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# Super Soft Heel Protector



Re-Order #	Description	Warranty	Case Qty
503410	Heel Protector	6 mo.	Ea.
503420	Heel Protector w/ Bilateral Anti-Rotation Gripper	6 mo.	Ea.
503430	Bilateral Anti-Rotation Gripper - 11 3/8" x 8" x 3 1/2"	6 mo.	Ea.

#### Purpose

Easy to Use

Comfortable support for the prevention and healing therapy of heel pressure ulcers, deep tissue injury and plantar flexion contracture.

- Ankle/Instep
  - 1. Place patient's foot inside the Heel Protector. Make certain that the heel is suspended over the air cavity (*Fig. 1*).
  - 2. Make sure toes are facing upward (Fig. 2, on back), see toe label. Fig. 1
  - 3. Thread the Velcro<sup>®</sup> strap through the web loop near the toes and secure the closure *(Fig. 3, on back)*.



### Easy to Use (cont.)

- 4. Thread the ankle strap through the web loop near the ankle and secure closure (*Fig. 3*).
- 5. Velcro<sup>®</sup> closures should be snug but not tight.
- If using the Bilateral Anti-Rotation Gripper, place foot with Heel Protector into Bilateral Anti-Rotation Gripper. Bilateral Anti-Rotation Gripper prevents rotation in either direction *(Fig. 4)*. The Bilateral Anti-Rotation Gripper will release from the boot when the boot is lifted out of the Bilateral Anti-Rotation Gripper.
- As may be required by the caregiver, a knee elevator (ReOrder# 555040) can be used as shown in *Fig. 5* to relax the pressure on the knee and spine.

#### Caution

- 1. Use on bedridden patients only.
- 2. Do not allow patient to walk or stand on the floor while wearing the protector.
- 3. Have medical professional remove heel protector periodically to inspect skin.
- 4. Do not over tighten straps.
- 5. Assure that the foot is placed in the protector so that the heel is off-loaded.
- 6. When used with the Deep Vein Thrombosis (DVT) device, assure that the tubing is not in contact with the skin and the air flow is not compromised.
- 7. Periodically inspect the heel.

## Easy Care

Clean heel protector with germicidal cleaning solution or soap and water. If necessary, launder at temperatures below 180° F (82° C). Dry at the low setting. Do not use bleach directly on the fabric. Be sure to connect straps to Velcro<sup>®</sup> closure before laundering.



Fig. 2



Skil-Care

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