



# INTERVAL

## Waterproof Headphone System™

Customer Support is available:  
 Monday - Friday 9AM to 5PM PT  
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 F. 858-225-0815  
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### Introduction

The H2O Audio Interval Waterproof Headphone System is a swim specific music solution for the iPod shuffle (3<sup>rd</sup> Gen). The integrated waterproof case easily attaches to any swim goggle providing a low profile, tangle free, listening experience.

Includes:

- 5 pair of blue elastomer earplugs: XS, SM, MD (installed), LG, and XL
- 2 pair of black foam earplugs: S/M and M/L

The insides of the blue elastomer earplugs are labeled to aid in identification. Flip them inside out to identify sizes.

### Using Your Interval the First Time

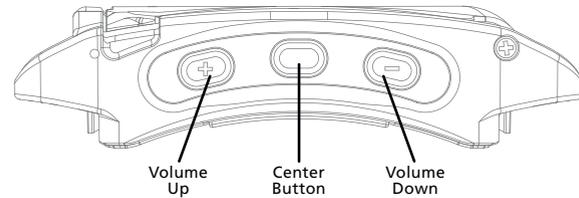
Before using your Interval Waterproof Headphone System the first time, it is highly recommended that you become familiar with opening and closing the case to ensure the case is sealed properly during use.

1. Open the case and verify the seal area is clean and free of debris or damage.
2. Close and lock the case without the shuffle inside.
3. Submerge the system in water and soak for 30 min.
4. Manipulate the push button controls during submersion.
5. Remove from water and dry exterior so water does not fall inside when opened.
6. Open the case and ensure there is no water inside.

**Do not use your Interval if water is found inside the case.**

**Please contact H2O Audio Customer Support immediately.**

### Controlling Your iPod shuffle



The Interval is controlled in the same manner as your iPod shuffle

Play or Pause	Click the Center Button
Change Volume	Click the Volume up (+) or Volume Down (-) button
Go to Next Track	Double - click the Center Button
Fast-Forward	Double - click and hold the Center Button
Go to Previous Track	Triple - click the Center Button within 6 seconds of the track starting. Triple - clicking after 6 seconds restarts the current track.
Rewind	Triple - click and hold the Center Button.
Hear Song Title, Artist Names, & Playlist Names	To hear the current song title and artist name, click and hold the Center Button. To listen to your playlist names, keep holding, and release when you hear a tone; then click to select the playlist you want.

### Safety Information

Please read this manual carefully. If you have any questions please contact H2O Audio Customer Service prior to use.

Improper use of this system may cause the user to make mistakes or decisions that may lead to serious injury or death.

Always make sure to have the audio player volume turned to zero and the headphones turned away from the ears when turning on the audio player. If the volume level is not zero when the audio player is turned on, it may cause ear injury due to a sudden burst of volume. The volume should be slowly increased with an audio track playing to set the speaker volume to comfortable output levels prior to positioning the headphones next to the ears. Hearing experts advise against continuously loud and extended play. If you experience ringing in your ears, reduce volume or discontinue use.

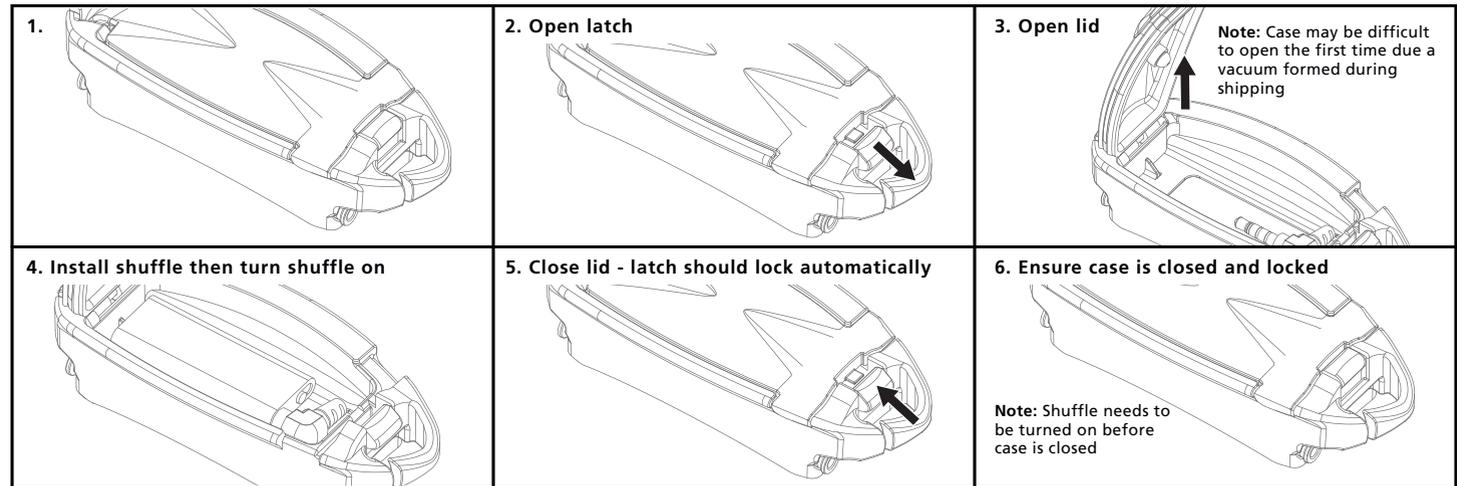
It can be potentially dangerous to use headphones while engaging in activities that require your full attention. You should exercise extreme caution or discontinue use in potentially hazardous situations. Do not use the headphones while driving, cycling, or operating any motorized vehicle. It may create a traffic hazard and is illegal in some areas. Those users that elect to utilize this system at, or near, the water's surface, must maintain safety awareness of moving water crafts

**WARNING:** Earplugs should always be used.

**WARNING:** Contains small parts which may be a choking hazard. Not suitable for children under 3 years old.

**WARNING:** This product contains magnetic material.

### Installing the iPod shuffle (3<sup>rd</sup> Gen) into Your Interval



### Achieving the Best Fit

To get the best performance out of your Interval Waterproof Headphone System it helps to take the time to ensure a proper fit. We encourage you to experiment with different earplug sizes, styles, and the angle of insertion until you find the combination that sounds and fits best.

Here are a few tips we've discovered through feedback from our customers:

- Push the earplugs into your ear canals far enough to establish a secure fit but not so far they become uncomfortable.
- A tighter seal may be achieved by pulling your upper ear back while inserting the earplugs.
- You may find it preferable to use different size earplugs for each ear.

For optimal in water performance, the earplugs should completely seal your ear canals:

- Insert earplugs before your ears get wet to achieve the best watertight seal.
- Larger size earplugs may be preferable during active and/or in water use as they may offer more contact with the ear and a tighter seal.
- Wrapping the headphone cables around your swim goggle straps before placing them in your ears can help secure a better fit.
- The headphones may stay in place more easily if they are tucked underneath a swim cap.

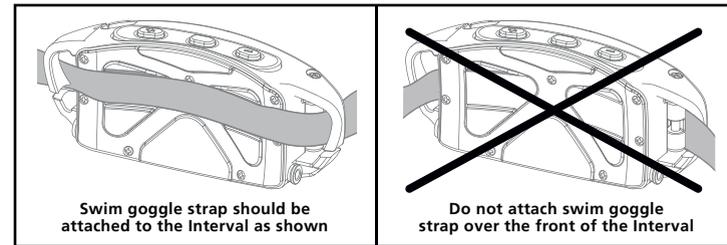


### Warranty Coverage

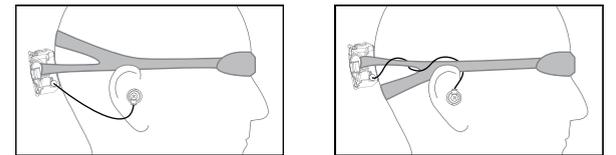
H2O Audio guarantees, to the original purchaser only, that the equipment purchased is free of defects in material and/or workmanship under normal recreational use for a period of one year (1) from date of consumer purchase from an Authorized Dealer; provided that proper care and maintenance have been performed as prescribed by the owner's guide included with the equipment. Should this product prove to be defective for any reason (other than those listed as limitations below) the product will be serviced or replaced at H2O Audio's sole discretion at no charge (excluding shipping and handling). This warranty shall be void if the equipment has been tampered with by anyone not authorized to perform service. The warranty is non-transferable and extends to the original purchaser only and is valid only if the equipment was purchased from an Authorized Dealer. Warranty does not extend to cover damage from accident, abuse, tampering, lack of maintenance, theft, or loss. Service or modifications by anyone other than an Authorized H2O Audio agent will void the warranty. H2O Audio will not be responsible for recovery or replacement of the product in the event of loss or theft. H2O Audio, its Authorized International Distributors, and Authorized Dealers make no other warranties, either express or implied or orally, or in writing, with respect to any other warranty coverage except those expressly stated within the preceding sentences. H2O Audio will not be held responsible for any agreements orally or in writing with the exception of those expressly included in this warranty statement. The warranty registration and the terms contained herein supersede all statements contained in any and all owner's guides, instruction cards, or other equipment literature or catalogs. In no event will H2O Audio, its Authorized International Distributors, and Authorized Dealers be held responsible or liable for any personal injuries resulting from the use of the covered equipment, or for any other damages, whether direct, indirect, incidental, or consequential; even if H2O Audio has been advised of such damages.

### Wearing Your Interval

The Interval Waterproof Headphone System is designed to be worn on the back of the head, attached to a swim goggle strap. The case can be installed on the top or bottom goggle strap and can be worn high or low on the head depending on preference.



Headphone cord can hang below or over the ear and may be tucked under a swim cap.



### Double Your Warranty Offer

If you register your product online at [www.h2oaudio.com/productregistration](http://www.h2oaudio.com/productregistration) we'll double your warranty from 1 year to 2 years.

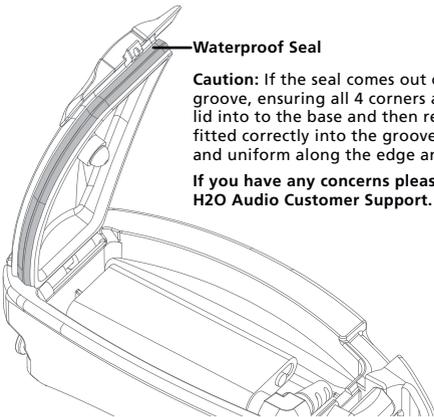
### Return Authorization

Prior to any return, a Return Authorization (RA) number must be obtained. To receive an RA number, go online to [www.h2oaudio.com/ra](http://www.h2oaudio.com/ra) and follow the instructions on how to return a product. Proof of purchase from an Authorized Dealer will be required.

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### Checking the Waterproof Seal

The Interval Waterproof Headphone System features a removable waterproof seal that forms a waterproof barrier between the base and lid of the case. It is extremely important that special attention is paid to ensure the seal is completely seated in the groove of the lid. If the seal is loose, out of alignment, twisted or pinched in any way, it will compromise the waterproof integrity of the case and should not be used. Any debris such as hair or sand will keep it from forming a watertight barrier and should be cleaned off before use.



Waterproof Seal

**Caution:** If the seal comes out of alignment, carefully place it in the groove, ensuring all 4 corners are correctly installed. Compress the lid into to the base and then re-open it to make sure the seal is fitted correctly into the groove. The seal should appear straight and uniform along the edge and should not fall out easily.

**If you have any concerns please contact H2O Audio Customer Support.**

### Maintaining Your Interval

Your H2O Audio Interval Waterproof Headphone System is completely waterproof. After in-water use, you can rinse off your Interval with clean water and let it air dry for your next use.

### FAQs

**1. My new Interval Waterproof Headphone System sounds distorted right out of the box. What should I do?**

*The Interval Waterproof Headphone System has sealed, watertight speaker chambers. During initial use, your headphones may sound distorted or operate at a low audio level due to a vacuum formed in the speaker chamber during air travel or shipment. Volume and sound quality will return to normal once the pressure equalizes.*

*Playing the headphones at 90% volume for 30 minutes typically solves this problem. If the problem still occurs, wait 24 hours and test again as the headphones will usually equalize within a short period of time. If your headphones do not equalize or if you have any questions, please contact H2O Audio Customer Service.*

**2. The sound is intermittent from my headphones. What should I do?**

*Ensure the audio jack inside of the Interval is plugged into the shuffle completely. If the problem still continues please contact H2O Audio Customer Service.*

**3. What happens if my headphones fall out of my ears while in the water?**

*The Interval Waterproof Headphone System is 100% waterproof and can be exposed/submerged in water for an unlimited amount of time. If the headphones come out of your ears and fall into the water, simply shake or blow off any water that remains in the earplug to ensure the best sound experience.*