

MICHAEL GRAVES
solutions™

Therma Moist Heating Pad

USER MANUAL



Therma Moist Heating Pad

MOIST HEATING PAD THERAPY

The application of moist heat is a commonly prescribed therapy in medical practice today, moist heat is specially usefully in treating pain. And the pain is usually related to muscle strain and tension which results in muscle spasm.

HOW TO USE:

1. Place the moist heating pad into the pad cover (provided).
Be sure the pad is lying flat inside the cover to ensure uniform heating. Be sure cover is clean prior to use.
2. Insert the plug into any 110 volt electric power outlet. Switch the TEMP knob to the "O" position.
3. Press the ON/OFF switch. The green light indicators power on. Adjust to the desired time and temperature for treatment.
Time and Temp. selection
 - a. Time: 15/30/45/60 min.
 - b. Temp: 110/130/150/165 Fahrenheit
45/55/65/75 Celsius
4. Place the moist heating pad flat on the area of the body to be treated.
5. The recommended treatment time is 30 minutes.
6. After the treatment press the on/off switch to turn off the power.
Pull the plug from the electrical outlet.
7. The Therma Moist Heat Pad will automatically shut off after the timed treatment.
8. Warranty: 1 year

Therma Moist Heating Pad

FLANNEL COVER WASHING INSTRUCTIONS

Remove cover from heating pad. Machine or hand wash. Use mild detergent in cool water. Hang to dry or machine dry on cool gentle cycle.

IMPORTANT SAFETY INSTRUCTIONS

1. Read all instructions carefully.
2. Do not use while sleeping.
3. Do not use on an infant.
4. This pad is not to be used on a unconscious person or a person with poor blood circulation unless carefully attended.
5. Check skin under pad frequently.
6. Do not use on sensitive skin.
7. Never use pad without cover in place.
8. Do not use pins or other metallic means to fasten this pad in place.
9. Do not sit on or crush pad.
10. Never pull the power cord of the pad and do not use the cord as a handle.
11. Carefully examine the inner cover before using it.
12. Discard the pad if the inner cover shows any signs of wear or deterioration.
13. Skin burns can occur regardless of control setting. Check skin under pad frequently to avoid burning and blistering.
14. Unplug when not in use.
15. Do not wet.

Therma Moist Heating Pad

CAUTION

- Unplug when not in use.
- DO NOT use while sleeping.
- DO NOT use on an infant or small child.
- DO NOT apply over sensitive skin or in the presence of poor circulation.
- Burns can occur regardless of control settings. Check skin under pad frequently to avoid burning and blistering.
- Never use pad without cover in place.
- DO NOT sit on or crush pad. Avoid sharp folds in pad.
- DO NOT expose heating pad to liquids.
- Carefully examine inner cover before each use.
Discard the pad if inner covering shows any signs of wear or deterioration.
- DO NOT use pins or other connecting means to fasten pad in place.
- Never pull pad by the supply cord and do not use cord as a handle.
- Individuals with circulation problems should consult with a physician before using this product.
- DO NOT sit or lie on the pad.
- DO NOT use pad directly over cuts, abrasions or open wounds.
- Exercise extreme caution when using pad on non-communicative individuals.
- Handle control mechanism with care.
- DO NOT use pad as a bed warmer or foot warmer.

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WARNING

- Read all instructions.
- Never use the Thermaaahhh Moist Heating Pad without a clean flannel pad cover.
- Keep heating pad out of the reach of children.
- Use of this heating pad is not intended as a substitute for consultation with your physician.
- DO NOT expose the heating pad to temperature extremes (below -10 C/14 F or over 50 C/122 F) or excessive humidity (>90% RH).
- Special precautions should be taken with patients having desensitized skin.

MOIST HEATING PADS SPECIFICATIONS

Display	Numerical knob
Button	Plastic
Control	Analog switch
Sensor	Thermal sensor
Circuit	Micro processor
Protection	Thermostat switch
Cover	Cotton & polyester
Output	Fomentation heating
Heating	115/130/150/165 F or 45/55/65/75 C
Time	15/30/45/60min.
Power consumption	AC 90-130V 40-70Hz: 10890 2.2A/290W max. 10893 1.1A/145W max. 10895 0.6A/70W max.
Pad sizes	10890 / 14" x 27" / 68 x 36cm, 10893 / 14" x 14" / 36 x 36cm, 10895 / 7" x 15" / 38 x 18cm
Operating condition	Temperature / 68-104 F / 20-40 C Humidity / 30-75%RH
Storage condition	Temperature / 50-122F / 10-50C Humidity / 10-90%RH

Classification

Class II Equipment 

Operating condition: Temperature:
 Humidity:

Storage condition: Temperature:
 Humidity:

Type BF Applied Part 

20-40 C/68-104 F

30-75%RH

10-50 C/50-122 F

10-90% RH

Do not expose the Heating-Pad to temperature extremes (below 5 C/41 F or over 50 C/122 F) nor excessive humidity(>90%RH).

Equipment not suitable for use in the presence of a flammable anaesthetic mixture with air or with oxygen or nitrous oxide.