



ALT•AST (GPT•GOT)

Alanine Aminotransferase (Glutamate Pyruvate Transaminase) and Aspartate Aminotransferase (Glutamate Oxaloacetate Transaminase) Test Cassette

REF 12-788

CLIA WAIVED - This test is waived under CLIA'88 regulations. Each laboratory or testing site using this test system must have a CLIA Certificate of Waiver. To obtain a Certificate of Waiver, refer to CMS website (<http://www.cms.hhs.gov/CLIA/>) or Cholestech (www.cholesteck.com) for an application. Laboratories must follow the manufacturer's instructions. If a laboratory modifies the test system instructions, then the test is considered high complexity and subject to all CLIA requirements.



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Refer to the CD in the Cholestech LDX® analyzer package for instructions in English. The instructions are also available from your local distributor

Le CD contenu dans l'emballage de l'analyseur Cholestech LDX inclut les directives d'utilisation en français. Le mode d'emploi est également disponible auprès du distributeur local.

Anweisungen auf Deutsch befinden sich auf der CD in der Verpackung des Cholestech LDX-Analysegeräts. Die Anleitung ist auch von Ihrem Händler erhältlich.

Fare riferimento al CD nella confezione dell'analizzatore Cholestech LDX per istruzioni in italiano. Le istruzioni sono disponibili presso il distributore di zona.

Consulte el CD incluido en el envase del analizador Cholestech LDX para obtener instrucciones en español. También puede pedir las instrucciones a su distribuidor local.

Consulte o CD no pacote do analisador LDX Cholestech para instruções em português. As instruções estão disponíveis junto do seu distribuidor local.

Der henvises til den vedlagte CD i Cholestech LDX-analysatorpakken for instruktioner på dansk. Instruktionerne fås hos den lokale forhandler.

Se CD:n i Cholestech LDX-analysatorförpackningen beträffande instruktioner på svenska. Instruktionerna finns att få hos din lokala återförsäljare.

Hvis du vil ha flere instruksjoner, kan du se CDen som følger med i Cholestech LCX-analysatorpakken. Instruksjonene fås også hos din nærmeste forhandler.

Türkçe talimat için Cholestech LDX Analizör paketindeki CD'ye bakınız. Talimat yerel distribütörünüzden elde edilebilir.

Ανατρέξτε στο CD στη συσκευασία του Αναλυτή Cholestech LDX για οδηγίες στα Ελληνικά. Οι οδηγίες είναι διαθέσιμες από τον τοπικό διανομέα σας.

Pokyny v angličtine ziskate z disku CD, ktoré sa nachádza v balíku analyzátora Cholestech LDX. Pokyny môžete tiež získať od miestneho distribútora.

INTENDED USE

An *in vitro* diagnostic for the quantitative determination of alanine aminotransferase (ALT) and aspartate aminotransferase (AST) in whole blood.

SUMMARY AND EXPLANATION

Alanine aminotransferase is an enzyme that catalyzes the conversion of alanine to pyruvate. Aspartic acid aminotransferase is an enzyme that catalyzes the conversion of

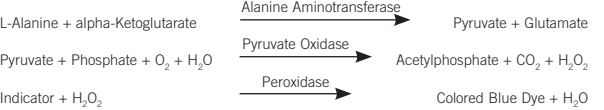
aspartic acid to oxaloacetate. Both are found in cardiac and skeletal muscle, the liver, and other tissues. ALT is most prevalent in the liver. ALT and AST levels are a reflection of alterations in liver function and therefore are a valuable measurement of damage to the liver. Liver damage may be due to chronic alcohol or drug ingestion, or infection. There are a number of lipid-lowering drugs available to treat hyperlipidemia. A side effect of such therapy can be a persistent increase in serum ALT and/or AST (to more than 3 times the upper limit of normal) in about 1% of patients receiving lipid-lowering therapy. It is suggested that patients undergoing lipid-lowering drug therapy should be tested for ALT and AST before (baseline) and shortly after initiation of therapy and then periodically thereafter to determine the ALT and AST levels.

Alanine aminotransferase and aspartic acid aminotransferase can be measured from a single drop of blood using the Cholestech LDX System's rapid, accurate technology. An AST/ALT ratio is calculated using the measured values.

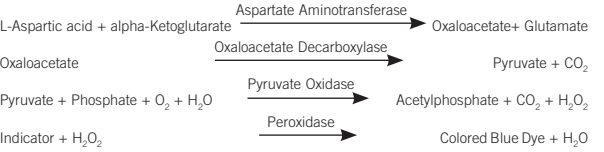
PRINCIPLES OF THE PROCEDURE

The Cholestech LDX System combines enzymatic methodology and solid-phase technology to measure ALT and AST. Samples used for testing can be whole blood from a fingerstick (collected in a heparin-coated capillary tube) or venous whole blood. The sample is applied to a Cholestech LDX ALT/AST cassette. The cassette is then placed into the Cholestech LDX Analyzer where a unique system on the cassette separates the plasma from the blood cells. The plasma flows to both sides of the cassette and is transferred to the ALT and AST reaction pads.

The Cholestech LDX Analyzer measures alanine aminotransferase by an enzymatic method based on the method formulation of Katsuyama et al.^{1,2} Alanine aminotransferase catalyzes the transfer of amino groups from L-alanine to alphaketoglutarate, producing pyruvate and glutamate. Pyruvate oxidase, in the presence of oxygen, oxidizes the pyruvate to acetylphosphate and hydrogen peroxide. In a reaction catalyzed by horseradish peroxidase, the peroxide reacts with an indicator dye to form a blue color at a rate proportional to the ALT concentration of the sample. The resultant color in the reaction is measured by reflectance photometry.



The Cholestech LDX Analyzer measures aspartate aminotransferase by an enzymatic method based on the method formulation of Katsuyama et al.^{1,2} Aspartic acid aminotransferase catalyzes the transfer of amino groups from L-Aspartic acid to alpha-Ketoglutarate producing oxaloacetate and glutamate. Oxaloacetate Decarboxylase converts the Oxaloacetate to Pyruvate by the removal of CO₂. Pyruvate oxidase, in the presence of oxygen, oxidizes the pyruvate to acetylphosphate and hydrogen peroxide. In a reaction catalyzed by horseradish peroxidase, the peroxide reacts with an indicator dye to form a blue color at a rate proportional to the AST concentration of the sample. The resultant color in the reaction is measured by reflectance photometry.



A brown magnetic stripe on each cassette contains the calibration information required for the Cholestech LDX Analyzer to convert the reflectance reading to the ALT and AST concentrations in U/L, 37°C (99°F).

REAGENTS AND MATERIALS

Materials Provided

Cholestech LDX ALT•AST Cassettes

Each ALT•AST Cassette contains a minimum of:

	ALT	AST
L-Alanine, µg	24.5	-
L-Aspartic acid, µg	-	26.0
alpha Ketoglutaric acid, µg	2.43	2.43
Sodium phosphate monobasic, µg	2.93	3.08
Oxaloacetate decarboxylase, U	-	0.11
Pyruvate oxidase (<i>Aerococcus viridans</i>), U	0.64	0.67
Peroxidase (horseradish), U	0.96	1.01
Ascorbate oxidase (<i>Cucurbita</i> sp.), U	0.53	0.56
(Indicator) 2-(3,5 di-tert-butyl-4-hydroxyphenyl)		
4,5-bis (4-dimethylaminophenyl)imidazole, µg	2.36	2.36
Nonreactive ingredients: buffers and stabilizers		

Materials Required But Not Provided

- Cholestech LDX Analyzer and power supply
- Alcohol swabs and gauze for cleaning puncture site
- Lancets for capillary blood collection
- Cholestech LDX 35 µL Capillary Tubes (with lithium heparin anticoagulant)
- Cholestech LDX Capillary Plungers
- Gloves
- Biohazard waste containers
- Quality control material
- MiniPet™ Pipette and tips or micropipetter that will deliver 35 µL for use with venipuncture samples and quality control material
- Vacuum collection tubes, needles, tube holders and sample tubes if the sample is to be collected by venipuncture

PRECAUTIONS

For professional *in vitro* diagnostic use only.

All blood samples, containers, capillary tubes and materials that have come in contact with blood should be handled as if capable of transmitting infectious disease and discarded into a biohazardous waste container after use.

STORAGE AND HANDLING

Cassette Storage and Stability

Cassettes **must** be stored in the sealed foil pouches.

Place cassettes in the refrigerator after receipt. Cassettes may be used until the date printed on the pouch when stored in a refrigerator (36-46°F / 2-8°C).

The cassettes may be stored for up to 30 days at room temperature (48-86°F / 9-30°C). The new expiration date is the date the cassettes are placed at room temperature plus 30 days. Write the new expiration date on the side of the cassette box in the space provided.

IMPORTANT: Once the cassettes have been stored at room temperature, they should not be returned to the refrigerator.

- Do not use a cassette beyond the printed expiration date.
- Do not use a cassette that has been stored at room temperature for more than 30 days.
- Do not reuse cassettes.

Cassette Handling

Cassettes should sit at room temperature for 10 minutes before opening the pouch. Use the cassette as soon as the pouch is opened.

SPECIMEN COLLECTION AND HANDLING

Sample Type

The Cholestech LDX System is CLIA waived for fingerstick or venous whole blood unprocessed samples only. If you run serum or plasma on the Cholestech LDX System you will have to comply with the regulations for moderate complexity. See the Cholestech LDX System User Manual for a summary of these regulations.

Sample Requirement

- Sample Volume: 35 µL of whole blood.

Fingerstick whole blood

- Collect the sample from a fingerstick into a Cholestech LDX 35 µL Capillary Tube. (See the Fingerstick Procedure below).
- Place the blood into the cassette within 5 minutes after collection.
- Blood from the fingerstick should flow freely. Too much squeezing of the finger may cause poor results.

Venous whole blood

- Collect blood into a green-top tube (heparin anticoagulant).

IMPORTANT: Do not use a tube with any other additives because it may cause inaccurate results.

- Use a MiniPet Pipette and tip to place blood into the cassette.
- Whole blood should be used within 30 minutes.
- Samples should be at room temperature for testing.
- Mix all samples by inverting gently 7-8 times before testing.

TEST PROCEDURE

Calibration

No calibration is performed by the user. Test information is encoded on the brown stripe of the cassette. The brown magnetic stripe is read by the Cholestech LDX Analyzer each time a cassette is run.

An Optics Check should be run on the Analyzer each day that patient samples are tested. See the Cholestech LDX User Manual for instructions.

IMPORTANT: A warm hand and good blood flow from the puncture site are essential in order to collect a good capillary sample.

WARNING: Squeezing the finger excessively may cause inaccurate test results.

Fingerstick Procedure

- The patient should sit quietly for five minutes before the blood sample is collected.
- Put a capillary plunger into the end of a Cholestech LDX 35 µL Capillary Tube with the red mark. Set aside.
- Choose a spot that is on the side of **one of the center fingers** of either hand. The fingers and hands should be warm to the touch. To warm the hand, you can:
 - Wash the patient's hand with warm water, or...
 - Apply a warm (not hot) compress to the hand for several minutes, or...
 - Gently massage the finger from the base to the tip several times to bring to blood to the fingertip.**
- Clean the site with an alcohol swab. Dry thoroughly with a gauze pad **before pricking the finger.**
- Firmly prick the selected site with a lancet.
- Squeeze the finger gently to obtain a large drop of blood. Wipe away this first drop of blood as it may contain tissue fluid.
- Squeeze the finger gently again while holding it downward until a second large drop of blood forms. **Do not milk the finger.** The puncture should provide a free-flowing drop of blood.
- Hold the capillary tube horizontally or at a slightly descending angle by the end with the plunger. Touch it to the drop of blood without touching the skin. The tube will fill by capillary action to the black mark. **Do not collect air bubbles.** If it is necessary to collect another drop of blood, wipe the finger with gauze then massage again from base to tip until a large drop of blood forms.
- Fill the capillary tube within 10 seconds.
- Wipe off any excess blood from the finger and have the patient apply pressure to the puncture until the bleeding stops.

Using the Cholestech MiniPet Pipette

Use this procedure to apply a venous blood sample, or control, calibration verification or proficiency testing materials to the cassette. Any pipette that can deliver 35 µL may be used.

- Firmly attach the pipette tip to the end of the 35 µL MiniPet Pipette. Use a new tip for each sample.
- To fill the pipette, push the plunger down as far as you can. Place the pipette tip midway into the sample and **slowly** release the plunger. Confirm that no air bubbles are in the pipette tip.
- Place the pipette tip into the cassette sample well. Dispense the sample into the cassette sample well by pressing the plunger down. Move the pipette tip out of the sample well before releasing the plunger again.
- Remove the pipette tip and throw it away in a biohazard waste container.

IMPORTANT: If the plunger is released before the pipette tip is out of the sample well, it will remove the sample just dispensed.

IMPORTANT: Keep the cassette horizontal at all times after applying the sample.

Running a Test

- If the cassettes have been refrigerated, allow them to come to room temperature (at least 10 minutes) before opening.
- Make sure the Analyzer is plugged in and has warmed up.
- Remove the cassette from its pouch. Hold the cassette by the short sides **only**. Do not touch the black bar or the magnetic stripe. Place the cassette on a flat surface.

IMPORTANT: Gloves should be worn whenever working with blood samples.

- Press **RUN**. The Analyzer will do a selftest, and the screen will display:

Selftest running.

Selftest OK

- The cassette drawer will open, and the screen will display:

Load cassette and press RUN.

- Place the sample into the cassette well. Use a Cholestech LDX Capillary Tube for fingerstick samples. Use a 35 µL MiniPet Pipette for venous blood samples and quality control, calibration verification, and proficiency testing materials.

IMPORTANT: Fingerstick samples must be applied within five (5) minutes or the blood will clot.

- Keep the cassette flat after the sample has been applied. **WARNING: Allowing the sample to sit in the cassette will cause inaccurate results. Immediately** place the cassette into the drawer of the Analyzer. The black reaction bar must face toward the Analyzer. The brown magnetic stripe must be on the right.
- DO NOT PUSH IN THE DRAWER.** Press **RUN**. The drawer will close. During the test, the screen will display:

ALT-AST
Test Running***

- Put everything that touched the blood samples or control, calibration verification, or proficiency testing material into a biohazardous waste container.
- When the test is complete, the Analyzer will beep, and the screen will display:

ALT=### AST=###
AST/ALT=###

- Press **DATA** to view additional results.
- When the results are outside the measuring range of the test, the screen will display:

[Test Name]>400

or

[Test Name]<10

- If there is a problem with the test, a message will appear on the screen. See the Troubleshooting section of the Cholestech LDX System User Manual if this happens.

Please call Cholestech Technical Service at 1.877.441.7440 or 1.321.441.7200 to report any problems or if you have questions about the operation of the Cholestech LDX System.

- When the drawer opens, remove the cassette, and put it in a biohazardous waste container. Leave the Analyzer drawer empty when not in use.
- Record the results on the appropriate form.
- To run another cassette, press **RUN**. The screen will display:

Load cassette and press RUN.

- Repeat step 3, and steps 6 through 15.

IMPORTANT: If you do not want to run another test and the drawer is open, press STOP to close the drawer.

- Otherwise, after four minutes a beep will sound and the screen will display:

System timeout
RUN to continue

- If necessary, press the **DATA** button to view the results from the last cassette used.

IMPORTANT: Pressing the RUN button will erase the previous result.

