StatusFirst[™]



Catalog number

Troponin I

For the Rapid, Quantitative Determination of Troponin I in human Whole Blood, Plasma or Serum



Manufacturer: Princeton BioMeditech Corporation 4242 US Route 1 Monmouth Junction, NJ 08852 www.pbmc.com

EC REP

Authorized Representative: MT Promedt Consulting GmbH Altenhofstrasse 80 66386 St. Ingbert, Germany +49-68 94-58 10 20



Manufactured for: LifeSign LLC 71 Veronica Avenue Somerset, NJ 08873 Tel: 1 800. 526.2125 www.lifesignmed.com

StatusFirst™ **Tnl**

Explanation of Symbols

- CE CE Marking of Conformity Manufacturer REF Catalog number Ы Expiry date/Use by Lot number LOT In Vitro Diagnostic medical device IVD Consult instructions for use li Store between 2°C and 8°C 2°C -Store at 2-8°C Manufactured for MF European Authorized Representative EC REP Contents CONT **Test Device** DEV Data Chip DC Package Insert IFU Desiccant D **Transfer Pipette** PIP Intended Use: For the quantitative determination of MTD Tnl
 - Troponin I as an aid in the diagnosis of myocardial infarction and acute coronary syndrome



- Contains sufficient for <n> tests
- Do not reuse

StatusFirst™ **Tnl**

For in vitro diagnostic use

Intended Use

StatusFirst[™] Tnl (Troponin I) is a rapid test for *in vitro* quantitative determination of Troponin I in human whole blood, plasma or serum. The device is intended for use with the DXpress[™] Reader to provide quantitative results as an aid in the diagnosis of myocardial infarction and acute coronary syndrome (ACS).

Summary and Explanation

Acute coronary syndrome (ACS) is the leading cause of morbidity and mortality among both men and women, affecting more than 13.9 million people in the US. The presentation of ACS is varied and symptoms may develop suddenly, with acute myocardial infarction (AMI) being the most dramatic of presentations. Annually, AMI affects approximately 1.1 million people in the US, with a 30% mortality rate.

The World Health Organization recommends diagnosis of AMI with a positive indication on at least two of these three criteria: (1) patient history and physical examination; (2) electrocardiogram; (3) changes in blood levels of cardiac protein markers.¹ Patient history and physical examination are critical and must be considered, but often provide insufficient information to differentiate AMI from other cardiac abnormalities. Electrocardiogram, together with the patient history and physical examination, is useful but diagnostic in only about 50% of AMI patients. ST segment elevation or depression and Q wave formation are typical indicators of AMI. Patients hospitalized with ACS have been found to be high risk ST-segment elevation myocardial infarction (STEMI) or moderate-high risk non-ST-segment elevation myocardial infarction (NSTEMI) patients.² However, it may be difficult to diagnose AMI in NSTEMI patients.³ Therefore, measurement of sensitive and specific cardiac protein markers in the blood provides an extremely useful differential diagnostic tool enabling prompt management of patients presenting with symptoms of AMI.

Troponin I and troponin T are two specific contractile proteins of the cardiac muscle regulatory complex that have gained popularity as cardiac specific markers for AMI. Three subunits of the troponin complex (I, T, C) are bound with tropomyosin to actin in the thin filament of the myofibril. Cardiac troponin I (cTnI) prevents muscular contraction and is exclusively present in the cardiac muscle.⁴ The Troponin complex, together with tropomyosin, forms the main component that regulates the Ca²⁺ sensitive ATPase activity of actomyosin in striated muscle (skeletal and cardiac).⁵ Different isoforms of TnI exist in the skeletal and cardiac muscles (sTnI and cTnI, respectively) with distinct structural heterogeneity between these isoforms that allow

the production of isoform-specific antibodies.⁶ Specifically, the amino terminal amino acid sequence of cTnl has 31 amino acid residues that are not present in sTnl. The utility of determining the serum levels of the different isoforms of Tnl has been studied.⁷

Detection of cTnI in the serum has been investigated as an aid in the determination of myocardial damage in patients with AMI.⁸ Determining the serum level of cTnI provides diagnostic value in identifying patients with AMI. The temporal relation of release of cTnI into the serum has been investigated and compared to the other established cardiac markers, such as creatine kinase MB (CK-MB), myoglobin and Troponin T.^{9,10} Following AMI, cTnI is released into the circulation with levels exceeding the upper reference limit of normal within 4–6 hours, and peak levels are reached after 12-24 hours.¹¹ This early release profile is similar to CK-MB. However, CK-MB levels return to normal values in about 72 hours, while levels of cTnI remain elevated for 5–7 days.

The release of cTnI into the blood involves myocardial damage, primarily as a result of AMI; however, such damage may occur from causes other than AMI, such as unstable angina, congestive heart failure, and ischaemic damage due to coronary artery by-pass surgery.¹³ Further, the distinct structure of cTnI and the availability of highly specific detection methods for cTnI have increased the utility of this marker for the diagnosis of AMI in complex clinical conditions that involve skeletal muscle damage. The high specificity of cTnI measurements for the identification of myocardial damage has been demonstrated in conditions such as the perioperative period, after marathon runs, and following blunt chest trauma.^{11,12} Levels of other, non-cardiac specific protein markers such as CK-MB and myoglobin are typically elevated in the blood following such skeletal muscle damage.^{14,15}

Principle

The *Status*First[™] TnI test device utilizes biotin coupled anti-TnI antibody/streptavidin solidphase chromatographic immunoassay technology to quantitatively determine the concentration of TnI in human whole blood, plasma and serum specimens. After a sample has been dispensed into the sample well, the *Status*First[™] TnI test device is placed in the DXpress[™] Reader. The DXpress[™] Reader displays the TnI concentration 15 minutes after sample addition. The DXpress[™] Reader is programmed to convert the intensity of the test band (as indicated by the "TnI" line on the test device) into a concentration of TnI automatically by using lot specific calibration factors supplied with each box of test devices. The TnI concentration in the sample correlates with the intensity of the test band.

Reagents

The *Status*First[™] Tnl test device contains all required reagents including dye conjugated monoclonal anti-Tnl antibody, biotin conjugated polyclonal anti-Tnl antibody and streptavidin immobilized at the test band. No other reagents are required.

Materials Provided

Each box contains the following:

- 20 StatusFirst[™] TnI test devices, each individually sealed in a foil pouch with a desiccant and a single use transfer pipette.
- 1 lot specific Data Chip with calibration information
- 1 package insert

Materials/Equipment Required But Not Provided

- 1. DXpress[™] Reader, part no. LSR-2000
- 2. Commercially available TnI Controls for external Quality Control (QC)

Precautions and Warnings

- For in vitro diagnostic use only.
- Carefully follow the instructions for use.
- Wear disposable gloves while handling patient samples.
- Patient samples, used test devices and transfer pipettes should be treated as if potentially infectious and should be discarded as biohazard materials according to local regulations.
- Thoroughly wash hands afterwards and observe the appropriate regulations/procedures for disposal of all used materials (samples, test devices, and transfer pipettes).
- The result obtained from the *Status*First[™] Tnl test device does not provide a definitive diagnosis and should be interpreted by the physician in conjunction with other laboratory test results and patient clinical findings.
- Avoid cross contamination of samples by using a new transfer pipette for each sample.
- Keep the test device in the sealed pouch until ready for use.
- Do not use the test device if the pouch is damaged or the seal is broken.
- Do not use the test device after the expiration date printed on the pouch.
- This is a quantitative test and therefore no visual interpretation of the result should be made.
- The test must be read at 15 minutes after sample addition to ensure an accurate result.

Storage and Stability

- Store the StatusFirst[™] TnI test device between 2° and 8°C (35° to 46°F) until the expiration date printed on the pouch is reached.
- The *Status*First[™] Tnl test device in its sealed pouch is stable at room temperature (18° to 30°C/ 64° to 86°F) for 15 days, provided the expiration date printed on the pouch is not exceeded.

Sample Collection and Preparation

- The *Status*First[™] Tnl test device is to be run using whole blood, serum or plasma samples collected using EDTA or lithium heparin as the anticoagulant.
- Whole blood samples must be tested within 4 hours and plasma or serum samples must be tested within 8 hours of collection.
- Whole blood, serum or plasma samples should be stored and/or transported in refrigerated conditions.
- If longer storage is required, plasma or serum samples should be kept frozen at -20°C (-4°F) or lower.
- Allow patient samples to equilibrate to room temperature prior to testing.
- Grossly hemolyzed samples should not be used.
- Mix the blood specimen gently inverting the tube several times before using.
- For frozen samples, thaw completely and mix thoroughly before use.

PROCEDURE

DXpress[™] Reader

[___i] Consult the DXpress™ Reader User Manual.

For DXpress[™] Reader installation, startup and complete instructions refer to the DXpress[™] Reader User Manual. The operator must consult the DXpress[™] Reader User Manual prior to use and become familiar with the processes and quality control procedures.

QC Procedure

Self Check

Each time the DXpress[™] Reader is turned on, Self Check is automatically performed. Self Check takes about 15 seconds. **PASS** or **FAIL** results will be displayed/printed when testing is completed. All Self Check items should pass before testing patient samples. The operator may then proceed to "**Calibration QC**."

If the DXpress[™] Reader is left on or in power save mode, the operator should perform Self Check daily as follows:

- 1. From the Main Menu, select [2] RUN QC.
- 2. Select [1] SELF CHECK.
- 3. Self Check takes about 15 seconds. **PASS** or **FAIL** results will be displayed/printed when testing is completed.

Calibration QC

Each day of patient testing, use the Calibration Set (see DXpress[™] Reader manual) to ensure the DXpress[™] Reader functions properly:

- 1. From the Main Menu, select [2] RUN QC.
- 2. Select [2] CALIBRATION QC.
- 3. Scan (or manually enter) the Operator ID barcode.
- 4. Scan the Calibrator ID barcode, found on the back of the Calibrator.
- 5. Insert the Calibrator into the reader be sure to close the Tray and press **ENTER**. Follow prompts displayed on the screen.
- 6. Calibration QC result will be displayed/printed when the calibration is completed. Calibration QC should pass before running daily patient testing.
- 7. Blank Calibration is not necessary for Tnl product. Select [CANCEL] and press ENTER.

External QC

Perform External QC once for each new lot of StatusFirst[™] TnI test devices.

- 1. From Main Menu, select [2] RUN QC.
- 2. Select [3] EXTERNAL QC.
- 3. Using external controls, follow the same procedure as if running a patient sample; see section "Testing Patient Sample Procedure" below. The only difference is that RUN PATIENT requires a Patient ID, whereas EXTERNAL QC requires a Sample ID.

Uploading Lot-Specific Calibration Information using the Data Chip

When you start to use a new lot of test devices, the Reader will prompt the operator to insert the Data Chip that is supplied in the test kit. Insert the Data Chip with the corresponding test device lot number, select **OK** to continue and follow the prompts.

Testing Patient Sample Procedure

There are three modes of testing patient samples (Read-Now, Batch, Scheduler). The operator is free to choose the mode most suitable for the particular task at hand. The Scheduler mode is described below as an example:

- 1. Open the pouch and remove the test device.
- 2. Label the test device with the patient ID.
- 3. Place the test device on a level surface.
- 4. Testing the Patient Sample on the DXpress[™] Reader:
 - From the Main Menu, select [1] RUN PATIENT.
 - Scan (or manually enter) lot number barcode from the pouch.
 - Confirm test device information (type of test device and lot number) as displayed on the screen and press **ENTER**.
 - Scan (or manually enter) the Operator ID barcode.
 - Scan (or manually enter) the Patient ID barcode.
 - Select either **Blood** or **Plasma/Serum**, as appropriate.
 - From the Incubation Time window, select SCHEDULER.
 - Within 30 seconds do the following:

Draw patient sample solution up to the line on the transfer pipette while holding the transfer pipette vertically, and dispense into the sample well. When drawing sample into the transfer pipette, avoid introducing air bubbles. Do not touch the sample well or test device with the tip of the transfer pipette.

Fill sample up to line

- Press ENTER.
- Insert the test device in the Reader tray, close the Reader tray.
- After 15 minutes of incubation the DXpress™ Reader will automatically display the results on the screen.
- Results may be printed by pressing the **PRINT** button.
- At this point the test device may be removed and appropriately discarded.

Report and Interpretation of Results

- The range of Tnl concentrations reported by the test device system is 0.05 ng/mL to 30 ng/mL. Results below or above this range will be shown as < 0.05 ng/mL or > 30 ng/mL, respectively.
- Valid results will be displayed on the Reader as: Control: Valid

Tnl: xx.xx ng/mL

 Invalid results: If the sample fails to migrate properly or the reagents fail, the Reader will display: Control: Invalid***
 The Invalid***

Tnl: Invalid***

In this case, repeat the test with a new test device.

Recommended Decision Threshold Values

The clinical cutoff of *Status*First[™] TnI was determined as 0.2 ng/mL TnI when compared to Access[®] AccuTnI^{™↑} and Triage[®] Cardiac Panel^{+↑}. However, laboratories should establish their own diagnostic cutoff concentration based on the clinical practice at their respective institutions.

[†]Registered trademark of Beckman Coulter ^{††}Registered trademark of Biosite

QUALITY CONTROL External Controls

Good laboratory practice includes the use of external controls to ensure proper test device performance. It is recommended that prior to using a new lot or shipment of *Status*First[™] TnI test devices, the performance of the lot be confirmed by testing with external controls (see section "**Materials/Equipment Required But Not Provided**") to ensure the test devices will deliver the correct test result. The frequency of QC testing should be determined according to individual laboratory standard QC procedures. Upon confirmation of the expected results, the test devices are ready for use with patient samples. If external controls do not perform as expected, do not use the test devices and contact LifeSign Technical Services at 1-800-526-2125.

Internal Controls

StatusFirst[™] Tnl test device has a built-in control that satisfies the requirements of testing a control on a daily basis. The control line is an internal positive procedural control. A distinct reddish-purple control line should appear at the control position if the test is performed properly, an adequate sample volume is used, the sample and reagent are wicking on the membrane, and the reagents at the control line are reacting with the conjugate-color indicator. In addition, a clear background may be considered a negative procedural control. If the test is performed correctly and the device is working properly, the background in the result window will become clear and provide a distinct result. The DXpress[™] Reader will report "**Control: Valid**" and the test result for Tnl concentration in ng/mL unit when Internal Control QC is satisfied.

LIMITATIONS

- The results of the *Status*First[™] TnI test should be used in conjunction with the total clinical presentation of the patient and other laboratory information available. Medical decisions should not be based on a single point in time test result of the *Status*First[™] TnI test. The published guideline recommends collecting at least three blood samples during the early triage period.¹⁶
- Other substances and/or factors not listed, e.g., technical or procedural errors, may interfere with the test and cause false results.

PERFORMANCE CHARACTERISTICS

Limit of Detection

The limit of detection (LoD) represents the lowest concentration of TnI that can be reliably differentiated from zero. The LoD of 0.05 ng/mL was determined according to Clinical and Laboratory Standards Institute (CLSI) guideline EP17-A.

Limit of Quantitation

The limit of quantitation (LoQ) is the lowest TnI concentration that can be reproducibly measured with a total coefficient of variation of at most 20%. The LoQ was determined to be 0.1 ng/mL.

Linearity

Human cardiac troponin complex from the National Institute of Standards & Technology (NIST) was spiked into human blood to a final concentration of 32 ng/mL cardiac troponin I, and then plasma was separated from the whole blood. The plasma from the spiked blood was 2-fold serially diluted into troponin I negative plasma for a total of ten values spanning the measuring range of the *Status*First[™] TnI test. Each level was tested in ten replicates. The data were analyzed in accordance with CLSI EP6-A and demonstrated linearity of the test device across the measuring range from 0.063 to 32 ng/mL. The data are shown below in Table 1.

Expected conc. (ng/mL)	Measured conc. (ng/mL)	% Recovery	
0.063	0.070	113.8%	
0.125	0.146	116.8%	
0.25	0.261	104.4%	
0.5	0.546	109.2%	
1	1.021	102.1%	
2	2.151	107.6%	
4	4.078	102.0%	
8	8.393	104.9%	
16	17.439	109.0%	
32	32.569	101.8%	

Table 1. Linearity of StatusFirst[™] Tnl test

Precision

The precision of the *Status*First[™] Tnl test device was determined using samples where Tnl from NIST was spiked at four concentrations (Table 2). The within-day and total precision studies were performed in two runs per day, in six replicates per run at each concentration level, for 15 days with three DXpress[™] Readers. The within-run and total variances and coefficients of variation (CVs) were computed according to CLSI guideline EP5-A.

Mean level	Average Within-run		Average Total		
(ng/mL)	Std. dev. (ng/mL)	CV (%)	Std. dev. (ng/mL)	CV (%)	
0.25	0.04	14.4	0.04	14.8	
2.0	0.29	14.4	0.31	15.1	
10.0	1.73	17.2	1.78	17.6	
20.0	3.70	18.0	3.70	18.4	

Table 2. Precision Data

CROSS-REACTIVITY AND INTERFERING SUBSTANCES Potentially Cross-Reactive Substances

The following cardiac proteins and peptides were tested for potential cross-reactivity in the *Status*FirstTM TnI test device at the maximum concentration of substance indicated (Table 3). No substance demonstrated significant cross-reactivity (i.e., all cross-reactivities < 0.05%) when added to sample containing a TnI concentration of approximately 0.5-0.7 ng/mL.

Table 3. Cross-reactivity study

Protein/Peptides	Actual Conc. (µg/mL)	Cross-reactivity (%)	
Tropomyosin	1	0.002	
cTnT	0.5	0.005	
cTnC	1	0.016	
cMyosin light chain	0.2	0.048	
Myoglobin	1	0.003	
CK-MB	1	0.005	
BNP	1	0.000	
NT-proBNP	1	0.000	

Drugs

Sixty drugs were assessed for potential interference in the *Status*First[™] Tnl test device (Table 4). The list of drugs encompassed common prescription and over-the-counter compounds, as well as medications often prescribed in a cardiac related patient population. The drugs were tested at concentrations as recommended in the CLSI Approved Guideline EP7-A 'Interference Testing in Clinical Chemistry,' or at least three times the highest concentration reported following a therapeutic dosage. No significant interference with the *Status*First[™] Tnl measurement was observed for the drugs listed in the table below.

Acetaminophen	Dipyridamole	Oxazepam
Actetylsalicylic acid (Aspirin)	Dopamine	Oxytetracycline
Allopurinol	Enalapril maleate	Phentobarbital
Alteplase	Erythromycin	Phenytoin
Ambroxol	Fluvastatin (Lescol)	Pravastatin
Amiodarone	Furosemide	Probenecid
Amlodipine Besylate	Glyburide	Procainamide
Ampicillin	Heparin	Propranolol
Ascorbic acid (vitamin C)	Hydralazine	Quinidine
Atenolol	Hydrochlorothiazide	Spironocactone
Atorvastatin calcium	Indomethacin	Sulfamethoxazole
Caffeine	Isosorbide dinitrate	Theophylline
Captopril	Lisinopril	L-thyroxine
Chloramphenicol	Methaqualone	Trimethoprim
Chlordiazepoxide	Methyl-DOPA	Verapamil
Cinnarizine	Milrinone lactate	Warfarin
Clopidogrel bisulphate	Nicotine	
Cyclosporine A	Nifedipine	
Diclofenac	Nitrofurantoin	
Digitoxin	Nitroglycerin	
Digoxin	Noraminopyren (Dipyrone)	
Diltiazem	Nystatine	

Table 4. List of drugs tested for the interference study

Other Potentially Interfering Substances

When added to a sample containing TnI, hemoglobin (up to 0.5 g/dL), bilirubin (up to 20 mg/dL), triglycerides (up to 1 g/dL) and human albumin (up to 16 g/dL) did not interfere with the recovery of TnI.

Hook Effect

No high dose hook effect was observed for TnI concentrations up to 500 ng/mL.

Blood, Plasma, and Serum Correlation

Blood, plasma and serum comparison study was performed with clinical samples. A comparison analysis between blood, plasma and serum showed the following correlations.

StatusFirst[™] TnI EDTA Plasma = 0.958 x StatusFirst[™] TnI EDTA Whole blood (EDTA) – 0.002 ng/mL r² = 0.95 StatusFirst[™] TnI Lithium Heparin Plasma = 0.946 x StatusFirst[™] TnI Whole blood (Lithium Heparin) – 0.010 ng/mL

 $r^2 = 0.96$

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StatusFirst™ TnI serum = 1.197 x StatusFirst™ TnI Plasma (EDTA)
r² = 0.98
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CLINICAL PERFORMANCE

A total of 228 patients' whole blood and plasma specimens collected in EDTA and/or lithium heparin tubes were tested. Tnl concentrations in plasma samples from lithium heparin tubes were determined by both Access[®] AccuTnl[™] and the *Status*First[™] Tnl test. Tnl concentrations in whole blood samples from EDTA tubes were determined by both Triage[®] Cardiac Panel and *Status*First[™] Tnl test. Tnl levels in plasma from EDTA tubes and in whole blood from lithium heparin tubes were tested on the *Status*First[™] Tnl test only and used to determine the correlation of different matrices and anticoagulants.

The sensitivity and specificity of the StatusFirst[™] TnI test was evaluated against Access[®] AccuTnI[™] and the StatusFirst[™] TnI performance was correlated to Access[®] AccuTnI[™] or Triage[®] Cardiac Panel.

Clinical Sensitivity and Specificity

The *Status*First[™] TnI test results in this clinical study were analyzed using the Receiver Operator Characteristics (ROC) curve. The diagnostic utility of the *Status*First[™] TnI test is demonstrated by the area under the ROC curve of >0.99, which indicates that the *Status*First[™] TnI test is as effective as Access[®] AccuTnI[™] in the diagnosis of AMI (Figure 1 and Table 5).





Table 5. Area under Curve (AUC) with different sample types

Sample	Sample Numbers Tested		AUC	95% Conf. Interval	
Types	Positive	Negative		Lower	Upper
EDTA WB	94	90	0.998	0.996	1.001
EDTA Plasma	92	90	0.995	0.988	1.003
Li Heparin WB	89	94	0.998	0.996	1.001
Li Heparin Plasma	93	93	0.998	0.996	1.001

To determine the best cutoff, a series of presumed cutoff values were set up and the corresponding sensitivities and specificities were compared (Table 6).

StatusFirst™ EDTA WB		A WB	EDTA Plasma		Li Heparin WB		Li Heparin Plasma	
(ng/mL)	Sensitivity (%)	Specificity (%)	Sensitivity (%)	Specificity (%)	Sensitivity (%)	Specificity (%)	Sensitivity (%)	Specificity (%)
0.1	100	99	100	93	100	82	100	95
0.2	99	99	99	98	99	96	99	98
0.3	94	99	95	98	96	98	96	98
0.4	86	100	88	99	92	100	93	100
0.5	81	100	85	99	85	100	86	100

Table 6. Sensitivity and Specificity Compared to Access[®] AccuTnI™

A cutoff of 0.2 ng/mL TnI is recommended for diagnosis of AMI, as this yields optimal performance of 99% sensitivity and >96% specificity relative to Access[®] AccuTnI[™]. However, laboratories should establish their own diagnostic cutoff concentration based on the clinical practice at their respective institutions.

Correlation of StatusFirst™ TnI vs Access® AccuTnI™ and Triage® Cardiac Panel

The following correlation equations were obtained by comparing *Status*First[™] Tnl to Access[®] AccuTnl[™] and Triage[®] Cardiac Panel. Since each company uses different Tnl standard material for the test calibration, the correlation factor would differ. *Status*First[™] Tnl uses NIST standard for the calibration, as designated by the American Association for Clinical Chemistry.

StatusFirst™ TnI Lithium Heparin Plasma = 0.323 x AccuTnI™ Plasma (Lithium Heparin) + 0.007 ng/mL r² = 0.93 with n = 182

StatusFirst[™] TnI Whole blood (EDTA) = 0.623 x Triage[®] Whole blood (EDTA) + 0.065 ng/mL r² = 0.92 with n = 95

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Manufactured by PBM Princeton BioMeditech Corporation 4242 US Route 1 Monmouth Junction NJ 08852 U.S.A. Tel 1-732-274-1000 Fax 1-732-274-1010 www.pbmc.com