

User Manual English



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## 1. Introduction

The digital insulin pen pendiq<sup>®</sup> is designed to deliver insulin for the insulin-required diabetes mellitus. With this pen you can adjust every dose up to increments as small as 0.1 U (0.001ml) and with the memory function you can review your injection history with the date, time and amount of insulin delivered.

This manual gives you instructions on how to use and maintain your pen. You should read and follow the instructions carefully before you start using the pen. Please keep this manual for your reference and register online on our website **www.pendiq.com**.

Other languages?

Please check out our website **www.pendiq.com** for a download of this user manual in other languages.

#### Important information for the safe use of the pendiq® pen.

Ocompatibility: The pendiq<sup>®</sup> pen is only suitable for the use of 3ml insulin cartridges (300 Units, U 100 insulin) of the manufacturers Lilly<sup>®</sup>, Sanofi-Aventis<sup>®</sup> and Berlin-Chemie<sup>®</sup>. Insulin cartridges from manufacturers other than the stated manufacturers are not suitable for the pendiq<sup>®</sup> pen and may not be used. The intended functionality of the pendiq<sup>®</sup> is not secured when using insulin cartridges that are not adequate for the pendiq<sup>®</sup>.

Do not use insulin cartridges from manufacturers other than the manufacturers stated above.

- The manufacturer is not responsible for the safety, dosage accuracy and functionality as well as any damage caused by the usage of insulin cartridges that are not adequate for the pendiq<sup>®</sup>.
- Sefore using your pendiq®, you should consult your healthcare professional and read this important information carefully. The manufacturer is not responsible for any problem or damage caused by not following the instructions.
- Onsult your healthcare professional, if you encounter abnormal blood glucose levels.
- ⚠ The pen is not designed for the blind or visually impaired without a trained assistant.
- Before using the pen for the first time, check that the date and time is set correct.

- Only inject into an area advised by your healthcare professional or doctor.
- Por safety reasons it is recommended not to let the alarm sounds be turned off constantly as important alarm sounds (e.g. blockage) are also muted.
- Always make sure that the pen body and the cartridge holder are firmly screwed together before the injection.
- Always make sure that the pen needle is removed from the cartridge holder before priming.
- Never insert a used or previously inserted cartridge into the cartridge holder.
- Always make sure that there are enough units left for your dose.
- 1 In case your pen is lost or damaged, always carry an extra medicine delivery device and extra medicine.
- Before the injection, you should check if you have inserted the correct insulin type as prescribed by your healthcare professional.
- Always remove possible air bubbles before each injection by producing a drop of insulin appearing at the needle tip.

- O Do not share this pen with other people to prevent infection.
- If you require the assistance of another person for the injection, please pay extra attention when handling the pen as the pen needle may injure you or your assistant and may lead to infections.
- On not modify or disassemble the pen. Do not use the pen if any part of your pen looks broken or damaged. Contact your local supplier or your healthcare professional.
- Note that the safety reasons a damaged pendiq® may not be used.
- O Do not pull out the USB lid or manual switch lid by force.
- On not use a non-sterile pen needle.

  Health care professionals strongly recommend not reusing a pen needle. Using a new needle for each injection will minimize the risk of infections and a pen needle blockage.

- The inserted insulin cartridge and the cartridge manufacturer in the settings must match. If they don't match the pen cannot recognize the exact residual amount of insulin in the cartridge and the amount of units displayed may then differ from the real residual amount. This can result in the injection of an incorrect dose.
- Do not keep the needle attached to the pen after the injection.

  Always safely withdraw and dispose the used needle. Always follow general safety measures for the removal and disposal of needles in order to minimize the risk of unintended needle penetration and transmission of infectious diseases. Otherwise, it may cause incorrect insulin delivery, leakage of insulin and unintended needle injury, etc.
- On not expose the pendiq<sup>®</sup> to moisture.

  pendiq<sup>®</sup> is not water-proof and holds no protection against the ingress of water or moisture.

  When exposed to water or moisture the pen may suffer damages and not function properly.
- O Do not store in the refrigerator.
- $\bigcirc$  Do not use water when cleaning the pendiq $^{\circ}$ . Do not immerse the pen in water.
- O Do not throw or drop your pen on purpose as shocks and impacts may damage the pen.

- Neep away from heat and do not expose the pen to direct sunlight.

  When exposed to heat the pen may suffer damages and not function properly.
- Always make sure that the battery of the pen is well charged.

  It is recommended to fully charge the battery as often as possible to extend the duration of battery life.
- The motor function is limited while the pendiq is charging.

  Neither injections, nor priming or rewinding processes can be performed.
- Manual injection mode is only for emergencies! To avoid potential problems, do not use the manual injection mode while the pen works normally.
- 1 When using the manual injection mode only turn your pen in the direction as described in the manual.
- After using the manual injection mode please rewind your pen and drive the plunger forward afterwards.
- Keep away from electronic equipment including electromagnetic waves or frequency. pendiq® may suffer damages when exposed to electromagnetic waves.
- Neep away from flammables and do not use in the presence of a flammable anesthetic mixture with air or with oxygen or nitrous oxide.
- The pendiq® pen is also suitable for domestic use.

# 3. About pendiq®

#### 3.1 Contents of the package

Check if all the following items are contained in the product box:

- Digital insulin pen pendiq®
- Pen case
- User manual
- USB cable
- Extension disc (for Lilly® and Berlin-Chemie® cartridges only)
- Warranty card
- Registration card

## 3.2 pendiq® components



- A: Pen cap
- **B**: Pen body
- **C**: Cartridge holder
- **□**: Cartridge (not included)
- **E**: Pen needle (not included)
- F: Operation buttons (+), (-), (M), (ACT)
- G: LCD screen
- H: USB port
- I: Plunger and plunger foot
- J: Dose ring (for manual injection only)
- **K:** Extension disc

#### 3.3 Operation buttons



#### (ACT) button is used

- to turn on the pen
- to confirm an operation or setting
- to inject dose
- to return to home screen

#### (M) button is used

- to enter the menu
- to review memory
- to cancel an operation or setting (display returns to home screen)

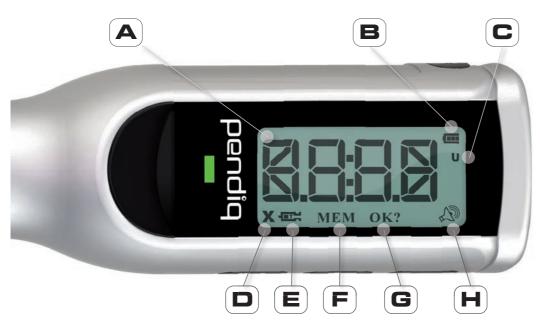
#### (+) button is used

- to increase number
- to prime
- to track forward in injection memory
- to drive the plunger forward

#### (-) button is used

- to decrease number
- to track back in injection memory
- to rewind the plunger

## 3.4 Display symbols



- A: To display operation status, numbers, symbols, etc.
- **B**: Battery status
- **C**: Display unit
- **□**: Blockage
- **E**: Insulin cartridge indicator
- **F**: Memory
- **G**: Confirmation
- **H**: Alarm sound on

# 4. Getting started with your pendig®

When you use your pendiq<sup>®</sup> for the first time, follow the steps below to get started. Before you use your pendiq<sup>®</sup> for the first time, you may need to charge the battery. Read chapter 11 "Charging the battery" for more information. The pendia® has no OFF button. The screen turns itself off after 60 seconds when no button is pressed. When going through the menu with the (M) button, you can always return to the home screen by pressing (ACT).

#### 4.1 Date & time setting



home screen

- Press (ACT) and hold for 3sec to turn on the display.
- The LCD screen now displays the home screen. When no cartridge is inserted and the plunger is completely rewound, the display will show more than 300.0 U as e.g. beside.



- Press (M) once and then press the (+) or (-) button. The 'year setting' will appear as shown beside. The last two digits of the year will flash.
- Adjust the year by **press**ing (+) or (-) and press (ACT) to confirm.

#### 4.1 Date & time setting



day & month



• The screen will then display the 'date and month setting' as shown beside. First the digits for the **day** setting will flash.

- Adjust the number by pressing (+) or (-) and press (ACT) to confirm.
- Now the last two digits for the **month** setting will flash. Adjust the number by pressing the **(+)** or **(-)** buttons and confirm with the **(ACT)** button.

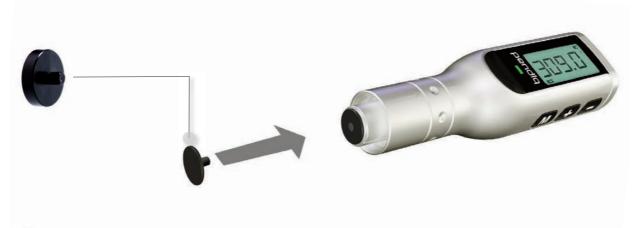
Next the 'time setting' screen will appear as shown beside. The time format is 24h.

- First the digits for the **hour** setting will flash.
- Adjust the number by pressing (+) or (-) and confirm with the (ACT) button. Now the last two digits for the **minute** setting will flash.
- Adjust the number by pressing (+) or (-) and press (ACT) to confirm. The display returns to the home screen.

If you want to interrupt or **cancel** the time and date setting or any operation, press **(M)** to return to the home screen.

#### 4.2 Extension disc (for Lilly® and Berlin-Chemie® cartridges only)

For Lilly® and Berlin-Chemie® cartridges the extension disc needs to be used as followed: Take the extension disc and attach it to the plunger foot as shown below.





The extension disc is only used for Lilly® and Berlin-Chemie® but not for Sanofi-Aventis® cartridges.

## 4.3 Inserting the cartridge

1. Pull off the pen cap.



2. Prepare new cartridge.



3. Unscrew the cartridge holder from the pen body.



#### 4.3 Inserting the cartridge





Once you have inserted the cartridge you will need to adjust the settings of the pen to the insulin manufacturer you use.

#### 4.4 Cartridge setting

- In case the screen is turned off, press (ACT) and hold for 3 sec to turn on the display. The home screen will appear.
- Press (M) 5x to go to 'cartridge setting'.
- Adjust the numbers by pressing (+) or (-) choosing the type of cartridge manufacturer you need. The pendiq® is only compatible with the insulin cartridges of the following insulin manufacturers:







CA02 : Lilly®, Berlin-Chemie®



CA03: Not yet

• Press (ACT) to confirm and the display will return to the home screen.



You set the insulin manufacturer once and unless the manufacturer prescribed by your healthcare professional changes, you don't have to adjust the cartridge type when inserting a new cartridge.

After you have set the correct insulin manufacturer in the cartridge setting you need to drive the plunger forward.

#### 4.5 Driving the plunger forward

In case you have screwed a pen needle onto the cartridge holder it is very important that you remove the pen needle again from the cartridge holder **before driving the plunger forward**. Otherwise the insulin will be ejected through the pen needle while driving it forward as the plunger will have no resistance due to the punctured rubber membrane of the insulin cartridge. Please make sure that the pen body and the cartridge holder are firmly screwed together before priming.

In case the screen is turned off, **press (ACT)** and hold for **3sec** to turn on the display.



## 4.5 Driving the plunger forward



- Press (M) 4x.
- The display will show four bars [----].



- Press (+) and the priming sign [<----] will appear.
- Hold the (+) button for 2 sec to start the priming process.



example remaining units

- When the plunger starts moving you can **let go** of the **(+) button**.
- Now the plunger will slowly move towards the cartridge and it will stop when the piston rod foot hits the end of the cartridge.
- The remaining units will be shown on the home screen.

Now your pendiq<sup>®</sup> is ready for injection.

## 5. Injection



The screen must be turned on for at least 60 seconds while you operate in the injecting mode.

Health care professional strongly recommend using a new pen needle for every injection. When a pen needle is used several times the medicine flow cannot be guaranteed as the pen needle may block. This leads to the injection of an incorrect dose, pendiq® recognizes when the medicine flow is affected and will signalise a blockage by showing a flashing cross **(X)** on the screen and a flashing red LED light. Additionally you will hear an acoustic signal.

#### 5.1 Attaching the pen needle



If you use longer acting NPH (Basal) insulin, you need to stir the insulin by turning the pen up and down at least 10x as per cartridge instructions before you attach the pen needle. Please read the patient information sheet of the insulin manufacturer.

- Take a new pen needle and remove the protective seal.
- Attach the needle by firmly screwing it onto the threads at the end of the cartridge holder.
- Remove the outer protective cap and the inner needle cap from the needle.

#### 5.2 Priming

Press and **hold (ACT)** for **3sec** to turn on the home screen. The remaining amount of insulin is displayed on the screen.



**Press (ACT)** to start injection mode. When you use pendiq® for the first time, no injection is saved on the pen yet and the display will show the priming screen.

priming

After you have used pendiq<sup>®</sup> once the display will show you the **last dose** delivered **alternating** between the **time** and the **units** last delivered. Confirm the last injection with (ACT) and the priming sign will appear.



e.g. time of your last injection



e.g. dose of your last injection

## 5.2 Priming



- Hold the pen with the needle pointing up in order to raise any air bubbles.
- **Press (+)** until you see a drop of insulin at the tip of the needle.
- Each time you press (+), **0.5U** will be ejected from the needle.

In case the insulin is not ejected through the needle tip even though you repeatedly press (+) to remove air, the pen needle may be blocked. In case of a blockage, the display will show a flashing (X) and the LED light will flash red. Additionally you will hear an acoustic signal. Use a new pen needle and repeatedly remove the air until a drop of insulin appears at the needle tip.

If you want to cancel the operation and move to the home screen, press (M).

#### 5.3 Setting your dose



dose

- Press (ACT) when a drop of insulin has appeared at the needle tip. When you use the pen for the first time, the display will show 1.0U. After the first use the display will either display the units that were last delivered or the dose of a pre-programmed injection (see chapter 8).
- Adjust the required dose with the (+) or (-) buttons.
- When you press (+) or (-), the number will be increased/decreased by 0.1U.
- When you press and hold (+) or (-), each time it will be increased/decreased by 1.0 U.

Although pendiq® can deliver doses as small as 0.1U **the recommended minimum amount for each dose is 0.5U**. The maximum amount for one dose is 60.0U. When you have reached the number 60 the red LED light will flash to inform you that you have reached the maximum dose limit.

You can **cancel** the setting of your dose at any time by **pressing (M)** and return to the home screen.

When you have set the required dose you will need to inject it.

#### 5.4 Injecting your dose

The number of units for your dose is now displayed on your LCD screen.

- Firmly hold your pen and **insert** the **needle** to your injection site using the injection technique recommended by your healthcare professional.
- Press (ACT) to start the injection process. The number on the display will now decrease to [0.0].
- Afterwards the pen will now count down from 15 to 0 seconds and during the countdown the LED light on the pen flashes green. This is how long it is recommended to keep the needle inserted in the injection area.



- After the 15 second countdown the screen will show the sign [End] on the display.
- The green light will flash 3x and you hear 4x a short acoustic signal.

#### 5.4 Injecting your dose



- Now you can withdraw the pen needle from your injection site.
- After the injection the remaining amount of insulin is automatically shown on the home screen.

example remaining units



If you think you are injecting a wrong dose, remove the pen needle immediately from your injection area.

## 5.5 Handling the pen needle after the injection

- Carefully place the outer cap back on the pen needle and unscrew the needle.
- Dispose the used needle as advised by your healthcare professional or according to local regulations.

# 6. Changing the cartridge

When the residual amount of insulin in the cartridge is 20.0U or lower the cartridge status sign on the display will start to flash to inform you that you will soon need to change the cartridge. To change the cartridge you will first need to rewind the plunger.

#### 6.1 Rewinding

- Pull off the pen cap. You will now see the transparent cartridge holder with the used cartridge.
- In case there is a pen needle still attached to the cartridge holder, remove the pen needle to avoid potential injuries.
- In case the display is turned off, press (ACT) and hold for 3sec to turn on the display.
- The LCD screen displays the remaining amount of insulin in the cartridge.



- Press (M) 4x.
- The display will show four bars [----].
- Press (-) and the rewinding sign [---->] will appear.

## 6.1 Rewinding



rewinding

- Hold (-) for 2sec to start the rewinding process.
- When the plunger starts moving, **let go** of the **(-) button**. The plunger will now slowly move all the way back.



driving forward

• When the plunger has completely rewound, the sign for driving the plunger forward [<----] will appear with an (OK?) in the right corner of the LCD screen as shown beside.



You can **interrupt** the process of driving the plunger forward or rewinding it at any time by **press**ing **(M)**. The plunger will stop and the display will return to the home screen. Follow the instructions to start again from the beginning. It is important that you to get familiar with the process of rewinding and driving forward the plunger.

#### 6.2 Changing

- Take off the pen cap and unscrew the transparent cartridge holder from the pen body.
- Take the used cartridge out of the cartridge holder.
- Insert the new cartridge into the cartridge holder.
- Screw the cartridge holder and the pen body together until it clicks into place.
- Dispose the used cartridge according to the instructions of the insulin manufacturer.

## 6.3 Driving the plunger forward

In case you have screwed a pen needle onto the cartridge holder it is very important that you remove the pen needle again from the cartridge holder before driving the plunger forward. Otherwise the insulin will be ejected through the pen needle while driving it forward as the plunger will have no resistance due to the punctured rubber membrane of the insulin cartridge.

Please make sure that the pen body and the cartridge holder are firmly screwed together before priming.

## 6.3 Driving the plunger forward



driving forward

- The LCD will now still display the following screen for driving the plunger forward again.
- Press (ACT) to start the process of driving the plunger forward. The plunger will stop when it hits the end of the cartridge.
- The remaining amount of insulin will be displayed on the home screen.

In case the screen turned itself off while you changed the cartridge, follow the steps below to drive plunger forward:



example home screen

• Press (ACT) and hold for 3sec to turn on the home screen.

When the plunger is completely rewound, the display will show more than 300.0U.

## 6.3 Driving the plunger forward



- Press (M) 4x.
- The display will show four bars [----].



- Press (+) and the priming sign [<----] will appear.
- Hold (+) for 2sec to start the priming process.
- When the plunger starts moving, **let go** of the **(+) button**.



example remaining units

- Now the plunger will slowly move towards the cartridge and it will stop when the piston rod foot hits the end of the cartridge.
- The remaining units will be shown on the **home screen**.

## 7. Dose memory

#### 7.1 Reviewing your last injection (time & units)

The pen is designed to prevent the risk of double dosages.

Therefore your last dose is always displayed when you enter injection mode.

#### To check your last injection, press (ACT) once.

Now the last injection is displayed on the LCD screen with the time and the amount of insulin delivered alternating.



e.g. time of your last injection



e.g. dose of your last injection

Press (M) to return to home screen.

#### 7.2 Total dose



• Press and **hold (ACT)** for **3sec** to turn on the home screen.



• Press (M) once to see present time.



 $\bullet$  Press (M) once more to see the  ${\bf total}$  of  ${\bf units}$  delivered today.

example total dose

## 7.3 Injection memory

- When the home screen is displayed, **press (M) 3x** to see your injection memory.
- The display will now show the **last dose** delivered, **alternating** between the **date, time and units** of the last dose (e.g. below).







- Press (-) to go back in dose history and review other previous doses.
- Each time you press (-), the memory will go back one injection.
- The screen will alternate between date, time and units of the dose.
- Press (+) to go forward in dose history.

## 7.3 Injection memory



• Press (ACT) to return to the home screen.

pendiq<sup>®</sup> greatest benefit is to save the **last 195 injections** with date, time and amount of units delivered. When you exceed 195 injections, the first injections will be deleted from the memory as the pen cannot store more than 195 injections. Please make sure that you transfer the memory regularly to your diabetes management software.

When you transfer the injection history to the software, pendiq<sup>®</sup> will not delete the data on the pen but always keep the last 195 injections saved.

### 8. Pre-programming injections

Pre-programming means that you can pre-program a fixed dose for a time segment of your choice.

pendiq<sup>®</sup> pre-programming is convenient because you can pre-program a maximum of **9 time segments** a day, each time segment delivering one pre-programmed dose.

#### 8.1 Programming time segments



example home screen

• Press (ACT) and hold for **3sec** to turn on the home screen. The remaining amount of insulin is displayed.



time segment number (flashing)

- Press (M) 6x to go to 'pre-programming' option as shown beside.
- Press (ACT) to enter 'time segment setting'.
- The t on the left side of the display means time segment. On the right side of the display you will see the time segment number flashing.



example 3 time segments

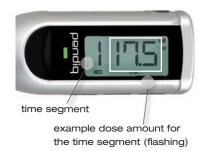
• Choose how many time segments you would like to program by pressing (+) or (-) and confirm by pressing (ACT). You can pre-program up to 9 time segments.

ti



- After you have confirmed the number of time segments you would like to program, the 'time setting' of the first time segment will appear as shown beside.
- To the left side on the screen you will see the time segment you would like to program. To the right side of the screen you can choose when you would like your time segment to start.

  The time format is 24h.
- Adjust **starting time** by pressing (+) or (-) and press (ACT) to confirm. A time segment ends automatically with the starting time of the next time segment.



- The right side of the screen will now show you the dose amount you need to adjust.
- Adjust units by pressing (+) and (-). When you have chosen the required dose for the time segment, press (ACT) to confirm.

Set the starting time and dose for the next time segments as previously explained and confirm settings with (ACT).

example next time segments







dose (flashing)



starting time (flashing)



dose (flashing)



example home screen

After you have confirmed the dose amount for the last time segment, the display will return to the home screen.

You can program up to 9 time segments.

The following illustration will give you an example of pre-programmed time segments.



The starting time of a time segment is automatically the ending time of the previous time segment.

These are only examples of pre-programmed time segments. The time segments programmed will automatically be repeated every 24 hours unless the pre-programmed mode is deactivated.

If you want **to deactivate** the pre-programmed time segments, **choose** time segment **0** in 'time segment settings' and confirm with **(ACT)**.

To review your time segment settings at any time, press (M) 6x and enter the 'pre-programming setting' with (ACT).

Use the (ACT) button to review and confirm your pre-programmed time segments.

#### 8.2 Change number of time segments

To change the number of time segments you have programmed previously, you will have to return to 'time segment setting'.



- Starting from the home screen, **press (M) 6x**. The display will show you how many time segments are programmed so far.
- Press (ACT) to enter 'time segment setting'. The time segment number will now flash.
- Choose new number of time segments by pressing (+) or (-) and confirm with (ACT).
- Set starting time and dose for the time segments as previously explained and confirm settings with (ACT).
- After you have confirmed the dose amount for the last time segment, the display will return to the home screen.

If you would like to **cancel** the starting time or dose setting of a time segment, **press (M)**. The display will then return to the time segment screen. Now you can choose again how many time segments you would like to program. If you want to **reset** the preprogrammed time segments and therewith turn off the preprogramming mode, **press (M)**. The time segment number will change to zero. To confirm the reset press (ACT). To cancel and return to home screen, press (M).

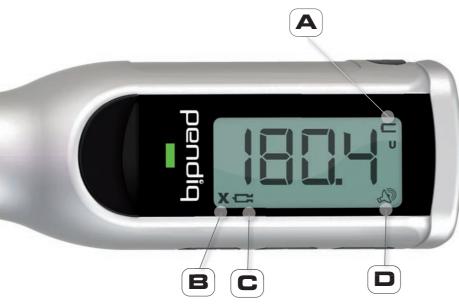
#### 8.3 Injecting time segment dose

During a time segment the pre-programmed dose for a time segment is saved in the injection mode, so you can deliver the dose quickly and easy.

- Press and hold (ACT) for 3 sec to turn on the home screen.
- Press (ACT) again to enter 'injection mode'. The screen will now display last injection delivered alternating between time and amount.
- Press (ACT) to proceed to removing air bubbles (chapter priming).
- After you have attached a new, sterile pen needle on the cartridge holder and have removed the outer and inner cap, you need to prime the pen needle.
- Hold the pen with the needle facing upwards.
- Press (+) repeatedly until a drop of insulin appears at the needle tip.
- After you primed the pen, **press (ACT)** to proceed.
- The screen will now display the pre-programmed dose of the time segment you are in.
- If you would like to inject more or less than your time segment dose, adjust the number of units by using (+) or (-).

If you would like to proceed with the injection of your pre-programmed dose, insert the pen needle into your injection site using the injection technique recommended by your healthcare professional, and press (ACT) to start the injection.

### 9. Description of alarm signals on the display



A : Battery symbols

When the **battery** is **low** the battery image flashes.

When the **battery** status is **critical**, the battery symbol is no longer displayed and the LED light flashes red.

When the **battery** is **empty**, the LCD screen turns itself off and won't turn itself on again until the battery is charged.

- **B**: When the **pen needle** is blocked the X on the display flashes. Also the LED light flashes red and you hear an acoustic signal (beep).
- **C**: If the **residual amount** is less than 20.0U, the insulin cartridge image flashes.
- : When the bell symbol is displayed on the home screen, the alarm sounds are turned on.

### 10. Alarm sounds on/off

- Press (ACT) and hold over 3sec to turn on the home screen.
- The remaining amount of insulin is displayed on the home screen.
- Press (M) 7x to enter 'alarm sounds settings'. The display will show the word bell.
- Choose with (+) or (-) the alarm sound setting.







home screen with alarm on

Press (ACT) to confirm.

When the alarm sounds are turned on, the bell symbol is displayed on the home screen.

The alarm sounds are optional so that the diabetic has the possibility to inject insulin discreetly in public places.

But it is recommended not to let the alarm sounds be turned off all the time as important alarm sounds (e.g. for a pen needle blockage) will be also muted. When you choose to turn off the alarm sound, please pay extra attention to the alarm signals of the LED light on the pen body.

### 11. Charging the battery



If the LED light of the pendiq<sup>®</sup> does not show a green light while your pen is recharging, you have to check the USB cable connection. The motor function is limited while the pendiq is charging. Neither injections, nor priming or rewinding processes can be performed.

#### 11.1 Charging the battery using the USB cable



- Open the USB port cover on the side of your pen.
- Take the USB cable that was delivered with the product box and plug in the end
  of the USB connection into the USB port of the pen.
- Connect USB cable with your computer or with a USB charger (not contained in the product box) to charge your pen.
- While the pen is charging, the LED light will show a flashing green light.
- When your pen is completely charged, the LED light shows a consistent green light and you can remove the charger from your pen.
- O Do not use a USB cable other than the USB cable contained in the product box.
- O Do not try to change or remove the battery. It cannot be replaced.

#### 11.2 Using the USB cable for the transfer of data



• Open the USB port use cover on the side of your pen.

- Plug in the small end of the USB cable into the USB port of your pen.
- Connect the USB cable with the USB port of your computer.
- Start diabetes management software.



To download a Diabetes Management Software that is compatible with the pendiq®, go to the website **www.pendiq.com** and check out the site for downloads.

### 12. Manual injection mode (for emergencies only)

In case of emergency (e.g. battery empty, display failure) the pendiq® is convertible to manual injection mode.



Manual injection mode is for emergencies only. Do not use manual injection mode while the pen works without problem in digital mode. In manual injection mode, pendiq® does not register nor recognize the delivered doses.

The following illustration will show you how to switch pendiq<sup>®</sup> to manual injection mode:



- 1. **Push** rubber **lid back** at the raised edge.
- 2. Pull up the end of rubber lid.
- Switch to manual mode by pushing the red button down as described below.
- Manual injection mode = red switch towards the display
- Digital injection mode = red switch towards cartridge holder
  - 4. Close the rubber lid.



 Screw pen needle onto cartridge holder, holding the pen with your fingers between the dose ring and the pen body.





If you hold the pen at the pen body, the pen will turn itself while screwing on the needle and insulin will be ejected. You will notice due to the clicking sound.



Once you have screwed on the pen needle you will need to **remove** any **air bubbles**.

- Hold the pen with the pen needle facing upwards.
- Hold the pen with your fingers between the dose ring and the cartridge holder.
- **Turn** the **pen body** with the free hand **until** a drop of **insulin appears** at the needle tip. The pen can only be turned in one direction. You will notice the correct direction due to clicking sound.
- Never forcibly turn the other direction as it may damage the pen.
- If you cannot turn the pen body, check if the pen has been switched to manual mode correctly. In digital mode you cannot turn the pen body.
- Each dimple on the dose ring represents 1.0 unit.
- You hear a clicking sound for each dimple. Each click signalises the delivery of 1.0 unit.

When you have removed possible air bubbles, insert the pen needle into your injection site using the injection technique recommended by your healthcare professional.

- Hold the pen firmly with your fingers between the dose ring and the cartridge holder.
- Hold the pen still.
- Turn the pen body (where the display is) with your free hand.
- The pen can only be turned in one direction. You will notice the correct direction due to the clicking sound.
- Never forcibly turn the other direction as it may damage the pen.
- Each dimple on the dose ring represents 1.0U and you will hear a clicking sound for each turn. Count the clicks until you have delivered your required dose.







- After you have delivered your required dose, count to 15 and remove the needle from the injection site.
- Hold the pen with your fingers between the dose ring and the cartridge holder while you reattach the protective outer needle cap and remove the needle.



If you hold the pen at the pen body, the pen will turn itself while unscrewing the needle and insulin will be ejected.

You will notice due to the clicking sound (see page 49).

- Safely **dispose pen needle** according to general safety rules.
- To **switch** the pen **back to digital mode**, push the rubber lid back at the raised edge and push the red switch as illustrated above. As the button is always blocked after manual injection mode you will need to turn the pen body clockwise **while** pushing the button up at the same time in order for the button to click into place. Never forcibly try to turn the pen.



from the real amount delivered.

• Close rubber lid.

The pendiq<sup>®</sup> is now converted back to digital mode. You can check if the pen is switched back to digital mode by trying to turn the pen. If you cannot turn it, the pen is converted to digital mode but never forcibly try to turn the pen.

Charge the battery as soon as possible.

Even when the battery is empty and the pen won't turn back on, your **dose memory** is **never lost**. Your dose history is still saved on the pen even when the battery was empty and the pen was turned off.

The manual injection mode was designed for emergencies. In manual injection mode, pendiq® does not register the delivered doses nor recognises the amount of insulin delivered. Therefore the plunger of the pen needs to be rewound and afterwards driven forward again so the pen can recognize the new amount of insulin remaining in the cartridge. After using manual injection the displayed residual amount of insulin may differ

To see a demonstration of the manual injection mode, please visit the following website **www.pendig.com/usermanual**.

### 13. Cleaning and storage of the pen

- O Do not use water when cleaning the pendiq®.
- O Do not immerse the pen in water or any liquids.
- O Do not use any chemicals or liquid materials to clean the pen.
- Incorrect cleaning and dirt may damage the pen.
- O Do not use grease or any lubricants.
- O Do not store the pendiq<sup>®</sup> in the refrigerator.
- Neep it away from moisture, dust, extreme heat and cold as well as direct sunlight.
- ① Gently wipe the pen body, the pen cap and the pen case with a dry or lightly damp cloth.
- nendiq<sup>®</sup> is a technical device. Please use your pendiq<sup>®</sup> considerate and appropriate.
- Please pay attention to the storage advice of the insulin manufacturers.

# 14. Problems?

I cannot screw the cartridge holder onto the pen body?	Check that the cartridge is completely inserted into the cartridge holder. Make sure the cartridge holder is completely and securely screwed onto the pen body.
A part of the pens' display stays turned on all the time?	Your display is not working correctly. Contact your local distributor.
I want to turn the pen off?	In order to prevent your pen from accidentally being turned off during injection, there is no OFF button. The screen turns itself off after 60sec when no button is pressed.
I have an air bubble in the cartridge after I prime.	Hold the pen with the needle facing upwards; tap with your finger gently against the cartridge holder so that the air bubble rises to the top. Start 'removing air bubbles'.
	In case the bubble in the cartridge does not disappear although you repeatedly press (+) for removing air bubble, do the following:
	Initiate the process of driving the plunger forward until a stream of insulin is ejected from the needle. STOP the process by pressing (M) in order to avoid the loss of too much insulin. It is possible that a small air bubble may remain in the cartridge. Repeat the priming process in the injection mode until a drop of insulin appears at the needle tip.
A drop of insulin does not appear at the needle tip when I check the insulin flow.	Change the pen needle. Check the medicine flow again until a drop of insulin appears at the needle tip.

#### 14. Problems?

The pen has run out of bat- tery?	The battery is rechargeable. Please read the chapter <b>Charging the battery</b> and make sure that the battery is always well charged (manual injection mode is only for emergencies!).
I am unable to attach the extension disc to the plunger. Do I really need the extension disc?	Yes, you always need the extension disc for Lilly® and Berlin-Chemie® cartridges because it extends the plunger and makes sure that you will receive the full amount of 300.0 U. After 300.0 U have been used there is usually a small amount of insulin left in the cartridge. The patient always receives the full amount of 300.0 U with each cartridge even if there is some insulin left.
I would like to adjust the amount of insulin delivered when priming.	The fixed amount for priming is 0.5 U and cannot be changed or decreased. Each time (+) is pressed 0.5 U are delivered.
After inserting a new cartridge and priming the pen, my display shows less than 300.0U. Does this mean there is less than 300.0U insulin in the cartridge?	No. The motor-driven plunger foot of the pendiq® applies more pressure on the rubber plunger of the insulin cartridge than the plunger of traditional pens. Due to the elasticity of the rubber plunger of the insulin cartridges, the remaining amount of insulin displayed may vary slightly. This does not mean that there are less than 300.0U in the cartridge.

For further information visit our website **www.pendiq.com** and check our FAQs.

# 15. Specification

#### 15.1 Technical information

Product name	pendiq <sup>®</sup>
Manufacturer	Diamesco Co.,Ltd., Daejeon, 305-500, Korea
Length	182mm
Weight	46g (without insulin cartridge and pen-needle)
Infusion rate	2.0U/sec
Cartridge Storage Volume	3ml (300.0U)
Increments	0.1U
Dosage range per Injection	0.5 ~ 60.0U
Battery	3.7V, 90mAh, Lithium-Ion-Polymer battery, rechargeable up to 300x (80% capacity)
Memory	195 last injections (date, time and amount delivered)
Alarm	low battery, blockage, low residual amount of insulin in the cartridge (20.0 U or lower)
Acoustic signals	end of injection (alarm sounds on/off optional)
Data transfer	data transfer through USB

#### 15.1 Technical information

USB Current Rating	USB 5V, 500mAh
Storage	Temperature: -10 ~ 40°C / 14°F ~ 104°F
	Humidity: 10 ~ 90% RH
	Atmospheric Pressure: 66 ~106 kpa
Operating conditions	Temperature: 0 ~ 40°C / 32°F ~ 104°F
	Humidity: 20 ~ 70% RH
	Atmospheric Pressure: 66 ~106 kpa
Warranty	2 years
Duration of battery	7 days
Type of protection against electric shock	Class II equipment with internally powered equipment
Degree of protection against electric shock	Type BF applied part
Degree of protection against the ingress of water	IPX0 (no special protection)
Mode of operation	Continuous operation

Equipment not suitable for use in the presence of a flammable anesthetic mixture with air or with oxygen or nitrous oxide (EN 60601-1).

#### 15.2 Factory settings

Maximum pressure	1.5 kg/cm <sup>2</sup>
Blockage pressure	1.0 kg/cm <sup>2</sup>
Allowable maximum volume per 1 time	60.0 U
Allowable minimum volume per 1 time	0.5U
Injection rate	2.0 U/sec.
Display turns itself off (when no button is pressed) after	60 seconds
To turn on screen, press (ACT) button for	3 seconds
Countdown after injection	15 seconds
Dosage increments	0.1U
Display of units in	U (=0.01 ml)
Cartridge volume	3ml (300.0U)



Apart from charging the battery, no maintenance or services as well as no calibration of the measuring function are required. The change of a cartridge is explained in chapter 6 of this manual.

#### 15.3 The List of Icons



Manufacturer

Serial number

REF Reference number



EC REP Appointed agent in the EC



Protect from humidity



Specific references regarding storage and/or handling



The date of manufacture





Recommendation



Prohibition



Type BF applied part



Class II equipment



Direct Current





Electromagnetic compatibility IEC 60601-2-24



Material classification (only GER)



Disposal note (only EU)



Attention, consult accompanying documents



€ 0120 CE certificate number



### 16. Product warranty

The statutory warranties shall apply to this product. You are entitled to warranty rights in accordance with the statutory provisions for a period of two years beginning with the date of purchase. After your purchase of the pendiq® we recommend to register online on our website www.pendiq.com or to fill out the registration card enclosed and return it to us.

In the unlikely event of failure during the two years of warranty, please fill out the warranty card contained in the product box and send it together with the damaged or defective pendiq<sup>®</sup> to the following address:

pendiq GmbH Customer service Baerler Strasse 100 47441 Moers, Germany

Please state the reason of your reclamation on the warranty card. The pens send back to us will be recycled after the inspection according to legal regulations. The manufacturer is not responsible for damages caused by the use of unsuitable insulin cartridges or pen needles and for any inappropriate usage of the pendiq<sup>®</sup>.

### 17. General information

#### Manufacturer

Diamesco Co.,Ltd
Migun Techno World II #305, 533-1, Yongsan-dong
Yuseong-gu, Daejeon, 305-500, Korea
Tel. +82 70 8672-6410
Fax. +82 70 8650-6405
diamesco@naver.com
www.diamesco.com

#### Sales in the EU\*, Norway, Switzerland, Turkey and the Middle East

pendiq GmbH Baerler Strasse 100 47441 Moers, Germany Tel. +49 (0)2841 79 90 90 Fax. +49 (0)2841 79 90 98 info@pendiq.com www.pendiq.com

<sup>\*</sup>excluding: Sweden, France, Hungary, Bulgaria, Poland, Estonia, Lithuania, Latvia

#### 17. General information

pendiq® meets the requirements of the standards of IEC 60601-2-24 and ISO 13485.

pendiq® is a registered trademark of pendiq GmbH.

Lilly® is a registered trademark of Eli Lilly and Company.

Berlin-Chemie® is a registered trademark of the Berlin-Chemie AG.

Sanofi-Aventis® is a registered trademark of the sanofi-aventis-group.

All trademarks are acknowledged.

PZN 9519620 Shadow black (black) PZN 9519637 Cool silver (silver) PZN 9519643 Arctic white (white) PZN 9519672 Lime green (green) PZN 9519666 Funky orange (orange)

### **C**€ 0120

The CE-marking indicates that the product has been subject to an assessment of his conformity with the MDD and that the medical device fulfills the requirements of the Medical Device Directive (93/42/EEC).

Please check our website www.pendiq.com or www.diamesco.com for an updated issue of this manual since issued in February 2012. Technical changes reserved.

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