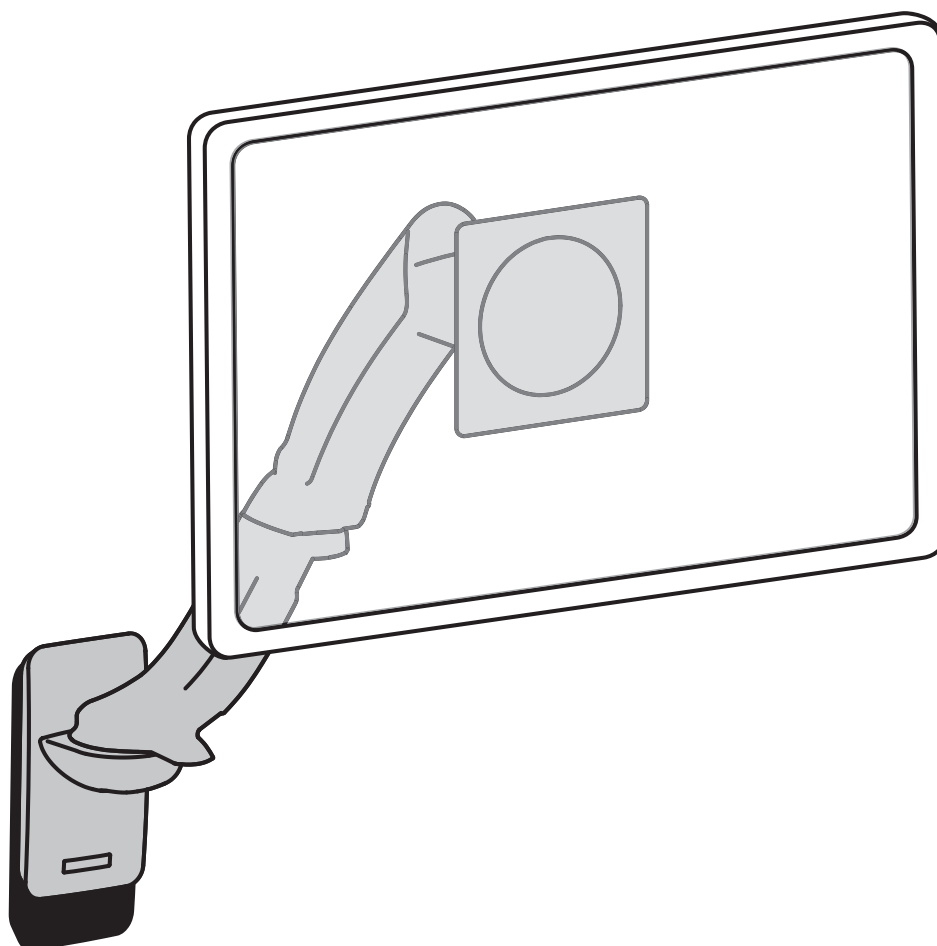


MX Wall Mount LCD Arm



For the latest User Installation Guide please visit: www.ergotron.com



User's Guide - English
Guía del usuario - Español
Manuel de l'utilisateur - Français
Gebruikersgids - Deutsch
Benutzerhandbuch - Nederlands
Guida per l'utente - Italiano
Användarhandbok - svenska
ユーザーガイド : 日本語
用户指南 : 汉语



www.ergotron.com

USA **1-800-888-8458**

Europe **+31 (0)33-45 45 600**

China **86-769-86018920**

Safety

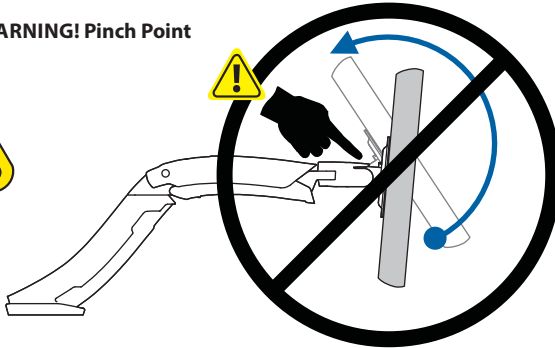


WARNING:

Ensure that the wall structure is capable of supporting four times the total weight of mounted equipment. Mounting to wall surfaces that do not meet this criteria may result in an unstable, unsafe condition which could lead to personal injury and/or property damage. Consult a construction professional if you have any doubt about what this means in regard to your particular application.



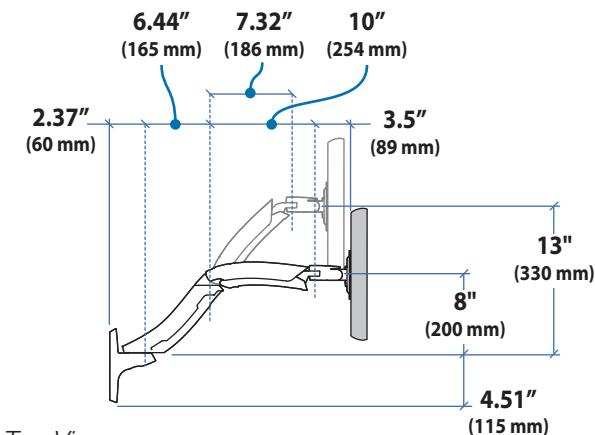
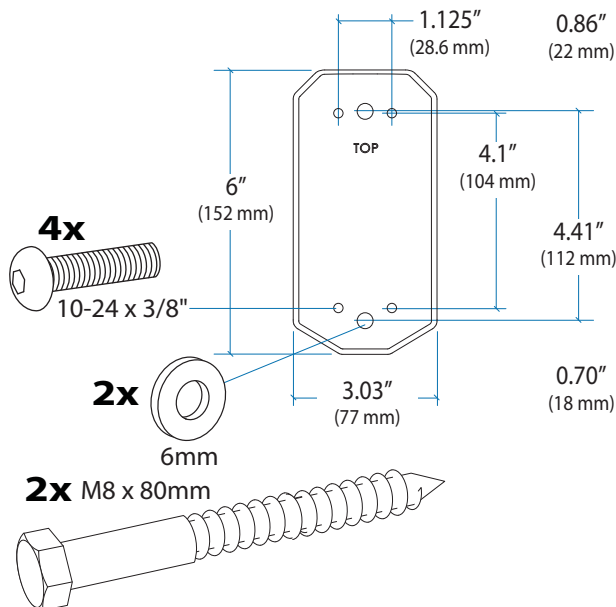
WARNING! Pinch Point



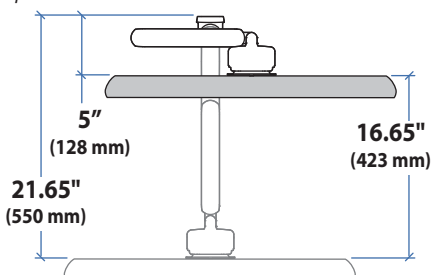
NOTE: Fasteners may unwind due to vibration caused by movement of mounting solution over time. Inspect mounting solution for loose fasteners on a routine basis. If desired, apply a light duty thread locking adhesive to fasteners before installation to prevent back-out.



WARNING! Stored Energy Hazard: The arm mechanism is under tension and will move up rapidly, on its own, as soon as attached equipment is removed. For this reason, **DO NOT** remove equipment unless the arm has been moved to the highest position! Failure to follow this instruction may result in serious personal injury and/or equipment damage!

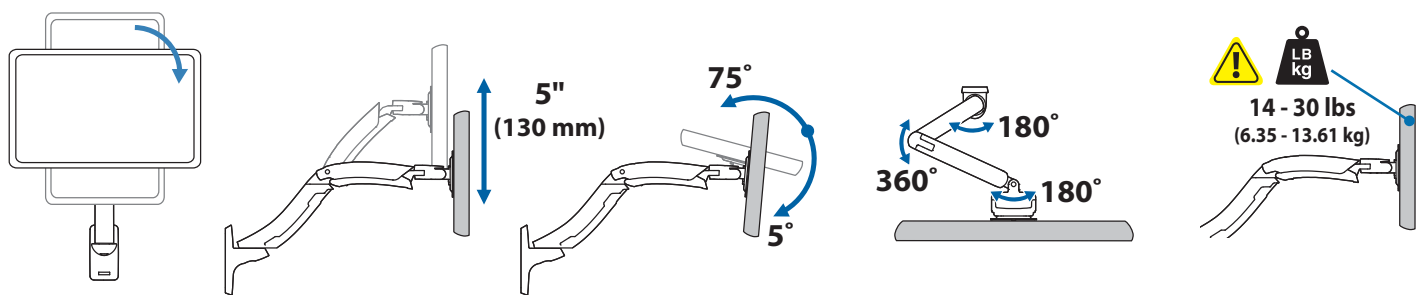


Top View



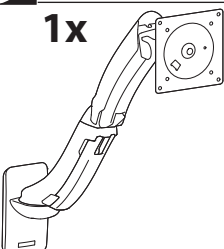



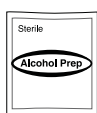

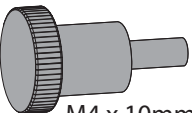

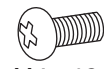
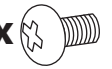

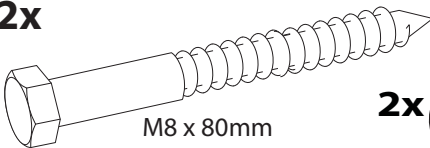
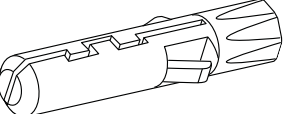


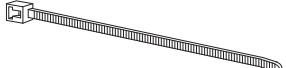


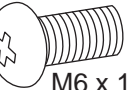
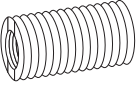

Important! You will need to adjust this product after installation is complete. Make sure all your equipment is properly installed on the product before attempting adjustments. This product should move smoothly and easily through the full range of motion and stay where you set it. If movements are too easy or difficult or if product does not stay in desired positions, follow the adjustment instructions to create smooth and easy movements. Depending on your product and the adjustment, it may take many turns to notice a difference. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation.

Features & Specifications



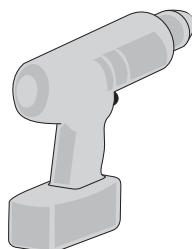
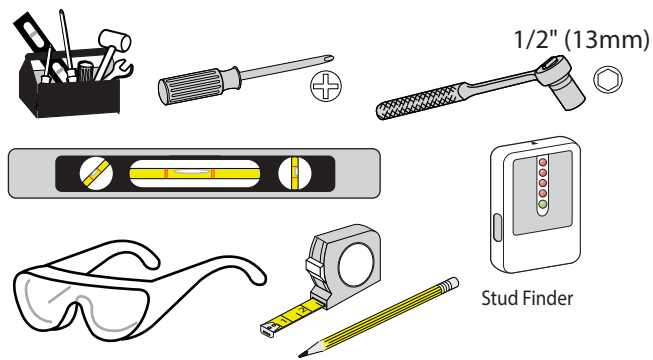
Components



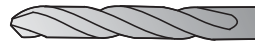
	A	B	C	D	E
1	1x 	1x 	1x  M3 x 6mm	1x  4mm	2x   2.5mm
2	4x  M4 x 10mm	4x  M4 x 10mm	4x  M4 x 12mm	4x  M5 x 7mm	4x  M5 x 12mm
3	2x  M8 x 80mm		2x 	1x  1/8"	
4	2x  8mm		4x 	4x  10-24 x 3/8"	
5	4x 	4x  M6 x 12mm	4x  M8M5 Converter	4x  M5 x 20mm	

ENGLISH

Tools Needed



Concrete Wall Mounting



Ø 3/8" (10mm)

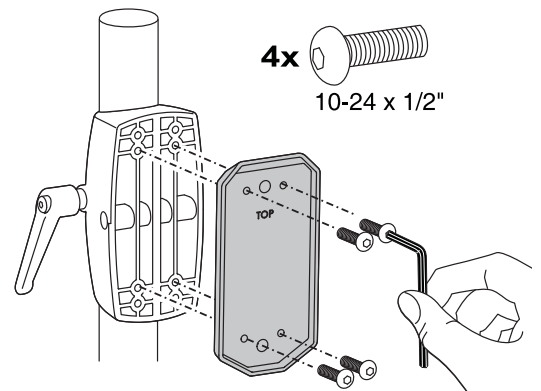
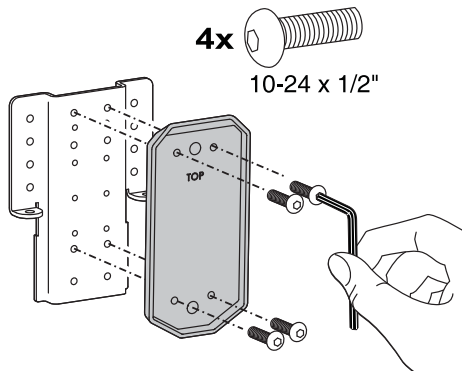
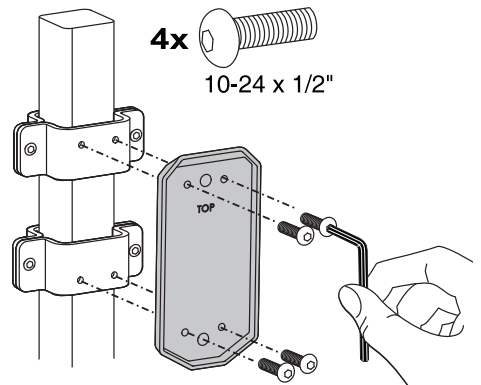
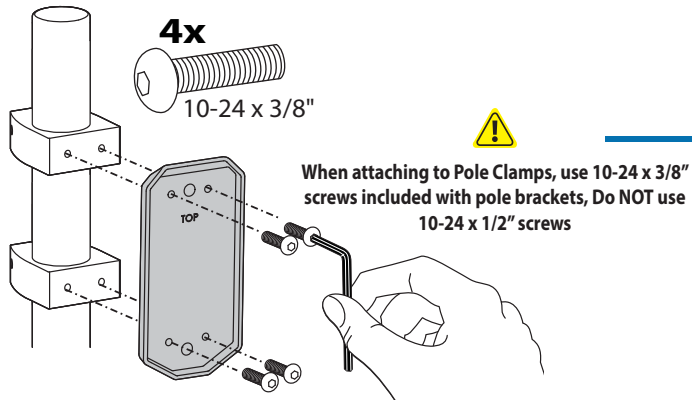
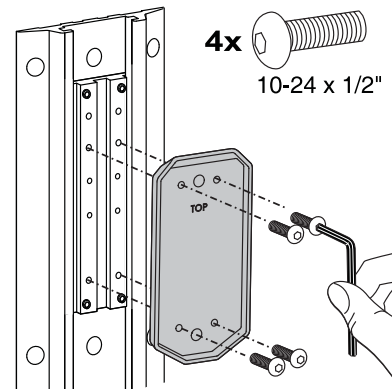
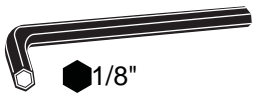
Wood Stud Mounting



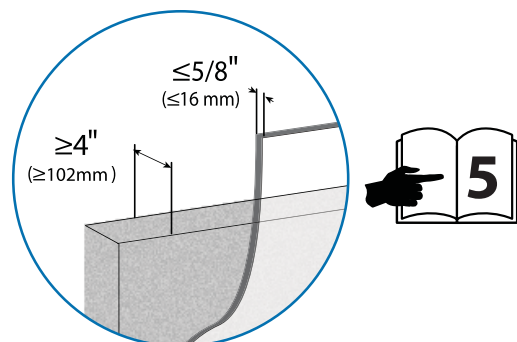
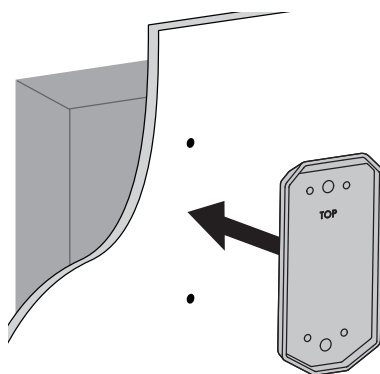
Ø 3/16" (5mm)

1

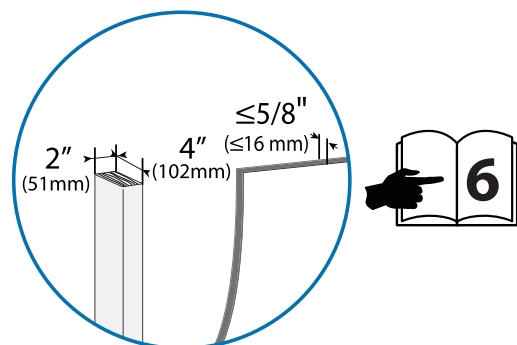
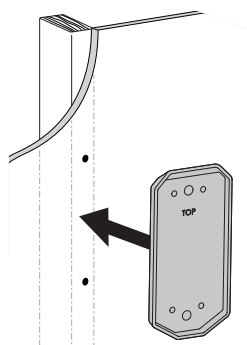
Choose Mounting Method. Ergotron product. NOTE: Wall Track and Brackets sold separately.



Concrete

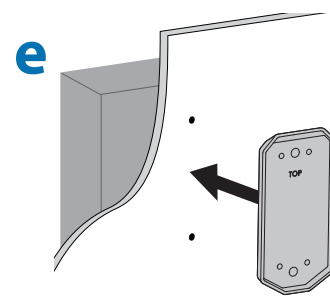
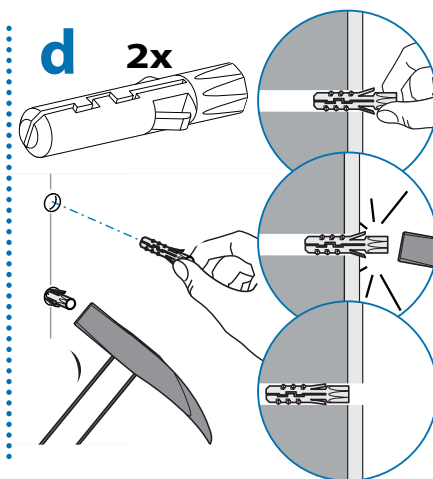
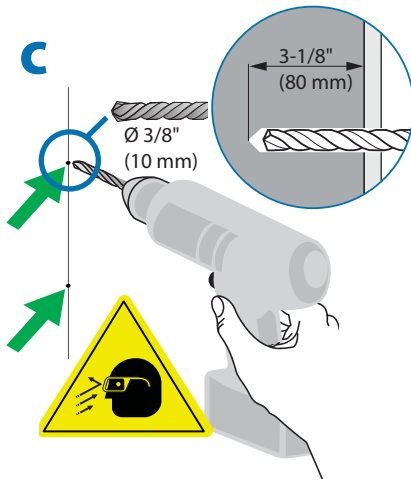
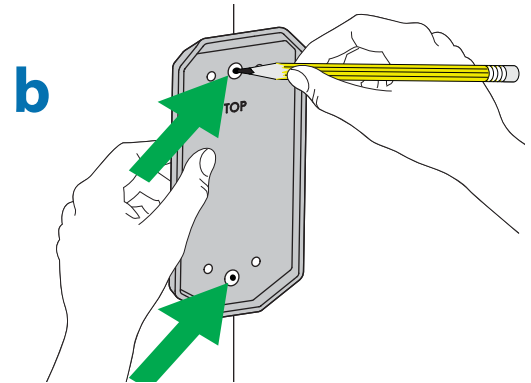
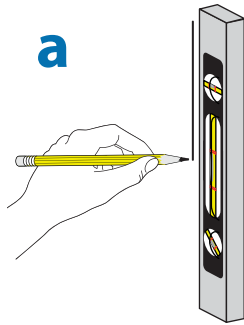
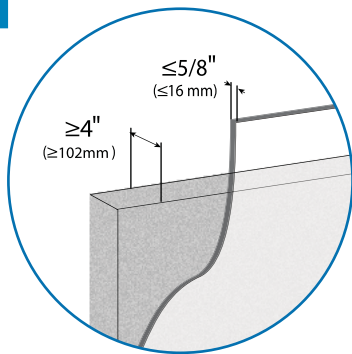


Wood



ENGLISH

1 Concrete



WARNING:

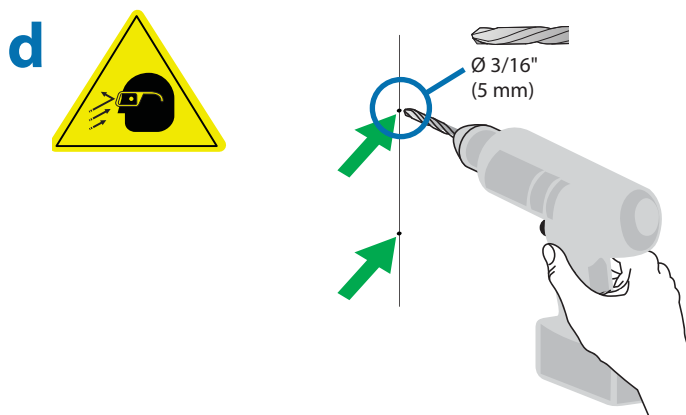
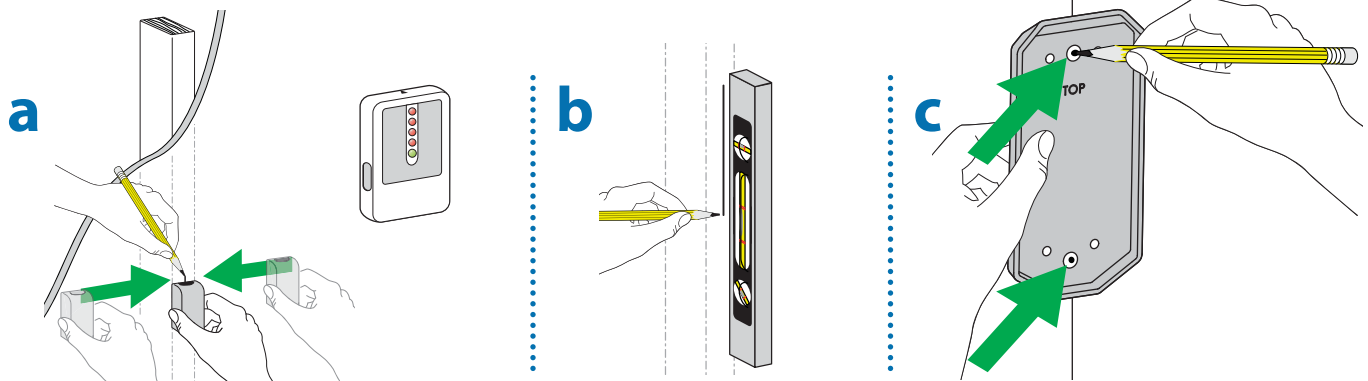
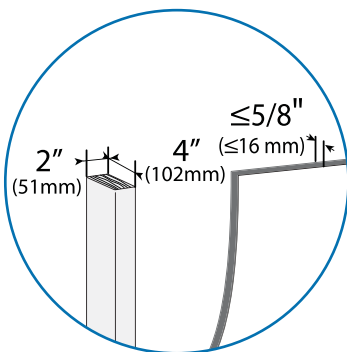
Mounting holes must be at least 3-1/8" (80mm) deep and must be located within solid concrete, not mortar or covering material. If you drill into an area of concrete that is not solid, reposition mounting holes until both anchors can be fully inserted into solid concrete!



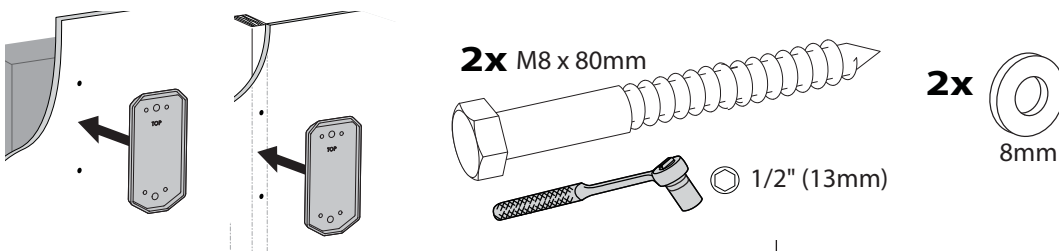
WARNING:

Anchors that are not fully set in solid concrete will not support the applied load resulting in an unstable, unsafe condition which could lead to personal injury and/or property damage. Consult a construction professional if you have any doubt about what this means in regard to your particular situation.

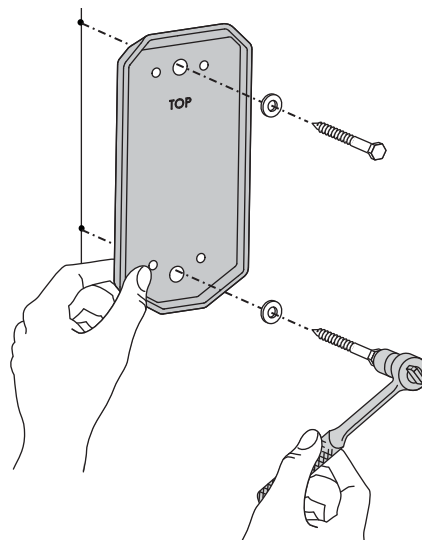
1 Wood

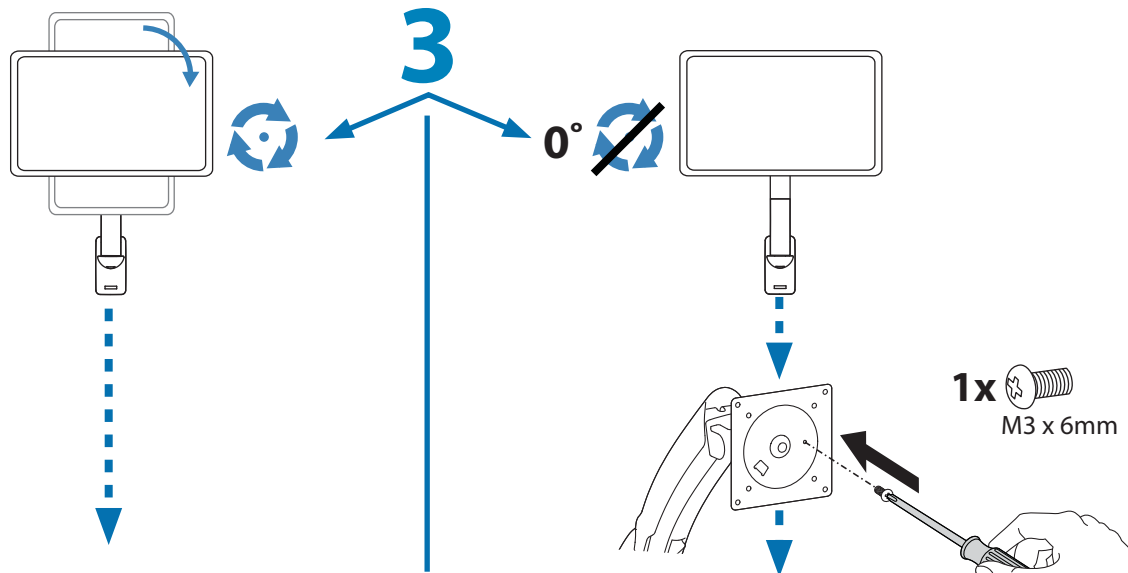


2



CAUTION: Make sure the wall mount bracket is level, flush and snug to the wall surface. DO NOT OVERTIGHTEN THE BOLTS.

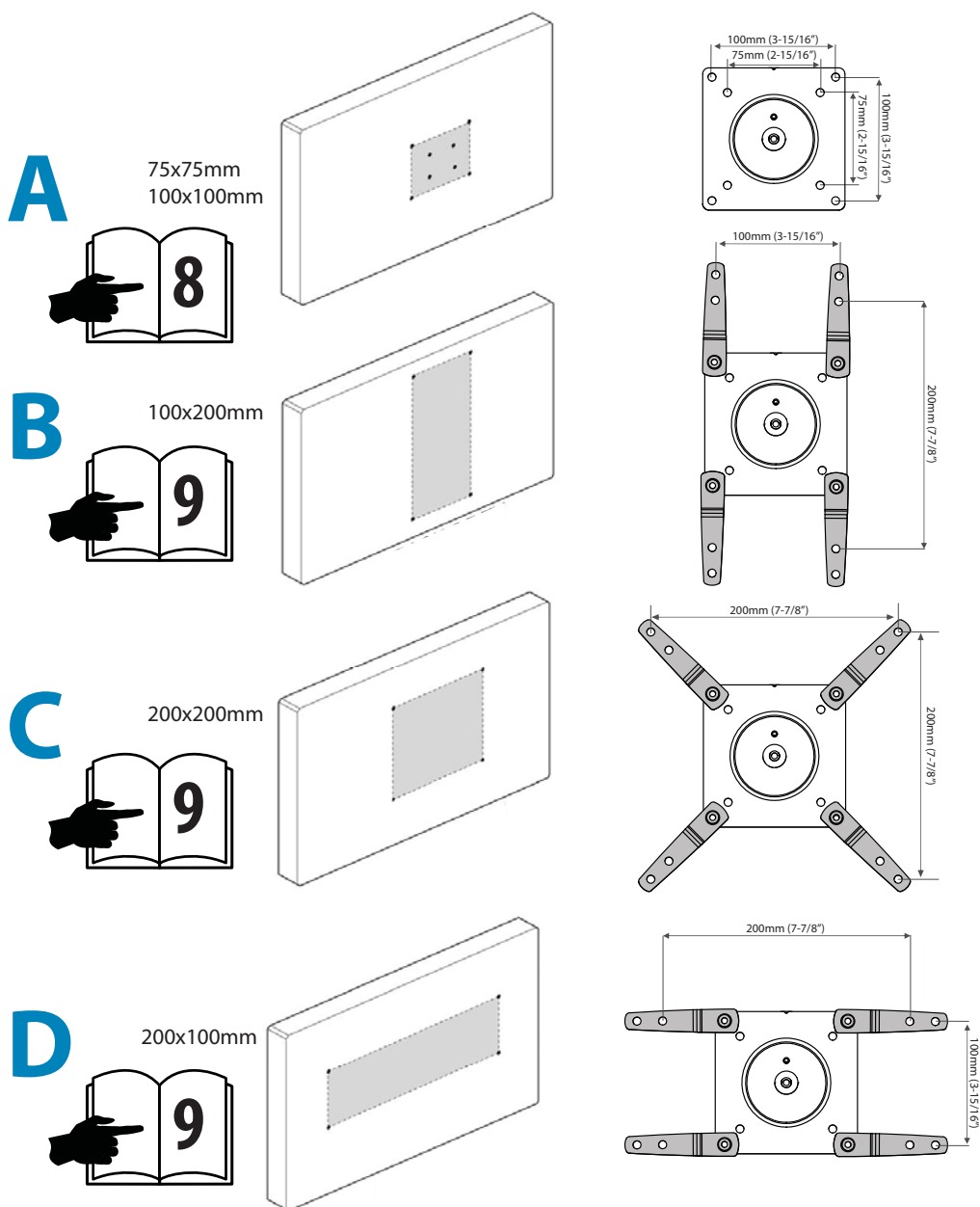




4 Check size of TV/Monitor hole pattern

TV/Monitor Hole Pattern Sizes

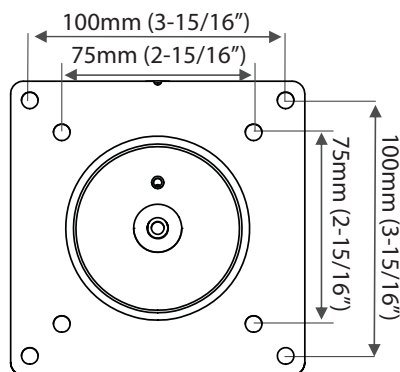
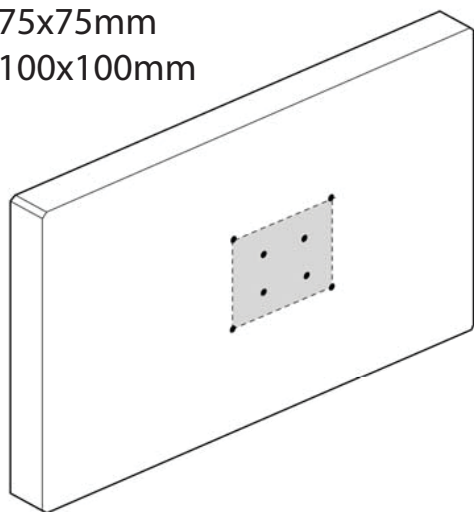
VESA Adapter Configurations



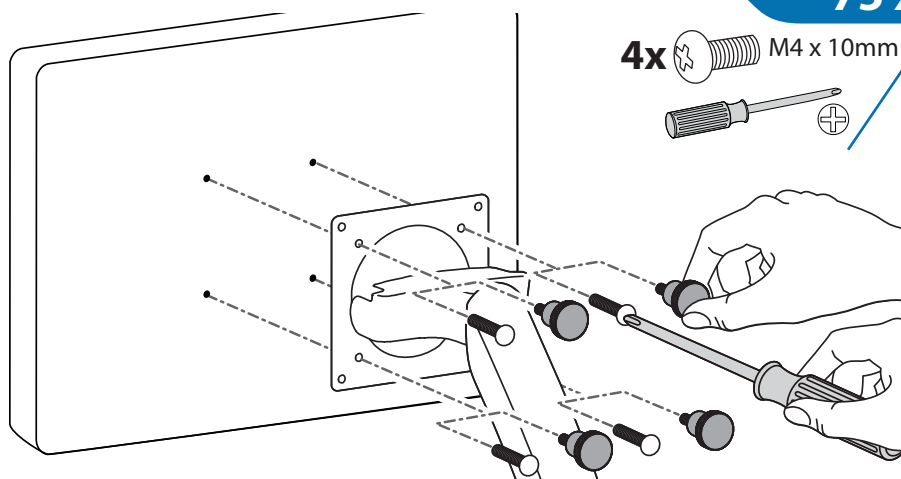
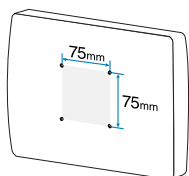
4 Mount Type A TV/Monitor to Arm

A

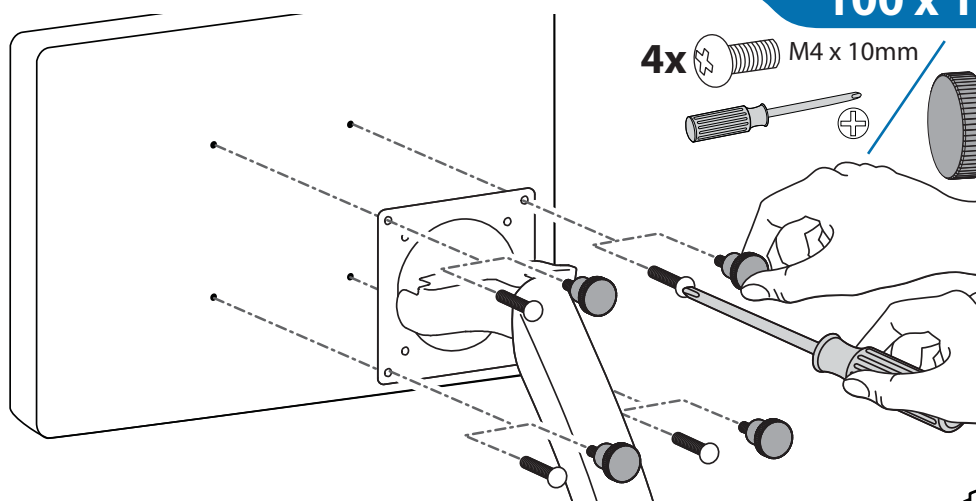
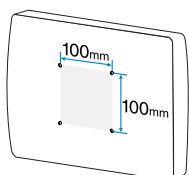
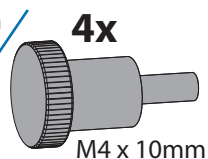
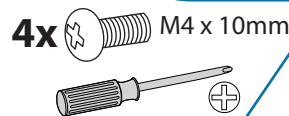
75x75mm
100x100mm



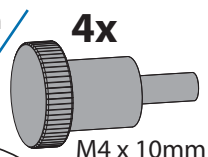
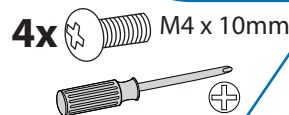
ENGLISH



75 x 75mm

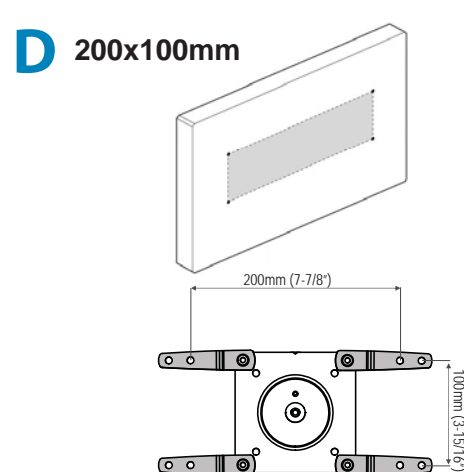
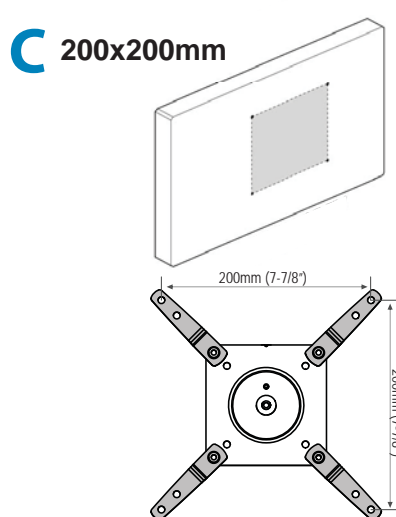
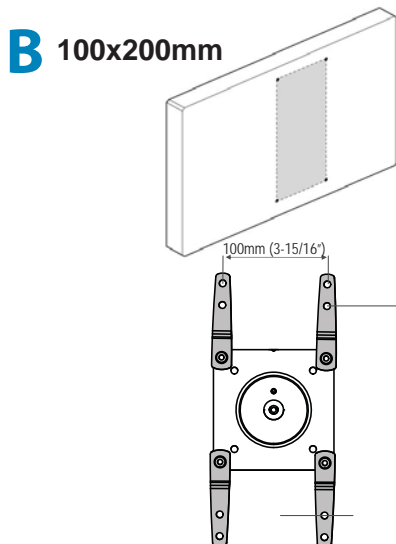


100 x 100mm

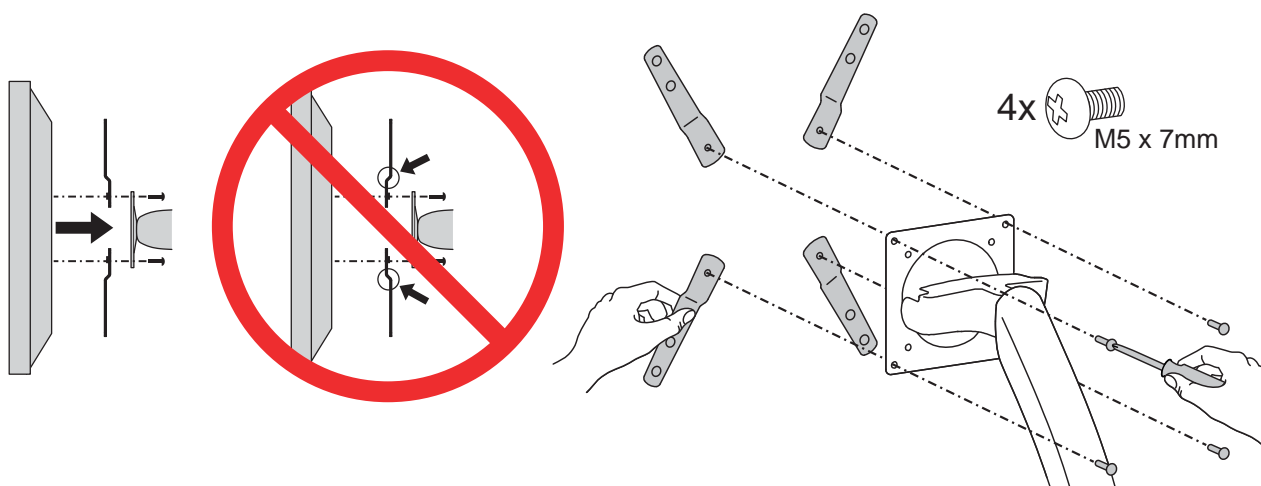


5



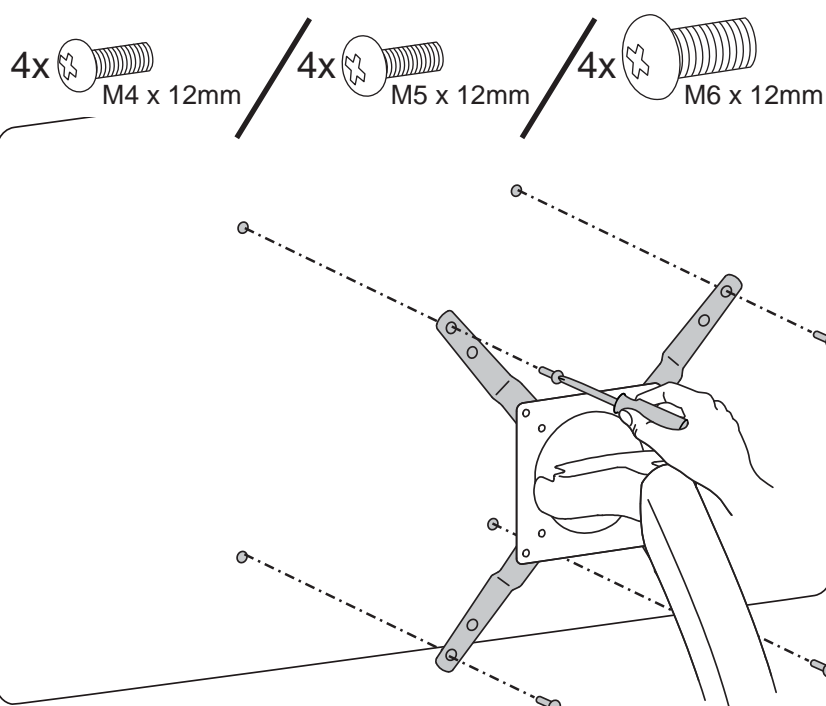


4a Mount VESA Adapters to Arm based on TV/Monitor hole pattern size (B, C, or D) .



4b Mount Type B, C, or D TV/Monitor to Arm

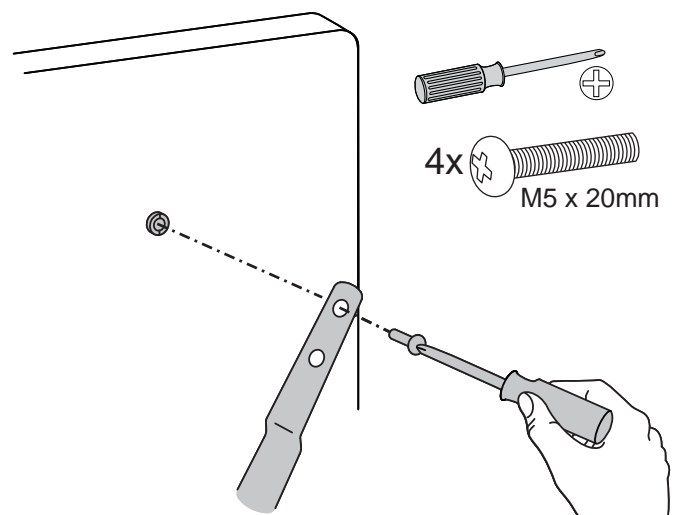
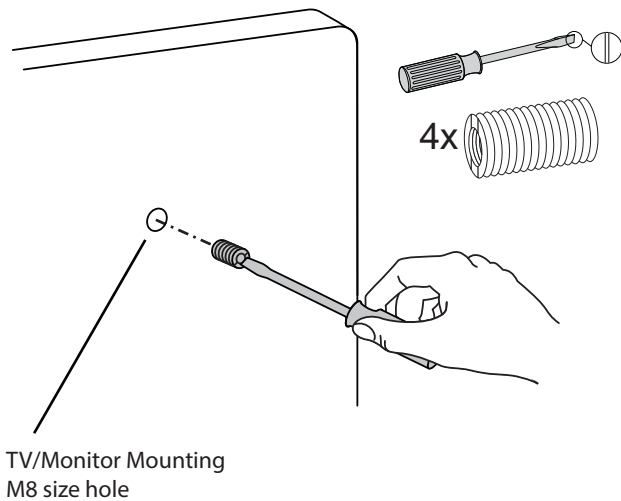
NOTE: To reduce M8 holes for use with M5 screws, or if you have a model with Samsung holder rings, follow the **M8M5 KIT** instructions on the next page.



M8M5 KIT Instructions

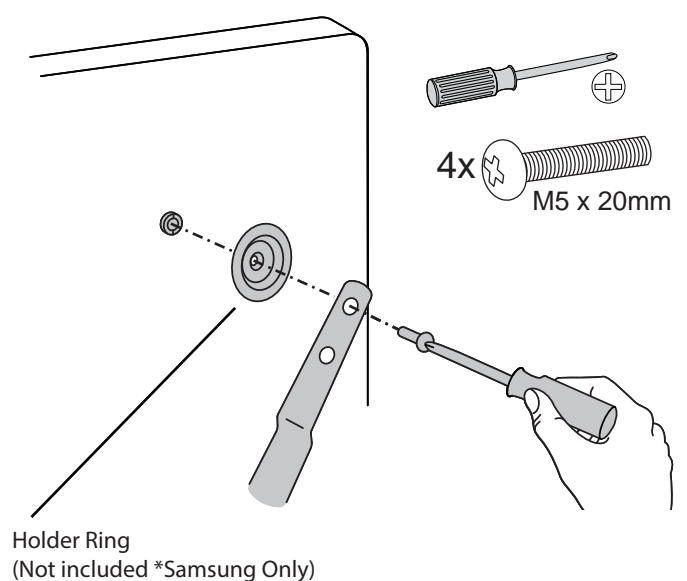
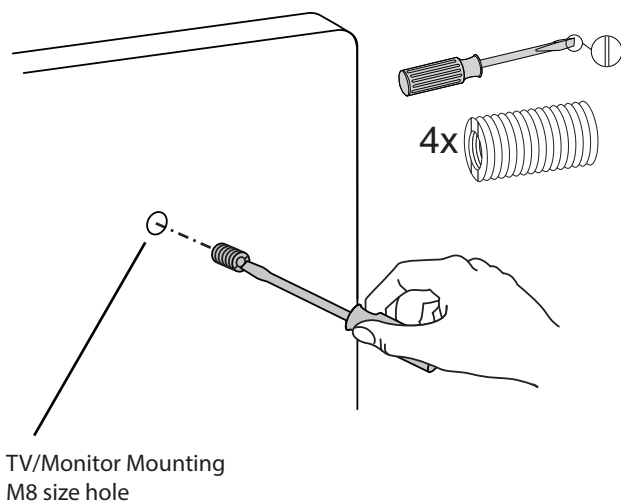
NOTE: Follow this step only if your TV/monitor has M8 holes which need to be reduced to M5.

Install M8M5 reducer bushing to TV/Monitor and use M5 x 20 mm monitor screws to secure.

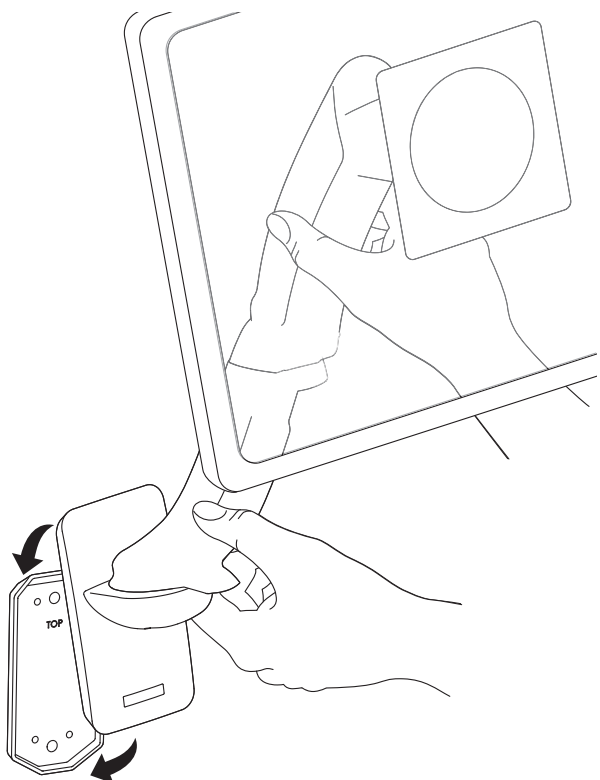


NOTE: Follow this step only for Samsung models using the holder ring.

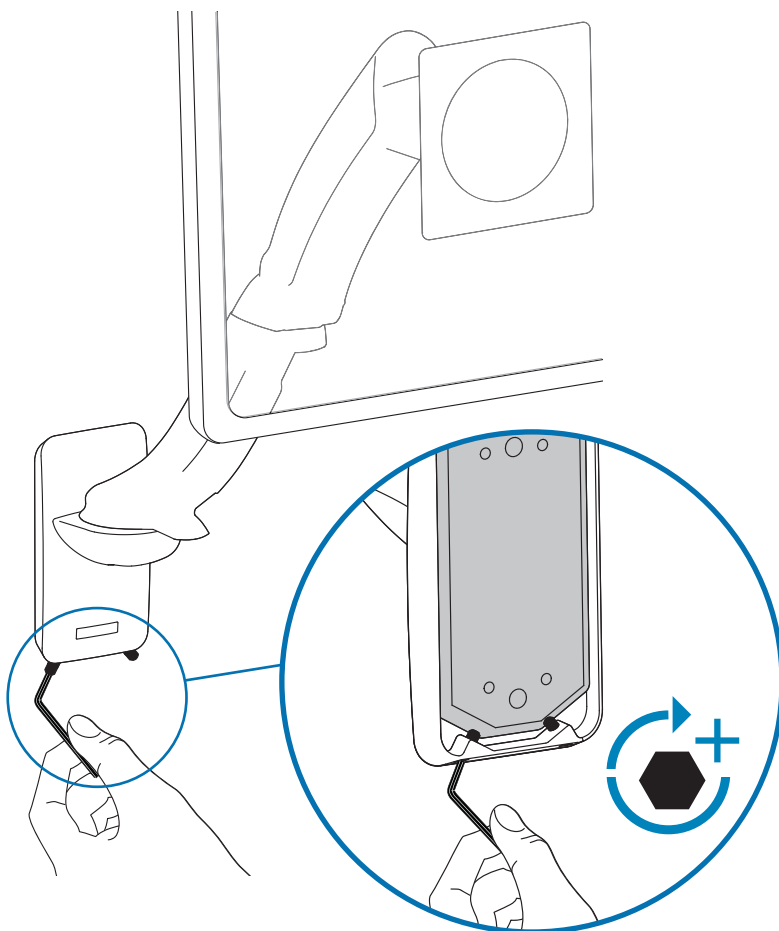
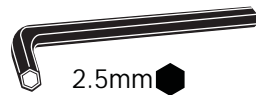
Install M8M5 reducer bushing to TV/Monitor then use M5 x 20 mm monitor screws and Samsung holder ring to secure.



5 a

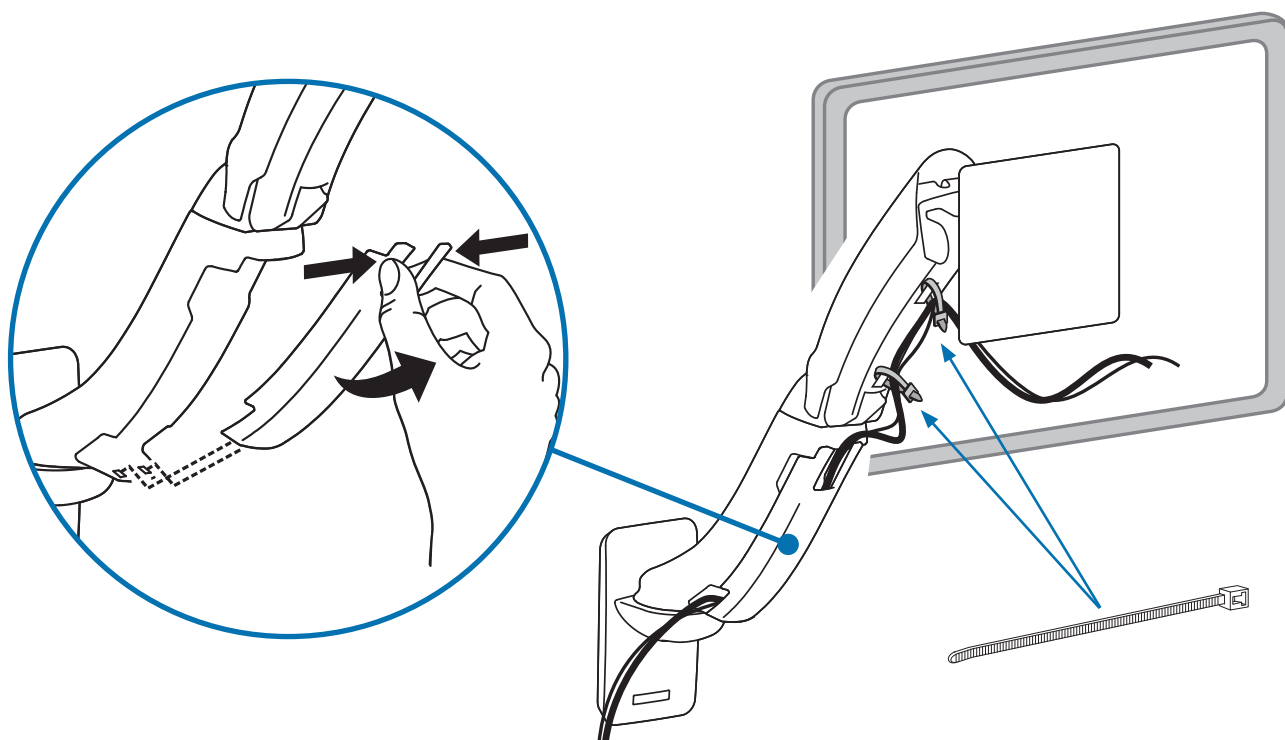


b



6

Cable Routing



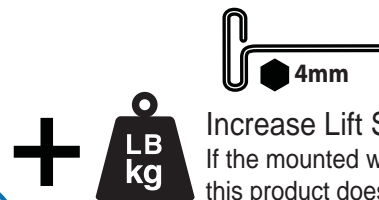
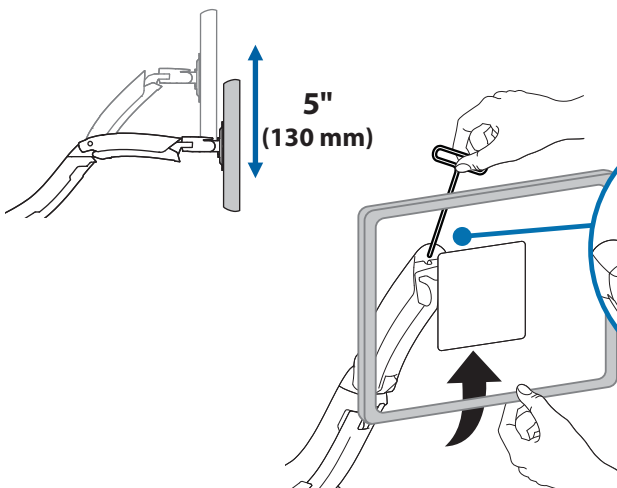
7



Adjustment Step

Important! You will need to adjust this product after installation is complete. Make sure all your equipment is properly installed on the product before attempting adjustments. This product should move smoothly and easily through the full range of motion and stay where you set it. If movements are too easy or difficult or if product does not stay in desired positions, follow the adjustment instructions to create smooth and easy movements. Depending on your product and the adjustment, it may take many turns to notice a difference. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation.

a Lift – Up and down



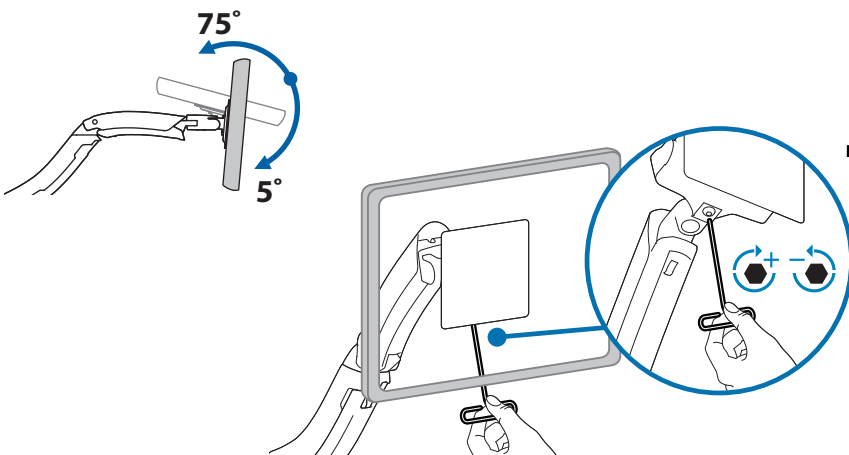
Increase Lift Strength

If the mounted weight is too heavy or this product does not stay up when raised, then you'll need to increase Lift Strength:

Decrease Lift Strength

If the mounted weight is too light or this product does not stay down when lowered, then you'll need to decrease Lift Strength:

b Tilt – Forward and Backward



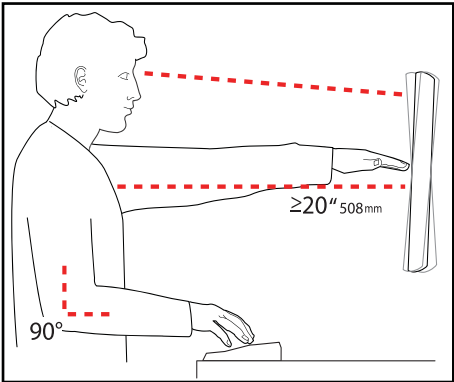
Increase Friction

If this product moves too easily, then you'll need to increase friction:

Decrease Friction

If this product is too difficult to move, then you'll need to decrease friction:

Set Your Workstation to Work For YOU!



Learn more about ergonomic computer use at:
www.computingcomfort.org

- Height** Position top of screen slightly below eye level.
Position keyboard at about elbow height with wrists flat.
- Distance** Position screen an arm's length from face—at least 20" (508mm).
Position keyboard close enough to create a 90° angle in elbow.
- Angle** Tilt screen to eliminate glare.
Tilt the keyboard back 10° so that your wrists remain flat.

To Reduce Fatigue
Breathe - Breathe deeply through your nose.
Blink - Blink often to avoid dry eyes.
Break • 2 to 3 minutes every 20 minutes
• 15 to 20 minutes every 2 hours.

For service and warranty visit www.ergotron.com

For local customer care phone numbers visit: <http://contact.ergotron.com>



© 2014 Ergotron, Inc.
All rights reserved.

While Ergotron, Inc. makes every effort to provide accurate and complete information on the installation and use of its products, it will not be held liable for any editorial errors or omissions (including those made in the process of translation from English to another language), or for incidental, special or consequential damages of any nature resulting from furnishing this instruction and performance of equipment in connection with this instruction. Ergotron, Inc. reserves the right to make changes in the product design and/or product documentation without notification to its users. For the most current product information, or to know if this document is available in languages other than those herein, please contact Ergotron. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without the prior written consent of Ergotron, Inc., 1181 Trapp Road, Eagan, Minnesota, 55121, USA. Patents Pending and Patented U.S. & Foreign. Ergotron is a registered trademark of Ergotron, Inc.

Americas Sales and Corporate Headquarters	EMEA Sales
St. Paul, MN USA (800) 888-8458 +1-651-681-7600 www.ergotron.com sales@ergotron.com	Amersfoort, The Netherlands +31 33 45 45 600 www.ergotron.com info.eu@ergotron.com
APAC Sales	Worldwide OEM Sales
Tokyo, Japan www.ergotron.com apaccustomerservice@ergotron.com	www.ergotron.com info.oem@ergotron.com