

GIANT HELMETS OWNERS MANUAL

WARNING!

Throughout this Owner's Manual you will find reference to several safety warnings. Each warning will be preceded by the following safety symbol:

WARNING!

Failure to follow each of these warnings could lead to serious injury or death. Read and follow the instructions in this manual completely.

 **GIANT**

GIANT HELMETS OWNERS MANUAL

WARNING!

LIMITED IMPACT PROTECTION

When worn correctly, helmets can reduce or prevent many injuries. However, impact forces, even in low-speed accidents, can cause injury or death. Energy-absorbing materials used in safety helmets are designed to crush on impact. Sometimes, the force can crush the material completely. When this happens, some of the blow is transferred to the head. If this force is great enough it can result in serious injury or death. Because the variables in every accident are different, it is impossible to predict how or when this might occur.

HELMETS CAN'T PREVENT ALL HEAD INJURIES

Some head injuries are not caused by direct impact, but are the result of severe back-and-forth shaking. Safety helmets are not designed to prevent this type of injury.

HELMETS CAN'T PROTECT WHAT THEY DON'T COVER

Safety helmets do not protect the neck or any areas of the head that they don't cover. Make sure the helmet fits snugly. The straps should be adjusted and tightly fastened to hold the helmet firmly in place.

FOR MAXIMUM PROTECTION, YOU SHOULD ALWAYS:

1. Wear a helmet whenever and wherever you ride.
2. Wear a helmet of the proper size – designed for the sport you are participating in.
3. Ride safely, observing all traffic regulations
4. Wear the helmet low in the front to protect your forehead.
5. Tighten the chin strap and fasten all buckles securely.
6. Check the adjustments every time you wear your helmet.
7. Inspect your helmet and its straps regularly for signs of wear or damage. Replace your helmet immediately if it

shows any visible signs of wear or damage.

8. Replace your helmet after an accident, even if there is no visible damage.
9. Only use mild soap and water when cleaning your helmet.
10. Store your helmet in a cool, dry place

FOR MAXIMUM PROTECTION, YOU SHOULD NEVER:

1. Wear your helmet with the buckle unfastened.
2. Wear anything under your helmet.
3. Wear this helmet while riding a motorcycle or other motor vehicle.
4. Take unnecessary risks just because you're wearing a helmet.

FITTING THE HELMET TO YOUR HEAD

WARNING!

Unless this helmet is fitted properly, adjusted properly, and worn properly, it cannot protect properly.

STEP 1: WEAR IT IN THE PROPER POSITION

Always wear a helmet low in the front to protect your forehead. See figure 1 below for the proper way to fit a helmet.

IMPORTANT: All fitting adjustments **MUST** be made with the helmet in the proper position. Failure to do so will result in a poor fit and might cause the

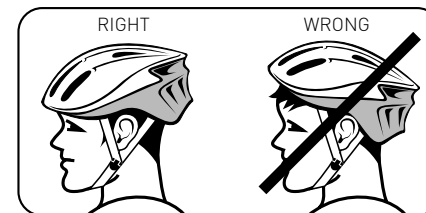


Figure 1

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helmet to move out of position or come off in an accident.

STEP 2: ADJUSTING THE STRAPS

The front and rear straps should join at a point slightly below and in front of the ears. See Figure 2.

To adjust the position of the straps:

1. Open the adjustors (Figure 3)
2. Put the helmet on and slide the straps through the adjustors until they are located in the correct position as indicated in Figures above;
3. Make sure there is no extra slack in any of the straps when the adjustors are in the correct position;
4. Close and lock the adjustors.

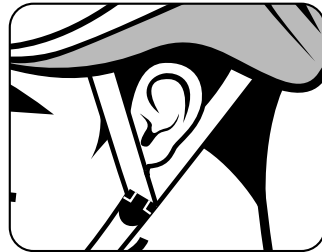


Figure 2

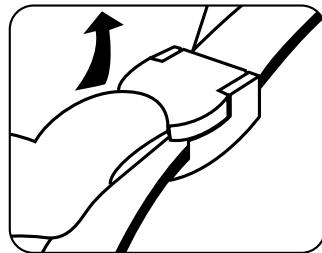


Figure 3

STEP 3: ADJUSTING THE CHIN STRAP

Always wear the helmet with the chin strap buckle fastened and the strap pulled tight. Make sure the strap rests back against the throat, NOT on the front of the chin. Straps worn on the front of the chin will greatly increase the chance of the helmet coming off in an accident. Figures 4 and 5 show how to fasten and release the buckle and Figure 6 shows proper placement of the chin strap.

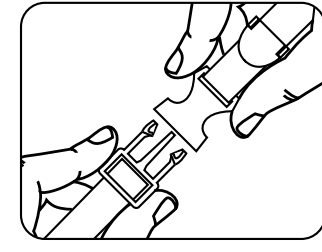


Figure 4

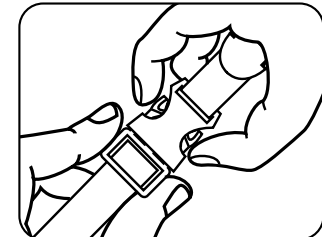


Figure 5

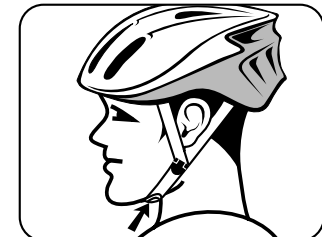


Figure 6

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WARNING!

Make sure the loose end of the strap passes through the rubber "O" ring. If it does not, the strap may slide loose and the helmet could slip off in an accident.

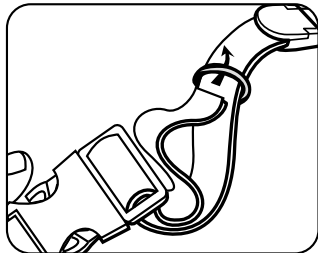


Figure 7

STEP 4: GETTING THE CORRECT FIT FOR YOUR HELMET

The helmet fits properly when it is held firmly but comfortably in place by the interior fit pad and the retention system.

Conventional Fit Pads

For helmets with conventional fit pads on the interior, pads are held in place by hook and loop style fasteners. Try any combination of the different thicknesses provided until the helmet fits firmly and comfortably.

Giant Autodialer Retention System:

Follow steps 1-3 above. Then feel for dial at the back of your head at the occipital lobe (fig. 8). With your thumb and index finger, turn the dial clockwise to tighten the fit. To loosen the fit, turn the dial counter-clockwise using you thumb and index finger.

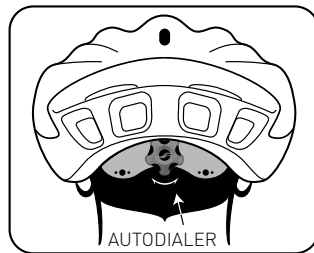


Figure 8

STEP 5: CHECKING THE FIT AND ADJUSTMENTS

Before using the helmet, make sure it fits correctly, the straps are correctly adjusted and the chin strap is tight enough. Put the helmet on in the correct position. Fasten the chin strap and pull it tight. Stand in front of the mirror:

A. Check the fit

Grab the helmet with both hands and twist it to the left and to the right. If the helmet fits correctly, the skin on your forehead will move as the helmet moves. If it does not, the helmet is too loose. Return to Step 4.

B. Check the straps

Grab the helmet with both hands and try to remove it by rolling the helmet forward and backward as far as you can.

It is very important that your helmet DOESN'T:

- Roll forward so far as to block your vision;
- Roll backward so far to expose your forehead;

- Roll off your head completely in either direction.

If any of these things happen, your helmet is not adjusted correctly. Repeat Steps 2 and 3 until helmet movement is minimal.

WARNING!

If you cannot adjust the helmet so that it fits correctly according to these instructions or so that it is comfortable, DO NOT USE THIS HELMET. Replace it with a different size or model.

HELMETS WITH VISORS

Some helmets come with removable, snap-on visors. To remove visor, follow these steps:

1. Determine what type of visor your helmet is equipped with. Giant's Center-punch™ visor is attached by a wide post located at the center of the visor to a receiver at the center of the brow of the helmet (fig. 9).

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2. If your helmet is equipped with Giant's standard visor it is attached to the helmet by 4 mounting pins at the extremes of the visor (fig. 10). To remove it, grasp the visor firmly at the same point as the pins on one side. Place your other hand on the helmet shell where the pins attach to the shell. Pull the visor away from the helmet until the pins come free from the shell. Repeat on the opposite side.
3. To replace the visor, center the visor at the front of the helmet then snap the pins into the holes in the helmet shell.
4. If your helmet is equipped with Giant's Center-punch™ visor, grasp the helmet with one hand, and with the other grasp the center of the visor. Pull the visor away from the helmet
5. To re-attach the Center-punch™ visor, align the post at the back of the visor with the receiver on the brow of the helmet. Insert the post

into the receiver. Firmly push the visor towards the helmet until you feel the post click into the locked position. Check that the visor is fully locked in position by lightly pulling on the visor. The visor should not pull out easily.

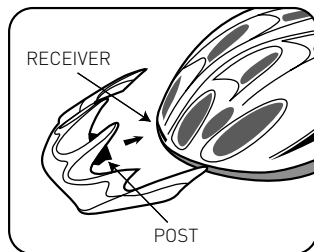


Figure 9

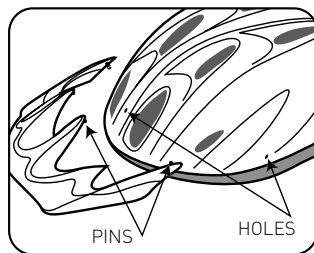


Figure 10

CLEANING

Helmets are made of materials that can be easily damaged by many household cleaners. Petroleum-based solvents are especially dangerous. They can damage a helmet so that its protective capabilities are significantly reduced.

For best results, use only a soft cloth or sponge, warm water and mild soap to clean your helmet.

STORAGE

After each use, wipe excess dirt off your helmet with a soft cloth. If you clean it according to the instructions above, allow it to air dry and then store in a cool, dry place. Excessive heat and direct sunlight can damage your helmet. Damaged helmets will appear to have uneven or bubbly surfaces.

! WARNING!

NEVER use your helmet if you suspect that it has been damaged by heat or sun exposure.

REPLACEMENT PARTS

Contact your local Giant Retailer or call Giant's Customer Services department at 805-267-4668 concerning replacement parts or for answers to any questions you may have concerning Giant products.

CRASH REPLACEMENT POLICY

If your helmet is involved in an accident, you may obtain a same or similar replacement from Giant by doing the following:

- Securely package and ship prepaid the following:
- a. your damaged helmet;
 - b. a copy of your dated cash register receipt;
 - c. a letter describing your accident (in as much detail as possible); and
 - d. a check for \$20.00 made payable to:

Giant Bicycle, Inc.
 Customer Service
 3587 Old Conejo Rd.
 Newbury Park, CA 91320

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Crash replacement program available to U.S. customers only. Replacement helmets will only be shipped to addresses within the US. If you have any questions about this policy, call Giant at 805-267-4668. Remember, NEVER wear a helmet that's been involved in an accident.

BICYCLE SAFETY TIPS

1. Bicycling should be fun. Ride defensively, your safety is your own responsibility.
2. Wear your helmet no matter how short the ride. Accidents can occur anywhere, and at any time.
3. Watch carefully for drivers turning left in front of you. Drivers report difficulty seeing bicycle riders in this situation.
4. Wear brightly-colored clothing.
5. Obey all traffic laws.
6. Don't ride at night without proper lighting and reflectors.
7. Be wary of parked cars. Their doors may be opened without warning.

8. Don't assume that an automobile driver can see you. Ride as though you are invisible.

WARNING!

BIKE HELMETS SHOULD ONLY BE USED FOR RIDING BICYCLES - NOT FOR PLAY ON PLAYGROUNDS.

Children should always wear helmets while riding their bicycles, but remove the helmet when they are off their bike. The U.S. Consumer Product Safety Commission (CPSC) warns that there is a "hidden hazard" of strangulation. The child's helmet may become hung up on playground equipment, trees or other fixed objects resulting in hanging.

LIMITED WARRANTY

Any GIANT helmet determined by GIANT to be defective in materials or workmanship within one (1) year from the date of original retail purchase will be repaired or replaced, at GIANT's option, free of charge when received at the factory, freight prepaid, together with proof of purchase from the original owner.

This warranty is expressly in lieu of all other warranties. Any implied warranties of merchantability or fitness for a particular purpose are limited to the same duration as this express warranty.

GIANT shall not be liable for any incidental or consequential damages. Some states do not allow the exclusion or limitation of implied warranties, incidental or consequential damages, so the above limitations and exclusions may not apply to you.

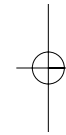
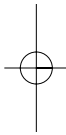
This warranty does not cover anything resulting from misuse, abuse, neglect, alteration, failure

to perform maintenance as instructed or unauthorized repair or service.

This warranty does not cover any representation or warranty made by Dealers beyond the provisions of this warranty.

You must establish proof of purchase to obtain warranty service or replacement.

This warranty gives you specific legal rights, and you also have other rights which vary from state to state.



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