

## Listen Responsibly

To avoid hearing damage, make sure that the volume on your music player is turned down before connecting your headphones. After placing headphones in your ears, gradually turn up the volume until you reach a comfortable listening level.

Noise levels are measured in decibels (dB), exposure to any noise at or above 85 dB can cause gradual hearing loss.

Monitor your use; hearing loss is a function of loudness versus time. The louder it is, the less time you can be exposed to it. The softer it is, the more time you can listen to it. Refer to the chart\* on the following page.

This decibel (dB) table compares some common sounds and shows how they rank in potential harm to hearing.

SOUND	NOISE LEVEL (dB)	EFFECT
Whisper	30	Very quiet
Quiet Office	50-60	Comfortable hearing levels are under 60 dB
Vacuum Cleaner, Hair Dryer	70	Intrusive; interferes with telephone conversations
Food Blender	85-90	85 dB is the level at which hearing damage (8 hrs.) begins
Garbage Truck, Cement Mixer	100	No more than 15 minutes of unprotected exposure recommended for sounds between 90-100 dB
Power Saw, Drill/ Jackhammer	110	Regular exposure to sound over 100 dB of more than 1 minute risks permanent hearing loss
Rock Concerts (varies)	110-140	Threshold of pain begins around 125dB

\*Chart information obtained from http://www.nidcd.nih.gov/health/ education/teachers/common sounds.asp

- ... a typical person can safely listen to an iPod for 4.6 hours per day at 70% volume."
- "...knowing the levels one is listening to music at, and for how long is extremely important."
- From http://www.cbc.ca/health/story/2006/10/19/ music-earphones.html

Get the most out of your equipment and enjoy great audio performance even at safe levels. Our headphone will allow you to hear more details at lower volume levels than ever before.

# Physiology of the Ear and Hearing



For additional information on what loud noises do to your ear and chart reference http://www.abelard.org/hear/hear.php#loud-music

# Use Responsibly

Do not use headphones when it's unsafe to do so – while operating a vehicle, crossing streets, or during any activity or in an environment where your full attention to your surroundings is required.

It's dangerous to drive while wearing headphones, and in many places, illegal because it decreases your chances of hearing life-saving sounds outside of your vehicle, such as another car's horn and emergency vehicle sirens.

Please avoid wearing your headphones while driving. Use one of Monster's FM transmitters to listen to your mobile media devices instead

If you are using iSport while participating in watersports like boating, waterskiing, and jetskiing, make sure to obey all waterway laws and heed all caution and safety warnings.

Learn how to establish a safe listening level and review other important safety guidelines from the Consumer Electronics Association at www.ce.org and the Deafness Research Foundation at www.drf.org

Eartip Selection: and Comfort

headphones will stay in your ears better. Of course, the right fit will also feel more comfortable. Because everyone's ears are unique. Monster supplies several sizes and designs of eartips. Getting the perfect fit with the correct tip is a matter of experimentation. Try out all the eartips included with your iSport headphones to find the best fit for the size and shape of your ear canal.

Monster recommends that you try the smallest tip first and work upwards in size until you find a comfortable fit that has a good seal and also stays in your ears without falling out. Also try different style tips to see which works best for you.

# Vital to Sound Quality

The tips on the ends of your iSport In-Ear Speakers™ make the difference between good sound and great sound. With the right fit, you'll get better isolation from unwanted outside noise, increased bass response better tonal balance and the

# Left and Right Speakers

There are Red and Blue colored bands and "L" and "R" markings on each earpiece. "L" with the Blue hand is for the left ear "B" with the Red band is for the right ear.

# **Right and Left Ear Hooks**

The first letter denotes which ear to place it in (right ear or left ear). The second letter denotes size. Experiment with the different sizes included to determine your ideal fit.

## Proper Insertion and **Removal of Ear Hooks**



1. Attach ear hook part to headpho You'll know it's attached properly once you hear it click into place. (see image to the left)

Before placing the right earphone in the right ear, hold the body of the ear hook with the thumb and middle finger of your right hand.

3. Using your index finger, press down on the ear hook

4. Insert the right earphone into the ear canal of your right ear.

5. Let go of the ear hook and it will spring into place, lodgin itself alongside the ridge in between your ear canal and vour outer ear.



6. DO NOT insert the earphone so deeply that your ear canal feels completely plugged. Note, the ear pipe on the inside of the headphone adjusts / 360° so you can rotate your earphones to find the optimal seal.

7. Repeat this procedure for your left ear.

8. To remove your earphones, simply grip the body of the ear hook using your thumb and middle finger. Again, using your index finger, press and hold down the ear hook and remove the earphone straight from your ear canal.

# iSport<sup>™</sup> Eartip Fit Testing

A good way to gauge whether or not the eartip is sealing properly in your ear canal is by snapping your fingers right next to your ear. If the seal is proper, your ear will not feel "plugged," vet the snapping of your fingers will sound dull and distant If you hear your finger snaps distinctly, the seal is probably not adequate. If the sound of your finger snapping is dull and distant, but your ear feels plugged up, like you're on an airplane preparing to land, then you've over-inserted the eartip.

# Using iSport<sup>™</sup> in the Water

iSport headphones are designed and engineered for use with water sports, but not at depth:

 Good for swimming, surfing, jet skiing - Not intended for deep sea diving

Used underwater at too great a depth for too long a time can cause water to enter the headphone and damage it. voiding the warranty.

# **Cleaning the Eartips**

Keeping your iSport eartips clean is essential for safe, hygienic use

- 1. Firmly arip the eartip with one hand and the earphone with the other. Carefully remove the eartip from the eartube.
- 2. Use warm water and mild soap on a damp cloth to remove dirt and earwax from the eartin **DO NOT** use harsh cleaning agents.

# MMONSTER Life is too short to listen to bad headphones.

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for the operation of this device or its compliance with safety and regulatory standards. Please note that the use of this accessory with iPod, iPhone, or iPad may affect wireless performance. rm 855593

- 3. Rinse and completely dry your eartips before placing them back on your iSport.
- 4. Carefully push the eartips back onto the iSport, making sure they are on the eartube completely

# Using The Cable Management Clip

The Cable Management Clip is designed to control the cable and keep it out of your way, reduce accidental pulling of the in-ear speakers from your ears, and keep the cable weight off the in-ear speakers so they stay snug and in place in vour ears.

1. Put iSport In-Ear Speaker™ into your ears, as you usually would when listening



2. Attach the Cable Management Clip onto your shirt around the chest or collar area, wherever is most convenient for the shirt vou're wearing

3. Grab the cable above the Cable Management Clip and pull it slightly

upward, sliding it through the clip to create enough slack between the in-ear speakers and clip to allow for head movement and to take the stress off the in-ear speakers



Using The Cable Slider For further cable management iSport® comes with a Cable Slider.

> The Cable Slider is designed to reduce tangles during storage. as well as work in tandem with the Cable Management Clip to eliminate sway and bounce while

During use much the slider about halfway between the V where the cable split, and the in-ear speakers, then adjust for your personal comfort. This will keep the cables in a more compact position reducing bounce and sway.

To use for the purpose of reducing tangles during storage, push the Cable Slider all the way up to the in-ear speakers before putting your iSport away. Simply push the Cable Slider back down when ready for use.

# ControlTalk<sup>™</sup> Feature

iSport™ has a built-in Monster® ControlTalk feature for use with music phones and iPod®\* The ControlTalk cable has a call answer button and microphone so you can easily switch between listening to music and talking on your phone. It also features music and video playback control for iPod. iPhone® and iPad®

\*The remote and mic are supported only by iPod nano (4th generation and later). iPod classic (120GB 160GB) iPod touch

(2nd generation and later), iPhone 3GS, iPhone 4, iPad, and iPad 2, The remote is supported by iPod shuffle (3rd generation and later) Audio is supported by all iPod models. Support for Blackberry® varies by model. Subject to change. Find complete music phone compatibility: monstercable.com/mp3/controltalkworks

## Using ControlTalk™

Answer or end a call: Press and release the center button once to answer. Repeat to end the call.

Decline an incoming call: Press and hold the center button for two seconds, then release. There will be two beeps when you let go to indicate successful operation.

# Using call waiting: To switch to an incoming call and put

an in-progress call on hold, press and release the center button. Repeat to switch back to the previous call and put the newer call on hold. To switch to an incoming call and end an in-progress call, press and hold the center button for two seconds. You will hear two low beeps when you let go to indicate successful operation.

Play or pause a song or video: Press and release the center hutton Repeat to resume

Skip to the next or previous song or chapter: Press and release the center button twice quickly to skin forward Press and release three times quickly to skin back

Scan forward or backward through a song or video: In guick succession, press and release, then press and hold the center button to scan forward. In quick succession, press and release twice, then press and hold the center button to scan backward. Release when you want to stop scanning.

**Control volume:** Press the (A) button to increase volume Press the  $(\mathbf{v})$  button to decrease volume.

Functionality will vary by device. For more information on functionality for your device, please visit http://www.monstercable.com/mp3/ controltalkworks

## Care and Storage

- When not in use, always store your iSport<sup>®</sup> In-Ear Speakers™ in the protective case provided.
- Keen case closed and store in a clean dry environment
- Do not store other items in the case, as this may result in damage or contamination.
- Avoid storage in extreme heat or cold.
- Avoid exposure to abrasive liquids and extreme temperatures.
- Never null on cable to disconnect Short In-Far Sneakers from music player. Grasp the plug at the end of the cable and pull to disconnec

# iSport "Break-in"

Break in time for headphones? We're kidding, right? No we're not. Like anv high performance product, whether it's cars or headphones, they're mechanica devices that settle in after use. Your new in-ear speakers will sound incredible out of the box, but will "mellow" out after use and sound even better. We recommend plaving them for 8 hours. After 20 hours of playing, they should be fully broken in. Enioy.

#### LIMITED WARRANTY FOR CONSUMERS

Yes No ho \$ C

Monster, LLC., 7251 West Lake Mead Bivd., Las Vegas, NV 89128, USA, [PLEASE NOTE THAT MONSTER DOES NOT ACCEPT PRODUCTS SHIPPED TO THIS ADDRESS – FOLLOW INSTRUCTIONS IN "HOW TO MAKE A CLAIM" RELOWI (415) 840-2000 ("Monster") extends You this Limited Warranty, Statutory or common law may provide You with additional rights or remedies, which shall not be affected by this Limited Warranty

## DEFINITIONS

"Adequate Use" means use of the Product (i) within a home or dwelling, (ii) for private (as opposed to commercial) purposes. (iii) in conformance with all applicable local, stat or federal law, code or regulations (including without limitation building and/or electrica codes), (iv) in accordance with manufacturer recommendations baland, or instructions in the materials and documentation that accompany the Product, and (v) if applicable with proper electrical grounding.

Authorized Dealer" means any distributor, reseller or retailer that (i) was duly authorized to do business in the jurisdiction where it sold the Product to You, (ii) was permitted to sell You the Product under the laws of the jurisdiction where You bought the Product, and (iii) sold You the Product new and in its original packaging.

"Formal Warranty Claim" means a claim made in accordance with the section "Formal Warranty Claims" herein

"Product" means a Product (i) that is listed in the Specifications Table below (ii) that You bought from an Authorized Dealer new and in its original packaging, and (iii) whose serial number, if any, has not been removed, altered, or defaced.

"Product Defect" means an inadequacy of the Product that existed at the time when You received the Product from an Authorized Dealer and that causes a failure of the Product to perform in accordance with Monster's documentation accompanying the Product, unless such failure has been caused completely or partly by (a) any use other than Adequate Use. (b) transportation, neglect, misuse or abuse by anyone other than Monster's employees: (c) alteration tempering or modification of the product by anyone other than a Monster employee: (d) accident (other than a malfunction that would otherwise qualify as a Product Defect): (e) maintenance or service of the Product by anyone other than a Monster employee: (f) exposure of the Product to heat, bright light sun, liquids, sand or other contaminants; or (q) acts outside the control of Monster. including without limitation acts of God fire storms earthquake or flood

"Warranty Period" means the time period during which Monster must have received Your Formal Warranty Claim. The different Warranty Periods related to Product Defects are defined in the Specifications Table below. The Warranty Period commences on the date when You nurchased or received (whichever occurs later) the Product from an Authorized Dealer as evidenced by the Authorized Dealer's invoice, sales receipt or packing slip. If You do not have written proof of the date of purchase or receipt, the

the Warranty Period commences three (3) months after the date when the Product left Monster's or its factory as evidenced by Monster's records. The Warranty Period ends after the time defined in the Specifications Table has expired or after You have transferred ownership of the Product, whichever occurs earlier. Also, You must call Monster and obtain a Return Authorization Number (as described under "How to Make a Claim") within two (2) months after You discover a Product Defect (or should have discovered it, if such Product Defect was obvious).

"You" means the first individual person that purchased the Product in its original nackaning from an Authorized Dealer This Limited Warranty does not apply to persons or entities that hought the Product (i) in used or unpackaged form, (ii) for resale, lease or other commercial use or (iii) from someone other than an Authorized Dealer

#### SCOPE OF THIS LIMITED WARRANTY

PRODUCTS. If a Product contained a Product Defect when You bought it from an Authorized Dealer and Monster receives a Formal Warranty Claim from You within two (2) months after You discover such Product Defect (or should have discovered it if such Product Defect was obvious) and before the end of the Warranty Period for Product Defects applicable to the affected Product then Monster will provide You with one of the following remedies: Monster will (1) repair or at Monster's sole discretion replace the Product, or (2) refund to You the purchase price You paid to the Authorized Dealer for the affected Product if repair or replacement is not commercially practicable or cannot be timely made. NOTE: MONSTER DOES NOT ASSUME ANY LIABILITY FOR ANY INCIDENTAL CONSEQUENTIAL OR INDIRECT DAMAGES UNDER THIS LIMITED WARRANTY

#### GENERAL PROVISIONS

CHOICE OF LAW/ IURISDICTION T This Limited Warranty and any disputes arising out of or in connection with this Limited Warranty ("Disputes") shall be governed by the laws of the State of California. USA, excluding conflicts of law principles and excluding the Convention for the International Sale of Goods. The courts located in the State of California, USA shall have exclusive jurisdiction over any Disputes.

OTHER RIGHTS, THIS LIMITED WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS, AND YOU MAY ALSO HAVE OTHER RIGHTS, WHICH VARY FROM STATE TO STATE AND JUBISDICTION TO JUBISDICTION AND WHICH SHALL NOT BE AFFECTED BY THE LIMITED WARRANTY THIS WARRANTY EXTENDS ONLY TO YOU AND CANNOT RE TRANSFERRED OR ASSIGNED. If any provision of this Limited Warranty is unlawful void or unenforceable, that provision shall be deemed severable and shall not affect any remaining provisions. In case of any inconsistency between the English and other versions of this Limited Warranty, the English version shall prevail.

REGISTRATION Please register Your Product at www.monstercable.com/register Failure to register will not diminish Your warranty rights.

#### SPECIFICATIONS TABLE

Product Model	Warranty Period for Product	
MH ISRT2 IE BL CT	One (1) year	
MH ISRT IE BK CT	One (1) year	
MH ISRT IE YE CT	One (1) year	

#### FORMAL WARRANTY CLAIN

HOW TO MAKE A CLAIM. In the event damage has occurred to Products. You must follow these instructions: (1) Call Monster within two (2) months after You discover a Product Defect (or should have discovered it, if such Product Defect was obvious): (2) Give a detailed explanation of how the damage occurred; (3) Obtain a Return Authorization Number: (4) Upon receipt of a claim form (which may be sent to You after You filed Your Formal Warranty Claim), fill out the claim form entirely: (5) Return the Products shipping prepaid by You (to be refunded if You are entitled to a remedy under the Scope of this Limited Warranty) to Monster for verification of damage along with a conv of Your original sales receipts and proof of purchase (UPC label or packing slip) for such Products, the completed claim form, and printed Return Authorization Number on the outside of the return package (the claim form will include instructions for return).

TELEPHONE NUMBERS. If you bought the product in the United States, Latin America. or Asia Pacific, contact Monster, LLC (455 Valley Drive, Brisbane, CA 94005) at 1 877 800-8989 If you bought the product anywhere else contact Monster Technology International Ltd., Ballymaley Business Park, Ennis, Co. Clare, Ireland, You can write or use one of the following telephone numbers: Canada 866-348-4171. Ireland 353 65 68 69 354 Austria 0800-296-482 Relatium 0800-79201 Czech Republic 800-142471 Denmark 8088-2128. Finland 800-112768. France 0800-918201. Germany 0800-1819388. Greece 00800-353-12008. Italy 800-871-479. Netherlands 0800-0228919. Norway 800-10906. Bussia 810-800-20051353. Spain 900-982-909. Sweden 020-792650. Switzerland 0800-834659. United Kingdom 0800-0569520

FURTHER PROCEEDINGS. Monster will determine whether a Product Defect existed. Monster may, at its discretion, direct You to obtain a repair estimate at a service center. If a repair estimate is required. You will be instructed on how to properly submit the estimate and the resulting invoice to Monster for payment. Any fees for repairs may be negotiated by Monster

TIMING. If You bring a Formal Warranty Claim and fully comply with all terms and conditions of this Limited Warranty, Monster will use its best efforts to provide You with a remedy within thirty (30) days after receipt of Your Formal Warranty Claim (if You reside in the United States - forty-five (45) days if You reside elsewhere), unless obstacles outside Monster's control delay the process.



## User Guide & Warranty Information

# MMONSTER