

Hospital	_____
Department	_____
Clinician	_____
Contact information	_____

Things to Do to Prepare for Traveling

Before you travel, find out the following:

- The name and contact number for a Speech Pathologist (SLP) that sees laryngectomees in the area you are visiting. Contact Atos Medical for suggestions as needed:

Name _____

Facility _____

Contact Information _____

The make, model and size of your voice prosthesis (example: Provox® Vega™ 22.5 Fr, 8mm, 8132)

_____ Type ____ Fr ____ mm ____ REF

Your SLP's name and contact information: _____

Your ENT's name and contact information: _____

- Bring a voice prosthesis of your current size and type.
- Get a prescription from your doctor for a Speech Language Pathologist to see you in case of emergency.
- If you are traveling outside the country contact Atos Medical, they are represented in most countries around the world and might be able to assist you in locating healthcare professionals throughout your travel. Purchasing travel insurance that covers medical assistance is advised.
- A letter from your doctor may be needed to bring special medical equipment (i.e. suction, moist air, oxygen) through airport security.
- Bring Atos Medical CareTips Sheet #10: What to Do in Case your Voice Prosthesis Dislodges.

Suggested Supplies to Pack:

Mirror	Provox® Cleaning Towels	Cotton-tip applicators (for external use only)
Tweezers	Pen and paper	Provox® HME Cassettes
Artificial larynx and spare batteries	Hand sanitizer	Provox® Micron™ HME
Flashlight	Saline bullets	A supply of baseplates

Items to Care for Your Voice Prosthesis:

- Provox® Brush
- Provox® Dilator
- Provox® Voice Prosthesis Plug if you are wearing an indwelling style voice prosthesis (i.e. Provox® Vega™, Provox ActiValve®, Provox®2)
- Provox® Flush
- Water soluble lubricant
- Emergency card and/or bracelet indicating you are a neck breather (in local language if traveling abroad)

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