



# Mini Cycle



User's Manual

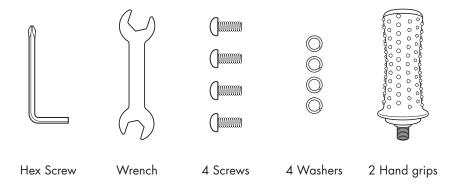
Thank you for purchasing the Mini Cycle by Wagan. With normal care and proper treatment it will provide years of reliable service. Please read all operating instructions carefully before use.

The Mini Cycle is an arm and leg exercise machine that allows you to exercise at any time, any place.

## FEATURES

- Small and light enough to store anywhere
- Use while seated at home or office to improve circulation
- Place on desk and operate with your hands to exercise arms
- Adjustable tension
- Digital multi-function computer display: Time, Count, Step/Min, Calories, Scan
- Requires 1 AAA battery

## ALSO INCLUDED



## **IMPORTANT PRECAUTIONS**

 $\triangle$  WARNING: To reduce the risk of serious injury, read all precautions and instructions in this manual and on the unit before using the Mini Cycle. Use the Mini Cycle only as described in this manual.

1. It is the responsibility of the owner to ensure that all users of the Mini Cycle are adequately informed of all the precautions.

- 2. The Mini Cycle is intended for personal use only. Do not use the Mini Cycle in a commercial or institutional setting.
- Keep the Mini Cycle indoors, away from moisture and dust. Place the Mini Cycle on a level surface, with a mat beneath it to protect the floor or carpet. Make sure there is enough clearance around the Mini Cycle to mount, dismount, and use it.
- 4. Inspect and properly tighten all the parts regularly. Replace any worn parts immediately.
- 5. Keep children under the age of 12 and pets away from the Mini Cycle at all times.
- 6. The Mini Cycle should not be used by persons weighing more than 100 kg.
- 7. Wear appropriate clothes while exercising. Do not wear loose clothes that could become caught on the Mini Cycle. In addition, wear athletic shoes for foot protection while exercising.
- 8. Always keep your back straight while using the Mini Cycle. Do not arch your back.
- 9. If you feel pain or dizziness at any time while exercising, stop immediately and begin cooling down.
- 10. The Mini Cycle does not have a freewheel; the pedals will continue to move until the flywheel stops.

 $\triangle$  WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems.

## ASSEMBLY

- 1. Attach the front and back base supports to the main unit with the washers and screws using the included hex tool.
- 2. Use the included wrench to install the foot pedals. Note which pedal is on the left and right side with the L and R markings.



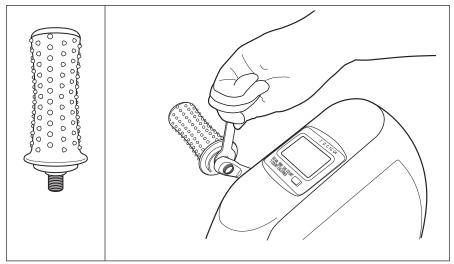
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## HOW TO OPERATE THE DIGITAL COUNTER

Start	When you start exercising by turning the pedals, the power will automatically turn on and the counter will start operating.
Stop	Once you stop exercise, (STOP) will be displayed at the bottom left of the LCD screen in about 4 seconds. The power will be turned off after several minutes.
Reset	To reset the counter, press and hold the button for 3 seconds
Function selection	Tap the button until the function which you would like to display is selected. Confirm your selected function by the arrow (▲) displayed at the top of the LCD screen.
Scan	Once (SCAN) is displayed at the top of the screen, the display will be changed every 5 seconds from current frequency, calories burnt to steps/minute.
Misc.	When it is difficult to see the screen display or there is no display, change the battery.

- If the counter doesn't operate properly, take out the battery and insert it again. If you change the battery, the count will be changed to "0".
- Reset counter before using. Due to vibrations that occur during transportation, your counter may not be set to "0" when you start use. This is not an indication of malfunction.

#### **USING HAND GRIPS**



- 1. Detach the foot pedals using the wrench.
- 2. Attach the hand grips in the same manner.
- 3. Place the Mini Cycle on a table or other flat surface high enough to operate comfortably.

#### ADJUSTING TENSION

Twist the tension valve at the back of the Mini Cycle to increase or decrease the tension.

#### **REPLACING THE BATTERY**

Lift up the display from the main cycle unit. The battery is attached to the bottom of the display.



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## WAGAN Corp. Limited Warranty

The WAGAN Corp. warranty is limited to products sold only in the United States.

All Wagan Tech products must be registered within (30) days of purchase to activate its warranty. To register your product, please visit *http://tinyurl.com/waganwarranty*. Be sure to keep the original receipt as it will be required when returning a product under the warranty.

Warranty Duration: This product is warranted to the original purchaser for a period of one (1) year from the original purchase date, to be free of defects in material and workmanship. WAGAN Corporation disclaims any liability for consequential damages. In no event will WAGAN Corporation be responsible for any amount of damages beyond the amount paid for the product at retail.

Warranty Performance: During the above one (1) year warranty period, a product with a defect will be replaced with a comparable model when the product is returned to WAGAN Corporation with an original store receipt. The replacement product will be in warranty for the balance of the original one (1) year warranty period.

To return a defective item, please contact WAGAN Corporation at (800) 231-5806 to obtain a Returned Merchandise Authorization number (RMA#), and return instructions. Each item returned will require a separate RMA#. After you have received the RMA# and the return instructions from WAGAN Corporation, please follow the instructions and send the item with PREPAID SHIPPING, along with all of the required documentation, a complete explanation of the problem, your name, address and daytime phone number. WAGAN Corporation will, at its option, replace or repair the defective part.

A Returned Merchandise Authorization number (RMA#) is REQUIRED when sending in any defective item. WAGAN Corporation is not responsible for any item(s) returned without an official Returned Merchandise Authorization number. The item(s) must be returned with prepaid shipping. WAGAN Corporation is not responsible for any shipping charges incurred in returning the item(s) back to the company for repair or replacement. This warranty is void if the product has been damaged by accident, in shipment, unreasonable use, misuse, neglect, improper service, commercial use, repairs by unauthorized personnel or other causes not arising out of defects in materials or workmanship. This warranty does not extend to any units which have been used in violation of written instructions furnished.

Warranty Disclaimers: This warranty is in lieu of all warranties expressed or implied and no representative or person is authorized to assume any other liability in connection with the sale of our products. There shall be no claims for defects or failure of performance or product failure under any theory of tort, contract or commercial law including, but not limited to negligence, gross negligence, strict liability, breach of warranty and breach of contract.

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