶ ERGONOMIC EXPERTISE

The ergonomically angled linear slide mechanism mimics a natural stepping motion and develops each leg independently for balanced results. Handlebars provide support and help ensure biomechanically correct posture.

#### ▶ SELF-POWERED CONVENIENCE

You can place your stairclimbers anywhere in your facility. (Models with integrated or attachable LCD screens require external power source.)

#### ▶ HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the ergonomically correct handlebars to provide precise heart rate monitoring, and Polar telemetry provides accurate, “hands-free” heart rate monitoring.

(See specifications on page 42 for heart rate monitoring system availability.)

#### ▶ MOTIVATING WORKOUT VARIETY

Zone Training+™ workouts automatically adjust the resistance level to keep users in their target heart rate zone. Goal-based workouts and interval workouts keep users motivated.

#### HIGHLIGHTED FEATURE

#### ▶ SUPERIOR BELT-DRIVEN SYSTEM



Exercisers get the smooth, popular independent stepping action they want, and you get the virtually maintenance-free belt-drive system you need. Only Life Fitness combines these great features in one outstanding stairclimbing machine.



□ **955e**

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- E<sup>3</sup> Integrated LCD™ System with Touch Screen Technology
- Heart Rate Monitoring: Lifepulse™ hand sensors and Polar® telemetry
- 26 workouts, including 5 ZoneTraining+™ workouts
- User can select from up to 13 different languages
- Integrated reading rack and accessory tray
- E<sup>3</sup> Integrated LCD™ System
  - FM radio-ready
  - Up to 180 available channels



□ **955i**

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- Dual-level alphanumeric LED console
- Heart Rate Monitoring: Lifepulse™ hand sensors and Polar® telemetry
- 26 workouts, including 5 ZoneTraining+™ workouts
- User can select from up to 9 different languages
- Integrated reading rack and accessory tray
- Self-powered; optional plug-in accessory
- Available with Attachable LCD with E-Z TV™ Console (95SEZ) or Attachable LCD Entertainment System

\*Actual product colors may differ from printed images shown. See page 42 for complete specifications.



### □ 935

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- Alphanumeric LED console
- Heart Rate Monitoring: Polar® telemetry
- 17 workouts, including 5 ZoneTraining+™ workouts
- User can select from up to 9 different languages
- Integrated reading rack and accessory tray
- Self-powered
- Available with Attachable LCD Entertainment System



### □ 905

- IsoTrack™ Climbing System
- Optional ergonomically designed handlebars for support and proper upright position
- Alphanumeric LED console
- Heart Rate Monitoring: Polar® telemetry is optional in U.S.
- 8 workouts, 2 ZoneTraining+™ workouts optional in U.S.
- User can select from up to 9 different languages
- Integrated reading rack and optional accessory tray
- Self-powered
- Available with Attachable LCD Entertainment System

# Stairclimbers

**KEY:**

• Standard   ◦ Optional   – Unavailable

	95Se	95Si	93S	90S
<b>HEART RATE MONITORING</b>				
Polar® Telemetry (chest strap required)	•	•	•	◦
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)	•	•	–	–
<b>WORKOUTS</b>				
Classic Workouts: Hill, Random, Manual, Quick Start	•	•	•	•
Zone Training+™ Heart Rate Workouts	•	•	•	•
- Cardio, Fat Burn	•	•	•	•
- Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate	•	•	•	–
Interval Workouts: Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training	•	•	•	–
Goal Workouts	•	•	•	•
- Watts, METs	•	•	•	•
- Calories, Distance, Time in Zone	•	•	–	–
Personal Trainer Workouts: 6 Customizable Workouts	•	•	–	–
Customized Cool Down	•	•	•	–
<b>DISPLAY READOUT</b>				
Elapsed Time, Total Calories Burned, Workout Profile, Resistance Level, Floors Per Minute, Total Floors Climbed	•	•	•	•
Calories Burned Per Hour, Watts, METs	•	•	•	–
Heart Rate	•	•	•	•
Language Choices*	13	9	9	9
<b>DISPLAY TYPE</b>				
E <sup>3</sup> Integrated LCD™ System: For more information see LCD Solutions on page 43	•	–	–	–
LED	–	•	–	–
- Alphanumeric message center, workout profile and lower level time/level display	–	•	–	–
- Alphanumeric message center and workout profile	–	–	•	•
<b>SPECIAL FEATURES</b>				
IsoTrack™ Climbing System	•	•	•	•
Integrated Reading Rack	•	•	•	•
Integrated Accessory Tray	•	•	•	◦
Support Handlebars	•	•	•	◦
Oversized Non-slip Pedals	•	•	•	•
Front Wheels for Easy Mobility	•	•	•	•
Dedicated Keypad	–	•	–	–
On-the-Fly Programming	•	•	•	–
Resistance Levels	21	20	20	20
Plug-in Accessory	•	◦	–	–
Service Enhancements: Manager's Optional Settings and Service Diagnostics	•	•	•	•
Networking Capabilities: CSAFE-Ready, FitLinxx Certified	•	•	◦	–
Attachable LCD Entertainment Solutions: For more information see LCD Solutions on page 43	–	◦	◦	◦
<b>TECHNICAL SPECIFICATIONS</b>				
Maximum User Weight: 350 lbs (160 kg)	•	•	•	•
Power Requirements	•	◦	–	–
- AC power line, 115 volt, 15 amp (voltage may vary outside U.S.)	•	◦	–	–
- Self-Powered	–	•	•	•
- Auto Start: brings power to console when user begins pedaling	•	•	•	–
Length	50" (127 cm)			
Width	32" (81 cm)			
Height	64.5" (164 cm)			
Unit Weight	170 lbs (77 kg)	165 lbs (75 kg)	155 lbs (70 kg)	
Warranty**	•	•	•	•
- 2-year limited warranty on all mechanical and electrical components	•	•	•	•
- 1-year labor	•	•	•	–
- Attachable LCD Entertainment System option: 2-years electrical and mechanical parts; 90 days labor	–	•	•	•

\*Japanese available with CCD console. \*\*Warranties outside the U.S. may vary. Specifications subject to change.