

W236 NA 333-095002



TIMEX®

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TIMEX®

TIMEX® WATCHES

Congratulations on purchasing your TIMEX® watch.
Please read these instructions carefully to
understand how to operate your Timex timepiece.
Your watch may not have all of the features
described in this booklet.

For more information, and to register your product
please visit:

www.timex.com

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HOW TO START YOUR WATCH

To start your watch remove the plastic guard from under the crown, then press the crown in against the case. The second hand will begin advancing in one-second intervals.

Some deep-depth water-resistant watches require the setting crown to be screwed in to secure water-resistance. If your watch case has a protrusion with screw threads, the crown must be screwed in after setting the watch.

To screw in, push the crown firmly against the threaded protrusion and hold in while turning the crown clockwise. Continue to screw in the crown until it is tight. You will need to unscrew the crown (counter-clockwise) before pulling it out the next time you want to set your watch.

WATER AND SHOCK RESISTANCE

If your watch is water-resistant, meter marking (WR_M) is indicated.

Water-Resistance Depth	p.s.i.a. * Water pressure Below Surface
30m/98ft	60
50m/164ft	86
100m/328ft	160
200m/656ft	284

*pounds per square inch absolute

WARNING: TO MAINTAIN WATER-RESISTANCE, DO NOT PRESS ANY BUTTONS OR PULL OUT THE CROWN UNDER WATER UNLESS YOUR WATCH IS INDICATED AS 200 METER WATER-RESISTANT.

1. Watch is water-resistant only as long as crystal, crown and case remain intact.

2. Watch is not a diver watch and should not be used for diving.
3. Rinse watch with fresh water after exposure to salt water.
4. Shock-resistance will be indicated on the watch face or caseback. Watches are designed to pass ISO test for shock-resistance. However, care should be taken to avoid damaging the crystal.

INDIGLO® NIGHT-LIGHT

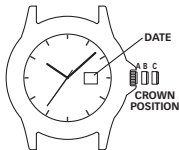
Press button or crown to activate light.
Electroluminescent technology used in the INDIGLO® night-light illuminates entire watch face at night and in low light conditions.



DATE MODELS

TO SET TIME:

- 1) PULL crown all the way out and turn to correct time.
- 2) Push crown in to restart. For screw-in setting crown, push crown in while turning CLOCKWISE to tighten.



Watches with date: Note correct time of day (A.M or P.M.) for proper date function.

TO SET DAY:

- 1) PULL crown to "middle" position and turn CLOCKWISE until correct day appears. If day does not change, pull crown to "out" position and turn CLOCKWISE or COUNTERCLOCKWISE through necessary number of 24 hour periods until correct day appears.

TO SET QUICK DATE® FEATURE:

3-Position Crown:

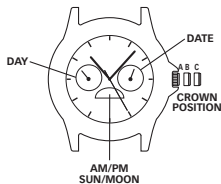
- 1) Pull crown to "Middle" position and turn CLOCKWISE or COUNTERCLOCKWISE until correct date appears.

2-Position Crown:

- 1) Pull crown to "OUT" position and turn CLOCKWISE until date changes. Repeat until correct date appears. Adjust date when month has less than 31 days. Push crown in when finished.

Caution: Wearing or storing the watch with the crown in the "middle" position will cause damage to the movement. Always return the crown to the normal position, or if you wish to save the battery life while storing the watch, leave the crown in the "out" position.

The date function advances the date between the hours of 10 PM and 2 AM. Avoid setting the date during this timeframe. If you attempt to set the date during this time period, rotate the crown at a very slow rate to avoid damaging the watch.

**DAY/DATE/AM/PM/
SUN/MOON MODELS****TO SET TIME:**

- 1) PULL out crown to "C" position.
- 2) TURN crown clockwise to correct time. Day/am/pm/moon will also change.
- 3) Push in crown to "A" position.

NOTE: Remember to set time for am or pm (sun or moon.)

TO SET DATE:

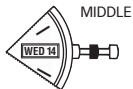
- 1) PULL out crown to "B" position.
- 2) TURN crown clockwise to correct date.
- 3) PUSH in crown to "A" position.

TO SET DAY:

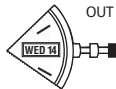
- 1) PULL out crown to "C" position.
- 2) Advance time 24 hours to change the day.
- 3) PUSH in crown to "A" position.

PERPETUAL CALENDAR

Your Perpetual Calendar watch accurately keeps track of how many days are in each month. It also adjusts for leap years. The date on your watch (including the month and year) was preset at the factory to Eastern Standard Time, Greenwich Mean Time or Hong Kong Standard Time (depending on where you purchased your watch). You only need to adjust the time.



CHECK DATE
(FACTORY USE ONLY)



SET TIME DAY, DATE

TO SET TIME

To set time, simply pull crown all the way out and turn. Day and date change automatically when time is adjusted past midnight; there is no additional step

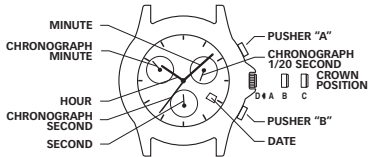
for setting day or date. Push crown in when done.

After setting, if date changes at noon, time needs to be adjusted ahead or back 12 hours.

If crown is accidentally put in MIDDLE position and turned, date display will change temporarily, but date setting is unaffected. Simply pull crown all the way out and set time. Proper date display will resume.

CHRONOGRAPH **WITH INDIGLO® NIGHT-LIGHT**

**THIS CHRONOGRAPH HAS TWO FUNCTIONS:
TIME & STOPWATCH**



BASIC OPERATIONS

- 6 o'clock eye shows seconds.
- 10 o'clock eye shows "minutes elapsed" for chronograph.
- 2 o'clock eye shows "1/20 seconds elapsed" for chronograph.

- Chronograph second hand shows “seconds elapsed” for chronograph.

TIME

TO SET THE TIME:

1. PULL crown out to “C” position.
2. TURN crown either way to correct time.
3. PUSH crown in to “A” position.

TO ADJUST TO A NEW TIME ZONE:

1. PULL crown out to “B” position.
2. TURN crown either way to move the hour hand in hour increments.

CALENDAR

TO SET THE CALENDAR:

1. PULL crown out to “B” position.
2. TURN crown either way to move hour hand. Two complete revolutions relative to the 12 o'clock position will move the date forward or backward. This will correct both date and 24-hour time.

3. PUSH crown in to “A” position.

NOTE: The date changes automatically every 24 hours.

CHRONOGRAPH

THE CHRONOGRAPH IS CAPABLE OF MEASURING:

- 1/20 seconds elapsed up to 1 second (2 o'clock eye).
- Seconds elapsed up to 1 minute (chronograph second hand).
- Minutes elapsed up to 30 minutes (10 o'clock eye).

NOTE: Chronograph will operate continuously for 4 hours, after which it will automatically stop and reset.

NOTE: The 1/20th of a second hand does not move during chronograph function, the 1/20th seconds are indicated when chronograph is stopped and not yet reset.

BEFORE USING THE CHRONOGRAPH, adjust all the chronograph hands to the “0” or 12-hour positions.

TO ADJUST CHRONOGRAPH HANDS:

1. PULL crown out to “B” position.
2. PRESS pusher “B” until the hand at the 10 o’clock eye resets to the “30” position.
3. PULL crown out to “C” position.
4. PRESS pusher “A” until the chronograph second hand resets to the “0” or “60” or 12-hour position.
5. PRESS pusher “B” until the hand at the 2 o’clock eye resets to the “0” position.
6. PUSH in Crown to “A” position.

NOTE:

- Make sure the chronograph is stopped and reset before adjusting.
- PRESSING and HOLDING either pusher “A” or “B” for 2 seconds will cause the hands to move continuously until the pusher is released.

STANDARD CHRONOGRAPH MEASUREMENT:

1. PRESS pusher “A” to start timing.
2. PRESS pusher “A” to stop timing.
3. PRESS pusher “B” to reset.

SPLIT TIME MEASUREMENT:

1. PRESS pusher “A” to start timing.
2. PRESS pusher “B” to split.
3. PRESS pusher “B” to resume timing.
4. PRESS pusher “A” to stop timing.
5. PRESS pusher “B” to reset.

INDIGLO® NIGHT-LIGHT

With the crown in the “A” position, PUSH crown to the “D” position. Entire dial will be illuminated. Electroluminescent technology used in INDIGLO® night-light illuminates entire watch face at night and in low light conditions.

NIGHT-MODE® FEATURE TO USE NIGHT-MODE® FEATURE:

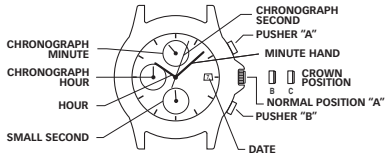
1. PUSH and HOLD Crown to "D" position for 4 seconds to activate NIGHT-MODE® feature. PRESSING any pusher will cause the INDIGLO® night-light to stay on for 3 seconds.
2. NIGHT-MODE® feature will last for 8 hours.
3. Or PUSH and HOLD Crown to "D" position for 4 seconds to deactivate Night-Mode® feature.

IF STOPWATCH HANDS DO NOT RETURN TO "0 POSITION" WHEN THE STOPWATCH IS RESET:

- 1) PULL out the crown to "B" position
- 2) PRESS pushers "A" or "B" repeatedly to move hands to "0" position
- 3) PUSH in the crown to "A" position

CHRONOGRAPH

DISPLAYS AND BUTTONS



SETTING THE TIME

- 1) PULL the crown out to the 2nd position "C".
- 2) Turn the crown to set hour and minute hands.
- 3) When the crown is pushed back to the normal position "A", small second hand begins to run.

SETTING THE DATE

- 1) PULL the crown out to the 1st position "B".
- 2) Turn the crown counter-clockwise to set the date.
*If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change on the following day.
- 3) After the date has been set, push the crown back to the normal position "A".

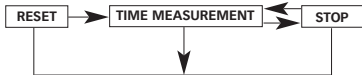
USING THE CHRONOGRAPH

This chronograph is able to measure and display time in 1/1 second united up to maximum of 11 hours 59 minutes 59 seconds. The chronograph second hand keeps continuously for 11 hours 59 minutes 59 seconds after starting.

MEASURING TIME WITH THE CHRONOGRAPH

- 1) The chronograph can be started and stopped each time pusher "A" is pressed.
- 2) Pressing pusher "B" resets the chronograph and the chronograph second hand, chronograph

minute hand, and chronograph hour hand return to zero position.

**CHRONOGRAPH RESET (INCL. AFTER REPLACING BATTERY)**

This procedure should be performed when the chronograph second hand does not return to zero position after the chronograph has been reset, and including after the battery has been replaced.

- 1) Pull the crown out to the 2nd position "C".
- 2) Press pusher "A" to set the chronograph second hand to the zero position. The chronograph hand can be advanced rapidly by continuously pressing pusher "A".
- 3) Once the hand returns to zero position, return the crown to the normal position.

*Do not push crown to normal position while the chronograph second hand returns to zero position. It stops on the way when crown is returned to normal position and its position is recognized as zero position.

TACHYMETER FUNCTION

The tachymeter will only determine speeds greater than 60 units per hour using this method; slower speeds can be measured by decreasing the unit of measurement. The function performed by a tachymeter is independent of the unit of distance (e.g. statute miles, nautical miles, kilometers, meters etc.) as long as the same unit of length is used for all calculations.

- 1) Determine the start and finish markers for your pre-determined distance.
- 2) Start the chronograph once the target for speed measurement passes the start marker.
- 3) Stop the chronograph once the target for speed measurement passes the finish marker.
- 4) The chronograph second hand is compared to the tachymeter markings to determine the target's speed.

HOW TO ADJUST BRACELET

(Variations of the following bracelet sections apply to all watch models).

SLIDING CLASP BRACELET

1. Open locking plate.
2. Move clasp to desired bracelet length.
3. Exert pressure while holding locking plate and slide clasp back and forth until it engages in grooves on underside of bracelet.
4. Press locking plate down until it snaps closed. Clasp can be damaged if excessive force is used.

**FOLDOVER CLASP BRACELET**

1. Find spring bar that connects bracelet to clasp.
2. Using a pointed tool, push in spring bar and gently twist bracelet to disengage.
3. Determine wrist size, then insert spring bar in correct bottom hole.
4. Push down on spring bar, align with top hole and release to lock in place.

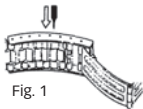


Fig. 1

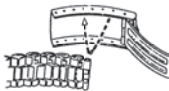


Fig. 2

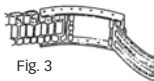


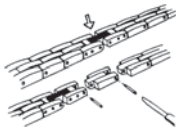
Fig. 3

BRACELET LINK REMOVAL**REMOVING LINKS:**

1. Place bracelet upright and insert pointed tool in opening of link.
2. Push pin forcefully in direction of arrow until link is detached (pins are designed to be difficult to remove).
3. Repeat until desired number of links are removed.

**RE-ASSEMBLY:**

1. Rejoin bracelet parts.
2. Push pin back into link in opposite direction of arrow.
3. Press pin down securely into bracelet until it is flush.

**BATTERY****FOR PERPETUAL CALENDAR MODELS:****7-YEAR BATTERY LIFE* WITH FREE LIFETIME REPLACEMENT****

If the battery needs to be changed, we recommend that only TIMEX replace it. Your watch will need to be recalibrated to correct time and date after changing the battery. To return your watch to Timex use a pre-paid shipper. To obtain a pre-paid shipper please call 1-800-448-4639 or visit the retailer where you purchased your watch or go to www.TIMEX.com. Please include the following with your watch to cover postage and handling (this is not a repair charge); a U.S.\$8.00 check or money order in the U.S.; a CAN\$7.00 cheque or money order in Canada; In other countries Timex will charge you for postage and handling.

*Battery life estimates are based on certain assumptions regarding usage: battery life may vary depending on actual usage.

**** Shipping & handling charges apply.**

NEVER INCLUDE A SPECIAL WATCHBAND OR ANY OTHER ARTICLE OF PERSONAL VALUE IN YOUR SHIPMENT.

FOR ALL OTHER MODELS:

Timex strongly recommends that a retailer or jeweler replace battery. If applicable, push reset button when replacing battery. Battery type is indicated on case-back. Battery life estimates are based on certain assumptions regarding usage; battery life may vary depending on actual usage.

DO NOT DISPOSE OF BATTERY IN FIRE. DO NOT RECHARGE. KEEP LOOSE BATTERIES AWAY FROM CHILDREN.

TIMEX INTERNATIONAL WARRANTY

Your TIMEX® watch is warranted against manufacturing defects by Timex Group USA, Inc. for a period of ONE YEAR from the original purchase date. Timex and its worldwide affiliates will honor this International Warranty.

Please note that Timex may, at its option, repair your watch by installing new or thoroughly reconditioned and inspected components or replace it with an identical or similar model. **IMPORTANT — PLEASE NOTE THAT THIS WARRANTY DOES NOT COVER DEFECTS OR DAMAGES TO YOUR WATCH:**

- 1) after the warranty period expires;
- 2) if the watch was not originally purchased from an authorized Timex retailer;
- 3) from repair services not performed by Timex;
- 4) from accidents, tampering or abuse; and
- 5) lens or crystal, strap or band, watch case, attachments or battery. Timex may charge you for replacing any of these parts.

THIS WARRANTY AND THE REMEDIES CONTAINED HEREIN ARE EXCLUSIVE AND IN LIEU OF ALL OTHER WARRANTIES, EXPRESS OR IMPLIED, INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR PARTICULAR PURPOSE. TIMEX IS NOT LIABLE FOR ANY SPECIAL, INCIDENTAL

OR CONSEQUENTIAL DAMAGES. Some countries and states do not allow limitations on implied warranties and do not allow exclusions or limitations on damages, so these limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights, which vary from country to country and state to state.

To obtain warranty service, please return your watch to Timex, one of its affiliates or the Timex retailer where the watch was purchased, together with a completed original Watch Repair Coupon or, in the U.S. and Canada only, the completed original Watch Repair Coupon or a written statement identifying your name, address, telephone number and date and place of purchase. Please include the following with your watch to cover postage and handling (this is not a repair charge): a US\$ 8.00 check or money order in the U.S.; a CAN\$7.00 cheque or money order in Canada; and a UK£2.50 cheque or money order in the U.K. In other countries, Timex will charge you for postage and handling. NEVER INCLUDE A SPECIAL WATCHBAND OR ANY OTHER ARTICLE OF PERSONAL VALUE IN YOUR SHIPMENT.

For the U.S., please call 1-800-448-4639 for additional warranty information. For Canada, call 1-800-263-0981. For Brazil, call +55 11 5572 9733. For Mexico, call 01-800-01-060-00. For Central America, the Caribbean, Bermuda and the Bahamas, call (501) 370-5775 (U.S.). For Asia, call 852-

2815-0091. For the U.K., call 44 020 8687 9620. For Portugal, call 351 212 946 017. For France, call 33 3 81 63 42 00. For Germany/Austria, call 43 662 889 2130. For the Middle East and Africa, call 971-4-310850.

EXTENDED WARRANTY

Available in U.S. only. Extend your warranty for an additional 4 years from date of purchase for \$5. You can pay with AMEX, Discover, Visa or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.

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