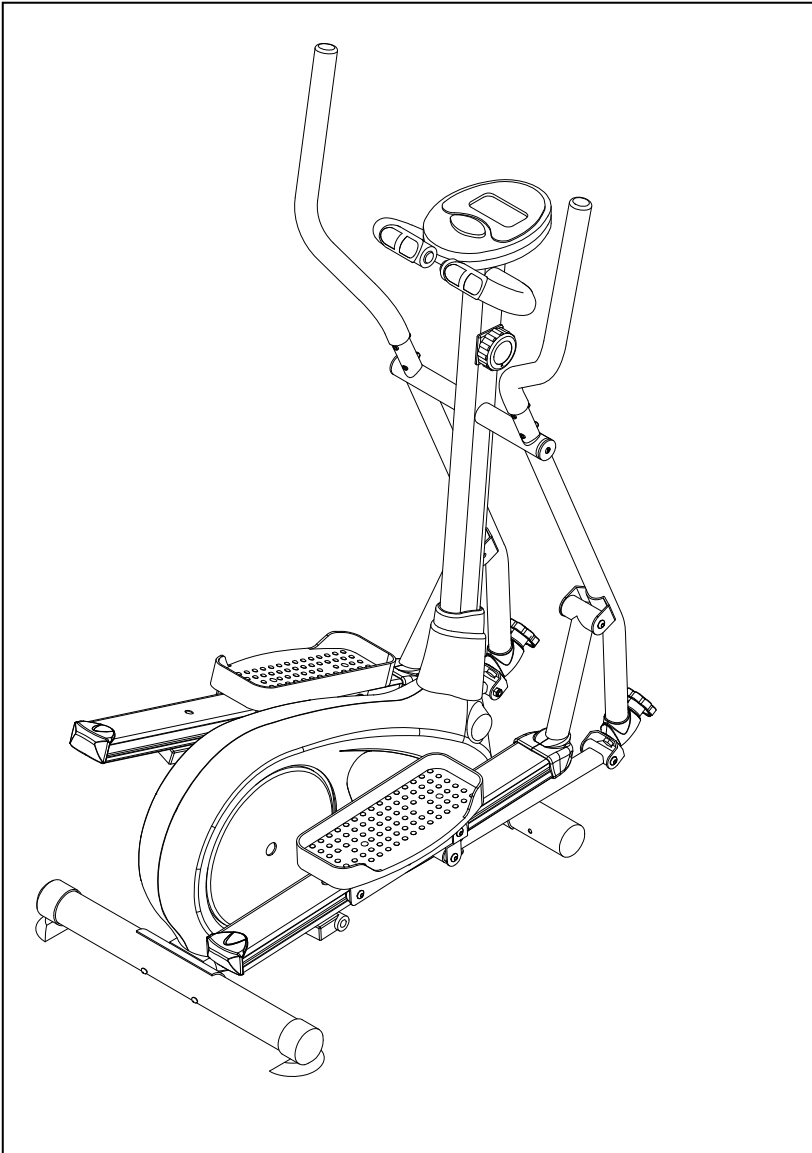


# 2 IN 1

# EXTENDED STRIDE ELLIPTICAL SLIDE STEPPER

## Owner's Manual



### WARNING



Exercise can present a health risk. Consult a physician before beginning any exercise program with this equipment. If you feel faint or dizzy, immediately discontinue use of this equipment. Serious bodily injury can occur if this equipment is not assembled and used correctly. Serious bodily injury can also occur if all instructions are not followed. Keep others and pets away from equipment when in use. Always make sure all bolts and nuts are tightened prior to each use. Follow all safety instructions in this manual.

### CAUTION:

Weight on this product should not exceed 113 KGS.

Product May Be Vary Slightly  
Different From the Picture

# TABLE OF CONTENTS

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## SAFETY INSTRUCTIONS

**WARNING:** To reduce the risk of serious injury, read the following Safety Instructions before using the 2 in 1 Elliptical / Stepper.

1. Read all warnings posted on the 2 in 1 Elliptical / Stepper.
2. Read this Owner's Manual and follow it carefully before using the 2 in 1 Elliptical / Stepper. Make sure that it is properly assembled and tightened before use.
3. We recommend that two people be available for assembly of this product.
4. Keep children away from the 2 in 1 Elliptical / Stepper. Do not allow children to use or play on the 2 in 1 Elliptical / Stepper. Keep children and pets away from the 2 in 1 Elliptical / Stepper when it is in use.
5. It is recommended that you place this exercise equipment on an equipment mat.
6. Set up and operate the 2 in 1 Elliptical / Stepper on a solid level surface. Do not position the 2 in 1 Elliptical / Stepper on loose rugs or uneven surfaces.
7. Inspect the 2 in 1 Elliptical / Stepper for worn or loose components prior to use.
8. Tighten / replace any loose or worn components prior to using the 2 in 1 Elliptical / Stepper.
9. Before exercising, securely tighten both adjustment knobs which secure the Pedal Supports.
10. Consult a physician prior to commencing an exercise program. If, at any time during exercise, you feel faint, dizzy, or experience pain, stop and consult your physician.
11. Follow your physician's recommendations in developing your own personal fitness program.
12. Consult your physician prior to commencing an exercise program. If, at any time during exercise, you feel faint, dizzy, or experience pain, stop and consult your physician.
13. Always choose the workout which best fits your physical strength and flexibility level. Know your limits and train within them. Always use common sense when exercise.
14. Consult a physician before using the Pulse Recovery Function described on page 13.
15. Do not wear loose or dangling clothing while using the 2 in 1 Elliptical / Stepper.
16. Never exercise in bare feet or socks; always wear correct footwear, such as running, walking, or crosstraining shoes. Be sure that they fit well, provide foot support and feature non-skid rubber soles.
17. Be careful to maintain your balance while using, mounting, dismounting, or assembling the 2 in 1 Elliptical / Stepper, loss of balance may result in a fall and serious bodily injury.
18. Keep both feet firmly and securely on the Foot Pedals while exercising.
19. The 2 in 1 Elliptical / Stepper should not be used by persons weighing over 113 kgs.
20. The 2 in 1 Elliptical / Stepper should be used by only one person at a time.
21. The 2 in 1 Elliptical / Stepper is for consumer use only. It is not for use in public or semipublic facilities.

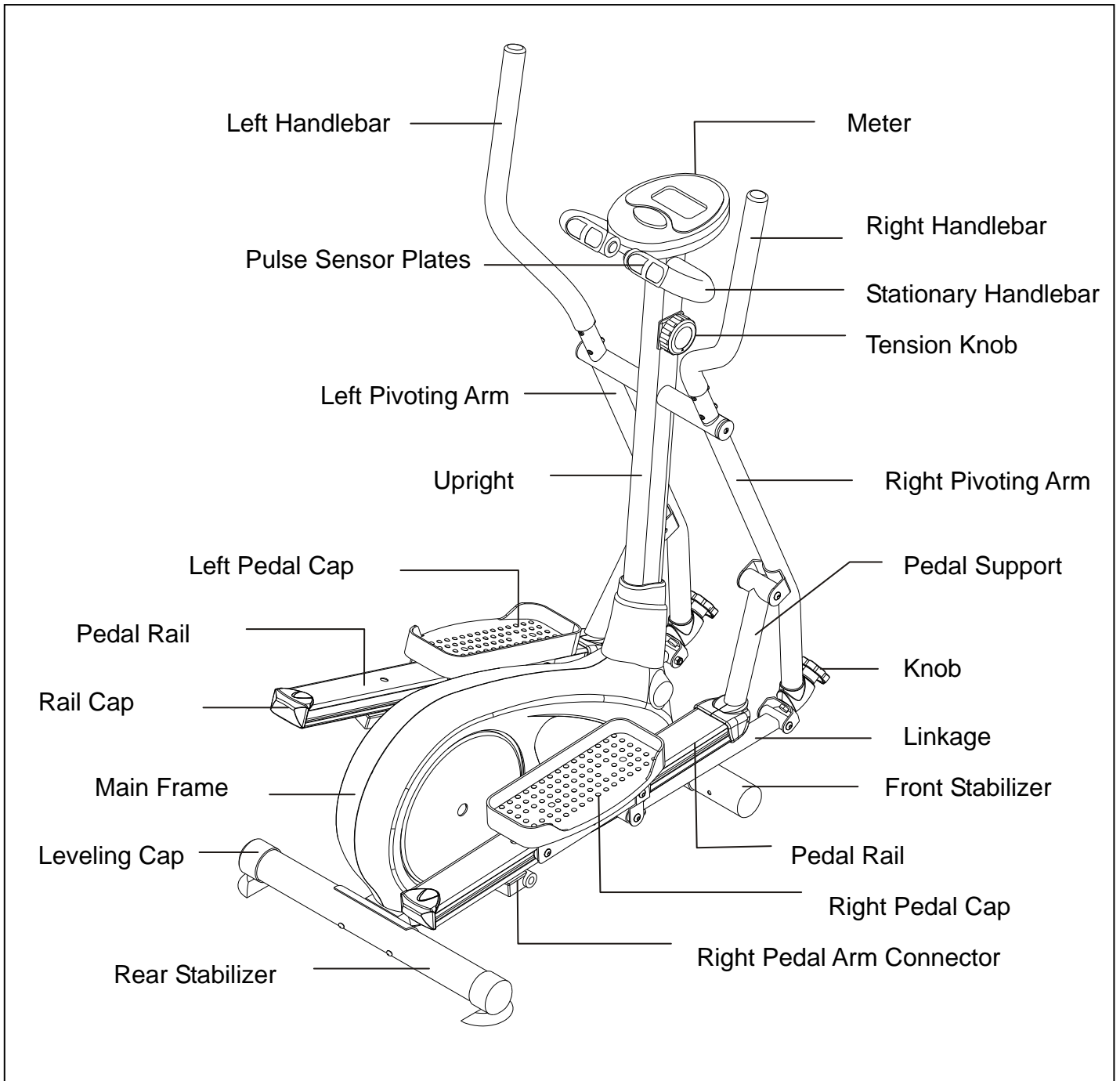
**WARNING:** Before starting any exercise or conditioning program you should consult with your personal physician to see if you require a complete physical exam. This is especially important if you are over the age of 35, have never exercised before, are pregnant, or suffer from any illness. **READ AND FOLLOW THE SAFETY PRECAUTIONS. FAILURE TO FOLLOW THESE INSTRUCTIONS CAN RESULT IN SERIOUS BODILY INJURY.**

## BEFORE YOU BEGIN

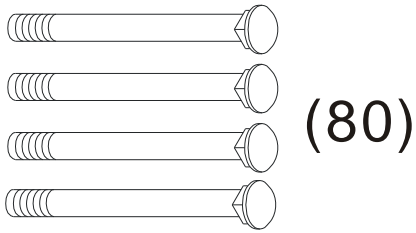
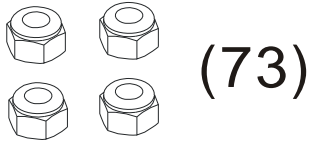
The 2 in 1 Elliptical / Stepper provides a convenient and simple method to begin your assault on getting your body in shape and achieving a happier and healthier lifestyle.

Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled.

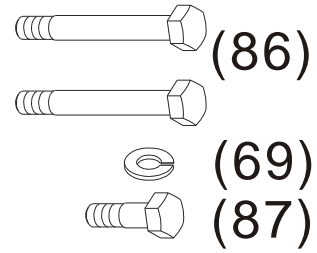
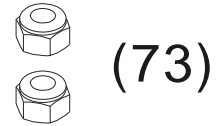
Read this manual carefully before using the 2 in 1 Elliptical / Stepper.



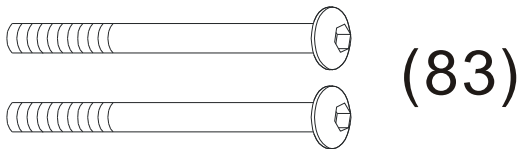
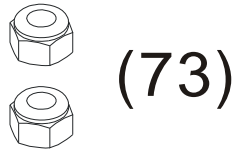
# HARDWARE IDENTIFICATION CHART



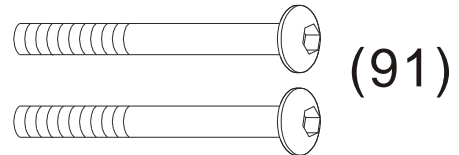
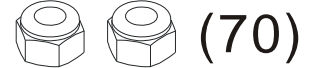
FRONT STABILIZER (2)  
REAR STABILIZER (3)



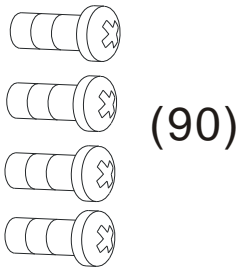
UPRIGHT (4)



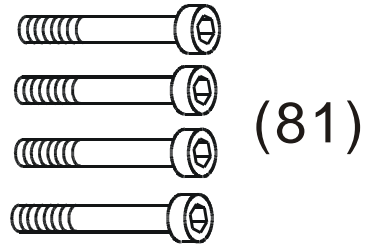
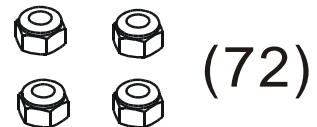
PEDAL SUPPORT(44)



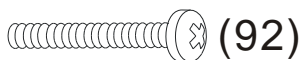
PEDAL RAIL(37)



PEDAL(41,42)



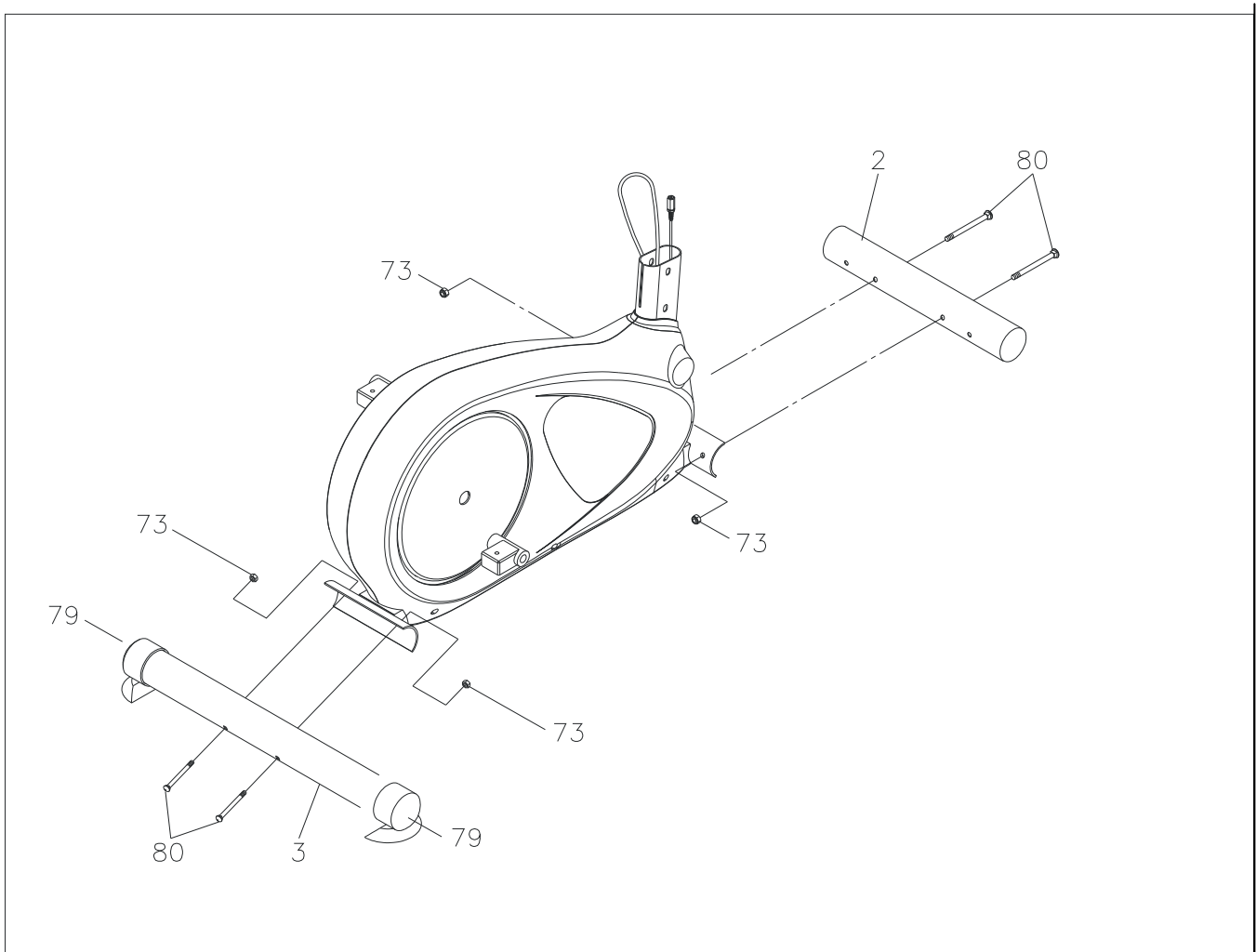
LEFT HANDLEBAR (5)  
RIGHT HANDLEBAR(6)



TENSION KNOB(27)

## ASSEMBLY INSTRUCTIONS

Place all parts from the box in a cleared area and position them on the floor in front of you. Remove all packing materials from your area and place them back into the box. Do not dispose of the packing materials until assembly is completed. Read each step carefully before beginning.



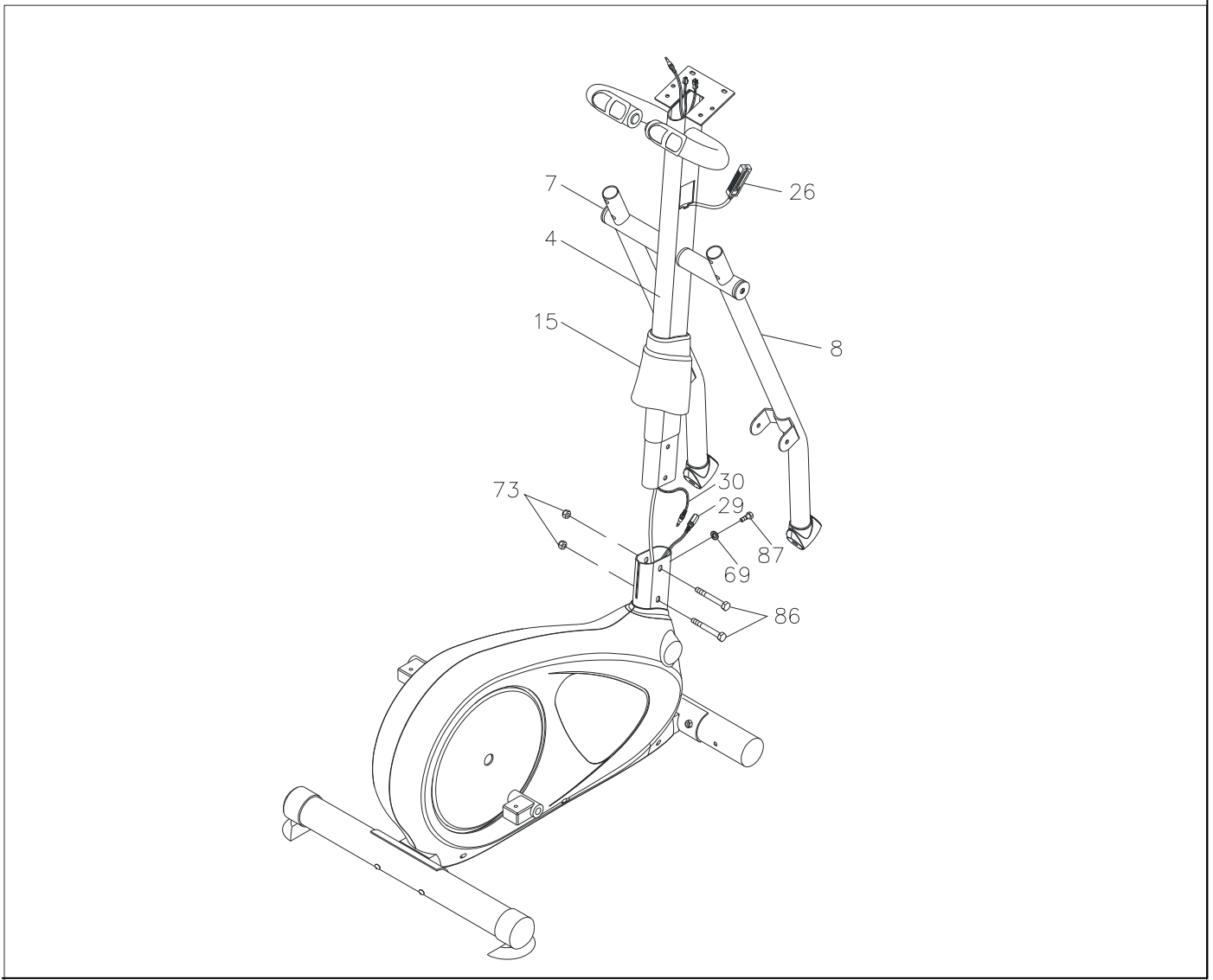
### STEP 1:

Attach the FRONT STABILIZER(2), onto the MAIN FRMAE(1) with CARRIAGE BOLTS M8x70mm(80) and NYLOCK NUT M8(73).

### STEP 2

Attach the REAR STABILIZER(3), the one with LEVELING CAPS(79) onto the MAIN FRAME(1) with CARRIAGE BOLTS M8x70mm(80) and NYLOCK NUT M8(73).

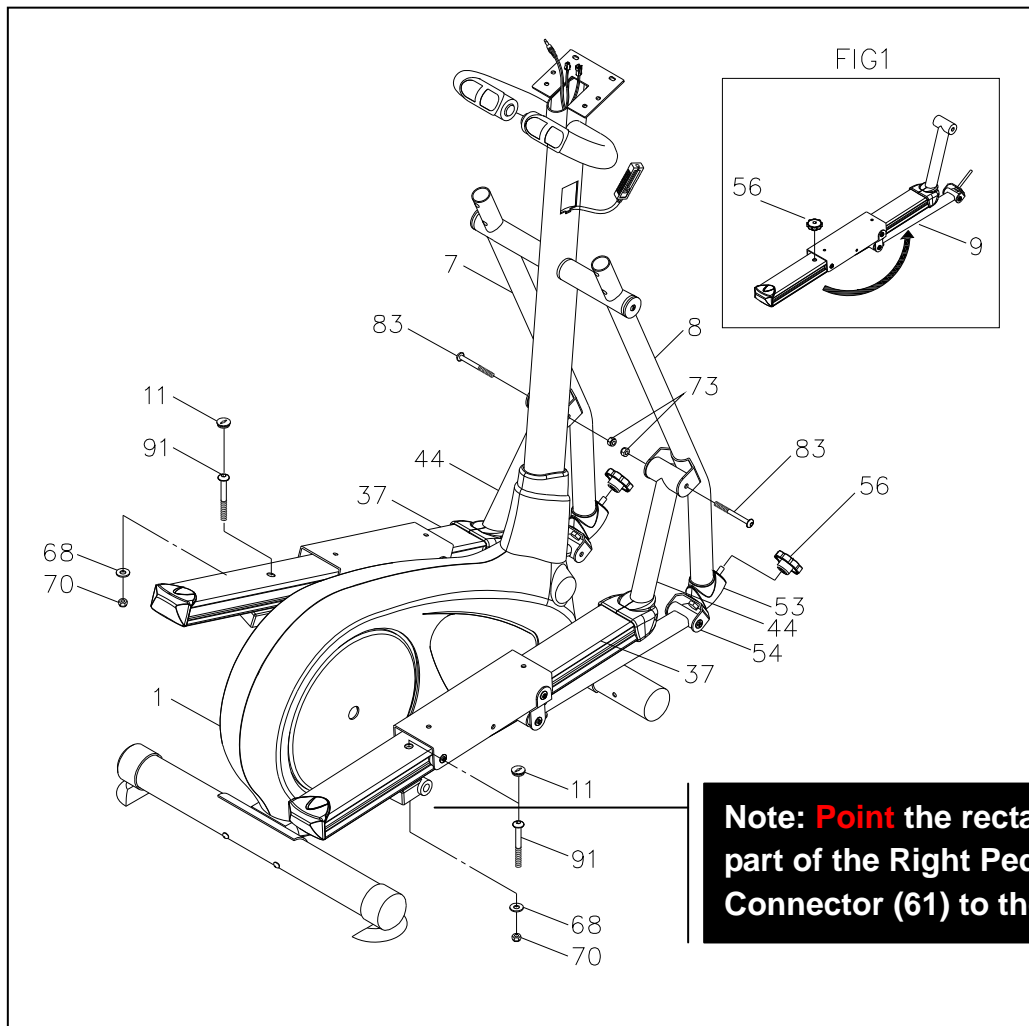
## ASSEMBLY INSTRUCTIONS



### STEP 3

Slide the UPRIGHT SLEEVE(15) onto the UPRIGHT(4). Slide the TENSION CABLE(26) into the bottom end of the UPRIGHT(4). Pull the end of the TENSION CABLE(26) through the square hole in the UPRIGHT(4). CAUTION: Be careful not to damage the CONNECTION WIRE(30). Connect the CONNECTION WIRE(30) to the SENSOR WIRE(29). Insert the UPRIGHT(4) into the MAIN FRAME(1) and secure with BOLT, HEX HEAD M8x50mm(86), NYLOCK NUT M8(73), BOLT HEX HEAD M8x20mm(87), and SPRING WASHER M8(69).

# ASSEMBLY INSTRUCTIONS



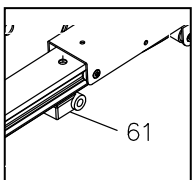
## STEP 4

Connect the PEDAL SUPPORT(44) to the RIGHT PIVOTING ARM(8) with BOLT BUTTON HEAD M8x85mm(83) and NYLOCK NUT M8(73).

## STEP 5

Refer to the FIG1 drawing on the top right corner. Remove the KNOB(56) from the PEDAL RAIL(37). Then swing the LINKAGE(9) toward the front. Insert the LINKAGE CONNECTOR(54) through the KNOB BRACKET(53), and secure with KNOB(56) which is removed from the PEDAL RAIL(37).

## STEP 6



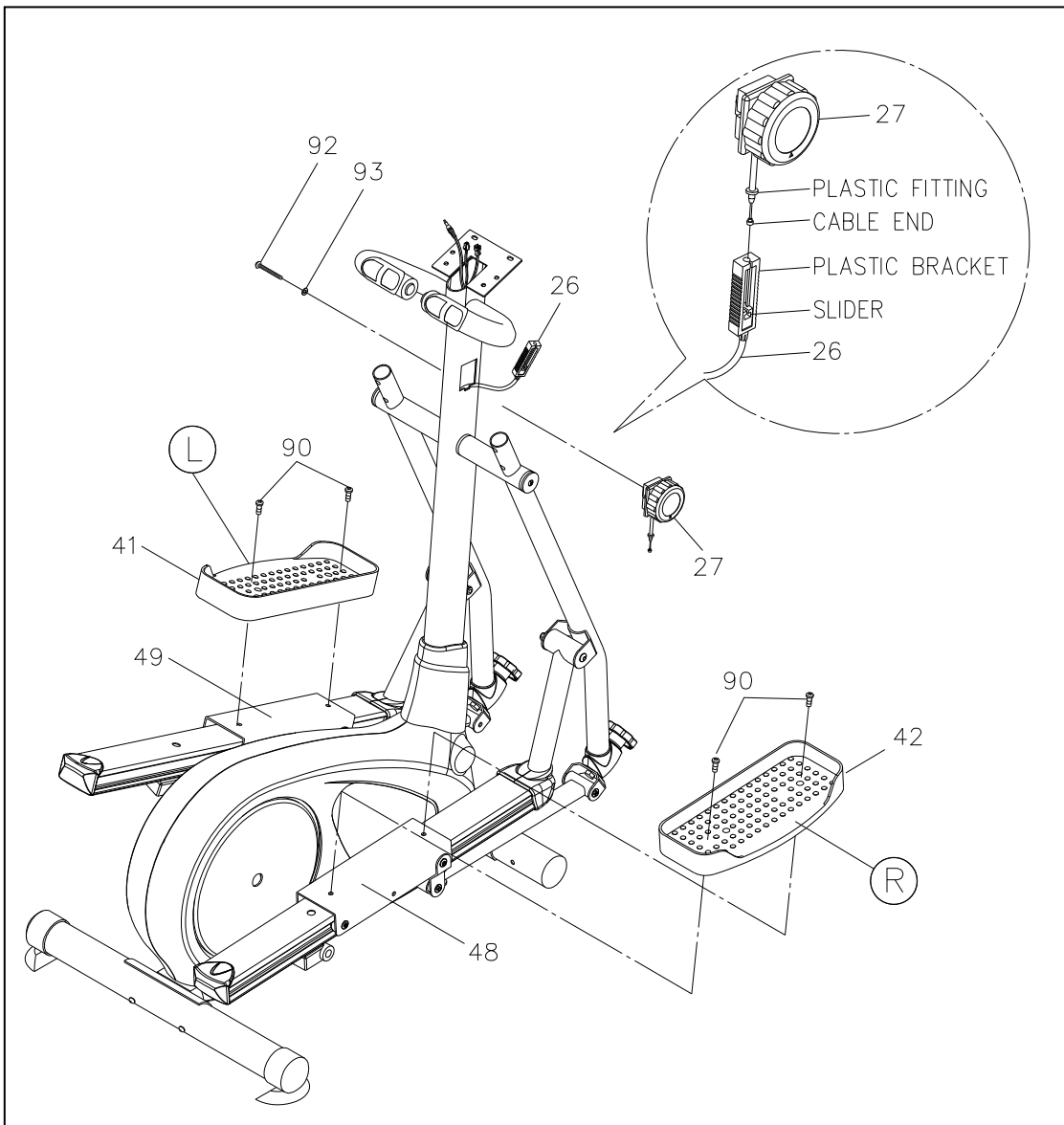
Point the rectangular part of the RIGHT PEDAL ARM CONNECTOR (61) to the back.

Attached the PEDAL RAIL(37) to the MAIN FRAME(1) with BOLT BUTTON HEAD M10x85mm (91), WASHER M10(68), and NYLOCK NUT M10(70). Press the CRANK PAD(11) into the hole of PEDAL RAIL(37).

## STEP 7

Repeat the above steps on the left side.

## ASSEMBLY INSTRUCTIONS



### STEP 8

There is a "L" mark on the LEFT PEDAL(41), and a "R" mark on the RIGHT PEDAL(42). Attach the RIGHT PEDAL (42) to the PEDAL BRACKET(R)(48) with BOLT BUTTON HEAD M8x20mm(90). Repeat on the left side.

**CAUTION:** The lip on the PEDAL(41,42) must face inside. The sides without a lip face outside as shown.

### STEP 9

Set the TENSION KNOB(27) at position "8". Connect the CABLE END of the TENSION KNOB(27) into the SLIDER in the PLASTIC BRACKET. Pull on the TENSION KNOB(27) firmly so that enough cable is available to insert the cable through the slot in the top of the PLASTIC BRACKET. Then insert the PLASTIC FITTING on the TENSION KNOB(27) into the hole in the PLASTIC BRACKET. Install the TENSION KNOB(27) into the square hole on the UPRIGHT(4) and secure with SCREW ROUND HEAD M5x30mm(92) and WASHER M5(93).



## ASSEMBLY INSTRUCTIONS

### STEP 10

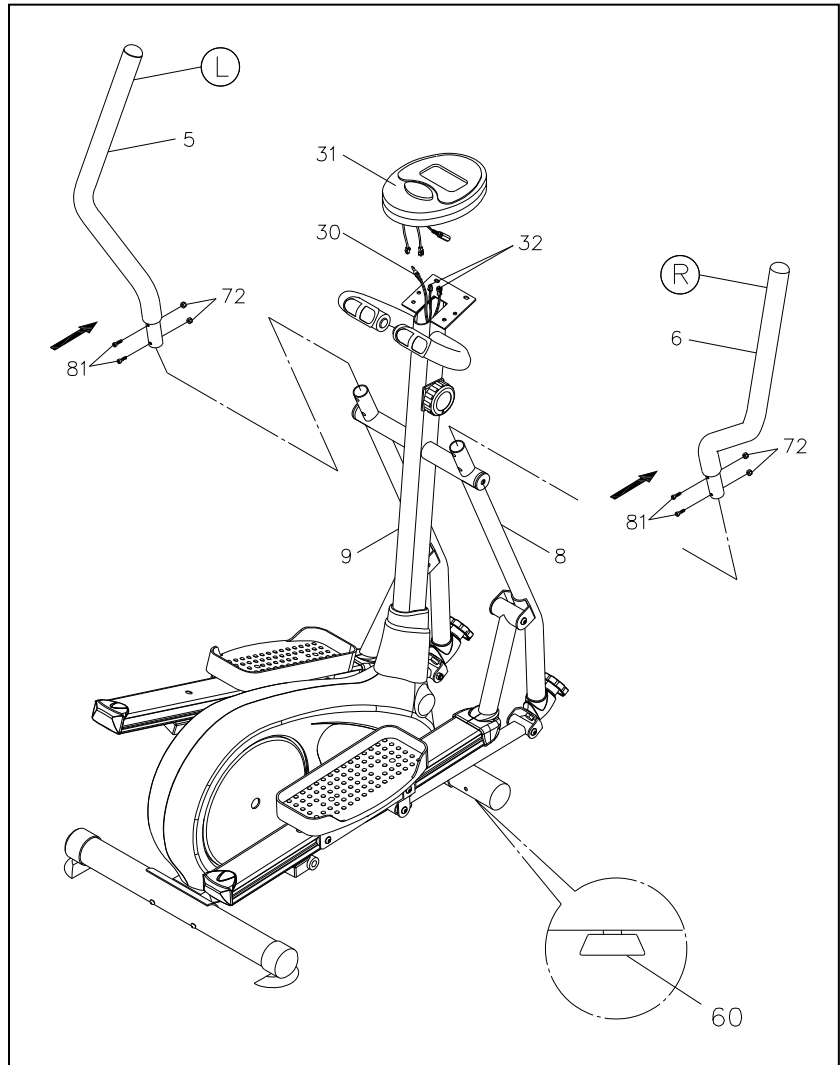
There is a “L” decal on the LEFT HANDLEBAR(5), and a “R” decal on the RIGHT HANDLEBAR (6). Attach the RIGHT HANDLEBAR(6) onto the RIGHT PIVOTING ARM(8) with BOLT SOCKET HEAD M6x35mm(81) and NYLOCK NUT M6(72). Repeat on the left side.

**NOTE: Assemble the BOLT SOCKET HEAD M6x35mm(81) following the direction as the arrow shown. The BOLT HEAD must go through the holes on the PIVOTING ARMS(7,8) and attach onto the HANDLEBARS(5,6).**

### STEP 11

Install two “AA” batteries into the METER(31), two batteries included. Plug the CONNECTION WIRE(30) and PULSE SENSOR WIRE(32) into the METER(31). Slide the METER(31) onto the plate on the UPRIGHT(4), then slide it down to lock in position.

**NOTE: Be careful not to damage the wires when attaching the METER(31).**

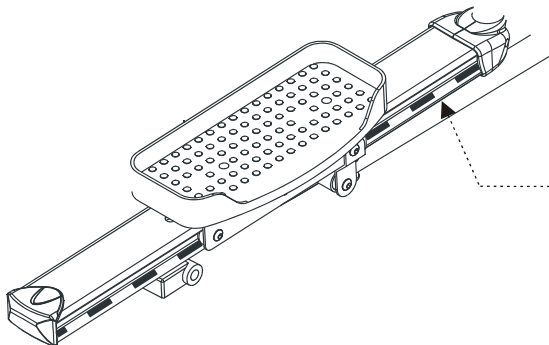


### STEP 12

Adjust the LEVELING STAND(60) until it stands on the ground completely to ensure the stability when in use. Refer to page 10 for instruction to adjust.

### STEP 13

There is a bottle of silicone attached to this user manual. Lubricate the silicone only to the right and left wheel's walking paths of the aluminum pedal rails. Apply it in proper quantity.



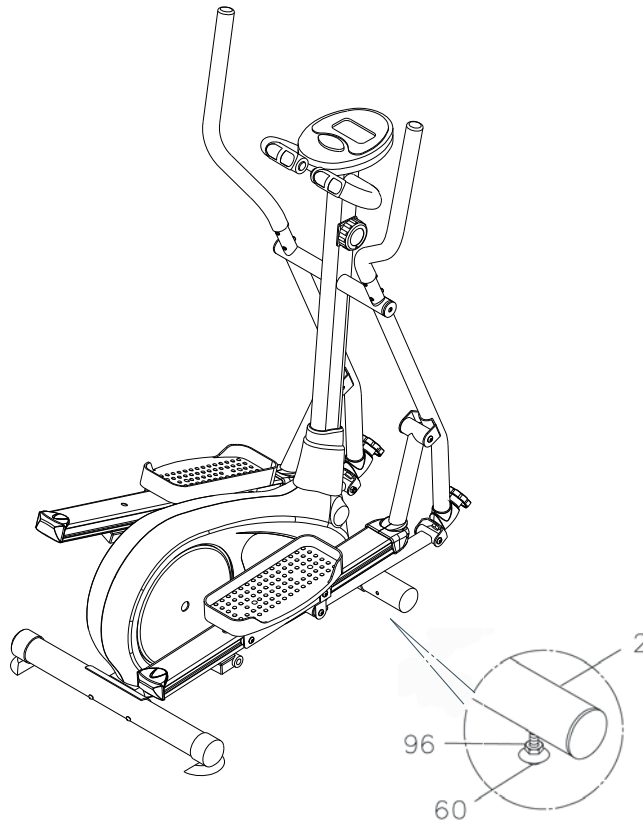
Lubricate the silicone to the wheel's walking path of the aluminum pedal rail.

---

## SET UP INSTRUCTIONS

Place the 2 in 1 Elliptical / Stepper in the area where it will be used. It is recommended that the 2 in 1 Elliptical / Stepper be placed on an equipment mat. Make sure that adequate space is available for access to and passage around the 2 in 1 Elliptical / Stepper.

**LEVELING:** Adjust the LEVELING STAND(60) on the FRONT STABILIZER(2) so that the 2 in 1 Elliptical / Stepper sets on the floor without rocking. Refer the instructions below to adjust.



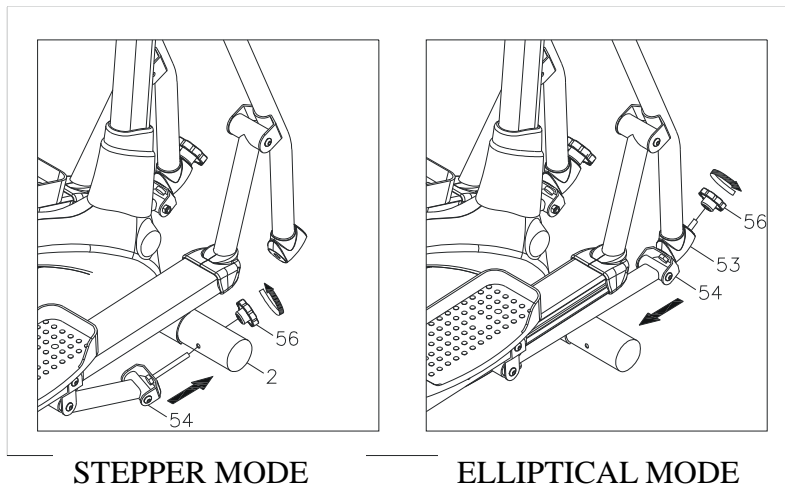
Loosen the NUTS M8(96) to touch the LEVELING STANDS(60). Adjust the LEVELING STANDS(60) for leveling. Tighten the NUT M8(96) securely against the FRONT STABILIZER(2) to lock the stand in position.

### FUNCTION INSPECTION:

Visually inspect the 2 in 1 Elliptical / Stepper to verify that assembly is as shown in the above illustration. Check the function of the 2 in 1 Elliptical / Stepper. Stand on the foot pedals and place your hands at a comfortable position on the handlebars. Slowly move your highest foot forward and follow the natural path of the machine. Turn the crank slowly through one complete revolution to verify that the drive train functions properly. Adjust the TENSION KNOB(27) and verify that it functions properly.

**CAUTION:** Locate and read the Warning Label on the 2 in 1 Elliptical / Stepper. Make sure that all users read the Warning Label.

## OPERATIONAL INSTRUCTIONS



### ELLIPTICAL MODE AND STEPPER MODE

Your 2 in 1 Elliptical / Stepper can be used in the ELLIPTICAL mode or the STEPPER mode. When the LINKAGE CONNECTOR(54) are attached to the FRONT STABILIZER(2), your 2 in 1 Elliptical / Stepper is in STEPPER mode. When the LINKAGE CONNECTOR(54) are attach to the KNOB BRACKET(53) which on the PIVOT ARMS, your 2 in 1 Elliptical / Stepper is in the ELLIPTICAL mode.

Refer to the illustration to set up the STEPPER mode or the ELLIPTICAL mode.

**CAUTION:** Securely tighten both KNOBS(56) before exercising.

### EXERCISE WORKOUT

To start using the 2 in 1 Elliptical / Stepper in the ELLIPTICAL mode, stand on the foot pedals, grasp the handlebars, move your highest foot forward and follow the natural path of the machine. To start using the 2 in 1 Elliptical / Stepper in the stepper mode, stand on the foot pedals, grasp the handlebars, move your highest foot downward and follow the natural path of the machine.

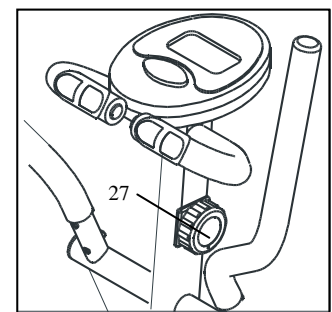
Start at a load level that is comfortable to familiarize yourself with the machine. Once you are comfortable start adjusting the load level to achieve the workout desired.

### Load Level Adjustment

The load level of 2 in 1 Elliptical / Stepper can be changed at any time during your workout. Adjusting the load level will allow you to increase or decrease your intensity level.

To increase the load, turn the TENSION KNOB(27) clockwise.

To decrease the load, turn the TENSION KNOB(27) counterclockwise.



### Forward and Reverse

Under the Elliptical Mode, the 2 in 1 Elliptical / Stepper can be used in the forward and reverse direction to vary the muscles that you work out. This will also vary your workout helping you to stay motivated. To change directions, simply slow the pedals down until they stop and switch directions. In the STEPPER mode, the 2 in 1 Elliptical / Stepper works best with the crank rotating in reverse.

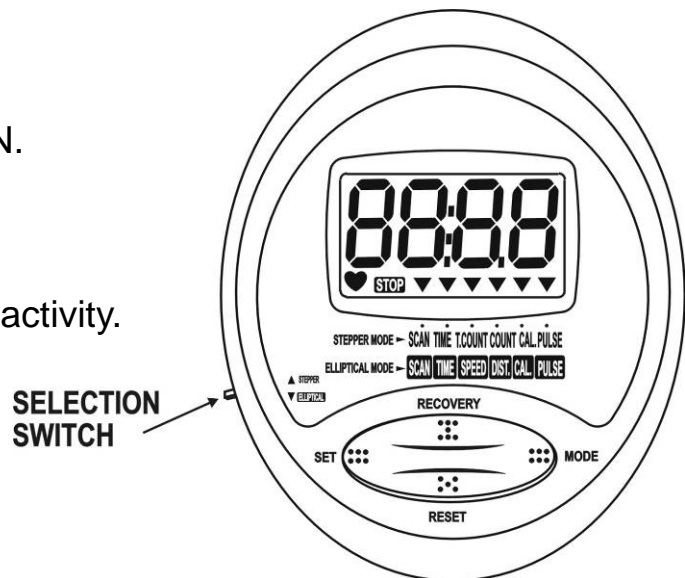
## COMPUTER INSTRUCTIONS

### POWER ON:

Pedal movement or push any BUTTON.

### POWER OFF:

Automatic shut off after 4 minutes of inactivity.



## FUNCTION BUTTON

### **MODE**

Press and release to select each function for preset target values.

Press the button and hold it down for two seconds to reset all functions to zero.

### **SET**

Press to set target values, only upward, for TIME, COUNT (or DISTANCE), CALORIES, and target PULSE in the STOP mode. Press and hold the button down to change the value faster.

### **RESET**

Press the button to reset all functions to zero and skip to STOP mode

### **RECOVERY**

To activate the pulse recovery function after training.

## FUNCTIONS

The meter has both ELLIPTICAL and STEPPER base functions. You may switch the function base with the selection switch located on the side of the meter. When you use this switch to change the current function base from ELLIPTICAL to STEPPER, or from STEPPER to ELLIPTICAL, press RESET button after switching. The meter will reset all functions to zero. Then you may start training again.

Some of the functions described below are different for the ELLIPTICAL mode and the STEPPER mode as determined by the position of the SELECTION SWITCH.

### **SCAN**

Automatically scans TIME, T.COUNT (SPEED), COUNT (DISTANCE), CALORIES, and PULSE in sequence with a change every six seconds. Press and release the MODE button until the ▼ points to SCAN.

### **TIME**

Counts upward to 99:59 in one second increments. Counts down from preset value.

### **TOTAL COUNT**

Displays the total number of steps you have walked for STEPPER mode, up to 9999 steps.

---

## COMPUTER INSTRUCTIONS

- (SPEED)** Displays the current pedaling speed for ELLIPTICAL mode, from zero to 99.9 km.
- COUNT** Displays the number of steps you have walked for STEPPER mode, from zero to 9999 steps. Counts down from preset value.
- (DISTANCE)** Displays the distance you are traveling for ELLIPTICAL mode, up to 99.99 km. Counts down from preset value.
- CALORIES** Displays the calories consumption, from zero to 9999 cal. Counts down from preset value. The calories readout is an estimate for an average user. It should be used only as a comparison between workouts on this unit.
- PULSE** Displays the pulse rate, from 30 to 240 beats per minute.  
You can preset a desired PULSE from 30 to 240 beats per minute. If your pulse exceeds the set value, the meter will warn you with an audible alarm. Stop exercising until your pulse is in the target zone.

To display pulse, grasp the Pulse Sensors on the Stationary Handlebar, one in each hand. The heart symbol "♥" will begin blinking when the Electronic Meter senses your pulse. Your pulse will be displayed approximately five seconds after the heart symbol is displayed. If you do not place your hands correctly, the meter will turn off the pulse circuit. Place your hands back on the Pulse Sensors correctly, the pulse readout will appear again.

### RECOVERY --- PULSE RECOVERY FUNCTION

The PULSE RECOVERY function measures how quickly you return to a resting pulse rate after exercising. You can use this function to measure improvement as you get into shape. The ELECTRONIC METER will monitor your pulse for 60 seconds and calculate a Pulse Recovery value from F1 to F6. F1 is the best. The readout should only be used as a comparison between workouts. It can be used right after any aerobic exercise. Stop exercising before starting this function.

To start the pulse recovery function, grasp the Pulse Sensors on the Stationary Handlebar, one in each hand. Your pulse will be displayed approximately five seconds after the heart symbol is displayed. Then press the RECOVERY button and continue to grasp the Pulse Sensors correctly. During the pulse recovery function, only PULSE and TIME are working and the display will be as shown in illustration A. TIME will count down from 0:60 and the heart symbol will be blinking. When the TIME reaches 0, the Meter will show your pulse recovery condition from F1 to F6. See illustration B. Press any button to exit the pulse recovery function.

---

## COMPUTER INSTRUCTIONS

### NOTE

1. You can quit the pulse recovery function at any time by pressing the RECOVERY button.
2. Once the pulse recovery function starts, the TIME will count down from 60 seconds to zero even if you remove your hands from the Pulse Sensors. If no pulse signal is available, F6 will be displayed as the pulse recovery condition.

A.



B.



## OPERATION DESCRIPTIONS

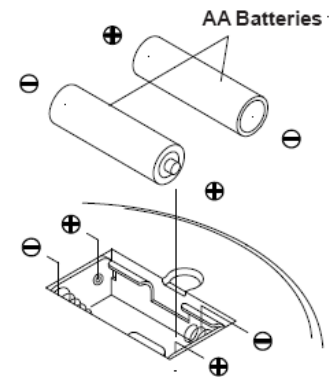
1. When "STOP" is shown on the display, the meter is in the STOP mode. You can only preset function values in the STOP mode.
2. During workouts, the meter will switch into STOP mode after 4 minutes of inactivity. All function values will be kept. Restart the meter by moving the pedals.
3. A continuous beep will sound for 6 seconds when any of the preset values is reached.
4. The meter will shut off automatically after 4 minutes of inactivity. All function values will be kept. Push the RESET button to reset the functions to zero.

### HOW TO INSTALL AND REPLACE BATTERY:

1. Open the Battery Door on the back of the meter.
2. The meter operates with two AA batteries, two batteries included. Refer to the illustration to install or replace the batteries.

### NOTE:

1. Do not mix a new battery with an old battery.
2. Use the same type of battery. Do not mix an alkaline battery with another type of battery.
3. Rechargeable batteries are not recommended.



## CONDITIONING GUIDELINES

How you begin your exercise program depends on your physical condition. If you have been inactive for several years, or are severely overweight, you must slowly and increase your time on the 2 in 1 Elliptical / Stepper gradually: a few minutes per workout.

Initially, you may be able to exercise only for a few minutes in your target zone, however, your aerobic fitness will improve over the next six to eight weeks. Don't be discouraged if it takes longer. It's important to work at your own pace. Ultimately, you'll be able to exercise continuously for 30 minutes. The better your aerobic fitness, the harder you will have to work to stay in your target zone. Please remember these essentials:

- Have your doctor review your training and diet programs to advise you of a workout routine you should adopt.
- Begin your training program slowly with realistic goals that have been set by you and your doctor.
- Monitor your pulse frequently. Establish your target heart rate base on your age and condition.
- Set up your 2 in 1 Elliptical / Stepper a flat, even surface at least 3 feet from walls and furniture.

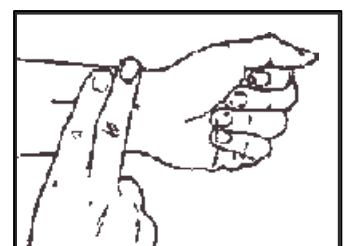
## EXERCISE INTENSITY

To maximize the benefits of exercising, it is important to exercise with the proper intensity. The proper intensity level can be found by using your heart rate as a guide. For effective aerobic exercise, your heart rate should be maintained at a level between 70% and 85% of your maximum heart rate as you exercise. This is known as your target zone. You can find your target zone in the table below. Target zones are listed for both unconditioned and conditioned persons according to age.

AGE	UNCONDITIONED TARGET ZONE (BEATS/MIN.)	CONDITIONED TARGET ZONE (BEATS/MIN.)
20	138~167	133~162
25	136~166	132~160
30	135~164	130~158
35	134~162	129~156
40	132~161	127~155
45	131~159	125~153
50	129~156	124~150
65	127~155	122~149
60	126~153	121~147
65	125~151	119~145
70	123~150	118~144
75	122~147	117~142
80	120~146	115~140
85	118~144	114~139

During the first few months of your exercise program, keep your heart rate near the low end of your target zone as you exercise. After a few months, your heart rate can be increased gradually until it is near the middle of your target zone as you exercise.

To measure your heart rate manually, stop exercising but continue moving your legs or walking around and place two fingers on your wrist. Take a six-second heartbeat count and multiply the results by 10 to find your heart rate. For example, if your six-second heartbeat count is 14, your heart rate is 140 beats per minute. (A six-second count is used because your heart rate will drop rapidly when you stop exercising.) Adjust the intensity of your exercise until your heart rate is at the proper level.



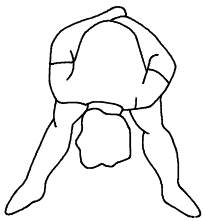


## WARM-UP and COOL-DOWN

**Warm-up** The purpose of warming up is to prepare your body for exercise and to minimize injuries. Warm up for two to five minutes before strength-training or aerobic exercising. Perform activities that raise your heart rate and warm the working muscles. Activities may include brisk walking, jogging, jumping jacks, jump rope, and running in place.

**Stretching** Stretching while your muscles are warm after a proper warm-up and again after your strength or aerobic training session is very important. Muscles stretch more easily at these times because of their elevated temperature, which greatly reduces the risk of injury. Stretches should be held for 15 to 30 seconds. Do not bounce.

### Suggested Stretching Exercises



#### Lower Body Stretch

Place feet shoulder-width apart and lean forward. Keep this position for 30 seconds using the body as a natural weight to stretch the backs of the legs.

**DO NOT BOUNCE!**

When the pull on the back of the legs lessen, try a lower position gradually.



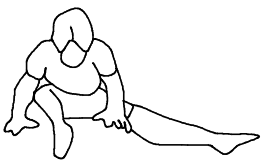
#### Floor Stretch

While sitting on the floor, open the legs as wide as possible. Stretch the upper body toward the knee on the right leg by using your arms to pull your chest to your thighs. Hold this stretch 10 to 30 seconds.

**DO NOT BOUNCE!**

Do this stretch 10 times.

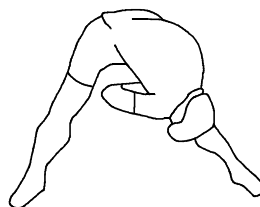
Repeat the stretch with the left leg.



#### Bent Torso Pulls

While sitting on the floor, have legs apart one leg straight and one knee bent. Pull the chest down to touch the thigh on the leg that is bent and twist at the waist.

Hold this position at least 10 seconds. Repeat 10 times on each side.



#### Bent Over Leg Stretch

Stand with feet shoulder-width apart and lean forward as illustrated. Using the arms, gently pull the upper body towards the right leg. Let the head hang down. **DO NOT BOUNCE!** Hold the position a minimum of 10 seconds.

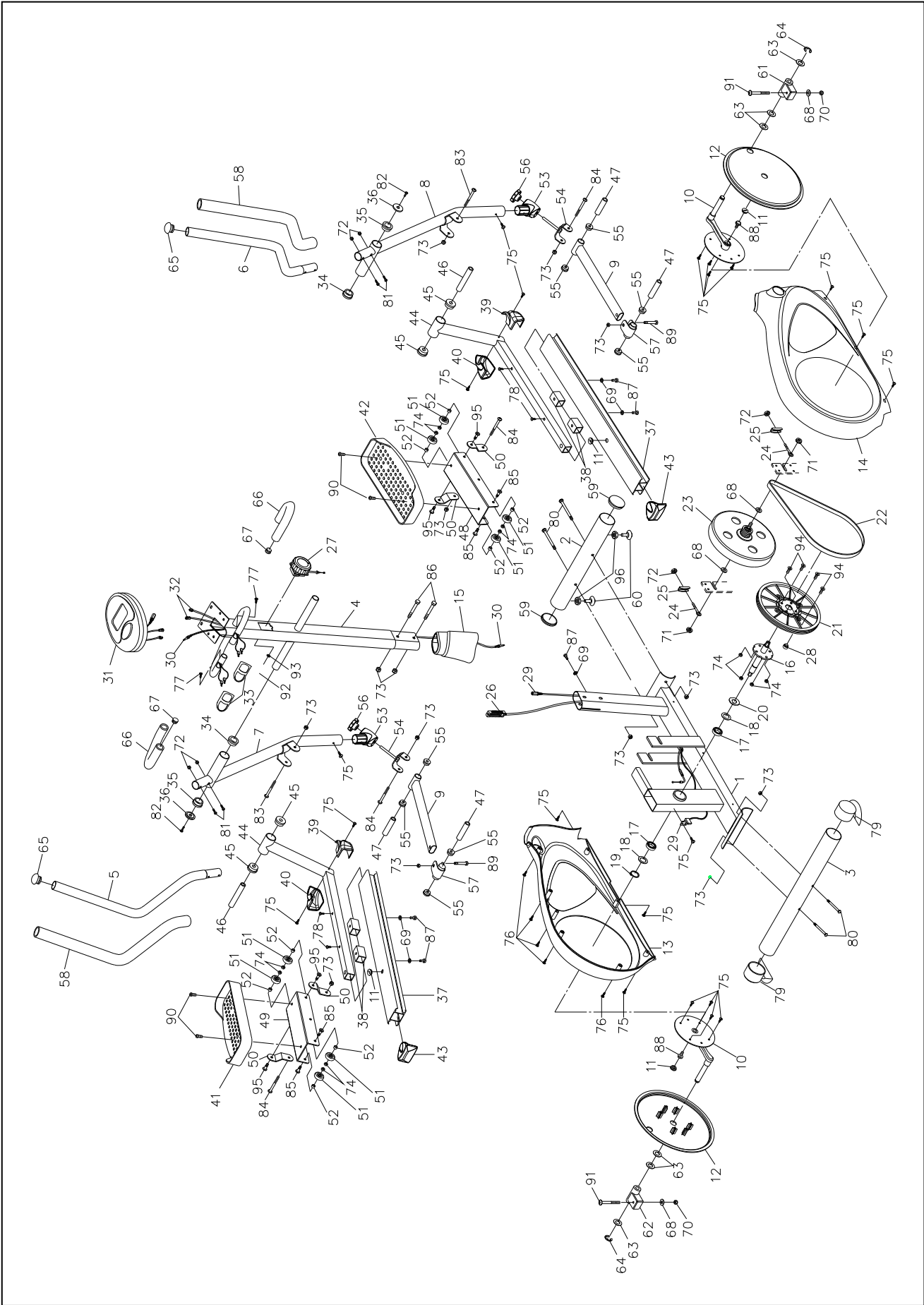
Repeat pulling the upper body to the left leg. Do this stretch several times slowly.

**Remember always to check with your physician before starting any exercise program.**

**Cool-Down** The purpose of cooling down is to return the body to its normal, or near normal, resting state at the end of each exercise session. A proper cool-down lowers your heart rate and allows blood to return to the heart. Your cool-down should include the stretches listed above and should be completed after each strength-training session.



# PRODUCT PARTS DRAWING



## PARTS LIST

NO.	DESCRIPTION	QTY
1	Main Frame	1
2	Front Stabilizer	1
3	Rear Stabilizer	1
4	Upright	1
5	Left Handlebar	1
6	Right Handlebar	1
7	Left Pivoting Arm	1
8	Right Pivoting Arm	1
9	Linkage	2
10	Crank	2
11	Crank Cap	4
12	Cover Disk	2
13	Left Cover	1
14	Right Cover	1
15	Upright Sleeve	1
16	Shaft	1
17	Bearing 6004z	2
18	Washer M20	2
19	C Ring 20mm	1
20	Wavy Washer M20	1
21	Pulley	1
22	V-Ribbed Belt	1
23	Magnetic System	1
24	Eye Bolt (M6 x 1 x 35mm)	2
25	Tension Bracket	2
26	Tension Cable	1
27	Tension Knob	1
28	Magnet	1
29	Sensor Wire	1
30	Connection Wire	1
31	Meter	1
32	Pulse Sensor Wire	2
33	Pulse Sensor Plate	2
34	Bushing/w chamfer 2mm	2
35	Bushing	2
36	Securing Cap	2
37	Pedal Rail	2
38	Sleeve	4
39	Pedal Rail Cover (R)	2
40	Pedal Rail Cover (L)	2

NO.	DESCRIPTION	QTY
41	Left Pedal	1
42	Right Pedal	1
43	Rail Cap	2
44	Pedal Support	2
45	Bushing 38x12mm	4
46	Spacer 74mm	2
47	Spacer 59mm	4
48	Pedal Bracket ( R )	1
49	Pedal Bracket ( L )	1
50	Pedal Connection Plate	4
51	PU Wheel	8
52	Spacer 7.5mm	8
53	Knob Bracket	2
54	Linkage Connector	2
55	Bushing 25.4x12mm	8
56	Knob	2
57	Pedal Arm Connector	1
58	Foam Grip	2
59	Round Plug 60mm	2
60	Leveling Stand	2
61	Right Pedal Arm Connector	1
62	Left Pedal Arm Connector	1
63	Washer 17mm	6
64	E Ring 17mm	2
65	End Cap 32mm	2
66	Foam Grip(Stationary Handlebar)	2
67	End Cap 22mm	2
68	Washer M10	4
69	Spring Washer M8	5
70	Nylock Nut M10	2
71	Nut M10	2
72	Nylock Nut M6	6
73	Nylock Nut M8	14
74	Nylock M8x1.25x6mm	12
75	Screw M5x18mm	21
76	Screw M4x20mm	5
77	Screw M4x25mm	2
78	Screw M4x20mm	4
79	Leveling Cap	2
80	Carriage Bolt M8x70mm	4

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## PARTS LIST

<b>NO.</b>	<b>DESCRIPTION</b>	<b>QTY</b>
81	Bolt Socket Head M6x35mm	4
82	Bolt Round Head M6x25mm	2
83	Bolt Button Head M8x90mm	2
84	Bolt Round Head M8x75mm	4
85	Bolt Round Head M8x25mm	4
86	Bolt, Hex Head M8x50mm	2
87	Bolt, Hex Head M8x20mm	5
88	Bolt, Hex Head M8x25mm	2
89	Bolt, Hex Head M8x40mm	2
90	Bolt, Round Head M8x20mm	4
91	Bolt, Round Head M10x85mm	2
92	Screw, Button M5x30mm	1
93	Washer M5	1
94	Bolt, Flat Head M8x16mm	4
95	Bolt, Round Head M8x30mm	4
96	Nut M8	2