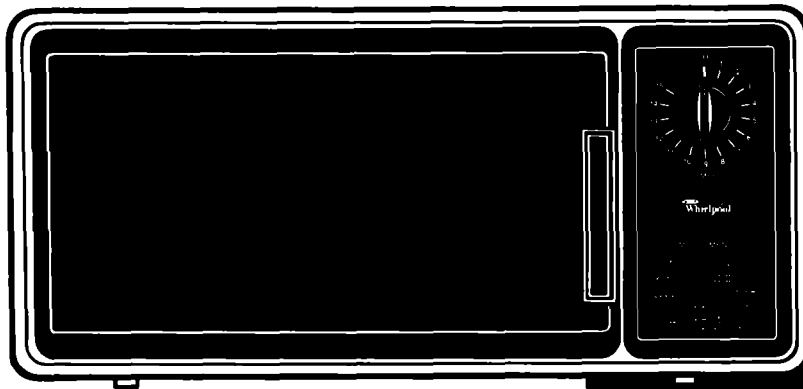


use & care guide



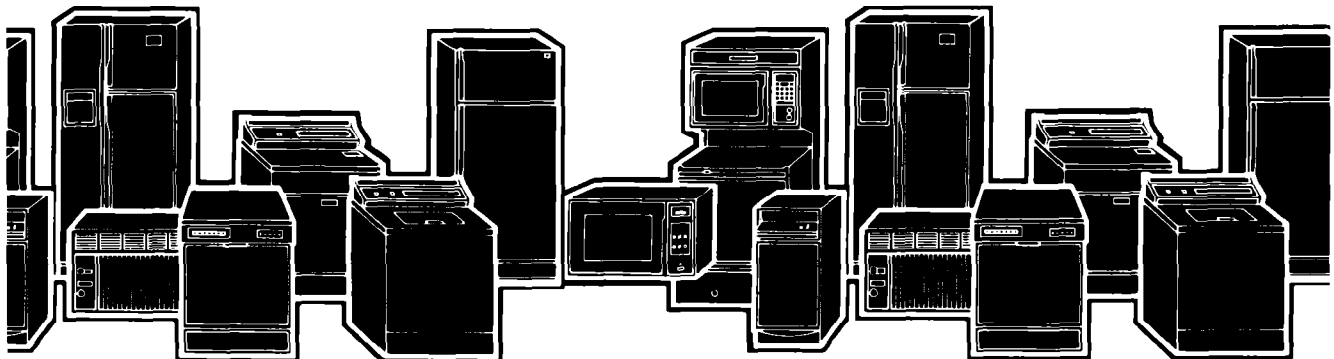
Whirlpool

MICROWAVE

OVEN Model MW1000XP

9-92

Freezers, Refrigerator-Freezers, Ice Makers, Dishwashers, Built-In Ovens and Surface Units, Ranges, Microwave Ovens, Trash Compactors, Room Air Conditioners, Dehumidifier



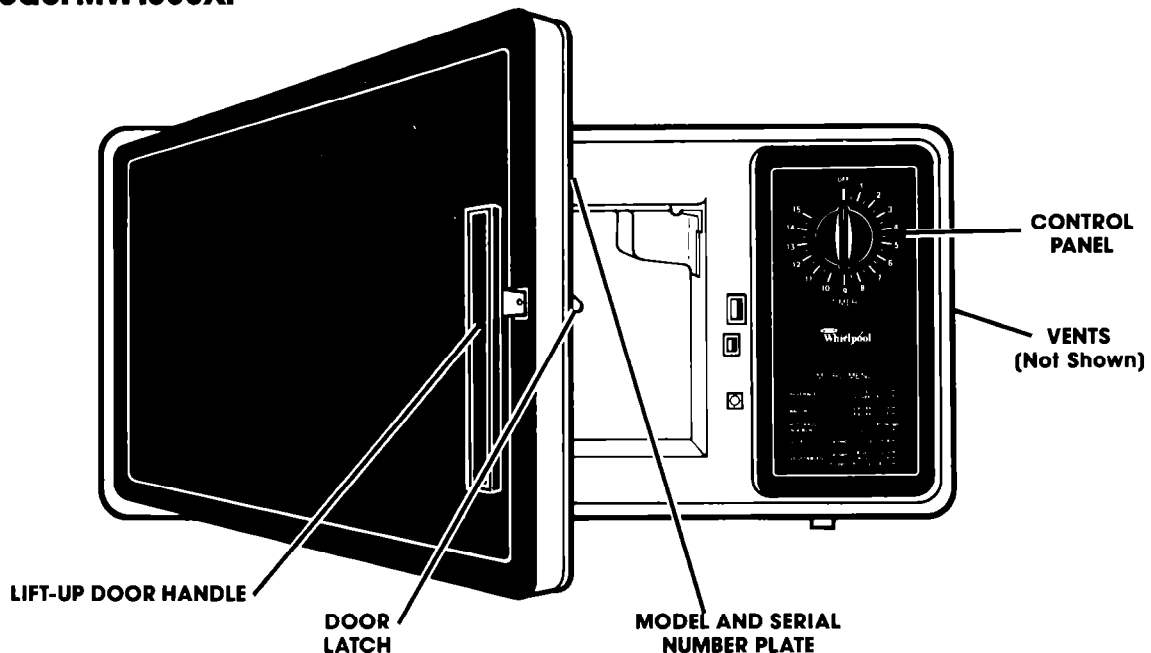
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Parts and features

Model MW1000XP



Copy your Model and Serial Numbers here...

If you need service or call with a question, have this information ready:

- Complete** Model and Serial Numbers (from the plate just behind the microwave oven door on the oven frame).
- Purchase date from sales slip.

Copy this information in these spaces. Keep this book, your warranty and sales slip together in a handy place. There is no warranty registration to return. Proof-of-purchase is all that is required for in-warranty service.

Model Number

Serial Number

Purchase Date

Service Company Phone Number

Fill out and return the "Microwave Registration Card" attached to the oven door. If the card is missing, please send the model number of your microwave oven, with your name and address to...

Whirlpool Corporation
Microwave Registration Department
Administrative Center
2000 U.S. 33 North
Benton Harbor, Michigan 49022

This information will help us reach you if there is ever a need to pass along information about your microwave oven.

Before you install your microwave oven

Read and carefully follow the "INSTALLATION INSTRUCTIONS" found on page 9 of this "Use & Care Guide."

Before you use your microwave oven

Read this "Use & Care Guide" carefully for important use and safety information. Store in a convenient place for future use.



It is your personal responsibility and obligation to be sure your microwave oven:

- Has been installed where it is protected from the elements. **The microwave oven should be at a temperature above 50°F (10°C) for proper operation.**
- Has been installed on a surface strong enough to support its weight.
- Has been properly connected to electrical supply and grounded.
(See "Installation Instructions.")
- Is not used by children or anyone unable to operate it properly.
- Is properly maintained.
- Is used only for jobs expected of a home microwave oven.

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY...

DO NOT attempt to operate this oven with the door open since open-door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.

DO NOT place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.

DO NOT operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the

- (1) Door (bent),
- (2) Hinges and latches (broken or loosened),
- (3) Door seals and sealing surfaces.

The microwave oven should be checked for microwave leakage by qualified service personnel after a repair is made.

The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

IMPORTANT SAFETY INSTRUCTIONS

Microwave ovens have been used successfully in homes for a number of years. They are thoroughly tested for safe operation when used properly. However, as with any appliance, there are some special installation and safety precautions which must be followed for safe and satisfactory operation and to prevent damage to the unit.

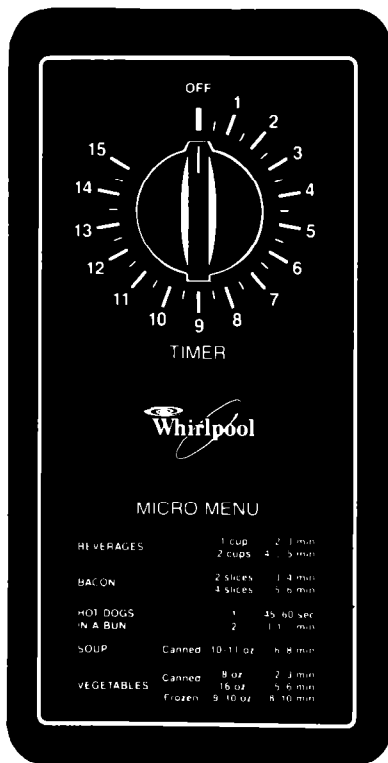


WARNING – To reduce the risk of burns, electric shock, fire, injury to persons or exposure to excessive microwave energy:

1. Read all instructions before using appliance.
2. Read and follow the specific “**PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY**” found on page 3.
3. This appliance must be grounded. Connect only to properly grounded outlet. See “**GROUNDING INSTRUCTIONS**” found on page 10.
4. Install or locate this appliance only in accordance with the provided “**INSTALLATION INSTRUCTIONS**” found on page 9.
5. Some products such as whole eggs and sealed containers – for example, closed glass jars – may explode and should not be heated in this oven.
6. Use this appliance only for its intended use as described in this manual.
7. As with any appliance, close supervision is necessary when used by children.
8. Do not operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been damaged or dropped. Electric shock, fire or other hazards may result.
9. This appliance should be serviced only by qualified service personnel. Call a Whirlpool authorized TECH-CARE[®] Service Company for examination, repair or adjustment.
10. Do not cover or block any opening on the appliance, for fire may result.
11. Do not use outdoors for damage to the oven or electric shock may result.
12. Do not immerse cord or plug in water for electric shock may result.
13. Keep cord away from heated surfaces for electric shock may result.
14. Do not let cord hang over edge of table or counter for electric shock may result.
15. See door surface cleaning instructions on page 11.
16. To reduce the risk of fire in the oven cavity:
 - a. Do not overcook food. Carefully attend appliance if paper, plastic, or other combustible materials are placed inside the oven to facilitate cooking. Paper can char or burn, and some plastics can melt if used when heating foods.
 - b. Remove wire twist-ties from paper or plastic bags before placing bag in oven. Cooking in metal containers can damage the oven. So can containers with hidden metal (twist-ties, foil-lining, staples, metallic glaze or trim). Test dinnerware or cookware before using. See page 13.
 - c. If materials inside the oven should ignite, keep oven door closed, turn oven off, and disconnect the power cord, or shut off power at the fuse or circuit breaker panel.
17. Read and follow “**OPERATING SAFETY PRECAUTIONS**” starting on page 12.

SAVE THESE INSTRUCTIONS

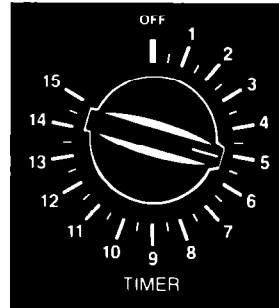
Using your microwave oven



Microwave oven control

The control section consists of a Timer and a Micro Menu. The Timer is the only oven control. Use of the Timer will be covered on the following pages. Read them carefully.

The Timer



The timer can be set for up to 15 minutes. This controls how long the microwave oven cooks.

Cooking in your microwave oven

Be sure to read your **Cooking Guide** packed with your microwave oven. It contains information about:

- What microwave energy is
- How food is cooked by microwave energy
- What affects cooking speed and cooking evenness
- Safety tips
- Utensils to use when cooking in the microwave oven
- Cooking times for different foods

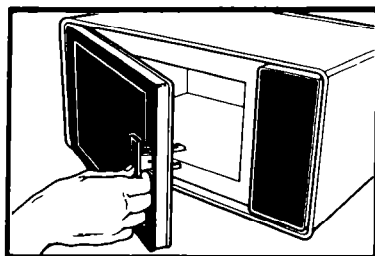
Important things to remember to get the **BEST COOKING RESULTS**.

- **ALWAYS** cook food for the minimum recommended cooking time. If necessary, add time in one or two minute periods, then check for doneness to avoid overcooking the food.
- Stir, turn or rearrange the food about halfway through the cooking time for most even doneness with all recipes.
- If a glass cover is not available, use waxpaper, paper towels or Saran® Wrap. Turn back a corner to vent steam during cooking.
- When using microwave recipes from other cookbooks or sources, slightly longer cooking times will be needed for those recipes calling for "High" or "Full" cook power. For example, add 1 to 2 minutes to a 5 minute cooking time.

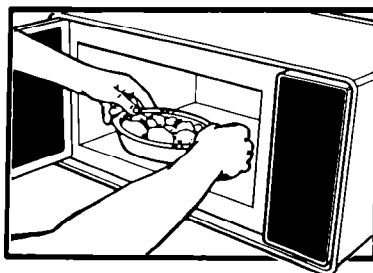
Setting the timer

Be sure you understand the basics of microwave oven cooking before you start. Start with recipes from your Cooking Guide. Follow the directions carefully.

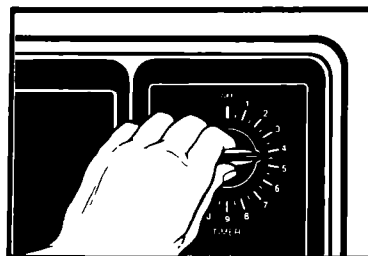
DO THIS...



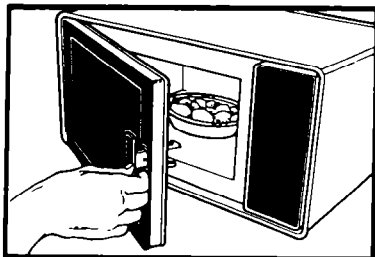
1. Open the oven door by lifting the door handle.



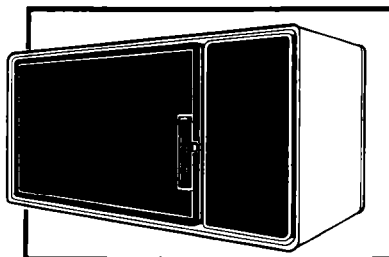
2. Put food in the oven. **DO NOT CLOSE THE DOOR.**



3. Set the cooking time by turning the Timer Knob clockwise. To reduce the cooking time, turn the Timer Knob counterclockwise.
To set timer for less than 1 minute, turn timer past 1 minute then to desired time.



4. Close the door. The oven will start cooking. You will hear a fan running during oven operation.



5. When the set time is up, the oven will shut off automatically. The fan will stop running.

To stop the oven

1. Turn the Timer Knob counterclockwise to "0".
OR

2. Open the oven door. Opening the oven door stops the oven so you can stir, turn, rearrange or add ingredients to the food. Close the oven door to complete cooking.
If you remove the food, set the timer to "0" before closing the oven door so it will not operate.

Defrosting in your microwave oven

Special instructions for defrosting different types of meat are given in the chart below. Here are some additional tips for best defrosting results:

- Use two defrosting periods with a 10 minute standing time in between.
- At the end of the final standing time, the center of the meat should still have ice crystals.
- Remove pieces of meat which begin to cook and/or cover cooked edges with small pieces of aluminum foil.
- Rotate and turn the item over before starting the second defrost period.
- If additional defrosting time is needed, add time in 1 minute periods only. Too much time will cause the edges of the food to cook.

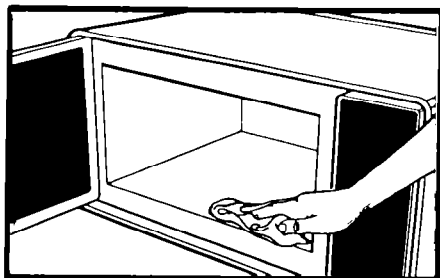
ITEM	FIRST DEFROST PERIOD	FIRST STANDING TIME	SECOND DEFROST PERIOD	FINAL STANDING TIME	INSTRUCTIONS
Fish & Seafood					
Fillet, 1 lb pkg	2 min	10 min	1½ min	15-30 min	Carefully separate and rinse under cold water to finish thawing.
Lobster Tails 2 @ (8-12 oz each)	2 min	10 min	2 min	10-15 min	See Fillet instructions.
Shrimp, 6 oz pkg	1 min	10 min	1 min	10-15 min	See Fillet instructions.
12 oz pkg	2 min	10 min	2 min	10-15 min	See Fillet instructions.
Meat, Beef:					
Ground Beef, 1 lb	2 min	10 min	1½ min	15-30 min	Turn over before 2nd defrost period.
Roasts – Rolled Rib Sirloin Tip 3 to 4 lbs.	8 min	10 min	8 min	1½-2 hours	Shield edges with foil. Turn over after 1st defrost period.
Chuck, 3 to 4 lbs	7 min	10 min	7 min	1½-2 hours	See Rolled Rib instructions.
Steaks – Cubed, ½ lb	1 min	10 min	1 min	15-30 min	
Rib Eye, T-bone or Tenderloin 2 to 3 lbs	2 min	10 min	2 min	15-30 min	Shield edges with foil. Turn over after 1st defrost period.
Round or Sirloin 2 to 3 lbs	3 min	10 min	2½ min	15-30 min	See Rib Eye instructions.
Stew Meat 1 to 2 lbs	3 min	10 min	2 min	15-30 min	Break cubes apart before final standing time.

ITEM	FIRST DEFROST PERIOD	FIRST STANDING TIME	SECOND DEFROST PERIOD	FINAL STANDING TIME	INSTRUCTIONS
Pork or Lamb					
Bacon, 1 lb	1½ min	10 min	2 min	15-30 min	Turn over before 2nd defrost period.
Chops 1½" thick 1 to 1½ lbs	3 min	10 min	3 min	15-30 min	Turn over before 2nd defrost period. Break apart before final standing time.
Chops 1" thick 1½ to 2½ lbs	4 min	10 min	3 min	15-30 min	See instructions for ½" Chops.
Roasts and Hams 3 to 4 lbs	8 min	10 min	8 min	1½-2 hours	Shield edges with foil. Turn over before 2nd defrost period.
Spare Ribs and Country Style Ribs 2 to 3 lbs	4 min	10 min	3½ min	15-30 min	Break apart before final standing time.
Wieners 12 oz pkg 1 lb pkg	2 min 3 min	10 min 10 min	1 min 1 min	5-10 min 5-10 min	Shield ends with foil.
Poultry					
Chicken, Whole 2 to 4 lbs	2 min/lb	10 min	2 min/lb	30-60 min	Shield wings, legs and tips with foil. Place original package in cold water for final standing time.
Chicken Quarters 2½ to 3 lbs	4 min	10 min	3 min	30-60 min	
Chicken Breasts 1½ to 2 lbs	4 min	10 min	3 min	30-60 min	
Rock Cornish Hens, Whole 18-20 oz each	5 min 7 min	10 min 10 min	5 min 7 min	15-30 min 15-30 min	Place original package in cold water for final standing time.
Turkey Breasts, bone-in, 4 to 8 lbs	2 min/lb	10 min	1 min/lb	30-60 min	See Rock Cornish Hen instructions.

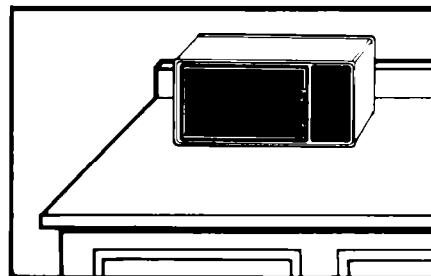
Installation instructions

BEFORE YOU BEGIN, READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY.

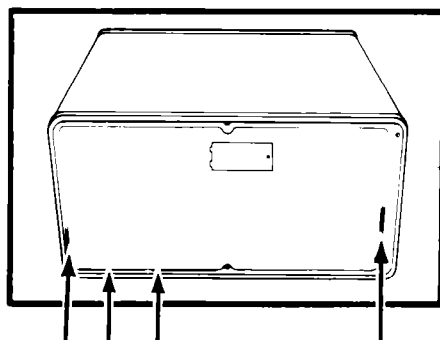
Installing your microwave oven



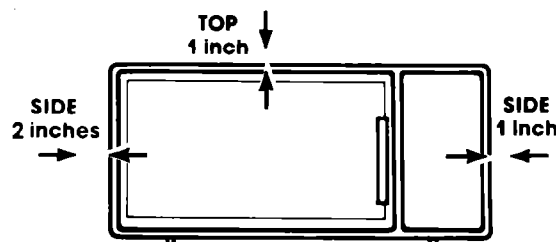
1. Empty the microwave oven and clean inside it with a soft, damp cloth. Check for damage such as misaligned door, damage around the door or dents inside the oven or on the exterior. If there is any damage, **do not** operate the unit until it has been checked by an authorized Whirlpool service technician and any repair made.



2. Put the oven on a cart, counter, table or shelf that is strong enough to hold the oven and the food and utensils you put in it. **(The control side of the unit is the heavy side. Use care when handling.)** The weight of the oven is approximately 33 lbs. (15.0 kg.).



3. Do not block the vent or air intake openings on the rear of the oven. Blocking vent or air intake openings can cause damage to the oven and poor cooking results. Make sure the microwave oven legs are in place to ensure proper air flow.



4. Do not install the microwave oven so that both sides and the top are flush with walls, shelves or cabinets. Leave clearance of at least 2 in. (5.08 cm) on the left side and 1 in. (2.54 cm) on the top and right side for proper operation.

Do not install the oven next to or over a conventional surface unit or in any area where excessive heat and steam are generated. This could damage the microwave oven.

5. Electrical requirements

Observe all governing codes and ordinances.

A 120 Volt, 60 Hz, AC only, 15 amp fused electrical supply is required. (Time-delay fuse is recommended.) It is recommended that a separate circuit serving only this appliance be provided.

6. GROUNDING INSTRUCTIONS

WARNING: Improper use of the grounding plug can result in a risk of electrical shock.

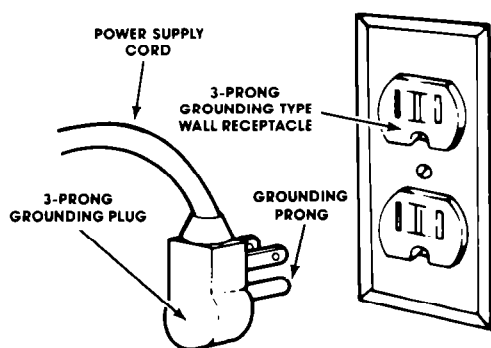
DO NOT, UNDER ANY CIRCUMSTANCES, REMOVE THE POWER SUPPLY CORD GROUNDING PRONG.

7. For your personal safety, this appliance must be grounded. In the event of an electrical short circuit, grounding reduces the risk of electric shock by providing an escape wire for the electric current. This appliance is equipped with a polarized 3-prong grounding plug. It must be plugged into a correctly polarized mating 3-prong grounding type wall receptacle, properly installed and grounded in accordance with the National Electrical Code and local codes and ordinances. If a mating wall receptacle is not available or if you are not sure if the

wall receptacle is properly grounded and polarized, have it checked by a qualified electrician.

It is the personal responsibility and obligation of the customer to have a properly grounded and correctly polarized 3-prong wall receptacle installed by a qualified electrician.

Consult a qualified electrician if the grounding instructions are not completely understood, or if doubt exists as to whether the appliance is properly grounded.



It is NOT recommended to use an extension cord with your microwave oven, but if you find it necessary to do so temporarily (until a properly grounded and polarized 3-prong receptacle is installed), use only a heavy duty UL listed 3 wire grounding type extension cord containing three 16 gauge (minimum) copper wires. It must not be longer than 10 feet (cords longer than 10 feet may affect the cooking performance of your microwave oven). The plug on the extension cord must fit into a 3-prong grounding type wall receptacle (as shown on this page) and the receptacle end of the extension cord must accept the 3-prong grounding plug of the microwave oven.



8. Plug the oven into the proper electrical outlet and put about one cup (250 mL) of cold water in a glass container in the oven. Close the door. Make sure it latches. Follow the directions on page 6 to set the oven to COOK for 2 minutes. When the time is up, the water should be heated.

9. This microwave oven is designed for use in the household only and must not be used for commercial purposes.

DO NOT remove the door, control panel, or back cover at any time. The unit is equipped with high voltage and should not be serviced unless by an authorized Whirlpool trained service technician.

SAVE THESE INSTRUCTIONS

Custom mounting your microwave oven

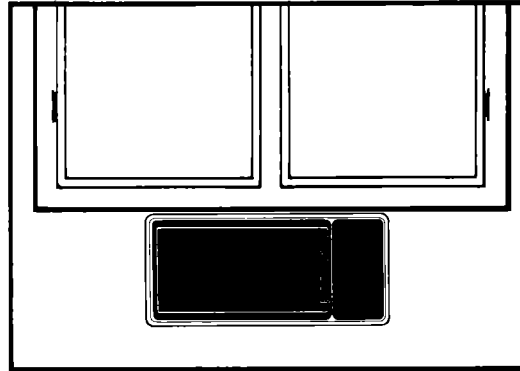
Your microwave oven is not limited to carts, counters or tables. Custom installations are made easy with kits available from your dealer.

1. Attach the microwave oven to a wall.

MK110 (788264)
Wall Mounting Kit

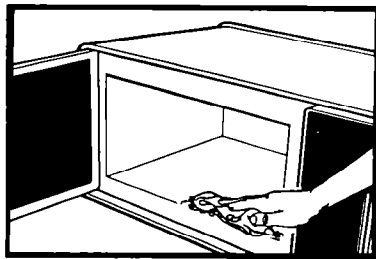
2. Attach the microwave oven directly to the underside of a cabinet.

MK100 (788262)
Under-the-Cabinet
Mounting Kit

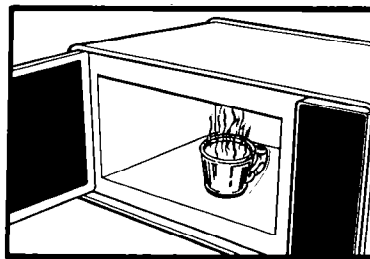


Caring for your microwave oven

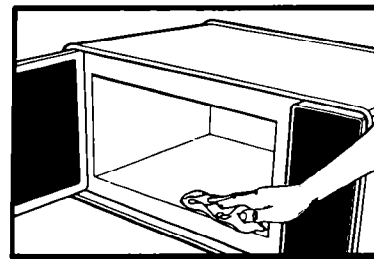
Cleaning the microwave oven



Wipe often with warm sudsy water and a soft cloth or sponge.



For stubborn soil, boil a cup of water in the oven for 2 or 3 minutes. Steam will soften the soil.



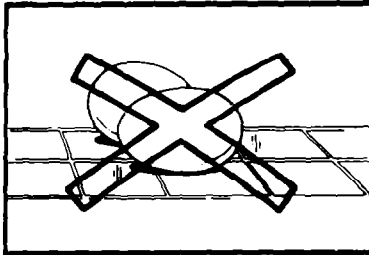
Be sure to clean the areas where the door and oven frame touch when closed. When cleaning surfaces of door and oven that come together on closing the door, use only mild, non-abrasive soaps or detergents applied with a sponge or soft cloth. Rinse well.

Caution: Abrasive cleansers, steel wool pads, gritty wash cloths, etc., can damage the control panel, and the interior and exterior oven surfaces. Use a soft cloth or a sponge with a mild detergent or spray glass cleaner.

Operating safety precautions

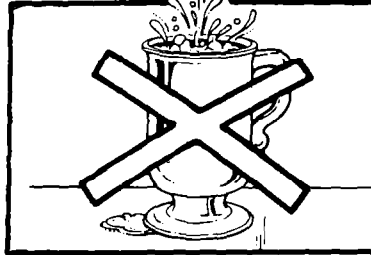


WARNING: DO NOT use the oven until you have read and understand **ALL** the information on safe use.

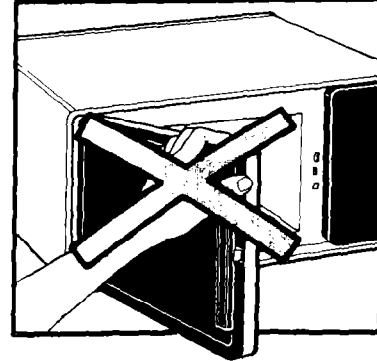


NEVER COOK OR REHEAT A WHOLE EGG.

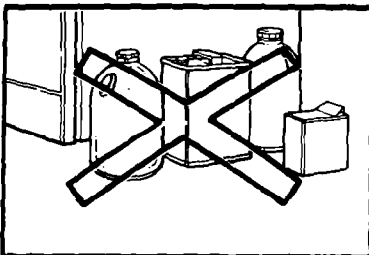
Steam build-up in whole eggs may cause them to burst and burn you, and possibly damage the oven. Slice hard boiled eggs before heating. In rare instances, poached eggs have been known to explode. Cover poached eggs and allow a standing time of one minute before cutting into them.



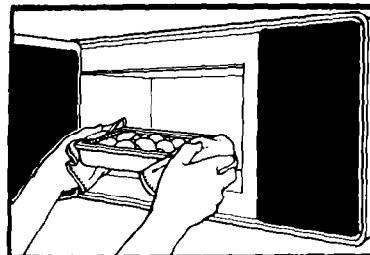
ALWAYS use care when heating liquids or adding ingredients to heated liquids. Liquids heated in certain shaped containers may become overheated. The liquid may splash out with a loud noise during or after heating or when adding ingredients (instant coffee, etc.). This can harm the oven and the hot liquid could burn you. Do not use such containers to heat liquids again.



NEVER lean on the door or allow a child to swing on it when the door is open. Injury could result.

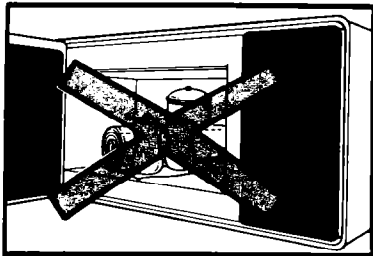


DO NOT heat or store flammable or inflammable materials in or near the oven.



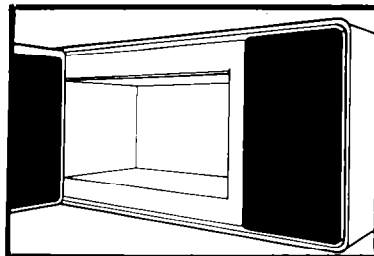
USE HOT PADS. Microwave energy does not heat containers, but the hot food does. You could get burned.

CAUTION: DO NOT use the oven until you have read and understand ALL precautions to prevent damage to the oven.

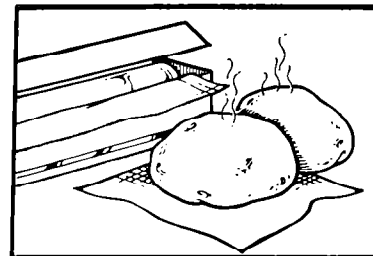


DO NOT use the oven for storage. Do not leave paper products, books or cooking utensils in the oven when not in use. Fire may result if someone accidentally starts the oven.

Don't let anything touch the top of the oven.

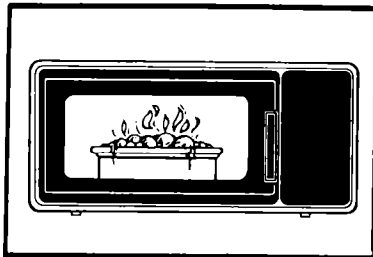


Starting a microwave oven when its empty is not recommended. If you experiment, put a container of water in the oven.



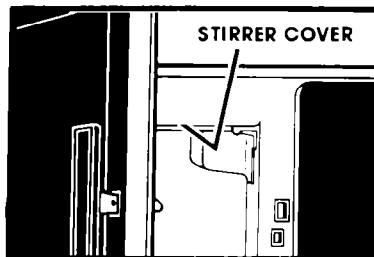
DO NOT OVERCOOK POTATOES. Fire could result.

At the end of the recommended cooking time they should be slightly firm. Wrap in foil and set aside for 5 minutes. They will finish cooking while standing.

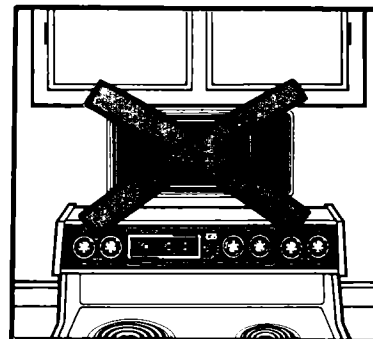


If a fire should start in the oven cavity:

- **keep door closed**
- **turn oven off**
- **disconnect the power supply** at the cord, fuse or circuit breaker.

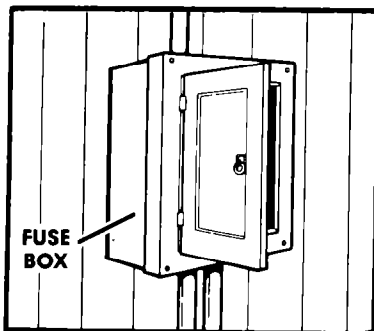


NEVER remove the stirrer cover. The plastic cover protects the microwave stirrer blade from soil or bending.



DO NOT build this oven in over a cooktop or range. Damage to the oven may result.

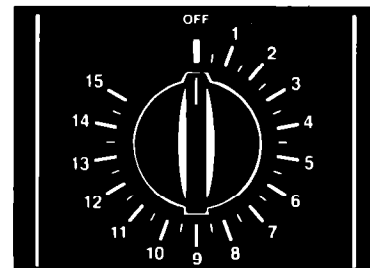
General Information



If your electric power line voltage is less than the normal 120 volts, cooking times may be longer.



To test a dish for safe use, put it into the oven with a cup of water **beside it**. Cook for one minute. **If the dish gets hot and water stays cool do not use it.**



If time is left on the timer when you remove food from the oven, turn the timer to "OFF" before closing the door. This prevents the oven from operating.

If you need service or assistance, we suggest you follow these four steps:

1. Before calling for assistance...

Performance problems often result from little things you can find and fix yourself without tools of any kind.

If nothing operates:

- Is the oven correctly plugged into a live circuit with the proper voltage? (See page 10.)
- Have you checked the main fuse or circuit breaker box?

If the microwave oven will not run:

- Is the timer set?
- Is the door firmly closed and latched?
- Did you follow the directions exactly?

If the microwave cooking times seem too long:

- Is the electric supply to your home low or lower than normal? Your electric company can tell you if the line voltage is low.
- Are you allowing for more time when cooking more food at one time?

2. If you need assistance*...

Call the Whirlpool COOL-LINE® service assistance telephone number. Dial free from:

Continental U.S. (800) 253-1301

Michigan (800) 632-2243

Alaska & Hawaii (800) 253-1121

and talk with one of our trained Consultants. The Consultant can instruct you on how to obtain satisfactory operation from your appliance or, if service is necessary, recommend a qualified service company in your area.



FSP is a registered trademark of Whirlpool Corporation for quality parts. Look for this symbol of quality whenever you need a replacement part for your Whirlpool appliance. FSP replacement parts

will fit right and work right, because they are made to the same exacting specifications used to build every new Whirlpool appliance.

3. If you need service*...



Whirlpool has a nationwide network of franchised TECH-CARE® service Companies. TECH-CARE service technicians are trained to fulfill the product warranty and provide after-

warranty service, anywhere in the United States. To locate TECH-CARE service in your area, call our COOL-LINE service assistance telephone number (see Step 2) or look in your telephone directory Yellow Pages under:

APPLIANCES - HOUSEHOLD - MAJOR - SERVICE & REPAIR	OR	ELECTRICAL APPLIANCES - MAJOR - REPAIRING & PARTS
WHIRLPOOL APPLIANCES FRANCHISED TECH-CARE SERVICE		WHIRLPOOL APPLIANCES FRANCHISED TECH-CARE SERVICE
SERVICE COMPANIES		SERVICE COMPANIES
XYZ SERVICE CO 123 Maple 999-9999		XYZ SERVICE CO 123 Maple 999-9999
OR		
WASHING MACHINES, DRYERS & IRONERS - SERVICING		
WHIRLPOOL APPLIANCES FRANCHISED TECH-CARE SERVICE		
SERVICE COMPANIES		
XYZ SERVICE CO 123 Maple 999-9999		

4. If you have a problem*...

Call our COOL-LINE service assistance telephone number (see Step 2) and talk with one of our Consultants, or if you prefer, write to:

Mr. Robert F. Gunts, Vice President
Whirlpool Corporation
Administrative Center
2000 US-33 North
Benton Harbor, MI 49022

*If you must call or write, please provide: model number, serial number, date of purchase, and a complete description of the problem. This information is needed in order to better respond to your request for assistance.



Making your world a little easier.

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Makers: Dishwashers, Built-In Ovens, and Surface Units, Ranges, Microwave Ovens, Trash Compactors, Room Air Conditioners, Dehumidifiers, Automatic Washers, Clothes Dryer

