

MC2662E



User Manual

Microwave Oven

PERFEKT IN FORM UND FUNKTION

**AEG**  
Electrolux

## Dear Customer

Thank you for choosing one of our high-quality products.

With this appliance you will experience the perfect combination of functional design and cutting edge technology.

Convince yourself that our appliances are engineered to deliver the best performance and control - indeed we are setting the highest standards of excellence.

In addition to this you find environmental and energy saving aspects as an integral part of our products.

To ensure optimal and regular performance of your appliance please read this instruction manual carefully. It will enable you to navigate all processes perfectly and most efficiently.

To refer to this manual any time you need to, we recommend you to keep it in a safe place. And please pass it to any future owner of the appliance.

We wish you much joy with your new appliance.

Symbol	Description
	Important information concerning your safety or the operation of your appliance is noted by this symbol and/or mentions words such as «Warning», «Take care». Be sure to follow all instructions carefully.
	This symbol indicates further information concerning the use of the appliance.
	The clover indicates energy-saving tips and hints for environmentally friendly use of your appliance.
	In the event of malfunctioning, please follow the instructions given in this section «What to do if...»

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## Important safety instructions

### Important safety instructions: Read carefully and keep for future reference

#### To avoid the danger of fire

The microwave oven should not be left unattended during operation.

Power levels that are too high or cooking times that are too long may overheat foods resulting in a fire.

The electrical outlet must be readily accessible so that the unit can be unplugged easily in an emergency.

Do not store or use the oven outdoors.

If food being heated begins to smoke, **DO NOT OPEN THE DOOR**. Turn off and unplug the oven and wait until the food has stopped smoking. Opening the door while food is smoking may cause a fire.

Only use microwave-safe containers and utensils.

Do not leave the oven unattended when using disposable plastic, paper or other combustible food containers.

Clean the waveguide cover, the oven cavity, the turntable and turntable support after use. These must be dry and free from grease. Built-up grease may overheat and begin to smoke or catch fire.

Do not place flammable materials near the oven or ventilation openings. Do not block the ventilation openings.

Remove all metallic seals, wire twists, etc., from food and food packages. Arcing on metallic surfaces may cause a fire.

Do not use the microwave oven to heat oil for deep frying. The temperature cannot be controlled and the oil may catch fire.

To make popcorn, only use special microwave popcorn makers. Do not store food or any other items inside the oven.

Check the settings after you start the oven to ensure the oven is operating as desired. See the corresponding hints in this operation manual.

#### To avoid the possibility of injury

 Warning!

Do not operate the oven if it is damaged or malfunctioning. Check the following before use:

- a) The door; make sure the door closes properly and ensure it is not misaligned or warped.
- b) The hinges and door safety latches; check to make sure they are not broken or loose.
- c) The door seals and sealing surfaces; ensure that they have not been damaged.
- d) Inside the oven cavity or on the door; make sure there are no dents.
- e) The power supply cord and plug; ensure that they are not damaged.

Never adjust, repair or modify the oven yourself. It is hazardous for anyone other than a competent person to carry out any service or repair operation which involves the removal of a cover which gives protection against exposure to microwave energy.

Do not operate the oven with the door open or alter the door safety latches in any way.

Do not operate the oven if there is an object between the door seals and sealing surfaces.

Do not allow grease or dirt to build up on the door seals and adjacent parts. Follow instructions for "Care & Cleaning". Failure to maintain the oven in a clean condition could lead to a deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.

Individuals with PACEMAKERS should check with their doctor or the manufacturer of the pacemaker for precautions regarding microwave ovens.

## To avoid the possibility of electric shock

Under no circumstances should you remove the outer cabinet.

Never spill or insert any objects into the door lock openings or ventilation openings. In the event of a spill, turn off and unplug the oven immediately and call your local Service Force Centre.

Do not immerse the power supply cord or plug in water or any other liquid.

Do not allow the power supply cord to run over any hot or sharp surfaces, such as the hot air vent area at the top rear of the oven.

Do not attempt to replace the oven lamp yourself or allow anyone who is not authorised by Service Force to do so. If the oven lamp fails, please consult your dealer or contact your local Service Force Centre.

If the power supply cord of this appliance is damaged, it must be replaced with a special cord. The exchange must be made by an authorised Service Force technician.

## To avoid the possibility of explosion and sudden boiling

 Warning!

Liquids and other foods must not be heated in sealed containers since they are liable to explode.

Never use sealed containers. Remove seals and lids before use. Sealed containers can explode due to a build up of pressure even after the oven has been turned off. Take care when microwaving liquids. Use a wide-mouthed container to allow bubbles to escape.

Microwave heating of beverages can result in delayed eruptive boiling, therefore care has to be taken when handling the container.

To prevent sudden eruption of boiling liquid and possible scalding:

1. Stir liquid prior to heating/reheating.

2. It is advisable to insert a glass rod or similar utensil into the liquid whilst reheating.
3. Let liquid stand for at least 20 seconds in the oven at the end of cooking time to prevent delayed eruptive boiling.

Do not cook eggs in their shells, and whole hard boiled eggs should not be heated in microwave ovens since they may explode even after microwave cooking has ended. To cook or reheat eggs which have not been scrambled or mixed, pierce the yolks and the whites, or the eggs may explode. Shell and slice hard boiled eggs before reheating them in the microwave oven.

Pierce the skin of such foods as potatoes, sausages and fruit before cooking, or they may explode.

## To avoid the possibility of burns

Use pot holders or oven gloves when removing food from the oven to prevent burns. Always open containers, popcorn makers, oven cooking bags, etc., away from the face and hands to avoid steam burns.

To avoid burns, always test food temperature and stir before serving and pay special attention to the temperature of food and drink given to babies, children or the elderly.

Temperature of the container is not a true indication of the temperature of the food or drink; always check the food temperature.

Always stand back from the oven door when opening to avoid burns from escaping steam and heat.

Slice stuffed baked foods after heating to release steam and avoid burns.

Keep children away from the door to prevent them burning themselves.

## To avoid misuse by children

### Warning!

Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.

This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

Children should be supervised to ensure that they do not play with the appliance.

Do not lean or swing on the oven door. Do not play with the oven or use it as a toy.

Children should be taught all important safety instructions: use of pot holders, careful removal of food coverings; paying special attention to packaging (e.g. self-heating materials) designed to make food crisp, as they may be extra hot.

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## Other warnings

Never modify the oven in any way.

This oven is for home food preparation only and may only be used for cooking food. It is not suitable for commercial or laboratory use.



### To promote trouble-free use of your oven and avoid damage

Never operate the oven when it is empty.

When using a browning dish or self-heating material, always place a heat-resistant insulator such as a porcelain plate under it to prevent damage to the turntable and turntable support due to heat stress. The preheating time specified in the dish's instructions must not be exceeded.

Do not use metal utensils, which reflect microwaves and may cause electrical arcing.

Do not put cans in the oven.

Only use the turntable and the turntable support designed for this oven. Do not operate the oven without the turntable.

To prevent the turntable from breaking:

a) Before cleaning the turntable with water, leave the turntable to cool.

b) Do not put hot foods or hot utensils on a cold turntable.

c) Do not put cold foods or cold utensils on a hot turntable.

Do not place anything on the outer cabinet during operation.

Important:

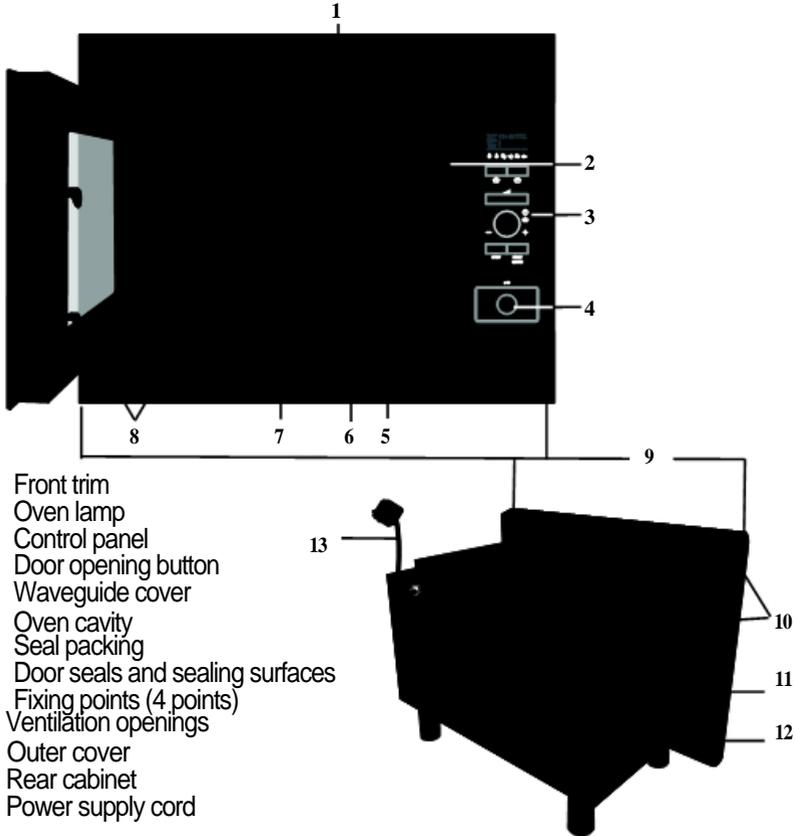
If you are unsure how to connect your oven, please consult an authorised, qualified electrician.

Neither the manufacturer nor the dealer can accept any liability for damage to the oven or personal injury resulting from failure to observe the correct electrical connection procedure.

Water vapour or drops may occasionally form on the oven walls or around the door seals and sealing surfaces. This is a normal occurrence and is not an indication of microwave leakage or a malfunction.

# Appliance overview

## Microwave oven & accessories



1. Front trim
2. Oven lamp
3. Control panel
4. Door opening button
5. Waveguide cover
6. Oven cavity
7. Seal packing
8. Door seals and sealing surfaces
9. Fixing points (4 points)
10. Ventilation openings
11. Outer cover
12. Rear cabinet
13. Power supply cord

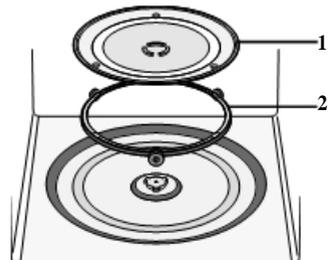
Check to make sure the following accessories are provided:

- (1) Turntable (2) Turntable support  
 (3) 4 fixing screws (not shown)

- Place the turntable support in the seal packing on the floor of the cavity.
- Then place the turntable on the turntable support.
- To avoid turntable damage, ensure dishes or containers are lifted clear of the turntable rim when removing them from the oven.

**Important:**

When you order accessories, please mention two items: part name and model name to your dealer or local Service Force centre.



# Control panel

## 1 Digital display indicators



Microwave



Clock



Cooking stages



Plus/Minus



Auto defrost bread



Auto defrost



Weight

## 2 AUTO COOK indicators

## 3 AUTO COOK button

## 4 AUTO DEFROST button

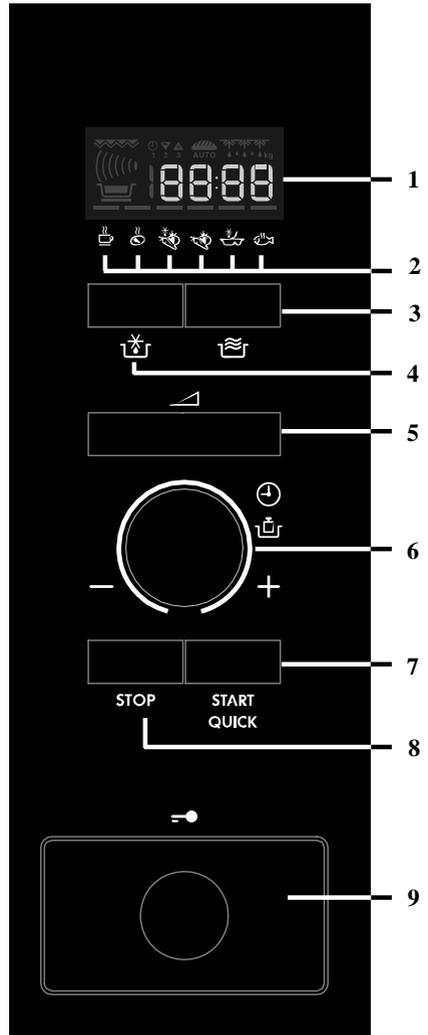
## 5 POWER LEVEL button

## 6 TIMER/WEIGHT knob

## 7 START/QUICK button

## 8 STOP button

## 9 DOOR OPENING button



## Before first use

### Econ mode

The oven is set in 'ENERGY SAVE' mode ('Econ').

1. Plug in the oven.
2. The display will be blank.
3. Open the door and the power comes on.
4. Close the door and 'Econ' will be displayed.
5. The display will count down from 3:00 to zero.
6. When zero is reached, the oven goes into 'Econ' mode and the display goes blank.
7. To cancel 'Econ' mode, set the clock.
8. To set 'Econ' mode when the clock is set, open the door, press start for 5 seconds, press stop then close the door.

### Setting the clock

The oven has a 12 hour clock.

**Example:** To set the clock to 11:30.

1. Plug in the oven.
2. The display will be blank.
3. Open the door and the power comes on.
4. Whilst the door is open, rotate the TIMER/WEIGHT knob to adjust the hour.
5. Press the START/QUICK button once then rotate the TIMER/WEIGHT knob to adjust the minutes.
6. Press the START/QUICK button.
7. Check the display:
8. Close the door.



**Important:**

1. You can rotate the TIMER/WEIGHT knob clockwise or anti-clockwise.
2. ENERGY SAVE mode cannot be set when the clock is set.

## Adjusting the time when the clock is set or oven is in 'Econ' mode

Example: To set the clock to 12:45.

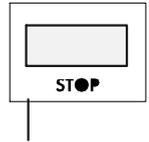
1. Open the door.
2. Press and hold the START/QUICK button for 5 seconds. The oven will beep. Rotate the TIMER/WEIGHT knob to adjust the hour.
3. Press the START/QUICK button once then rotate the TIMER/WEIGHT knob to adjust the minutes.
4. Press the START/QUICK button once.
5. Check the display:



## Using the STOP button

Use the STOP button to:

1. Erase a mistake during programming.
2. Stop the oven temporarily during cooking, press once.
3. Cancel a programme during cooking, touch twice.



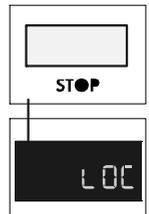
## Child safety lock

The oven has a safety feature which prevents the accidental running of the oven by a child. When the lock has been set, no part of the microwave will operate until the lock feature has been cancelled.

**Example:** To set the child safety lock.

1. Press and hold the stop button for 5 seconds.

The oven will beep twice and 'LOC' will be displayed:



### Note:

- To cancel the child safety lock, press and hold the stop button for 5 seconds, the oven will beep twice and the time of day will be displayed.
- Child safety lock cannot be set if the clock is not set.

## Microwave cooking advice

### Microwave cooking

To cook/defrost food in a microwave oven, the microwave energy must be able to pass through the container to penetrate the food. Therefore it is important to choose suitable cookware.

Round/oval dishes are preferable to square/oblong ones as the food in the corners tends to overcook.

It is important to turn, rearrange or stir food to ensure even heating.

Standing time is necessary after cooking as it enables the heat to disperse equally throughout the food.

Food characteristics	
Composition	Foods high in fat or sugar (e.g. Christmas pudding, mince pies) require less heating time. Care should be taken as overheating can lead to fire.
Density	Food density will affect the amount of cooking time needed. Light porous foods, such as cakes or bread, cook more quickly than heavy, dense foods, such as roasts and casseroles.
Quantity	The cooking time must be increased as the amount of food placed in the oven increases. E.g. four potatoes will take longer to cook than two.
Size	Small foods and small pieces cook faster than large ones, as microwaves can penetrate from all sides to the centre. For even cooking make all the pieces the same size.
Shape	Foods which are irregular in shape, such as chicken breasts or drumsticks, take longer to cook in the thicker parts. Round shapes cook more evenly than square shapes when microwave cooking.
Temperature of food	The initial temperature of food affects the amount of cooking time needed. Chilled foods will take longer to cook than food at room temperature. Cut into foods with fillings, e.g. jam doughnuts, to release heat or steam.

Cooking techniques	
Arrange	Place the thickest parts of food towards the outside of the dish. E.g. Chicken drumsticks.
Cover	Use vented microwave cling film or a suitable lid.
Pierce	Foods with a shell, skin or membrane must be pierced in several places before cooking or reheating as steam will build up and may cause food to explode, e.g. Potatoes, Fish, Chicken, Sausages. Important: Eggs should not be heated using microwave power as they may explode, even after cooking has ended, e.g. poached, hard boiled.
Stir, turn and rearrange	For even cooking it is essential to stir, turn and rearrange food during cooking. Always stir and rearrange from the outside towards the centre.
Stand	Standing time is necessary after cooking to enable the heat to disperse equally throughout the food.
Shield	Some areas of food being defrosted may become warm. Warm areas can be shielded with small pieces of foil, which reflect microwaves, e.g. legs and wings on a chicken.

## Microwave safe cookware

Cookware	Microwave safe	Comments
Aluminium foil / foil containers	✓/✗	Small pieces of aluminium foil can be used to shield food from overheating. Keep foil at least 2 cm from the oven walls, as arcing may occur. Foil containers are not recommended unless specified by the manufacturer, e.g. Microfoil ©, follow instructions carefully.
Browning dishes	✓	Always follow the manufacturers instructions. Do not exceed heating times given. Be very careful as these dishes become very hot.
China and ceramics	✓/✗	Porcelain, pottery, glazed earthenware and bone china are usually suitable, except for those with metallic decoration.
Glassware e.g. Pyrex ©	✓	Care should be taken if using fine glassware as it can break or crack if heated suddenly.
Metal	✗	It is not recommended to use metal cookware when using microwave power as it will arc, which can lead to fire.
Plastic / polystyrene e.g. fast food containers	✓	Care must be taken as some containers warp, melt or discolour at high temperatures.
Cling film	✓	Should not touch the food and must be pierced to let the steam escape.
Freezer / roasting bags	✓	Must be pierced to let steam escape. Ensure bags are suitable for microwave use. Do not use plastic or metal ties, as they may melt or catch fire due to the metal arcing.
Paper - plates cups and kitchen paper	✓	Only use for warming or to absorb moisture. Care must be taken as overheating may cause fire.
Straw and wooden containers	✓	Always attend the oven when using these materials as overheating may cause fire.
Recycled paper and newspaper	✗	May contain extracts of metal which will cause 'arcing' and may lead to fire.

## Microwave operation

### Microwave cooking

Your oven can be programmed for up to 90 minutes. The input unit of cooking time varies from 10 seconds to five minutes. It depends on the total length of the cooking time as shown in the table.

Cooking time	Increasing unit
0-5 minutes	10 seconds
5-10 minutes	30 seconds
10-30 minutes	1 minute
30-90 minutes	5 minutes

### Manual defrosting

For manual defrosting (without operating the Auto defrost feature), use 270 W. The defrost symbol appears in the window display whenever the power level is selected.

### Microwave power levels

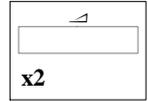
Your oven has 6 power levels:

Power setting	Suggested use
900 W/ HIGH	Used for fast cooking or reheating e.g. soup, casseroles, canned food, hot beverages, vegetables, fish, etc.
630 W	Used for longer cooking of dense foods such as roast joints, meat loaf and plated meals, also for sensitive dishes such as cheese sauce and sponge cakes. At this reduced setting, the sauce will not boil over and food will cook evenly without over cooking at the sides.
450 W	For dense foods which require a long cooking time when cooked conventionally, eg. beef dishes, it is advisable to use this power setting to ensure the meat will be tender.
270 W/ DEFROST	To defrost, select this power setting, to ensure that the dish defrosts evenly. This setting is also ideal for simmering rice, pasta, dumplings and cooking egg custard.
90 W	For gentle defrosting, eg. cream gateaux or pastry.
0 W	For standing/kitchen timer.

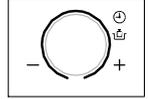
W = WATT

**Example:** To heat soup for 2 minutes and 30 seconds on 630 W microwave power.

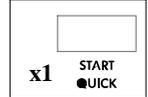
1. Press the power level button twice.



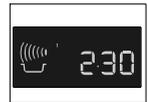
2. Enter the time by rotating the TIMER/WEIGHT knob clockwise/anti-clockwise until 2:30 is displayed.



3. Press the START/QUICK button.



4. Check the display:



### Important:

If the power level is not selected, HIGH/900 W is automatically set.

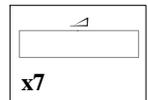
### Note:

- When the door is opened during the cooking process, the cooking time on the digital display stops automatically. The cooking time starts to count down again when the door is closed and the START/QUICK button is pressed.
- If you wish to know the power level during cooking, press the POWER button once.
- You can increase or decrease the cooking time during cooking by rotating the TIMER/WEIGHT knob.
- You can change the power level during cooking by pressing the POWER button.
- To cancel a programme during cooking, touch the STOP button twice.

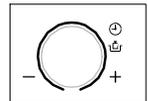
## Kitchen timer

**Example:** To set the kitchen timer for 7 minutes.

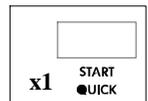
1. Press the power level button 7 times.



2. Enter the time by rotating the TIMER/WEIGHT knob clockwise/ anti-clockwise until 7:00 is displayed.



3. Press the START/QUICK button.



4. Check the display:



### Note:

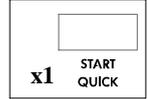
To pause the timer, press the STOP button. To resume the timer, press START/QUICK, to exit press STOP again.

## Add 30 seconds

The START/QUICK button allows you to operate the two following functions:

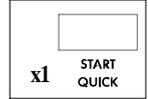
### 1. Direct Start

You can directly start cooking on 900 W/HIGH microwave power level for 30 seconds by pressing the START/QUICK button.



### 2. Extend the cooking time

You can extend the cooking time for multiples of 30 seconds if the button is pressed while the oven is in operation.



### Note:

- You cannot use this function during AUTO COOK or AUTO DEFROST.

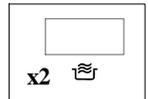
## Plus & minus

The PLUS  and MINUS  function enables you to decrease or increase the cooking time when using the automatic programmes.

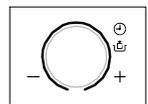
If you prefer boiled potatoes which are cooked but still firm, use MINUS   
Alternatively, if you prefer boiled potatoes softer, use PLUS 

**Example:** To cook 0.3 kg of boiled potatoes, well done.

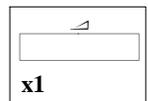
- Select the menu required by pressing the AUTO COOK button twice.



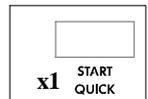
- Turn the TIMER/WEIGHT knob until 0.3 kg is displayed.



- Press the power button once to select the PLUS  adjustment.



- Press the START/QUICK button.



- Check the display:



**Note:**

To cancel PLUS/MINUS, press the power level key 3 times. If you select PLUS the display will show   
If you select MINUS, the display will show 

## Multiple sequence cooking

A sequence of 3 stages (maximum) can be programmed using MICROWAVE.

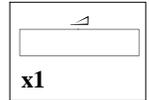
**Example:** To cook:

5 minutes on 900 W power (Stage 1)

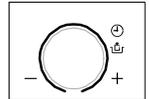
16 minutes on 270 W power (Stage 2)

**Stage 1**

1. Press the power button once.



2. Enter the desired time by rotating the TIMER/WEIGHT knob clockwise until 5:00 is displayed.



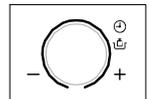
3. Check the display:

**Stage 2**

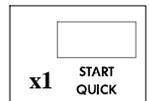
1. Press the power button 4 times.



2. Enter the desired cooking time by rotating the TIMER/WEIGHT knob clockwise until 16:00 is displayed.



3. Press the START/QUICK button.



4. Check the display:



The oven will begin to cook for 5 minutes at 900 W, and then for 16 minutes at 270 W.

## Auto cook & auto defrost operation

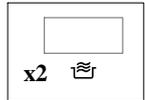
AUTO COOK and AUTO DEFROST automatically work out the correct cooking mode and cooking time. You can choose from 6 AUTO COOK and 2 AUTO DEFROST menus.

### Auto Cook

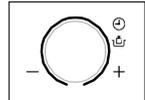
Food	Symbol
Beverage	
Boiled Potatoes/ Jacket Potatoes	
Frozen Vegetables	
Fresh Vegetables	
Frozen Ready Meals	
Fish Fillet with Sauce	

**Example:** To cook 0.3 kg of boiled potatoes.

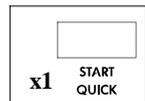
1. Select the menu required by pressing the AUTO COOK button twice.



2. Turn the TIMER/WEIGHT knob until 0.3 kg is displayed.



3. Press the START/QUICK button.



4. Check the display:



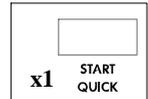
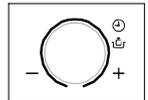
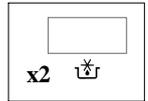
When action is required (e.g. to turn food over) the oven stops and the audible bell sounds, remaining cooking time and the indicator will flash on the display. To continue cooking, press the START/QUICK button. At the end of the Auto cook time, the programme will automatically stop. The audible bell sounds and the cooking symbol will flash. After 1 minute and a reminder beep, the time of day will be displayed.

## Auto Defrost

Food	Symbol
Meat/Fish/Poultry	
Bread	

**Example:** To defrost 0.2 kg of bread.

1. Select the menu required by pressing the AUTO DEFROST button twice.
2. Turn the TIMER/WEIGHT knob until 0.2 is displayed.
3. Press the START/QUICK button.
4. Check the display:



When action is required (e.g. to turn food over) the oven stops and the audible bell sounds, remaining cooking time and the indicator will flash on the display. To continue cooking, press the START/QUICK button. At the end of the Auto defrost time, the programme will automatically stop. The audible bell sounds and the cooking symbol will flash. After 1 minute and a reminder beep, the time of day will be displayed.

## Programme charts

### Auto cook & auto defrost charts

Auto cook	Weight (increasing unit) / Utensils	Button	Procedure
Beverage (Tea/Coffee) 	1-6 cups 1 cup = 200 ml	 x1	<ul style="list-style-type: none"> <li>Place cup towards edge of turntable.</li> </ul>
Boiled and jacket potatoes 	0,2 - 1,0 kg (100 g) Bowl and lid	 x2	<p>Boiled Potatoes: Peel the potatoes and cut them into similar sized pieces.</p> <p>Jacket Potatoes: Choose potatoes of similar size and wash them.</p> <ul style="list-style-type: none"> <li>Put the boiled or jacket potatoes in a bowl.</li> <li>Add the required amount of water (per 100 g), approx 2 tbsp and a little salt.</li> <li>Cover with a lid.</li> <li>When the audible bell sounds, stir and re-cover.</li> <li>After cooking, stand for approx. 2 min.</li> </ul>
Frozen vegetables 	0,1 - 0,8 kg (100 g) Bowl and lid	 x3	<ul style="list-style-type: none"> <li>Add 1 tbsp water per 100 g and salt as desired. (For mushrooms no additional water is necessary.)</li> <li>Cover with lid.</li> <li>When the audible bell sounds, stir and re-cover.</li> <li>After cooking, stand for approx. 2 min.</li> </ul> <p><b>Important:</b> If frozen vegetables are compacted together, cook manually.</p>
Fresh vegetables 	0,1 - 0,8 kg (100 g) Bowl and lid	 x4	<ul style="list-style-type: none"> <li>Cut into small pieces, e.g. strips, cubes or slices.</li> <li>Add 1 tbsp water per 100 g and salt as desired. (For mushrooms no additional water is necessary.)</li> <li>Cover with a lid.</li> <li>When the audible bell sounds, stir and re-cover.</li> <li>After cooking, stand for approx. 2 min.</li> </ul>
Frozen ready meals (stirtable) 	0,3 kg - 1,0 kg (100 g) Bowl and lid	 x5	<ul style="list-style-type: none"> <li>Transfer meal to suitable microwave-proof dish.</li> <li>Add some liquid if recommended by the manufacturer.</li> <li>Cover with lid.</li> <li>Cook without cover if the manufacturer instructs.</li> <li>When the audible bell sounds, stir and re-cover.</li> <li>After cooking, stir and stand for approx. 2 min.</li> </ul>
Fish fillet with sauce 	0,5 kg - 1,5 kg* (100 g) Gratin dish and microwave cling film	 x6	<ul style="list-style-type: none"> <li>See recipes for "Fish fillet with sauce" on page 22. *</li> </ul> <p>Total weight of all ingredients.</p>

Important: Chilled foods are cooked from 5 °C, frozen foods are cooked from -18 °C.

Auto defrost	Weight (increasing unit) / Utensils	Button	Procedure
Meat, fish poultry  (Whole fish, fish steaks, fish fillets, chicken legs, chicken breast, minced meat, steak, chops, burgers, sausages)	0,2 - 1,0 kg (100 g) Flan dish	 x1	<ul style="list-style-type: none"> <li>Place the food in a flan dish in the centre of the turntable.</li> <li>When the audible bell sounds, turn the food over, rearrange and separate. Shield thin parts and warm spots with aluminium foil.</li> <li>After defrosting, wrap in aluminium foil for 15-45 min, until thoroughly defrosted. Note: Not suitable for whole poultry.</li> <li>Minced meat: When the audible bell sounds, turn the food over. Remove the defrosted parts if possible.</li> </ul>
Bread 	0,1 - 1,0 kg (100 g) Flan dish	 x2	<ul style="list-style-type: none"> <li>Distribute in a flan dish in the centre of the turntable. For 1,0 kg distribute directly on the turntable.</li> <li>When the audible bell sounds, turn over, rearrange and remove defrosted slices.</li> <li>After defrosting cover in aluminium foil and stand for 5-15 min, until thoroughly defrosted.</li> </ul>

Important: Chilled foods are cooked from 5 °C, frozen foods are cooked from -18 °C.

#### Note:

- Enter the weight of the food only. Do not include the weight of the container.
- For food weighing more or less than weights/quantities given in the Auto cook & defrost charts, use manual operation.
- The final temperature will vary according to the initial temperature. Check food is piping hot after cooking.
- When action is required (e.g. to turn food over) the oven stops and the audible bell sounds, remaining cooking time and the indicator will flash on the display. To continue cooking, press the START/QUICK button.
- After microwave mode the cooling fan may come on.
- If the clock is not set the 'Econ' mode will come on approx 3 minutes after cooking is finished.

#### Important: Auto defrost

- Steaks and Chops should be frozen in one layer.
- Minced meat should be frozen in a thin shape.
- After turning over, shield the defrosted portions with small, flat pieces of aluminium foil.
- The poultry should be processed immediately after defrosting.

## Recipes for auto cook

### Fish fillet with piquant sauce

1. Mix ingredients for the sauce.
2. Place the fish fillet in a round gratin dish with the thin ends toward the centre and sprinkle with salt.
3. Spread the sauce on the fish fillet.
4. Cover with microwave cling film and cook on AUTO COOK, "Fish Fillet with Sauce".
5. After cooking, stand for approx. 2 min.

0,5 kg	1,0 kg	1,5 kg	
175 g	350 g	525 g	canned tomatoes (drained)
50 g	100 g	150 g	corn
5 g	10 g	15 g	chilli sauce
15 g	30 g	45 g	onion (finely chopped)
1 tbsp	1-2 tbsp	2-3 tbsp	red wine vinegar
			mustard, thyme and cayenne pepper
250 g	500 g	750 g	fish fillet
			salt

### Fish fillet with curry sauce

1. Place the fish fillet in a round gratin dish with the thin ends toward the centre and sprinkle with salt.
2. Spread the banana and the ready made curry sauce on the fish fillet.
3. Cover with microwave cling film and cook on AUTO COOK, "Fish Fillet with Sauce".
4. After cooking, stand for approx. 2 min.

0,5 kg	1,0 kg	1,5 kg	
250 g	500 g	750 g	fish fillet
			salt
50 g	100 g	150 g	banana (sliced)
200 g	400 g	600 g	ready made curry sauce

# Cooking charts

## Abbreviations used

tbsp = tablespoon	Cup = cupful	g = gram	ml = millilitre	min = minutes
tsp = teaspoon	KG = kilogram	l = litre	cm = centimetre	

## Heating food & drink

Food/ Drink	Quantity -g/ml-	Power -Level-	Time -Min-	Method
Milk 1 cup	150	900 W	approx. 1	do not cover
Water 1 cup	150	900 W	approx. 2	do not cover
6 cups	900	900 W	8-10	do not cover
1 dish	1000	900 W	9-11	do not cover
One plate meal (vegetables, meat and trimmings)	400	900 W	4-6	sprinkle some water onto the sauce, cover, stir halfway through heating
Soup / stew	200	900 W	1-2	cover, stir after heating
Vegetables	200	900 W	2-3	if necessary add some water, cover, stir halfway through heating
	500	900 W	3-5	
Meat, 1 slice*	200	900 W	approx. 3	thinly spread sauce over the top, cover
Fish fillet*	200	900 W	3-5	cover
Cake, 1 slice	150	450 W	1/2-1	place in a flan dish
Baby food, 1 jar	190	450 W	1/2-1	transfer into a suitable microwaveable container, after heating stir well and test the temperature
Melting margarine or butter*	50	900 W	1/2	cover
Melting chocolate	100	450 W	3-4	stir occasionally

\* from chilled

## Defrosting

Food	Quantity -g-	Power -Level-	Time -Min-	Method	Standing time -Min-
Goulash	500	270 W	8-9	stir halfway through defrosting	10-30
Cake, 1 slice	150	270 W	1-3	place in a flan dish	5
Fruit e.g. cherries strawberries, raspberries, plums	250	270 W	3-5	spread out evenly, turn over halfway through defrosting	5

The times shown in the table are guidelines which may vary according to freezing temperature, quality and weight of the foodstuffs.

## Defrosting & cooking

Food	Quantity -g-	Power -Level-	Time -Min-	Method	Standing time -Min-
Fish fillet	300	900 W	9-11	cover	2
One plate meal	400	900 W	8-10	cover, stir after 6 minutes	2

## Cooking meat & fish

Food	Quantity -g-	Power -Level-	Time -Min-	Method	Standing time -Min-
Roasts (pork, veal, lamb)	1000	630 W	34-38	season to taste, place in a shallow flan dish, turn over halfway through cooking	10
	1500	630 W	53-58		10
Roast beef (medium)	1000	630 W	20-24	season to taste, place in a flan dish, turn over halfway through cooking	10
	1500	630 W	27-31		10
Fish fillet	200	900 W	4-6	season to taste, place in a flan dish, cover	3

# Recipes

All the recipes in this book are calculated on the basis of 4 servings unless otherwise stated.

## Adapting recipes for the microwave oven

If you would like to adapt your favourite recipes for the microwave, you should take note of the following: Shorten cooking times by a third to a half. Follow the example of the recipes in this book.

Foods which have a high moisture content such as meat, fish, poultry, vegetables, fruit, stews and soups can be prepared in your microwave without any difficulty.

Foods which have little moisture, such as platters of food, should have the surface moistened prior to heating or cooking.

The amount of liquid to be added to raw foods, which are to be braised, should be reduced to about two thirds of the quantity in the original recipe. If necessary, add more liquid during cooking.

The amount of fat to be added can be reduced considerably. A small amount of butter, margarine or oil is sufficient to flavour food. For this reason your microwave is excellent for preparing low-fat foods as part of a diet.

## Onion soup

1. Grease the bowl, add the sliced onion, meat stock and seasoning. Cover and cook.  
9-11 min. 900 W
2. Toast the slices of bread, cut them into cubes and divide them among the soup bowls. Pour the soup over the toast cubes and sprinkle on the cheese.
3. Place the bowls on the turntable and cook.  
1-3 min. 900 W

Utensils	Bowl with lid (2 l capacity) 4 soup bowls (200 ml)
10 g	butter or margarine
100 g	onions, sliced
800 ml	meat stock
	salt and pepper
2 slices	bread
40 g	grated cheese

## Sole fillets

1. Wash the fish and pat them dry. Remove any bones. 2. Cut the lemon and tomatoes into thin slices. 3. Grease the oven dish with butter. Place the fish fillets in the dish and drizzle with vegetable oil.
4. Sprinkle parsley over the dish, place the tomato slices on top and season. Place the lemon slices on top of the tomatoes and pour the white wine over them.
5. Place small pats of butter on top of the lemon, cover and cook.  
11-13 min. 630 W  
After cooking, stand for approx. 2 min.

Utensils	Shallow oval oven dish with microwave cling film (approx. 26 cm long)
400 g	sole fillets
1	lemon, whole
150 g	tomatoes
10 g	butter
1 tbsp	vegetable oil
1 tbsp	parsley, chopped
	salt and pepper
4 tbsp	white wine
20 g	butter or margarine

## Zürich veal stew

1. Cut the veal into strips.
2. Grease the dish with the butter. Put the meat and onion into the dish, cover and cook. Stir once during cooking.  
6-9 min. 900 W
3. Add the white wine, gravy browning and cream, stir, cover and continue cooking. Stir occasionally.  
3-5 min. 900 W
4. Stir the mixture after cooking, stand for approx. 5 min. Garnish with parsley.

Utensils	Dish with lid (2 l capacity)
600 g	veal fillet
10 g	butter or margarine
50 g	onion, finely chopped
100 ml	white wine
	seasoned gravy browning, for approx. 1/2 litre gravy
300 ml	cream
1 tbsp	parsley, chopped

## Stuffed ham

1. Mix the spinach with the cheese and fromage frais, season to taste.
2. Place a teaspoon of the filling on top of each slice of cooked ham, and roll up. Spear with a wooden skewer to fasten it.
3. Make a béchamel sauce: to do this, pour the water and cream into a bowl and heat.  
2-4 min. 900 W  
Mix the flour and butter to make a roux, add to the liquid, and whisk until dissolved. Cover, cook until thick.  
1-2 min. 900 W  
Stir and taste.
4. Place the sauce into the greased dish, place the filled rolls of ham onto the sauce and cook with lid.  
12-14 min. 630 W  
After cooking, stand for approx. 5 min.

Utensils	Bowl with lid (2 l capacity) Oval gratin dish (approx. 26 cm long)
150 g	leaf spinach, chopped
150 g	fromage frais, 20 % fat content
50 g	Emmental cheese, grated
	pepper and paprika
8 slices	cooked ham (400 g)
125 ml	water
125 ml	cream
20 g	flour
20 g	butter or margarine
10 g	butter or margarine to grease the dish

## Spicy turkey fricassee

1. Grease the dish.
2. Mix the rice with the saffron and place in the dish.  
Mix in the onion, pepper, leek and the turkey breast and season. Dot with butter.
3. Pour the stock over the dish, cover and cook.  
4-6 min. 900 W  
16-19 min. 270 W  
After cooking, stand for approx. 5 min.

Utensils	Oval dish with lid (approx. 26 cm long)
120 g	long grain rice
1 pack	saffron
10 g	butter or margarine
50 g	onion, sliced
100 g	red pepper, sliced
100 g	leek, sliced
300 g	turkey breast, diced
	pepper and paprika
20 g	butter or margarine
300 ml	meat stock

## Lasagne

1. Chop the tomatoes, mix with the ham and onion, garlic, minced beef and tomato puree. Season, cover and cook.  
5-8 min. 900 W
2. Mix the crème fraiche with the milk, Parmesan cheese, herbs, oil and spices.
3. Grease the dish and cover the bottom with about  $\frac{1}{3}$  of the pasta. Put half of the minced meat mixture on the pasta and pour on some sauce. Repeat and finish with the remaining pasta. Cover the pasta with sauce and sprinkle with Parmesan cheese.  
Cook with the lid on.  
13-17 min. 630 W  
After cooking, stand for approx. 5-10 min.

Utensils	Bowl with lid (2 l capacity) Shallow square gratin dish with lid (approx. 20 x 20 x 6 cm)
300 g	tinned tomatoes
50 g	ham, chopped
50 g	onion, finely chopped
1	clove of garlic, crushed
250 g	minced beef
2 tbsp	tomato puree
	salt and pepper
150 ml	crème fraiche
100 ml	milk
50 g	Parmesan cheese, grated
1 tsp	mixed chopped herbs
1 tsp	olive oil
1 tsp	vegetable oil to grease the dish
125 g	lasagne verde
1 tbsp	Parmesan cheese, grated

## Bacon risotto

1. Grease the dish. Place the onions and bacon in the dish, cover, and cook.  
2-3 min. 900 W
2. Add the rice, meat stock, cook.  
3-5 min. 900 W  
15-17 min. 270 W  
After cooking, stand for approx. 5 min.
3. Mix the cheese with the saffron into the rice and season to taste.

Utensils	Bowl with lid (2 l capacity)
50 g	streaky bacon, chopped
20 g	butter or margarine
50 g	onion, finely chopped
200 g	risotto rice (Arboris)
400 ml	meat stock
70 g	Emmental cheese
pinch	saffron
	salt and pepper

## Pears in chocolate sauce

1. Place the sugar, vanilla sugar, pear liqueur and water into the bowl, stir, cover and cook.  
1-2 min. 900 W
2. Place the pears into the liquid, cover and cook.  
5-8 min. 900 W  
Take the pears out of the cooking liquid, and place in the refrigerator.
3. Pour 50 ml of the cooking liquid into the smaller bowl.  
Add the chocolate and crème fraiche, cover, and cook.  
2-3 min. 900 W
4. Stir the sauce well, pour over the pears and serve.

Utensils	Bowl with lid (2 l capacity) Bowl with lid (1 l capacity)
4	whole pears, peeled (600 g)
60 g	sugar
10 g	vanilla sugar
1 tbsp	pear liqueur
150 ml	water
130 g	dark chocolate, chopped
100 g	crème fraiche

## Semolina pudding with raspberry sauce

- Place the milk, sugar and almonds in the bowl, cover and cook.  
3-5 min. 900 W
- Add the semolina, stir, cover and cook.  
10-12 min. 270 W
- Beat the egg yolk with the water in a cup and stir into the hot mixture. Beat the egg white until it is stiff and fold it into the mixture. Pour the pudding mixture into ramekins.
- To make the sauce, wash and dry the raspberries, and place into a bowl with the water and sugar. Cover and heat.  
2-3 min. 900 W
- Purée the raspberries and serve with the semolina pudding.

Utensils	Bowl with lid (2 l capacity) 4 Ramekin dishes
500 ml	milk
40 g	sugar
15 g	chopped almonds
50 g	semolina
1	egg yolk
1 tbsp	water
1	egg white
250 g	raspberries
50 ml	water
40 g	sugar

## Cheesecake

- In a bowl, mix together the flour, cocoa, baking powder and sugar.
- Add the egg and butter and mix in a food processor.
- Grease the tin. Roll out the dough and line the tin, leaving 2 cm around the edges to form a rim. Bake the pastry.  
6-8 min. 630 W
- Whisk the butter and sugar until light and fluffy. Slowly whisk in the eggs. Add the fromage frais and the powdered vanilla pudding mix.
- Spread the filling over the cheesecake base and cook.  
15-19 min. 630 W

Utensils	Spring form tin (approx. 26 cm diameter)
	Base:
300 g	flour
1 tbsp	cocoa
10 g	baking powder
150 g	sugar
1	egg
10 g	butter or margarine to grease the tin
	Filling:
150 g	butter or margarine
100 g	sugar
10 g	vanilla sugar
3	eggs
400 g	fromage frais, 20 % fat content
40 g	powdered vanilla pudding mix

## Chocolate cake

- Grease the dish.
- Whisk the butter and sugar together until light and fluffy. Slowly whisk in the eggs, fold in the flour, baking powder and cocoa. Add milk, mix thoroughly and cook.  
8-10 min. 630 W
- After cooking, allow the cake to cool for 10 min, in the dish.

Utensils	Round cake dish (diameter 21 cm height 10 cm)
175 g	butter or margarine
175 g	sugar
3	eggs
175 g	flour
1 tsp	baking powder
20 g	cocoa
50 ml	milk

## Care & cleaning



### CAUTION!

DO NOT USE COMMERCIAL OVEN CLEANERS, STEAM CLEANERS, ABRASIVE, HARSH CLEANERS, ANY THAT CONTAIN SODIUM HYDROXIDE OR SCOURING PADS ON ANY PART OF YOUR MICROWAVE OVEN.

CLEAN THE OVEN AT REGULAR INTERVALS AND REMOVE ANY FOOD DEPOSITS. Failure to maintain the oven in a clean condition could lead to a deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.

### Oven exterior

The outside of your oven can be cleaned easily with mild soap and water. Make sure the soap is wiped off with a moist cloth, and dry the exterior with a soft towel.

### Control panel

Open the door before cleaning to de-activate the control panel. Care should be taken when cleaning the control panel. Using a cloth dampened with water only, gently wipe the panel until it becomes clean. Avoid using excessive amounts of water. Do not use any sort of chemical or abrasive cleaner.

### Oven interior

1. For cleaning, wipe any splatters or spills with a soft damp cloth or sponge after each use while the oven is still warm. For heavier spills, use a mild soap and wipe several times with a damp cloth until all residues are removed. Do not remove the waveguide cover.
2. Make sure that mild soap or water does not penetrate the small vents in the walls which may cause damage to the oven.
3. Do not use spray type cleaners on the oven interior.

### Turntable & turntable support

Remove the turntable and turntable support from the oven. Wash the turntable and turntable support in mild soapy water. Dry with a soft cloth. Both the turntable and the turntable support are dishwasher safe.

### Door

To remove all trace of dirt, regularly clean both sides of the door, the door seals and sealing surfaces with a soft, damp cloth. Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass.

Important: A steam cleaner should not be used.

## Reduced power level

### Important:

If you cook the food over the standard time with only 900 W, the power of the oven will lower automatically to avoid overheating. (The microwave power level will be reduced to 630 W.) After pausing for 90 seconds, 900 W power can be reset.

Cooking mode	Standard time	Reduced power level
Microwave 900 W	20 minutes	Microwave - 630 W

## What to do if . . .

Problem	Check if . . .
The microwave appliance is not working properly ?	<ul style="list-style-type: none"> <li>•The fuses in the fuse box are working.</li> <li>•There has not been a power outage.</li> <li>•If the fuses continue to blow, please contact a qualified electrician.</li> </ul>
The microwave mode is not working ?	<ul style="list-style-type: none"> <li>•The door is properly closed.</li> <li>•The door seals and their surfaces are clean.</li> <li>•The START/QUICK-button has been pressed.</li> </ul>
The turntable is not turning ?	<ul style="list-style-type: none"> <li>•The turntable support is correctly connected to the drive.</li> <li>•The ovenware does not extend beyond the turntable.</li> <li>•Food does not extend beyond the edge of the turntable preventing it from rotating.</li> <li>•There is nothing in the well beneath the turntable.</li> </ul>
The microwave will not switch off ?	<ul style="list-style-type: none"> <li>•Isolate the appliance from the fuse box.</li> <li>•Contact your local Service Force Centre.</li> </ul>
The interior light is not working ?	<ul style="list-style-type: none"> <li>•Call your local Service Force Centre. The interior light bulb can be exchanged only by trained Service Force Technicians.</li> </ul>
The food is taking longer to heat through and cook than before ?	<ul style="list-style-type: none"> <li>•Set a longer cooking time (double quantity = nearly double time) or,</li> <li>•If the food is colder than usual, rotate or turn from time to time or,</li> <li>•Set a higher power setting.</li> </ul>

## Specifications

AC Line Voltage		230 - 240 V, 50 Hz, single phase
AC Power required:	Microwave	1.3 kW
Output power:	Microwave	900 W (IEC 60705)
Microwave Frequency		2450 MHz * (Group 2 / Class B)
Outside Dimensions:	MC2662E	594 mm (W) x 459 mm (H) x 404 mm (D)
Cavity Dimensions		342 mm (W) x 207 mm (H) x 368 mm (D) **
Oven Capacity		26 litres **
Turntable		ø 325 mm, glass
Weight		approx. 19 kg
Oven lamp		25 W/240 - 250 V

\* This Product fulfils the requirement of the European standard EN55011.

In conformity with this standard, this product is classified as group 2 class B equipment.

Group 2 means that the equipment intentionally generates radio-frequency energy in the form of electromagnetic radiation for the heat treatment of food.

Class B equipment means that the equipment is suitable to be used in domestic establishments. \*\*

Internal capacity is calculated by measuring maximum width, depth and height.

Actual capacity for holding food is less.



This oven complies with the requirements of Directives 2004/108/EC and 2006/95/EC.  
SPECIFICATIONS ARE SUBJECT TO CHANGE WITHOUT NOTICE AS PART OF CONTINUOUS  
IMPROVEMENT

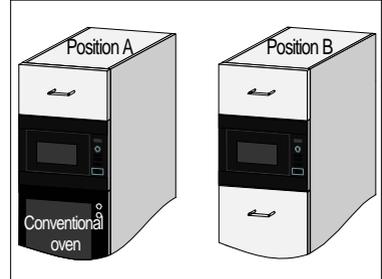


## Installation

The microwave can be fitted in position A or B:

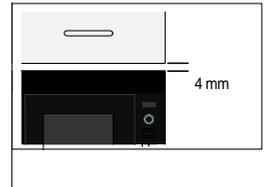
Position	Niche size		
	W	D	H
A	560	550	450
B	560	500	450

Measurements in (mm)



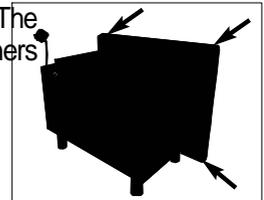
## Installing the appliance

1. Remove all packaging and check carefully for any signs of damage.
2. Fit the appliance into the kitchen cupboard slowly, and without force, until the front frame of the oven seals against the front opening of the cupboard.
3. Ensure the appliance is stable and not leaning. Ensure that a 4 mm gap is kept between the cupboard door above and the top of the frame (see diagram).



### Fixing Option 1:

Fix the oven in position with the screws provided. The fixing points are located on the top and bottom corners of the oven.

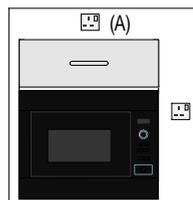


### Fixing Option 2:

Please see the template sheet supplied with this oven.

## Connecting the appliance to the power supply

- The electrical outlet should be readily accessible so that the unit can be unplugged easily in an emergency. Or it should be possible to isolate the oven from the supply by incorporating a switch in the fixed wiring in accordance with the wiring rules.
- The socket should not be positioned behind the cupboard.
- The best position is above the cupboard, see (A).
- Connect the appliance to a single phase 230 - 240 V/50 Hz alternating current via a correctly installed earth socket.
- If the appliance is to be operated in a non-European country, the supply voltage, current type and frequency of the appliance indicated on the rating plate must correspond with the specification of your power supply.



The rating plate can be found on the inside face of the control panel.

- The power supply cord may only be replaced by an electrician.
- Before installing, tie a piece of string to the power supply cord to facilitate connection to point (A) when the appliance is being installed.
- When inserting the appliance into the high-sided cupboard, DO NOT crush the power supply cord.
- Do not immerse the power supply cord or plug in water or any other liquid.

## Electrical connections



### WARNING!

THIS APPLIANCE MUST BE EARTHED

The manufacturer declines any liability should this safety measure not be observed.

- If the plug that is fitted to your appliance is not suitable for your socket outlet, it must be cut off and the appropriate plug fitted.
- Remove the fuse from the cut off plug. The cut off plug should then be disposed of to prevent the hazard of shocks in case it should be plugged into a 13 Amp socket in another part of your home.

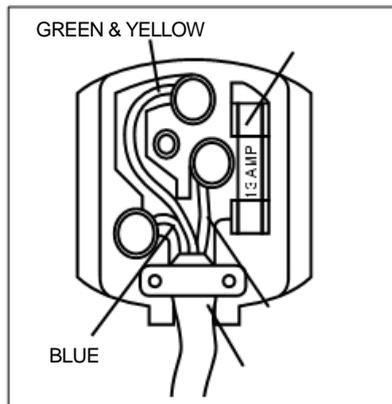
## IMPORTANT

The wires in the mains lead are coloured in accordance with the following code:

GREEN AND YELLOW	EARTH
BLUE	NEUTRAL
BROWN	LIVE

If you fit your own plug, the colours of the wires in the mains lead of your appliance may not correspond with the markings identifying the terminals in your plug, proceed as follows:

- Connect the green and yellow (earth) wire to the terminal in the plug which is marked with the letter "E" or the earth symbol (  ) or coloured green and yellow.
- Connect the blue (neutral) wire to the terminal in the plug which is marked with the letter "N" or coloured black.
- Connect the brown (live) wire to the terminal in the plug which is marked with the letter "L" or coloured red.



## Environmental information

### Ecologically responsible disposal of packaging materials and old appliances



#### Packaging materials

AEG-Electrolux microwave ovens require effective packaging to protect them during transportation. Only the minimum packaging necessary is used.

Packaging materials (e.g. foil or styrofoam) can place children at risk.

Danger of suffocation. Keep packaging material away from children.



All packaging materials used are environment friendly and can be recycled. The cardboard is made from recycled paper and the wooden parts are untreated. Plastic items are marked as follows:

«PE» polyethylene eg packaging film

«PS» polystyrene eg packaging (CFC-free)

«PP» polypropylene eg packaging straps

By using and re-using the packaging, raw materials are saved and waste volume is reduced. Packaging should be taken to your nearest recycling centre. Contact your local council for information.



#### Disposal of old appliances

Old appliances should be made safe before disposal by removing the plug, and cutting off and disposing of the power cable.

It should then be taken to the nearest recycling centre. Check with your local Council or Environmental Health Office to see if there are facilities in your area for recycling the appliance.



The symbol on the product or on its packaging indicates that this product may not be treated as household waste. Instead it should be taken to the appropriate collection point for the recycling of electrical and electronic equipment. By ensuring this product is disposed of correctly, you will help prevent potential negative consequences for the environment and human health, which could otherwise be caused by inappropriate waste handling of this product. For more detailed information about recycling of this product, please contact your local council, your household waste disposal service or the shop where you purchased the product.