

 Zimmer Medizinsysteme GmbH
 Tel.
 +49 (0)731 / 9761-0

 Junkersstrasse 9
 Fax
 +49 (0)731 / 9761-118

info@zimmer.de www.zimmer.de

# Manual

# CryoMini



# Read Prior to Handling, Transporting or Operating CryoMini

## **CAUTION !**

- Before handling, transporting or operating CryoMini, check the defrosted water container to make sure that it is empty.
   Once the container is empty, CryoMini can be turned onto its side (i.e. for transporting or for changing the castors on the base), without resulting water damage.
- After transporting CryoMini (especially when turned onto its side):
  - Wait at least 30 minutes before switching on the unit.
  - Check the defrosted water container for correct placement (at the side of the CryoMini).
- Installation of the CryoMini
  - Do not place the CryoMini near a heating device: heating system, fango unit, sauna, etc...
  - Insure a minimum of 50 cm free space behind CryoMini for air circulation.

$\triangle$	Explanation of Symbols In this manual this symbol indicates danger to patient, user or third person.
!	In this manual this symbol warns against <b>possible harm to the unit</b> .
*	Device type B: Protection level against electric shock.
<u>CryoMini</u>	These instructions form a part of the apparatus and must be kept with it at all times. Full observation of these instructions is a requirement for the correct application and operation of the equipment and for the consequent safety of both patient and operator.
! Note:	Following maintenance work or after being transported on its side, CryoMini must be left in the upright position for a minimum of 30 minutes before being switched on to avoid damage to the compressor.

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# Schematic Overview

Front side



figure 1

# Legend:

1	Castor
2	Castor guards
3	Control Panel
4	Stand Off
5	Treatment hose nozzle connector
6	Treatment hose

Backside and left Side





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7	Condensate collector
8	Air filter
9	Main switch
10	Power inlet

20 Label

Control panel: controls and display



#### Key function:

- 11
- Increasing of Therapy time Decreasing of Therapy time 12
- 13
- Increasing of fan speed level (figure 4) Decreasing of fan speed level (figure 4) 14
- 15 OK
- 16 Start/Stop
- Display of program number (figure 4) Fan Symbol 17
- 18
- 18.1 Fan speed
- Time Symbol 19
- Therapy time 19.1

# 1. Cryo in brief

#### • What is the CryoMini?

CryoMini may be used for skin cooling in conjunction with dermatological laser treatments to reduce pain and thermal damage to skin tissue.

#### • What does the CryoMini do?

The unit blows very low-temperature air, at adjustable fan settings, onto the desired treatment area.

#### • What is the CryoMini's main advantage?

Its ease of use makes the CryoMini very simple to operate, while the level of performance it delivers in continuous operation is normally found only in much larger devices.

#### • What other advantages does the CryoMini have?

Cost-effectiveness. CryoMini cools through the medium of air, so is always ready for use without need for supplies and incurs no running costs. The clear LCD display and ergonomically designed key pad represent the latest technological developments.

#### • How does CryoMini achieve the necessary concentration of cooling?

Air flow can be varied in 9 steps according to the size and accessibility of the area to be treated (level 1 = -200 litres/min, level 9 = -1300 litres/min).



: The unit must only be operated by medical practitioners (e.g. doctors and nursing staff).

**Caution:** RX only = Federal law restricts this device to sale by or on the order of a physician!

#### • The Minimal Load:

With "Load", we mean the time the device needs to produce a certain quantity of cold that will be stored as a reserve. The "Minimal Load" of the CryoMini begins to be created as soon as the device is switched on. This phase is characterized by the simultaneous working of the compressor and the Condenser fan. These 2 elements are always functioning together. During the Minimal Load, no functions are available and the display indicates the status of loading (figure 7) no treatment is possible.

When the unit has reached its minimal cold temperature, you can start the therapy. The compressor and Condenser fan still runs and now produce the Additional or Total Load;.

#### • The Total Load (Additional:)

The Total Load refers to the steady maintenance of the maximum cold temperature in the cold reserve. For example: During a treatment (Starting of the therapy fan with the Start Key), the compressor and the condenser fan run automatically in order to compensate for the loss of cold capacity. When the therapy fan stops (end of treatment) the compressor and condenser fan will continue running in order to complete the cold reserve. During this loading period, treatment is possible. Afterwards, the unit remains in Stand-By Mode.

#### • The Stand-by:

If the device is not used for approximately 30 minutes (in Stand-by Mode), the cold reserve will naturally loose part of its capacity. The compressor and condenser fan will then start running in order to complete the cold reserve. During the Stand-by Mode, treatment is possible.

Cold reserve additions are made automatically. The frequency required to maintain an adequate cold reserve will vary according to the surrounding climatic conditions.

#### • Important Advice for Optimal Use:

The first treatment should be made after the cold reserve is complete or Total Load and not after the Minimal Load. Otherwise, the possibility exists that the unit may not have enough cold reserve for subsequent treatments; it would then automatically proceed to the Minimal Load and treatment would not be possible for a few minutes.



# 2. Assembly instructions

• Step 1: Treatment tube (6) Attach the treatment tube to the air outlet of the CryoMini (5, figure 1).



• Step2: Angle adaptor Attach the accessory storage box through the felt on the top of the unit. (If included)

# 3. Operating instructions

**1. Switch unit on** Power on (9), the treatment display is illuminated.

#### 2. Operating status/ and Therapy

While start up the display indicates the current status (e.g. self-test, pre-treatment cooling). The unit is ready for use once the treatment display is lit. After the pre-cooling phase the device releases the therapy screen.

You now can directly select the desired fan speed and therapy time. Pressing the Start/Stop button starts the therapy.



**3. End of treatment** The end of the program, whether automatically (the cold air supply is cut off) or by the operator having pressed the Start/Stop button, is indicated with an acoustic signal.

# 4. Adjustments, settings and menus

- 1. Switch unit on: Switch on at power switch (9, rear of unit).
- 2. Self-test: On switch-on, CryoMini performs a self-test routine.
- 3. Making changes to system menu:
  - During the self-test and the pre-treatment cooling period, the system menu may be accessed and changes made e.g. settings may be changed, a desired program selected or a custom program defined.



To enter the menu selection mode, press the button beneath the menu field (11).



Use the keys marked with arrows (13+14) to navigate through the 11 menu items available.

The individual menu items are described in detail below:

Own programs Favorite Info Automatic Service Program S01 Automatic Service Program S02 Device Configuration (same) Default Settings (same) Service (same) Defrosting (same) Back to Treatment (same)

Use the selection key (11) to choose the required submenu.

### 4.1. The menu options in detail:

#### 4.1.1. Info

Displays system technical data. No adjustments can be made in this option.

#### 4.1.2. Automatic Service Program S01

Only for use at request of a technician.

#### 4.1.3. Automatic Service Program S02

Only for use at request of a technician.

#### 4.1.4. Device Configuration

Use this submenu to change the language used in the displays or to make technical adjustments. Use the arrow and Select keys to choose the desired option.



- → Language: Various languages are available; these include German, English, French, Italian and Spanish.
- → Display-Backlight: The time to elapse before entering standby mode (dimming of display) may be adjusted under this menu. Use the arrow keys (13+14) to select a period between 0 and 300 seconds. The factory-preset value is 180 seconds. Press Store (11) to apply and save the new setting.



Standby mode saves unnecessary wear on the display and so prolongs its working life.

→ Display-Contrast: Use the setting to adjust the brightness of the display between 10 (maximum contrast) to 23 (very low contrast).



#### 4.1.5. Default Settings:

Select either YES or NO (11+12). No other option is available. If YES is selected, all settings are returned to their original default values.



#### 4.1.6. Service:

This option is password-protected and accessible only by personnel trained by Zimmer MedizinSysteme. To leave this menu option, press OK (15).



#### 4.1.7. Defrosting:

Defrosting begins immediately the Defrost program is selected. It can be cancelled by pressing the Back key (12). The evaporator is defrosted.





#### 4.1.8. Back to Treatment:

This option exits the menu and returns to the treatment display.

# 5. Start of treatment

#### Therapy screen:



After pre-cooling the CryoMini is ready for treatment. Pressing the Start/Stop button starts treatment

# 6. End of treatment

When the program time has elapsed, the air supply is cut off and an acoustic signal is emitted. The program can also be ended manually by pressing the Start/Stop key (16).

# 7. Time setting

Times between 00:00 and 99:59 minutes may be set. Pressing the up or down key once increases or decreases the treatment time for 1 minute. By holding the up or down key increases or decreases the treatment time in steps of 10 minutes.

If an excessively long time has been inadvertently set, pressing the Start/Stop key (16) twice will revert the system to the factory preset time for the program, which in some cases will help speed up the process of adjusting the time downwards to the correct value.

# 8. Maintenance of unit

## 8.1. Service elements: rear panel

<b>→</b>	(9) On/off switch:	The main power switch is located to the rear of the unit. On switch-on, CryoMini performs a self-test routine.
! →	(8) Air filter:	The unit features an air filter (8) to remove coarse dust particles from the air used for cooling and treatment. In normal use, it is sufficient to clean the filter, which is located to the rear of the unit, by drawing a vacuum cleaner nozzle across its outer surface. This should be carried out at least every 150 hours of use, when the software issues a corresponding signal. If the unit is operated in rooms with carpets or in other environments with a high level of dust, it is recommended that the filter be cleaned more frequently.
		Note: After cleaning the filter, the signal issued by the software must be reset by pressing the appropriate button.
! →	Power safety cutout:	CryoMini is fitted with a 2-pole overload circuit breaker to protect the unit from power supply irregularities. The circuit breaker is integrated into the on/off switch (9). If the circuit breaker triggers, the unit must be switched off before it can be reset.

## 8.2. Service elements: side panel

!  $\rightarrow$  (7) Condensate collector: If CryoMini is switched off after use or if the defrosting program is activated, the cooling system warms up and creates condensation. The unit contains a condensate collector vessel, which holds about 2 liters and may be removed for emptying. The vessel should be cleaned after emptying and then placed back in the device. CryoMini should not be operated with the collector removed.

# 9. Models, parameters and adjustments to preset values

→ Models:	Different models are available to suit different power supply voltages.
➔ Preset parameters:	Each unit leaves the manufacturer with a set of standard parameters preset. These may be restored at any time by selecting the Main Settings function (see Adjustments, Settings and Menus, above).
→ Adjustments to preset parameters:	<ul> <li>CryoMini allows the airflow and treatment time to be adapted to suit specific requirements and for the new values to be saved in the unit's memory (see Adjustments, Settings and Menus).</li> <li>1. Air flow rate: The treatment fan can be adjusted through nine levels.</li> <li>2. Treatment time: Treatment time may be adjusted between 00:00 and 99:59 minutes.</li> </ul>

# 10. Indications / Contra-indications for use in conjunction with laser treatment

#### 10.1. Indications

The CryoMini Cold Air Device is intended to minimize pain and thermal injury during laser and dermatological treatments and for temporary topical anaesthetic relief for injections.

#### 10.2. Contra-Indications

- → Hyper-sensitivity to cold
- ➔ Areas of impaired sensation
- ➔ Areas of impaired circulation
- → Open wounds
- ➔ Ablative laser treatment
- ➔ Frostbite
- ➔ Raynaud disease
- ➔ Cryo-globulinemia
- ➔ Cold-agglutinin disease

### 10.3. Treatment Information

Prior to the therapy the patient has to be instructed about the effects of the use of the CryoMini skin cooling system. If the patient is feeling increasing discomfort or a sensation of excessive heat or cold he has to inform the appropriate clinical staff.

The airflow level and the distance between the treatment tube's handpiece and the treated area should be selected to maximize patient's comfort. During the treatment the patient has to be asked about his sensations. If necessary the treatment parameters (airflow and therapy distance) should be modified.

For temporary topical anesthetic relief for injections, the treated area should be cooled to a comfortable level for the patient. Prior to the injection, the treated area must be disinfected to avoid contamination.

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# 11. Warnings

- ➔ The device may only be used by trained medical personal
- ➔ Following transport or storage on its side, the unit must be placed upright and left for at least 30 minutes before being switched on. Failure to observe this may result in damage to the cooling system.
  - ➔ Do not place the unit in direct contact with sources of heat (radiators, mud preparations, saunas etc). Ensure a distance of at least 20 inches (50cm) between the unit and the wall to allow air inflow.
  - ➔ Unfavorable ambient conditions (e.g. ambient temperature above 86°F (30°C) and high humidity) may lead to a reduction in performance (reduced cooling capacity).



→ Magnetic and electric fields may affect the operation of the unit. Do not use CryoMini close to equipment that generates strong electromagnetic fields (e.g. X-ray or diathermy equipment or nuclear magnetic resonance tomography devices)



Dispose of packaging material properly. Keep such material out of reach of children.



CryoMini is not designed for use in environments with an explosive or inflammable atmosphere.



➔ To avoid contamination with non-filtered air on open wounds, the CryoMini must not be used during or after injection.



To avoid freezer burns and over-cooling, the air stream should be directed evenly over the entire area to be treated. Static cooling, or overly intensive cooling, should be avoided.



Do not increase laser output power or energy when using CryoMini for skin cooling



Skin cooling may reduce effectiveness of some laser treatment on identical power output of the laser.

# 12. Technical data

Electrical rating:	
Supply voltage	120 V~/50Hz/60Hz (SN 400300 - 401999)
Current consumption:	standby: ~1A
	maximum: 8-10A
Supply protection in unit:	16A circuit breaker in power on/off switch
Protection level:	
Application class:	Type B, in accordance with IEC 601-1
MedGV group:	3
MPG class:	
General	
Temperature for storage/transport	14°F – 150°F max (-10°C - 70°C max)
Pressure for storage/transport:	600-1200hPa
Ambient operating temperature:	32°F – 86°F max (0°C - 35°C max)
Operation Pressure:	700-1200hPa
Internal encodiactions.	
Internal specifications:	12)/ Drotastian: Multifuse 500mA
Low-voltage systems within unit:	12V Protection: Multifuse 50mA
Evaporator temporatures	$12^{\circ}$ Flotection. Multitude JoinA minimum (standby): $4^{\circ}$ E ( 20°C)
	maximum (standby): $1/^{\circ}F(-10^{\circ}C)$
	maximum (operating): $23^{\circ}\text{F}(-5^{\circ}\text{C})$
Treatment data:	Air temperature at nozzle (ambient temperature 77°F (25°C) or
	less)
	average: 14°F (- 10°C)
	at start of treatment: -4°F (- 20°C)
	maximum: 23°F (- 5°C) (after 15 min. treatment)
Airflow rates:	Level 1: 250 I/min
Annow rates.	Level 2: $440 \text{ l/min}$
	Level 3: 627 I/min
	Level 4: 780 l/min
	Level 5: 910 l/min
	Level 6: 1050 l/min
	Level 7: 1150 l/min
	Level 8: 1250 l/min
	Level 9: 1350 l/min
Maximum treatment time setting:	99:59 minutes
<b></b>	
Physical data:	Weight 25 Flux
Physical dimensions	vveignt: 55,5Kg
External dimensions:	
Castors with diameter	111110
Maximum load to be placed on the table surface	(glass plate):
	Equipment (e.g. lasers) with a maximum weight of 65lbs (30kg) a

Equipment (e.g. lasers) with a maximum weight of 65lbs (30kg) and maximum dimensions 20x20x19inches (50x50x48cm) (WxDxH) may be placed on any plate fixable on the Stand offs.

# ! 13. Cleaning of exterior and disinfection of unit

- → Clean the exterior of CryoMini with commercial synthetic cleaner or furniture polish (but not alcohol-based).
- → For the glass table surface and the treatment tube, alcohol or spirit is recommended.
- ➔ To disinfect the unit and its attachments, use commercial equipment disinfectant in accordance with its manufacturer's instructions.
- → The condensate collector should be disinfected each time it is emptied using a commercial disinfectant.

# 14. Advice on treatment and use

- → To treat larger areas, the distance from the nozzle to the skin should be increased, resulting in longer treatment times for adequate cooling.
- $\rightarrow$  At a distance of 5cm, the cooling spot covers app. 10cm<sup>2</sup>.
- → Hygienic gloves should be worn during the treatment.
- → Before treatment, the purpose and effect of cryotherapy using CryoMini should be explained to the patient.
- → Advise the patient to report any adverse reactions during treatment (e.g. extreme cold sensations) immediately to the practitioner.
- → Throughout the treatment, the practitioner should check the wellbeing of the patient by asking appropriate questions.
- → If necessary, adjust the treatment parameters (air flow rate, distance from treatment area).
- → For use in conjunction with laser equipment, a distance of 2 inches (5cm) is recommended for a treatment area of 4 square inches (10cm<sup>2</sup>). Larger areas should be treated using a correspondingly larger distance. In such cases, a longer treatment time is necessary to achieve the required cooling

# 15. UL Classification

The device bears the following UL Mark:



# 16. Parts included / accessories

Only authorized accessories should be used.

Accessories delivered with unit:	1 User Manual 1 Lightweight tube for laser treatments 1 Container for defrosted water
Available Accessories:	Lightweight tube for laser treatments Container for defrosted water Castors Ø75 mm Angel adaptor for laser therapy Reduction nozzle 5mm Reduction nozzle 10mm
	Reduction nozzle 15mm

# 17. Safety and Maintenance

CryoMini is manufactured in accordance to VDE 0750 part 1(DIN EN 60601-1) safety regulations. As the manufacturer, Zimmer MedizinSysteme GmbH assumes responsibility for the safety and reliability of the unit only on the following conditions:

- ➔ that the unit is supplied from an electrical socket with safety contact that meets all regulations and the electricity supply conforms to DIN VDE 0100 part 710
- → that the unit is operated in accordance with the instruction manual
- ➔ that any expansions, readjustments or modifications are carried out exclusively by personnel acting on behalf of Zimmer MedizinSysteme GmbH.

The unit contains no user serviceable parts, with the exception of the air filter (8, chapter 8.1, page 17) and the condensate collector (7, chapter 8.2, page 17).

### 17.1. Functional self- test

On switch-on, CryoMini performs an automatic self-test and checks the operation of its various components. If necessary, the operation of the cooling system may also be checked as follows:

- **1.** Switch the unit on.
- 2. Wait until unit reaches its ready state. This is indicated when the therapy menu appears (see Adjustments, Settings and Menus).
- 3. Press the Start/Stop button (16) to start operation.
- 4. Select the various air flow levels and check the air flow rate and cooling achieved.

# 18. Fault signals

Error and fault signals appear in text form on the display, in some cases a possible cause is indicated.

In some cases, the error is self-correctable after the device has been switched-off. In this case, wait a few seconds and switch the device back on.

If the error indication is still displayed after switching the device back on, contact customer service.

In the event of Error "High temperature cooling circuit", switch off the device and wait 30 minutes before switching on again.

Certified Service Personnel can be reached by contacting the sales representative or by contacting Zimmer MedizinSysteme directly.

When the expulsed air or air volume temperature is decreasing, defrosting is necessary.

# 19. Disposal

The unit must be disposed of through an accredited company and should under no circumstances be placed in the ordinary or bulk waste.

Manufacturer:

Zimmer Medizinsysteme GmbH Junkersstrasse 9 D- 89231 Neu-Ulm Tel.: +49 (0)731 / 9761-291 Fax: +49 (0)731 / 9761-299 www.zimmer.de export@zimmer.de

Manufactured for :

Zimmer MedizinSystems 25 Mauchly, Suite 300 Irvine, CA. 92618 800 327 3576 949 727 2154 fax www.zimmerusa.com info@zimmerusa.com