

# FM Stereo/AM Headphone Radio

## Operating Instructions

### WARNING

You are cautioned that any changes or modifications not expressly approved in this manual could void your authority to operate this equipment.

This device complies with the Part 15 of the FCC Rules. Operation is subject to the condition that this device does not cause harmful interference.

### Before You Begin

Thank you for choosing the Sony radio! It will give you many hours of reliable service and listening pleasure.

Before operating the radio, please read these instructions thoroughly and retain them for future reference.

### Features

- FM flexible antenna
- SENS (sensitivity) LOCAL/DX selector for better reception
- Light reflector reflects a car light etc. at night for your safety.
- Adjustable double headbands designed to fit your head

LIMITED WARRANTY  
(Portable Audio)

FOB 30\$ 以下

### Precautions

- Operate the unit only on 1.5 V DC with one size AAA (R03) battery.
- Avoid exposure to temperature extremes, direct sunlight, moisture, sand, dust, or mechanical shock. Never leave in a car parked in the sun.
- Should any solid object or liquid fall into the unit, remove the battery, and have the unit checked by qualified personnel before operating it any further.
- In vehicles or in buildings, radio reception may be difficult or noisy. Try listening near a window.
- To clean the casing, use a soft cloth dampened with a mild detergent solution.
- This product is not designed to be water-resistant, so you should take care to use the unit when raining, snowing or in a water-splash place.

### Notes on Headphones

#### Road safety

Do not use headphones while driving, cycling, or operating any motorized vehicle. It may create a traffic hazard and is illegal in many areas. It can also be potentially dangerous to play your headphones at high volume while walking, especially at pedestrian crossings. You should exercise extreme caution or discontinue use in potentially hazardous situations.

#### Preventing hearing damage

Avoid using headphones at high volume. Hearing experts advise against continuous, loud and extended play. If you experience a ringing in your ears, reduce volume or discontinue use.

#### Caring for others

Keep the volume at a moderate level. This will allow you to hear outside sounds and to be considerate to people around you.

### Warning

If there is lightning when you are using the unit, take off the headphone radio immediately.

If you have any questions or problem concerning your unit, please consult the nearest Sony dealer.

### Specifications

#### Frequency range:

FM: 87.6 – 108 MHz

AM: 530 – 1 710 kHz

#### Power output:

5.0 mW + 5.0 mW (at 10 % harmonic distortion)

#### Headphone type:

Dynamic

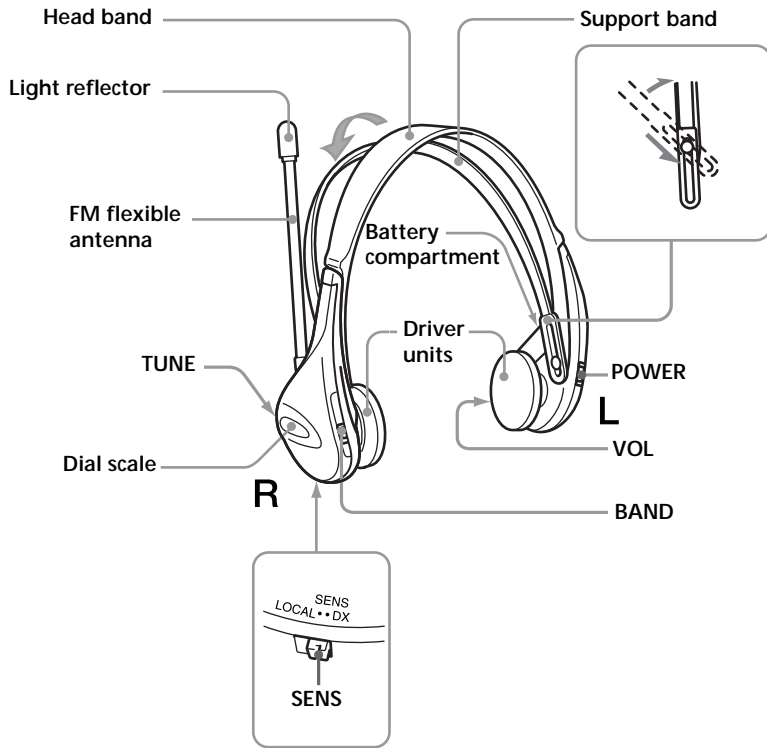
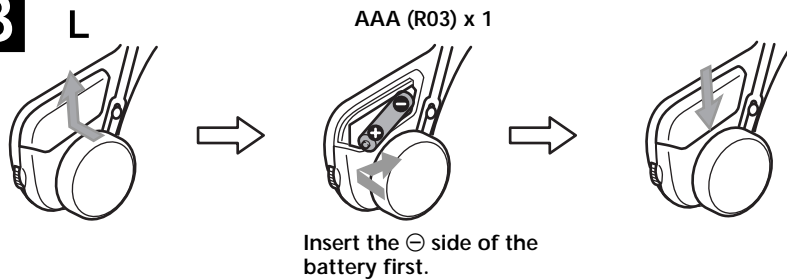
#### Power requirements:

1.5 V DC, one size AAA (R03) battery

#### Mass:

Approx. 124 g (4.4 oz) incl. a battery

Design and specifications are subject to change without notice.

**A****B**

## Getting Started

### Installing the Battery

(See Fig. **B**)

- 1 While pressing the battery compartment lid, slide it to open.
- 2 Insert one size AAA (R03) battery (not supplied) with correct polarity.
- 3 To close the lid, press and slide the lid down until it clicks.

### When to replace the battery

Replace the battery when the sound becomes weak or distorted. Remove the old battery and insert a new one.

#### Battery life (approximate hours)

	Sony alkaline size AAA (LR03)	Sony size AAA (R03)
FM reception	80	40
AM reception	100	50

### Notes on the battery

- Align the battery correctly.
- The dry battery cannot be charged.
- To avoid damage from possible battery leakage, remove the battery when unit will not be used for a long time.

### Wearing the Radio

- 1 Pull out the support band fully from the headband.
- 2 Adjust the headband and the support band to fit your head.

### Note on the support band

(See Fig. **A**)

When the radio not in use, put the support band back by pushing down both ends as illustrated and push it back underneath the headband.

### Note on the light reflector

(See Fig. **A**)

This reflector reflects a car light at night for your safety.

## Playing the Radio

- 1 Set **POWER** to **ON**.
- 2 Set **BAND** to select **FM** or **AM**.  
For FM, set **SENS** to **LOCAL** if interference is prevalent and reception is too strong. Under normal condition, set it to **DX**.
- 3 Turn **TUNE** (tuning) to tune in a station.
- 4 Adjust the volume using **VOL**.

### To turn off the radio

Set **POWER** to **OFF**.